

Saturday 8th February Event 1 Heptathlon: #1 Men 60 m Senior Men

CBP: B 6.88 16/02/2019 Jack Phipps, Birchfield H
 2023: 7.02 28/01/2023 Adam Hoole Sen, Team East Lo

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

Section 1

1	Alister Mackay	TEAM EAST LOTHIAN	7.33	769
2	Stephen Bates	NUNEATON HARRIERS	7.50	713
3	Sulaiman Ouiles	CHELTENHAM A	7.54	700
4	Cal McLennan	BASINGSTOKE	7.58	687
5	Euan Wallace	CUMBERNAULD AAC	7.74	637
6	Jay Cook	BURY AC	7.85	604

Section 2

1	Adam Hoole	TEAM EAST LOTHIAN	6.96	897
2	Callum Newby	EDINBURGH AC	7.22	806
3	William Hodi	NAIRN AREA AAC	7.27	789
4	Conrad Winter	CITY OF NORWICH	7.35	762
5	Evan Campbell	JERSEY SPARTANS AC	7.38	752
6	Oliver Adnitt	KINGSTON UPO	7.38	752
7	Joe Frew	READING AC	7.46	726

Saturday 8th February Event 2 Heptathlon: #1 Men 60 m U20 Men

CBP: B 7.07 16/02/2019 Scott Connal U20, Edinburgh AC
 2023: 7.33 28/01/2023 Morgan White U20, Sale Harrier

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

Section 1

1	Zak Fearn U20	TEAM EAST LOTHIAN	7.05B	865
2	Luc Macleod U20	BANCHORY STO	7.51	710
3	Jack McInnes U20	PITREAVIE AAC	7.85	604

Saturday 8th February Event 3 Heptathlon: #1 Men 60 m U17 Men

CBP: B 7.20 04/03/2017 Robbie Farquhar, Aberdeen AAC
 2023: 7.59 28/01/2023 Corey Beechall U17, Liverpool Ha

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

1	Murray Taylor	INVERNESS HA	7.59	684
2	Ruaridh Brewer	VP-GLASGOW AC	7.87	598
3	Zach White	SPRINGBURN HARRIERS	8.04	548
4	Louis Vallet	ABERDEEN AAC	8.14	520
5	Alexander Edwards	ALTRINCHAM &	8.48	428

Section 2

1	Douglas Knox	SPRINGBURN HARRIERS	7.28	785
2	Nathan Mobbs	NORTH AYRSHIRE AAC	7.35	762
3	Ewan Andrews	ABERDEEN AAC	7.59	684
4	Oliver Cooper	BURY AC	7.90	589

Saturday 8th February Event 4 Heptathlon: #1 Men 60 m Mas Men

CBP: B 8.06 28/01/2023 Carson Graham 45, Shettleston
 2023: 8.06 28/01/2023 Carson Graham 45, Shettleston

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

Section 1

1	Grant Stirling	45	EASTBOURNE R	7.96B	684
2	Carson Graham	45	SHETTLESTON	8.00B	671
3	Ron Todd	60	CENTRAL AC	8.78	650
4	Andrew Pringle	60	REIGATE PRIORY AC	8.94	607
5	Brian Slaughter	65	EASTBOURNE R	9.16	622
6	Derek Glasgow	60	ARBROATH & D	9.39	492
7	Jerry Musselwhite	65	YATE & DISTRICT AC	9.69	492
8	Nicholas Walker	60	ST ALBANS AC	10.29	298

Saturday 8th February Event 5 Indoor Pentathlon: #1 Boys 60 m H U15 Boys

CBP: B 8.84 29/01/2022 Luke Pichler, Blyth Runnin
 2023: 9.53 28/01/2023 Douglas Knox, Springburn H

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

Section 2

1	Joseph Lanahan		SHETTLESTON	9.62	615
2	Tristan Wong		VP-GLASGOW AC	11.12	349
3	Calum Fitzgerald		KILMARNOCK H&AC	11.90	240
4	Tyler Philip		ABERDEEN AAC	12.06	219
5	Rory Logg		EDINBURGH AC	12.37	183

1	Michael Massey		PITREAVIE AAC	8.96	755
2	Matthew Blackhurst		MONTROSE & D	9.52	635
3	Joseph Duff		KILMARNOCK H&AC	9.96	549
4	Sol Currie		INVERCLYDE AC	10.83	395
5	Ruairidh Mclellan		INVERCLYDE AC	11.71	264
6	Magnus Sosu		SPRINGBURN HARRIERS	12.19	204

Saturday 8th February Event 6 Indoor Pentathlon: #1 Boys 60 m H U13 Boys

CBP: B 9.83 03/02/2018 Daniel Martin, Giffnock Nor
 2023: 10.76 28/01/2023 Harry Cook, Banchory Sto

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

Section 1

1	Simon Fraser		VP-GLASGOW AC	11.32	319
2	Reuben Tinkler		VP-GLASGOW AC	12.28	193
3	David Onireti		SPRINGBURN HARRIERS	12.35	185
4	Patrick McAtarsney		FALKIRK VICT	12.72	146
5	Ben Silver		HARMENY AC	13.31	92
6	Charlie Mackenzie		VP-GLASGOW AC	13.38	86

Section 2

1	Eli Crawford		SPRINGBURN HARRIERS	12.67	151
2	Brodie Swift		MUSSELBURGH	12.70	148
3	Riley Davidson		INVERNESS HA	12.74	144
4	Samuel Head		HARMENY AC	13.12	108
5	Ethan Hughes		NORTH SHIELD	13.57	72
6	Sam Porter		NORTH SHIELD	14.10	39

Section 3

1	Hugo Stewart		GIFFNOCK NORTH AC	10.32	482
2	Blake Burchill		HARMENY AC	10.39	470
3	Murray Graham		NORTH AYRSHIRE AAC	10.49	452
4	Luke Brodie		HARMENY AC	10.69	418
5	Hugh Ross		EDINBURGH AC	12.34	186
6	Rohan Bullock		HARMENY AC	12.77	141

Saturday 8th February Event 7 Indoor Pentathlon: #1 Girls 60 m H U13 Girls

=====
CBP: B 9.43 01/02/2020 Emily Bond, North Shield
2023: 10.55 28/01/2023 Dionne Maguinness, Airdrie Harr

=====
Name Age Team Finals Points
=====

Section 1

1	Karley Paterson	ABERDEEN AAC	10.63	599
2	Blythe Graham	SPRINGBURN HARRIERS	11.14	514
3	Alice Thomas	DUNFERMLINE	11.33	484
4	Maisie Dillon	INVERNESS HA	11.97	388
5	Nina Millar	MUSSELBURGH	12.98	257
6	Annabelle McCann	SPRINGBURN HARRIERS	13.06	248
7	Sophie Lewandowski	WHITEMOSS AAC	13.70	179

Section 2

1	Libby Brown	KILMARNOCK H&AC	10.68	590
2	Esme Wells	MUSSELBURGH	11.06	527
3	Lili Sharman	ABERDEEN AAC	11.08	523
4	Bethany Hawkins	CUMBERNAULD AAC	12.47	320
5	Zoe Coull	HARMENY AC	12.90	267
6	Jessica Wilson	SPRINGBURN HARRIERS	13.24	227
7	Erin Crawford	MUSSELBURGH	13.86	163

Section 3

1	Cadha Mcluskey	HARMENY AC	10.48	625
2	Amelia Abrami	CUMBERNAULD AAC	10.96	543
3	Molly Brown	SHETTLESTON	11.24	498
4	Eva Lane	AIRDRIE HARRIERS	11.27	493
5	Eliza Brown	NORTH SHIELD	11.27	493
6	Mairi-Louise Carson	GIFFNOCK NORTH AC	11.93	394
7	Iona Cornfoot	GIFFNOCK NORTH AC	12.21	355
8	Molly O'Brien	SPRINGBURN HARRIERS	13.37	213

Saturday 8th February Event 8 Women 4x200 m Relay U17 Women

6 Advance: Top 2 Each Heat plus Next 2 Best Times

```

=====
National: N 1:43.20 17/02/2019 Giffnock North AC, Giffnock
                A Bell, K Foss, R Callan, C MacConnell
Club: C 1:43.20 17/02/2019 Giffnock North AC, Giffnock
                A Bell, K Foss, R Callan, C MacConnell
CBP: B 1:43.20 17/02/2019 Giffnock North AC, Giffnock
                A Bell, K Foss, R Callan, C MacConnell
2023: 1:45.10 28/01/2023 1220 Dunfermline Track and
                K Penman, S Thomas, A Jenkinson, S Asamoah
    
```

Team Heats

Heat 1 Heats

```

=====
1 1040 KILMARNOCK H&AC 'A' 1:48.14Q
    1) Olivia McMillan
    2) Eilidh Cooke
    3) Lola Barrett
    4) Cara Monachello
2 1016 DUNDEE HH 'A' 1:51.97Q
    1) Favour Ugwuocha
    2) Eloise Rogers
    3) Georgia Scott
    4) Amie Hayes
3 1012 CUMBERNAULD AAC 'B' 1:56.80
    1) Sophie Riddell
    2) Jemma Macleod
    3) Erin Longmuir
    4) Lucy Riddell
4 1024 FALKIRK VICTORIA HARRIERS 'A' 1:58.29
    1) Josie Anderson
    2) Melissa Mcphee
    3) Ruth Donaldson
    4) Lara Crawford
-- 1048 LIVINGSTON AC 'A' DQ TR24.7
    1) Emma Mitchell
    2) Jessica McCulloch
    3) Emily Sharp
    4) Lucy Macmillan
    
```

Heat 2 Heats

```

=====
1 1004 AYR SEAFORTH AC 'A' 1:50.51Q
    1) Anna Campbell
    2) Lemoni Allan-McLaughlin
    3) Katie Ablett
    4) Mia McKinstry
2 1020 EDINBURGH AC 'A' 1:50.54Q
    1) Antonia Brockley
    2) Anna-Rose Grimes
    3) Ava Bell
    4) Olivia Faith Muir
3 1052 PITREAVIE AAC 'A' 1:50.59q
    1) Lucy Chadna
    2) Annie Stuart
    3) Niamh Watterson
    4) Esme Deacon
4 1008 CUMBERNAULD AAC 'A' 1:50.67q
    1) Ava Gaffney
    2) Niah Taylor
    3) Hannah Macleod
    4) Enya Doran
5 1032 GIFFNOCK NORTH AC 'B' 1:52.39
    1) Robyn McClure
    2) Charlotte Malcolm
    3) Cara Heron
    4) Sarah Anderson
6 1044 LAW & DISTRICT AC 'A' 1:58.07
    1) Sophie Dickson
    2) India Wood
    3) Olivia Davidson
    4) Rachel Williamson
    
```

Saturday 8th February Event 10 Women 4x200 m Relay Senior Women

6 Advance: Top 2 Each Heat plus Next 2 Best Times

=====
National: N 1:39.17 17/02/1990 SCOTLAND
D Brown L Macdonald R Girvin G McIntyre
Club: C 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
R Taylor, L Greig, E Miller, C Lambert
CBP: B 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
R Taylor, L Greig, E Miller, C Lambert
2023: 1:41.99 28/01/2023 1304 Giffnock North AC, 130
R Callan, F Cowan, E Denholm, C MacConnell
=====

Team Heats
=====

Heat 1 Heats

1 1112 PITREAVIE AAC 'A' 1:45.33Q
1) Katie Dinwoodie 2) Katie Thomson
3) Abigail Deacon 4) Emma Pedrana
2 1108 LAW & DISTRICT AC 'A' 1:46.00Q
1) Jade Gray 2) Lauren McNair
3) Hannah Kulke 4) Sophie Evans
3 1096 ELGIN AAC 'A' 1:47.42
1) Tamsin Fowlie 2) Lexi Grant
3) Ava Cruickshank 4) Lauren Abbott
4 1124 VP GLASGOW AC 'B' 1:53.41
1) Catriona Scott 2) Aaliyah McCloud
3) Charlotte Hume 4) Ngai Gigya
5 1080 CUMBERNAULD AAC 'A' 1:59.00
1) Hannah Dornan 2) Millie Mason
3) Ava Anderson 4) Niamh Reilly

Heat 2 Heats

1 1120 VP GLASGOW AC 'A' 1:43.58Q
1) Samantha McClune 2) Jenna Hilditch
3) Chloe Lambert 4) Lorne Kerr
2 1084 DUNDEE HH 'A' 1:44.42Q
1) Rachel Lorimer 2) Lucie Nicoll
3) Charlotte D'Arcy 4) Andrea Goodman
3 1088 DUNFERMLINE TFAC 'A' 1:47.06q
1) Sarah Kane 2) Kirstin Penman
3) Darcie Black 4) Sophie Thomas
4 1076 CENTRAL AC 'A' 1:47.18q
1) Emily Sorley 2) Niamh McKinlay
3) Sophia Waring 4) Emily Stanford

Saturday 8th February Event 11 Men 4x200 m Relay Senior Men

6 Advance: Top 2 Each Heat plus Next 2 Best Times

```

=====
National: N 1:26.94 17/02/1990 SCOTLAND
                B Ashburn M Davidson G McMillan M McMahon
Club: C 1:27.96 17/02/2019 Strathclyde Uni
                F Angus, G Kelly, L Brown, A Schenini
CBP: B 1:27.20 29/01/2022 1542 Kilbarchan AAC, 1542 K
                K Thomas, S Johnston, S Dunlop, K Aiken
2023: 1:29.16 28/01/2023 1544 Giffnock North AC, 154
                M Fotheringham, K Alexander, J Wu, E Joyce
    
```

Team Heats

Heat 1 Heats

```

1 1372 PITREAVIE AAC 'A' 1:31.22Q
    1) Rory Voss
    2) Evan Wilson
    3) Alex Thomson
    4) Dylan McCulloch
2 1364 LAW & DISTRICT AC 'A' 1:31.89Q
    1) Owen Murphy
    2) James McClafferty
    3) Mathew Gillon
    4) Sol Stewart
3 1352 GIFFNOCK NORTH AC 'A' 1:32.20q
    1) Angus Rennie
    2) Kyle Alexander
    3) Felix Chan
    4) Edward Joyce
4 1200 EDINBURGH AC 'A' 1:32.22q
    1) Ryan McMichan
    2) Alexander Poustie-Williamson
    3) Mateo Hughes
    4) Samuel Okpaje
5 1368 LIVINGSTON AC 'A' 1:32.87
    1) Brodie Nixon
    2) Finlay Cunningham
    3) Lewis Watson
    4) Richard Arthurs
    
```

Heat 2 Heats

```

1 1196 DUNDEE HH 'A' 1:33.78Q
    1) Tom Dickson
    2) Callum Letham
    3) Kynan Alipour
    4) Matthew McGregor
2 1376 VP GLASGOW AC 'A' 1:33.81Q
    1) Jamie Stevenson
    2) David Wilson
    3) Corey Donaldson
    4) Branden Dunlop
3 1188 AYR SEAFORTH AC 'A' 1:39.66
    1) Sean Thompson
    2) John Duthie
    3) Kieran Murphy
    4) Sean Aitken
4 1356 GIFFNOCK NORTH AC 'B' 1:43.93
    1) Aidan Cunning
    2) Neil Hutchison
    3) Daniel Whyte
    4) Jack Fenton
    
```

Saturday 8th February Event 12 Women 4x200 m Relay U17 Women

National: N	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
Club: C	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
CBP: B	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
2023:	1:45.10	28/01/2023	1220 Dunfermline Track and K Penman, S Thomas, A Jenkinson, S Asamoah
Team			Finals

Section 1 Finals

1	1020 EDINBURGH AC 'A'	1:48.50
	1) Antonia Brockley	2) Anna-Rose Grimes
	3) Ava Bell	4) Olivia Faith Muir
2	1004 AYR SEAFORTH AC 'A'	1:49.15
	1) Anna Campbell	2) Lemoni Allan-McLaughlin
	3) Katie Ablett	4) Mia McKinstry
3	1008 CUMBERNAULD AAC 'A'	1:49.32
	1) Ava Gaffney	2) Niah Taylor
	3) Hannah Macleod	4) Enya Doran
4	1040 KILMARNOCK H&AC 'A'	1:49.55
	1) Olivia McMillan	2) Eilidh Cooke
	3) Lola Barrett	4) Cara Monachello
5	1052 PITREAVIE AAC 'A'	1:50.04
	1) Lucy Chadna	2) Annie Stuart
	3) Niamh Watterson	4) Esme Deacon
6	1016 DUNDEE HH 'A'	1:51.14
	1) Favour Ugwuocha	2) Eloise Rogers
	3) Georgia Scott	4) Amie Hayes

Saturday 8th February Event 13 Men 4x200 m Relay U17 Men

National: N	1:31.24	04/03/2017	Giffnock North AAC, Giffnoc
			J Connelly, K McLean, M Forbes, A Clayton
Club: C	1:31.24	04/03/2017	Giffnock North AAC, Giffnoc
			J Connelly, K McLean, M Forbes, A Clayton
CBP: B	1:31.24	04/03/2017	Giffnock North AAC, Giffnoc
			J Connelly, K McLean, M Forbes, A Clayton
2023:	1:35.27	28/01/2023	1488 Law & District AAC, 14 O Murohy, J Weir, C Hall, R Duffin
Team			Finals

Section 1

1	1176 VP GLASGOW AC 'A'	1:35.54
	1) Mark Kelly	2) George Scott
	3) Adam Watts	4) Ivor Scott
2	1136 AYR SEAFORTH AC 'A'	1:36.00
	1) Ricco Begnor	2) Callan Blackwood
	3) Jamie Muir	4) Matthew Cox
3	1148 DUNDEE HH 'A'	1:38.61
	1) Ben Thompson	2) Matthew Ferrier
	3) Corrigan Muir	4) Jack Brown
4	1152 EDINBURGH AC 'A'	1:39.84
	1) Alessandro Macdonald	2) Donald Ross
	3) Alex Binns	4) Callum Roger
5	1168 LAW & DISTRICT AC 'A'	1:43.69
	1) Luke Evans	2) Austin Clelland
	3) Cameron Chambers	4) Lucas Davidson
--	1144 CUMBERNAULD AAC 'A'	DQ TR24.11
	1) Rory McFarlane	2) Arran Wallace
	3) Aidan Arnott	4) Logan Craig

Saturday 8th February Event 14 Women 4x200 m Relay Senior Women

=====
 National: N 1:39.17 17/02/1990 SCOTLAND
 D Brown L Macdonald R Girvin G McIntyre
 Club: C 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
 R Taylor, L Greig, E Miller, C Lambert
 CBP: B 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
 R Taylor, L Greig, E Miller, C Lambert
 2023: 1:41.99 28/01/2023 1304 Giffnock North AC, 130
 R Callan, F Cowan, E Denholm, C MacConnell
 Team Finals
 =====

Section 1 Finals

1	1120	VP GLASGOW AC 'A'	1:42.67
	1)	Samantha McClune	2) Jenna Hilditch
	3)	Chloe Lambert	4) Lorne Kerr
2	1112	PITREAVIE AAC 'A'	1:44.12
	1)	Katie Dinwoodie	2) Katie Thomson
	3)	Abigail Deacon	4) Emma Pedrana
3	1084	DUNDEE HH 'A'	1:44.25
	1)	Rachel Lorimer	2) Lucie Nicoll
	3)	Charlotte D'Arcy	4) Andrea Goodman
4	1108	LAW & DISTRICT AC 'A'	1:45.64
	1)	Jade Gray	2) Lauren McNair
	3)	Hannah Kulke	4) Sophie Evans
5	1088	DUNFERMLINE TFAC 'A'	1:47.13
	1)	Kirstin Penman	2) Darcie Black
	3)	Sarah Kane	4) Sophie Thomas
6	1076	CENTRAL AC 'A'	1:47.67
	1)	Emily Sorley	2) Niamh McKinlay
	3)	Sophia Waring	4) Emily Stanford

Saturday 8th February Event 15 Men 4x200 m Relay Senior Men

=====
 National: N 1:26.94 17/02/1990 SCOTLAND
 B Ashburn M Davidson G McMillan M McMahon
 Club: C 1:27.96 17/02/2019 Strathclyde Uni
 F Angus, G Kelly, L Brown, A Schenini
 CBP: B 1:27.20 29/01/2022 1542 Kilbarchan AAC, 1542 K
 K Thomas, S Johnston, S Dunlop, K Aiken
 2023: 1:29.16 28/01/2023 1544 Giffnock North AC, 154
 M Fotheringham, K Alexander, J Wu, E Joyce
 Team Finals
 =====

1	1372	PITREAVIE AAC 'A'	1:30.07
	1)	Rory Voss	2) Evan Wilson
	3)	Alex Thomson	4) Dylan McCulloch
2	1364	LAW & DISTRICT AC 'A'	1:31.43
	1)	James McClafferty	2) Owen Murphy
	3)	Sol Stewart	4) Mathew Gillon
3	1200	EDINBURGH AC 'A'	1:32.21
	1)	Alexander Poustie-Williamson	2) Samuel Okpaje
	3)	Mateo Hughes	4) Ryan McMichan
4	1352	GIFFNOCK NORTH AC 'A'	1:32.95
	1)	Angus Rennie	2) Kyle Alexander
	3)	Felix Chan	4) Edward Joyce
5	1196	DUNDEE HH 'A'	1:34.51
	1)	Tom Dickson	2) Callum Letham
	3)	Kynan Alipour	4) Matthew McGregor
6	1376	VP GLASGOW AC 'A'	1:35.53
	1)	Jamie Stevenson	2) David Wilson
	3)	Corey Donaldson	4) Branden Dunlop

Saturday 8th February Event 16 Indoor Pentathlon: #5 Boys 800 m U13 Boys

CBP: B 2:26.95 04/03/2017 Caleb McLeod, Pitreavie AA
 2023: 2:42.55 28/01/2023 Harry Cook, Banchory Sto

Name	Age	Team	Finals	Points
Section 1				
1 Ethan Hughes		NORTH SHIELD	2:37.22	241
2 Eli Crawford		SPRINGBURN HARRIERS	2:46.25	155
3 Charlie Mackenzie		VP-GLASGOW AC	2:52.65	105
4 Sam Porter		NORTH SHIELD	2:53.90	96
5 Samuel Head		HARMENY AC	2:59.96	59
6 Brodie Swift		MUSSELBURGH	3:13.80	6
Section 2				
1 Riley Davidson		INVERNESS HA	2:31.64	303
2 Reuben Tinkler		VP-GLASGOW AC	2:32.75	290
3 David Onireti		SPRINGBURN HARRIERS	2:42.32	191
4 Rohan Bullock		HARMENY AC	2:51.24	115
5 Patrick McAtarsney		FALKIRK VICT	3:01.53	51
6 Hugh Ross		EDINBURGH AC	3:22.24	
Section 3				
1 Blake Burchill		HARMENY AC	2:15.25B	520
2 Luke Brodie		HARMENY AC	2:29.78	325
3 Hugo Stewart		GIFFNOCK NORTH AC	2:39.38	219
4 Murray Graham		NORTH AYRSHIRE AAC	2:42.34	190
5 Ben Silver		HARMENY AC	2:43.20	182
6 Simon Fraser		VP-GLASGOW AC	2:46.50	153

Saturday 8th February Event 17 Indoor Pentathlon: #5 Girls 800 m U13 Girls

CBP: B 2:27.58 28/01/2023 Dionne Maguinness, Airdrie Harr
 2023: 2:27.58 28/01/2023 Dionne Maguinness, Airdrie Harr

Name	Age	Team	Finals	Points
Section 1				
1 Zoe Coull		HARMENY AC	2:37.93	597
2 Sophie Lewandowski		WHITEMOSS AAC	2:51.80	445
3 Maisie Dillon		INVERNESS HA	3:03.83	330
4 Bethany Hawkins		CUMBERNAULD AAC	3:08.59	289
5 Nina Millar		MUSSELBURGH	3:12.53	258
6 Molly O'Brien		SPRINGBURN HARRIERS	3:15.10	238
7 Erin Crawford		MUSSELBURGH	3:17.65	219
8 Mairi-Louise Carson		GIFFNOCK NORTH AC	3:20.89	196
Section 2				
1 Eliza Brown		NORTH SHIELD	2:42.08	549
2 Alice Thomas		DUNFERMLINE	2:46.27	503
3 Esme Wells		MUSSELBURGH	2:58.66	378
4 Molly Brown		SHETTLESTON	2:58.69	377
5 Eva Lane		AIRDRIE HARRIERS	3:01.00	356
6 Iona Cornfoot		GIFFNOCK NORTH AC	3:08.52	290
7 Jessica Wilson		SPRINGBURN HARRIERS	3:09.45	282
8 Annabelle McCann		SPRINGBURN HARRIERS	3:13.21	252
Section 3				
1 Karley Paterson		ABERDEEN AAC	2:28.70	709
2 Libby Brown		KILMARNOCK H&AC	2:44.83	519
3 Lili Sharman		ABERDEEN AAC	2:48.74	477
4 Blythe Graham		SPRINGBURN HARRIERS	3:15.73	233
5 Amelia Abrami		CUMBERNAULD AAC	3:15.88	232
6 Cadha Mcluskey		HARMENY AC	3:18.15	215

Saturday 8th February Event 18 Indoor Pentathlon: #5 Boys 800 m U15 Boys

=====
CBP: B 2:07.52 29/01/2022 James Clark, VP-Glasgow A
2023: 2:17.92 28/01/2023 Douglas Knox, Springburn H

=====
Name Age Team Finals Points
=====

Section 1

1	Tyler Philip	ABERDEEN AAC	2:27.34	354
2	Calum Fitzgerald	KILMARNOCK H&AC	2:29.81	324
3	Rory Logg	EDINBURGH AC	2:29.87	324
4	Ruairidh Mclellan	INVERCLYDE AC	2:51.29	115
5	Magnus Sosu	SPRINGBURN HARRIERS	3:14.53	5

Section 2

1	Michael Massey	PITREAVIE AAC	2:20.92	439
2	Matthew Blackhurst	MONTROSE & D	2:26.44	366
3	Joseph Duff	KILMARNOCK H&AC	2:31.88	300
4	Joseph Lanahan	SHETTLESTON	2:35.92	255
5	Tristan Wong	VP-GLASGOW AC	2:37.51	238
6	Sol Currie	INVERCLYDE AC	2:47.92	141

Saturday 8th February Event 19 Indoor Pentathlon: #2 Girls High Jump U13 Girls

CBP: B 1.56m 04/03/2017 Mya McMahon, Dunfermline
 2023: 1.40m 28/01/2023 Dionne Maguinness, Airdrie Harr

Name	Age	Team	Finals	Points
Flight 1				
1 Eva Lane		AIRDRIE HARRIERS	1.22m	331
	1.04 1.07 1.10 1.13 1.16 1.19 1.22 1.25			
	O O O O XO XO O XXX			
1 Molly Brown		SHETTLESTON	1.22m	331
	1.04 1.07 1.10 1.13 1.16 1.19 1.22 1.25			
	O O O O XO XO O XX			
3 Esme Wells		MUSSELBURGH	1.16m	275
	1.04 1.07 1.10 1.13 1.16 1.19			
	O O XO O XXO XXX			
3 Jessica Wilson		SPRINGBURN HARRIERS	1.16m	275
	1.04 1.07 1.10 1.13 1.16 1.19			
	O XO O O XO XXX			
5 Lili Sharman		ABERDEEN AAC	1.13m	248
	1.04 1.07 1.10 1.13 1.16			
	O XO O XO XXX			
6 Nina Millar		MUSSELBURGH	1.10m	222
	1.04 1.07 1.10 1.13			
	XO XO XO XXX			
6 Annabelle McCann		SPRINGBURN HARRIERS	1.10m	222
	1.04 1.07 1.10 1.13			
	O XO O XXX			
8 Erin Crawford		MUSSELBURGH	1.04m	172
	1.04 1.07			
	XO XXX			
-- Molly O'Brien		SPRINGBURN HARRIERS	NH	
	1.04			
	XXX			
-- Bethany Hawkins		CUMBERNAULD AAC	NH	
	1.04			
	XXX			
-- Mairi-Louise Carson		GIFFNOCK NORTH AC	NH	
	1.04			
	XXX			
-- Zoe Coull		HARMENY AC	NH	
	1.04			
	XXX			
-- Maisie Dillon		INVERNESS HA	NH	
	1.04			
	XXX			

Saturday 8th February Event 19 Indoor Pentathlon: #2 Girls High Jump U13 Girls

CBP: B 1.56m 04/03/2017 Mya McMahon, Dunfermline
 2023: 1.40m 28/01/2023 Dionne Maguinness, Airdrie Harr

Name	Age	Team	Finals	Points
Flight 2				
1 Cadha Mcluskey		HARMENY AC	1.37m	481
1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40				
0 0 0 0 0 0 0 0 XO XXO XXX				
2 Karley Paterson		ABERDEEN AAC	1.31m	419
1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34				
0 0 0 0 0 XXO 0 XXX				
2 Eliza Brown		NORTH SHIELD	1.31m	419
1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34				
0 0 0 0 0 0 0 XXX				
2 Blythe Graham		SPRINGBURN HARRIERS	1.31m	419
1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34				
0 0 0 XO 0 XXO XXO XXX				
2 Libby Brown		KILMARNOCK H&AC	1.31m	419
1.19 1.22 1.25 1.28 1.31 1.34				
0 0 0 0 0 XXX				
6 Alice Thomas		DUNFERMLINE	1.28m	389
1.04 1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31				
0 0 0 0 0 0 XO XO XXO XXX				
7 Iona Cornfoot		GIFFNOCK NORTH AC	1.22m	331
1.10 1.13 1.16 1.19 1.22 1.25				
0 0 0 XO XO XXX				
7 Sophie Lewandowski		WHITEMOSS AAC	1.22m	331
1.04 1.07 1.10 1.13 1.16 1.19 1.22 1.25				
0 0 XO 0 0 0 XXO XXX				
9 Amelia Abrami		CUMBERNAULD AAC	1.07m	197
1.04 1.07 1.10				
XO 0 XXX				

Saturday 8th February Event 20 Indoor Pentathlon: #3 Boys Shot Put U13 Boys

CBP: B 8.70m 03/02/2018 Daniel Martin, Giffnock Nor
 2023: 8.35m 28/01/2023 Harry Cook, Banchory Sto

Name	Age	Team	Finals	Points
Flight 1				
1 Rohan Bullock		HARMENY AC	6.87m	300
6.84m 6.72m 6.87m				
2 Blake Burchill		HARMENY AC	7.45m	334
X 7.45m 6.96m				
3 Ethan Hughes		NORTH SHIELD	4.24m	148
3.91m 4.04m 4.24m				
4 Murray Graham		NORTH AYRSHIRE AAC	6.95m	304
6.14m 6.92m 6.95m				
5 Patrick McAtarsney		FALKIRK VICT	5.33m	210
4.62m 4.72m 5.33m				
6 Hugo Stewart		GIFFNOCK NORTH AC	6.96m	305
6.78m 6.47m 6.96m				
8 Luke Brodie		HARMENY AC	6.42m	273
6.18m 5.77m 6.42m				
8 Samuel Head		HARMENY AC	6.28m	265
5.72m 5.90m 6.28m				
10 Sam Porter		NORTH SHIELD	3.26m	93
3.06m 3.26m 2.68m				
11 Ben Silver		HARMENY AC	5.74m	234
5.51m 5.74m 5.43m				
12 Reuben Tinkler		VP-GLASGOW AC	5.36m	212
4.99m 4.92m 5.36m				
13 Hugh Ross		EDINBURGH AC	5.46m	218
5.46m 4.95m 5.39m				
14 David Onireti		SPRINGBURN HARRIERS	5.57m	224
5.46m 5.57m 5.46m				
15 Eli Crawford		SPRINGBURN HARRIERS	5.74m	234
5.02m 5.74m 5.20m				
17 Brodie Swift		MUSSELBURGH	5.25m	205
4.72m 5.25m 4.91m				
18 Riley Davidson		INVERNESS HA	5.83m	239
5.10m 5.83m 5.61m				
-- Charlie Mackenzie		VP-GLASGOW AC	5.17m	201
5.17m 5.02m 5.07m				
-- Simon Fraser		VP-GLASGOW AC	5.00m	191
4.97m 5.00m 4.64m				

Saturday 8th February Event 21 Indoor Pentathlon: #2 Boys Long Jump U15 Boys

CBP: B 5.90m 28/01/2023 Douglas Knox, Springburn H
 2023: 5.90m 28/01/2023 Douglas Knox, Springburn H

Name	Age	Team	Finals	Points
1 Joseph Lanahan 5.81m X 5.63m		SHETTLESTON	5.81m	546
2 Michael Massey 4.95m 5.16m 4.92m		PITREAVIE AAC	5.16m	413
3 Tyler Philip 4.35m 4.54m 4.76m		ABERDEEN AAC	4.76m	337
4 Tristan Wong X X 4.68m		VP-GLASGOW AC	4.68m	323
5 Ruairidh Mclellan 4.36m 4.64m 4.30m		INVERCLYDE AC	4.64m	315
6 Sol Currie X 4.04m 4.50m		INVERCLYDE AC	4.50m	290
7 Joseph Duff 3.97m 4.48m 4.19m		KILMARNOCK H&AC	4.48m	287
8 Magnus Sosu 4.43m 4.45m X		SPRINGBURN HARRIERS	4.45m	281
9 Calum Fitzgerald 4.19m 4.39m 4.34m		KILMARNOCK H&AC	4.39m	271
10 Matthew Blackhurst 4.27m 3.73m 3.68m		MONTROSE & D	4.27m	250
11 Rory Logg 3.36m 3.60m 3.36m		EDINBURGH AC	3.60m	145

Saturday 8th February Event 22 Heptathlon: #3 Men Shot Put U17 Men

CBP: B 12.65m 28/01/2023 Corey Beechall U17, Liverpool Ha
 2023: 12.65m 28/01/2023 Corey Beechall U17, Liverpool Ha

Name	Age	Team	Finals	Points
1 Douglas Knox 10.39m 10.71m 11.68m		SPRINGBURN HARRIERS	11.68m	587
2 Nathan Mobbs 8.02m 10.97m X		NORTH AYRSHIRE AAC	10.97m	544
3 Oliver Cooper 10.41m 10.45m 10.67m		BURY AC	10.67m	526
4 Ewan Andrews 10.09m 9.84m 10.53m		ABERDEEN AAC	10.53m	518
5 Murray Taylor 9.45m 10.00m X		INVERNESS HA	10.00m	486
6 Ruairidh Brewer X 8.79m 9.38m		VP-GLASGOW AC	9.38m	448
7 Alexander Edwards 8.35m 8.68m 8.65m		ALTRINCHAM &	8.68m	407
8 Louis Vallet 8.49m X X		ABERDEEN AAC	8.49m	395
9 Zach White 6.92m 7.39m 7.41m		SPRINGBURN HARRIERS	7.41m	331

Saturday 8th February Event 22 Heptathlon: #3 Men Shot Put Mas Men

=====					
CBP: B 10.36m		28/01/2023	Brian Slaughter 65, Eastbourne R		
2023: 10.36m		28/01/2023	Brian Slaughter 65, Eastbourne R		
Name	Age	Team	Finals	Points	
=====					
1 Brian Slaughter 65		EASTBOURNE R	10.03m	689	5kg
9.77m 10.03m 9.92m					
2 Ron Todd 60		CENTRAL AC	9.85m	610	5kg
9.79m 9.85m X					
3 Andrew Pringle 60		REIGATE PRIORY AC	8.96m	544	5kg
X 8.96m 8.56m					
4 Nicholas Walker 60		ST ALBANS AC	8.90m	540	5kg
8.90m X 7.05m					
5 Jerry Musselwhite 65		YATE & DISTRICT AC	8.74m	584	5kg
8.42m 8.74m 7.58m					
6 Grant Stirling 45		EASTBOURNE R	8.64m	501	7.26kg
8.41m 8.38m 8.64m					
7 Derek Glasgow 60		ARBROATH & D	7.99m	472	5kg
7.99m 7.94m 7.69m					
8 Carson Graham 45		SHETTLESTON	7.97m	453	7.26kg
7.81m 7.06m 7.97m					

Saturday 8th February Event 23 Heptathlon: #2 Men Long Jump U20 Men

=====					
CBP: B 7.11m		16/02/2019	Scott Connal U20, Edinburgh AC		
2023: 6.68m		28/01/2023	Jonathan Cameron U20, Inverclyde A		
Name	Age	Team	Finals	Points	
=====					
1 Luc Macleod U20		BANCHORY STO	6.69m	741	
6.60m 6.69m X					
2 Zak Fearn U20		TEAM EAST LOTHIAN	6.41m	677	
6.16m 6.05m 6.41m					
3 Jack McInnes U20		PITREAVIE AAC	4.94m	371	
4.69m 4.60m 4.94m					

Saturday 8th February Event 23 Heptathlon: #2 Men Long Jump Senior Men

=====					
CBP: B 7.30m		04/03/2017	Ben Gregory, Birchfield H		
2023: 7.20m		28/01/2023	Adam Hoole Sen, Team East Lo		
Name	Age	Team	Finals	Points	
=====					
1 Adam Hoole		TEAM EAST LOTHIAN	7.37mB	903	
	7.19m 7.16m 7.37m				
2 Conrad Winter		CITY OF NORWICH	6.88m	785	
	X X 6.88m				
3 Oliver Adnitt		KINGSTON UPO	6.83m	774	
	6.56m 6.83m 6.41m				
4 William Hodi		NAIRN AREA AAC	6.79m	764	
	X 6.77m 6.79m				
5 Alister Mackay		TEAM EAST LOTHIAN	6.77m	760	
	6.77m 6.66m 6.41m				
6 Evan Campbell		JERSEY SPARTANS AC	6.71m	746	
	6.71m 6.48m X				
7 Stephen Bates		NUNEATON HARRIERS	6.65m	732	
	6.25m 6.65m 4.79m				
8 Sulaiman Ouiles		CHELTHENHAM A	6.45m	686	
	6.19m 6.31m 6.45m				
9 Cal McLennan		BASINGSTOKE	6.38m	670	
	X X 6.38m				
10 Jay Cook		BURY AC	6.26m	644	
	X 5.99m 6.26m				
11 Euan Wallace		CUMBERNAULD AAC	5.90m	565	
	5.88m 2.76m 5.90m				
12 Callum Newby		EDINBURGH AC	5.79m	542	
	X 5.79m -				
13 Joe Frew		READING AC	4.68m	323	
	4.68m - -				

Saturday 8th February Event 24 Heptathlon: #3 Men Shot Put U20 Men

=====					
CBP: B 13.77m		29/01/2022	Alister Mackay, Inverness Ha		
2023: 10.36m		28/01/2023	Jonathan Cameron U20, Inverclyde A		
Name	Age	Team	Finals	Points	
=====					
1 Luc Macleod U20		BANCHORY STO	11.08m	551	
	11.08m 9.58m 10.92m				
2 Zak Fearn U20		TEAM EAST LOTHIAN	10.35m	507	
	9.90m 10.35m 9.99m				
3 Jack McInnes U20		PITREAVIE AAC	7.47m	335	
	7.22m 7.47m 6.71m				

Saturday 8th February Event 24 Heptathlon: #3 Men Shot Put Senior Men

=====						
CBP: B 14.22m		04/03/2017	Ingi Kristinsson, ICELAND			
2023: 13.59m		28/01/2023	Andrew Murphy Sen, Kilbarchan A			
Name	Age	Team		Finals	Points	
=====						
1	Evan Campbell		JERSEY SPARTANS AC	14.68mB	770	
	14.29m 14.68m 13.72m					
2	Conrad Winter		CITY OF NORWICH	13.04m	670	
	13.01m 13.04m 12.60m					
3	Adam Hoole		TEAM EAST LOTHIAN	12.61m	643	
	12.40m 12.61m 12.59m					
4	Oliver Adnitt		KINGSTON UPO	12.45m	634	
	12.45m 11.17m 12.04m					
5	Alister Mackay		TEAM EAST LOTHIAN	12.37m	629	
	11.93m 12.37m 12.27m					
6	Jay Cook		BURY AC	12.15m	616	
	12.01m 11.72m 12.15m					
7	Cal McLennan		BASINGSTOKE	11.81m	595	
	11.33m 11.80m 11.81m					
8	Stephen Bates		NUNEATON HARRIERS	11.64m	585	
	11.64m 10.86m 10.99m					
9	Sulaiman Ouiles		CHELTHENHAM A	11.19m	557	
	11.19m 11.10m X					
10	William Hodi		NAIRN AREA AAC	10.92m	541	
	10.92m 10.85m 10.68m					
11	Joe Frew		READING AC	9.68m	466	
	9.02m 9.68m 9.16m					
12	Euan Wallace		CUMBERNAULD AAC	8.11m	373	
	8.11m 7.95m 7.86m					

Saturday 8th February Event 25 Indoor Pentathlon: #4 Boys High Jump U15 Boys

CBP: B 1.74m 04/03/2017 Murray Fotheringham, Giffnock Nor			
2023: 1.69m 28/01/2023 Murray Taylor, Inverness Ha			
Name	Age Team	Finals	Points
1 Joseph Lanahan	SHETTLESTON	1.61m	472
1.52 1.55 1.58 1.61 1.64			
O O XXO O XXX			
1 Tristan Wong	VP-GLASGOW AC	1.61m	472
1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64			
O O O XO O O O XXO XXX			
1 Matthew Blackhurst	MONTROSE & D	1.61m	472
1.49 1.52 1.55 1.58 1.61 1.64			
O O XXO XO XXO XXX			
4 Michael Massey	PITREAVIE AAC	1.58m	449
1.49 1.52 1.55 1.58 1.61			
O XO O XXO XXX			
5 Rory Logg	EDINBURGH AC	1.49m	381
1.25 1.31 1.34 1.37 1.40 1.43 1.46 1.49			
O O XO O XO XO XXX O			
5 Joseph Duff	KILMARNOCK H&AC	1.49m	381
1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52			
O O O XO O O XO XO XXX			
5 Calum Fitzgerald	KILMARNOCK H&AC	1.49m	381
1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52			
O O O O O O XO XO XXX			
8 Sol Currie	INVERCLYDE AC	1.40m	317
1.40 1.46			
XO XXX			
9 Ruairidh Mclellan	INVERCLYDE AC	1.34m	276
1.19 1.22 1.25 1.28 1.31 1.34 1.37			
O O XO O O XO XXX			
10 Tyler Philip	ABERDEEN AAC	1.31m	257
1.22 1.25 1.28 1.31 1.34			
O O O XXO XXX			
11 Magnus Sosu	SPRINGBURN HARRIERS	1.28m	237
1.22 1.25 1.28 1.31			
O O XO XXX			

Saturday 8th February Event 26 Indoor Pentathlon: #4 Boys High Jump U13 Boys

=====														
CBP: B 1.46m 29/01/2022 Abraham Lanahan, Shettleston														
2023: 1.40m 28/01/2023 Harry Cook, Banchory Sto														
Name	Age Team						Finals	Points						
=====														
1 Hugo Stewart	GIFFNOCK NORTH AC						1.40m	317						
	1.25	1.28	1.31	1.34	1.37	1.40	1.43							
	O	O	O	O	O	XXO	XXX							
1 Ben Silver	HARMENY AC						1.40m	317						
	1.04	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43
	O	O	O	O	O	O	O	O	XO	XO	XO	O	XO	XXX
1 Murray Graham	NORTH AYRSHIRE AAC						1.40m	317						
	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43					
	O	O	O	O	O	XO	O	XO	XXX					
1 Blake Burchill	HARMENY AC						1.40m	317						
	1.34	1.37	1.40	1.43										
	O	O	XO	XXX										
5 Luke Brodie	HARMENY AC						1.34m	276						
	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37				
	O	O	O	O	O	O	O	XO	O	XXX				
6 Hugh Ross	EDINBURGH AC						1.28m	237						
	1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31						
	O	O	O	O	XO	XXO	O	XXX						
7 Riley Davidson	INVERNESS HA						1.25m	218						
	1.04	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28					
	O	O	XO	O	O	O	XO	XO	XXX					
8 David Onireti	SPRINGBURN HARRIERS						1.22m	200						
	1.04	1.07	1.10	1.13	1.16	1.19	1.22	1.25						
	O	O	O	XO	XO	XO	XXO	XXX						
8 Patrick McAtarsney	FALKIRK VICT						1.22m	200						
	1.07	1.10	1.13	1.16	1.19	1.22	1.25							
	XO	O	O	XO	XO	XXO	XXX							
10 Reuben Tinkler	VP-GLASGOW AC						1.19m	182						
	1.07	1.10	1.13	1.16	1.19	1.22								
	O	O	O	O	O	XXX								
10 Simon Fraser	VP-GLASGOW AC						1.19m	182						
	1.07	1.10	1.13	1.16	1.19	1.22								
	O	O	XO	O	XO	XXX								
10 Brodie Swift	MUSSELBURGH						1.19m	182						
	1.07	1.10	1.13	1.16	1.19	1.22								
	O	XO	O	O	XXO	XXX								
13 Rohan Bullock	HARMENY AC						1.16m	165						
	1.04	1.07	1.10	1.13	1.16	1.19								
	O	XO	O	O	XO	XXX								
13 Charlie Mackenzie	VP-GLASGOW AC						1.16m	165						
	1.04	1.07	1.10	1.13	1.16	1.19								
	O	O	O	XO	XXO	XXX								
15 Eli Crawford	SPRINGBURN HARRIERS						1.13m	148						
	1.10	1.13	1.16											
	XO	O	XXX											
16 Sam Porter	NORTH SHIELD						1.07m	116						
	1.07	1.10												
	XXO	XXX												
-- Samuel Head	HARMENY AC						NH							
	1.04													
	XXX													
-- Ethan Hughes	NORTH SHIELD						NH							
	1.07													
	XXX													

Saturday 8th February Event 27 Indoor Pentathlon: #4 Girls Long Jump U13 Girls

CBP: B 5.34m 04/03/2017 Julia Winogrodzka, Bolton Unite
 2023: 4.54m 28/01/2023 Dionne Maguinness, Airdrie Harr

Name	Age	Team	Finals	Points
1 Iona Cornfoot X 4.09m 3.92m		GIFFNOCK NORTH AC	4.09m	329
2 Amelia Abrami 4.04m X 3.71m		CUMBERNAULD AAC	4.04m	317
3 Libby Brown 2.82m 3.87m 4.00m		KILMARNOCK H&AC	4.00m	308
4 Blythe Graham 3.76m 3.78m 3.98m		SPRINGBURN HARRIERS	3.98m	303
5 Bethany Hawkins 3.40m 3.58m X		CUMBERNAULD AAC	3.58m	216
6 Jessica Wilson 3.50m 3.57m 3.52m		SPRINGBURN HARRIERS	3.57m	214
7 Sophie Lewandowski 3.44m 3.50m 3.43m		WHITEMOSS AAC	3.50m	200
7 Annabelle McCann 3.50m 3.28m 3.35m		SPRINGBURN HARRIERS	3.50m	200
7 Mairi-Louise Carson 3.49m 3.50m X		GIFFNOCK NORTH AC	3.50m	200
10 Erin Crawford 3.32m 3.16m 2.86m		MUSSELBURGH	3.32m	165
11 Molly O'Brien 2.97m 3.19m 3.20m		SPRINGBURN HARRIERS	3.20m	142
Flight 2				
1 Karley Paterson 4.45m 4.36m 4.31m		ABERDEEN AAC	4.45m	416
2 Alice Thomas 4.10m 4.08m 4.18m		DUNFERMLINE	4.18m	350
3 Lili Sharman 4.05m 3.91m 3.76m		ABERDEEN AAC	4.05m	319
4 Esme Wells 3.51m 3.75m 3.99m		MUSSELBURGH	3.99m	306
5 Eva Lane 3.62m 3.90m 3.97m		AIRDRIE HARRIERS	3.97m	301
6 Eliza Brown 3.88m 3.71m 3.64m		NORTH SHIELD	3.88m	281
7 Zoe Coull 3.81m 3.70m 3.64m		HARMENY AC	3.81m	265
8 Cadha Mcluskey 3.74m X 2.79m		HARMENY AC	3.74m	250
9 Molly Brown 3.72m 3.72m X		SHETTLESTON	3.72m	246
10 Maisie Dillon 3.36m 3.40m 3.25m		INVERNESS HA	3.40m	180
11 Nina Millar 2.50m X 2.25m		MUSSELBURGH	2.50m	34

Saturday 8th February Event 28 Heptathlon: #6 Men Pole Vault U17 Men

CBP: B 4.27m 03/02/2018 Scott Brindley, North Ayrshi
 2023: 3.27m 28/01/2023 Corey Beechall U17, Liverpool Ha

Name	Age	Team	Finals	Points
Flight 1				
1 Nathan Mobbs		NORTH AYRSHIRE AAC	4.19m	671
	3.79 3.99 4.09 4.19 4.29			
	XO O O O XXX			
2 Oliver Cooper		BURY AC	4.09m	642
	3.59 3.69 3.79 3.99 4.09 4.19			
	XO XO XO O XXO XXX			
3 Douglas Knox		SPRINGBURN HARRIERS	3.49m	480
	2.89 3.09 3.19 3.29 3.39 3.49 3.59			
	O O O O O XO XXX			
4 Murray Taylor		INVERNESS HA	3.29m	429
	2.49 2.69 2.89 2.99 3.09 3.19 3.29 3.39			
	O O O XXO O XO XO XXX			
5 Louis Vallet		ABERDEEN AAC	3.19m	403
	2.59 2.69 2.79 2.89 2.99 3.09 3.19 3.29			
	O O XO XO XXO XO XO XXX			
6 Ruaridh Brewer		VP-GLASGOW AC	2.99m	354
	2.59 2.69 2.79 2.89 2.99 3.09			
	XO - O O XXO XXX			
7 Ewan Andrews		ABERDEEN AAC	2.69m	284
	2.39 2.49 2.59 2.69 2.79			
	O O O O XXX			
7 Alexander Edwards		ALTRINCHAM &	2.69m	284
	2.39 2.49 2.59 2.69 2.79			
	O O O XO XXX			
9 Zach White		SPRINGBURN HARRIERS	1.99m	138
	1.89 1.99 2.09			
	O O XXX			

Saturday 8th February Event 28 Heptathlon: #6 Men Pole Vault Mas Men

CBP: B 3.30m 28/01/2023 Kevin Byrne 50, Dundrum Sout						
2023: 3.30m 28/01/2023 Kevin Byrne 50, Dundrum Sout						
Name	Age	Team			Finals	Points
1 Grant Stirling	45	EASTBOURNE R			3.39mB	573
2.99 3.19 3.29 3.39 3.49						
O O XO O XXX						
2 Ron Todd	60	CENTRAL AC			3.19m	731
2.99 3.19 3.29						
O XO XXX						
3 Carson Graham	45	SHETTLESTON			2.59m	340
2.39 2.49 2.59 2.69						
O O O XXX						
4 Nicholas Walker	60	ST ALBANS AC			2.49m	464
2.49 2.69						
XXO XX-						
5 Brian Slaughter	65	EASTBOURNE R			2.39m	496
2.19 2.29 2.39 2.49						
O - O XXX						
6 Derek Glasgow	60	ARBROATH & D			2.29m	396
1.99 2.09 2.19 2.29 2.39						
XO O XO XXO XXX						
6 Andrew Pringle	60	REIGATE PRIORY AC			2.29m	396
1.89 1.99 2.09 2.19 2.29 2.39						
O XO O XXO O XXX						
8 Jerry Musselwhite	65	YATE & DISTRICT AC			2.09m	381
1.99 2.09 2.19						
XO XXO XXX						

Saturday 8th February Event 29 Indoor Pentathlon: #2 Boys Long Jump U13 Boys

CBP: B 4.68m 03/02/2018 Daniel Martin, Giffnock Nor						
2023: 4.13m 28/01/2023 Joseph Lanahan, Shettleston						
Name	Age	Team			Finals	Points
1 Eli Crawford		SPRINGBURN HARRIERS			3.81m	176
X 3.81m 3.52m						
2 Riley Davidson		INVERNESS HA			3.67m	155
3.53m 3.65m 3.67m						
3 Patrick McAtarsney		FALKIRK VICT			3.66m	153
X 3.66m X						
4 Brodie Swift		MUSSELBURGH			3.65m	152
3.65m 3.53m 3.60m						
5 David Onireti		SPRINGBURN HARRIERS			3.64m	150
3.28m 3.64m 3.53m						
6 Ethan Hughes		NORTH SHIELD			3.58m	142
3.32m 3.24m 3.58m						
7 Charlie Mackenzie		VP-GLASGOW AC			3.43m	121
3.40m 3.33m 3.43m						
8 Samuel Head		HARMENY AC			3.37m	112
3.36m 3.37m 3.30m						
9 Sam Porter		NORTH SHIELD			3.17m	86
2.90m X 3.17m						

Saturday 8th February Event 29 Indoor Pentathlon: #2 Boys Long Jump U13 Boys

CBP: B 4.68m 03/02/2018 Daniel Martin, Giffnock Nor
2023: 4.13m 28/01/2023 Joseph Lanahan, Shettleston

Name	Age	Team	Finals	Points
Flight 2				
1 Blake Burchill		HARMENY AC	4.95mB	373
4.58m 4.83m 4.95m				
2 Hugo Stewart		GIFFNOCK NORTH AC	4.45m	281
4.18m 4.27m 4.45m				
3 Luke Brodie		HARMENY AC	4.37m	267
4.37m 4.37m 3.94m				
4 Simon Fraser		VP-GLASGOW AC	4.28m	252
4.28m 4.16m 4.07m				
4 Ben Silver		HARMENY AC	4.28m	252
3.63m 3.87m 4.28m				
6 Reuben Tinkler		VP-GLASGOW AC	4.26m	249
4.26m 3.91m 3.97m				
7 Murray Graham		NORTH AYRSHIRE AAC	4.21m	240
4.10m 4.21m 3.81m				
8 Rohan Bullock		HARMENY AC	4.03m	211
4.03m 3.85m 3.99m				
9 Hugh Ross		EDINBURGH AC	3.71m	161
3.63m 3.71m 3.68m				

Saturday 8th February Event 30 Indoor Pentathlon: #3 Girls Shot Put U13 Girls

CBP: B 11.03m 01/02/2020 Jessie Caig, VP-Glasgow A
 2023: 7.72m 28/01/2023 Dionne Maguinness, Airdrie Harr

Name	Age	Team	Finals	Points
Flight 1				
1 Lili Sharman		ABERDEEN AAC	8.15m	409
7.15m 7.88m 8.15m				
2 Amelia Abrami		CUMBERNAULD AAC	6.77m	320
6.77m 6.03m 6.67m				
3 Annabelle McCann		SPRINGBURN HARRIERS	6.06m	275
6.06m 4.66m 5.99m				
4 Blythe Graham		SPRINGBURN HARRIERS	5.87m	263
X 5.87m 5.84m				
5 Libby Brown		KILMARNOCK H&AC	5.58m	245
5.50m 5.58m 4.70m				
6 Molly Brown		SHETTLESTON	5.57m	244
5.01m 5.57m 0.43m				
6 Cadha Mcluskey		HARMENY AC	5.57m	244
4.83m 4.74m 5.57m				
8 Jessica Wilson		SPRINGBURN HARRIERS	5.56m	243
5.56m 4.81m 4.88m				
9 Maisie Dillon		INVERNESS HA	5.40m	233
5.40m 5.31m 5.20m				
10 Bethany Hawkins		CUMBERNAULD AAC	5.36m	231
5.36m 4.77m 5.22m				
11 Molly O'Brien		SPRINGBURN HARRIERS	5.28m	226
1.95m 5.28m 5.05m				
12 Karley Paterson		ABERDEEN AAC	5.06m	212
5.06m X 4.13m				
13 Esme Wells		MUSSELBURGH	5.00m	208
4.49m X 5.00m				
14 Zoe Coull		HARMENY AC	4.99m	208
4.99m 4.76m 4.91m				
15 Nina Millar		MUSSELBURGH	4.58m	182
4.14m 4.43m 4.58m				
16 Eva Lane		AIRDRIE HARRIERS	4.53m	179
3.96m 4.26m 4.53m				
17 Eliza Brown		NORTH SHIELD	4.41m	171
4.21m X 4.41m				
18 Mairi-Louise Carson		GIFFNOCK NORTH AC	4.23m	160
3.07m 3.92m 4.23m				
19 Sophie Lewandowski		WHITEMOSS AAC	3.91m	141
X 3.48m 3.91m				
20 Iona Cornfoot		GIFFNOCK NORTH AC	3.86m	138
3.86m X 3.71m				
20 Alice Thomas		DUNFERMLINE	3.86m	138
3.41m 3.86m 3.80m				
22 Erin Crawford		MUSSELBURGH	3.75m	131
3.28m 3.75m 3.71m				

Saturday 8th February Event 31 Heptathlon: #4 Men High Jump U20 Men

CBP: B 2.00m 04/03/2017 Liam Reveley, Blaydon Harr						
2023: 1.85m 28/01/2023 Lexx McConville U20, Windsor Slou						
Name	Age	Team	Finals	Points		
1 Zak Fearn U20		TEAM EAST LOTHIAN	1.76m	593		
	1.64	1.67	1.70	1.73	1.76	1.79
	O	-	O	-	O	XXX
2 Luc Macleod U20		BANCHORY STO	1.73m	569		
	1.55	1.58	1.61	1.64	1.67	1.70 1.73 1.76
	O	-	O	-	XO	O O XXX
3 Jack McInnes U20		PITREAVIE AAC	1.58m	449		
	1.55	1.58	1.61			
	XXO	XXO	XXX			

Saturday 8th February Event 31 Heptathlon: #4 Men High Jump Senior Men

CBP: B 2.01m 03/02/2018 Liam Reveley, Blaydon Harr									
2023: 1.94m 28/01/2023 Adam Hoole Sen, Team East Lo									
Name	Age	Team	Finals	Points					
1 Sulaiman Ouiles		CHELTHENHAM A	2.03mB	831					
	1.82	1.85	1.88	1.91	1.94	1.97	2.00	2.03	2.06
	O	-	O	-	XXO	O	XO	O	X
2 Oliver Adnitt		KINGSTON UPO	2.00m	803					
	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00	2.03
	O	XO	XO	O	XXO	XXO	O	O	XXX
3 Evan Campbell		JERSEY SPARTANS AC	1.97m	776					
	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00
	-	O	O	-	O	O	O	O	XXX
4 Stephen Bates		NUNEATON HARRIERS	1.85m	670					
	1.70	1.73	1.76	1.79	1.82	1.85	1.88		
	O	-	O	XO	XXO	O	XXX		
4 Conrad Winter		CITY OF NORWICH	1.85m	670					
	1.73	1.76	1.79	1.82	1.85	1.88			
	O	O	XXO	XO	XXO	XXX			
6 Alister Mackay		TEAM EAST LOTHIAN	1.76m	593					
	1.70	1.73	1.76	1.79					
	O	-	XO	XXX					
6 Adam Hoole		TEAM EAST LOTHIAN	1.76m	593					
	1.76	1.79	1.82						
	O	-	XXX						
6 Cal McLennan		BASINGSTOKE	1.76m	593					
	1.70	1.73	1.76	1.79					
	O	O	XXO	XXX					
6 Euan Wallace		CUMBERNAULD AAC	1.76m	593					
	1.70	1.73	1.76	1.79					
	XO	-	XXO	XXX					
6 William Hodi		NAIRN AREA AAC	1.76m	593					
	1.70	1.73	1.76	1.79					
	XO	-	O	-					
11 Jay Cook		BURY AC	1.73m	569					
	1.64	1.67	1.70	1.73	1.76				
	XO	-	XO	XO	XXX				

Saturday 8th February Event 32 Heptathlon: #2 Men Long Jump U17 Men

CBP: B 6.77m 16/02/2019 Murray Fotheringham U17, Giffnock No
 2023: 6.21m 28/01/2023 Sammy Lok U17, Corby AC

Name	Age	Team	Finals	Points
1 Douglas Knox		SPRINGBURN HARRIERS	6.68m	739
6.68m 6.65m X				
2 Nathan Mobbs		NORTH AYRSHIRE AAC	6.37m	668
X 6.37m 6.35m				
3 Murray Taylor		INVERNESS HA	6.24m	639
X X 6.24m				
4 Ewan Andrews		ABERDEEN AAC	5.64m	510
5.64m 4.19m X				
5 Louis Vallet		ABERDEEN AAC	5.46m	473
5.38m 5.46m X				
6 Oliver Cooper		BURY AC	5.42m	465
X 5.42m X				
7 Ruaridh Brewer		VP-GLASGOW AC	5.02m	386
5.02m 4.96m X				
8 Zach White		SPRINGBURN HARRIERS	4.97m	377
4.97m 4.91m 4.85m				
9 Alexander Edwards		ALTRINCHAM &	4.78m	341
X 4.78m X				

Saturday 8th February Event 32 Heptathlon: #2 Men Long Jump Mas Men

CBP: B 4.87m 28/01/2023 Kevin Byrne 50, Dundrum Sout
 2023: 4.87m 28/01/2023 Kevin Byrne 50, Dundrum Sout

Name	Age	Team	Finals	Points
1 Carson Graham 45		SHETTLESTON	5.63mB	704
5.63m 5.34m 5.47m				
2 Grant Stirling 45		EASTBOURNE R	5.42mB	650
X X 5.42m				
3 Andrew Pringle 60		REIGATE PRIORY AC	4.59m	666
4.34m 4.34m 4.59m				
4 Derek Glasgow 60		ARBROATH & D	4.11m	523
X X 4.11m				
5 Brian Slaughter 65		EASTBOURNE R	4.03m	576
3.62m 4.03m 3.96m				
6 Jerry Musselwhite 65		YATE & DISTRICT AC	3.77m	496
3.65m 3.77m 3.48m				

Saturday 8th February Event 33 Indoor Pentathlon: #3 Boys Shot Put U15 Boys

CBP: B 15.17m 01/02/2020 Liam Shaw, Athenry AC
 2023: 10.79m 28/01/2023 Douglas Knox, Springburn H

Name	Age	Team	Finals	Points
1 Joseph Lanahan 9.43m X 10.11m		SHETTLESTON	10.11m	492
2 Michael Massey 8.84m X 9.73m		PITREAVIE AAC	9.73m	469
3 Tyler Philip 7.31m 7.27m 7.06m		ABERDEEN AAC	7.31m	326
4 Calum Fitzgerald 6.40m 6.70m 6.44m		KILMARNOCK H&AC	6.70m	290
5 Sol Currie 6.55m 6.62m 6.63m		INVERCLYDE AC	6.63m	286
6 Ruairidh Mclellan 6.58m 6.24m 6.30m		INVERCLYDE AC	6.58m	283
7 Matthew Blackhurst 6.30m 6.48m X		MONTROSE & D	6.48m	277
8 Rory Logg 6.18m 6.20m 6.33m		EDINBURGH AC	6.33m	268
9 Joseph Duff 5.87m 6.32m 5.76m		KILMARNOCK H&AC	6.32m	267
10 Tristan Wong 6.00m 6.09m 5.50m		VP-GLASGOW AC	6.09m	254
11 Magnus Sosu 4.11m 4.36m 4.52m		SPRINGBURN HARRIERS	4.52m	164

Sunday 9th February Event 34 Heptathlon: #5 Men 60 m H U20 Men

CBP: B 8.18 16/02/2019 Scott Connal U20, Edinburgh AC
 2023: 8.86 28/01/2023 Euan Wallace U20, Cumbernauld

Name	Age	Team	Finals	Points
Section 1				
1 Luc Macleod U20		BANCHORY STO	9.04	737
2 Zak Fearn U20		TEAM EAST LOTHIAN	9.26	690
3 Jack McInnes U20		PITREAVIE AAC	11.37	312

Sunday 9th February Event 34 Heptathlon: #5 Men 60 m H Senior Men

CBP: B 8.11 28/01/2023 Adam Hoole Sen, Team East Lo
 2023: 8.11 28/01/2023 Adam Hoole Sen, Team East Lo

Name	Age	Team	Finals	Points
Section 1				
1 Alister Mackay		TEAM EAST LOTHIAN	8.57	843
2 Conrad Winter		CITY OF NORWICH	8.68	818
3 Euan Wallace		CUMBERNAULD AAC	8.92	764
4 Cal McLennan		BASINGSTOKE	9.02	741
Section 2				
1 Adam Hoole		TEAM EAST LOTHIAN	8.09B	959
2 William Hodi		NAIRN AREA AAC	8.44	874
3 Oliver Adnitt		KINGSTON UPO	8.58	841
4 Stephen Bates		NUNEATON HARRIERS	8.75	802
5 Evan Campbell		JERSEY SPARTANS AC	9.37	666

Sunday 9th February Event 35 Heptathlon: #5 Men 60 m H U17 Men

Name	Age	Team	Finals	Points
CBP: B	8.48	29/01/2022	Daniel Martin, Giffnock Nor	
2023:	8.49	28/01/2023	Corey Beechall U17, Liverpool Ha	

Section 1

1	Douglas Knox	SPRINGBURN HARRIERS	8.46B	869
2	Murray Taylor	INVERNESS HA	8.66	823
3	Nathan Mobbs	NORTH AYRSHIRE AAC	8.75	802
4	Louis Vallet	ABERDEEN AAC	9.33	675
5	Oliver Cooper	BURY AC	9.34	673
6	Zach White	SPRINGBURN HARRIERS	9.62	615
7	Ewan Andrews	ABERDEEN AAC	9.77	585
8	Alexander Edwards	ALTRINCHAM &	10.14	515

Sunday 9th February Event 36 Indoor Pentathlon: #1 Women 60 m H U20 Women

Name	Age	Team	Finals	Points
CBP: B	8.63	02/02/2020	Abigail Pawlett, Stockport Tr	
2023:	8.79	29/01/2023	Freya Dockerty U20, Sale Harrier	

1	Hannah Wilson	GATESHEAD HA	9.11	887
2	Tilly Lodge	GATESHEAD HA	9.45	818
3	Senna Gorvett	BLYTH RUNNING CLUB	9.58	792
4	Jessie Caig	NORTH AYRSHIRE AAC	9.82	746
5	Charis Crawford	SPRINGBURN HARRIERS	10.24	668
6	Niamh Reilly	CUMBERNAULD AAC	10.52	618

Sunday 9th February Event 36 Indoor Pentathlon: #1 Women 60 m H Senior Women

Name	Age	Team	Finals	Points
CBP: B	8.53	02/02/2020	Holly Mills, Andover AC	
2023:	9.26	29/01/2023	Charlotte Rutter Sen, Darlington H	

1	Christina Ryan	CITY OF SHEF	9.29	850
2	Tallulah Sullivan	LOUGHBOROUGH	10.20	675
3	Olivia Carah	EDINBURGH AC	10.37	644
4	Isla Raeburn	GLASGOW UNIV	10.51	620
5	Stroma Fraser	INVERNESS HA	10.84	563

Section 2

1	Amy Kennedy	CUMBERNAULD AAC	9.03	904
2	Ellise Fryer-Francis	SALE HARRIERS	9.11	887
3	Lucy Woodward	LIVERPOOL HA	9.52	804
4	Katie Le Rougetel	JERSEY SPARTANS AC	9.94	723

Sunday 9th February Event 37 Heptathlon: #5 Men 60 m H Mas Men

Name	Age	Team	Finals	Points
CBP: B	10.04	28/01/2023	Kevin Byrne 50, Dundrum Sout	
2023:	10.04	28/01/2023	Kevin Byrne 50, Dundrum Sout	

Section 1

1	Grant Stirling 45	EASTBOURNE R	9.67B	730
2	Carson Graham 45	SHETTLESTON	10.12	642
3	Andrew Pringle 60	REIGATE PRIORY AC	11.11	597
4	Brian Slaughter 65	EASTBOURNE R	11.48	621
5	Derek Glasgow 60	ARBROATH & D	12.47	385
6	Jerry Musselwhite 65	YATE & DISTRICT AC	13.19	365

Sunday 9th February Event 38 Indoor Pentathlon: #1 Women 60 m H U17 Women

=====
CBP: B 8.95 14/02/2016 Holly McArthur, Whitemoss AA
2023: 9.17 29/01/2023 Shannon Brown U17, North Ayrshi

Name	Age	Team	Finals	Points
===== Section 1				
1 Leanna Elliot		CUMBERNAULD AAC	9.59	791
2 Faye Allan		PITREAVIE AAC	10.05	703
3 Daisy Hendry		ROSS COUNTY AC	10.49	623
4 Kayleigh Simpson		ARBROATH & D	10.69	589
5 Anna Ross		GIFFNOCK NORTH AC	10.93	548
6 Emily Shearer		VP-GLASGOW AC	11.21	503
7 Beth McWilliam		LASSWADE AC	11.31	487
8 Thea Cooke		TEAM EAST LOTHIAN	11.85	405
Section 2				
1 Elizabeth Cook		ABERDEEN AAC	9.79	752
2 Hazel Prince		CENTRAL AC	10.16	682
3 Emma Thomson		LASSWADE AC	11.26	495
4 Estelle Giraud		SHETTLESTON	11.27	493
5 Sophie Chalmers		NORTH AYRSHIRE AAC	11.58	445
6 Evie Watters		NORTH AYRSHIRE AAC	11.69	429
7 Emily Tollett		SPRINGBURN HARRIERS	11.94	392
8 Yvie Pettigrew		NORTH AYRSHIRE AAC	12.30	343
Section 3				
1 Cara Monachello		KILMARNOCK H&AC	9.19	871
2 Beth Aitchison		DUNDEE HAWKH	9.25	858
3 Gemma Forgie		ABERDEEN AAC	9.47	814
4 Anna Hirst		GATESHEAD HA	9.51	806
5 Aneesah King Oubacha		VP-GLASGOW AC	9.99	714
6 Cara Heron		GIFFNOCK NORTH AC	10.02	708
7 Kaydi Smith		DUNDEE HAWKH	11.61	441

Sunday 9th February Event 39 Indoor Pentathlon: #1 Girls 60 m H U15 Girls

=====
 CBP: B 9.20 29/01/2023 Holly Whittaker, Elgin AAC
 2023: 9.20 29/01/2023 Holly Whittaker, Elgin AAC

Name	Age	Team	Finals	Points
Section 1				
1 Jessica Bell		SPRINGBURN HARRIERS	11.76	418
2 Hannah Mackay		INVERNESS HA	12.16	362
3 Aggie Cooke		MUSSELBURGH	12.40	329
4 Ruby Sillitoe		SPRINGBURN HARRIERS	12.68	293
5 Beth Wells		SPRINGBURN HARRIERS	13.01	254
6 Sophia Phillips		AIRDRIE HARRIERS	13.10	243
7 Layla Duthie		SPRINGBURN HARRIERS	13.41	209
Section 2				
1 Eilidh Brown		GIFFNOCK NORTH AC	10.81	568
2 Zuzanna Arnott		SPRINGBURN HARRIERS	11.05	528
3 Iona Thompson		INVERNESS HA	11.15	512
4 Beth Mould		SPRINGBURN HARRIERS	11.96	389
5 Abi Campbell		MUSSELBURGH	12.01	382
6 Ella O'Brien		SPRINGBURN HARRIERS	12.20	356
7 Kate Douglas		MUSSELBURGH	12.71	290
Section 3				
1 Tessa Gray		CENTRAL AC	10.15	684
2 Katie Heron		GIFFNOCK NORTH AC	10.32	653
3 Maya Buchan		HARMENY AC	10.59	606
4 Leah Paterson		AIRDRIE HARRIERS	10.74	580
5 Isla Preston		NORTH AYRSHIRE AAC	10.89	555
6 Laura Todesco		GIFFNOCK NORTH AC	11.20	504
7 India Gorvett		BLYTH RUNNING CLUB	14.76	88
Section 4				
1 Dionne Maguinness		AIRDRIE HARRIERS	9.58	792
2 Rachel Carvel		CENTRAL AC	9.85	740
3 Freya Lonnen		INVERNESS HA	9.86	738
4 Kirsty Moffat		FALKIRK VICT	10.13	688
5 Aine McAtarsney		FALKIRK VICT	10.23	670
6 Sandie Keddie		CUMBERNAULD AAC	10.26	664
7 Morven Kenny		LASSWADE AC	10.36	646

Sunday 9th February Event 40 Men 3000 m Mas Men

CBP: B 8:35.89 29/01/2023 Darrell Hastie 40, Gala Har
 2023: 8:35.89 29/01/2023 Darrell Hastie 40, Gala Har

Name Age Team Finals

Section 1

1	David Wright	35	LOTHIAN RC	8:38.89
2	Scott Macleod	35	EDINBURGH AC	9:12.53
3	Steven Fitzpatrick	35	CAMBUSLANG HARRIERS	9:17.34
4	Andrew McCall	35	GREENOCK GLE	9:19.01
5	Alistair Campbell	35	CAMBUSLANG HARRIERS	9:26.67
6	Andrew Casey	35	ABERDEEN AAC	9:33.95
7	David Houston	35	SHETTLESTON	9:52.36
8	Mark Beagrie	35	PETERHEAD AC	10:07.32

Section 2

1	Brent Brodie	50	BELLAHOUSTON	9:34.25
2	Paul Kieran	50	PH RACING CLUB	9:41.00
3	Gordon Barrie	50	DUNDEE HAWKH	9:41.37
4	Tim Hely	50	EDINBURGH AC	9:47.00
5	Mark Gallacher	50	CAMBUSLANG HARRIERS	9:51.57
6	Lewis Orr	50	EDINBURGH AC	11:04.91

Section 3

1	Colin Whitby	40	GARSCUBE HARRIERS	9:26.17
2	Stuart Gibson	40	CAMBUSLANG HARRIERS	9:29.44
3	Mario Rui Menier Povoia	40	CENTRAL AC	9:41.81
4	Graham Andrew	40	GARSCUBE HARRIERS	9:58.45
5	Paul Gooding	40	WEST END RR	10:08.28
6	Philip Robinson	40	WEST END RR	10:33.61

Section 4

1	Neil Lafferty	45	GREENOCK GLE	9:21.02
2	Kenneth Neill	45	AYR SEAFORTH AC	9:49.98
3	Kenneth McWilliam	45	LASSWADE AC	9:59.25
4	Richard O'Grady	45	HELENSBURGH AAC	10:16.89
5	Malcolm Jones	45	WEST END RR	10:25.68
6	Iain Craven	45	EDINBURGH AC	11:04.74

Section 5

1	Chris Upson	60	CAMBUSLANG HARRIERS	9:58.80
2	David Gardiner	55	MOTHERWELL AC	10:03.75
3	Roger Van Gompel	55	DUNDEE HAWKH	10:12.17
4	Grant Matheson	60	FALKIRK VICT	10:40.05
5	John Thomson	65	FIFE AC	10:45.93
6	David Thom	60	CAMBUSLANG HARRIERS	11:09.38
7	Graeme Jack	60	WEST END RR	11:20.40

Sunday 9th February Event 41 Women 3000 m Mas Women

CBP: B 10:27.30 30/01/2022 Lesley Bell 45, Garscube H
 2023: 11:09.55 29/01/2023 Jacqueline Etherington 40,

Name Age Team Finals

Section 1

1	Kirsty Macaulay	35	CORSTORPHINE AAC	10:12.14B
2	Lisa Gawthorne	40	VEGAN RUNNERS UK	10:51.25
3	Jacqueline Etherington	45	CAMBUSLANG HARRIERS	11:08.57
4	Fiona Matheson	60	FALKIRK VICT	11:17.12
5	Karen Patel	50	WEST END RR	11:36.65
6	Susan Ridley	55	EDINBURGH AC	12:02.97
7	Karen Dobbie	55	EDINBURGH AC	12:11.51

Sunday 9th February Event 42 Heptathlon: #7 Men 1000 m U20 Men

Name	Age	Team	Finals	Points
=====				
CBP: B 2:37.09 04/03/2017 Euan Urquhart, VP-Glasgow A				
2023: 2:40.64 28/01/2023 Jonathan Cameron U20, Inverclyde A				
Name	Age	Team	Finals	Points
=====				
1 Luc Macleod U20		BANCHORY STO	2:38.61	889
2 Zak Fearn U20		TEAM EAST LOTHIAN	2:47.51	792
3 Jack McInnes U20		PITREAVIE AAC	3:21.41	470

Sunday 9th February Event 43 Heptathlon: #7 Men 1000 m Senior Men

Name	Age	Team	Finals	Points
=====				
CBP: B 2:38.17 28/01/2023 Harry Lord Sen, Sale Harrier				
2023: 2:38.17 28/01/2023 Harry Lord Sen, Sale Harrier				
Name	Age	Team	Finals	Points
=====				
1 Cal McLennan		BASINGSTOKE	2:38.77	887
2 William Hodi		NAIRN AREA AAC	2:41.29	859
3 Stephen Bates		NUNEATON HARRIERS	2:42.40	847
4 Oliver Adnitt		KINGSTON UPO	2:48.83	778
5 Evan Campbell		JERSEY SPARTANS AC	2:48.98	776
6 Alister Mackay		TEAM EAST LOTHIAN	2:49.25	773
7 Conrad Winter		CITY OF NORWICH	2:55.08	713

Sunday 9th February Event 44 Heptathlon: #7 Men 1000 m Mas Men

Name	Age	Team	Finals	Points
=====				
CBP: B 3:33.86 28/01/2023 Phil Robinson 50, St Helens Su				
2023: 3:33.86 28/01/2023 Phil Robinson 50, St Helens Su				
Name	Age	Team	Finals	Points
=====				
1 Jerry Musselwhite 65		YATE & DISTRICT AC	3:32.00B	800
2 Andrew Pringle 60		REIGATE PRIORY AC	3:43.03	634
3 Brian Slaughter 65		EASTBOURNE R	3:44.06	702
4 Grant Stirling 45		EASTBOURNE R	3:51.59	366
5 Derek Glasgow 60		ARBROATH & D	3:53.89	552
6 Carson Graham 45		SHETTLESTON	3:57.69	325

Sunday 9th February Event 45 Heptathlon: #7 Men 1000 m U17 Men

Name	Age	Team	Finals	Points
=====				
CBP: B 2:43.41 28/01/2023 James Clark U17, VP-Glasgow A				
2023: 2:43.41 28/01/2023 James Clark U17, VP-Glasgow A				
Name	Age	Team	Finals	Points
=====				
1 Douglas Knox		SPRINGBURN HARRIERS	2:51.92	746
2 Nathan Mobbs		NORTH AYRSHIRE AAC	2:58.19	682
3 Alexander Edwards		ALTRINCHAM &	3:01.26	652
4 Murray Taylor		INVERNESS HA	3:10.22	568
5 Oliver Cooper		BURY AC	3:15.80	518
6 Zach White		SPRINGBURN HARRIERS	3:27.08	424
7 Louis Vallet		ABERDEEN AAC	3:39.44	330

Sunday 9th February Event 46 Indoor Pentathlon: #5 Women 800 m U17 Women

CBP: B 2:15.82 14/02/2016 Holly McArthur, Whitemoss AA
 2023: 2:29.47 29/01/2023 Nell McGregor U17, North Ayrshi

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

1	Beth McWilliam	LASSWADE AC	2:33.05	655
2	Evie Watters	NORTH AYRSHIRE AAC	2:52.28	440
3	Thea Cooke	TEAM EAST LOTHIAN	2:57.07	393
4	Sophie Chalmers	NORTH AYRSHIRE AAC	3:11.61	265
5	Yvie Pettigrew	NORTH AYRSHIRE AAC	3:25.39	165

Section 2

1	Kayleigh Simpson	ARBROATH & D	2:31.31	677
2	Anna Ross	GIFFNOCK NORTH AC	2:32.03	668
3	Emma Thomson	LASSWADE AC	2:32.18	666
4	Emily Shearer	VP-GLASGOW AC	2:38.42	591
5	Estelle Giraud	SHETTLESTON	2:55.04	413
6	Emily Tollett	SPRINGBURN HARRIERS	3:20.85	196

Section 3

1	Aneesah King Oubacha	VP-GLASGOW AC	2:31.33	676
2	Faye Allan	PITREAVIE AAC	2:34.96	632
3	Daisy Hendry	ROSS COUNTY AC	2:43.05	538
4	Cara Heron	GIFFNOCK NORTH AC	2:45.99	506
5	Kaydi Smith	DUNDEE HAWKH	3:02.06	346
6	Hazel Prince	CENTRAL AC	3:09.16	285

Section 4

1	Cara Monachello	KILMARNOCK H&AC	2:29.81	695
2	Leanna Elliot	CUMBERNAULD AAC	2:31.15	679
3	Gemma Forgie	ABERDEEN AAC	2:40.03	573
4	Elizabeth Cook	ABERDEEN AAC	2:40.65	565
5	Beth Aitchison	DUNDEE HAWKH	2:43.53	533
6	Anna Hirst	GATESHEAD HA	2:49.14	473

Sunday 9th February Event 47 Indoor Pentathlon: #5 Women 800 m U20 Women

CBP: B 2:13.81 17/02/2019 Steph Driscoll U20, Liverpool Ha
 2023: 2:25.12 29/01/2023 Stroma Fraser U20, Inverness Ha

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

Section 1

1	Hannah Wilson	GATESHEAD HA	2:29.32	701
2	Senna Gorvett	BLYTH RUNNING CLUB	2:31.55	674
3	Tilly Lodge	GATESHEAD HA	2:31.79	671
4	Niamh Reilly	CUMBERNAULD AAC	2:43.47	534
5	Jessie Caig	NORTH AYRSHIRE AAC	2:53.02	433
6	Charis Crawford	SPRINGBURN HARRIERS	2:53.23	431

Sunday 9th February Event 47 Indoor Pentathlon: #5 Women 800 m Senior Women

CBP: B 2:19.03 02/02/2020 Jo Rowland, Crawley AC
 2023: 2:23.78 29/01/2023 Amy McTeggart Sen, Boyne AC

Name	Age	Team	Finals	Points
Section 1				
1 Christina Ryan		CITY OF SHEF	2:21.85	799
2 Lucy Woodward		LIVERPOOL HA	2:23.54	776
3 Katie Le Rougetel		JERSEY SPARTANS AC	2:45.83	508
4 Olivia Carah		EDINBURGH AC	2:47.15	494
Section 2				
1 Tallulah Sullivan		LOUGHBOROUGH	2:20.57	816
2 Stroma Fraser		INVERNESS HA	2:23.96	771
3 Ellise Fryer-Francis		SALE HARRIERS	2:29.55	699
4 Amy Kennedy		CUMBERNAULD AAC	2:35.72	623
5 Isla Raeburn		GLASGOW UNIV	2:37.58	601

Sunday 9th February Event 48 Indoor Pentathlon: #5 Girls 800 m U15 Girls

CBP: B 2:20.95 14/02/2016 Steph Driscoll, Kendal AC
 2023: 2:31.80 29/01/2023 Grace Elizabeth Malley, Whitemoss

Name	Age	Team	Finals	Points
Section 1				
1 Beth Wells		SPRINGBURN HARRIERS	2:49.00	474
2 Abi Campbell		MUSSELBURGH	2:53.05	432
3 Jessica Bell		SPRINGBURN HARRIERS	2:55.58	407
4 Kate Douglas		MUSSELBURGH	2:59.10	374
5 Aggie Cooke		MUSSELBURGH	3:04.64	323
6 India Gorvett		BLYTH RUNNING CLUB	3:04.79	322
7 Layla Duthie		SPRINGBURN HARRIERS	3:07.17	301
Section 2				
1 Maya Buchan		HARMENY AC	2:39.20	582
2 Hannah Mackay		INVERNESS HA	2:49.18	472
3 Laura Todesco		GIFFNOCK NORTH AC	2:53.90	424
4 Ella O'Brien		SPRINGBURN HARRIERS	2:54.38	419
5 Beth Mould		SPRINGBURN HARRIERS	3:00.12	364
6 Sophia Phillips		AIRDRIE HARRIERS	3:01.64	350
7 Zuzanna Arnott		SPRINGBURN HARRIERS	3:06.53	307
Section 3				
1 Eilidh Brown		GIFFNOCK NORTH AC	2:41.72	553
2 Aine McAtarsney		FALKIRK VICT	2:44.16	526
3 Tessa Gray		CENTRAL AC	2:46.80	497
4 Isla Preston		NORTH AYRSHIRE AAC	2:52.31	440
5 Katie Heron		GIFFNOCK NORTH AC	3:00.45	361
6 Iona Thompson		INVERNESS HA	3:06.09	311
7 Leah Paterson		AIRDRIE HARRIERS	3:12.96	254
Section 4				
1 Dionne Maguinness		AIRDRIE HARRIERS	2:25.17	755
2 Morven Kenny		LASSWADE AC	2:41.87	552
3 Rachel Carvel		CENTRAL AC	2:45.80	508
4 Freya Lonnen		INVERNESS HA	2:51.62	447
5 Sandie Keddie		CUMBERNAULD AAC	2:52.56	437
6 Kirsty Moffat		FALKIRK VICT	2:52.65	436

Sunday 9th February Event 49 Indoor Pentathlon: #2 Girls High Jump U15 Girls

CBP: B 1.61m 14/02/2016 Beau Studholme, Carlisle Asp
 CBP: B 1.61m 02/02/2020 Kate Harvie, Lasswade AC
 2023: 1.53m 29/01/2023 Kaydi Smith, Dundee Hawk

Name Age Team Finals Points

Flight 1

1	Rachel Carvel	CENTRAL AC	1.68mB	830
	1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71			
	0 0 0 0 0 0 XO XXO XXX			
2	Dionne Maguinness	AIRDRIE HARRIERS	1.65mB	795
	1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68			
	0 XO 0 0 0 0 0 XXX			
3	Morven Kenny	LASSWADE AC	1.47m	588
	1.32 1.35 1.38 1.41 1.44 1.47 1.50			
	0 0 0 XO 0 0 XXX			
4	Ella O'Brien	SPRINGBURN HARRIERS	1.44m	555
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47			
	0 0 0 0 0 0 XO 0 XXX			
5	Laura Todesco	GIFFNOCK NORTH AC	1.41m	523
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44			
	0 0 0 0 0 XO XO XXX			
5	Leah Paterson	AIRDRIE HARRIERS	1.41m	523
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44			
	0 0 0 0 0 XO 0 XXX			
7	Iona Thompson	INVERNESS HA	1.38m	491
	1.23 1.26 1.29 1.32 1.35 1.38 1.41			
	0 0 0 0 XO XXO XXX			
8	Tessa Gray	CENTRAL AC	1.35m	460
	1.23 1.26 1.29 1.32 1.35 1.38			
	0 0 0 0 XO XXX			
9	Isla Preston	NORTH AYRSHIRE AAC	1.32m	429
	1.23 1.26 1.29 1.32 1.35			
	0 0 0 0 XXX			
9	Aine McAtarsney	FALKIRK VICT	1.32m	429
	1.23 1.26 1.29 1.32 1.35			
	0 0 0 0 XXX			
11	Maya Buchan	HARMENY AC	1.29m	399
	1.23 1.26 1.29 1.32			
	0 XO 0 XXX			
12	Katie Heron	GIFFNOCK NORTH AC	1.26m	369
	1.23 1.26 1.29			
	XO 0 XXX			
12	Eilidh Brown	GIFFNOCK NORTH AC	1.26m	369
	1.23 1.26 1.29			
	XO XO XXX			

Sunday 9th February Event 49 Indoor Pentathlon: #2 Girls High Jump U15 Girls

CBP: B 1.61m 14/02/2016 Beau Studholme, Carlisle Asp
 CBP: B 1.61m 02/02/2020 Kate Harvie, Lasswade AC
 2023: 1.53m 29/01/2023 Kaydi Smith, Dundee Hawk

Name	Age	Team	Finals	Points
Flight 2				
1 India Gorvett		BLYTH RUNNING CLUB	1.41m	523
1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44				
0 0 0 0 0 0 XO 0 XXO XO XXX				
2 Sandie Keddie		CUMBERNAULD AAC	1.38m	491
1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41				
0 0 0 XO 0 0 XXO XO XXX				
3 Sophia Phillips		AIRDRIE HARRIERS	1.32m	429
1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35				
0 0 0 0 0 0 0 XXO XXX				
3 Zuzanna Arnott		SPRINGBURN HARRIERS	1.32m	429
1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35				
0 0 0 0 0 0 XO XO XXX				
5 Aggie Cooke		MUSSELBURGH	1.29m	399
1.14 1.17 1.20 1.23 1.26 1.29 1.32				
0 0 XO 0 XXO XO XXX				
6 Beth Mould		SPRINGBURN HARRIERS	1.26m	369
1.14 1.17 1.20 1.23 1.26 1.29				
0 0 XO XO 0 XXX				
6 Kirsty Moffat		FALKIRK VICT	1.26m	369
1.11 1.14 1.17 1.20 1.23 1.26 1.29				
0 0 0 XO 0 0 XXX				
6 Freya Lonnen		INVERNESS HA	1.26m	369
1.11 1.14 1.17 1.20 1.23 1.26 1.29				
0 0 0 0 XO XXO XXX				
6 Jessica Bell		SPRINGBURN HARRIERS	1.26m	369
1.14 1.17 1.20 1.23 1.26 1.29				
0 0 0 XO XXO XXX				
10 Beth Wells		SPRINGBURN HARRIERS	1.23m	340
1.11 1.14 1.17 1.20 1.23 1.26				
0 0 XXO XXO 0 XXX				
10 Abi Campbell		MUSSELBURGH	1.23m	340
1.14 1.17 1.20 1.23 1.26				
0 0 0 0 XXX				
10 Hannah Mackay		INVERNESS HA	1.23m	340
1.11 1.14 1.17 1.20 1.23 1.26				
0 XO 0 XO XO XXX				
13 Ruby Sillitoe		SPRINGBURN HARRIERS	1.20m	312
1.14 1.17 1.20 1.23				
0 XXO 0 XXX				
13 Kate Douglas		MUSSELBURGH	1.20m	312
1.11 1.14 1.17 1.20 1.23				
0 0 XO XXO XXX				
-- Layla Duthie		SPRINGBURN HARRIERS	NH	
1.05				
XXX				

Sunday 9th February Event 50 Indoor Pentathlon: #3 Women Shot Put U17 Women

CBP: B 12.67m 02/02/2020 Amy Kennedy, Cumbernauld
 2023: 10.93m 29/01/2023 Shannon Brown U17, North Ayrshi

Name	Age	Team	Finals	Points
Flight 1				
1 Elizabeth Cook		ABERDEEN AAC	9.80m	516
8.91m 9.63m 9.80m				
2 Layla Rowlands		VP-GLASGOW AC	9.45m	494
9.45m 9.34m 9.28m				
3 Emily Tollett		SPRINGBURN HARRIERS	9.12m	472
8.79m 9.12m 8.99m				
4 Leanna Elliot		CUMBERNAULD AAC	8.76m	449
8.53m 8.76m 8.25m				
5 Estelle Giraud		SHETTLESTON	8.38m	424
6.75m 8.38m 7.97m				
6 Kayleigh Simpson		ARBROATH & D	8.00m	399
7.55m 7.41m 8.00m				
7 Aneesah King Oubacha		VP-GLASGOW AC	7.90m	393
7.90m 7.57m 7.71m				
8 Gemma Forgie		ABERDEEN AAC	7.60m	374
7.60m 7.45m 7.20m				
9 Cara Monachello		KILMARNOCK H&AC	7.14m	344
7.14m 6.89m 6.95m				
10 Faye Allan		PITREAVIE AAC	7.09m	341
6.89m 6.89m 7.09m				
11 Daisy Hendry		ROSS COUNTY AC	6.92m	330
6.58m 6.43m 6.92m				
12 Kaydi Smith		DUNDEE HAWKH	6.65m	313
6.23m 5.60m 6.65m				
Flight 2				
1 Hazel Prince		CENTRAL AC	7.17m	346
7.17m 6.64m 6.35m				
2 Cara Heron		GIFFNOCK NORTH AC	7.12m	343
6.21m 6.78m 7.12m				
3 Anna Ross		GIFFNOCK NORTH AC	7.04m	338
6.63m 6.84m 7.04m				
4 Yvie Pettigrew		NORTH AYRSHIRE AAC	6.82m	324
6.35m 6.82m 6.73m				
5 Emily Shearer		VP-GLASGOW AC	6.59m	309
6.59m X 6.32m				
6 Anna Hirst		GATESHEAD HA	6.29m	290
5.64m 5.91m 6.29m				
7 Beth Aitchison		DUNDEE HAWKH	6.20m	284
6.02m 6.20m 5.86m				
8 Sophie Chalmers		NORTH AYRSHIRE AAC	6.12m	279
6.11m 5.77m 6.12m				
9 Emma Thomson		LASSWADE AC	6.02m	273
5.96m 5.83m 6.02m				
10 Beth McWilliam		LASSWADE AC	5.99m	271
5.45m 5.86m 5.99m				
11 Evie Watters		NORTH AYRSHIRE AAC	5.88m	264
5.88m 5.57m 5.62m				
12 Thea Cooke		TEAM EAST LOTHIAN	5.84m	261
4.28m 5.84m 5.70m				

Sunday 9th February Event 51 Heptathlon: #6 Men Pole Vault U20 Men

CBP: B 4.57m 01/02/2020 Scott Brindley, North Ayrshi			
2023: 3.57m 28/01/2023 Morgan White U20, Sale Harrier			
Name	Age Team	Finals	Points
Flight 1			
1 Zak Fearn U20	TEAM EAST LOTHIAN	3.67m	527
3.27 3.37 3.47 3.57 3.67 3.77			
O O O O O XXX			
2 Luc Macleod U20	BANCHORY STO	3.07m	374
2.67 2.77 2.87 2.97 3.07 3.17			
O - O - O XXX			
-- Jack McInnes U20	PITREAVIE AAC	NH	
2.17			
XXX			

Sunday 9th February Event 51 Heptathlon: #6 Men Pole Vault Senior Men

CBP: B 5.17m 01/02/2020 Jack Phipps, Birchfield H			
2023: 4.87m 28/01/2023 Ewan Bradley Sen, Liverpool Ha			
Name	Age Team	Finals	Points
1 Conrad Winter	CITY OF NORWICH	4.67m	810
4.07 4.17 4.27 4.37 4.47 4.57 4.67 4.77			
- XO - O O O XXO XXX			
2 Oliver Adnitt	KINGSTON UPO	4.37m	722
3.87 3.97 4.07 4.17 4.27 4.37 4.47			
O O O XO XXO XXO XXX			
3 Alister Mackay	TEAM EAST LOTHIAN	4.17m	665
3.97 4.07 4.17 4.27			
O - XXO XXX			
4 Evan Campbell	JERSEY SPARTANS AC	4.07m	637
3.77 3.87 3.97 4.07 4.17			
XO O O O XXX			
5 Stephen Bates	NUNEATON HARRIERS	3.97m	609
3.57 3.67 3.77 3.87 3.97 4.07			
XO - O - O XXX			
6 William Hodi	NAIRN AREA AAC	3.77m	554
3.77 3.87 3.97			
O - X			
7 Cal McLennan	BASINGSTOKE	3.67m	527
3.57 3.67 3.77			
XO O XXX			
-- Adam Hoole	TEAM EAST LOTHIAN	NH	
4.27			
XXX			

Sunday 9th February Event 52 Indoor Pentathlon: #2 Women High Jump U20 Women

CBP: B 1.75m 02/02/2020 Abigail Pawlett, Stockport Tr
 2023: 1.69m 29/01/2023 Jenna Hilditch U20, VP-Glasgow A

Name	Age	Team	Finals	Points
1 Charis Crawford		SPRINGBURN HARRIERS	1.57m	701
1.48 1.51 1.54 1.57 1.60				
XO O XO XO XXX				
1 Hannah Wilson		GATESHEAD HA	1.57m	701
1.42 1.45 1.48 1.51 1.54 1.57 1.60				
O O O O XO XO XXX				
3 Senna Gorvett		BLYTH RUNNING CLUB	1.54m	666
1.39 1.42 1.45 1.48 1.51 1.54 1.57				
O O O XO XXO XO XXX				
4 Niamh Reilly		CUMBERNAULD AAC	1.48m	599
1.42 1.45 1.48 1.51				
XXO XXO XXO XXX				
5 Tilly Lodge		GATESHEAD HA	1.45m	566
1.36 1.39 1.42 1.45 1.48				
O XO XO XO XXX				
6 Jessie Caig		NORTH AYRSHIRE AAC	1.30m	409
1.27 1.30 1.33				
O O XXX				

Sunday 9th February Event 52 Indoor Pentathlon: #4 Women High Jump Senior Women

CBP: B 1.72m 17/02/2019 Sarah Connolly, Harrow AC
 2023: 1.66m 29/01/2023 Amy McTeggart Sen, Boyne AC

Name	Age	Team	Finals	Points
1 Christina Ryan		CITY OF SHEF	1.66m	806
1.54 1.57 1.60 1.63 1.66 1.69				
O O O O O XXX				
2 Katie Le Rougetel		JERSEY SPARTANS AC	1.60m	736
1.45 1.48 1.51 1.54 1.57 1.60 1.63				
O O O O XXO O XXX				
3 Ellise Fryer-Francis		SALE HARRIERS	1.57m	701
1.51 1.54 1.57 1.60				
O XO O XXX				
3 Lucy Woodward		LIVERPOOL HA	1.57m	701
1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60				
O O O O O O XO XX				
5 Tallulah Sullivan		LOUGHBOROUGH	1.54m	666
1.45 1.48 1.51 1.54 1.57				
O O XO O XXX				
5 Olivia Carah		EDINBURGH AC	1.54m	666
1.39 1.42 1.45 1.48 1.51 1.54 1.57				
O - O O O O XXX				
7 Amy Kennedy		CUMBERNAULD AAC	1.51m	632
1.51 1.54				
XO XXX				
8 Isla Raeburn		GLASGOW UNIV	1.45m	566
1.36 1.39 1.42 1.45 1.48				
XO O O XO XXX				
8 Stroma Fraser		INVERNESS HA	1.45m	566
1.33 1.36 1.39 1.42 1.45 1.48				
XO O O O XO XXX				

Sunday 9th February Event 53 Indoor Pentathlon: #4 Women Long Jump U17 Women

CBP: B 5.53m 04/02/2018 Nicole Proudfoot, Annan & Dist
 2023: 5.40m 29/01/2023 Sadie Parker U17, Blyth Runnin

Name	Age	Team	Finals	Points
1 Kayleigh Simpson		ARBROATH & D	4.61m	456
4.60m 4.59m 4.61m				
2 Elizabeth Cook		ABERDEEN AAC	4.44m	413
4.38m 4.37m 4.44m				
3 Anna Hirst		GATESHEAD HA	4.34m	388
3.60m 4.29m 4.34m				
4 Hazel Prince		CENTRAL AC	4.24m	364
4.22m 4.14m 4.24m				
5 Emily Shearer		VP-GLASGOW AC	4.19m	352
3.95m 4.19m 4.17m				
6 Evie Watters		NORTH AYRSHIRE AAC	4.11m	333
3.76m 4.11m 1.96m				
7 Emily Tollett		SPRINGBURN HARRIERS	4.09m	329
X 3.90m 4.09m				
8 Beth McWilliam		LASSWADE AC	4.01m	310
3.81m 3.91m 4.01m				
9 Sophie Chalmers		NORTH AYRSHIRE AAC	3.99m	306
3.94m 3.99m 3.98m				
10 Thea Cooke		TEAM EAST LOTHIAN	3.93m	292
3.91m 3.84m 3.93m				
11 Emma Thomson		LASSWADE AC	3.83m	270
3.63m 3.71m 3.83m				
12 Yvie Pettigrew		NORTH AYRSHIRE AAC	3.08m	121
3.08m 2.81m 2.59m				
Flight 2				
1 Leanna Elliot		CUMBERNAULD AAC	5.11m	589
4.96m X 5.11m				
2 Gemma Forgie		ABERDEEN AAC	5.03m	567
4.68m 5.03m 4.81m				
3 Kaydi Smith		DUNDEE HAWKH	4.98m	554
4.97m 4.98m 4.97m				
4 Cara Monachello		KILMARNOCK H&AC	4.92m	538
4.92m 4.92m 4.91m				
5 Beth Aitchison		DUNDEE HAWKH	4.89m	530
4.60m 4.59m 4.89m				
6 Aneesah King Oubacha		VP-GLASGOW AC	4.76m	495
4.67m 4.76m 3.42m				
7 Daisy Hendry		ROSS COUNTY AC	4.68m	474
4.34m 4.66m 4.68m				
8 Faye Allan		PITREAVIE AAC	4.65m	466
4.51m 4.61m 4.65m				
9 Cara Heron		GIFFNOCK NORTH AC	4.59m	451
4.48m 4.23m 4.59m				
10 Estelle Giraud		SHETTLESTON	4.39m	401
4.39m 4.38m 4.23m				
11 Anna Ross		GIFFNOCK NORTH AC	4.28m	374
4.25m 4.25m 4.28m				

Sunday 9th February Event 54 Heptathlon: #4 Men High Jump U17 Men

CBP: B 2.04m 16/02/2019 Murray Fotheringham U17, Giffnock No
 2023: 1.85m 28/01/2023 Corey Beechall U17, Liverpool Ha

Name	Age	Team	Finals	Points					
Flight 1									
1 Douglas Knox		SPRINGBURN HARRIERS	1.87m	687					
	1.72	1.75	1.78	1.81	1.84	1.87	1.90		
	O	O	O	XO	XO	XXO	XXX		
2 Murray Taylor		INVERNESS HA	1.84m	661					
	1.72	1.75	1.78	1.81	1.84	1.87			
	O	-	XO	XXO	XXO	XXX			
2 Nathan Mobbs		NORTH AYRSHIRE AAC	1.84m	661					
	1.72	1.75	1.78	1.81	1.84	1.87			
	XO	XO	XXO	O	XXO	XXX			
4 Louis Vallet		ABERDEEN AAC	1.78m	610					
	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	
	O	-	O	XO	O	-	XO	XXX	
5 Zach White		SPRINGBURN HARRIERS	1.72m	560					
	1.57	1.60	1.63	1.66	1.69	1.72	1.75		
	O	O	O	XO	O	XXO	XXX		
6 Ewan Andrews		ABERDEEN AAC	1.66m	512					
	1.54	1.57	1.60	1.63	1.66				
	O	O	O	XO	XO				
7 Alexander Edwards		ALTRINCHAM &	1.63m	488					
	1.51	1.54	1.57	1.60	1.63	1.66			
	O	O	O	O	O	XXX			
8 Oliver Cooper		BURY AC	1.57m	441					
	1.48	1.51	1.54	1.57	1.60				
	XXO	O	O	XO	XXX				

Sunday 9th February Event 54 Heptathlon: #4 Men High Jump Mas Men

CBP: B 1.48m 28/01/2023 Phil Robinson 50, St Helens Su
 2023: 1.48m 28/01/2023 Phil Robinson 50, St Helens Su

Name	Age	Team	Finals	Points					
1 Carson Graham	45	SHETTLESTON	1.57mB	585					
	1.45	1.48	1.51	1.54	1.57	1.60			
	O	O	O	XO	XO	XXX			
2 Grant Stirling	45	EASTBOURNE R	1.51mB	528					
	1.42	1.45	1.48	1.51	1.54				
	O	XO	XO	XO	XXX				
3 Andrew Pringle	60	REIGATE PRIORY AC	1.42m	661					
	1.21	1.24	1.27	1.30	1.33	1.36	1.39	1.42	1.45
	O	-	-	O	O	O	O	O	XXX
4 Derek Glasgow	60	ARBROATH & D	1.33m	560					
	1.30	1.33	1.36						
	XO	XO	XXX						
5 Brian Slaughter	65	EASTBOURNE R	1.30m	602					
	1.21	1.24	1.27	1.30	1.33				
	O	O	XO	XO	XXX				
6 Jerry Musselwhite	65	YATE & DISTRICT AC	1.21m	504					
	1.12	1.15	1.18	1.21	1.24	1.27			
	O	-	O	O	-	XXX			

Sunday 9th February Event 55 Indoor Pentathlon: #4 Girls Long Jump U15 Girls

CBP: B 5.27m 04/02/2018 Erin Lobley, Hallamshire
 2023: 4.89m 29/01/2023 Holly Whittaker, Elgin AAC

Name	Age	Team	Finals	Points
1 Tessa Gray		CENTRAL AC	4.33m	386
4.10m 4.12m 4.33m				
2 Katie Heron		GIFFNOCK NORTH AC	4.20m	355
4.20m 4.16m X				
3 Leah Paterson		AIRDRIE HARRIERS	4.13m	338
3.06m 2.50m 4.13m				
4 Isla Preston		NORTH AYRSHIRE AAC	4.04m	317
3.85m 4.04m 3.80m				
5 Hannah Mackay		INVERNESS HA	4.00m	308
3.92m 4.00m 3.99m				
6 Maya Buchan		HARMENY AC	3.97m	301
3.95m 3.97m 3.46m				
7 Abi Campbell		MUSSELBURGH	3.86m	276
3.60m 3.86m X				
8 Kate Douglas		MUSSELBURGH	3.84m	272
3.84m 3.59m 3.82m				
9 Beth Wells		SPRINGBURN HARRIERS	3.78m	259
X 3.62m 3.78m				
10 Beth Mould		SPRINGBURN HARRIERS	3.71m	244
3.56m 3.66m 3.71m				
11 India Gorvett		BLYTH RUNNING CLUB	3.68m	237
3.49m 3.53m 3.68m				
12 Aggie Cooke		MUSSELBURGH	3.66m	233
3.66m 3.48m X				
13 Ella O'Brien		SPRINGBURN HARRIERS	3.41m	182
3.30m X 3.41m				
14 Layla Duthie		SPRINGBURN HARRIERS	3.12m	128
2.64m 2.80m 3.12m				
Flight 2				
1 Dionne Maguinness		AIRDRIE HARRIERS	5.10m	587
4.94m 4.74m 5.10m				
2 Kirsty Moffat		FALKIRK VICT	4.66m	469
4.40m 4.56m 4.66m				
3 Rachel Carvel		CENTRAL AC	4.62m	459
4.62m 4.23m 4.45m				
4 Freya Lonnen		INVERNESS HA	4.54m	438
4.31m 4.50m 4.54m				
5 Sophia Phillips		AIRDRIE HARRIERS	4.49m	426
4.31m X 4.49m				
6 Sandie Keddie		CUMBERNAULD AAC	4.39m	401
4.06m 4.00m 4.39m				
7 Iona Thompson		INVERNESS HA	4.37m	396
4.37m 4.21m 4.22m				
8 Morven Kenny		LASSWADE AC	4.32m	384
4.32m 4.12m 4.04m				
9 Aine McAtarsney		FALKIRK VICT	4.21m	357
X 3.99m 4.21m				
10 Eilidh Brown		GIFFNOCK NORTH AC	4.20m	355
X 4.20m X				
11 Jessica Bell		SPRINGBURN HARRIERS	3.93m	292
3.83m 3.88m 3.93m				
12 Laura Todesco		GIFFNOCK NORTH AC	3.66m	233
3.40m 3.66m 3.54m				
13 Zuzanna Arnott		SPRINGBURN HARRIERS	3.50m	200
2.94m 3.50m 3.50m				

Sunday 9th February Event 56 Indoor Pentathlon: #3 Women Shot Put U20 Women

CBP: B 14.08m 29/01/2023 Amy Kennedy U20, Cumbernauld
 2023: 14.08m 29/01/2023 Amy Kennedy U20, Cumbernauld

Name	Age	Team	Finals	Points
Flight 1				
1 Jessie Caig		NORTH AYRSHIRE AAC	9.46m	494
8.73m 9.46m X				
2 Senna Gorvett		BLYTH RUNNING CLUB	8.90m	458
8.90m 8.66m 8.53m				
3 Charis Crawford		SPRINGBURN HARRIERS	8.55m	435
8.11m 8.55m 0.36m				
4 Hannah Wilson		GATESHEAD HA	8.44m	428
8.44m 0.31m 8.30m				
5 Tilly Lodge		GATESHEAD HA	8.09m	405
8.09m 7.66m 7.43m				
6 Niamh Reilly		CUMBERNAULD AAC	7.55m	370
7.26m 7.55m 6.89m				

Sunday 9th February Event 56 Indoor Pentathlon: #3 Women Shot Put Senior Women

CBP: B 14.09m 17/02/2019 Jo Rowland, Crawley AC
 2023: 10.95m 29/01/2023 Katie Burr Sen, Loughborough

Name	Age	Team	Finals	Points
1 Amy Kennedy		CUMBERNAULD AAC	14.82mB	849
14.50m 14.79m 14.82m				
2 Christina Ryan		CITY OF SHEF	13.32m	749
12.76m 13.09m 13.32m				
3 Lucy Woodward		LIVERPOOL HA	11.02m	596
11.02m 10.68m X				
4 Isla Raeburn		GLASGOW UNIV	10.72m	577
10.72m 9.51m 9.89m				
5 Ellise Fryer-Francis		SALE HARRIERS	10.59m	568
X 10.59m X				
6 Stroma Fraser		INVERNESS HA	10.20m	543
9.67m 10.20m 10.10m				
7 Katie Le Rougetel		JERSEY SPARTANS AC	9.55m	500
9.55m X X				
8 Tallulah Sullivan		LOUGHBOROUGH	9.33m	486
8.43m 9.33m 8.93m				
9 Olivia Carah		EDINBURGH AC	7.62m	375
7.62m 7.49m 7.51m				

Sunday 9th February Event 57 Indoor Pentathlon: #2 Women High Jump U17 Women

CBP: B 1.68m 05/03/2017 Claire McGarvey, Banchory Sto			
2023: 1.63m 29/01/2023 Amy Hewitt U17, Wigan and Di			
Name	Age Team	Finals	Points
1 Leanna Elliot	CUMBERNAULD AAC	1.63m	771
1.54 1.57 1.60 1.63 1.66			
0 0 0 0 XXX			
2 Anna Hirst	GATESHEAD HA	1.57m	701
1.42 1.45 1.48 1.51 1.54 1.57 1.60			
0 0 0 0 0 XXO XXX			
3 Elizabeth Cook	ABERDEEN AAC	1.54m	666
1.39 1.42 1.45 1.48 1.51 1.54 1.57			
0 0 0 0 0 XXO XXX			
4 Cara Monachello	KILMARNOCK H&AC	1.51m	632
1.36 1.39 1.42 1.45 1.48 1.51 1.54			
0 0 0 0 XO XO XXX			
5 Gemma Forgie	ABERDEEN AAC	1.48m	599
1.36 1.39 1.42 1.45 1.48 1.51			
0 0 0 XO XO XXX			
6 Anna Ross	GIFFNOCK NORTH AC	1.45m	566
1.30 1.33 1.36 1.39 1.42 1.45 1.48			
0 0 0 0 0 XO XXX			
7 Emma Thomson	LASSWADE AC	1.42m	534
1.33 1.36 1.39 1.42 1.45			
0 XO 0 XO XXX			
7 Kaydi Smith	DUNDEE HAWKH	1.42m	534
1.39 1.42 1.45			
XO XO XXX			
9 Estelle Giraud	SHETTLESTON	1.39m	502
1.30 1.33 1.36 1.39 1.42			
0 0 0 XO XXX			
9 Aneesah King Oubacha	VP-GLASGOW AC	1.39m	502
1.30 1.33 1.36 1.39 1.42 1.45			
0 - 0 0 - XXX			
11 Faye Allan	PITREAVIE AAC	1.36m	470
1.33 1.36 1.39			
0 XO XXX			

Sunday 9th February Event 57 Indoor Pentathlon: #2 Women High Jump U17 Women

CBP: B 1.68m 05/03/2017 Claire McGarvey, Banchory Sto
 2023: 1.63m 29/01/2023 Amy Hewitt U17, Wigan and Di

Name	Age	Team	Finals	Points
Flight 2				
1 Cara Heron		GIFFNOCK NORTH AC	1.42m	534
1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42 1.45				
O O O O O O O O O XO XXX				
2 Beth Aitchison		DUNDEE HAWKH	1.39m	502
1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39 1.42				
O O O O O O O O O XXX				
3 Daisy Hendry		ROSS COUNTY AC	1.36m	470
1.18 1.21 1.24 1.27 1.30 1.33 1.36 1.39				
O O O O O O O O XXX				
4 Hazel Prince		CENTRAL AC	1.33m	439
1.18 1.21 1.24 1.27 1.30 1.33 1.36				
O O O O XO O XXX				
5 Thea Cooke		TEAM EAST LoTHIAN	1.24m	350
1.18 1.21 1.24 1.27				
O O XXO XXX				
5 Kayleigh Simpson		ARBROATH & D	1.24m	350
1.15 1.18 1.21 1.24 1.27				
O O O O XXX				
7 Yvie Pettigrew		NORTH AYRSHIRE AAC	1.21m	321
1.18 1.21 1.24				
XXO O XXX				
7 Evie Watters		NORTH AYRSHIRE AAC	1.21m	321
1.18 1.21 1.24				
O O XXX				
7 Sophie Chalmers		NORTH AYRSHIRE AAC	1.21m	321
1.18 1.21 1.24				
O XO XXX				
7 Emily Shearer		VP-GLASGOW AC	1.21m	321
1.18 1.21 1.24				
O XO XXX				
11 Emily Tollett		SPRINGBURN HARRIERS	1.18m	293
1.15 1.18 1.21				
O O XXX				
11 Beth McWilliam		LASSWADE AC	1.18m	293
1.18 1.21				
XO XXX				

Sunday 9th February Event 58 Indoor Pentathlon: #2 Women Long Jump Senior Women

CBP: B 5.92m 17/02/2019 Jo Rowland, Crawley AC
 2023: 5.79m 29/01/2023 Hannah Wallace Sen, Cumbernauld

Name	Age	Team	Finals	Points
Flight 1				
1 Ellise Fryer-Francis		SALE HARRIERS	5.66m	747
5.36m 5.66m 5.55m				
2 Christina Ryan		CITY OF SHEF	5.64m	741
4.20m X 5.64m				
3 Lucy Woodward		LIVERPOOL HA	5.41m	674
5.41m 5.29m X				
4 Katie Le Rougetel		JERSEY SPARTANS AC	5.35m	657
X 5.35m 5.13m				
5 Amy Kennedy		CUMBERNAULD AAC	5.29m	640
5.29m 2.88m 5.19m				
6 Tallulah Sullivan		LOUGHBOROUGH	5.18m	609
4.82m 5.18m 5.18m				
7 Isla Raeburn		GLASGOW UNIV	5.07m	578
X 4.92m 5.07m				
8 Stroma Fraser		INVERNESS HA	4.86m	522
4.86m X X				
9 Olivia Carah		EDINBURGH AC	4.81m	508
4.81m 4.73m 4.79m				

Sunday 9th February Event 58 Indoor Pentathlon: #4 Women Long Jump U20 Women

CBP: B 5.93m 04/02/2018 Grace Bower, Sale Harrier
 2023: 5.55m 29/01/2023 Ellise Fryer-francis U20, Sale Harri

Name	Age	Team	Finals	Points
1 Hannah Wilson		GATESHEAD HA	5.40m	671
5.16m 5.40m 5.12m				
2 Tilly Lodge		GATESHEAD HA	5.13m	595
4.89m 5.13m 4.37m				
3 Jessie Caig		NORTH AYRSHIRE AAC	4.96m	548
4.80m 4.60m 4.96m				
4 Charis Crawford		SPRINGBURN HARRIERS	4.68m	474
4.68m 4.57m 4.49m				
4 Niamh Reilly		CUMBERNAULD AAC	4.68m	474
4.68m 4.58m 4.67m				
6 Senna Gorvett		BLYTH RUNNING CLUB	4.64m	464
4.64m X 4.57m				

Sunday 9th February Event 59 Indoor Pentathlon: #3 Girls Shot Put U15 Girls

CBP: B 11.25m 17/02/2019 Paige Stevens, Falkirk Vict
 2023: 9.95m 29/01/2023 Evie Elliott, Bury AC

Name	Age	Team	Finals	Points
1 Sophia Phillips X 7.73m 7.93m		AIRDRIE HARRIERS	7.93m	395
2 Leah Paterson 6.47m 6.35m 4.94m		AIRDRIE HARRIERS	6.47m	301
3 Isla Preston 5.67m 6.38m 6.05m		NORTH AYRSHIRE AAC	6.38m	295
4 Maya Buchan 5.43m 6.28m 6.06m		HARMENY AC	6.28m	289
5 Zuzanna Arnott 5.86m 5.71m 5.90m		SPRINGBURN HARRIERS	5.90m	265
6 Aggie Cooke 5.26m 5.83m 5.43m		MUSSELBURGH	5.83m	261
7 Abi Campbell 5.81m 5.12m 5.29m		MUSSELBURGH	5.81m	259
8 Tessa Gray 5.57m 5.40m 5.77m		CENTRAL AC	5.77m	257
9 Beth Wells 5.26m 5.71m 5.63m		SPRINGBURN HARRIERS	5.71m	253
10 Katie Heron 5.25m 5.69m X		GIFFNOCK NORTH AC	5.69m	252
11 Kate Douglas 5.34m 5.30m 5.55m		MUSSELBURGH	5.55m	243
12 Jessica Bell 5.09m 4.84m 4.53m		SPRINGBURN HARRIERS	5.09m	214
13 Layla Duthie 4.17m 3.77m X		SPRINGBURN HARRIERS	4.17m	157
Flight 2				
1 Dionne Maguinness 9.61m 9.54m 9.15m		AIRDRIE HARRIERS	9.61m	504
2 Beth Mould 6.03m 7.74m 7.54m		SPRINGBURN HARRIERS	7.74m	383
3 Kirsty Moffat 7.44m 7.07m 6.25m		FALKIRK VICT	7.44m	363
4 Aine McAtarsney 7.28m 7.28m 6.97m		FALKIRK VICT	7.28m	353
5 Freya Lonnen 7.26m 6.31m 6.60m		INVERNESS HA	7.26m	352
6 Morven Kenny 7.12m 6.76m 7.14m		LASSWADE AC	7.14m	344
7 Sandie Keddie 6.95m X 7.13m		CUMBERNAULD AAC	7.13m	343
8 Eilidh Brown 6.77m 6.96m 6.28m		GIFFNOCK NORTH AC	6.96m	332
9 Rachel Carvel 6.73m 5.60m 6.74m		CENTRAL AC	6.74m	318
10 Iona Thompson 5.71m 6.29m 6.32m		INVERNESS HA	6.32m	292
11 India Gorvett 5.48m 6.20m 5.89m		BLYTH RUNNING CLUB	6.20m	284
11 Hannah Mackay 6.20m 5.90m 6.09m		INVERNESS HA	6.20m	284
13 Ella O'Brien 5.93m 5.69m 6.13m		SPRINGBURN HARRIERS	6.13m	280
14 Laura Todesco 5.53m 5.55m 5.70m		GIFFNOCK NORTH AC	5.70m	252

Saturday 8th February Event 501 Boys Indoor Pentathlon U13 Boys

National: N 1862 19/02/2012 Scott Connal
 CBP: B 1860 2015 Reuben Nairne, Giffnock North
 2023: 1521 28/01/2023 Harry Cook, Banchory Sto
 Name Age Team Finals

1	Blake Burchill	HARMENY AC	2014N
2	Hugo Stewart	GIFFNOCK NORTH AC	1604
3	Luke Brodie	HARMENY AC	1559
4	Murray Graham	NORTH AYRSHIRE AAC	1503
5	Reuben Tinkler	VP-GLASGOW AC	1126
6	Simon Fraser	VP-GLASGOW AC	1097
7	Ben Silver	HARMENY AC	1077
8	Riley Davidson	INVERNESS HA	1059
9	David Onireti	SPRINGBURN HARRIERS	950
10	Rohan Bullock	HARMENY AC	932
11	Eli Crawford	SPRINGBURN HARRIERS	864
12	Hugh Ross	EDINBURGH AC	802
13	Patrick McAtarsney	FALKIRK VICT	760
14	Brodie Swift	MUSSELBURGH	693
15	Charlie Mackenzie	VP-GLASGOW AC	678
16	Ethan Hughes	NORTH SHIELD	603
17	Samuel Head	HARMENY AC	544
18	Sam Porter	NORTH SHIELD	430

Saturday 8th February Event 502 Girls Indoor Pentathlon U13 Girls

National: N 2817 03/02/2018 Mya McMahan, Dunfermline
 CBP: B 2968 01/02/2020 Emily Bond, North Shield
 2023: 2668 28/01/2023 Dionne Maguinness, Airdrie Ha
 Name Age Team Finals

1	Karley Paterson	ABERDEEN AAC	2355
2	Libby Brown	KILMARNOCK H&AC	2081
3	Lili Sharman	ABERDEEN AAC	1976
4	Eliza Brown	NORTH SHIELD	1913
5	Alice Thomas	DUNFERMLINE	1864
6	Cadha Mcluskey	HARMENY AC	1815
7	Blythe Graham	SPRINGBURN HARRIERS	1732
8	Molly Brown	SHETTLESTON	1696
9	Esme Wells	MUSSELBURGH	1694
10	Eva Lane	AIRDRIE HARRIERS	1660
11	Amelia Abrami	CUMBERNAULD AAC	1609
12	Iona Cornfoot	GIFFNOCK NORTH AC	1443
13	Zoe Coull	HARMENY AC	1337
14	Sophie Lewandowski	WHITEMOSS AAC	1296
15	Jessica Wilson	SPRINGBURN HARRIERS	1241
16	Annabelle McCann	SPRINGBURN HARRIERS	1197
17	Maisie Dillon	INVERNESS HA	1131
18	Bethany Hawkins	CUMBERNAULD AAC	1056
19	Nina Millar	MUSSELBURGH	953
20	Mairi-Louise Carson	GIFFNOCK NORTH AC	950
21	Erin Crawford	MUSSELBURGH	850
22	Molly O'Brien	SPRINGBURN HARRIERS	819

Saturday 8th February Event 503 Boys Indoor Pentathlon U15 Boys

National: N 2947 15/03/2015 Joel McFarlane
 CBP: B 2857 1995 Graeme Allan, Elgin AAC
 2023: 2676 28/01/2023 Douglas Knox, Springburn H

Name	Age	Team	Finals
1 Michael Massey		PITREAVIE AAC	2525
2 Joseph Lanahan		SHETTLESTON	2380
3 Matthew Blackhurst		MONTROSE & D	2000
4 Joseph Duff		KILMARNOCK H&AC	1784
5 Tristan Wong		VP-GLASGOW AC	1636
6 Calum Fitzgerald		KILMARNOCK H&AC	1506
7 Tyler Philip		ABERDEEN AAC	1493
8 Sol Currie		INVERCLYDE AC	1429
9 Rory Logg		EDINBURGH AC	1301
10 Ruairidh Mclellan		INVERCLYDE AC	1253
11 Magnus Sosu		SPRINGBURN HARRIERS	891

Sunday 9th February Event 504 Girls Indoor Pentathlon U15 Girls

National: N 3361 09/03/2014 Holly McArthur
 CBP: B 3400 04/02/2018 Erin Lobley, Hallamshire
 2023: 2823 29/01/2023 Holly Whittaker, Elgin AAC

Name	Age	Team	Finals
1 Dionne Maguinness		AIRDRIE HARRIERS	3433B
2 Rachel Carvel		CENTRAL AC	2855
3 Morven Kenny		LASSWADE AC	2514
4 Freya Lonnen		INVERNESS HA	2344
5 Sandie Keddie		CUMBERNAULD AAC	2336
6 Aine McAtarsney		FALKIRK VICT	2335
7 Kirsty Moffat		FALKIRK VICT	2325
8 Tessa Gray		CENTRAL AC	2284
9 Eilidh Brown		GIFFNOCK NORTH AC	2177
9 Maya Buchan		HARMENY AC	2177
11 Isla Preston		NORTH AYRSHIRE AAC	2036
12 Iona Thompson		INVERNESS HA	2002
13 Leah Paterson		AIRDRIE HARRIERS	1996
14 Katie Heron		GIFFNOCK NORTH AC	1990
15 Laura Todesco		GIFFNOCK NORTH AC	1936
16 Sophia Phillips		AIRDRIE HARRIERS	1843
17 Ella O'Brien		SPRINGBURN HARRIERS	1792
18 Hannah Mackay		INVERNESS HA	1766
19 Beth Mould		SPRINGBURN HARRIERS	1749
20 Zuzanna Arnott		SPRINGBURN HARRIERS	1729
21 Jessica Bell		SPRINGBURN HARRIERS	1700
22 Abi Campbell		MUSSELBURGH	1689
23 Beth Wells		SPRINGBURN HARRIERS	1580
24 Aggie Cooke		MUSSELBURGH	1545
25 Kate Douglas		MUSSELBURGH	1491
26 India Gorvett		BLYTH RUNNING CLUB	1454
27 Layla Duthie		SPRINGBURN HARRIERS	795

Sunday 9th February Event 506 Women Indoor Pentathlon U17 Women

National: N 3685 15/03/2015 Holly McArthur
 CBP: B 3685 2015 Holly McArthur, Whitemoss
 2023: 3318 29/01/2023 Sadie Parker U17, Blyth Runni
 Name Age Team Finals

1	Leanna Elliot	CUMBERNAULD AAC	3279
2	Cara Monachello	KILMARNOCK H&AC	3080
3	Gemma Forgie	ABERDEEN AAC	2927
4	Elizabeth Cook	ABERDEEN AAC	2912
5	Aneesah King Oubacha	VP-GLASGOW AC	2780
6	Beth Aitchison	DUNDEE HAWKH	2707
7	Anna Hirst	GATESHEAD HA	2658
8	Faye Allan	PITREAVIE AAC	2612
9	Cara Heron	GIFFNOCK NORTH AC	2542
10	Anna Ross	GIFFNOCK NORTH AC	2494
11	Kayleigh Simpson	ARBROATH & D	2471
12	Daisy Hendry	ROSS COUNTY AC	2435
13	Emma Thomson	LASSWADE AC	2238
14	Estelle Giraud	SHETTLESTON	2233
15	Kaydi Smith	DUNDEE HAWKH	2188
16	Hazel Prince	CENTRAL AC	2116
17	Emily Shearer	VP-GLASGOW AC	2076
18	Beth McWilliam	LASSWADE AC	2016
19	Evie Watters	NORTH AYRSHIRE AAC	1787
20	Thea Cooke	TEAM EAST LOTHIAN	1701
21	Emily Tollett	SPRINGBURN HARRIERS	1682
22	Sophie Chalmers	NORTH AYRSHIRE AAC	1616
23	Yvie Pettigrew	NORTH AYRSHIRE AAC	1274

Sunday 9th February Event 508 Women Indoor Pentathlon U20 Women

National: N 4096 10/02/2002 Aileen Wilson
 CBP: B 3968 02/02/2020 Abigail Pawlett, Stockport Tr
 2023: 3760 29/01/2023 Amy Kennedy U20, Cumbernauld
 Name Age Team Finals

1	Hannah Wilson	GATESHEAD HA	3388
2	Tilly Lodge	GATESHEAD HA	3055
3	Senna Gorvett	BLYTH RUNNING CLUB	3054
4	Charis Crawford	SPRINGBURN HARRIERS	2709
5	Jessie Caig	NORTH AYRSHIRE AAC	2630
6	Niamh Reilly	CUMBERNAULD AAC	2595

Sunday 9th February Event 510 Women Indoor Pentathlon Senior Women

National: N 4096 10/02/2002 Aileen Wilson
 CBP: B 4130 17/02/2019 Jo Rowland, Crawley AC
 2023: 3667 29/01/2023 Amy McTeggart Sen, Boyne AC
 Name Age Team Finals

1	Christina Ryan	CITY OF SHEF	3945
2	Amy Kennedy	CUMBERNAULD AAC	3648
3	Ellise Fryer-Francis	SALE HARRIERS	3602
4	Lucy Woodward	LIVERPOOL HA	3551
5	Tallulah Sullivan	LOUGHBOROUGH	3252
6	Katie Le Rougetel	JERSEY SPARTANS AC	3124
7	Stroma Fraser	INVERNESS HA	2965
8	Isla Raeburn	GLASGOW UNIV	2942
9	Olivia Carah	EDINBURGH AC	2687

Saturday 8th and Sunday 9th February Event 705 Men Heptathlon U17 Men

National: N 5086 11/03/2018 Scott Brindley, North Ayrshir
 CBP: B 4988 03/02/2018 Scott Brindley, N Ayrshire AC
 2023: 4523 28/01/2023 Corey Beechall U17, Liverpool
 Name Age Team Finals

1	Douglas Knox	SPRINGBURN HARRIERS	4893
2	Nathan Mobbs	NORTH AYRSHERE AAC	4790
3	Murray Taylor	INVERNESS HA	4290
4	Oliver Cooper	BURY AC	3854
5	Louis Vallet	ABERDEEN AAC	3406
6	Alexander Edwards	ALTRINCHAM &	3115
7	Zach White	SPRINGBURN HARRIERS	2993
8	Ruaridh Brewer	VP-GLASGOW AC	1786

Saturday 8th and Sunday 9th February Event 707 Men Heptathlon U20 Men

National: N 5409 01/02/2020 Scott Brindley, North Ayrshi
 CBP: B 5409 01/02/2020 Scott Brindley, North Ayrshi
 2023: 4508 28/01/2023 Jonathan Cameron U20, Invercl
 Name Age Team Finals

1	Zak Fearn U20	TEAM EAST LOTHIAN	4651
2	Luc Macleod U20	BANCHORY STO	4571
3	Jack McInnes U20	PITREAVIE AAC	2541

Saturday 8th and Sunday 9th February Event 709 Men Heptathlon Senior Men

National: N 5662 17/02/2019 Andrew Murphy, Kilbarchan AAC
 CBP: B 5834 04/03/2017 Ben Gregory, Birchfield H
 2023: 5582 28/01/2023 Adam Hoole Sen, Team East Lo
 Name Age Team Finals

1	Oliver Adnitt	KINGSTON UPO	5304
2	Conrad Winter	CITY OF NORWICH	5228
3	Evan Campbell	JERSEY SPARTANS AC	5123
4	Alister Mackay	TEAM EAST LOTHIAN	5032
5	William Hodi	NAIRN AREA AAC	4974
6	Stephen Bates	NUNEATON HARRIERS	4958
7	Cal McLennan	BASINGSTOKE	4700

Saturday 8th and Sunday 9th February Event 711 Men Heptathlon Mas Men

CBP: B 4870 16/02/2019 Bob Masson M70, Aberdeen AAC
 2023: 4729 28/01/2023 Brian Slaughter 65, Eastbourn
 Name Age Team Finals

1	Brian Slaughter 65	EASTBOURNE R	4308
2	Andrew Pringle 60	REIGATE PRIORY AC	4105
3	Grant Stirling 45	EASTBOURNE R	4032
4	Carson Graham 45	SHETTLESTON	3720
5	Jerry Musselwhite 65	YATE & DISTRICT AC	3622
6	Derek Glasgow 60	ARBROATH & D	3380