

Event Name Masters Women & Men 65+

Pos	Time	First Name	Last Name	Category	Team Name	CatPos
1	24:34	Helen	Leigh	W40	Inverness Harriers AAC	1
2	24:40	Sara	Green	W40	Gala Harriers	2
3	24:57	Michelle	Sandison	W40	Springburn Harriers	3
4	25:24	Colin	Donnelly	M65	Cambuslang Harriers	1
5	25:49	Shona	McIntosh	W40	Hunters Bog Trotters	4
6	25:52	Katy	Barden	W45	Gala Harriers	1
7	26:04	Jillian	Stephen	W40	Deeside Runners	5
8	26:19	Katrine	Kelly	W45	Kilmarnock H&AC	2
9	26:32	Jill	Smylie	W40	Giffnock North AC	6
10	26:36	Katie	White	W40	Garscube Harriers	7
11	26:41	Claire	Heasman	W50	Helensburgh AAC	1
12	26:44	Janet	Dunbar	W55	Edinburgh AC	1
13	26:45	Gillian	Blee	W40	Garscube Harriers	8
14	26:57	Claire	Gordon	W45	Hunters Bog Trotters	3
15	27:01	Julie	Menzies	W50	PH Racing Club	2
16	27:05	Alison	McNeilly	W45	Dundee RR	4
17	27:10	Eilis	McKechanie	W45	Hunters Bog Trotters	5
18	27:11	Jeff	Farquhar	M65	Pitreavie AAC	2
19	27:11	Allie	Chong	W50	Giffnock North AC	3
20	27:12	Bryce	Aitken	M65	Fife AC	3
21	27:15	Janet	Dickson	W50	Fife AC	4
22	27:20	Richard	Holland	M65	Metro Aberdeen RC	4
23	27:26	Charles	Graham-Marr	M65	Central AC	5
24	27:31	Ruth	Fraser-Moodie	W45	Springburn Harriers	6
25	27:34	Fiona	Matheson	W60	Falkirk Victoria Harriers	1
26	27:38	Des	Dickson	M65	Cambuslang Harriers	6
27	27:42	Caroline	Jones	W40	Kinross RR	9
28	27:49	Caroline	Marwick	W40	Highland Hill Runners	10
29	27:50	Kelly	Baillie	W45	East Kilbride AC	7
30	27:53	Rachel	Little	W40	Deeside Runners	11
31	27:58	Pamela	Baillie	W50	Gala Harriers	5
32	28:13	Mary	Senior	W50	Garscube Harriers	6
33	28:17	Kate	Comisso	W45	Highland Hill Runners	8
34	28:20	Carol	Moss	W60	Moorfoot Runners	2
35	28:22	Kirsty	O'Brien	W40	Cambuslang Harriers	12
36	28:26	Daniel	Reid	M65	Westerlands CCC	7
37	28:29	Christine	Mulholland	W50	Linlithgow AC	7
38	28:31	Simon	MacDonald	M65	Moray RR	8
39	28:31	Susan	Ridley	W55	Edinburgh AC	2
40	28:38	Ian	Thom	M65	Metro Aberdeen RC	9
41	28:39	Julia	Johnstone	W50	Gala Harriers	8
42	28:47	Hilary	Carswell	W50	Giffnock North AC	9
43	28:50	Bob	Johnson	M65	Gala Harriers	10
44	28:56	George	McPherson	M65	Metro Aberdeen RC	11
45	29:01	Sarah	Little	W45	Linlithgow AC	9
46	29:10	Karen	Dobbie	W55	Edinburgh AC	3
47	29:10	Siobhan	Evans	W50	Forres Harriers	10
48	29:18	Jane	O'Donnell	W40	Dundee RR	13
49	29:20	Ilona	Kriauzaitė	W40	Metro Aberdeen RC	14
50	29:23	Anthony	Martin	M70	Fife AC	1

Event Name Masters Women & Men 65+

Pos	Time	First Name	Last Name	Category	Team Name	CatPos
51	29:32	John	Oates	M65	Shettleston Harriers	12
52	29:34	John	Hynd	M65	Carnegie Harriers	13
53	29:37	Tom	Ord	M65	VP-Glasgow AC	14
54	29:45	Louise	Menzies	W45	Dundee RR	10
55	29:52	Hilary	Ritchie	W60	Fife AC	3
56	29:57	Vivien	Thorpe	W45	East Kilbride AC	11
57	30:06	Lorraine	Coull	W50	Highland Hill Runners	11
58	30:11	Roisin	Murray	W40	Linlithgow AC	15
59	30:13	Laura	Gray	W40	Garscube Harriers	16
60	30:15	Joy	Gudgin	W60	Carnegie Harriers	4
61	30:15	Laura	Muir	W40	Fife AC	17
62	30:22	Gillian	Lunn	W50	Gala Harriers	12
63	30:31	Kasia	Klonowska	W40	Forres Harriers	18
64	30:42	Angela	Carson	W55	Giffnock North AC	4
65	30:48	Diane	White	W55	Perth RR	5
66	30:52	Robert	Taylor	M65	Metro Aberdeen RC	15
67	30:55	Fabienne	Thompson	W55	Perth RR	6
68	30:57	Jane	Barker	W55	Moray RR	7
69	30:57	Isobel	Burnett	W65	Carnegie Harriers	1
70	30:57	Robin	Livingstone	M65	Perth RR	16
71	30:59	Gillian	Wallace	W40	PH Racing Club	19
72	31:01	Bernadette	O'Neil	W55	Cambuslang Harriers	8
73	31:03	Angela	Mackenzie	W45	Strathearn Harriers	12
74	31:05	Malcolm	Hammond	M70	PH Racing Club	2
75	31:22	Rosalind	Teasdale	W45	Kilbarchan AAC	13
76	31:35	Julia	McAfee	W50	Helensburgh AAC	13
77	31:37	Alex	Sutherland	M75	Inverness Harriers AAC	1
78	31:42	Lisa	Dalgliesh	W50	Gala Harriers	14
79	31:52	Monica	Thomson	W45	Strathearn Harriers	14
80	31:56	Anne	Duncan	W60	Edinburgh AC	5
81	32:01	Hazel	Dean	W60	Ochil Hill Runners	6
82	32:01	Marina	McCallum	W50	Kirkintilloch Olympians	15
83	32:08	Eileen	Maxwell	W60	Gala Harriers	7
84	32:10	Rachel	Fagan	W50	Lasswade AC	16
85	32:10	Morag	Taggart	W65	Dundee RR	2
86	32:19	Charlie	Ritchie	M65	Deeside Runners	17
87	32:21	Hannah	Waugh	W40	Edinburgh AC	20
88	32:22	Linda	McGee	W50	Peterhead AC	17
89	32:26	Jackie	Nicol	W60	Forres Harriers	8
90	32:28	Margaret	Martin	W65	Fife AC	3
91	32:47	Joan	Wilson	W60	Perth RR	9
92	32:52	Saran	Jones	W60	Linlithgow AC	10
93	32:57	Gillian	McGuire	W55	Perth RR	9
94	33:01	Monica	Anderson	W55	Falkirk Victoria Harriers	10
95	33:06	Catherine	Matthews	W50	Dundee Hawkhill Harriers	18
96	33:07	Catriona	Reynolds	W55	Dundee Hawkhill Harriers	11
97	33:09	Innes	Bracegirdle	W65	Fife AC	4
98	33:12	James	Treasurer	M70	Lochaber AC	3
99	33:17	Susan	Linklater	W70	Shetland AAC	1
100	33:28	Rhonda	Manning	W55	Dundee Hawkhill Harriers	12

Event Name Masters Women & Men 65+

Pos	Time	First Name	Last Name	Category	Team Name	CatPos
101	33:31	Ray	Musleh	W45	West End RR	15
102	33:35	Steph	Devlin	W40	Dundee RR	21
103	33:39	Michelle	Johnstone	W40	Fife AC	22
104	33:50	Clare	Graham	W55	PH Racing Club	13
105	33:52	Morag	Michie	W45	Teviotdale Harriers	16
106	33:56	Carol	Massie	W60	Fraserburgh RC	11
107	34:14	Colin	Simpson	M65	Kirkintilloch Olympians	18
108	34:31	Morag	Thompson	W45	Fraserburgh RC	17
109	34:33	Alan	Bothwell	M65	Perth RR	19
110	34:59	Tracey	Passway	W55	Dundee Hawkhill Harriers	14
111	35:12	Eileen	Nicol	W55	Gala Harriers	15
112	35:25	Robert	Marshall	M75	Morpeth Harriers	2
113	35:30	Ada	Stewart	W60	Kirkintilloch Olympians	12
114	35:39	Fiona	Manson	W55	Perth RR	16
115	35:40	Karen	Forsyth	W40	Carnegie Harriers	23
116	35:44	Lesley	Reynolds	W55	Carnegie Harriers	17
117	35:47	Robert	Young	M80	Clydesdale Harriers	1
118	35:58	Morag	Casey	W50	Garscube Harriers	19
119	35:59	Brian	McLure	M65	Kilmarnock H&AC	20
120	36:16	Guillermo	Hernandez	M75	Dundee Hawkhill Harriers	3
121	36:19	Iain	Thomson	M75	Strathearn Harriers	4
122	36:26	Jill	Horsburgh	W65	Linlithgow AC	5
123	36:30	Alison	Binns	W55	Lasswade AC	18
124	36:45	Ian	Gebbie	M75	Kilmarnock H&AC	5
125	36:51	Karen	Hunter	W55	Linlithgow AC	19
126	36:56	Gillian	Lopez	W60	Kinross RR	13
127	37:23	Craig	Ross	M65	Dundee Hawkhill Harriers	21
128	37:40	Shona	Adam	W55	Edinburgh AC	20
129	37:54	Gillian	Archibald	W55	Gala Harriers	21
130	37:58	Shona	Banks	W55	Linlithgow AC	22
131	38:01	Lisa	Brailey	W40	Linlithgow AC	24
132	38:11	Brian	Howie	M70	Edinburgh AC	4
133	38:16	Liz	Bondi	W65	Lothian RC	6
134	38:19	Ken	Naismith	M80	Highland Hill Runners	2
135	38:21	Ann	Malcolm	W60	Kinross RR	14
136	39:15	Karen	Richards	W50	Fife AC	20
137	40:20	Susan	Boyd	W75	Kilmarnock H&AC	1
138	40:33	Morna	Fleming	W70	Pitreavie AAC	2
139	41:33	Malcolm	Christie	M65	ELgin AAC	22
140	41:47	Peter	Rudzinski	M70	Clydesdale Harriers	5
141	42:06	Shirley	MacNab	W60	Kirkintilloch Olympians	15
142	42:27	Shelagh	King	W65	Gala Harriers	7
143	44:02	Iain	Luke	M70	Dundee RR	6
144	44:04	Denise	Tracey	W60	Linlithgow AC	16
145	44:10	Susan	Bothwell	W65	Perth RR	8
146	45:36	Graham	McLean	M65	Corstorphine AAC	23

Event Name Masters Men 40-64

Pos	Time	First Name	Last Name	Category	Team Name	CatPos
1	26:07	Darrell	Hastie	M40	Gala Harriers	1
2	26:57	Iain	Whitaker	M40	Edinburgh AC	2
3	27:01	Donald	Macaulay	M40	Corstorphine AAC	3
4	27:14	Joe	Symonds	M40	Shettleston Harriers	4
5	27:27	John	Lenehan	M40	Edinburgh AC	5
6	27:32	Stuart	Livingstone	M40	Corstorphine AAC	6
7	27:38	Grant	Baillie	M45	East Kilbride AC	1
8	27:45	Stuart	Johnston	M45	Edinburgh AC	2
9	27:47	Andrew	Fallas	M45	Carnethy Hill Running Club	3
10	27:51	Matthew	Maciocia	M40	Metro Aberdeen RC	7
11	27:53	Scott	Brember	M50	Central AC	1
12	28:02	Gordon	Lennox	M40	East Sutherland AC	8
13	28:06	Lesley	Morrison	M40	Metro Aberdeen RC	9
14	28:09	Oscar	Coetzee	M40	Bellahouston RR	10
15	28:11	Iain	Reid	M45	Cambuslang Harriers	4
16	28:17	Kenny	Garden	M40	Metro Aberdeen RC	11
17	28:23	James	Britton	M45	Carnethy Hill Running Club	5
18	28:30	Allan	Christie	M40	Metro Aberdeen RC	12
19	28:43	Daniel	Macqueen	M40	Penicuik Harriers	13
20	28:43	Douglas	McKinnon	M40	Corstorphine AAC	14
21	28:47	Jethro	Lennox	M45	Shettleston Harriers	6
22	28:47	Greg	Walker	M40	Teviotdale Harriers	15
23	28:47	Brent	Brodie	M50	Bellahouston Harriers	2
24	28:52	Iain	Hutchinson	M45	Corstorphine AAC	7
25	28:54	James	MacLeod	M40	Garscube Harriers	16
26	28:58	Justin	Carter	M50	Cambuslang Harriers	3
27	29:02	Tim	Hely	M50	Edinburgh AC	4
28	29:07	Matthew	Blunden	M40	Moray RR	17
29	29:14	Mark	Wilkins	M40	Metro Aberdeen RC	18
30	29:16	David	Gardiner	M55	Motherwell AC	1
31	29:19	Alastair	Brockie	M45	Corstorphine AAC	8
32	29:21	Iain	Pender	M40	Shettleston Harriers	19
33	29:25	Jonathan	Henderson	M40	Edinburgh AC	20
34	29:27	Richard	Meade	M45	Edinburgh AC	9
35	29:32	Graeme	Warren	M40	Strathearn Harriers	21
36	29:32	Paul	Knight	M40	Metro Aberdeen RC	22
37	29:35	Paul	Kieran	M50	PH Racing Club	5
38	29:35	Iain	Burns	M45	Shettleston Harriers	10
39	29:35	Gary	McKenna	M45	Falkirk Victoria Harriers	11
40	29:39	Chris	Upton	M60	Cambuslang Harriers	1
41	29:48	Stevie	Cairns	M55	Hunters Bog Trotters	2
42	29:49	Michael	Paxton	M40	Shettleston Harriers	23
43	29:54	Paul	Sorrie	M45	Shettleston Harriers	12
44	29:56	Steven James	Morrison	M40	Metro Aberdeen RC	24
45	30:00	Marcus	Scotney	M50	Strathearn Harriers	6
46	30:04	Chris	Poxton	M40	Corstorphine AAC	25
47	30:10	Kevin	Wallace	M40	Fife AC	26
48	30:17	Chris	Grant Pantrey	M45	Shettleston Harriers	13
49	30:20	Dave	Ward	M40	Hunters Bog Trotters	27
50	30:23	Kevin	Hamilton	M40	Edinburgh AC	28

Event Name Masters Men 40-64

Pos	Time	First Name	Last Name	Category	Team Name	CatPos
51	30:25	STEVEN	YULE	M40	Deeside Runners	29
52	30:25	David	Scott	M45	Kinross RR	14
53	30:25	Gerard	Taylor	M50	Central AC	7
54	30:25	Jonathan	Turnbull	M40	Strathearn Harriers	30
55	30:35	Gary	Trewartha	M45	Gala Harriers	15
56	30:44	Dino	Roussias	M50	Metro Aberdeen RC	8
57	30:47	Terry	Roberts	M40	Edinburgh AC	31
58	30:53	Craig	Freshwater	M40	Deeside Runners	32
59	30:56	Philip	Holden	M45	Harmeny AC	16
60	30:59	Graeme	Kafka	M40	Hunters Bog Trotters	33
61	31:03	Andrew	Mawer	M40	Central AC	34
62	31:04	Alan	Moss	M40	Bellahouston RR	35
63	31:11	Robert	Turner	M50	Musselburgh & District AC	9
64	31:11	Walter	Henderson	M55	Cumbernauld AAC	3
65	31:14	Alasdair	Thomson	M45	Inverness Harriers AAC	17
66	31:14	Grant	Baxter	M50	Ochil Hill Runners	10
67	31:17	Iain	Stewart	M45	Gala Harriers	18
68	31:17	Stuart	Robertson	M55	Perth RR	4
69	31:21	David	Knight	M55	Perth RR	5
70	31:23	CScott	Henderson	M45	Westerlands CCC	19
71	31:28	Brian	Bonnyman	M50	Westerlands CCC	11
72	31:28	Matt	Newton	M50	Kinross RR	12
73	31:28	Peter	Gardner	M40	Hunters Bog Trotters	36
74	31:28	Huw	Jones	M40	Hunters Bog Trotters	37
75	31:40	Mark	Webster	M50	PH Racing Club	13
76	31:40	Ian	Logan	M45	Linlithgow AC	20
77	31:47	Iain	Murray	M40	Linlithgow AC	38
78	31:51	Martin	Hawksey	M45	Linlithgow AC	21
79	31:54	Mike	MacDonald	M50	Fife AC	14
80	32:04	Duncan	Ryan	M55	Perth RR	6
81	32:15	Scott	Phimister	M40	Moray RR	39
82	32:23	Paul	Slifer	M50	Musselburgh & District AC	15
83	32:28	Donald	Shaw	M50	Central AC	16
84	32:38	Grant	Matheson	M60	Falkirk Victoria Harriers	2
85	32:38	Roy	Mitchell	M55	Edinburgh AC	7
86	32:40	Michael	Hoult	M50	Ross County AC	17
87	32:40	Russell	Craig	M50	Dundee RR	18
88	32:45	Graeme	McDowall	M50	Fife AC	19
89	32:45	Francis	Mcelroy	M40	Gala Harriers	40
90	32:49	David	Allsop	M50	Kirkintilloch Olympians	20
91	32:53	Gavin	Phillip	M55	Edinburgh AC	8
92	33:01	Robert	Sellar	M50	PH Racing Club	21
93	33:01	James	MacBrayne	M45	Metro Aberdeen RC	22
94	33:01	Vincent	Carroll	M55	Cumbernauld AAC	9
95	33:06	Daniel	Rivera	M55	Edinburgh AC	10
96	33:09	Mark	Ostheimer	M40	Hunters Bog Trotters	41
97	33:10	Michael	McQuaid	M60	Falkirk Victoria Harriers	3
98	33:15	Ewan	Jack	M50	Central AC	22
99	33:19	James	Mayers	M60	Musselburgh & District AC	4
100	33:20	Alan	Derrick	M55	Caldergleng Harriers	11

Event Name Masters Men 40-64

Pos	Time	First Name	Last Name	Category	Team Name	CatPos
101	33:20	Richard	Evans	M40	Bellahouston RR	42
102	33:24	Alex	Allardyce	M50	Irvine RC	23
103	33:24	Alasdair	Campbell	M50	Moray RR	24
104	33:29	Steve	Mc Morrow	M45	Peterhead AC	23
105	33:29	David	Thom	M60	Cambuslang Harriers	5
106	33:29	Andrew	Laycock	M55	Kinross RR	12
107	33:38	Ludovic	Krauss	M40	Metro Aberdeen RC	43
108	33:44	Stuart	Campbell	M55	Corstorphine AAC	13
109	33:46	Keith	Charters	M55	East Kilbride AC	14
110	33:46	Stephen	Dickson	M50	Fife AC	25
111	33:49	Jamie	Thin	M55	Hunters Bog Trotters	15
112	33:57	Colin	Partridge	M45	Lothian RC	24
113	33:59	James	Dennison	M50	Gala Harriers	26
114	34:06	Andrew	McKechanie	M45	Hunters Bog Trotters	25
115	34:11	Stuart	Clark	M40	Metro Aberdeen RC	44
116	34:14	Martin	Ferguson	M60	Edinburgh AC	6
117	34:18	Iain	Wallace	M50	PH Racing Club	27
118	34:18	Mark	Western	M60	PH Racing Club	7
119	34:24	John J	Duffy	M60	Shettleston Harriers	8
120	34:31	Sinclair	Hill	M55	Gala Harriers	16
121	34:32	Mark	Crawford	M50	Perth RR	28
122	34:32	Richard	Roulson	M60	Metro Aberdeen RC	9
123	34:34	Roger	Alsop	M60	Edinburgh AC	10
124	34:34	Andrew	Thompson	M45	Metro Aberdeen RC	26
125	34:39	Tim	Brand	M60	Inverness Harriers AAC	11
126	34:50	Mark	Eggeling	M50	Linlithgow AC	29
127	34:52	Lee	Holland	M55	Carnegie Harriers	17
128	34:58	Alistair	Macdonald	M60	Bellahouston RR	12
129	35:13	Ian	Maxwell	M60	Gala Harriers	13
130	35:18	Martin	Williams	M55	Corstorphine AAC	18
131	35:28	James	Hastie	M50	Dundee Hawkhill Harriers	30
132	35:30	Alan	Inglis	M55	Teviotdale Harriers	19
133	35:35	Simon	Harrison	M40	Hunters Bog Trotters	45
134	35:40	Iain	Wallace	M55	Cambuslang Harriers	20
135	35:43	Michael	Barker	M50	Metro Aberdeen RC	31
136	35:50	Barry	Davie	M45	Carnegie Harriers	27
137	35:52	Craig	Anderson	M50	Metro Aberdeen RC	32
138	36:00	Ewan	Heeles	M40	Pitreavie AAC	46
139	36:04	Neil	Maclachlan	M40	Pitreavie AAC	47
140	36:04	David	Alexander	M55	Harmeny AC	21
141	36:10	Ross	McEachern	M55	Cumbernauld AAC	22
142	36:12	Colin	Crabbie	M55	Hunters Bog Trotters	23
143	36:15	Ewan	McIntyre	M55	Dundee RR	24
144	36:15	David	Eckersley	M60	Central AC	14
145	36:15	Scott	Elliott	M60	Kirkintilloch Olympians	15
146	36:22	Kenneth	MacRae	M50	Moray RR	33
147	36:30	Michael	Diver	M55	Clydesdale Harriers	25
148	36:34	Christopher	Creegan	M60	Edinburgh AC	16
149	36:38	Darren	Dick	M55	Linlithgow AC	26
150	36:38	Hugh D.	McKay	M60	Fife AC	17

Event Name Masters Men 40-64

Pos	Time	First Name	Last Name	Category	Team Name	CatPos
151	36:38	Jelmer	Samplonius	M40	Hunters Bog Trotters	48
152	36:43	Thomas	Mortimer	M40	Northern Masters AC	49
153	36:46	Harry	Mulholland	M60	Lothian RC	18
154	36:50	Michael	Mitchell	M55	Dundee RR	27
155	36:52	Andy	Alexander	M55	Moray RR	28
156	36:55	Kevin	Morice	M45	Moray RR	28
157	36:57	Grant	Fawcett	M55	Motherwell AC	29
158	37:08	Paul	Harkins	M45	Fife AC	29
159	37:10	David	Calder	M60	Westerlands CCC	19
160	37:19	Allen	Campbell	M50	West End RR	34
161	37:28	Steven	Thomson	M60	Livingston AC	20
162	37:33	Andrew	McFarlane	M40	Pitreavie AAC	50
163	37:48	Richard	Ward	M55	Perth RR	30
164	37:56	Mark	Geraghty	M55	Linlithgow AC	31
165	38:16	Richard	Clark	M45	Edinburgh AC	30
166	38:37	Malcolm	Finlayson	M55	Falkirk Victoria Harriers	32
167	38:57	Shane	Semple	M45	Motherwell AC	31
168	39:02	Arthur	Mulholland	M60	East Kilbride AC	21
169	39:37	Iain	Morrison	M60	Bellahouston Harriers	22
170	39:42	Duncan	Edward	M45	Dundee RR	32
171	39:50	Andrew	Ferguson Snr	M60	Banchory Stonehaven AC	23
172	39:54	Anthony	McGale	M50	Garscube Harriers	35
173	40:00	Geoff	Pendrill	M50	Linlithgow AC	36
174	40:19	Ian	Barker	M60	Moray RR	24
175	40:29	Andrew	Kirkhope	M60	Shettleston Harriers	25
176	40:42	Hugh	Buchanan	M60	Central AC	26
177	40:42	Martin	Rollo	M55	Dundee RR	33
178	41:08	David	Cross	M60	Edinburgh AC	27
179	41:10	Derrick	Brydon	M55	Lasswade AC	34
180	42:04	Innes	Chalmers	M50	Linlithgow AC	37
181	42:07	JOHNNY	KIRKLAND	M60	Dundee Hawkhill Harriers	28
182	42:25	Mike	Malcolm-Smith	M55	Musselburgh & District AC	35
183	42:31	David	Stakes	M60	Westerlands CCC	29
184	43:00	Oscar	Sanchez Garcia	M50	Pitreavie AAC	38
185	45:55	Keith	Gelly	M55	Dundee RR	36
186	46:07	Steve	Donaghy	M55	Moray RR	37
187	46:59	Andy	Steel	M60	Peterhead AC	30
188	47:35	Alan	Coltman	M55	Teviotdale Harriers	38
189	47:46	Phillip	Gillespie	M50	Dundee RR	39
190	48:19	Marten	Kats	M40	Perth RR	51
191	49:22	Eddie	Holmes	M60	Dundee Hawkhill Harriers	31
192	50:17	Russell	Couper	M60	Calderglen Harriers	32
193	52:45	Andrew	Thom	M55	Peterhead AC	39

Teams M40 M45

Pos	Team Name	Pts	Athlete	Athlete	Athlete	Athlete
1	Edinburgh AC	43	2 Iain Whitaker (2)	5 John Lenehan (5)	8 Stuart Johnston (8)	33 Jonathan Henderson (28)
2	Corstorphine AAC	50	3 Donald Macaulay (3)	6 Stuart Livingstone (6)	20 Douglas McKinnon (19)	24 Iain Hutchinson (22)
3	Metro Aberdeen RC	54	10 Matthew Maciocia (10)	13 Lesley Morrison (12)	16 Kenny Garden (15)	18 Allan Christie (17)
4	Shettleston Harriers	83	4 Joe Symonds (4)	21 Jethro Lennox (20)	32 Iain Pender (27)	38 Iain Burns (32)
5	Gala Harriers	160	1 Darrell Hastie (1)	55 Gary Trewartha (45)	67 Iain Stewart (53)	89 Francis Mcelroy (61)
6	Hunters Bog Trotters	200	49 Dave Ward (40)	60 Graeme Kafka (49)	73 Peter Gardner (55)	74 Huw Jones (56)

Teams M50 M55 M60+

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Central AC	34	11 Scott Brember (1)	53 Gerard Taylor (10)	83 Donald Shaw (23)
2	Cambuslang Harriers	50	26 Justin Carter (3)	40 Chris Upson (7)	105 David Thom (40)
3	Perth RR	52	68 Stuart Robertson (15)	69 David Knight (16)	80 Duncan Ryan (21)
4	PH Racing Club	56	37 Paul Kieran (6)	75 Mark Webster (19)	92 Robert Sellar (31)
5	Edinburgh AC	59	27 Tim Hely (4)	85 Roy Mitchell (25)	91 Gavin Phillip (30)
6	Musselburgh & District AC	70	63 Robert Turner (12)	82 Paul Slifer (22)	99 James Mayers (36)
7	Fife AC	92	79 Mike MacDonald (20)	88 Graeme McDowall (28)	110 Stephen Dickson (44)
8	Cumbernauld AAC	112	64 Walter Henderson (13)	94 Vincent Carroll (32)	141 Ross McEachern (67)
9	Hunters Bog Trotters	121	41 Stevie Cairns (8)	111 Jamie Thin (45)	142 Colin Crabbie (68)
10	Metro Aberdeen RC	128	56 Dino Roussias (11)	122 Richard Roulson (53)	135 Michael Barker (64)
11	Falkirk Victoria Harriers	144	84 Grant Matheson (24)	97 Michael McQuaid (34)	166 Malcolm Finlayson (86)
12	Gala Harriers	156	113 James Dennison (46)	120 Sinclair Hill (51)	129 Ian Maxwell (59)
13	Dundee RR	174	87 Russell Craig (27)	143 Ewan McIntyre (69)	154 Michael Mitchell (78)
14	Moray RR	190	103 Alasdair Campbell (39)	146 Kenneth MacRae (72)	155 Andy Alexander (79)
15	Westerlands CCC	199	71 Brian Bonnyman (17)	159 David Calder (81)	183 David Stakes (101)
16	Linlithgow AC	216	126 Mark Eggeling (56)	149 Darren Dick (75)	164 Mark Geraghty (85)
17	Dundee Hawkhill Harriers	268	131 James Hastie (61)	181 JOHNNY KIRKLAND (99)	191 Eddie Holmes (108)

Teams W40 W45

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Hunters Bog Trotters	28	5 Shona McIntosh (4)	14 Claire Gordon (11)	17 Eilis McKeachie (13)
2	Garscube Harriers	46	10 Katie White (9)	13 Gillian Blee (10)	59 Laura Gray (27)
3	Dundee RR	58	16 Alison McNeilly (12)	48 Jane O'Donnell (22)	54 Louise Menzies (24)
4	Linlithgow AC	88	45 Sarah Little (21)	58 Roisin Murray (26)	131 Lisa Brailey (41)

Teams W50 W55 W60+

Pos	Team Name	Pts	Athlete	Athlete	Athlete
1	Edinburgh AC	27	12 Janet Dunbar (2)	39 Susan Ridley (11)	46 Karen Dobbie (14)
2	Giffnock North AC	37	19 Allie Chong (4)	42 Hilary Carswell (13)	64 Angela Carson (20)
3	Gala Harriers	38	31 Pamela Baillie (7)	41 Julia Johnstone (12)	62 Gillian Lunn (19)
4	Fife AC	57	21 Janet Dickson (5)	55 Hilary Ritchie (16)	90 Margaret Martin (36)
5	Perth RR	80	65 Diane White (21)	67 Fabienne Thompson (22)	91 Joan Wilson (37)
6	Carnegie Harriers	94	60 Joy Gudgin (18)	69 Isobel Burnett (24)	116 Lesley Reynolds (52)
7	Linlithgow AC	102	37 Christine Mulholland (10)	92 Saran Jones (38)	122 Jill Horsburgh (54)
8	Dundee Hawkhill Harriers	128	95 Catherine Matthews (41)	96 Catriona Reynolds (42)	100 Rhonda Manning (45)
9	Kirkintilloch Olympians	146	82 Marina McCallum (30)	113 Ada Stewart (50)	141 Shirley MacNab (66)