

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 9th November 2019

2019 4KXC All Provisional Results

Kirkcaldy High School

2019Under15Girls

Pos	Time	Forename	Surname	M/F	Cat	Club
1	6:49	Anna	Cairns	F	U15	Inverness Harriers AAC
2	6:59	Katie	Johnson	F	U15	Edinburgh AC
3	7:00	Jessie	Gilchrist	F	U15	Law & District AAC
4	7:06	Isla	Thoms	F	U15	Fife AC
5	7:08	Grace	Macdonald	F	U15	Inverness Harriers AAC
6	7:11	Olivia	Clarke	F	U15	Corstorphine AAC
7	7:16	Katie	Christie	F	U15	Falkirk Victoria Harriers
8	7:17	Phoebe	Armstrong	F	U15	Aberdeen AAC
9	7:18	Isla	Hedley	F	U15	Fife AC
10	7:19	Ruby	Russell	F	U15	Fife AC
11	7:21	Chloe	Cameron	F	U15	Kilbarchan AAC
12	7:24	Caitlyn	Christie	F	U15	Falkirk Victoria Harriers
13	7:25	Olivia	Meikle	F	U15	Lasswade AC
14	7:27	Kirstin	Grant	F	U15	Aberdeen AAC
15	7:27	Anise	Macaulay Orr	F	U15	Edinburgh AC
16	7:28	Anna	Fairclough	F	U15	Gala Harriers
17	7:29	Abbie	Mcclue	F	U15	Cambuslang Harriers
18	7:30	Isla	Paterson	F	U15	Gala Harriers
19	7:31	Amy	Cully	F	U15	Central AC
20	7:34	Roxanne	Wright	F	U15	George Heriots School
21	7:37	Carly Lynne	Smith	F	U15	Edinburgh AC
22	7:38	Amy	Mclaughlin	F	U15	Lasswade AC
23	7:39	Amiya	Patel	F	U15	Garscube Harriers
24	7:43	Iona	Jamieson	F	U15	Teviotdale Harriers
25	7:44	Isla	Scott	F	U15	Giffnock North AC
26	7:45	Erin	Macfarlane	F	U15	Pitreavie AAC
27	7:46	Katie	Slimon	F	U15	Glasgow School of Sport
28	7:47	Charlotte	Narducci	F	U15	Aberdeen AAC
29	7:47	Eva	Ritchie	F	U15	Cambuslang Harriers
30	7:47	Evie	Livingstone	F	U15	Kilbarchan AAC
31	7:48	Sofia	Vidak	F	U15	Falkirk Victoria Harriers
32	7:48	Mirren Julie	Henry	F	U15	Central AC
33	7:50	Esme	Dougall	F	U15	Giffnock North AC
34	7:51	Esmee	Thoms	F	U15	Fife AC
35	7:52	Cecily	Millar	F	U15	Edinburgh AC
36	7:53	Ingrid	Imrie	F	U15	Garscube Harriers
37	7:53	Melissa	Turnbull	F	U15	Central AC
38	7:54	Lucy	Hoy	F	U15	Kilmarnock H&AC
39	7:55	Skye	Rae	F	U15	Nithsdale AC
40	7:56	Ruby	Mcgill	F	U15	Greenock Glenpark Harriers

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2019Under15Girls

Pos	Time	Forename	Surname	M/F	Cat	Club
41	7:58	Ellie	Anderson	F	U15	Kilmarnock H&AC
42	7:59	Hannah	Todd	F	U15	Law & District AAC
43	8:02	Erin	Hendry	F	U15	Falkirk Victoria Harriers
44	8:04	Faithe	Duffy	F	U15	Dundee Hawkhill Harriers
45	8:04	Ailsa	Carrigan	F	U15	Kilbarchan AAC
46	8:04	Anna	Mackinnon	F	U15	Central AC
47	8:05	Emma	Mcmillan	F	U15	Ayr Seaforth AC
48	8:05	Ella	Mcgregor	F	U15	Giffnock North AC
49	8:06	Maryjane	Mcinally	F	U15	Kilbarchan AAC
50	8:06	Sophie	Mccolm	F	U15	Ayr Seaforth AC
51	8:07	Ailsa	Bagnall	F	U15	Corstorphine AAC
52	8:08	Kiara	Meiklejohn	F	U15	Giffnock North AC
53	8:09	Megan	Kyle	F	U15	Dunfermline Track & Field AC
54	8:15	Leona	Melville	F	U15	Central AC
55	8:16	Fiona	Currie	F	U15	Law & District AAC
56	8:17	Chrissie	Francis	F	U15	VP-Glasgow AC
57	8:20	Zosia	Padden	F	U15	Central AC
58	8:20	Rebecca	Sludden	F	U15	Pitreavie AAC
59	8:21	Anna	Buchanan	F	U15	Central AC
60	8:24	Olivia	Boyle	F	U15	Whitemoss AAC
61	8:28	Lucy	Bellamy	F	U15	Edinburgh AC
62	8:31	Abigail	Flower	F	U15	Giffnock North AC
63	8:34	Katie	Johnson	F	U15	Greenock Glenpark Harriers
64	8:35	Ava	Hughes	F	U15	Teviotdale Harriers
65	8:35	Mia	Mcbain	F	U15	Giffnock North AC
66	8:41	Skye	Foster	F	U15	Lasswade AC
67	8:42	Jessica	Grant	F	U15	Shettleston Harriers
68	8:44	Scarlett	Roy	F	U15	Central AC
69	8:44	Keira	Mooney	F	U15	Edinburgh AC
70	8:45	Daniel	O'Donnell	F	U15	Giffnock North AC
71	8:48	Holly	Gordon	F	U15	Pitreavie AAC
72	8:50	Kaitlyn	Laou	F	U15	Kilbarchan AAC
73	8:50	Eilidh	Kennedy	F	U15	Cambuslang Harriers
74	8:52	Matilda	Frew	F	U15	Whitemoss AAC
75	8:55	Sophie	Campbell	F	U15	Greenock Glenpark Harriers
76	8:55	Bethany	Drummond	F	U15	Giffnock North AC
77	8:58	Isla	Marwick	F	U15	Inverness Harriers AAC
78	9:01	Jen	Pickard	F	U15	Fife AC
79	9:17	Lucy	Bennett	F	U15	Whitemoss AAC
80	9:25	Codie	Mcholm	F	U15	Larkhall YMCA Harriers
81	9:28	Gracie	Carlin	F	U15	East Kilbride AC
82	9:51	Morvern	Crawford	F	U15	Cambuslang Harriers
83	9:54	Charlotte	Evans	F	U15	East Kilbride AC
84	11:05	Abbigael	Crawford	F	U15	Greenock Glenpark Harriers

U15G Teams

Under 15 Girls

Pos	Club	Points	Pos	Time	Name
1	Fife AC	23	4	0:07:06	Isla Thoms
			9	0:07:18	Isla Hedley
			10	0:07:19	Ruby Russell
2	Edinburgh AC	38	2	0:06:59	Katie Johnson
			15	0:07:27	Anise Macaulay Orr
			21	0:07:37	Carly Lynne Smith
3	Aberdeen AAC	50	8	0:07:17	Phoebe Armstrong
			14	0:07:27	Kirstin Grant
			28	0:07:47	Charlotte Narducci
4	Falkirk Victoria Harriers	50	7	0:07:16	Katie Christie
			12	0:07:24	Caitlyn Christie
			31	0:07:48	Sofia Vidak
5	Inverness Harriers AAC	83	1	0:06:49	Anna Cairns
			5	0:07:08	Grace Macdonald
			77	0:08:58	Isla Marwick
6	Kilbarchan AAC	86	11	0:07:21	Chloe Cameron
			30	0:07:47	Evie Livingstone
			45	0:08:04	Ailsa Carrigan
7	Central AC	88	19	0:07:31	Amy Cully
			32	0:07:48	Mirren Julie Henry
			37	0:07:53	Melissa Turnbull
8	Law & District AAC	100	3	0:07:00	Jessie Gilchrist
			42	0:07:59	Hannah Todd
			55	0:08:16	Fiona Currie
9	Lasswade AC	101	13	0:07:25	Olivia Meikle
			22	0:07:38	Amy Mclaughlin
			66	0:08:41	Skye Foster
10	Giffnock North AC	106	25	0:07:44	Isla Scott
			33	0:07:50	Esme Dougall
			48	0:08:05	Ella Mcgregor

U15G Teams

Under 15 Girls

Pos	Club	Points	Pos	Time	Name
11	Cambuslang Harriers	119	17	0:07:29	Abbie Mcclue
			29	0:07:47	Eva Ritchie
			73	0:08:50	Eilidh Kennedy
12	Pitreavie AAC	155	26	0:07:45	Erin Macfarlane
			58	0:08:20	Rebecca Sludden
			71	0:08:48	Holly Gordon
13	Greenock Glenpark Harriers	178	40	0:07:56	Ruby McGill
			63	0:08:34	Katie Johnson
			75	0:08:55	Sophie Campbell
14	Whitemoss AAC	213	60	0:08:24	Olivia Boyle
			74	0:08:52	Matilda Frew
			79	0:09:17	Lucy Bennett

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Pos	Time	Forename	Surname	M/F	Cat	Club
1	6:16	Tendai	Nyabadza	M	U15	Harmeny AC
2	6:17	Reuben	Macdonald	M	U15	Giffnock North AC
3	6:18	Connor	Bell	M	U15	Central AC
4	6:18	Finlay	Ross	M	U15	Harmeny AC
5	6:26	Struan	Bennet	M	U15	Fife AC
6	6:27	Cameron	Kerr	M	U15	Central AC
7	6:28	Oscar	Logan	M	U15	Law & District AAC
8	6:30	Conan	Harper	M	U15	Teviotdale Harriers
9	6:30	Cameron	Deverill	M	U15	Giffnock North AC
10	6:31	Lewis	Thomson	M	U15	Perth Strathtay Harriers
11	6:33	Fraser	Gilmour	M	U15	VP-Glasgow AC
12	6:34	Logan	Beagley	M	U15	Livingston AC
13	6:36	Cameron	Green	M	U15	Giffnock North AC
14	6:36	Jamie	Phillips	M	U15	Kilmarnock H&AC
15	6:37	Hamish	Mckay	M	U15	Aberdeen AAC
16	6:37	Corey	Campbell	M	U15	Team East Lothian
17	6:40	Saul	Mcglennan	M	U15	VP-Glasgow AC
18	6:42	Warren	Lorente	M	U15	Dundee Hawkhill Harriers
19	6:43	Gregor	Smith	M	U15	Kirkintilloch Olympians
20	6:44	Jonathon	Downey	M	U15	Kilmarnock H&AC
21	6:45	Archie	Mcronald	M	U15	Perth Strathtay Harriers
22	6:48	Brodie	Cameron	M	U15	Arbroath & District AC
23	6:49	Dylan	Dickie	M	U15	Aberdeen AAC
24	6:49	Ethan	Polson	M	U15	Ayr Seaforth AC
25	6:49	Jake	Speirs	M	U15	VP-Glasgow AC
26	6:50	Luke	Lindsay	M	U15	Kilbarchan AAC
27	6:51	Aidan	Bradley	M	U15	Edinburgh AC
28	6:53	Elliot	Frame	M	U15	Livingston AC
29	6:53	Michael	Nolan	M	U15	Giffnock North AC
30	6:53	Aleksandar	Jovicic	M	U15	Aberdeen AAC
31	6:54	David	Woods	M	U15	Shettleston Harriers
32	6:54	Ben	Struthers	M	U15	Corstorphine AAC
33	6:54	Hugh	Shiels	M	U15	Giffnock North AC
34	6:55	Gregor	Nixon	M	U15	Inverness Harriers AAC
35	6:55	Murray	Close	M	U15	Lothian RC
36	6:56	Ruaridh	Ellen	M	U15	Ross County AC
37	6:56	Calum	Mackenzie	M	U15	Cumbernauld AAC
38	6:57	Caleb	Mcleod	M	U15	Pitreavie AAC
39	6:58	Dylan	Walton	M	U15	Nithsdale AC
40	6:58	Tommy	Thin	M	U15	George Heriots School

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Pos	Time	Forename	Surname	M/F	Cat	Club
41	6:58	Craig	Cherrie	M	U15	Law & District AAC
42	6:58	Calum	Gorman	M	U15	Aberdeen AAC
43	6:59	Calum	Charters	M	U15	East Kilbride AC
44	6:59	Jonathan	Cameron	M	U15	Inverclyde AC
45	7:00	Aidan	Page	M	U15	Team East Lothian
46	7:01	Finlay	Waters	M	U15	VP-Glasgow AC
47	7:01	Ben	Campbell	M	U15	Greenock Glenpark Harriers
48	7:02	Robert	Newman	M	U15	Edinburgh AC
49	7:02	Jack	Donald	M	U15	Dundee Hawkhill Harriers
50	7:03	Cameron	Rankine	M	U15	Gala Harriers
51	7:03	Matthew	Knak	M	U15	Giffnock North AC
52	7:03	Iain	Houston	M	U15	Gala Harriers
53	7:04	Adam	Wetton	M	U15	Corstorphine AAC
54	7:05	Ethan	Lorimer	M	U15	Harmeny AC
55	7:06	Harris	Pagett	M	U15	Strathearn Harriers
56	7:07	Logan	Whitton	M	U15	Law & District AAC
57	7:08	Matthew	Cox	M	U15	Giffnock North AC
58	7:09	Crawford	Smith	M	U15	Kirkintilloch Olympians
59	7:09	Euan	Docherty	M	U15	Central AC
60	7:09	Ruairidh	Burns	M	U15	Central AC
61	7:11	Dean	Hill	M	U15	Larkhall YMCA Harriers
62	7:11	Matthew	Burnside	M	U15	Garscube Harriers
63	7:12	Stuart	Borthwick	M	U15	Garscube Harriers
64	7:12	Lewis	Roddis	M	U15	Cambuslang Harriers
65	7:12	Caleb	Brock	M	U15	Aberdeen AAC
66	7:13	Evan	Kelly	M	U15	Ayr Seaforth AC
67	7:13	Gregor	Murdoch	M	U15	Garscube Harriers
68	7:14	Ruairidh	Allen	M	U15	VP-Glasgow AC
69	7:17	Finlay	Cooper	M	U15	Aberdeen AAC
70	7:20	Colin	Arthur	M	U15	Kilbarchan AAC
71	7:21	Jude	Dolan	M	U15	Greenock Glenpark Harriers
72	7:23	Oliver	Rodger	M	U15	Pitreavie AAC
73	7:25	Paul	Cairns	M	U15	East Kilbride AC
74	7:26	David	Lidstone	M	U15	Perth Strathtay Harriers
75	7:27	Samuel	Stephenson	M	U15	Aberdeen AAC
76	7:27	Max	Mccafferty	M	U15	Cumbernauld AAC
77	7:28	Lewis	Moir	M	U15	East Kilbride AC
78	7:30	Glen	Griffiths	M	U15	Giffnock North AC
79	7:30	Lewis	Thorpe	M	U15	East Kilbride AC
80	7:32	Connor	Scobie	M	U15	Ayr Seaforth AC

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2019Under15Boys

Pos	Time	Forename	Surname	M/F	Cat	Club
81	7:32	Alexander	Millar	M	U15	Edinburgh AC
82	7:33	Keir	Arthur	M	U15	Inverclyde AC
83	7:35	Matthew	Cameron	M	U15	Helensburgh AAC
84	7:35	Innes	Mcperson	M	U15	Giffnock North AC
85	7:35	Findlay	Pryor	M	U15	Giffnock North AC
86	7:37	Guillem	Penacchio Torres	M	U15	Fife AC
87	7:37	Wilbur	Mansell	M	U15	Edinburgh AC
88	7:38	Callum	Campbell	M	U15	Kilmarnock H&AC
89	7:39	Sam	Hosie	M	U15	East Kilbride AC
90	7:41	Archie	Irwin	M	U15	Harmeny AC
91	7:43	William	Scott	M	U15	Helensburgh AAC
92	7:46	Jamie	Pollock	M	U15	Bellahouston Harriers
93	7:51	Joseph	Placentino	M	U15	Dundee Hawkhill Harriers
94	7:52	Cameron	Johnston	M	U15	Pitreavie AAC
95	7:58	Max	Lapeyre	M	U15	Edinburgh AC
96	8:03	Thomas	O'Neil	M	U15	East Kilbride AC
97	8:06	Ewan	Kennedy	M	U15	VP-Glasgow AC
98	8:31	Jack	Stokes	M	U15	Falkirk Victoria Harriers
99	9:27	Murray	Cocker	M	U15	Corstorphine AAC
100	9:31	Alex	Wiseman	M	U15	Greenock Glenpark Harriers

U15B Teams
Under 15 Boys

Pos	Club	Points	Pos	Time	Name
1	Giffnock North AC	24	2	0:06:17	Reuben Macdonald
			9	0:06:30	Cameron Deverill
			13	0:06:36	Cameron Green
2	VP-Glasgow AC	53	11	0:06:33	Fraser Gilmour
			17	0:06:40	Saul Mcglennan
			25	0:06:49	Jake Speirs
3	Harmeny AC	59	1	0:06:16	Tendai Nyabadza
			4	0:06:18	Finlay Ross
			54	0:07:05	Ethan Lorimer
4	Aberdeen AAC	68	15	0:06:37	Hamish Mckay
			23	0:06:49	Dylan Dickie
			30	0:06:53	Aleksandar Jovicic
5	Central AC	68	3	0:06:18	Connor Bell
			6	0:06:27	Cameron Kerr
			59	0:07:09	Euan Docherty
6	Law & District AAC	104	7	0:06:28	Oscar Logan
			41	0:06:58	Craig Cherrie
			56	0:07:07	Logan Whitton
7	Perth Strathtay Harriers	105	10	0:06:31	Lewis Thomson
			21	0:06:45	Archie Mcronald
			74	0:07:26	David Lidstone
8	Kilmarnock H&AC	122	14	0:06:36	Jamie Phillips
			20	0:06:44	Jonathon Downey
			88	0:07:38	Callum Campbell
9	Edinburgh AC	156	27	0:06:51	Aidan Bradley
			48	0:07:02	Robert Newman
			81	0:07:32	Alexander Millar
10	Dundee Hawkhill Harriers	160	18	0:06:42	Warren Lorente
			49	0:07:02	Jack Donald
			93	0:07:51	Joseph Placentino

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Kirkcaldy High School

U15B Teams

Under 15 Boys

Pos	Club	Points	Pos	Time	Name
11	Ayr Seaforth AC	170	24	0:06:49	Ethan Polson
			66	0:07:13	Evan Kelly
			80	0:07:32	Connor Scobie
12	Corstorphine AAC	184	32	0:06:54	Ben Struthers
			53	0:07:04	Adam Wetton
			99	0:09:27	Murray Cocker
13	Garscube Harriers	192	62	0:07:11	Matthew Burnside
			63	0:07:12	Stuart Borthwick
			67	0:07:13	Gregor Murdoch
14	East Kilbride AC	193	43	0:06:59	Calum Charters
			73	0:07:25	Paul Cairns
			77	0:07:28	Lewis Moir
15	Pitreavie AAC	204	38	0:06:57	Caleb Mcleod
			72	0:07:23	Oliver Rodger
			94	0:07:52	Cameron Johnston
16	Greenock Glenpark Harriers	218	47	0:07:01	Ben Campbell
			71	0:07:21	Jude Dolan
			100	0:09:31	Alex Wiseman

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2019 4KXC All Provisional Results

Kirkcaldy High School

2019 Under 17 Women

Pos	Time	Forename	Surname	M/F	Cat	Club
1	10:15	Anna	Hedley	F	U17	Fife AC
2	10:25	Julia	Cash	F	U17	Giffnock North AC
3	10:27	Hannah	Anderson	F	U17	East Kilbride AC
4	10:27	Isla	Calvert	F	U17	Livingston AC
5	10:33	Pippa	Carcas	F	U17	Edinburgh AC
6	10:36	Meredith	Reid	F	U17	Glasgow School of Sport
7	10:47	Georgia	Ledingham	F	U17	Corstorphine AAC
8	10:55	Kirsty	Purcell	F	U17	Aberdeen AAC
9	10:57	Cade	Wright	F	U17	George Heriots School
10	11:05	Alyth	Gollan	F	U17	East Sutherland AC
11	11:07	Caitlin	Purcell	F	U17	Aberdeen AAC
12	11:10	Merah	Anderson	F	U17	Falkirk Victoria Harriers
13	11:11	Rosie	Davidson	F	U17	Ayr Seaforth AC
14	11:11	Rose	Newman	F	U17	Edinburgh AC
15	11:14	Sarah	Coutts	F	U17	Pitreavie AAC
16	11:14	Zoe	Flower	F	U17	Giffnock North AC
17	11:16	Mhairi	Arnott	F	U17	Corstorphine AAC
18	11:20	Niamh	Murphy	F	U17	North Ayrshire AC
19	11:24	Abi	Hammerman	F	U17	Inverclyde AC
20	11:26	Tallulah	Wright	F	U17	George Heriots School
21	11:27	Louise	Hastie	F	U17	Kilbarchan AAC
22	11:29	Kate	Richardson	F	U17	Giffnock North AC
23	11:30	Flora	Henry	F	U17	Team East Lothian
24	11:33	Charlie	Frew	F	U17	Whitemoss AAC
25	11:34	Abigail	Fyall	F	U17	Nithsdale AC
26	11:40	Susie	Mclaughlin	F	U17	Cambuslang Harriers
27	11:46	Rachel	Muir	F	U17	Kilbarchan AAC
28	11:48	Summer	Mcdonald	F	U17	Garscube Harriers
29	11:51	Shona	Carey	F	U17	Cambuslang Harriers
30	11:51	Hayley	Brown	F	U17	Fife AC
31	11:53	Emma	Johnson	F	U17	Corstorphine AAC
32	11:56	Mia	Padmanabhan	F	U17	Garscube Harriers
33	11:57	Maisie	Ballantyne	F	U17	Teviotdale Harriers
34	12:01	Isabelle	Burnside	F	U17	Garscube Harriers
35	12:02	Helen	Chong	F	U17	Giffnock North AC
36	12:05	Katherine	Macleod	F	U17	Corstorphine AAC
37	12:06	Emma	Swanson	F	U17	Banchory Stonehaven AC
38	12:07	Morven	Hubbard	F	U17	Ayr Seaforth AC
39	12:09	Jaden	Lenny	F	U17	Fife AC
40	12:15	Nina	Fyfe	F	U17	Law & District AAC

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2019Under17Women

41	12:19	Daisy	Cumming	F	U17 Dunfermline Track & Field AC
42	12:23	Sarah	Forbes	F	U17 Kilbarchan AAC
43	12:25	Roisin	Cameron Coyle	F	U17 VP-Glasgow AC
44	12:27	Katie	Flett	F	U17 Helensburgh AAC
45	12:32	Laura	Jedrusiak	F	U17 Kilmarnock H&AC
46	12:34	Anna	Saunders	F	U17 Perth Strathtay Harriers
47	12:34	Jennifer	Scott	F	U17 Helensburgh AAC
48	12:51	Lara	Manning	F	U17 Dundee Hawkhill Harriers
49	12:52	Nicole	Macgilp	F	U17 Kilbarchan AAC
50	12:56	Peggy-Nan	Rodger	F	U17 Cambuslang Harriers
51	12:56	Amy	Kirkpatrick	F	U17 VP-Glasgow AC
52	13:05	Iona	Wilson	F	U17 Helensburgh AAC
53	13:08	Frankie	Duncan-Morris	F	U17 Dundee Hawkhill Harriers
54	13:13	Zoe	Dunn	F	U17 Livingston AC
55	13:15	Millicent	Howat	F	U17 Garscube Harriers
56	13:24	Emma	Livingstone	F	U17 East Kilbride AC
57	13:26	Isla	Manning	F	U17 Dundee Hawkhill Harriers
58	13:32	Abbie	Tosh	F	U17 Greenock Glenpark Harriers
59	13:33	Izzy	Parnaby	F	U17 Banchory Stonehaven AC
60	13:34	Samantha	Ferguson	F	U17 Strathearn Harriers
61	13:51	Abbie	Kirwan	F	U17 East Kilbride AC
62	14:12	Lucy	Stanley	F	U17 Ayr Seaforth AC

U17W Teams

Under 17 Women

Pos	Club	Points	Pos	Time	Name
1	Giffnock North AC	40	2	0:10:25	Julia Cash
			16	0:11:14	Zoe Flower
			22	0:11:29	Kate Richardson
2	Corstorphine AAC	55	7	0:10:47	Georgia Ledingham
			17	0:11:16	Mhairi Arnott
			31	0:11:53	Emma Johnson
3	Fife AC	70	1	0:10:15	Anna Hedley
			30	0:11:51	Hayley Brown
			39	0:12:09	Jaden Lenny
4	Kilbarchan AAC	90	21	0:11:27	Louise Hastie
			27	0:11:46	Rachel Muir
			42	0:12:23	Sarah Forbes
5	Garscube Harriers	94	28	0:11:48	Summer Mcdonald
			32	0:11:56	Mia Padmanabhan
			34	0:12:01	Isabelle Burnside
6	Cambuslang Harriers	105	26	0:11:40	Susie Mclaughlin
			29	0:11:51	Shona Carey
			50	0:12:56	Peggy-Nan Rodger
7	Ayr Seaforth AC	113	13	0:11:11	Rosie Davidson
			38	0:12:07	Morven Hubbard
			62	0:14:12	Lucy Stanley
8	East Kilbride AC	120	3	0:10:27	Hannah Anderson
			56	0:13:24	Emma Livingstone
			61	0:13:51	Abbie Kirwan
9	Helensburgh AAC	143	44	0:12:27	Katie Flett
			47	0:12:34	Jennifer Scott
			52	0:13:05	Iona Wilson
10	Dundee Hawkhill Harriers	158	48	0:12:51	Lara Manning
			53	0:13:08	Frankie Duncan-Morris
			57	0:13:26	Isla Manning

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2019Under17Men

Pos	Time	Forename	Surname	M/F	Cat	Club
1	9:18	Jack	Patton	M	U17	Kilbarchan AAC
2	9:20	Harry Lloyd	Mcgill	M	U17	Greenock Glenpark Harriers
3	9:22	Harris	Paterson	M	U17	Giffnock North AC
4	9:30	Lucas	Cairns	M	U17	Inverness Harriers AAC
5	9:32	Ben	Sandilands	M	U17	Fife AC
6	9:34	David	Addison	M	U17	Corstorphine AAC
7	9:37	Lewis	Hannigan	M	U17	Kilbarchan AAC
8	9:38	Hugh	Morrow	M	U17	Edinburgh AC
9	9:40	Ethan	Mccolgan	M	U17	Dundee Hawkhill Harriers
10	9:43	James	Connelly	M	U17	Garscube Harriers
11	9:43	Fabian	Despinoy	M	U17	Edinburgh AC
12	9:44	Danny	Mcpake	M	U17	Ross County AC
13	9:45	Samuel	Griffin	M	U17	Aberdeen AAC
14	9:47	Peter	Bradshaw	M	U17	Inverclyde AC
15	9:52	Angus	Smith	M	U17	Inverness Harriers AAC
16	9:53	Josh	Law	M	U17	Inverclyde AC
17	9:55	Gregor	Collins	M	U17	Gala Harriers
18	9:55	Jacob	Luc	M	U17	Giffnock North AC
19	9:55	Hamish	Anderson	M	U17	East Kilbride AC
20	9:58	Michael	Sanderson	M	U17	Fife AC
21	9:59	Donald	Gilchrist	M	U17	Law & District AAC
22	10:01	Ryan	Smith	M	U17	Dundee Hawkhill Harriers
23	10:02	Malcolm	Mclure	M	U17	Dunfermline Track & Field AC
24	10:04	Calum	Little	M	U17	Falkirk Victoria Harriers
25	10:05	Jack	Mackinnon	M	U17	Cambuslang Harriers
26	10:05	Finlay	Ross-Davie	M	U17	Garscube Harriers
27	10:05	Lewis	Hainey	M	U17	Inverclyde AC
28	10:06	Ciaran	Hogg	M	U17	Inverclyde AC
29	10:07	Andrew	Thomson	M	U17	PH Racing Club
30	10:07	Christopher	Mcdermott	M	U17	VP-Glasgow AC
31	10:09	Callum	Miller	M	U17	Garscube Harriers
32	10:10	Euan	Rollo	M	U17	Inverness Harriers AAC
33	10:12	Callan	Hogarth	M	U17	Falkirk Victoria Harriers
34	10:14	Zak	Povey	M	U17	Cambuslang Harriers
35	10:14	Michael	Black	M	U17	Cambuslang Harriers
36	10:14	Josh	Mcnicol	M	U17	Clydesdale Harriers
37	10:15	Duncan	Macdonald	M	U17	Inverness Harriers AAC
38	10:15	Aaron	Grew	M	U17	Cambuslang Harriers
39	10:15	Euan	Wond	M	U17	Falkirk Victoria Harriers
40	10:17	Jamie	Lessels	M	U17	PH Racing Club

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41	10:19	Euan	Smith	M	U17 Dundee Hawkhill Harriers
42	10:21	Euan	Bell	M	U17 Ayr Seaforth AC
43	10:21	Laurence	Petty	M	U17 Dundee Hawkhill Harriers
44	10:23	Alex	Ellen	M	U17 Ross County AC
45	10:30	Ross	Macmillan	M	U17 Aberdeen AAC
46	10:33	Fraser	Morris	M	U17 Livingston AC
47	10:37	Finlay	Rutter	M	U17 Inverness Harriers AAC
48	10:39	Tejay	Scott	M	U17 Dundee Hawkhill Harriers
49	10:41	Theo	Carter	M	U17 Shettleston Harriers
50	10:44	Davie	Houston	M	U17 Kilmarnock H&AC
51	10:47	Jonathan	Marshall	M	U17 Livingston AC
52	10:49	Muir	Gillespie	M	U17 Edinburgh AC
53	10:50	Kyle	Sutherland	M	U17 Ross County AC
54	10:51	Lewis	Maciver	M	U17 Livingston AC
55	10:51	Christopher	Cairns	M	U17 East Kilbride AC
56	10:52	Lachlan	Rowley	M	U17 George Heriots School
57	10:55	Daniel	Munday	M	U17 Law & District AAC
58	10:55	Shaun	Wiseman	M	U17 Greenock Glenpark Harriers
59	10:56	Callum	Murison	M	U17 George Heriots School
60	10:56	Jonathan	Faulks	M	U17 Falkirk Victoria Harriers
61	10:59	Alexander	Porteous	M	U17 Lasswade AC
62	11:08	Daniel	Lidstone	M	U17 Perth Strathtay Harriers
63	11:10	Lewis	Anderson	M	U17 Kilbarchan AAC
64	11:13	Charlie	Tomkinson	M	U17 Giffnock North AC
65	11:14	Ben	Sharpe	M	U17 Inverness Harriers AAC
66	11:16	Euan	Flett	M	U17 Corstorphine AAC
67	11:19	Jay	Stewart	M	U17 Edinburgh AC
68	11:22	Noah	Mcdermott	M	U17 George Heriots School
69	11:22	Aaron	Bennet	M	U17 PH Racing Club
70	11:24	Elliott	Wilson	M	U17 Larkhall YMCA Harriers
71	11:25	Levi	Milligan	M	U17 Law & District AAC
72	11:31	Tomas	Macdonald	M	U17 George Heriots School
73	11:40	Nathan	Laing	M	U17 Falkirk Victoria Harriers
74	11:49	Finn	Milligan	M	U17 Law & District AAC
75	12:21	Matthew	Pollock	M	U17 Bellahouston Harriers

U17M Teams

Under 17 Men

Pos	Club	Points	Pos	Time	Name
1	Inverness Harriers AAC	51	4	0:09:30	Lucas Cairns
			15	0:09:52	Angus Smith
			32	0:10:10	Euan Rollo
2	Inverclyde AC	57	14	0:09:47	Peter Bradshaw
			16	0:09:53	Josh Law
			27	0:10:05	Lewis Hainey
3	Garscube Harriers	67	10	0:09:43	James Connelly
			26	0:10:05	Finlay Ross-Davie
			31	0:10:09	Callum Miller
4	Edinburgh AC	71	8	0:09:38	Hugh Morrow
			11	0:09:43	Fabian Despinoy
			52	0:10:49	Muir Gillespie
5	Kilbarchan AAC	71	1	0:09:18	Jack Patton
			7	0:09:37	Lewis Hannigan
			63	0:11:10	Lewis Anderson
6	Dundee Hawkhill Harriers	72	9	0:09:40	Ethan Mccolgan
			22	0:10:01	Ryan Smith
			41	0:10:19	Euan Smith
7	Giffnock North AC	85	3	0:09:22	Harris Paterson
			18	0:09:55	Jacob Luc
			64	0:11:13	Charlie Tomkinson
8	Cambuslang Harriers	94	25	0:10:05	Jack Mackinnon
			34	0:10:14	Zak Povey
			35	0:10:14	Michael Black
9	Falkirk Victoria Harriers	96	24	0:10:04	Calum Little
			33	0:10:12	Callan Hogarth
			39	0:10:15	Euan Wond
10	Ross County AC	109	12	0:09:44	Danny Mcpake
			44	0:10:23	Alex Ellen
			53	0:10:50	Kyle Sutherland

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U17M Teams

Under 17 Men

Pos	Club	Points	Pos	Time	Name
11	PH Racing Club	138	29	0:10:07	Andrew Thomson
			40	0:10:17	Jamie Lessels
			69	0:11:22	Aaron Bennet
12	Law & District AAC	149	21	0:09:59	Donald Gilchrist
			57	0:10:55	Daniel Munday
			71	0:11:25	Levi Milligan
13	Livingston AC	151	46	0:10:33	Fraser Morris
			51	0:10:47	Jonathan Marshall
			54	0:10:51	Lewis Maciver
14	George Heriots School	183	56	0:10:52	Lachlan Rowley
			59	0:10:56	Callum Murison
			68	0:11:22	Noah Mcdermott

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Pos	Time	Forename	Surname	M/F	Cat	Club
1	13:57	Annabel	Simpson	F		Fife AC
2	14:04	Jenny	Selman	F		Fife AC
3	14:08	Megan	Keith	F	U20	Inverness Harriers AAC
4	14:12	Cera	Gemmell	F	U20	Team East Lothian
5	14:15	Holly	Page	F	U20	Edinburgh Univ Hare and Hounds
6	14:22	Jessica	Craig	F		North Down AC
7	14:25	Erin	Wallace	F	U20	Giffnock North AC
8	14:27	Zoe	Pflug	F	U20	Edinburgh Univ Hare and Hounds
9	14:32	Lauren	Wilson	F		Edinburgh AC
10	14:35	Nynke	Mulholland	F		Inverclyde AC
11	14:39	Michelle	Sandison	F		Springburn Harriers
12	14:41	Holly	Little	F	U20	VP-Glasgow AC
13	14:43	Constance	Nankivell	F	U20	Edinburgh Univ Hare and Hounds
14	14:43	Kerry	Macangus	F		Kilbarchan AAC
15	14:51	Katy	Brown	F		Giffnock North AC
16	14:54	Hannah	Cameron	F		Edinburgh AC
17	14:56	Kayleigh	Jarrett	F		Shettleston Harriers
18	15:00	Philippa	Millage	F		VP-Glasgow AC
19	15:04	Emily	Andrew	F	U20	Inverness Harriers AAC
20	15:05	Katie	Lowery	F		Edinburgh Univ Hare and Hounds
21	15:07	Jillian	Stephen	F		Hunters Bog Trotters
22	15:07	Avril	Mason	F	45	Shettleston Harriers
23	15:11	Sarah	Tait	F	U20	Lasswade AC
24	15:12	Catriona	Macdonald	F		Bellahouston RR
25	15:15	Zoe	Bates	F		Edinburgh AC
26	15:20	Megan	Davies	F		Sale Harriers
27	15:23	Rebecca	Burns	F		Edinburgh AC
28	15:24	Olivia	Vareille	F	U20	Falkirk Victoria Harriers
29	15:25	Laura	Stark	F		Edinburgh Univ Hare and Hounds
30	15:25	Jennifer	Spence	F		Fife AC
31	15:25	Katie	White	F		Garscube Harriers
32	15:26	Isla	Scott-Pearce	F		Edinburgh AC
33	15:27	Polly	Edwards	F		Edinburgh Univ Hare and Hounds
34	15:29	Yvonne	Mcnairn	F		Giffnock North AC
35	15:31	Kirstin	Maxwell	F		Gala Harriers
36	15:32	Rebecca	Frake	F		Edinburgh AC
37	15:32	Sara	Green	F		Gala Harriers
38	15:34	Ruth	Joss	F		Shettleston Harriers
39	15:38	Aoife	Carr	F		Glasgow University Hares and Hounds
40	15:38	Jill	Smylie	F		Giffnock North AC

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2019 Senior Women

Pos	Time	Forename	Surname	M/F	Cat	Club
41	15:39	Claire	Bruce	F		Metro Aberdeen RC
42	15:40	Eilidh	Jaffray	F	U20	Edinburgh Univ Hare and Hounds
43	15:40	Laura	Gibson	F		Fife AC
44	15:40	Nikki	Gibson	F		Edinburgh AC
45	15:40	Jennifer	Cruickshanks	F		Fife AC
46	15:42	Jennifer	Maclean	F	45	Edinburgh AC
47	15:45	Becky	Dunphy	F		VP-Glasgow AC
48	15:53	Suzanne	Gilmour	F	45	VP-Glasgow AC
49	15:55	Lucy	Cameron	F		Strathclyde Univ Harriers
50	15:55	Holly	Thompson	F		Kilbarchan AAC
51	15:56	Hannah	Terrance	F		Springburn Harriers
52	15:57	Carolyn	Cameron	F	U20	Edinburgh Univ Hare and Hounds
53	15:57	Beth	Hobbs	F	U20	Moorfoot Runners
54	15:59	Emily	Mcnicol	F		Strathclyde Univ Harriers
55	15:59	Ana	Richardson	F	50	West End RR
56	16:00	Hannah	Addison	F		Corstorphine AAC
57	16:00	Clare	Stewart	F	U20	Glasgow University Hares and Hounds
58	16:02	Mhairi	Hendry	F		VP-Glasgow AC
59	16:05	Laura	Blazey	F		Portobello RC
60	16:08	Katie	Rourke	F	U20	Edinburgh Univ Hare and Hounds
61	16:09	Fiona	Matheson	F	55	Falkirk Victoria Harriers
62	16:11	Jennifer	Harrison	F		Aberdeen AAC
63	16:15	Katie	Craig	F	U20	Livingston AC
64	16:18	Alicia	Paton	F		Glasgow University Hares and Hounds
65	16:20	Kristina	Greig	F		Bellahouston Harriers
66	16:23	Rhona	Van Rensburg	F	45	Fife AC
67	16:24	Amie	Watt	F		Fife AC
68	16:25	Holly	Morrison	F		Aberdeen AAC
69	16:27	Heather	Campbell	F		Inverness Harriers AAC
70	16:28	Claire	Houston	F		Central AC
71	16:28	Madeleine	Watson	F		Strathclyde Univ Harriers
72	16:29	Louise	Ross	F	40	Bellahouston RR
73	16:30	Sheila	Gollan	F	55	East Sutherland AC
74	16:36	Abi	Plowman	F		Edinburgh Univ Hare and Hounds
75	16:36	Mairi	Watts	F		Linlithgow AC
76	16:36	Julie	Menzies	F	45	PH Racing Club
77	16:40	Sophie	Young	F	U20	Inverness Harriers AAC
78	16:41	Charlene	Manley	F		Shettleston Harriers
79	16:41	Gillian	Blee	F		Garscube Harriers
80	16:42	Lydia	Blythe	F		Edinburgh Univ Hare and Hounds

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Pos	Time	Forename	Surname	M/F	Cat	Club
81	16:42	Yvonne	Burgess	F	40	Garscube Harriers
82	16:46	Libby	Sutherland	F	U20	Kilbarchan AAC
83	16:47	Karen	Kennedy	F	45	PH Racing Club
84	16:48	Alison	Mcgill	F		PH Racing Club
85	16:51	Isabella	Sheldon	F		Glasgow University Hares and Hounds
86	16:53	Elodie	Chatel	F		Edinburgh Univ Hare and Hounds
87	16:55	Chloe	Macdonald	F		Inverclyde AC
88	16:56	Susan	Ridley	F	50	Edinburgh AC
89	16:57	Isabelle	Rayner	F		Glasgow University Hares and Hounds
90	17:05	Michaela	Mclean	F	40	Fife AC
91	17:08	Erika	Marwick	F		Orkney AC
92	17:09	Kelly	Baillie	F	40	East Kilbride AC
93	17:10	Diane	Placentino	F	45	Dundee Hawkhill Harriers
94	17:12	Joanna	Gillies	F	U20	Strathclyde Univ Harriers
95	17:13	Laura	Gray	F		Garscube Harriers
96	17:14	Eilidh	Gibson	F	U20	Kilbarchan AAC
97	17:15	Julie	Wilson	F	50	Inverness Harriers AAC
98	17:17	Mary	Senior	F	45	Garscube Harriers
99	17:21	Susanna	Sly	F		Kinross RR
100	17:21	Alison	Sutherland	F		Carnegie Harriers
101	17:21	Emma	Frew	F	U20	Ayr Seaforth AC
102	17:22	Julia	Johnstone	F	45	Gala Harriers
103	17:23	Yvonne	Crilly	F	55	Lothian RC
104	17:24	Donna	Finlayson	F		VP-Glasgow AC
105	17:24	Amy	Maclellan	F		Shettleston Harriers
106	17:25	Caitlin	Arnott	F		Corstorphine AAC
107	17:25	Emily	Crusher	F	U20	Glasgow University Hares and Hounds
108	17:27	Shona	Donnelly	F	50	Giffnock North AC
109	17:33	Isla	Mcintosh	F		Bellahouston RR
110	17:33	Lynne	Bruce	F	40	Bellahouston Harriers
111	17:34	Elsie	Macdonald	F		Garscube Harriers
112	17:35	Nicola	Mcbeath	F		Giffnock North AC
113	17:36	Katie	Jones	F		Fife AC
114	17:39	Patricia	Milne	F	55	Central AC
115	17:39	Shania	King	F	U20	Dundee Hawkhill Harriers
116	17:40	Emma	Gilmour	F	U20	VP-Glasgow AC
117	17:42	Sheila	Lewis	F	50	Giffnock North AC
118	17:43	Mary	Western	F	55	Fife AC
119	17:43	Lorraine	Macpherson	F	40	Perth RR
120	17:44	Clare	Wallace	F	U20	Giffnock North AC

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Pos	Time	Forename	Surname	M/F	Cat	Club
121	17:48	Claire	Douglas	F	45	Perth RR
122	17:52	Emma	Hunter	F		Motherwell AC
123	17:53	Nicola	Ross	F	45	Corstorphine AAC
124	17:55	Karen	Patel	F	45	West End RR
125	17:57	Katy	Mcgonigal	F	U20	Strathclyde Univ Harriers
126	17:58	Kerry	Gibson	F		Fife AC
127	17:59	Hannah	Waugh	F		Edinburgh AC
128	18:02	Sarah	Paterson	F		Strathclyde Univ Harriers
129	18:04	Rhona	Proctor	F		West End RR
130	18:05	Elizabeth	Thompson	F	U20	Central AC
131	18:06	Michelle	Best	F	40	Carnegie Harriers
132	18:06	Rebecca	Simister	F		Bellahouston Harriers
133	18:13	Sandra	Campbell	F	40	Greenock Glenpark Harriers
134	18:13	Alison	Wood	F		Garscube Harriers
135	18:16	Bernadette	Oneil	F	50	Cambuslang Harriers
136	18:17	Lindsay J	Wilson	F	40	Fife AC
137	18:18	Rebecca	Reader	F		Fife AC
138	18:19	Reagan	Binnie	F		Law & District AAC
139	18:20	Fiona	Macfarlane	F		Lothian RC
140	18:27	Ann	White	F	65	Garscube Harriers
141	18:29	Kellyanne	Muir	F		Fife AC
142	18:29	Christina	Whitelaw Collins	F		Larkhall YMCA Harriers
143	18:30	Gail	Murdoch	F	50	Carnegie Harriers
144	18:30	Ann	Knox	F		Bellahouston Harriers
145	18:31	Eilidh	Mccallum	F	U20	Falkirk Victoria Harriers
146	18:32	Donna	Campbell	F	40	Greenock Glenpark Harriers
147	18:34	Joy	Gudgin	F	55	Carnegie Harriers
148	18:40	Stephanie	Lillie	F	45	Giffnock North AC
149	18:40	Lindsay	Johnson	F		Kilmarnock H&AC
150	18:44	Morag	Casey	F	45	Garscube Harriers
151	18:45	Cordelia	O'Neill	F		West End RR
152	18:45	Innes	Bracegirdle	F	60	Fife AC
153	18:47	Claire	Harris	F		Lothian RC
154	18:48	Suzanne	Busser	F		Portobello RC
155	18:51	Robyn	Millar	F		Bellahouston Harriers
156	18:52	Marian	Monk	F	45	Greenock Glenpark Harriers
157	18:53	Aileen	Wilson	F	45	Garscube Harriers
158	18:54	Angela	Howe	F	45	Fife AC
159	19:03	Martha	Lovatt	F		Garscube Harriers
160	19:04	Louise	Burt	F	55	Fife AC

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Pos	Time	Forename	Surname	M/F	Cat	Club
161	19:04	Eleanor	Murray	F		Fife AC
162	19:05	Hannah	Lynch	F	U20	Shettleston Harriers
163	19:08	Frances	Wood	F	60	Linlithgow AC
164	19:09	Clare	Graham	F	50	PH Racing Club
165	19:10	Lou Ella	Cole	F	40	Perth RR
166	19:12	Danielle	Macdermid	F	U20	Dundee Hawkhill Harriers
167	19:14	Kirsty	Mcnulty	F	45	Kilmarnock H&AC
168	19:16	Elaine	Walker	F	40	Harmeny AC
169	19:16	Eileen	Maxwell	F	55	Gala Harriers
170	19:17	Tessa	Ward	F	50	Perth RR
171	19:18	Lucy	Haines	F		Edinburgh Univ Hare and Hounds
172	19:19	Jane	Waterhouse	F	65	Central AC
173	19:21	Angela	Carson	F	50	Giffnock North AC
174	19:24	Lesley	Reynolds	F	50	Carnegie Harriers
175	19:31	Susan	Ross	F	50	Harmeny AC
176	19:32	Nicola	Flynn	F	45	Falkirk Victoria Harriers
177	19:33	Marie-Louise	Slater	F		Strathclyde Univ Harriers
178	19:35	Lindsey	Shields Waters	F	50	West End RR
179	19:38	Patricia	Gallagher	F	50	Giffnock North AC
180	19:40	Morven	Glennie	F		Airdrie Harriers
181	19:40	Linden	Nicholson	F	65	Lasswade AC
182	19:41	Alison	Caldwell	F		Carnethy Hill Racing Club
183	19:45	Kirsty	Hughes	F	40	Teviotdale Harriers
184	19:47	Monica	Anderson	F	50	Falkirk Victoria Harriers
185	19:48	Jill	Horsburgh	F	60	Linlithgow AC
186	19:50	Gemma	Kirwan	F	50	East Kilbride AC
187	19:51	Susan	Law	F	40	Harmeny AC
188	19:52	Joni	Lindsay	F		Bellahouston RR
189	19:55	Louise	Love	F	45	VP-Glasgow AC
190	20:01	Emma	Purdie	F	U20	Shettleston Harriers
191	20:02	Andrea	Seabrook	F	45	Lothian RC
192	20:05	Fiona	Manson	F	50	Perth RR
193	20:07	Claire	Gilchrist	F	50	Ferranti AAC
194	20:08	Melanie	Carmichael	F		Garscube Harriers
195	20:09	Shery	Johnston	F	50	Portobello RC
196	20:13	Helena	Sim	F	55	Carnegie Harriers
197	20:15	Emily	Jackson	F		Bellahouston Harriers
198	20:15	Janet	Murray	F		Dundee RR
199	20:15	Karen	Forsyth	F		Carnegie Harriers
200	20:17	Wendy	Cunningham	F	50	Harmeny AC

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Kirkcaldy High School

2019 Senior Women

Pos	Time	Forename	Surname	M/F	Cat	Club
201	20:20	Sandra	Aitken	F	60	Fife AC
202	20:20	Margaret	Newell	F		Law & District AAC
203	20:28	Beth	Murrison	F	40	West End RR
204	20:31	Kirsty	Hurt	F		West End RR
205	20:33	Fiona	Kirkhope	F		Fife AC
206	20:34	Nicola	Moriarty	F	45	Pitreavie AAC
207	20:38	Lorraine	Buchanan	F	40	Calderglen Harriers
208	20:40	Samantha	Denis	F	45	Harmeny AC
209	20:42	Heather	Ballantyne	F	50	Dundee RR
210	20:47	Leona	Doherty	F	40	Pitreavie AAC
211	20:49	Joyce	Donald	F	50	Dundee Hawkhill Harriers
212	20:49	Roz	Wilson	F	50	Bellahouston RR
213	20:51	Raghd	Musleh	F	40	West End RR
214	20:59	Natalie	Mcgill	F	40	Carnegie Harriers
215	21:02	Ruth	Kirk	F	45	Ayr Seaforth AC
216	21:03	Kerry	Hunter	F		Carnegie Harriers
217	21:05	Julie	Stewart	F		Fife AC
218	21:15	Linda	Wood	F	50	Bellahouston Harriers
219	21:25	Shirley	Macnab	F	55	Kirkintilloch Olympians
220	21:28	Sarah	Jones	F		West End RR
221	21:31	Harriet	Shaw	F		Perth RR
222	21:34	Teresa	Lynch	F	50	Lothian RC
223	21:37	June	Macleod	F	60	Bellahouston Harriers
224	21:41	Rachel	Wardrope	F	U20	Cambuslang Harriers
225	21:45	Gillian	Ireland	F		Falkland Trail Runners
226	21:47	Louise	Waywell	F	50	Perth RR
227	21:53	Jocelyn	Scott	F	65	Fife AC
228	22:04	Kirsty	Gray	F		Lothian RC
229	22:10	Hannah	Pettigrew	F		Edinburgh Univ Hare and Hounds
230	22:13	Karen	Campbell	F	55	Falkland Trail Runners
231	22:15	Siobhan	Sellar	F	50	Ferranti AAC
232	22:17	Margaret	Mccartney	F	45	West End RR
233	22:24	Dawn	Watson	F	50	Lothian RC
234	22:25	Anne	Cairns	F	50	East Kilbride AC
235	22:35	Margaret	Robertson	F	70	Dundee RR
236	23:05	Gillian	Glass	F	45	Bellahouston Harriers
237	23:05	Ishbel	Inglis	F	U20	Teviotdale Harriers
238	23:23	Elaine	Sandeman	F	60	Harmeny AC
239	23:28	Fiona	Mollison	F	50	East Kilbride AC
240	23:29	Pamela	Lorimer	F	45	Harmeny AC

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2019 4KXC All Provisional Results

Kirkcaldy High School

2019SeniorWomen

Pos	Time	Forename	Surname	M/F	Cat	Club
241	23:33	Catriona	Gourley	F	55	Giffnock North AC
242	23:41	Elizabeth	Short	F	45	Garscube Harriers
243	23:51	Patricia	Hampton	F	70	Harmeny AC
244	23:53	Claire	Cunningham	F	40	Lothian RC
245	23:58	Susan	Bothwell	F	60	Perth RR
246	24:02	Sandra	Dickson	F	50	Kilmarnock H&AC
247	24:24	Margaret	Cavanagh	F	70	Fife AC
248	24:47	Anne	Bell	F	60	Perth RR
249	24:59	Pamela	Newell	F	U20	Law & District AAC
250	26:10	Sarah	Swan	F	50	Perth RR
251	29:30	Sarah	Berry	F	45	West End RR

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Saturday 9th November 2019

2019 4KXC All Provisional Results

Kirkcaldy High School

SW Teams

Senior Women

Pos	Club	Points	Pos	Time	Name
1	Edinburgh Univ Hare and Hounds	46	5	0:14:15	Holly Page
			8	0:14:27	Zoe Pflug
			13	0:14:43	Constance Nankivell
			20	0:15:05	Katie Lowery
2	Fife AC	76	1	0:13:57	Annabel Simpson
			2	0:14:04	Jenny Selman
			30	0:15:25	Jennifer Spence
			43	0:15:40	Laura Gibson
3	Edinburgh AC	77	9	0:14:32	Lauren Wilson
			16	0:14:54	Hannah Cameron
			25	0:15:15	Zoe Bates
			27	0:15:23	Rebecca Burns
4	Giffnock North AC	96	7	0:14:25	Erin Wallace
			15	0:14:51	Katy Brown
			34	0:15:29	Yvonne Mcnairn
			40	0:15:38	Jill Smylie
5	VP-Glasgow AC	125	12	0:14:41	Holly Little
			18	0:15:00	Philippa Millage
			47	0:15:45	Becky Dunphy
			48	0:15:53	Suzanne Gilmour
6	Shettleston Harriers	155	17	0:14:56	Kayleigh Jarrett
			22	0:15:07	Avril Mason
			38	0:15:34	Ruth Joss
			78	0:16:41	Charlene Manley
7	Inverness Harriers AAC	168	3	0:14:08	Megan Keith
			19	0:15:04	Emily Andrew
			69	0:16:27	Heather Campbell
			77	0:16:40	Sophie Young
8	Kilbarchan AAC	242	14	0:14:43	Kerry Macangus
			50	0:15:55	Holly Thompson
			82	0:16:46	Libby Sutherland
			96	0:17:14	Eilidh Gibson
9	Glasgow University Hares and Hounds	245	39	0:15:38	Aoife Carr
			57	0:16:00	Clare Stewart
			64	0:16:18	Alicia Paton
			85	0:16:51	Isabella Sheldon
10	Strathclyde Univ Harriers	268	49	0:15:55	Lucy Cameron
			54	0:15:59	Emily Mcnicol
			71	0:16:28	Madeleine Watson
			94	0:17:12	Joanna Gillies

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Kirkcaldy High School

SW Teams

Senior Women

Pos	Club	Points	Pos	Time	Name
11	Garscube Harriers	286	31	0:15:25	Katie White
			79	0:16:41	Gillian Blee
			81	0:16:42	Yvonne Burgess
			95	0:17:13	Laura Gray
12	Gala Harriers	343	35	0:15:31	Kirstin Maxwell
			37	0:15:32	Sara Green
			102	0:17:22	Julia Johnstone
			169	0:19:16	Eileen Maxwell
13	Bellahouston RR	393	24	0:15:12	Catriona Macdonald
			72	0:16:29	Louise Ross
			109	0:17:33	Isla Mcintosh
			188	0:19:52	Joni Lindsay
14	PH Racing Club	407	76	0:16:36	Julie Menzies
			83	0:16:47	Karen Kennedy
			84	0:16:48	Alison McGill
			164	0:19:09	Clare Graham
15	Falkirk Victoria Harriers	410	28	0:15:24	Olivia Vareille
			61	0:16:09	Fiona Matheson
			145	0:18:31	Eilidh Mccallum
			176	0:19:32	Nicola Flynn
16	Bellahouston Harriers	451	65	0:16:20	Kristina Greig
			110	0:17:33	Lynne Bruce
			132	0:18:06	Rebecca Simister
			144	0:18:30	Ann Knox
17	West End RR	459	55	0:15:59	Ana Richardson
			124	0:17:55	Karen Patel
			129	0:18:04	Rhona Proctor
			151	0:18:45	Cordelia O'Neill
18	Central AC	486	70	0:16:28	Claire Houston
			114	0:17:39	Patricia Milne
			130	0:18:05	Elizabeth Thompson
			172	0:19:19	Jane Waterhouse
19	Carnegie Harriers	521	100	0:17:21	Alison Sutherland
			131	0:18:06	Michelle Best
			143	0:18:30	Gail Murdoch
			147	0:18:34	Joy Gudgin
20	Perth RR	575	119	0:17:43	Lorraine Macpherson
			121	0:17:48	Claire Douglas
			165	0:19:10	Lou Ella Cole
			170	0:19:17	Tessa Ward

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Kirkcaldy High School

SW Teams

Senior Women

Pos	Club	Points	Pos	Time	Name
21	Dundee Hawkhill Harriers	585	93	0:17:10	Diane Placentino
			115	0:17:39	Shania King
			166	0:19:12	Danielle Macdermid
			211	0:20:49	Joyce Donald
22	Lothian RC	586	103	0:17:23	Yvonne Crilly
			139	0:18:20	Fiona Macfarlane
			153	0:18:47	Claire Harris
			191	0:20:02	Andrea Seabrook
23	Harmeny AC	730	168	0:19:16	Elaine Walker
			175	0:19:31	Susan Ross
			187	0:19:51	Susan Law
			200	0:20:17	Wendy Cunningham
24	East Kilbride AC	751	92	0:17:09	Kelly Baillie
			186	0:19:50	Gemma Kirwan
			234	0:22:25	Anne Cairns
			239	0:23:28	Fiona Mollison

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2019 Senior Men

Pos	Time	Forename	Surname	M/F	Cat	Club
1	11:54	Andrew	Butchart	M		Central AC
2	11:55	Sol	Sweeney	M		Glasgow University Hares and Hounds
3	11:58	Carl	Avery	M		Morpeth Harriers
4	12:02	Jamie	Crowe	M		Central AC
5	12:07	Kristian	Jones	M		Dundee Hawkhill Harriers
6	12:11	Ryan	Thomson	M		Cambuslang Harriers
7	12:13	Jonathan	Glen	M		Inverclyde AC
8	12:16	Michael	Ferguson	M		Aberdeen AAC
9	12:16	Lachlan	Oates	M		Shettleston Harriers
10	12:20	Connor	Maclean	M		Kilbarchan AAC
11	12:20	Lewis	Rodgers	M		Fife AC
12	12:21	Freddie	Carcas	M	U20	Edinburgh AC
13	12:22	Jack	Leitch	M		Edinburgh Univ Hare and Hounds
14	12:28	Cameron	Strachan	M		Metro Aberdeen RC
15	12:31	James	Donald	M		Dundee Hawkhill Harriers
16	12:34	Hamish	Hickey	M	U20	Central AC
17	12:35	Kristof	Hornyik	M	U20	Dundee Hawkhill Harriers
18	12:36	Alexander	Brown	M		Morpeth Harriers
19	12:39	Fraser	Stewart	M		Cambuslang Harriers
20	12:40	Tom	Martyn	M		Corstorphine AAC
21	12:40	Michael	Christoforou	M		Edinburgh AC
22	12:41	Calum	Mckenzie	M		Corstorphine AAC
23	12:41	Matthew	Turner	M		Shettleston Harriers
24	12:42	James	Gillon	M	U20	Law & District AAC
25	12:43	Christian	Graham	M	U20	Lasswade AC
26	12:43	Dougie	Selman	M		Corstorphine AAC
27	12:46	Andrew	Macangus	M	U20	Kilbarchan AAC
28	12:47	Thomas	Berry	M	U20	Garscube Harriers
29	12:50	Cameron	Smith	M		Glasgow University Hares and Hounds
30	12:52	Ben	Macmillan	M	U20	Central AC
31	12:53	James	Hoad	M		Aberdeen AAC
32	12:54	Tom	Graham-Marr	M	U20	Central AC
33	12:56	Joe	Ewing	M	U20	Edinburgh AC
34	12:56	Iain	Whitaker	M		Edinburgh AC
35	12:57	Jamie	Mackinnon	M		Cambuslang Harriers
36	12:59	Darrell	Hastie	M		Gala Harriers
37	13:01	Alex	Carcas	M		Edinburgh Univ Hare and Hounds
38	13:02	Callum	Tharme	M	U20	Edinburgh Univ Hare and Hounds
39	13:03	Jamie	Burns	M	U20	Shettleston Harriers
40	13:03	Grant	Baillie	M	40	East Kilbride AC

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Kirkcaldy High School

2019 Senior Men

Pos	Time	Forename	Surname	M/F	Cat	Club
41	13:05	Craig	Jardine	M		Cambuslang Harriers
42	13:07	Sunny	Mcgrath	M	U20	Aberdeen AAC
43	13:10	Kane	Elliott	M	U20	Falkirk Victoria Harriers
44	13:10	Adam	Brown	M	U20	Aberdeen AAC
45	13:10	Daniel	Stansfield	M		Edinburgh Univ Hare and Hounds
46	13:11	Ryan	Donald	M	U20	Dundee Hawkhill Harriers
47	13:11	Cameron	Watson	M	U20	Inverclyde AC
48	13:12	Michael	Wright	M		Central AC
49	13:13	Ben	Ward	M		Metro Aberdeen RC
50	13:15	Finlay	Murray	M		East Sutherland AC
51	13:18	Colin	Reilly	M		Cambuslang Harriers
52	13:18	Adam	Hay	M	U20	Inverclyde AC
53	13:18	Craig	Campbell	M		Inverness Harriers AAC
54	13:19	Robbie	Ferguson	M		Kilbarchan AAC
55	13:20	Leon	Johnson	M	40	Edinburgh AC
56	13:22	Martin	Lynas	M		East Kilbride AC
57	13:22	Boyan	Ivandjиков	M	U20	Edinburgh Univ Hare and Hounds
58	13:22	Magnus	Tait	M	U20	Glasgow University Hares and Hounds
59	13:23	Steven	Murray	M		Aberdeen AAC
60	13:23	Miguel	Delgado Sillero	M		Bellahouston Harriers
61	13:24	James	Waldie	M		Hunters Bog Trotters
62	13:25	Ryan	Donnelly	M	U20	Cambuslang Harriers
63	13:25	Greg	Templeton	M		Bellahouston Harriers
64	13:26	Euan	Webster	M		Aberdeen AAC
65	13:26	Iain	Mcwhinnie	M	U20	Fife AC
66	13:27	Jonathan	Roebuck	M		Inverclyde AC
67	13:27	Benjamin	Hukins	M	40	Cambuslang Harriers
68	13:29	Telfer	Gray	M	U20	Central AC
69	13:29	Scott	Brember	M	45	Central AC
70	13:30	John	Macleod	M		Corstorphine AAC
71	13:31	Richard	Carr	M		Cambuslang Harriers
72	13:31	Alistair	Gudgin	M		Fife AC
73	13:32	Jamie	Mclaren	M		Strathclyde Univ Harriers
74	13:33	Sam	Brown	M	U20	Edinburgh AC
75	13:33	Iain	Macdonald	M		Edinburgh AC
76	13:35	Aaron	Odentz	M		Aberdeen AAC
77	13:35	Thomas	Ross	M	U20	Corstorphine AAC
78	13:36	Nikolai	Gajic	M	U20	Giffnock North AC
79	13:36	Rory	Anderson	M		Teviotdale Harriers
80	13:37	David	Gardiner	M	50	Motherwell AC

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Pos	Time	Forename	Surname	2019SeniorMen	
				M/F	Cat Club
81	13:38	Mark	Pollard	M	Inverclyde AC
82	13:39	Luke	Davidson	M	U20 Inverness Harriers AAC
83	13:40	Tom	Ferrington	M	40 Corstorphine AAC
84	13:40	Ewan	Davidson	M	Moray RR
85	13:40	Sandy	Holl	M	U20 Central AC
86	13:41	Alastair	Thomas	M	U20 Edinburgh Univ Hare and Hounds
87	13:42	Gavin	Mcwhinnie	M	U20 Fife AC
88	13:43	Moray	Anderson	M	40 Corstorphine AAC
89	13:43	Kenneth	Neill	M	40 Ayr Seaforth AC
90	13:43	Aidan	Shea	M	U20 Central AC
91	13:44	Fraser	Logan	M	Central AC
92	13:48	Craig	Morris	M	U20 Fife AC
93	13:48	Jim	Tole	M	40 Metro Aberdeen RC
94	13:49	Russell	Hall	M	Fife AC
95	13:50	Stuart	Johnston	M	40 Edinburgh AC
96	13:51	Marc	Pollock	M	Kirkintilloch Olympians
97	13:51	Nicholas	Allen	M	Edinburgh Univ Hare and Hounds
98	13:52	Chris	Richardson	M	Metro Aberdeen RC
99	13:52	John	Coyle	M	45 Garscube Harriers
100	13:53	Lewis	Tharme	M	U20 Gala Harriers
101	13:53	Malcolm	Lang	M	40 Corstorphine AAC
102	13:54	Seumas	Mackay	M	U20 Shetland AAC
103	13:54	Myles	Bax	M	Edinburgh AC
104	13:55	Ryan	Lafferty	M	Fife AC
105	13:55	Adam	Scott	M	U20 Fife AC
106	13:56	Stephen	Addison	M	U20 Glasgow University Hares and Hounds
107	13:56	Cameron	Sale	M	U20 Dundee Hawkhill Harriers
108	13:58	Ruairidh	Campbell	M	45 Metro Aberdeen RC
109	13:58	Stuart	Miller	M	Bellahouston Harriers
110	14:00	Matt	Bird	M	Portobello RC
111	14:00	Kenny	Garden	M	Metro Aberdeen RC
112	14:01	Andrew	Harkins	M	40 Inverclyde AC
113	14:05	Calum	Oates	M	Shettleston Harriers
114	14:06	Jonathan	Kennedy	M	Law & District AAC
115	14:07	Cameron	Steven	M	Lasswade AC
116	14:08	Christopher	Mclew	M	U20 Cambuslang Harriers
117	14:08	Rory	Scott	M	Fife AC
118	14:09	Tom	Ireland	M	U20 Edinburgh AC
119	14:09	James	Slimon	M	U20 Highland Hill Runners
120	14:10	Jack	Bell	M	U20 Giffnock North AC

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Kirkcaldy High School

2019SeniorMen					
Pos	Time	Forename	Surname	M/F	Cat Club
121	14:11	Adam	Gray	M	Penicuik Harriers
122	14:12	Paul	Sorrie	M	40 Shettleston Harriers
123	14:13	Nick	Bennett	M	Edinburgh Univ Hare and Hounds
124	14:13	Alexander	Bell	M	U20 Edinburgh Univ Hare and Hounds
125	14:13	Calum	Phillip	M	U20 Stirling University AC
126	14:13	Andrew	Robertson	M	U20 Giffnock North AC
127	14:14	Fraser	Kelly	M	U20 Team East Lothian
128	14:14	Daniel	Smith	M	Edinburgh Univ Hare and Hounds
129	14:14	Robert	Sellar	M	40 PH Racing Club
130	14:15	Ben	Nelson	M	Aberdeen AAC
131	14:19	Michael	Mcconnell	M	PH Racing Club
132	14:19	David	Tamburini	M	45 Inverclyde AC
133	14:20	Gordon	Barrie	M	45 Dundee Hawkhill Harriers
134	14:21	Johnny	Lawson	M	40 Portobello RC
135	14:22	Jonathan	Peebles	M	40 PH Racing Club
136	14:23	Fraser	Drummond	M	Glasgow University Hares and Hounds
137	14:23	Chris	Greenhalgh	M	45 Giffnock North AC
138	14:24	Matthew	Gillon	M	U20 Law & District AAC
139	14:25	Daniel	Scroop	M	45 Garscube Harriers
140	14:25	Richard	Meade	M	40 Edinburgh AC
141	14:25	Andrew	Carey	M	U20 Cambuslang Harriers
142	14:26	Andrew John	Ferguson	M	Aberdeen AAC
143	14:26	Grahame	Hopper	M	Ayr Seaforth AC
144	14:26	Greg	Walker	M	Teviotdale Harriers
145	14:26	Keir	Howlieson	M	U20 Central AC
146	14:26	Andrew	Merry	M	Glasgow University Hares and Hounds
147	14:26	Josh	Wood	M	Stirling University AC
148	14:27	Paul	Kieran	M	40 PH Racing Club
149	14:28	Jackson	Woodruff	M	Edinburgh Univ Hare and Hounds
150	14:29	Billy	Gibson	M	40 Dundee Hawkhill Harriers
151	14:30	Alan	Mollins	M	U20 Greenock Glenpark Harriers
152	14:31	Nicholas	Gemmell	M	45 Inverclyde AC
153	14:32	Stephen	Allen	M	50 Motherwell AC
154	14:32	Andrew	Kirk	M	Kirkintilloch Olympians
155	14:34	Euan	Boyle	M	U20 Fife AC
156	14:36	Nathan	Tosh	M	U20 Metro Aberdeen RC
157	14:36	David	Knight	M	50 Perth RR
158	14:36	Gary	Trewartha	M	40 Gala Harriers
159	14:37	Ross	Hill	M	Law & District AAC
160	14:38	Jordan	Orr	M	Giffnock North AC

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Pos	Time	Forename	Surname	2019SeniorMen	
				M/F	Cat Club
161	14:38	Grant	Murphy	M	Bellahouston RR
162	14:40	Matthew	Dailey	M	U20 Edinburgh Univ Hare and Hounds
163	14:41	Malcolm	Fraser	M	Edinburgh AC
164	14:41	Alastair	Walker	M	60 Teviotdale Harriers
165	14:43	Craig	Ferguson	M	Kilmarnock H&AC
166	14:43	Stephen	Brown	M	West End RR
167	14:44	Oliver	Traynor	M	Giffnock North AC
168	14:44	Duncan	Ryan	M	50 Perth RR
169	14:45	Michael	Paxton	M	Shettleston Harriers
170	14:45	Timothy	Martin	M	Garscube Harriers
171	14:46	Daniel	Monaghan	M	PH Racing Club
172	14:46	Ryan	Kirkland	M	U20 Lothian RC
173	14:47	Stuart	Campbell	M	50 Corstorphine AAC
174	14:48	Gary	Mcpake	M	U20 Glasgow School of Sport
175	14:49	Keith	Ovenstone	M	40 Corstorphine AAC
176	14:49	Joe	Donnelly	M	U20 Team East Lothian
177	14:50	Allan	Cameron	M	45 Motherwell AC
178	14:50	Brent	Brodie	M	45 Bellahouston Harriers
179	14:52	Kai	Newell	M	U20 Cambuslang Harriers
180	14:52	David	Stevens	M	Metro Aberdeen RC
181	14:52	Stuart	Kerr	M	Kilbarchan AAC
182	14:53	Chris	Upton	M	55 Cambuslang Harriers
183	14:53	Munro	Stewart	M	Dundee Hawkhill Harriers
184	14:54	Craig	Freshwater	M	Hunters Bog Trotters
185	14:56	Sandy	Gilhooly	M	Glasgow University Hares and Hounds
186	14:56	Fraser	Armstrong	M	Bellahouston Harriers
187	14:56	Samuel	Mcintosh	M	Lothian RC
188	14:57	Scott	Partyka	M	
189	14:58	Steven	George	M	Falkirk Victoria Harriers
190	14:58	Ross	Meachern	M	50 Cumbernauld AAC
191	14:58	Colin	Somerville	M	PH Racing Club
192	15:02	Gregor	Knight	M	U20 Perth Strathtay Harriers
193	15:02	Stuart	Tite	M	PH Racing Club
194	15:02	Scott	Mason	M	Bellahouston Harriers
195	15:03	David	Scott	M	40 Kinross RR
196	15:03	David	Hogg	M	45 Cumbernauld AAC
197	15:04	Andrew	Carrick	M	Edinburgh Univ Hare and Hounds
198	15:05	Iain	Macleod	M	45 Corstorphine AAC
199	15:06	Ted	Gourley	M	55 Giffnock North AC
200	15:07	Jason	Kane	M	Inverclyde AC

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2019 4KXC All Provisional Results

Kirkcaldy High School

Pos	Time	Forename	Surname	2019SeniorMen		Club
				M/F	Cat	
201	15:08	Alexander	Chalmers	M	50	Garscube Harriers
202	15:09	Euan	McInnes	M	45	Lothian RC
203	15:09	Stuart	Laurence	M		Bellahouston RR
204	15:10	Andrew	Irvine	M		Stirling University AC
205	15:10	Sam	Scobie	M	U20	Wee County Harriers
206	15:12	Dino	Roussias	M	45	Metro Aberdeen RC
207	15:12	Colin	Welsh	M		Teviotdale Harriers
208	15:12	James	Hall	M	40	Fife AC
209	15:13	Nicholas	Hughes	M		Motherwell AC
210	15:15	Michael	Souter	M		Perth RR
211	15:16	Walter	Henderson	M	50	Shettleston Harriers
212	15:16	Iain	Niblock	M		Edinburgh AC
213	15:17	Christopher	O'Brien	M		Corstorphine AAC
214	15:18	Iain	Robertson	M	40	Clydesdale Harriers
215	15:20	Gregor	Crawford	M		Bellahouston RR
216	15:20	Paul	Friend	M		Inverclyde AC
217	15:20	Daniel	Rivera	M	50	Edinburgh AC
218	15:22	David	Eckersley	M	55	Central AC
219	15:22	David	Limmer	M		Portobello RC
220	15:23	Ben	Kinninmonth	M		Fife AC
221	15:23	Wright	Beveridge	M	45	PH Racing Club
222	15:23	Donald	Maclaren	M	40	Bellahouston Harriers
223	15:24	Daniel	O'Donnell	M	U20	Giffnock North AC
224	15:24	Calum	Ferguson	M		Bellahouston Harriers
225	15:24	Kenny	Gorman	M		Fife AC
226	15:25	James	Weir	M		Bellahouston Harriers
227	15:29	Graeme	Gallie	M	40	Cambuslang Harriers
228	15:29	Paul	Mcmonagle	M	50	Cumbernauld AAC
229	15:31	Ben	Macdermid	M	U20	Dundee Hawkhill Harriers
230	15:32	Robert	McLennan	M	60	Garscube Harriers
231	15:33	Fraser	Mcgillivray	M		Aberdeen AAC
232	15:33	Kieran	Pugh	M		Strathclyde Univ Harriers
233	15:33	Oliver	Reilly	M		Greenock Glenpark Harriers
234	15:33	Steven	Reid	M	40	Ayr Seaforth AC
235	15:35	Gary	Mckenna	M	40	Falkirk Victoria Harriers
236	15:36	Sam	Burton	M	U20	Central AC
237	15:37	Iain	Craven	M	40	Edinburgh AC
238	15:39	Scott	Strachan	M	45	Kinross RR
239	15:41	John	Crookston	M	60	PH Racing Club
240	15:42	Jeff	Farquhar	M	60	Pitreavie AAC

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Kirkcaldy High School

Pos	Time	Forename	Surname	2019SeniorMen	
				M/F	Cat Club
241	15:42	Charlie	Storrie	M	Dumfries RC
242	15:42	Ewen	Cameron	M	40 Motherwell AC
243	15:43	Brian	Lees	M	55 Lothian RC
244	15:43	Owen	Mcwilliams	M	Irvine RC
245	15:44	Scott	Wilson	M	45 Giffnock North AC
246	15:47	Jose	Leon	M	Edinburgh AC
247	15:47	James	Mcclafferty	M	U20 Law & District AAC
248	15:48	Dave	Clark	M	40 Falkland Trail Runners
249	15:49	Peter	Faulks	M	40 Falkirk Victoria Harriers
250	15:50	Thomas	Leeman	M	Edinburgh AC
251	15:50	Andrew	Ronald	M	50 Falkirk Victoria Harriers
252	15:54	Jonathan	Campbell	M	Pitreavie AAC
253	15:54	Andrew	Buchanan	M	Calderglen Harriers
254	15:54	Colin	Partridge	M	40 Lothian RC
255	15:57	Andrew	Laycock	M	50 Kinross RR
256	16:00	Graeme	Wiseman	M	45 Clydesdale Harriers
257	16:00	Mark	Young	M	Metro Aberdeen RC
258	16:01	Vincent	Carroll	M	50 Cumbernauld AAC
259	16:02	Luke	Kirwan	M	East Kilbride AC
260	16:02	Lewis	Orr	M	45 Edinburgh AC
261	16:04	Charles	Graham-Marr	M	60 Central AC
262	16:06	Des	Dickson	M	60 Cambuslang Harriers
263	16:07	Stephen	Dickson	M	45 Fife AC
264	16:10	Kevin	Rogers	M	45 Perth RR
265	16:10	Andrew	Mcglone	M	50 Lasswade AC
266	16:10	Glenn	Barclay	M	Fife AC
267	16:10	Jonathan	Millar	M	Carnegie Harriers
268	16:10	Robert	Dolan	M	45 Greenock Glenpark Harriers
269	16:11	David	Cathie	M	45 Whitemoss AAC
270	16:11	Alasdair	Meldrum	M	45 Ayr Seaforth AC
271	16:12	Mark	Welsford	M	45 Kirkintilloch Olympians
272	16:12	Billy	Stewart	M	PH Racing Club
273	16:12	Alan	Gibson	M	60 Fife AC
274	16:13	Stuart	Mccandless	M	45 Royal Mail Run GMC
275	16:14	John	Thomson	M	60 Fife AC
276	16:14	Andy	Macdonald	M	40 Giffnock North AC
277	16:15	Anthony	Mcparland	M	50 Bellahouston RR
278	16:16	Iain	Murphy	M	Bellahouston RR
279	16:17	Alexander	Chisholm	M	60 Garscube Harriers
280	16:18	Gary	Pirie	M	45 Falkland Trail Runners

Lindsays scottishathletics National Short Course Cross Country Championships

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2019 4KXC All Provisional Results

Kirkcaldy High School

Pos	Time	Forename	Surname	2019SeniorMen	
				M/F	Cat Club
281	16:20	Bryce	Aitken	M	60 Fife AC
282	16:20	Simon	Kirk	M	45 Ayr Seaforth AC
283	16:21	Donald	Maclean	M	U20 Giffnock North AC
284	16:22	David	Arnott	M	50 Corstorphine AAC
285	16:22	Jimmy	Mcintyre	M	45 Fife AC
286	16:23	Matthew	Strachan	M	55 Dundee Hawkhill Harriers
287	16:23	Iain	Dunsmore	M	50 Central AC
288	16:24	David	Worrall	M	40 Portobello RC
289	16:25	Ian	Maxwell	M	55 Gala Harriers
290	16:25	William	Jarvie	M	60 Portobello RC
291	16:26	Edward	Mcloone	M	Kirkintilloch Olympians
292	16:27	Malcolm	Parry	M	45 Edinburgh AC
293	16:28	Scott	Love	M	40 PH Racing Club
294	16:28	Michael	Lindsay	M	PH Racing Club
295	16:30	Anthony	Carson	M	Bellahouston Harriers
296	16:30	Martin	Maginnis	M	Linlithgow AC
297	16:32	Mark	Mclean	M	50 PH Racing Club
298	16:33	Sean	Casey	M	50 Cumbernauld AAC
299	16:34	Garry	Sturgeon	M	45 Giffnock North AC
300	16:38	Christopher	Reid	M	Dundee Hawkhill Harriers
301	16:43	Gavin	Phillip	M	50 Edinburgh AC
302	16:43	David	Cross	M	55 Edinburgh AC
303	16:44	Rob	Crusher	M	50 Giffnock North AC
304	16:45	Mark	Buchan	M	Fife AC
305	16:45	Andrew	Clark	M	West End RR
306	16:47	David	Henderson	M	Pitreavie AAC
307	16:49	Jean-Yves	Daniel	M	50 Airdrie Harriers
308	16:51	Damon	Thoms	M	45 Fife AC
309	16:51	Xavier	Despinoy	M	45 Edinburgh AC
310	16:52	David	Eames	M	Bellahouston Harriers
311	16:52	Simon	Grieshaber	M	50 Perth RR
312	16:54	Douglaa	Hill	M	55 Falkirk Victoria Harriers
313	16:55	Eamonn	Lawlor	M	West End RR
314	16:55	Cameron	Tweedie	M	U20 Livingston AC
315	16:57	Steven	Phillips	M	40 Airdrie Harriers
316	16:58	Barry	Davie	M	40 Carnegie Harriers
317	17:03	Daniel	O'Connell	M	50 Cambuslang Harriers
318	17:04	Kevin	Smith	M	60 Bellahouston Harriers
319	17:05	Robin	Livingstone	M	60 Perth RR
320	17:06	Mark	Western	M	50 Falkland Trail Runners

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2019 4KXC All Provisional Results

Kirkcaldy High School

2019 Senior Men					
Pos	Time	Forename	Surname	M/F	Cat Club
321	17:09	Sandy	Gardner	M	45 VP-Glasgow AC
322	17:09	Gerrard	O'Neil	M	40 East Kilbride AC
323	17:10	Paul	Wilson	M	Springburn Harriers
324	17:10	Alistair	Peat	M	40 Springburn Harriers
325	17:13	Graham	Wilde	M	40 Carnegie Harriers
326	17:14	Peter	Laing	M	55 Ayr Seaforth AC
327	17:15	Daniel	Smith	M	Strathclyde Univ Harriers
328	17:15	Gary	Rowan	M	Fife AC
329	17:16	Angus	Mcculloch	M	50 Kinross RR
330	17:17	Robert	White	M	50 Royal Mail Run GMC
331	17:18	Graham	Buchanan	M	Springburn Harriers
332	17:19	Iain	Morrison	M	55 Bellahouston Harriers
333	17:20	Joe	Chambers	M	Springburn Harriers
334	17:22	Martin	Kay	M	40 Law & District AAC
335	17:22	Paul	Houston	M	50 Bellahouston Harriers
336	17:22	Scott	Dickson	M	Motherwell AC
337	17:22	Benjamin	Noad	M	Central AC
338	17:23	Michael	Watts	M	Linlithgow AC
339	17:23	Ian Robert	Johnston	M	60 PH Racing Club
340	17:24	Dougie	Gowan	M	55 Edinburgh AC
341	17:24	Andrew	Ferguson Snr	M	55 Banchory Stonehaven AC
342	17:24	Calum	Mclean	M	Livingston AC
343	17:25	Max	Carcas	M	50 Edinburgh AC
344	17:26	Andy	Redman	M	55 Metro Aberdeen RC
345	17:27	Gary	Arthur	M	Motherwell AC
346	17:29	John	Hynd	M	60 Carnegie Harriers
347	17:32	Malcolm	Finlayson	M	50 Falkirk Victoria Harriers
348	17:32	Jeremy	Sutton-Hibbert	M	50 Bellahouston Harriers
349	17:34	Alan	Murray	M	45 Carnegie Harriers
350	17:34	Gavin	Orr	M	50 Kinross RR
351	17:37	Allen	Marr	M	60 PH Racing Club
352	17:39	Allon	Galbraith	M	60 Bellahouston RR
353	17:39	Mark	Milligan	M	45 Law & District AAC
354	17:40	Mark	Johnstone	M	45 Falkirk Victoria Harriers
355	17:42	James	Cathie	M	U20 Whitemoss AAC
356	17:43	Mark	Denholm	M	45 Penicuik Harriers
357	17:43	Michael	Kennedy	M	40 VP-Glasgow AC
358	17:45	Colin	Alexander	M	45 Central AC
359	17:49	Brian	Harper	M	45 Teviotdale Harriers
360	17:51	Daniel	Mclaughlin	M	60 Greenock Glenpark Harriers

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Saturday 9th November 2019

2019 4KXC All Provisional Results

Kirkcaldy High School

2019SeniorMen					
Pos	Time	Forename	Surname	M/F	Cat Club
361	17:53	George	Clerk	M	40 West End RR
362	17:55	Alexander	Bryce	M	55 Falkirk Victoria Harriers
363	17:59	Alastair	Murray	M	40 Lothian RC
364	18:00	Kevin	Murray	M	50 Falkland Trail Runners
365	18:00	Ian	Birch	M	45 Bellahouston Harriers
366	18:02	Brian	Miller	M	45 Carnegie Harriers
367	18:02	David	Hanlon	M	60 Dundee Hawkhill Harriers
368	18:03	David	Morton	M	40 Carnegie Harriers
369	18:05	William	Mcculloch	M	60 Gala Harriers
370	18:06	Adrian	Kearns	M	60 Garscube Harriers
371	18:09	Iain	Pettigrew	M	50 Ayr Seaforth AC
372	18:10	Craig	Shannon	M	Shettleston Harriers
373	18:11	Keith	Charters	M	50 East Kilbride AC
374	18:13	Jim	Holmes	M	50 Calderglen Harriers
375	18:19	Paul	Harkins	M	40 Fife AC
376	18:19	Michael	Carlin	M	40 East Kilbride AC
377	18:23	Kenny	Leinster	M	60 Calderglen Harriers
378	18:23	Scott	Kelman	M	Motherwell AC
379	18:23	David	Nugent	M	U20 Law & District AAC
380	18:25	Mark	Grant	M	40 Shettleston Harriers
381	18:27	Brian R	Smith	M	60 Fife AC
382	18:32	Andrew	Anderson	M	55 Dunbar RC
383	18:33	Christopher	Smith	M	50 Giffnock North AC
384	18:37	Grant	Sellar	M	50 Ferranti AAC
385	18:46	Stephen	Hall	M	45 Giffnock North AC
386	18:46	David	Stokoe	M	45 Perth RR
387	18:48	Stuart	Mccolm	M	50 Ayr Seaforth AC
388	18:50	Mike	Dales	M	60 Perth RR
389	18:51	Ryan	Nelson	M	Clydesdale Harriers
390	18:51	Alan	Innes	M	Portobello RC
391	18:52	James	Mclaren	M	55 Falkirk Victoria Harriers
392	18:53	Frank	Mcmahon	M	70 Greenock Glenpark Harriers
393	18:57	David	Wardrope	M	45 Calderglen Harriers
394	18:59	Andrew	Sim	M	50 Carnegie Harriers
395	19:02	Kieran	Morgan	M	55 Carnegie Harriers
396	19:05	Keith	Bonthrone	M	55 Fife AC
397	19:08	Euan	Macdermid	M	55 Dundee Hawkhill Harriers
398	19:10	Hugh	Laverty	M	60 Clydesdale Harriers
399	19:11	Conor	Doherty	M	Bellahouston Harriers
400	19:14	Ian	Donaldson	M	50 Fife AC

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Kirkcaldy High School

2019SeniorMen

Pos	Time	Forename	Surname	M/F	Cat	Club
401	19:15	John	Mill	M	55	Dundee RR
402	19:17	Marco	Placentino	M	50	Dundee Hawkhill Harriers
403	19:17	Allen	Campbell	M	45	West End RR
404	19:28	Patrick	Kelly	M	70	Law & District AAC
405	19:30	Russell	Couper	M	50	Calderglen Harriers
406	19:32	Barry	Maguire	M		Metro Aberdeen RC
407	19:34	Mark	Jones	M	45	Harmeny AC
408	19:36	Darren	Colquhoun	M		Airdrie Harriers
409	19:38	Stephen	Malcolm	M	50	Lothian RC
410	19:40	Kenny	Mearns	M	60	Lothian RC
411	19:49	Alastair	Mccallum	M	55	Falkirk Victoria Harriers
412	19:54	Gordon	Mcinally	M	50	Calderglen Harriers
413	19:54	Iain	Crawford	M	50	Cambuslang Harriers
414	19:55	Ewart	Scott	M	65	Lothian RC
415	19:59	Paul	Collins	M	50	Garscube Harriers
416	20:03	Craig	Shield	M		Pitreavie AAC
417	20:04	Simon	Mcdougall	M	40	Bellahouston Harriers
418	20:12	Thomas	Burridge	M		Bellahouston RR
419	20:27	Paul	Sutherland	M	65	Fife AC
420	20:42	Stephen	Baird	M	45	Falkirk Victoria Harriers
421	20:49	Gordon	Murray	M	65	West End RR
422	20:51	Paul	Toland	M		West End RR
423	21:15	Michael	Parsley	M	55	Pitreavie AAC
424	21:23	Alan	Bothwell	M	60	Perth RR
425	21:24	Stuart	Irvine	M	70	Garscube Harriers
426	21:33	Matthew	Campbell	M		Bellahouston RR
427	21:49	Stephen	Greer	M	60	Carnegie Harriers
428	22:42	Douglas	Dickson	M	50	Kilmarnock H&AC
429	22:53	Alex	Wood	M	65	Linlithgow AC
430	23:15	John	Mcintyre Snr	M	50	Fife AC
431	23:18	James	Dobbie	M		Strathclyde Univ Harriers
432	25:07	Sandy	Bell	M	50	Fife AC
433	25:35	Alex	Macewen	M	60	Edinburgh AC
434	25:50	Jim	Close	M	60	Falkland Trail Runners

SM Teams

Senior Men

Po: Club	Points	Pos	Time	Name
1 Central AC	51	1	0:11:54	Andrew Butchart
		4	0:12:02	Jamie Crowe
		16	0:12:34	Hamish Hickey
		30	0:12:52	Ben Macmillan
2 Dundee Hawkhill Harriers	83	5	0:12:07	Kristian Jones
		15	0:12:31	James Donald
		17	0:12:35	Kristof Hornyik
		46	0:13:11	Ryan Donald
3 Edinburgh AC	100	12	0:12:21	Freddie Carcas
		21	0:12:40	Michael Christoforou
		33	0:12:56	Joe Ewing
		34	0:12:56	Iain Whitaker
4 Cambuslang Harriers	101	6	0:12:11	Ryan Thomson
		19	0:12:39	Fraser Stewart
		35	0:12:57	Jamie Mackinnon
		41	0:13:05	Craig Jardine
5 Aberdeen AAC	125	8	0:12:16	Michael Ferguson
		31	0:12:53	James Hoad
		42	0:13:07	Sunny Mcgrath
		44	0:13:10	Adam Brown
6 Edinburgh Univ Hare and Hounds	133	13	0:12:22	Jack Leitch
		37	0:13:01	Alex Carcas
		38	0:13:02	Callum Tharme
		45	0:13:10	Daniel Stansfield
7 Corstorphine AAC	138	20	0:12:40	Tom Martyn
		22	0:12:41	Calum Mckenzie
		26	0:12:43	Dougie Selman
		70	0:13:30	John Macleod
8 Inverclyde AC	172	7	0:12:13	Jonathan Glen
		47	0:13:11	Cameron Watson
		52	0:13:18	Adam Hay
		66	0:13:27	Jonathan Roebuck
9 Shettleston Harriers	184	9	0:12:16	Lachlan Oates
		23	0:12:41	Matthew Turner
		39	0:13:03	Jamie Burns
		113	0:14:05	Calum Oates

SM Teams

Senior Men

Po: Club	Points	Pos	Time	Name
10 Glasgow University Hares and Hounds	195	2	0:11:55	Sol Sweeney
		29	0:12:50	Cameron Smith
		58	0:13:22	Magnus Tait
		106	0:13:56	Stephen Addison
11 Fife AC	235	11	0:12:20	Lewis Rodgers
		65	0:13:26	Iain Mcwhinnie
		72	0:13:31	Alistair Gudgin
		87	0:13:42	Gavin Mcwhinnie
12 Metro Aberdeen RC	254	14	0:12:28	Cameron Strachan
		49	0:13:13	Ben Ward
		93	0:13:48	Jim Tole
		98	0:13:52	Chris Richardson
13 Kilbarchan AAC	272	10	0:12:20	Connor Maclean
		27	0:12:46	Andrew Macangus
		54	0:13:19	Robbie Ferguson
		181	0:14:52	Stuart Kerr
14 Bellahouston Harriers	410	60	0:13:23	Miguel Delgado Sillero
		63	0:13:25	Greg Templeton
		109	0:13:58	Stuart Miller
		178	0:14:50	Brent Brodie
15 Law & District AAC	435	24	0:12:42	James Gillon
		114	0:14:06	Jonathan Kennedy
		138	0:14:24	Matthew Gillon
		159	0:14:37	Ross Hill
16 Garscube Harriers	436	28	0:12:47	Thomas Berry
		99	0:13:52	John Coyle
		139	0:14:25	Daniel Scroop
		170	0:14:45	Timothy Martin
17 Giffnock North AC	461	78	0:13:36	Nikolai Gajic
		120	0:14:10	Jack Bell
		126	0:14:13	Andrew Robertson
		137	0:14:23	Chris Greenhalgh
18 PH Racing Club	543	129	0:14:14	Robert Sellar
		131	0:14:19	Michael Mcconnell
		135	0:14:22	Jonathan Peebles
		148	0:14:27	Paul Kieran

SM Teams

Senior Men

Po: Club	Points	Pos	Time	Name
19 Gala Harriers	583	36	0:12:59	Darrell Hastie
	100		0:13:53	Lewis Tharme
	158		0:14:36	Gary Trewartha
	289		0:16:25	Ian Maxwell
20 Teviotdale Harriers	594	79	0:13:36	Rory Anderson
	144		0:14:26	Greg Walker
	164		0:14:41	Alastair Walker
	207		0:15:12	Colin Welsh
21 Motherwell AC	619	80	0:13:37	David Gardiner
	153		0:14:32	Stephen Allen
	177		0:14:50	Allan Cameron
	209		0:15:13	Nicholas Hughes
22 East Kilbride AC	677	40	0:13:03	Grant Baillie
	56		0:13:22	Martin Lynas
	259		0:16:02	Luke Kirwan
	322		0:17:09	Gerrard O'Neil
23 Falkirk Victoria Harriers	716	43	0:13:10	Kane Elliott
	189		0:14:58	Steven George
	235		0:15:35	Gary Mckenna
	249		0:15:49	Peter Faulks
24 Ayr Seaforth AC	736	89	0:13:43	Kenneth Neill
	143		0:14:26	Grahame Hopper
	234		0:15:33	Steven Reid
	270		0:16:11	Alasdair Meldrum
25 Portobello RC	751	110	0:14:00	Matt Bird
	134		0:14:21	Johnny Lawson
	219		0:15:22	David Limmer
	288		0:16:24	David Worrall
26 Perth RR	799	157	0:14:36	David Knight
	168		0:14:44	Duncan Ryan
	210		0:15:15	Michael Souter
	264		0:16:10	Kevin Rogers
27 Lothian RC	804	172	0:14:46	Ryan Kirkland
	187		0:14:56	Samuel Mcintosh
	202		0:15:09	Euan Mcinnes
	243		0:15:43	Brian Lees

SM Teams

Senior Men

Po: Club	Points	Pos	Time	Name
28 Kirkintilloch Olympians	812	96	0:13:51	Marc Pollock
		154	0:14:32	Andrew Kirk
		271	0:16:12	Mark Welsford
		291	0:16:26	Edward Mcloone
29 Bellahouston RR	856	161	0:14:38	Grant Murphy
		203	0:15:09	Stuart Laurence
		215	0:15:20	Gregor Crawford
		277	0:16:15	Anthony Mcparland
30 Cumbernauld AAC	872	190	0:14:58	Ross Mceachern
		196	0:15:03	David Hogg
		228	0:15:29	Paul Mcmonagle
		258	0:16:01	Vincent Carroll
31 Greenock Glenpark Harriers	1012	151	0:14:30	Alan Mollins
		233	0:15:33	Oliver Reilly
		268	0:16:10	Robert Dolan
		360	0:17:51	Daniel Mclaughlin
32 Kinross RR	1017	195	0:15:03	David Scott
		238	0:15:39	Scott Strachan
		255	0:15:57	Andrew Laycock
		329	0:17:16	Angus Mcculloch
33 Strathclyde Univ Harriers	1063	73	0:13:32	Jamie McLaren
		232	0:15:33	Kieran Pugh
		327	0:17:15	Daniel Smith
		431	0:23:18	James Dobbie
34 West End RR	1145	166	0:14:43	Stephen Brown
		305	0:16:45	Andrew Clark
		313	0:16:55	Eamonn Lawlor
		361	0:17:53	George Clerk
35 Falkland Trail Runners	1212	248	0:15:48	Dave Clark
		280	0:16:18	Gary Pirie
		320	0:17:06	Mark Western
		364	0:18:00	Kevin Murray
36 Pitreavie AAC	1214	240	0:15:42	Jeff Farquhar
		252	0:15:54	Jonathan Campbell
		306	0:16:47	David Henderson
		416	0:20:03	Craig Shield

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 9th November 2019

2019 4KXC All Provisional Results

Kirkcaldy High School

SM Teams

Senior Men

Po: Club	Points	Pos	Time	Name
37 Carnegie Harriers	1254	267	0:16:10	Jonathan Millar
		316	0:16:58	Barry Davie
		325	0:17:13	Graham Wilde
		346	0:17:29	John Hynd
38 Clydesdale Harriers	1257	214	0:15:18	Iain Robertson
		256	0:16:00	Graeme Wiseman
		389	0:18:51	Ryan Nelson
		398	0:19:10	Hugh Laverty
39 Springburn Harriers	1311	323	0:17:10	Paul Wilson
		324	0:17:10	Alistair Peat
		331	0:17:18	Graham Buchanan
		333	0:17:20	Joe Chambers
40 Calderglen Harriers	1397	253	0:15:54	Andrew Buchanan
		374	0:18:13	Jim Holmes
		377	0:18:23	Kenny Leinster
		393	0:18:57	David Wardrope