

Additional Competitor Information

Event: 2025 scottishathletics Inter District Cross Country Championships including British Cross Challenge Series

Date: **Saturday 11th January 2025**

Venue: **Milnbank Sports Hub (Alexandra Park Golf Course) G31 3JE**

Declarations

Declarations are open from 9am in front of the Milnbank Sports Hub Building, Inter District Team managers only for District teams. Course maps and race details will be published on-line before the event.

Changing

There are no on -site changing facilities -Please come changed

Toilets

There are toilet facilities in front of the tented area.

Course

The course consists of a mixture of parkland and grass paths on Alexandra Park Golf Course.

Warming-up / Course Access

Please keep clear of the course and use the park footpaths within Alexandra Park to warm up. Please respect the other Park users. To gain access to the Start / Finish area, you are required to cross a path from the tented area. Please stay within markers and watch out for runners.

Club Tents

There is ample space for club tents on the bottom two Bowling Green's next to the Sports Hub Building. No tents are allowed on the Golf Course. Please assemble tents in the marked bays and do so in accordance with the Tent and Gazebo guidelines on the scottishathletics Event Website.



Medals Presentation

Medals will be presented near the start area. As soon as possible after each race.

Medals will be presented as follows –

Age Group	Dist.	Medals	
		Inter District	Cross Challenge
U13 Girls	3km	Top 3, Team 6 to count	Top 3, No Team
U13 Boys	3km	Top 3, Team 6 to count	Top 3, No Team
U15 Girls	4km	Top 3, Team 6 to count	Top 3, No Team
U15 Boys	4km	Top 3, Team 6 to count	Top 3, No Team
U17 / U20 women (WA)	6km	Top 3, Team 6 to count	Top 3, No Team
U17 / U20 Men (WA)	6km	Top 3, Team 6 to count	Top 3, No Team
Senior Women	8km	Top 3, Team 6 to count	Top 3, No Team
Senior Men	8km	Top 3, Team 6 to count	Top 3, No Team

Inter District Team medals should be collected by Team Managers.

Inter District medals will be awarded to athletes representing their district only. British Athletics Cross Challenge medals will be awarded to UK eligible athletes only.

First Aid

First Aid will be located near the Start/Finish area.

The nearest Accident and Emergency Hospital is -

Glasgow Royal Infirmary 84 Castle St G4 0SF 0141 211 4000

Catering

A Food Van in Milnbank Sports hub area selling a variety of Snacks /Drinks

Results

Provisional Results will be available via data.opentrack.run and will be posted on the scottishathletics Events page once finalised.

Directions

How to get to Alexandra Park in Glasgow, G31 3JE Moovit helps you find the best way to get to Alexandra Park with step-by-step directions from the nearest public transit station.

You can get to Alexandra Park by Bus, Train or Light rail. These are the lines and routes that have stops nearby -Bus: [38](#), [38B](#), [38C](#), [38E](#), [8](#) Train: [SCOTRAIL](#)

Nearest Train Station is Alexandra Parade Station -Approx. 10-minute walk from Course

[How to get to Alexandra Park in Glasgow by Bus, Train or Light rail \(moovitapp.com\)](#)



Parking

Parking is available on Blochairn Road (Post codes G21 2DU or 2DZ). This a large industrial area which is free from traffic on a Saturday. A footbridge takes you from this road directly over the M8 into Milnbank Sports Hub where you find the tented area and course.

Please note strictly no parking allowed in Park or in residential housing next to park.

Club tents can be dropped off at the side entrance of the Park via Sannox Gardens (G31 3JE). This street is accessed off Alexandra Park Street and Coventry Drive. Individuals dropping off tents may park in these streets whilst dropping off tents only, once a tent has been delivered cars must return to the main parking area in Blochairn Road. **This will be strictly monitored by Community Police.** No others may park in this area.



