

Lindsays scottishathletics National Cross Country Relay Championships
2024 NatXCR Results FINAL YAF

Saturday 19th October 2024

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	31:04	Lasswade AC	10:15	(2)	Isla Madhra U13	09:55	(1)	Cerys Wright U15	10:55	(1)	Bethan Kitchin U17
2	31:27	Giffnock North AC	10:10	(1)	Emma Nicholson U13	10:53	(2)	Lucy Tonner U15	10:26	(2)	Freya Campbell U17
3	31:47	Strathearn Harriers	11:48	(17)	Robin Perez Reid U13	09:59	(3)	Lucia Connell U15	10:01	(3)	Eilidh Dallas U17
4	32:01	Inverness Harriers AAC	11:02	(4)	Iyla Souter U13	10:49	(4)	Niamh Doorley U13	10:11	(4)	Anna Meek U15
5	32:20	Falkirk Victoria Harriers	11:58	(24)	Amy Taylor U13	10:17	(6)	Emily Christie U15	10:06	(5)	Isabella Ogg U17
6	32:24	Giffnock North AC B	11:29	(11)	Lotty Martin U13	10:46	(5)	Eve Cameron U15	10:10	(6)	Scarlett Wilson U17
7	32:38	Harmeny AC	11:09	(8)	Aria Macfarlane U13	11:17	(9)	Carys Melton U15	10:13	(7)	Natsai Nyabadza U17
8	33:04	Giffnock North AC C	11:48	(16)	Emma Birrell U13	10:50	(11)	Eilidh Caldwell U15	10:27	(8)	Lucy McGhie U17
9	33:08	Falkirk Victoria Harriers B	12:06	(27)	Megan Blair U13	11:00	(17)	Skye Robertson U15	10:02	(9)	Corri MCGougan U17
10	33:19	East Kilbride AC	11:52	(18)	Melissa Ashelby U13	11:12	(16)	Skye Christie U15	10:16	(10)	Matilda Frew U17
11	33:21	Kilbarchan AAC	11:53	(20)	Rebecca McCulloch U13	11:54	(25)	Amelie Kerr U15	09:34	(11)	Zara Redmond U17
12	33:28	Gala Harriers B	11:05	(7)	Holly Craig U13	11:30	(10)	Annabelle Stewart U13	10:54	(12)	Kirsty Rankine U17
13	33:52	Giffnock North AC D	12:08	(29)	Eilidh Brown U13	10:31	(12)	Isabella Wilson U15	11:14	(13)	Nicole Yates U15
14	33:54	Central AC	12:10	(31)	Naomi Prince U13	10:52	(14)	Emily Stanford U15	10:53	(14)	Niamh McKinlay U17
15	33:57	Aberdeen AAC	13:03	(52)	Pippa Roberts U13	10:39	(23)	Emily Taylor U15	10:16	(15)	Jessica Needs U17
16	33:58	Gala Harriers	11:03	(6)	Molly Trewartha U13	12:25	(20)	Kacie Brown U15	10:31	(16)	Ava Richardson U17
17	33:58	Shettleston Harriers	11:26	(10)	Zoe Roberts U13	11:37	(15)	Emma Locke U15	10:56	(17)	Katie Woods U17
18	34:04	Inverclyde AC	12:54	(49)	Rosa Currie U13	11:01	(29)	Olivia Lyne U15	10:09	(18)	Grace Barry U15
19	34:12	Team East Lothian	12:26	(38)	Tessa Russell U13	11:26	(26)	Ava Rose Curtis U15	10:21	(19)	Imogen Turner U15
20	34:14	Airdrie Harriers	11:43	(14)	Zara Gillespie U13	11:03	(13)	Kady Wood U15	11:30	(20)	Eihlenn Gillespie U17
21	34:24	Kilmarnock H&AC	11:19	(9)	Megan Haggarty U13	10:59	(7)	Madeline Curley U15	12:07	(21)	Eve Starritt U17
22	34:31	Falkirk Victoria Harriers C	11:58	(25)	Erin Donaldson U13	11:37	(21)	Aine McAtarsney U15	10:56	(22)	Katie Hedges U17
23	34:38	VP-Glasgow AC	11:35	(13)	Caitlin Laing U13	10:44	(8)	Anna Elizabeth Ross U15	12:20	(23)	Anna Clark U17
24	34:42	Perth Strathtay Harriers	11:03	(5)	Kezi Swift U13	12:12	(18)	Emma Squires U15	11:28	(24)	Eilidh Hearn U17
25	34:46	Harmeny AC C	11:54	(21)	Isabella Pearson U13	11:59	(27)	Francesca Earl U15	10:54	(25)	Skye Marshall U17
26	35:02	Falkirk Victoria Harriers D	12:21	(35)	Ariana Bennett U13	11:56	(31)	Neve Taylor U15	10:46	(26)	Lucie Gibson U17
27	35:15	Pitreavie AAC	13:15	(54)	Grace Ramponi U13	11:08	(32)	Millie Ovens U15	10:53	(27)	Mirabelle Meade U17
28	35:18	Harmeny AC B	11:53	(19)	Ava Whyte U13	11:49	(24)	Naomi Leathes U15	11:37	(28)	Emilie Paul U17
29	35:25	Edinburgh AC	13:23	(55)	Maisie Hunter U13	12:02	(43)	Isabella Kelly U13	10:00	(29)	Jessica Taylor U17
30	35:26	Aberdeen AAC B	12:56	(50)	Ewa Jackiewicz U13	11:28	(33)	Sophie Imlach U15	11:03	(30)	Hania Czebreszuk U17

Lindsays scottishathletics National Cross Country Relay Championships
2024 NatXCR Results FINAL YAF

Saturday 19th October 2024

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
31	35:36	Inverness Harriers AAC B	12:22	(36)	Lexie Macrae U13	11:32	(28)	Annie English U15	11:43	(31)	Sophie Bertram U15
32	35:46	Edinburgh AC B	12:46	(46)	Mia Linklater U13	12:52	(46)	Isla Duncan U15	10:09	(32)	Elsa McGregor U17
33	35:57	Inverness Harriers AAC C	11:55	(22)	Amy Simpson U13	11:44	(22)	Rosie Conroy U15	12:18	(33)	Sky Simpson U17
34	36:26	Harmeny AC D	12:01	(26)	Luciana Starkey U13	12:16	(30)	Alexa Holden U15	12:10	(34)	Lara Brechin U17
35	36:46	Corstorphine AAC	12:32	(41)	Callie Logan U13	12:25	(39)	Ella Harrison U13	11:49	(35)	Belle Logan U15
36	36:49	Giffnock North AC F	12:15	(33)	Anna Macfarlane U13	12:34	(35)	Ella Buckley U13	12:01	(36)	Sarah McNulty U17
37	36:53	East Kilbride AC B	11:46	(15)	Zoe Baillie U13	11:40	(19)	Nina Clark U13	13:28	(37)	Katie Fielding U17
38	37:14	Inverclyde AC B	13:56	(61)	Emily Kane U13	11:29	(42)	Nuala Munro U15	11:50	(38)	Amber McLlroy U15
39	37:26	Giffnock North AC G	11:55	(23)	Mia Tomb U13	13:01	(38)	Iris Jackson U13	12:30	(39)	Beth Adams U15
40	37:43	Giffnock North AC E	12:24	(37)	Freya Mearns U13	12:57	(41)	Rebecca Adams U13	12:23	(40)	Erin Reilly U17
41	37:44	Shettleston Harriers B	12:15	(34)	Charlotte Reilly U13	12:28	(34)	Daisy Gildea U15	13:02	(41)	Kate Monaghan U17
42	37:57	VP-Glasgow AC B	12:07	(28)	Lola Campton U13	13:26	(44)	Sophie Friel U15	12:25	(42)	Eve Morrison U17
43	38:04	Law & District AAC	12:31	(40)	Grace Frood U13	12:19	(36)	Helena Wotherspoon U13	13:14	(43)	Lucy Corns U17
44	38:17	Kilmarnock H&AC B	13:00	(51)	Lucy Campbell U13	12:53	(49)	Ellie Alexander U15	12:25	(44)	Charlotte Gebbie U17
45	38:30	Harmeny AC E	13:30	(56)	Ellie Matthews U13	12:09	(47)	Elizabeth Sweetman U15	12:53	(45)	Halszka Musialowicz U17
46	39:19	Lothian RC	12:53	(48)	Martha Cheek U13	12:42	(45)	Rachel Collings U13	13:45	(46)	Milane Menard U15
47	39:24	Giffnock North AC H	12:12	(32)	Abbie Gallagher U13	13:54	(50)	Ruby McWilliams U13	13:19	(47)	Megan Jackson U15
48	39:28	Larkhall YMCA Harriers	12:38	(42)	EMMA DOOEY U13	12:13	(37)	Laci McNulty U15	14:38	(48)	Sophie Brennan U15
49	39:56	Corstorphine AAC B	13:52	(60)	Abigail Scott U13	12:30	(51)	Riley Harrison U13	13:35	(49)	Hannah Dill U15
50	40:32	Lasswade AC B	14:26	(62)	Esme Scott U13	14:52	(56)	Darcy Esson U13	11:14	(50)	Beth McWilliam U15
51	40:45	Greenock Glenpark Harriers	13:33	(57)	Orla Trainer U13	13:37	(55)	Nuala Quigley U15	13:37	(51)	Summer Taggart U17
52	41:08	Calderglen Harriers	11:32	(12)	Charlotte Buchanan U13	15:00	(54)	Jessica Prior U13	14:37	(52)	Aimee Creasey U15
	25:01	East Kilbride AC C	12:38	(43)	Jessica Caskie U13	12:24	(40)	Ellie Taylor U13			
	25:48	Giffnock North AC I	12:46	(47)	Ruby FREELAND U13	13:03	(48)	Skyla McClelland U13			
	26:29	Livingston AC	13:42	(58)	Abbie Scott-Telford U13	12:48	(52)	Airlie Oakley U15			
	26:30	Cambuslang Harriers	10:44	(3)	Brooke Walker U13	15:46	(53)	Mabel Rimmer U13			
	30:15	Clydesdale Harriers	15:37	(64)	Mya Mackie U13	14:39	(57)	Eilidh Haggerty U15			
	43:22	VP-Glasgow AC C	13:45	(59)	Charlotte Hughes U13	29:37	(58)	Lucy Bonham U17			
	12:09	Garscube Harriers	12:09	(30)	Phoebe Thomson U13						
	12:26	Kilmarnock H&AC C	12:26	(39)	Zoe Brown U13						
	12:45	Cambuslang Harriers B	12:45	(44)	Ava Starrs U13						
	12:46	Edinburgh AC C	12:46	(45)	Mia Linklater U13						
	13:07	East Kilbride AC D	13:07	(53)	Rebecca Chapman U13						
	15:05	Lothian RC B	15:05	(63)	Lana Menard U13						

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL YAFFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
1	Zara	Redmond U17	Kilbarchan AAC	09:34	1
2	Cerys	Wright U15	Lasswade AC	09:55	1
3	Lucia	Connell U15	Strathearn Harriers	09:59	2
4	Jessica	Taylor U17	Edinburgh AC	10:00	2
5	Eilidh	Dallas U17	Strathearn Harriers	10:01	3
6	Corri	Mcgougan U17	Falkirk Victoria Harriers B	10:02	4
7	Isabella	Ogg U17	Falkirk Victoria Harriers	10:06	5
8	Elsa	McGregor U17	Edinburgh AC B	10:09	6
9	Grace	Barry U15	Inverclyde AC	10:09	3
10	Emma	Nicholson U13	Giffnock North AC	10:10	1
11	Scarlett	Wilson U17	Giffnock North AC B	10:10	7
12	Anna	Meek U15	Inverness Harriers AAC	10:11	4
13	Natsai	Nyabadza U17	Harmeny AC	10:13	8
14	Isla	Madhra U13	Lasswade AC	10:15	2
15	Jessica	Needs U17	Aberdeen AAC	10:16	9
16	Matilda	Frew U17	East Kilbride AC	10:16	9
17	Emily	Christie U15	Falkirk Victoria Harriers	10:17	5
18	Imogen	Turner U15	Team East Lothian	10:21	6
19	Freya	Campbell U17	Giffnock North AC	10:26	11
20	Lucy	McGhie U17	Giffnock North AC C	10:27	12
21	Isabella	Wilson U15	Giffnock North AC D	10:31	7
22	Ava	Richardson U17	Gala Harriers	10:31	13
23	Emily	Taylor U15	Aberdeen AAC	10:39	8
24	Anna Elizabeth	Ross U15	VP-Glasgow AC	10:44	9
25	Brooke	Walker U13	Cambuslang Harriers	10:44	3
26	Lucie	Gibson U17	Falkirk Victoria Harriers D	10:46	14
27	Eve	Cameron U15	Giffnock North AC B	10:46	10
28	Niamh	Doorley U13	Inverness Harriers AAC	10:49	4
29	Eilidh	Caldow U15	Giffnock North AC C	10:50	11
30	Emily	Stanford U15	Central AC	10:52	12
31	Lucy	Tonner U15	Giffnock North AC	10:53	13
32	Niamh	McKinlay U17	Central AC	10:53	15
33	Mirabelle	Meade U17	Pitreavie AAC	10:53	15
34	Skye	Marshall U17	Harmeny AC C	10:54	17
35	Kirsty	Rankine U17	Gala Harriers B	10:54	17
36	Bethan	Kitchin U17	Lasswade AC	10:55	19
37	Katie	Woods U17	Shettleston Harriers	10:56	20
38	Katie	Hedges U17	Falkirk Victoria Harriers C	10:56	20
39	Madeline	Curley U15	Kilmarnock H&AC	10:59	14
40	Skye	Robertson U15	Falkirk Victoria Harriers B	11:00	15

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL YAFFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
41	Olivia	Lyne U15	Inverclyde AC	11:01	16
42	Iyla	Souter U13	Inverness Harriers AAC	11:02	5
43	Kady	Wood U15	Airdrie Harriers	11:03	17
44	Kezi	Swift U13	Perth Strathtay Harriers	11:03	6
45	Molly	Trewartha U13	Gala Harriers	11:03	6
46	Hania	Czebreszuk U17	Aberdeen AAC B	11:03	22
47	Holly	Craig U13	Gala Harriers B	11:05	8
48	Millie	Ovens U15	Pitreavie AAC	11:08	18
49	Aria	Macfarlane U13	Harmeny AC	11:09	9
50	Skye	Christie U15	East Kilbride AC	11:12	19
51	Nicole	Yates U15	Giffnock North AC D	11:14	20
52	Beth	McWilliam U15	Lasswade AC B	11:14	20
53	Carys	Melton U15	Harmeny AC	11:17	22
54	Megan	Haggarty U13	Kilmarnock H&AC	11:19	10
55	Zoe	Roberts U13	Shettleston Harriers	11:26	11
56	Ava Rose	Curtis U15	Team East Lothian	11:26	23
57	Sophie	Imlach U15	Aberdeen AAC B	11:28	24
58	Eilidh	Hearn U17	Perth Strathtay Harriers	11:28	23
59	Lotty	Martin U13	Giffnock North AC B	11:29	12
60	Nuala	Munro U15	Inverclyde AC B	11:29	25
61	Eihlinn	Gillespie U17	Airdrie Harriers	11:30	24
62	Annabelle	Stewart U13	Gala Harriers B	11:30	13
63	Charlotte	Buchanan U13	Calderglen Harriers	11:32	14
64	Annie	English U15	Inverness Harriers AAC B	11:32	26
65	Caitlin	Laing U13	VP-Glasgow AC	11:35	15
66	Emilie	Paul U17	Harmeny AC B	11:37	25
67	Aine	McAtarsney U15	Falkirk Victoria Harriers C	11:37	27
68	Emma	Locke U15	Shettleston Harriers	11:37	27
69	Nina	Clark U13	East Kilbride AC B	11:40	16
70	Zara	Gillespie U13	Airdrie Harriers	11:43	17
71	Sophie	Bertram U15	Inverness Harriers AAC B	11:43	29
72	Rosie	Conroy U15	Inverness Harriers AAC C	11:44	30
73	Zoe	Baillie U13	East Kilbride AC B	11:46	18
74	Emma	Birrell U13	Giffnock North AC C	11:48	19
75	Robin	Perez Reid U13	Strathearn Harriers	11:48	19
76	Belle	Logan U15	Corstorphine AAC	11:49	31
77	Naomi	Leathes U15	Harmeny AC B	11:49	31
78	Amber	McIlroy U15	Inverclyde AC B	11:50	33
79	Melissa	Ashelby U13	East Kilbride AC	11:52	21
80	Ava	Whyte U13	Harmeny AC B	11:53	22

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL YAFFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
81	Rebecca	McCulloch U13	Kilbarchan AAC	11:53	22
82	Isabella	Pearson U13	Harmeny AC C	11:54	24
83	Amelie	Kerr U15	Kilbarchan AAC	11:54	34
84	Amy	Simpson U13	Inverness Harriers AAC C	11:55	25
85	Mia	Tomb U13	Giffnock North AC G	11:55	25
86	Neve	Taylor U15	Falkirk Victoria Harriers D	11:56	35
87	Amy	Taylor U13	Falkirk Victoria Harriers	11:58	27
88	Erin	Donaldson U13	Falkirk Victoria Harriers C	11:58	27
89	Francesca	Earl U15	Harmeny AC C	11:59	36
90	Luciana	Starkey U13	Harmeny AC D	12:01	29
91	Sarah	McNulty U17	Giffnock North AC F	12:01	26
92	Isabella	Kelly U13	Edinburgh AC	12:02	30
93	Megan	Blair U13	Falkirk Victoria Harriers B	12:06	31
94	Lola	Campton U13	VP-Glasgow AC B	12:07	32
95	Eve	Starritt U17	Kilmarnock H&AC	12:07	27
96	Eilidh	Brown U13	Giffnock North AC D	12:08	33
97	Phoebe	Thomson U13	Garscube Harriers	12:09	34
98	Elizabeth	Sweetman U15	Harmeny AC E	12:09	37
99	Naomi	Prince U13	Central AC	12:10	35
100	Lara	Brechin U17	Harmeny AC D	12:10	28
101	Abbie	Gallagher U13	Giffnock North AC H	12:12	36
102	Emma	Squires U15	Perth Strathtay Harriers	12:12	38
103	Laci	McNulty U15	Larkhall YMCA Harriers	12:13	39
104	Anna	Macfarlane U13	Giffnock North AC F	12:15	37
105	Charlotte	Reilly U13	Shettleston Harriers B	12:15	37
106	Alexa	Holden U15	Harmeny AC D	12:16	40
107	Sky	Simpson U17	Inverness Harriers AAC C	12:18	29
108	Helena	Wotherspoon U13	Law & District AAC	12:19	39
109	Anna	Clark U17	VP-Glasgow AC	12:20	30
110	Ariana	Bennett U13	Falkirk Victoria Harriers D	12:21	40
111	Lexie	Macrae U13	Inverness Harriers AAC B	12:22	41
112	Erin	Reilly U17	Giffnock North AC E	12:23	31
113	Ellie	Taylor U13	East Kilbride AC C	12:24	42
114	Freya	Mearns U13	Giffnock North AC E	12:24	42
115	Eve	Morrison U17	VP-Glasgow AC B	12:25	32
116	Charlotte	Gebbie U17	Kilmarnock H&AC B	12:25	32
117	Ella	Harrison U13	Corstorphine AAC	12:25	44
118	Kacie	Brown U15	Gala Harriers	12:25	41
119	Tessa	Russell U13	Team East Lothian	12:26	45
120	Zoe	Brown U13	Kilmarnock H&AC C	12:26	45

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL YAFFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
121	Daisy	Gildea U15	Shettleston Harriers B	12:28	42
122	Riley	Harrison U13	Corstorphine AAC B	12:30	47
123	Beth	Adams U15	Giffnock North AC G	12:30	43
124	Grace	Frood U13	Law & District AAC	12:31	48
125	Callie	Logan U13	Corstorphine AAC	12:32	49
126	Ella	Buckley U13	Giffnock North AC F	12:34	50
127	EMMA	DOOEY U13	Larkhall YMCA Harriers	12:38	51
128	Jessica	Caskie U13	East Kilbride AC C	12:38	51
129	Rachel	Collings U13	Lothian RC	12:42	53
130	Ava	Starrs U13	Cambuslang Harriers B	12:45	54
131	Mia	Linklater U13	Edinburgh AC C	12:46	55
132	Mia	Linklater U13	Edinburgh AC B	12:46	55
133	Ruby	FREELAND U13	Giffnock North AC I	12:46	55
134	Airlie	Oakley U15	Livingston AC	12:48	44
135	Isla	Duncan U15	Edinburgh AC B	12:52	45
136	Halszka	Musialowicz U17	Harmeny AC E	12:53	34
137	Martha	Cheek U13	Lothian RC	12:53	58
138	Ellie	Alexander U15	Kilmarnock H&AC B	12:53	46
139	Rosa	Currie U13	Inverclyde AC	12:54	59
140	Ewa	Jackiewicz U13	Aberdeen AAC B	12:56	60
141	Rebecca	Adams U13	Giffnock North AC E	12:57	61
142	Lucy	Campbell U13	Kilmarnock H&AC B	13:00	62
143	Iris	Jackson U13	Giffnock North AC G	13:01	63
144	Kate	Monaghan U17	Shettleston Harriers B	13:02	35
145	Skyla	Mcclelland U13	Giffnock North AC I	13:03	64
146	Pippa	Roberts U13	Aberdeen AAC	13:03	64
147	Rebecca	Chapman U13	East Kilbride AC D	13:07	66
148	Lucy	Corns U17	Law & District AAC	13:14	36
149	Grace	Ramponi U13	Pitreavie AAC	13:15	67
150	Megan	Jackson U15	Giffnock North AC H	13:19	47
151	Maisie	Hunter U13	Edinburgh AC	13:23	68
152	Sophie	Friel U15	VP-Glasgow AC B	13:26	48
153	Katie	Fielding U17	East Kilbride AC B	13:28	37
154	Ellie	Matthews U13	Harmeny AC E	13:30	69
155	Orla	Trainer U13	Greenock Glenpark Harriers	13:33	70
156	Hannah	Dill U15	Corstorphine AAC B	13:35	49
157	Summer	Taggart U17	Greenock Glenpark Harriers	13:37	38
158	Nuala	Quigley U15	Greenock Glenpark Harriers	13:37	50
159	Abbie	Scott-Telford U13	Livingston AC	13:42	71
160	Milane	Menard U15	Lothian RC	13:45	51

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL YAFFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age	
					Rank	
161	Charlotte	Hughes	U13	VP-Glasgow AC C	13:45	72
162	Abigail	Scott	U13	Corstorphine AAC B	13:52	73
163	Ruby	McWilliams	U13	Giffnock North AC H	13:54	74
164	Emily	Kane	U13	Inverclyde AC B	13:56	75
165	Esme	Scott	U13	Lasswade AC B	14:26	76
166	Aimee	Creasey	U15	Calderglen Harriers	14:37	52
167	Sophie	Brennan	U15	Larkhall YMCA Harriers	14:38	53
168	Eilidh	Haggerty	U15	Clydesdale Harriers	14:39	54
169	Darcy	Esson	U13	Lasswade AC B	14:52	77
170	Jessica	Prior	U13	Calderglen Harriers	15:00	78
171	Lana	Menard	U13	Lothian RC B	15:05	79
172	Mya	Mackie	U13	Clydesdale Harriers	15:37	80
173	Mabel	Rimmer	U13	Cambuslang Harriers	15:46	81
174	Lucy	Bonham	U17	VP-Glasgow AC C	29:37	39

Lindsays scottishathletics National Cross Country Relay Championships
2024 NatXCR Results FINAL YAM

Saturday 19th October 2024

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	27:03	Giffnock North AC	09:45	(5)	Evan Tyler U13	08:52	(1)	Louie Muir U15	08:26	(1)	Alasdair Maclean U17
2	27:59	Giffnock North AC B	09:24	(1)	Sam Deery U13	09:27	(2)	Cameron Nugent U15	09:09	(2)	Aaron Reid U17
3	28:19	Team East Lothian	09:24	(2)	Tom Ibbs U13	10:23	(6)	Frank Orsi U15	08:33	(3)	Fraser Lupton U17
4	28:26	Edinburgh AC	09:37	(4)	Toby Comer U13	09:25	(3)	Andrew Leighton U15	09:25	(4)	Reuben Lees U15
5	28:49	East Kilbride AC	10:15	(13)	Jack McMillan U13	10:11	(16)	Brian Heslop U15	08:23	(6)	Angus Wilkinson U17
6	28:52	Falkirk Victoria Harriers	11:41	(35)	Kieran Higney U13	08:50	(19)	Harrison MacMillan U15	08:21	(5)	Ray Taylor U17
7	28:55	Harmeny AC	10:03	(8)	Blake Burchill U13	10:19	(13)	Ben Paterson U15	08:34	(7)	James Wotherspoon U17
8	28:56	Kilmarnock H&AC	09:53	(6)	Callum Cooke U13	10:15	(8)	Jamie Walker U15	08:49	(8)	Jamie Work U17
9	29:14	Giffnock North AC C	10:01	(7)	Ewan Kennedy U13	09:53	(7)	Connor McCallum U15	09:21	(9)	Matthew Shaw U17
10	29:22	Cambuslang Harriers	10:59	(26)	Finlay Reid U13	09:59	(21)	Rory Barclay U15	08:25	(10)	Daibhidh Kinnaird U17
11	29:23	Gala Harriers	10:37	(20)	Arnon MacLeod U13	09:47	(15)	Gregor Adamson U15	09:00	(11)	Archie Dalgliesh U17
12	29:44	VP-Glasgow AC	11:10	(29)	Reuben Tinkler U13	08:58	(10)	Rhuairdh Laing U15	09:36	(12)	James Clark U17
13	29:49	Kilbarchan AAC	10:51	(25)	Noah Kerr U13	10:09	(22)	Tyler McMeekin U15	08:50	(13)	Alistair Street U17
14	29:52	Lothian RC	10:11	(11)	Alison Lindsay U13	10:36	(20)	Harry Rafferty U15	09:06	(14)	Danny Fletcher U17
15	29:54	Livingston AC	10:20	(15)	Archie MacPhie U13	10:04	(14)	Finlay Sharp U15	09:31	(15)	Matthew MacIver U17
16	29:57	Giffnock North AC D	10:13	(12)	Christopher Cameron U13	09:56	(9)	Callum Datta U15	09:50	(16)	Matthew Hill U17
17	30:00	Law & District AAC	09:27	(3)	Alexander Wotherspoon U13	09:53	(4)	Cameron Chambers U15	10:41	(17)	James Black U15
18	30:01	Edinburgh AC B	10:38	(21)	Isaac Wells U13	09:36	(12)	Lukas Sonnevile U15	09:48	(18)	Alexander Clayton U17
19	30:01	Team East Lothian B	10:48	(23)	Adam Connolly U13	10:22	(23)	Lachlan Baillie U15	08:53	(19)	Joe Smith U17
20	30:06	Harmeny AC B	10:36	(19)	Andrew Watson U13	10:48	(26)	Fred Currie U15	08:43	(20)	Kieran Hardie U17
21	30:29	Garscube Harriers	11:06	(28)	Samuel Robertson U13	09:23	(18)	Connor Campbell U15	10:01	(21)	Kyle Thomson U17
22	30:33	Corstorphine AAC	10:45	(22)	ROI LOPEZ PORRAS U13	09:25	(11)	Tymek Chmielowski U15	10:24	(22)	Lewis Harrison U17
23	30:34	East Kilbride AC B	10:33	(18)	Owen Palmer U13	10:37	(24)	Cameron Fraser U15	09:25	(23)	Ben Baillie U17
24	30:36	Lasswade AC	11:25	(32)	Fraser Houston U13	10:09	(29)	Struan Milne U15	09:03	(24)	Charlie Copp U17
25	30:46	Perth Strathtay Harriers	10:03	(9)	Tom Hilton U13	09:31	(5)	Findlay Bell U13	11:13	(25)	Andrew Hutchison U15
26	30:50	Strathearn Harriers	10:48	(24)	Ethan McLeod U13	11:02	(30)	Jaxon Boyle U13	09:01	(26)	Andrew Grant U17
27	31:00	Giffnock North AC E	10:09	(10)	Finlay Hamilton U13	10:20	(17)	Joseph Mowat U15	10:32	(27)	James Andrew U15
28	31:19	Gala Harriers B	11:34	(33)	Magnus Church U13	09:45	(25)	Seb Darlow U15	10:02	(28)	Sam Robertson U17
29	31:27	Cambuslang Harriers B	11:40	(34)	Douglas Gallie U13	10:24	(34)	Jack Gillon U15	09:25	(29)	John Frod U17
30	31:31	Falkirk Victoria Harriers B	13:03	(50)	Charlie Romanis U13	09:44	(38)	Ben Upfold U15	08:45	(30)	Rory MacMillan U15

Lindsays scottishathletics National Cross Country Relay Championships
2024 NatXCR Results FINAL YAM

Saturday 19th October 2024

Cumbernauld

Pos	Time	Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete
31	31:37	Perth Strathtay Harriers B	10:19	(14) Alex Hilton U13	11:08	(27) Freddie Parsons U15	10:10	(31) Ruairidh Hood U15
32	31:49	Cambuslang Harriers C	11:46	(36) Niall Smith U13	10:38	(35) Logan Emmott-Sinclair U15	09:25	(32) Euan Reid U17
33	31:57	Harmeny AC D	11:56	(40) Cailean Alexander U13	11:01	(40) Adam Head U15	09:01	(33) Fergus Ross U17
34	32:23	Central AC	11:20	(30) Thomas Arnott U13	10:36	(32) Gavin Rodger U15	10:27	(34) Sam Nicolson U15
35	32:46	VP-Glasgow AC B	11:53	(37) Matthew Chappells U13	11:05	(41) Andrew William Ross U13	09:50	(35) Jamie Turner U17
36	32:52	Moray RR	11:03	(27) Roger Long U13	10:30	(28) Darren Green U15	11:20	(36) William King U17
37	33:46	Harmeny AC C	14:23	(54) Samuel Head U13	10:40	(48) Alasdair Forrest U15	08:45	(37) Matthew Holden U17
38	34:06	Moray RR B	11:25	(31) Hugh Cumming U13	11:18	(37) Lewis Simmers U15	11:25	(38) Alasdair Jenkins U17
39	34:25	Garscube Harriers B	13:08	(51) Euan Williamson U13	11:04	(46) Maxwell Connolly U15	10:14	(39) Joe Butler U15
40	34:45	Edinburgh AC C	12:26	(47) Finlay Jerman U13	11:23	(44) Murdo Reid U15	10:57	(40) Jamie Duncan U17
41	34:55	Giffnock North AC F	10:24	(16) Ben McKerracher U13	11:31	(31) Patrick McGovern U15	13:00	(41) Gibson Guibal U15
42	35:55	Moray RR C	12:51	(48) Rhys Paterson U13	11:45	(47) Cameron Simmers U15	11:19	(42) Clive Long U17
43	36:03	Larkhall YMCA Harriers	12:53	(49) Michael Marden U13	12:17	(49) Gavin Lee U13	10:54	(43) Aaron Scott U17
44	38:17	Helensburgh AAC	15:00	(55) Gregor Sobers U13	12:58	(51) Bruno Sweeney U13	10:20	(44) James McPherson U17
	22:01	VP-Glasgow AC C	12:26	(46) Charlie Mackenzie U13	09:35	(33) Entrant 449		
	22:28	Giffnock North AC G	11:53	(38) Spencer Stewart U13	10:36	(36) Adam Tortolano U15		
	22:53	Cambuslang Harriers D	12:19	(45) Aiden O'connell U13	10:35	(39) Oliver Lievonon U15		
	23:30	Kilmarnock H&AC B	10:30	(17) Calum Fitzgerald U13	13:00	(42) Ross Black U15		
	23:39	George Heriots School XC Club	12:08	(42) Ruaridh Eltringham U13	11:31	(43) Jack Gerardot U15		
	24:00	East Kilbride AC C	11:58	(41) Calum McCormick U13	12:02	(45) Harris Rosling U13		
	27:07	East Kilbride AC D	13:26	(52) Finlay Edwards U13	13:42	(50) Max Tobin U13		
	11:53	VP-Glasgow AC D	11:53	(39) Entrant 450				
	12:09	Lothian RC B	12:09	(43) Cameron Stark U13				
	12:16	Kilbarchan AAC B	12:16	(44) Fergus McKie U13				
	13:43	Bellahouston Harriers	13:43	(53) Andrew Wilson U13				

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL YAMFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
1	Ray	Taylor U17	Falkirk Victoria Harriers	08:21	1
2	Angus	Wilkinson U17	East Kilbride AC	08:23	2
3	Daibhidh	Kinnaird U17	Cambuslang Harriers	08:25	3
4	Alasdair	Maclean U17	Giffnock North AC	08:26	4
5	Fraser	Lupton U17	Team East Lothian	08:33	5
6	James	Wotherspoon U17	Harmeny AC	08:34	6
7	Kieran	Hardie U17	Harmeny AC B	08:43	7
8	Rory	MacMillan U15	Falkirk Victoria Harriers B	08:45	1
8	Matthew	Holden U17	Harmeny AC C	08:45	8
10	Jamie	Work U17	Kilmarnock H&AC	08:49	9
11	Alistair	Street U17	Kilbarchan AAC	08:50	10
11	Harrison	MacMillan U15	Falkirk Victoria Harriers	08:50	2
13	Louie	Muir U15	Giffnock North AC	08:52	3
14	Joe	Smith U17	Team East Lothian B	08:53	11
15	Rhuairdh	Laing U15	VP-Glasgow AC	08:58	4
16	Archie	Dalgliesh U17	Gala Harriers	09:00	12
17	Fergus	Ross U17	Harmeny AC D	09:01	13
17	Andrew	Grant U17	Strathearn Harriers	09:01	13
19	Charlie	Copp U17	Lasswade AC	09:03	15
20	Danny	Fletcher U17	Lothian RC	09:06	16
21	Aaron	Reid U17	Giffnock North AC B	09:09	17
22	Matthew	Shaw U17	Giffnock North AC C	09:21	18
23	Connor	Campbell U15	Garscube Harriers	09:23	5
24	Sam	Deery U13	Giffnock North AC B	09:24	1
24	Tom	Ibbs U13	Team East Lothian	09:24	1
26	Reuben	Lees U15	Edinburgh AC	09:25	6
26	John	Frood U17	Cambuslang Harriers B	09:25	19
26	Ben	Baillie U17	East Kilbride AC B	09:25	19
26	Tymek	Chmielowski U15	Corstorphine AAC	09:25	6
26	Euan	Reid U17	Cambuslang Harriers C	09:25	19
26	Andrew	Leighton U15	Edinburgh AC	09:25	6
32	Alexander	Wotherspoon U13	Law & District AAC	09:27	3
32	Cameron	Nugent U15	Giffnock North AC B	09:27	9
34	Matthew	MacIver U17	Livingston AC	09:31	22
34	Findlay	Bell U13	Perth Strathtay Harriers	09:31	4
36	Entrant	449	VP-Glasgow AC C	09:35	1
37	James	Clark U17	VP-Glasgow AC	09:36	23
37	Lukas	Sonneville U15	Edinburgh AC B	09:36	10
39	Toby	Comer U13	Edinburgh AC	09:37	5
40	Ben	Upfold U15	Falkirk Victoria Harriers B	09:44	11

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL YAMFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
41	Seb	Darlow U15	Gala Harriers B	09:45	12
41	Evan	Tyler U13	Giffnock North AC	09:45	6
43	Gregor	Adamson U15	Gala Harriers	09:47	13
44	Alexander	Clayton U17	Edinburgh AC B	09:48	24
45	Jamie	Turner U17	VP-Glasgow AC B	09:50	25
45	Matthew	Hill U17	Giffnock North AC D	09:50	25
47	Connor	McCallum U15	Giffnock North AC C	09:53	14
47	Cameron	Chambers U15	Law & District AAC	09:53	14
47	Callum	Cooke U13	Kilmarnock H&AC	09:53	7
50	Callum	Datta U15	Giffnock North AC D	09:56	16
51	Rory	Barclay U15	Cambuslang Harriers	09:59	17
52	Ewan	Kennedy U13	Giffnock North AC C	10:01	8
52	Kyle	Thomson U17	Garscube Harriers	10:01	27
54	Sam	Robertson U17	Gala Harriers B	10:02	28
55	Blake	Burchill U13	Harmeny AC	10:03	9
55	Tom	Hilton U13	Perth Strathtay Harriers	10:03	9
57	Finlay	Sharp U15	Livingston AC	10:04	18
58	Tyler	McMeekin U15	Kilbarchan AAC	10:09	19
58	Struan	Milne U15	Lasswade AC	10:09	19
58	Finlay	Hamilton U13	Giffnock North AC E	10:09	11
61	Ruairidh	Hood U15	Perth Strathtay Harriers B	10:10	21
62	Alison	Lindsay U13	Lothian RC	10:11	12
62	Brian	Heslop U15	East Kilbride AC	10:11	22
64	Christopher	Cameron U13	Giffnock North AC D	10:13	13
65	Joe	Butler U15	Garscube Harriers B	10:14	23
66	Jamie	Walker U15	Kilmarnock H&AC	10:15	24
66	Jack	McMillan U13	East Kilbride AC	10:15	14
68	Ben	Paterson U15	Harmeny AC	10:19	25
68	Alex	Hilton U13	Perth Strathtay Harriers B	10:19	15
70	Joseph	Mowat U15	Giffnock North AC E	10:20	26
70	Archie	MacPhie U13	Livingston AC	10:20	16
70	James	McPherson U17	Helensburgh AAC	10:20	29
73	Lachlan	Baillie U15	Team East Lothian B	10:22	27
74	Frank	Orsi U15	Team East Lothian	10:23	28
75	Jack	Gillon U15	Cambuslang Harriers B	10:24	29
75	Lewis	Harrison U17	Corstorphine AAC	10:24	30
75	Ben	McKerracher U13	Giffnock North AC F	10:24	17
78	Sam	Nicolson U15	Central AC	10:27	30
79	Darren	Green U15	Moray RR	10:30	31
79	Calum	Fitzgerald U13	Kilmarnock H&AC B	10:30	18

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL YAMFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
81	James	Andrew U15	Giffnock North AC E	10:32	32
82	Owen	Palmer U13	East Kilbride AC B	10:33	19
83	Oliver	Lievenon U15	Cambuslang Harriers D	10:35	33
84	Andrew	Watson U13	Harmeny AC B	10:36	20
84	Gavin	Rodger U15	Central AC	10:36	34
84	Adam	Tortolano U15	Giffnock North AC G	10:36	34
84	Harry	Rafferty U15	Lothian RC	10:36	34
88	Arnon	MacLeod U13	Gala Harriers	10:37	21
88	Cameron	Fraser U15	East Kilbride AC B	10:37	37
90	Isaac	Wells U13	Edinburgh AC B	10:38	22
90	Logan	Emmott-Sinclair U15	Cambuslang Harriers C	10:38	38
92	Alasdair	Forrest U15	Harmeny AC C	10:40	39
93	James	Black U15	Law & District AAC	10:41	40
94	ROI	LOPEZ PORRAS U13	Corstorphine AAC	10:45	23
95	Fred	Currie U15	Harmeny AC B	10:48	41
95	Adam	Connolly U13	Team East Lothian B	10:48	24
95	Ethan	McLeod U13	Strathearn Harriers	10:48	24
98	Noah	Kerr U13	Kilbarchan AAC	10:51	26
99	Aaron	Scott U17	Larkhall YMCA Harriers	10:54	31
100	Jamie	Duncan U17	Edinburgh AC C	10:57	32
101	Finlay	Reid U13	Cambuslang Harriers	10:59	27
102	Adam	Head U15	Harmeny AC D	11:01	42
103	Jaxon	Boyle U13	Strathearn Harriers	11:02	28
104	Roger	Long U13	Moray RR	11:03	29
105	Maxwell	Connolly U15	Garscube Harriers B	11:04	43
106	Andrew William	Ross U13	VP-Glasgow AC B	11:05	30
107	Samuel	Robertson U13	Garscube Harriers	11:06	31
108	Freddie	Parsons U15	Perth Strathtay Harriers B	11:08	44
109	Reuben	Tinkler U13	VP-Glasgow AC	11:10	32
110	Andrew	Hutchison U15	Perth Strathtay Harriers	11:13	45
111	Lewis	Simmers U15	Moray RR B	11:18	46
112	Clive	Long U17	Moray RR C	11:19	33
113	William	King U17	Moray RR	11:20	34
113	Thomas	Arnott U13	Central AC	11:20	33
115	Murdo	Reid U15	Edinburgh AC C	11:23	47
116	Alasdair	Jenkins U17	Moray RR B	11:25	35
116	Hugh	Cumming U13	Moray RR B	11:25	34
116	Fraser	Houston U13	Lasswade AC	11:25	34
119	Patrick	McGovern U15	Giffnock North AC F	11:31	48
119	Jack	Gerardot U15	George Heriots School XC Club	11:31	48

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL YAMFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
121	Magnus	Church U13	Gala Harriers B	11:34	36
122	Douglas	Gallie U13	Cambuslang Harriers B	11:40	37
123	Kieran	Higney U13	Falkirk Victoria Harriers	11:41	38
124	Cameron	Simmers U15	Moray RR C	11:45	50
125	Niall	Smith U13	Cambuslang Harriers C	11:46	39
126	Matthew	Chappells U13	VP-Glasgow AC B	11:53	40
126	Spencer	Stewart U13	Giffnock North AC G	11:53	40
126	Entrant	450	VP-Glasgow AC D	11:53	1
129	Cailean	Alexander U13	Harmeny AC D	11:56	42
130	Calum	McCormick U13	East Kilbride AC C	11:58	43
131	Harris	Rosling U13	East Kilbride AC C	12:02	44
132	Ruaridh	Eltringham U13	George Heriots School XC Club	12:08	45
133	Cameron	Stark U13	Lothian RC B	12:09	46
134	Fergus	McKie U13	Kilbarchan AAC B	12:16	47
135	Gavin	Lee U13	Larkhall YMCA Harriers	12:17	48
136	Aiden	O'connell U13	Cambuslang Harriers D	12:19	49
137	Charlie	Mackenzie U13	VP-Glasgow AC C	12:26	50
137	Finlay	Jerman U13	Edinburgh AC C	12:26	50
139	Rhys	Paterson U13	Moray RR C	12:51	52
140	Michael	Marden U13	Larkhall YMCA Harriers	12:53	53
141	Bruno	Sweeney U13	Helensburgh AAC	12:58	54
142	Ross	Black U15	Kilmarnock H&AC B	13:00	51
142	Gibson	Guibal U15	Giffnock North AC F	13:00	51
144	Charlie	Romanis U13	Falkirk Victoria Harriers B	13:03	55
145	Euan	Williamson U13	Garscube Harriers B	13:08	56
146	Finlay	Edwards U13	East Kilbride AC D	13:26	57
147	Max	Tobin U13	East Kilbride AC D	13:42	58
148	Andrew	Wilson U13	Bellahouston Harriers	13:43	59
149	Samuel	Head U13	Harmeny AC C	14:23	60
150	Gregor	Sobers U13	Helensburgh AAC	15:00	61

Pos	Time Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
1	58:22 Edinburgh AC	14:14 (1)	Nancy Scott Sen	14:50 (1)	Beth Ansell Sen	14:49 (1)	Elsa Palmer Sen	14:32 (1)	Kirsty Walker Sen
2	59:10 Shettleston Harriers B	14:23 (2)	Fionnuala Ross Sen	14:55 (2)	Aoife Carr Sen	15:19 (2)	Clare Stewart Sen	14:35 (2)	Lynn McKenna Sen
3	1:00:23 Edinburgh Univ Hare and Hounds	15:18 (7)	Isabel Mansley U20	15:26 (4)	Caitlyn Heggie U20	15:21 (4)	Caitlin Purcell Sen	14:19 (3)	Sarah Calvert Sen
4	1:01:17 Cambuslang Harriers	15:59 (19)	Grace Drummond Sen	15:39 (9)	Holly Little Sen	14:37 (5)	Zoe Pflug Sen	15:03 (4)	Eve MacKinnon Sen
5	1:01:37 Central AC	15:51 (16)	Tuscany Wright U20	15:46 (8)	Grace Whelan Sen	15:44 (8)	Jennifer Wetton Sen	14:17 (5)	Morag Millar Sen
6	1:01:42 Fife AC	15:14 (6)	Megan Crawford Sen	16:26 (10)	Katie Sandilands U20	15:01 (6)	Annabel Simpson Sen	15:03 (6)	Stephanie Pennycook Sen
7	1:03:23 Edinburgh Univ Hare and Hounds B	15:43 (14)	Aimee Callow Sen	15:50 (7)	Georgia Ledingham Sen	15:21 (7)	Kirsty Purcell Sen	16:30 (7)	Ceri Griffiths U20
8	1:04:00 Glasgow University Hares and Hounds	14:58 (5)	Emily McNicol Sen	16:52 (12)	Laura Diana Jedrusiak Sen	16:27 (10)	Rachel Muir Sen	15:45 (8)	Mia Padmanabhan Sen
9	1:04:18 Corstorphine AAC	15:27 (9)	Kirsty Macaulay Sen	16:14 (11)	Charlotte MacPhie U20	16:18 (9)	Kirstin Maxwell Sen	16:21 (9)	Kara McKenzie-Tait Sen
10	1:05:01 Inverclyde AC	14:31 (3)	Millie McClelland-Brooks U20	15:08 (3)	Nynke Mulholland-Stummer Sen	16:01 (3)	Maisie Watson Sen	19:22 (10)	Abi Hammerman Sen
11	1:05:15 Giffnock North AC	15:29 (10)	Emma Creasey Sen	15:39 (6)	Heather Barnes Sen	18:13 (13)	Debi Scott Sen	15:55 (11)	Saoirse McNulty U20
12	1:05:35 Edinburgh AC B	15:25 (8)	Merce Sanchez Oller Sen	17:12 (15)	Lucy Naga Sen	17:10 (16)	Christina Edgar U20	15:49 (12)	Hannah Cox Sen
13	1:05:48 Edinburgh Univ Hare and Hounds C	15:48 (15)	Abigail Gilbert Sen	17:01 (17)	Ines De Carvalho Goncalves Sen	16:35 (14)	Mimi Blake Sen	16:26 (13)	Catriona Kane U20
14	1:06:04 Shettleston Harriers	16:25 (23)	Avril Mason V50	16:17 (16)	Charlotte McKenna Sen	16:53 (15)	Jessica MacLeod Sen	16:30 (14)	Ruth Joss Sen
15	1:06:13 Bellahouston Harriers	14:46 (4)	Rosa Donaldson Sen	16:01 (5)	Rachel Harman Sen	17:44 (11)	Kristina Glynn Sen	17:43 (15)	Katherine Hylands Sen
16	1:07:26 Springburn Harriers	15:37 (12)	Michelle Sandison V40	18:55 (29)	Rachel Giffen U20	17:05 (22)	Ruth Fraser-Moodie V40	15:50 (16)	Catriona Gillen Sen
17	1:07:42 Kilbarchan AAC	15:54 (17)	Libby Sutherland Sen	20:35 (40)	Rosalind Teasdale V40	15:23 (23)	Amy Teasdale U20	15:51 (17)	Sarah Dempsey Sen
18	1:07:45 Strathclyde Univ Harriers	17:15 (37)	Beth Trainer U20	17:28 (30)	Grace Campbell Sen	16:11 (19)	Ellen Astley Sen	16:53 (18)	Charlotte Narducci U20
19	1:07:51 Edinburgh Univ Hare and Hounds D	16:31 (25)	Caitlin Hall U20	16:47 (18)	Esme Dougall U20	17:32 (18)	Iona Stroma Hubbard U20	17:03 (19)	Elsie Hollywood Sen
20	1:08:00 Falkirk Victoria Harriers	16:34 (26)	Katie Christie U20	16:51 (20)	Fiona Matheson V60	16:42 (17)	Charlotte Horne U20	17:56 (20)	Niamh Brown Sen
21	1:08:50 Glasgow University Hares and Hounds B	16:55 (31)	Ella Nicholson U20	17:56 (32)	Kiara Meiklejohn U20	16:08 (20)	Sasha l'Anson U20	17:52 (21)	Flora Henry Sen
22	1:09:32 Bellahouston RR	16:18 (22)	Holly Andrews Sen	17:03 (19)	Jennifer Conway Sen	18:50 (24)	Veronica Fusaro Sen	17:22 (22)	Cara Thom Sen
23	1:09:59 Lasswade AC	16:56 (32)	Olivia Meikle U20	15:11 (13)	Amy Frankland Sen	19:25 (21)	Catherine Dickson V50	18:29 (23)	Claire Houston V40
24	1:10:42 Edinburgh Univ Hare and Hounds E	17:09 (35)	Rachel Murray U20	17:20 (28)	Abigail Campbell Sen	17:55 (25)	Ellyn Smith Sen	18:20 (24)	Scarlett Roy U20
25	1:10:44 Stirling University AC	16:45 (30)	Lydia Louw U20	18:41 (36)	Emma Livingstone Sen	18:39 (31)	Zoe Macdonald U20	16:40 (25)	Josie-Wren Golder Sen
26	1:10:48 Dundee Road Runners	16:37 (29)	Mairi Littleton Sen	18:16 (33)	Fiona Callaghan Sen	18:22 (29)	Louise Menzies V40	17:35 (26)	Fiona Canavan Sen
27	1:10:55 Glasgow University Hares and Hounds C	17:24 (39)	Naomi Giffen U20	16:59 (27)	Freya Griffiths U20	18:46 (28)	Maria O'Neill Sen	17:47 (27)	Ruby McGill U20
28	1:11:01 Aberdeen AAC	15:55 (18)	Carolyn Cameron Sen	16:26 (14)	Zoe Bates Sen	16:25 (12)	Abby Farquhar U20	22:16 (28)	Becky Cheyne Sen
29	1:11:13 Central AC B	17:02 (34)	Katie Hall Sen	18:12 (35)	Kyra Gibb Sen	17:20 (26)	Amy Gough U20	18:41 (29)	Jayne Emery Sen
30	1:11:22 VP-Glasgow AC	17:17 (38)	Lorne Kerr Sen	18:32 (38)	Christine Irvine Sen	18:22 (32)	Emma Thompson Sen	17:13 (30)	Suzanne Gilmour V50
31	1:13:21 Cambuslang Harriers B	16:01 (21)	Georgia Freeman-Mills Sen	17:39 (21)	Kirsty Wright Sen	19:18 (27)	Natalie McWilliams Sen	20:24 (31)	Rachel Wardrope Sen
32	1:14:32 Kilmarnock H&AC	19:05 (54)	Eilidh Ballantyne Sen	19:19 (51)	Izzy Caufield U20	17:44 (34)	Kaitlin Vallance Sen	18:26 (32)	Sophie Granger Sen
33	1:14:46 Stirling University AC B	19:58 (66)	Millie O'Neill U20	18:45 (53)	Claire Qualls Sen	17:42 (35)	Catriona Cummins U20	18:23 (33)	Eily Sinclair U20
34	1:14:58 Garscube Harriers	15:39 (13)	Monica Blair Sen	20:45 (39)	Lucy Donaldson U20	19:25 (33)	Maisie Blair Sen	19:11 (34)	Iona Smith Sen
35	1:15:02 Greenock Glenpark Harriers	19:05 (55)	Ashley Anderson Sen	18:30 (46)	Evie Harrison U20	19:58 (40)	Liz Heywood Sen	17:30 (35)	Nicola Doohan Sen
36	1:16:16 Central AC C	19:21 (62)	Amy Kirkpatrick Sen	18:26 (49)	Leah Brown U20	19:47 (41)	Sally Gallagher V40	18:44 (36)	Louise Torr Sen
37	1:17:43 Bellahouston RR B	19:09 (57)	Kirsty Macfarlane Sen	18:27 (47)	Flora Henry Sen	19:46 (38)	Joni Lindsay Sen	20:22 (37)	Kezia Kinder Sen
38	1:17:57 Dumbarton AAC	18:52 (52)	Charlene Kelly V40	17:44 (41)	Hannah Polden Sen	20:52 (39)	Alyson Leader V40	20:30 (38)	Charli Shand Sen
39	1:19:34 Glasgow University Hares and Hounds D	18:14 (46)	Katie Grieve Sen	18:51 (43)	Sadie Croasdale U20	20:57 (44)	Jennifer Main Sen	21:34 (39)	Kirsten McCluskey Sen
40	1:19:53 Motherwell AC	19:50 (65)	Emma Knox Sen	21:27 (64)	Lilly Jeffery Sen	20:46 (50)	Nicole Gierlowski Sen	17:52 (40)	Gayle Forbes Sen

Pos	Time Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
41	1:20:41 West End RR	17:10 (36)	Karen Patel V50	20:32 (48)	Hannah Mearns Sen	20:43 (45)	Ray Musleh V40	22:17 (41)	Julia McDonald V40
42	1:21:13 East Kilbride AC	18:48 (50)	Amy Andrew U20	17:59 (42)	Kelly Baillie V40	21:05 (43)	Erin Chapman U20	23:22 (42)	Lorna Edwards V50
43	1:21:17 Pitreavie AAC	18:11 (45)	Ariane Baillie U20	23:02 (63)	Melanie Sinclair V50	20:53 (51)	Diane Stewart Sen	19:13 (43)	Karyn Stewart Sen
44	1:21:31 Carnegie Harriers	20:52 (68)	Clara Kay V40	22:03 (69)	Karen Forsyth V40	20:24 (53)	Kathryn Fairfield V40	18:13 (44)	Charlotte Briggs Sen
45	1:22:53 Bellahouston Harriers B	19:11 (59)	Melanie Ronald V50	21:05 (61)	Pauline Henderson V60	20:03 (47)	Rebecca Simister Sen	22:36 (45)	Stephanie Rudd V50
46	1:23:40 Bellahouston RR C	19:16 (61)	Leanne McIntosh V40	19:52 (55)	Pauline Wright V50	22:24 (48)	Alison Brown V60	22:09 (46)	Carla Dunn Sen
47	1:23:50 Cumbernauld AAC	16:01 (20)	Alicia Paton Sen	18:21 (26)	Carla Mclellan Sen	22:49 (37)	Pamela Parker V50	26:40 (47)	Gillian Phillips V50
48	1:25:42 Glasgow FrontRunners	21:35 (71)	Roisin O'Donovan Sen	23:29 (71)	Louise Keogh Sen	18:24 (54)	Katie Athorne Sen	22:15 (48)	Megan Todd Sen
49	1:26:57 Moray RR	16:36 (28)	Katja Blunden V40	20:53 (45)	Ciara Brennan Sen	26:21 (56)	Elsbeth Jenkins V50	23:09 (49)	Amanda Strang V50
50	1:28:31 Lothian RC	21:19 (70)	Judith Thomson V50	20:57 (66)	Kirsty Gray V40	22:49 (57)	Emma Purdie V40	23:27 (50)	Kirsten Paul Sen
51	1:31:25 Perth RR	20:13 (67)	Lynn Gatherer V40	21:20 (65)	Agnieszka Mroczkowska Sen	22:07 (55)	Fiona Manson V50	27:47 (51)	Susan Bothwell V60
52	1:32:01 Bellahouston Harriers C	22:12 (72)	Christine McKay V60	22:32 (70)	Lisa Robertson Sen	22:56 (58)	Sally McLintock Sen	24:22 (52)	June MacLeod V60
53	1:34:11 Kirkintilloch Olympians	19:42 (64)	Kayla McCandlish Sen	26:18 (72)	Shirley MacNab V60	24:23 (59)	Heather Wood V40	23:51 (53)	Catriona Cameron Sen
54	1:34:22 Greenock Glenpark Harriers B	19:08 (56)	Melissa Wilson Sen	21:01 (59)	Lynne Harrison V50	30:21 (60)	Kirsten Robin Sen	23:54 (54)	Sarah Jane Whalen V50
	53:22 Shettleston Harriers C	16:58 (33)	Hannah Gilchrist Sen	17:15 (25)	Tara Walker Sen	19:09 (30)	Amy MacLellan Sen		
	57:07 Falkirk Victoria Harriers B	17:50 (43)	Holly Holmes U20	17:48 (37)	Danielle Callaghan Sen	21:29 (36)	Helena Gribben V50		
	57:47 Linlithgow AC	17:27 (40)	Lynsey Hay Sen	17:16 (31)	Siobhan Coleman Sen	23:04 (42)	Lana O'Hara V40		
	59:04 Portobello RC	19:15 (60)	Heather Darling Sen	19:58 (56)	Shona MacDonald V40	19:52 (46)	Tracy Philp V50		
	1:01:46 Inverclyde AC B	18:43 (49)	Kay Greg Sen	20:43 (58)	Orla McGeehan U20	22:20 (49)	Faye Currie V40		
	1:02:56 Central AC D	19:10 (58)	Patricia Milne V60	23:34 (68)	Linda Cunningham V50	20:13 (52)	Finuala Bell V40		
	33:51 Livingston AC	15:34 (11)	Imogen Marshall U20	18:17 (22)	Amy Todd U20				
	33:53 Corstorphine AAC B	16:27 (24)	Fiona Davies Sen	17:26 (23)	Sophie Collins Sen				
	34:00 Fife AC B	16:34 (27)	Ailsa Cruickshanks Sen	17:27 (24)	Jennifer Cruickshanks Sen				
	35:09 Giffnock North AC B	18:09 (44)	Hilary Carswell V50	17:01 (34)	Rhona Mowat Sen				
	37:26 Dundee Hawkhill Harriers	17:45 (42)	Shania King Sen	19:41 (44)	India Arikan Sen				
	38:13 Edinburgh AC C	17:36 (41)	Orlaith Shepherd U20	20:38 (50)	Sarah Paterson Sen				
	38:25 Edinburgh Univ Hare and Hounds F	19:03 (53)	Katy Donnelly U20	19:23 (52)	Zennor Coombs U20				
	38:51 VP-Glasgow AC B	18:42 (48)	Amy Bristow Sen	20:10 (54)	Emma Gilmour Sen				
	39:22 Glasgow University Hares and Hounds E	18:22 (47)	Linnea Skalberg Sen	21:00 (57)	Aliya Brear U20				
	40:14 Portobello RC B	21:03 (69)	Alison Caldwell Sen	19:12 (60)	Niamh Ni Mhaoileoin Sen				
	40:24 Garscube Harriers B	18:50 (51)	Martha Lovatt V40	21:34 (62)	Fiona Moar Sen				
	42:18 Ayr Seaforth AC	19:29 (63)	Lauren Harrison Sen	22:50 (67)	Lucy Cameron Sen				
	26:40 Bellahouston Harriers D	26:40 (73)	Jacqueline Glass V70						

Lindsays scottishathletics National Cross Country Relay Championships
2024 NatXCR Results FINAL MasWom

Saturday 19th October 2024

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	51:24	Giffnock North AC	16:57	(3)	Yvonne McNairn V40	17:20	(2)	Allie Chong V50	17:08	(1)	Jill Smylie V40
2	53:06	Garscube Harriers	16:32	(2)	Gillian Blee V40	18:29	(3)	Laura Gray V40	18:05	(2)	Mary Senior V50
3	54:23	Kilmarnock H&AC	16:12	(1)	Katrine Kelly V40	16:18	(1)	Laura Haggarty V40	21:54	(3)	Louise Potter V50
4	55:14	Perth RR	18:00	(5)	Keri Weatherhogg V40	19:07	(4)	Fabienne Thompson V50	18:08	(4)	Liz Johnston V50
5	56:49	Edinburgh AC	18:30	(6)	Karen Dobbie V50	20:29	(6)	Hannah Waugh V40	17:50	(5)	Julie Wilson V50
6	57:19	Cambuslang Harriers	17:42	(4)	Nathalie Brohan V40	19:48	(5)	Julie Reid V40	19:50	(6)	Bernadette Oneil V50
7	1:03:27	Harmeny AC	21:21	(9)	Susan Ross V50	20:33	(7)	Seona Burnett V50	21:35	(7)	Elaine Walker V40
8	1:05:57	Calderglen Harriers	19:24	(7)	Alison Lessells V40	26:09	(10)	Lorraine Buchanan V40	20:26	(8)	Frances Ferguson V60
9	1:06:48	Greenock Glenpark Harriers	21:32	(10)	Marianne McKay V40	22:23	(8)	Cheryl Thomas V40	22:54	(9)	Lynsey Mooney V40
10	1:08:52	Linlithgow AC	20:52	(8)	Jane Marshall V50	23:09	(9)	Jill Horsburgh V60	24:52	(10)	Lisa Brailey V40

Lindsays scottishathletics National Cross Country Relay Championships
2024 NatXCR Results FINAL W50

Saturday 19th October 2024

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	52:27	Edinburgh AC	16:54	(1)	Janet Dunbar V50	17:49	(1)	Susan Ridley V50	17:45	(1)	Jennifer MacLean V50
2	56:38	Kirkintilloch Olympians	17:41	(2)	Anne Marie McGregor V50	20:18	(2)	Marina McCallum V50	18:40	(2)	Elaine Hogg V50
3	59:17	Linlithgow AC	20:36	(5)	Frances Wood V60	17:51	(3)	Christine Mulholland V50	20:52	(3)	Saran Jones V60
4	1:00:17	Carnegie Harriers	19:33	(3)	Isobel Burnett V60	21:45	(5)	Jane Anderson V50	19:01	(4)	Joy Gudgin V60
5	1:01:03	Garscube Harriers	21:42	(6)	Kathryn Scott V60	19:26	(4)	Aileen Wilson V50	19:56	(5)	Catriona Padmanabhan V50
6	1:04:14	Dundee Hawkhill Harriers	22:00	(7)	Tracey Passway V50	20:52	(6)	Catherine Matthews V50	21:23	(6)	Rhonda Manning V50
7	1:08:22	Kirkintilloch Olympians B	20:16	(4)	Moira Paterson V50	22:49	(7)	Ada Stewart V60	25:18	(7)	Ros O'Sullivan V60
8	1:09:00	Garscube Harriers B	22:42	(9)	Morag Casey V50	22:47	(9)	Jan Boyd V50	23:32	(8)	Maureen Campbell V50
9	1:10:07	Inverclyde AC	22:02	(8)	Caroline Mcconnell V50	22:53	(8)	Kim Law V50	25:13	(9)	Collette Mcgeehan V50
10	1:16:32	Lothian RC	24:43	(10)	Liz Bondi V60	25:08	(10)	Mags Buckley V50	26:43	(10)	Helen Woollven V50
11	1:28:09	Greenock Glenpark Harriers B	30:38	(12)	Alison Smart V60	26:15	(11)	Lorna Macmillan V60	31:17	(11)	Mary Robinson V60
	26:26	Pitreeve AAC	26:26	(11)	Morna Fleming V70						

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL WomFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age
					Rank
1	Nancy	Scott Sen	Edinburgh AC	14:14	1
2	Morag	Millar Sen	Central AC	14:17	2
3	Sarah	Calvert Sen	Edinburgh Univ Hare and Hounds	14:19	3
4	Fionnuala	Ross Sen	Shettleston Harriers B	14:23	4
5	Millie	McClelland-Brooks U20	Inverclyde AC	14:31	1
6	Kirsty	Walker Sen	Edinburgh AC	14:32	5
7	Lynn	McKenna Sen	Shettleston Harriers B	14:35	6
8	Zoe	Pflug Sen	Cambuslang Harriers	14:37	7
9	Rosa	Donaldson Sen	Bellahouston Harriers	14:46	8
10	Elsa	Palmer Sen	Edinburgh AC	14:49	9
11	Beth	Ansell Sen	Edinburgh AC	14:50	10
12	Aoife	Carr Sen	Shettleston Harriers B	14:55	11
13	Emily	McNicol Sen	Glasgow University Hares and Hounds	14:58	12
14	Annabel	Simpson Sen	Fife AC	15:01	13
15	Eve	MacKinnon Sen	Cambuslang Harriers	15:03	14
15	Stephanie	Pennycook Sen	Fife AC	15:03	14
17	Nynke	Mulholland-Stummer Sen	Inverclyde AC	15:08	16
18	Amy	Frankland Sen	Lasswade AC	15:11	17
19	Megan	Crawford Sen	Fife AC	15:14	18
20	Isabel	Mansley U20	Edinburgh Univ Hare and Hounds	15:18	2
21	Clare	Stewart Sen	Shettleston Harriers B	15:19	19
22	Caitlin	Purcell Sen	Edinburgh Univ Hare and Hounds	15:21	20
22	Kirsty	Purcell Sen	Edinburgh Univ Hare and Hounds B	15:21	20
24	Amy	Teasdale U20	Kilbarchan AAC	15:23	3
25	Merce	Sanchez Oller Sen	Edinburgh AC B	15:25	22
26	Caitlyn	Heggie U20	Edinburgh Univ Hare and Hounds	15:26	4
27	Kirsty	Macaulay Sen	Corstorphine AAC	15:27	23
28	Emma	Creasey Sen	Giffnock North AC	15:29	24
29	Imogen	Marshall U20	Livingston AC	15:34	5
30	Michelle	Sandison V40	Springburn Harriers	15:37	1
31	Holly	Little Sen	Cambuslang Harriers	15:39	25
31	Monica	Blair Sen	Garscube Harriers	15:39	25
31	Heather	Barnes Sen	Giffnock North AC	15:39	25
34	Aimee	Callow Sen	Edinburgh Univ Hare and Hounds B	15:43	28
35	Jennifer	Wetton Sen	Central AC	15:44	29
36	Mia	Padmanabhan Sen	Glasgow University Hares and Hounds	15:45	30
37	Grace	Whelan Sen	Central AC	15:46	31
38	Abigail	Gilbert Sen	Edinburgh Univ Hare and Hounds C	15:48	32
39	Hannah	Cox Sen	Edinburgh AC B	15:49	33
40	Georgia	Ledingham Sen	Edinburgh Univ Hare and Hounds B	15:50	34

Lindsays scottishathletics National Cross Country Relay Championships
2024 NatXCR Results FINAL WomFastLeg

Saturday 19th October 2024

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
40	Catriona	Gillen Sen	Springburn Harriers	15:50	34
42	Tuscany	Wright U20	Central AC	15:51	6
42	Sarah	Dempsey Sen	Kilbarchan AAC	15:51	36
44	Libby	Sutherland Sen	Kilbarchan AAC	15:54	37
45	Carolyn	Cameron Sen	Aberdeen AAC	15:55	38
45	Saoirse	Mcnulty U20	Giffnock North AC	15:55	7
47	Grace	Drummond Sen	Cambuslang Harriers	15:59	39
48	Rachel	Harman Sen	Bellahouston Harriers	16:01	40
48	Georgia	Freeman-Mills Sen	Cambuslang Harriers B	16:01	40
48	Alicia	Paton Sen	Cumbernauld AAC	16:01	40
48	Maisie	Watson Sen	Inverclyde AC	16:01	40
52	Sasha	l'Anson U20	Glasgow University Hares and Hounds B	16:08	8
53	Ellen	Astley Sen	Strathclyde Univ Harriers	16:11	44
54	Katrine	Kelly V40	Kilmarnock H&AC	16:12	2
55	Charlotte	MacPhie U20	Corstorphine AAC	16:14	9
56	Charlotte	McKenna Sen	Shettleston Harriers	16:17	45
57	Holly	Andrews Sen	Bellahouston RR	16:18	46
57	Kirstin	Maxwell Sen	Corstorphine AAC	16:18	46
57	Laura	Haggarty V40	Kilmarnock H&AC	16:18	3
60	Kara	McKenzie-Tait Sen	Corstorphine AAC	16:21	48
61	Abby	Farquhar U20	Aberdeen AAC	16:25	10
61	Avril	Mason V50	Shettleston Harriers	16:25	1
63	Zoe	Bates Sen	Aberdeen AAC	16:26	49
63	Catriona	Kane U20	Edinburgh Univ Hare and Hounds C	16:26	11
63	Katie	Sandilands U20	Fife AC	16:26	11
66	Fiona	Davies Sen	Corstorphine AAC B	16:27	50
66	Rachel	Muir Sen	Glasgow University Hares and Hounds	16:27	50
68	Ceri	Griffiths U20	Edinburgh Univ Hare and Hounds B	16:30	13
68	Ruth	Joss Sen	Shettleston Harriers	16:30	52
70	Caitlin	Hall U20	Edinburgh Univ Hare and Hounds D	16:31	14
71	Gillian	Blee V40	Garscube Harriers	16:32	4
72	Katie	Christie U20	Falkirk Victoria Harriers	16:34	15
72	Ailsa	Cruickshanks Sen	Fife AC B	16:34	53
74	Mimi	Blake Sen	Edinburgh Univ Hare and Hounds C	16:35	54
75	Katja	Blunden V40	Moray RR	16:36	5
76	Mairi	Littleson Sen	Dundee Road Runners	16:37	55
77	Josie-Wren	Golder Sen	Stirling University AC	16:40	56
78	Charlotte	Horne U20	Falkirk Victoria Harriers	16:42	16
79	Lydia	Louw U20	Stirling University AC	16:45	17
80	Esme	Dougall U20	Edinburgh Univ Hare and Hounds D	16:47	18

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL WomFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age
					Rank
81	Fiona	Matheson V60	Falkirk Victoria Harriers	16:51	1
82	Laura Diana	Jedrusiak Sen	Glasgow University Hares and Hounds	16:52	57
83	Jessica	MacLeod Sen	Shettleston Harriers	16:53	58
83	Charlotte	Narducci U20	Strathclyde Univ Harriers	16:53	19
85	Janet	Dunbar V50	Edinburgh AC	16:54	2
86	Ella	Nicholson U20	Glasgow University Hares and Hounds B	16:55	20
87	Olivia	Meikle U20	Lasswade AC	16:56	21
88	Yvonne	McNairn V40	Giffnock North AC	16:57	6
89	Hannah	Gilchrist Sen	Shettleston Harriers C	16:58	59
90	Freya	Griffiths U20	Glasgow University Hares and Hounds C	16:59	22
91	Ines	De Carvalho Goncalves Sen	Edinburgh Univ Hare and Hounds C	17:01	60
91	Rhona	Mowat Sen	Giffnock North AC B	17:01	60
93	Katie	Hall Sen	Central AC B	17:02	62
94	Jennifer	Conway Sen	Bellahouston RR	17:03	63
94	Elsie	Hollywood Sen	Edinburgh Univ Hare and Hounds D	17:03	63
96	Ruth	Fraser-Moodie V40	Springburn Harriers	17:05	7
97	Jill	Smylie V40	Giffnock North AC	17:08	8
98	Rachel	Murray U20	Edinburgh Univ Hare and Hounds E	17:09	23
99	Christina	Edgar U20	Edinburgh AC B	17:10	24
99	Karen	Patel V50	West End RR	17:10	3
101	Lucy	Naga Sen	Edinburgh AC B	17:12	65
102	Suzanne	Gilmour V50	VP-Glasgow AC	17:13	4
103	Tara	Walker Sen	Shettleston Harriers C	17:15	66
103	Beth	Trainer U20	Strathclyde Univ Harriers	17:15	25
105	Siobhan	Coleman Sen	Linlithgow AC	17:16	67
106	Lorne	Kerr Sen	VP-Glasgow AC	17:17	68
107	Amy	Gough U20	Central AC B	17:20	26
107	Abigail	Campbell Sen	Edinburgh Univ Hare and Hounds E	17:20	69
107	Allie	Chong V50	Giffnock North AC	17:20	5
110	Cara	Thom Sen	Bellahouston RR	17:22	70
111	Naomi	Giffen U20	Glasgow University Hares and Hounds C	17:24	27
112	Sophie	Collins Sen	Corstorphine AAC B	17:26	71
113	Jennifer	Cruickshanks Sen	Fife AC B	17:27	72
113	Lynsey	Hay Sen	Linlithgow AC	17:27	72
115	Grace	Campbell Sen	Strathclyde Univ Harriers	17:28	74
116	Nicola	Doohan Sen	Greenock Glenpark Harriers	17:30	75
117	Iona Stroma	Hubbard U20	Edinburgh Univ Hare and Hounds D	17:32	28
118	Fiona	Canavan Sen	Dundee Road Runners	17:35	76
119	Orlaith	Shepherd U20	Edinburgh AC C	17:36	29
120	Kirsty	Wright Sen	Cambuslang Harriers B	17:39	77

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL WomFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age
					Rank
121	Anne Marie	McGregor V50	Kirkintilloch Olympians	17:41	6
122	Nathalie	Brohan V40	Cambuslang Harriers	17:42	9
122	Catriona	Cummins U20	Stirling University AC B	17:42	30
124	Katherine	Hylands Sen	Bellahouston Harriers	17:43	78
125	Kristina	Glynn Sen	Bellahouston Harriers	17:44	79
125	Hannah	Polden Sen	Dumbarton AAC	17:44	79
125	Kaitlin	Vallance Sen	Kilmarnock H&AC	17:44	79
128	Shania	King Sen	Dundee Hawkhill Harriers	17:45	82
128	Jennifer	MacLean V50	Edinburgh AC	17:45	7
130	Ruby	McGill U20	Glasgow University Hares and Hounds C	17:47	31
131	Danielle	Callaghan Sen	Falkirk Victoria Harriers B	17:48	83
132	Susan	Ridley V50	Edinburgh AC	17:49	8
133	Julie	Wilson V50	Edinburgh AC	17:50	9
133	Holly	Holmes U20	Falkirk Victoria Harriers B	17:50	32
135	Christine	Mulholland V50	Linlithgow AC	17:51	10
136	Flora	Henry Sen	Glasgow University Hares and Hounds B	17:52	84
136	Gayle	Forbes Sen	Motherwell AC	17:52	84
138	Ellyn	Smith Sen	Edinburgh Univ Hare and Hounds E	17:55	86
139	Niamh	Brown Sen	Falkirk Victoria Harriers	17:56	87
139	Kiara	Meiklejohn U20	Glasgow University Hares and Hounds B	17:56	33
141	Kelly	Baillie V40	East Kilbride AC	17:59	10
142	Keri	Weatherhogg V40	Perth RR	18:00	11
143	Mary	Senior V50	Garscube Harriers	18:05	11
144	Liz	Johnston V50	Perth RR	18:08	12
145	Hilary	Carswell V50	Giffnock North AC B	18:09	13
146	Ariane	Baillie U20	Pitreavie AAC	18:11	34
147	Kyra	Gibb Sen	Central AC B	18:12	88
148	Charlotte	Briggs Sen	Carnegie Harriers	18:13	89
148	Debi	Scott Sen	Giffnock North AC	18:13	89
150	Katie	Grieve Sen	Glasgow University Hares and Hounds D	18:14	91
151	Fiona	Callaghan Sen	Dundee Road Runners	18:16	92
152	Amy	Todd U20	Livingston AC	18:17	35
153	Scarlett	Roy U20	Edinburgh Univ Hare and Hounds E	18:20	36
154	Carla	McLellan Sen	Cumbernauld AAC	18:21	93
155	Louise	Menzies V40	Dundee Road Runners	18:22	12
155	Linnea	Skalberg Sen	Glasgow University Hares and Hounds E	18:22	94
155	Emma	Thompson Sen	VP-Glasgow AC	18:22	94
158	Eily	Sinclair U20	Stirling University AC B	18:23	37
159	Katie	Athorne Sen	Glasgow FrontRunners	18:24	96
160	Leah	Brown U20	Central AC C	18:26	38

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL WomFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age
					Rank
160	Sophie	Granger Sen	Kilmarnock H&AC	18:26	97
162	Flora	Henry Sen	Bellahouston RR B	18:27	98
163	Laura	Gray V40	Garscube Harriers	18:29	13
163	Claire	Houston V40	Lasswade AC	18:29	13
165	Karen	Dobbie V50	Edinburgh AC	18:30	14
165	Evie	Harrison U20	Greenock Glenpark Harriers	18:30	39
167	Christine	Irvine Sen	VP-Glasgow AC	18:32	99
168	Zoe	Macdonald U20	Stirling University AC	18:39	40
169	Elaine	Hogg V50	Kirkintilloch Olympians	18:40	15
170	Jayne	Emery Sen	Central AC B	18:41	100
170	Emma	Livingstone Sen	Stirling University AC	18:41	100
172	Amy	Bristow Sen	VP-Glasgow AC B	18:42	102
173	Kay	Greg Sen	Inverclyde AC B	18:43	103
174	Louise	Torr Sen	Central AC C	18:44	104
175	Claire	Qualls Sen	Stirling University AC B	18:45	105
176	Maria	ONeill Sen	Glasgow University Hares and Hounds C	18:46	106
177	Amy	Andrew U20	East Kilbride AC	18:48	41
178	Veronica	Fusaro Sen	Bellahouston RR	18:50	107
178	Martha	Lovatt V40	Garscube Harriers B	18:50	15
180	Sadie	Croasdale U20	Glasgow University Hares and Hounds D	18:51	42
181	Charlene	Kelly V40	Dumbarton AAC	18:52	16
182	Rachel	Giffen U20	Springburn Harriers	18:55	43
183	Joy	Gudgin V60	Carnegie Harriers	19:01	2
184	Katy	Donnelly U20	Edinburgh Univ Hare and Hounds F	19:03	44
185	Ashley	Anderson Sen	Greenock Glenpark Harriers	19:05	108
185	Eilidh	Ballantyne Sen	Kilmarnock H&AC	19:05	108
187	Fabienne	Thompson V50	Perth RR	19:07	16
188	Melissa	Wilson Sen	Greenock Glenpark Harriers B	19:08	110
189	Kirsty	Macfarlane Sen	Bellahouston RR B	19:09	111
189	Amy	MacLellan Sen	Shettleston Harriers C	19:09	111
191	Patricia	Milne V60	Central AC D	19:10	3
192	Melanie	Ronald V50	Bellahouston Harriers B	19:11	17
192	Iona	Smith Sen	Garscube Harriers	19:11	113
194	Niamh	Ni Mhaoileoin Sen	Portobello RC B	19:12	114
195	Karyn	Stewart Sen	Pitreavie AAC	19:13	115
196	Heather	Darling Sen	Portobello RC	19:15	116
197	Leanne	Mcintosh V40	Bellahouston RR C	19:16	17
198	Natalie	McWilliams Sen	Cambuslang Harriers B	19:18	117
199	Izzy	Caufield U20	Kilmarnock H&AC	19:19	45
200	Amy	Kirkpatrick Sen	Central AC C	19:21	118

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL WomFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age
					Rank
201	Abi	Hammerman Sen	Inverclyde AC	19:22	119
202	Zennor	Coombs U20	Edinburgh Univ Hare and Hounds F	19:23	46
203	Alison	Lessells V40	Calderglen Harriers	19:24	18
204	Maisie	Blair Sen	Garscube Harriers	19:25	120
204	Catherine	Dickson V50	Lasswade AC	19:25	18
206	Aileen	Wilson V50	Garscube Harriers	19:26	19
207	Lauren	Harrison Sen	Ayr Seaforth AC	19:29	121
208	Isobel	Burnett V60	Carnegie Harriers	19:33	4
209	India	Arikan Sen	Dundee Hawkhill Harriers	19:41	122
210	Kayla	McCandlish Sen	Kirkintilloch Olympians	19:42	123
211	Joni	Lindsay Sen	Bellahouston RR B	19:46	124
212	Sally	Gallagher V40	Central AC C	19:47	19
213	Julie	Reid V40	Cambuslang Harriers	19:48	20
214	Bernadette	Oneil V50	Cambuslang Harriers	19:50	20
214	Emma	Knox Sen	Motherwell AC	19:50	125
216	Pauline	Wright V50	Bellahouston RR C	19:52	21
216	Tracy	Philp V50	Portobello RC	19:52	21
218	Catriona	Padmanabhan V50	Garscube Harriers	19:56	23
219	Liz	Heywood Sen	Greenock Glenpark Harriers	19:58	126
219	Shona	MacDonald V40	Portobello RC	19:58	21
219	Millie	O'Neill U20	Stirling University AC B	19:58	47
222	Rebecca	Simister Sen	Bellahouston Harriers B	20:03	127
223	Emma	Gilmour Sen	VP-Glasgow AC B	20:10	128
224	Finuala	Bell V40	Central AC D	20:13	22
224	Lynn	Gatherer V40	Perth RR	20:13	22
226	Moira	Paterson V50	Kirkintilloch Olympians B	20:16	24
227	Marina	McCallum V50	Kirkintilloch Olympians	20:18	25
228	Kezia	Kinder Sen	Bellahouston RR B	20:22	129
229	Rachel	Wardrope Sen	Cambuslang Harriers B	20:24	130
229	Kathryn	Fairfield V40	Carnegie Harriers	20:24	24
231	Frances	Ferguson V60	Calderglen Harriers	20:26	5
232	Hannah	Waugh V40	Edinburgh AC	20:29	25
233	Charli	Shand Sen	Dumbarton AAC	20:30	131
234	Hannah	Mearns Sen	West End RR	20:32	132
235	Seona	Burnett V50	Harmeny AC	20:33	26
236	Rosalind	Teasdale V40	Kilbarchan AAC	20:35	26
237	Frances	Wood V60	Linlithgow AC	20:36	6
238	Sarah	Paterson Sen	Edinburgh AC C	20:38	133
239	Orla	McGeehan U20	Inverclyde AC B	20:43	48
239	Ray	Musleh V40	West End RR	20:43	27

Lindsays scottishathletics National Cross Country Relay Championships
2024 NatXCR Results FINAL WomFastLeg

Saturday 19th October 2024

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
241	Lucy	Donaldson U20	Garscube Harriers	20:45	49
242	Nicole	Gierlowski Sen	Motherwell AC	20:46	134
243	Clara	Kay V40	Carnegie Harriers	20:52	28
243	Alyson	Leader V40	Dumbarton AAC	20:52	28
243	Catherine	Matthews V50	Dundee Hawkhill Harriers	20:52	27
243	Jane	Marshall V50	Linlithgow AC	20:52	27
243	Saran	Jones V60	Linlithgow AC	20:52	7
248	Ciara	Brennan Sen	Moray RR	20:53	135
248	Diane	Stewart Sen	Pitreavie AAC	20:53	135
250	Jennifer	Main Sen	Glasgow University Hares and Hounds D	20:57	137
250	Kirsty	Gray V40	Lothian RC	20:57	30
252	Aliya	Brear U20	Glasgow University Hares and Hounds E	21:00	50
253	Lynne	Harrison V50	Greenock Glenpark Harriers B	21:01	29
254	Alison	Caldwell Sen	Portobello RC B	21:03	138
255	Pauline	Henderson V60	Bellahouston Harriers B	21:05	8
255	Erin	Chapman U20	East Kilbride AC	21:05	51
257	Judith	Thomson V50	Lothian RC	21:19	30
258	Agnieszka	Mroczkowska Sen	Perth RR	21:20	139
259	Susan	Ross V50	Harmeny AC	21:21	31
260	Rhonda	Manning V50	Dundee Hawkhill Harriers	21:23	32
261	Lilly	Jeffery Sen	Motherwell AC	21:27	140
262	Helena	Gribben V50	Falkirk Victoria Harriers B	21:29	33
263	Marianne	McKay V40	Greenock Glenpark Harriers	21:32	31
264	Fiona	Moar Sen	Garscube Harriers B	21:34	141
264	Kirsten	McCluskey Sen	Glasgow University Hares and Hounds D	21:34	141
266	Roisin	O'Donovan Sen	Glasgow FrontRunners	21:35	143
266	Elaine	Walker V40	Harmeny AC	21:35	32
268	Kathryn	Scott V60	Garscube Harriers	21:42	9
269	Jane	Anderson V50	Carnegie Harriers	21:45	34
270	Louise	Potter V50	Kilmarnock H&AC	21:54	35
271	Tracey	Passway V50	Dundee Hawkhill Harriers	22:00	36
272	Caroline	McConnell V50	Inverclyde AC	22:02	37
273	Karen	Forsyth V40	Carnegie Harriers	22:03	33
274	Fiona	Manson V50	Perth RR	22:07	38
275	Carla	Dunn Sen	Bellahouston RR C	22:09	144
276	Christine	McKay V60	Bellahouston Harriers C	22:12	10
277	Megan	Todd Sen	Glasgow FrontRunners	22:15	145
278	Becky	Cheyne Sen	Aberdeen AAC	22:16	146
279	Julia	McDonald V40	West End RR	22:17	34
280	Faye	Currie V40	Inverclyde AC B	22:20	35

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL WomFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
281	Cheryl	Thomas V40	Greenock Glenpark Harriers	22:23	36
282	Alison	Brown V60	Bellahouston RR C	22:24	11
283	Lisa	Robertson Sen	Bellahouston Harriers C	22:32	147
284	Stephanie	Rudd V50	Bellahouston Harriers B	22:36	39
285	Morag	Casey V50	Garscube Harriers B	22:42	40
286	Jan	Boyd V50	Garscube Harriers B	22:47	41
287	Pamela	Parker V50	Cumbernauld AAC	22:49	42
287	Ada	Stewart V60	Kirkintilloch Olympians B	22:49	12
287	Emma	Purdie V40	Lothian RC	22:49	37
290	Lucy	Cameron Sen	Ayr Seaforth AC	22:50	148
291	Kim	Law V50	Inverclyde AC	22:53	43
292	Lynsey	Mooney V40	Greenock Glenpark Harriers	22:54	38
293	Sally	McLintock Sen	Bellahouston Harriers C	22:56	149
294	Melanie	Sinclair V50	Pitreevie AAC	23:02	44
295	Lana	O'Hara V40	Linlithgow AC	23:04	39
296	Jill	Horsburgh V60	Linlithgow AC	23:09	13
296	Amanda	Strang V50	Moray RR	23:09	45
298	Lorna	Edwards V50	East Kilbride AC	23:22	46
299	Kirsten	Paul Sen	Lothian RC	23:27	150
300	Louise	Keogh Sen	Glasgow FrontRunners	23:29	151
301	Maureen	Campbell V50	Garscube Harriers B	23:32	47
302	Linda	Cunningham V50	Central AC D	23:34	48
303	Catriona	Cameron Sen	Kirkintilloch Olympians	23:51	152
304	Sarah Jane	Whalen V50	Greenock Glenpark Harriers B	23:54	49
305	June	MacLeod V60	Bellahouston Harriers C	24:22	14
306	Heather	Wood V40	Kirkintilloch Olympians	24:23	40
307	Liz	Bondi V60	Lothian RC	24:43	15
308	Lisa	Brailey V40	Linlithgow AC	24:52	41
309	Mags	Buckley V50	Lothian RC	25:08	50
310	Collette	Mcgeehan V50	Inverclyde AC	25:13	51
311	Ros	O'Sullivan V60	Kirkintilloch Olympians B	25:18	16
312	Lorraine	Buchanan V40	Calderglen Harriers	26:09	42
313	Lorna	Macmillan V60	Greenock Glenpark Harriers B	26:15	17
314	Shirley	MacNab V60	Kirkintilloch Olympians	26:18	18
315	Elsbeth	Jenkins V50	Moray RR	26:21	52
316	Morna	Fleming V70	Pitreevie AAC	26:26	1
317	Jacqueline	Glass V70	Bellahouston Harriers D	26:40	2
317	Gillian	Phillips V50	Cumbernauld AAC	26:40	53
319	Helen	Woolven V50	Lothian RC	26:43	54
320	Susan	Bothwell V60	Perth RR	27:47	19
321	Kirsten	Robin Sen	Greenock Glenpark Harriers B	30:21	153
322	Alison	Smart V60	Greenock Glenpark Harriers B	30:38	20
323	Mary	Robinson V60	Greenock Glenpark Harriers B	31:17	21

Senior / Master Men and Non Binary

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	50:09	Central AC	12:37	(5)	Luca Fanottoli Sen	12:31	(1)	Aidan Thompson Sen	12:40	(1)	Cameron Milne Sen	12:21	(1)	Jamie Crowe Sen
2	50:24	Cambuslang Harriers	13:02	(15)	Christopher McLew Sen	12:32	(5)	Callum Tharme Sen	12:28	(2)	Jamie MacKinnon Sen	12:22	(2)	Andrew McGill Sen
3	50:24	Edinburgh Univ Hare and Hounds	12:34	(3)	Chris Bain Sen	13:06	(6)	Peter Bradshaw Sen	12:28	(3)	Harry Henriksen Sen	12:16	(3)	Finlay Ross-Davie Sen
4	50:59	Fife AC	12:47	(9)	Reiss Marshall U20	12:58	(7)	Conor Gourley Sen	13:00	(6)	Andrew Thomson Sen	12:14	(4)	Logan Rees Sen
5	51:14	Central AC B	12:41	(7)	Logan Beagley U20	13:19	(9)	Connor Bell U20	12:26	(4)	Peter Molloy Sen	12:48	(5)	Alastair Marshall Sen
6	51:29	Dundee Hawkhill Harriers	12:13	(1)	Kristian Jones Sen	13:20	(4)	Ryan Donald Sen	13:03	(5)	Laurence Petty Sen	12:53	(6)	James Donald Sen
7	51:49	Inverclyde AC	12:34	(3)	Ben Potrykus Sen	12:53	(3)	Ross Gray Sen	13:34	(8)	Mark Doherty V40	12:48	(7)	Ryan Gray Sen
8	52:21	Central AC C	12:45	(8)	Calum Phillip Sen	13:07	(8)	Scott Green Sen	13:38	(11)	Hamish Hickey Sen	12:51	(8)	Kieran Reilly Sen
9	52:37	Shettleston Harriers	12:15	(2)	Seyd Taha Ghafari Sen	12:55	(2)	Philip Neilson Sen	13:45	(7)	Sam Lesley Sen	13:42	(9)	Andrew Taylor Sen
10	52:57	Aberdeen AAC	13:41	(30)	Thomas Reynolds U20	12:23	(11)	Max Abernethy Sen	13:14	(10)	Adam Brown Sen	13:39	(10)	Eoghan MacNamara Sen
11	53:32	Fife AC B	12:47	(9)	Lewis Rodgers Sen	13:33	(12)	Michael Sanderson Sen	13:50	(13)	Alistair Gudgin Sen	13:22	(11)	Ben Sandilands Sen
12	53:42	Glasgow University Hares and Hounds	13:10	(18)	Henry Horiuchi-Sutton Sen	13:55	(20)	Seonaidh MacInnes U20	13:00	(12)	Glen Griffiths U20	13:37	(12)	Harry McGill Sen
13	53:49	Giffnock North AC	13:29	(24)	Nikolai Gajic Sen	13:18	(17)	Alasdair Nugent U20	13:41	(17)	Jack Wallace U20	13:21	(13)	Jamie Connor U20
14	54:08	Edinburgh Univ Hare and Hounds B	13:18	(21)	Lucas Cairns Sen	13:48	(21)	Ewan Foubister U20	13:18	(14)	Finlay Ross U20	13:44	(14)	Patrick North Sen
15	54:13	Stirling University AC	13:11	(19)	Struan Bennet U20	13:24	(15)	Jonathan Marshall Sen	13:52	(16)	Gavin McCaffrey Sen	13:46	(15)	Jack Muir Sen
16	54:18	Edinburgh AC	12:40	(6)	Noah Howlett Sen	13:21	(10)	Iain Whitaker V40	14:34	(19)	Nathan Brown Sen	13:43	(16)	Samuel Leitch Sen
17	54:22	Corstorphine AAC	12:52	(12)	Angus Smith Sen	13:51	(16)	Stephen Addison Sen	13:44	(15)	Callum Hunter Sen	13:55	(17)	Calum McKenzie Sen
18	54:36	Corstorphine AAC B	13:28	(23)	Fearghas Thomson Sen	13:27	(19)	Telfer Gray Sen	13:40	(18)	Julian Barrable Sen	14:01	(18)	Fraser Smith Sen
19	54:42	Lasswade AC	13:03	(16)	Innes Wright U20	13:18	(13)	Rowan Taylor U20	12:51	(9)	Andrew McWilliam U20	15:30	(19)	Gareth Fleming Sen
20	54:58	Cambuslang Harriers B	14:00	(41)	Callum Matthews Sen	14:18	(35)	Stuart Donnachie Sen	13:32	(23)	Rory Muir Sen	13:08	(20)	Craig Jardine Sen
21	55:13	Corstorphine AAC	12:59	(14)	Dermot Cummins V40	13:28	(14)	Donald Macaulay V40	14:34	(20)	Malcolm Lang V40	14:12	(21)	Stuart Livingstone V40
22	55:13	Stirling University AC B	13:37	(26)	Dylan Crawford Sen	13:49	(24)	Tom Tyler Sen	14:03	(22)	Patrick Cole U20	13:44	(22)	Max Stevens Sen
23	55:24	East Kilbride AC	13:13	(20)	Grant Baillie V40	13:58	(22)	Andrew Forteath V40	14:03	(21)	Sam Hosie U20	14:10	(23)	Jack Kirwan Sen
24	55:47	Edinburgh AC B	14:02	(43)	Mark MacDermot Sen	13:52	(28)	John Lenehan Sen	14:07	(25)	Gavin Cooney Sen	13:46	(24)	William Clayton U20
25	55:52	University of St. Andrews CC	13:41	(30)	Constant Lacroix Sen	14:22	(30)	Jake Anderson Sen	13:55	(24)	Miles Benyan Sen	13:54	(25)	James Tilley U20
26	55:57	Central AC D	13:38	(27)	Josh Wood Sen	13:15	(18)	Dale Colley Sen	15:21	(26)	Scott McDonald Sen	13:43	(26)	Lewis Mccomb Sen
27	56:35	Dundee Hawkhill Harriers B	14:34	(57)	Donald Gavine Sen	13:46	(37)	Jack Donald U20	14:37	(34)	Munro Stewart Sen	13:38	(27)	Warren Lorente U20
28	56:37	Inverclyde AC	13:35	(25)	Colin Doherty V40	15:03	(41)	Jon Hammerman V40	14:38	(37)	David Tamburini V50	13:21	(28)	Gregor Yates V40
29	56:55	Giffnock North AC B	14:12	(47)	Conor Drummond Sen	13:56	(32)	Alastair Stables Sen	14:09	(27)	Zac Meiklejohn U20	14:38	(29)	Calan Chong U20
30	57:02	Falkirk Victoria Harriers	13:46	(34)	Calum Little Sen	14:30	(34)	Graeme MacGregor Sen	14:49	(35)	Andrew Mckechnie U20	13:57	(30)	Gregor Hunter U20
31	57:04	Strathclyde Univ Harriers	13:56	(37)	Tom Porter Sen	14:34	(39)	Euan Bell Sen	14:24	(33)	Joshua Mirtle U20	14:10	(31)	Patrick Mochan Sen
32	57:24	Perth Strathtay Harriers	14:22	(51)	Struan Gatherer U20	14:40	(46)	Stuart Duncan U20	14:51	(43)	James Grant Sen	13:31	(32)	Iain Jordan U20
33	57:32	Lothian RC	14:41	(62)	Mark Ritchie Sen	12:37	(23)	Moray Pryde Sen	15:02	(28)	Ryan Kirkland Sen	15:12	(33)	Alan Knowles V40
34	57:41	Metro Aberdeen RC	14:06	(46)	Jordan Cruickshank Sen	13:56	(29)	Lesley Morrison V40	14:27	(29)	Scott Melville Sen	15:12	(34)	Jason Kelly Sen
35	57:42	Glasgow University Hares and Hounds B	14:45	(66)	Ieuan Harries Sen	14:52	(59)	Simon Dalton Celis Sen	14:13	(42)	Finlay Raynor Sen	13:52	(35)	Harry Clark Sen
36	57:58	Edinburgh AC C	13:45	(33)	Pierre-Yves Koenig Sen	14:22	(31)	Declan Murray Sen	15:17	(39)	Abhinav Naga Sen	14:34	(36)	Darrin Pryde Sen
38	58:01	Law & District AAC	14:14	(48)	Ryan Kellock U20	14:30	(42)	Allan Neill Sen	14:36	(38)	Mark Hand V50	14:41	(38)	Jordan Morrison Sen
37	58:00	Garscube Harriers	14:03	(44)	James MacLeod V40	14:22	(38)	John Connolly V40	15:12	(41)	Craig Shields V40	14:23	(37)	John Coyle V50
39	58:04	Cambuslang Harriers C	13:48	(35)	Lewis Roddis U20	13:52	(26)	Finlay Robb U20	15:11	(31)	Alex Gillies U20	15:13	(39)	Joel MacInnes U20
40	58:05	Stirling University AC C	13:58	(38)	Christopher Black U20	14:22	(36)	Rhys Williams Sen	14:32	(32)	Alastair Scott U20	15:13	(40)	Fraser Morris Sen
41	58:07	Central AC E	15:16	(76)	Andrew Irvine Sen	14:54	(62)	Euan Andrews Sen	14:05	(50)	Christopher Fullerton Sen	13:52	(41)	Euan Docherty U20
42	58:42	Moray RR	13:44	(32)	James Wilson Sen	14:48	(40)	Matthew Blunden V40	14:19	(30)	Michael Bishenden U20	15:51	(42)	Matthew Brennan Sen
43	58:49	Fife AC C	13:58	(38)	Steven Bryce Sen	15:05	(47)	Ruan Van Rensburg Sen	15:17	(52)	Scott McClung Sen	14:29	(43)	Ben Kinninmonth Sen
44	58:53	Strathearn Harriers	12:47	(9)	Harris Pagett U20	14:50	(25)	Marcus Scotney V50	15:55	(40)	Thomas Silkstone Sen	15:21	(44)	Graeme Warren Sen
45	59:00	Bellahouston Harriers	14:04	(45)	Adam Stark Sen	15:38	(60)	Lee Shaw Sen	14:35	(51)	Brent Brodie V50	14:43	(45)	Fraser Armstrong Sen
46	59:03	Aberdeen AAC B	14:01	(42)	Sandy Laing Sen	14:52	(43)	Caleb McGuire U20	14:13	(36)	Angus Kerr Sen	15:57	(46)	Andrew Casey Sen
47	59:11	Shettleston Harriers B	14:38	(59)	David I Houston Sen	14:20	(44)	Joe Barton Sen	15:09	(47)	Callum Butterworth Sen	15:04	(47)	David Houston Sen
48	59:14	Motherwell AC	13:07	(17)	Jonathan Moore Sen	16:06	(51)	Alan Tait V50	14:46	(45)	Christopher Macdonald Sen	15:15	(48)	Paul Burns V40
49	59:21	Garscube Harriers	14:23	(52)	Joseph Fitzgibbon Sen	15:06	(55)	Jordan Queen Sen	14:45	(49)	Craig Prior Sen	15:07	(49)	Euan Convery Sen
50	59:46	Dundee Road Runners	14:58	(71)	Adam Hart Sen	14:30	(54)	Nick Bennett Sen	15:50	(59)	Michael Richardson Sen	14:28	(50)	David Webster Sen

Senior / Master Men and Non Binary

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
51	59:49	Cambuslang Harriers	14:56	(70)	Andrew Anderson V40	14:15	(50)	Iain MacCorquodale V40	16:05	(58)	Brian Douglas V50	14:33	(51)	Stuart Gibson V40
52	59:54	East Kilbride AC B	14:32	(56)	David Ross V40	14:38	(49)	Aaron Thomson U20	15:02	(48)	Kenneth Scott Sen	15:42	(52)	Christopher Watters V50
53	1:00:15	Gala Harriers	15:24	(77)	Leahn Parry V40	14:06	(56)	Irvine Welsh U20	15:17	(54)	Gary Trewartha V40	15:28	(53)	Iain Stewart V40
54	1:00:20	Dundee Hawkhill Harriers C	14:38	(59)	Callum McCormack Sen	14:41	(52)	Gordon Barrie V50	15:43	(56)	Alexander Vassallo Sen	15:18	(54)	Lee Parker Sen
55	1:00:27	Edinburgh Univ Hare and Hounds C	13:50	(36)	Huw Riley Sen	16:41	(66)	Jamie Liversidge Sen	14:39	(57)	Angus MacCormick U20	15:17	(55)	Oscar Shepherd Sen
56	1:01:04	Bellahouston RR	14:18	(49)	Oscar Coetzee V40	16:01	(64)	David Jarrett V40	15:35	(61)	Bruce Carse V40	15:10	(56)	Paul McNairn V40
57	1:01:13	Linlithgow AC	13:39	(28)	Sam O'Neill Sen	15:20	(45)	Jose Leon Sen	15:58	(55)	Martin Hawksey V40	16:16	(57)	Grant Hunter Sen
58	1:01:32	Kirkintilloch Olympians	14:23	(52)	Kyle Fleming Sen	16:19	(67)	Kyle Paterson Sen	16:25	(69)	Ruairi Ferris Sen	14:25	(58)	Andrew Kirk Sen
59	1:01:34	Corstorphine AAC B	15:03	(73)	Moray Anderson V40	14:04	(48)	Douglas McKinnon V40	15:31	(53)	Alastair Brockie V40	16:56	(59)	Christopher O'Brien V40
60	1:02:02	Kilmarnock H&AC	13:19	(22)	Jonathon Downey U20	14:53	(33)	Tom Flood Sen	15:51	(46)	Jamie Nix Sen	17:59	(60)	Mark Henderson Sen
61	1:02:36	VP-Glasgow AC	15:48	(86)	Allan Cameron V50	15:53	(75)	Cameron Mackie Sen	15:21	(66)	Graeme Laing V40	15:34	(61)	Chris Hunter V40
62	1:02:50	Strathclyde Univ Harriers B	14:40	(61)	Matthew Sweeney U20	15:33	(63)	Finn Allan Sen	16:53	(68)	Alexander Ellen Sen	15:44	(62)	Christopher Main Sen
63	1:02:59	University of St. Andrews CC B	13:58	(38)	Christopher Scott U20	17:32	(73)	Samuel Bickerdike Sen	15:35	(67)	Kieran Downie U20	15:54	(63)	Toby Nixon Sen
64	1:03:49	Cambuslang Harriers D	15:25	(78)	Tom Adams Sen	16:24	(78)	Callum Wright Sen	15:47	(71)	Gabriel Murphy U20	16:13	(64)	Keir Crawford Sen
65	1:03:52	Irvine RC	16:37	(102)	Owen McWilliams Sen	14:19	(69)	Michael Rimicans Sen	15:39	(64)	Mark Sands V40	17:17	(65)	Alex Allardyce V50
66	1:03:56	Ayr Seaforth AC	15:30	(81)	Ben Forrest Sen	17:06	(87)	Peter Maclean V50	14:42	(70)	Kenneth Neill V40	16:38	(66)	Joseph Burns V50
67	1:04:19	Fife AC	15:37	(83)	James Hall V40	16:04	(75)	Rory Sandilands V40	16:27	(73)	Mike MacDonald V40	16:11	(67)	Kevin Wallace V40
68	1:04:23	Greenock Glenpark Harriers	14:35	(58)	John Logan Sen	16:18	(68)	Christopher Mooney V40	16:01	(65)	Andrew Blair Sen	17:29	(68)	William Taylor V40
69	1:04:42	Helensburgh AAC	15:34	(82)	Richard O'Grady V40	16:09	(77)	Allan Mackenzie U20	16:45	(75)	Craig Binnie V40	16:14	(69)	Michael Sweeney V40
70	1:05:14	Springburn Harriers	14:46	(67)	Daniel Bond Sen	17:35	(82)	Stewart Robertson V40	16:54	(80)	Nathan O'Neill V40	15:59	(70)	Andy Norris V40
71	1:05:33	Clydesdale Harriers	14:58	(71)	Michael Miller Sen	14:34	(57)	James Austin V50	16:36	(62)	Iain Robertson V40	19:25	(71)	Michael Diver V50
72	1:05:55	Edinburgh AC	15:52	(88)	Gordon Pryde V40	15:34	(72)	Terry Roberts V40	17:10	(76)	Iain Craven V40	17:19	(72)	Richard Clark V40
73	1:06:04	Glasgow FrontRunners	15:26	(79)	Gordon Buchanan Sen	15:34	(70)	Ross Milne Sen	17:12	(74)	Neil Montgomery Sen	17:52	(73)	Edmund White Sen
74	1:06:12	PH Racing Club	15:04	(75)	Luke Mcneil Sen	17:09	(81)	Mark Mclean V50	17:07	(81)	Michael Lindsay V40	16:52	(74)	Graham McInnes V40
75	1:06:18	Bellahouston Harriers B	16:26	(97)	Paul Clawson V40	17:02	(95)	Neil Milligan V40	16:49	(84)	Anthony Carson Sen	16:01	(75)	Matthew Brown Sen
76	1:06:25	Glasgow University Hares and Hounds D	17:52	(115)	Oliver Watson Sen	16:17	(101)	Gregory Woodward Sen	16:08	(84)	Barnaby Sharifi Sen	16:08	(76)	Dougal Harris Sen
77	1:06:52	Cumbernauld AAC	16:29	(99)	Ross McEachern V50	16:05	(85)	Cliff Binning V40	17:46	(86)	Gerry Healy V40	16:32	(77)	Sean Casey V50
78	1:06:59	Gala Harriers	16:17	(94)	Francis Mcelroy V40	15:20	(74)	Tim Dartlow V40	17:14	(78)	Graeme Murdoch V40	18:08	(78)	Magnus Inglis V40
79	1:07:03	East Kilbride AC C	16:18	(95)	David Gorman Sen	17:12	(96)	Keith Charters V50	17:07	(89)	Dan Walsh Sen	16:26	(79)	Jamie Clements Sen
80	1:07:13	Strathearn Harriers B	15:55	(89)	Aaron Dawson Sen	17:44	(97)	Ross McNaughton V40	17:28	(91)	Grant Kennedy V40	16:06	(80)	Jim Reid V40
80	1:07:13	Garscube Harriers B	16:33	(100)	Matthew MacDonald V40	16:08	(88)	Finlay Finlay V40	16:01	(77)	Grant MacDonald V40	18:31	(80)	Keith Wall V50
82	1:07:43	Dundee Road Runners	16:28	(98)	David Aitken V50	16:49	(92)	Russell Craig V50	17:31	(90)	Michael Mitchell V50	16:55	(82)	Graeme Wallace V40
83	1:08:36	Falkirk Victoria Harriers B	15:59	(90)	Scott Ballantine Sen	16:34	(84)	Grant Matheson V60	20:17	(96)	Derek Esson V60	15:46	(83)	Gary Smith Sen
84	1:08:42	Motherwell AC B	16:48	(104)	Marc Tierney Sen	18:12	(108)	Kenneth Thom V40	15:36	(88)	Stuart Russell Sen	18:06	(84)	Grant Fawcett V50
85	1:08:44	Lasswade AC B	17:08	(108)	Scott Dickson V50	16:14	(94)	Kenneth McWilliam V40	18:12	(92)	Stephen Brown V50	17:10	(85)	Euan Hood Sen
86	1:08:56	Airdrie Harriers	19:02	(124)	Stephen Purvis V50	14:51	(99)	Brian Thomson Sen	16:14	(83)	John Brogan V50	18:49	(86)	Marc Cummings V40
87	1:08:59	Caldergleng Harriers	17:46	(114)	Jason Grant V40	17:20	(109)	Alan Derrick V50	17:00	(94)	Andrew Buchanan V40	16:53	(87)	Kai Wheeler U20
88	1:09:26	West End RR	14:44	(63)	Stephen Brown V40	16:23	(71)	Paul Gooding V40	16:59	(72)	Michael Rollins Sen	21:20	(88)	Paul Toland V40
89	1:09:33	Kilmarnock H&AC	15:03	(73)	David McLure V40	17:26	(83)	Nicholas Carter V40	16:26	(79)	Shaun Dunbar V40	20:38	(89)	Russell Duncan V60
90	1:09:38	Lothian RC B	16:07	(91)	Driss Keriouh Sen	17:57	(100)	Jonathan Thomson V50	16:21	(87)	Colin Partridge V40	19:13	(90)	Mark Gordon V50
91	1:10:03	Pitreevie AAC	17:16	(109)	David Henderson V40	18:06	(110)	Neil MacLachlan V40	18:39	(99)	Andrew McFarlane V40	16:02	(91)	Paul Murphy Sen
92	1:10:24	Bellahouston Harriers C	18:05	(116)	Alexander Winn Sen	17:24	(111)	Kevin Craig Sen	18:56	(102)	Kenneth Scott V40	15:59	(92)	Darren McQuade Sen
93	1:10:32	Bellahouston RR B	16:49	(106)	David Ferguson V40	16:04	(90)	Jamie Robinson V40	21:11	(100)	Gary McIntosh V40	16:28	(93)	Russell Evans V40
94	1:11:00	Springburn Harriers B	15:47	(85)	Cieron Hadfield U20	17:52	(97)	Harry Lamond Sen	18:03	(93)	Glenn McKinstry Sen	19:18	(94)	George Papadakis V40
95	1:11:37	Garscube Harriers B	17:00	(107)	James Reid Sen	16:19	(93)	Duncan McKellar V40	16:30	(82)	Mattia Mancinelli Sen	21:48	(95)	Gordon MacKay V40
96	1:11:50	East Kilbride AC D	16:48	(104)	Ciaran Muir U20	18:04	(105)	Gerard Croser Sen	19:01	(98)	Michael Carlin V40	17:57	(96)	Andrew Chapman V50
97	1:12:24	Law & District AAC B	18:45	(122)	Mark Milligan V50	17:53	(113)	Richard Beattie V40	18:19	(105)	Jim Gillon V50	17:27	(97)	Bobby Hill Sen
98	1:12:49	Moray RR B	18:17	(120)	Craig Rowley Sen	18:55	(117)	Scott Eades V40	18:18	(107)	Colin Green V50	17:19	(98)	Gareth Jenkins V50
99	1:14:36	Cambuslang Harriers B	17:18	(111)	Daniel O'Connell V50	17:35	(106)	Des Dickson V60	19:14	(101)	Iain Crawford V50	20:29	(99)	Chris Paton V50
100	1:15:12	Portobello RC	18:33	(121)	Julian Pinkus Sen	20:41	(121)	Chris Softley V40	15:56	(106)	Alan Risk Sen	20:02	(100)	Richard Hadfield V50

Senior / Master Men and Non Binary

Pos	Time	Team	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
101	1:15:54	Kirkintilloch Olympians	18:12 (117)	Scott Elliott V60	16:31 (104)	David Allsop V50	22:28 (109)	Colin Simpson V60	18:43 (101)	Robert Rogerson V60
102	1:16:43	Carnegie Harriers	18:58 (123)	Neil McLure V50	18:13 (116)	Kenny Fairfield V50	17:14 (102)	Steven King V50	22:18 (102)	Barry Davie V40
104	1:16:45	Motherwell AC C	19:30 (128)	David Burns V40	19:01 (119)	Robert Pattinson V50	19:58 (112)	Scott Dickson Sen	18:16 (104)	Joey Shields V40
103	1:16:45	Dundee Road Runners B	18:15 (118)	Arron Small Sen	18:32 (114)	Emanuel Corduneanu Sen	21:00 (111)	Martin Rollo V50	18:58 (103)	Jim Morton V50
105	1:19:51	Greenock Glenpark Harriers B	20:07 (131)	Michael Dunn V60	19:25 (123)	Graham McGrattan V60	20:02 (113)	Alan O'Rourke V50	20:17 (105)	Gerry Gallacher V40
106	1:20:44	Bellahouston Harriers D	19:38 (129)	Derek Elliott-Jones Sen	20:35 (124)	Alastair Patience V50	19:53 (114)	Garry Henderson V60	20:38 (106)	Darren Shields Sen
107	1:21:10	Motherwell AC D	20:20 (132)	David Hoolaghan V40	20:35 (127)	Colin Gardner V50	20:26 (116)	John Burns V60	19:49 (107)	Brian McLinden V70
108	1:24:27	Lothian RC C	17:17 (110)	Keith Mulraney V50	23:10 (126)	Liam Scott Sen	24:58 (118)	Fraser Ballantine V40	19:02 (108)	Gordon Craig V60
109	1:24:51	Calderglen Harriers B	20:39 (133)	Kenny Leinster V60	19:40 (125)	Scott Hair Sen	20:13 (115)	Iain Maclean V50	24:19 (109)	Russell Couper V50
110	1:27:20	Linlithgow AC	19:21 (126)	Mark Geraghty V50	19:15 (120)	Darren Dick V50	25:14 (117)	Donald Mellor V70	23:30 (110)	Innes Chalmers V50
111	1:34:57	Glasgow FrontRunners NB	21:52 (135)	Alex Blanchard Sen	23:43 (129)	Eoin Moffatt-Pirrie Sen	23:44 (119)	Ellie Brownlie Sen	25:38 (111)	Cameron Winton Sen
	43:58	Shettleston Harriers	14:44 (63)	Iain Burns V40	14:39 (53)	Michael Paxton V40	14:35 (44)	Paul Sorrie V40		
	45:18	Glasgow University Hares and Hounds C	14:20 (50)	Hayden Raftery Sen	15:15 (58)	Callum Husband U20	15:43 (59)	Finn Boylan Sen		
	46:29	Fife AC D	16:47 (103)	Luke Fleming U20	15:03 (79)	Glenn Barclay Sen	14:39 (63)	Ryan Gray Sen		
	52:17	Edinburgh AC D	16:21 (96)	David Andrew Sen	16:13 (85)	Paul Butler Sen	19:43 (95)	Christopher Creegan V60		
	53:17	Harmeny AC	14:44 (63)	Philip Holden V40	18:04 (89)	David Alexander V50	20:29 (97)	Gareth Mackie V40		
	54:45	Perth RR	16:12 (92)	Michael Souter Sen	18:47 (107)	Richard Ward V50	19:46 (104)	Robin Livingstone V60		
	56:08	VP-Glasgow AC B	16:34 (101)	Noel Slevin Sen	19:07 (112)	Ralph Connolly V50	20:27 (108)	Gregory Gontor Sen		
	57:41	Dumbarton AAC	18:16 (119)	Tom Butler Sen	18:40 (115)	Kieran McQuade Sen	20:45 (110)	William Goldie V60		
	18:36	Lothian RC D	21:18 (134)	John Boyle V50	22:01 (128)	Kevin Godfrey V50	35:17 (120)	Phillip Jurczyk V70		
	27:52	Kilbarchan AAC	12:56 (13)	Robbie Ferguson Sen	14:56 (27)	Stuart Kerr Sen				
	30:00	Giffnock North AC C	14:49 (69)	Miles Hollinshead Sen	15:11 (61)	Donald Maclean Sen				
	30:24	Cumbernauld AAC	14:28 (54)	Ben Doris Sen	15:56 (65)	David Scott Sen				
	32:12	Stirling University AC D	15:51 (87)	Fraser Gordon Sen	16:21 (80)	Ben McAdam Sen				
	33:06	Edinburgh Univ Hare and Hounds D	14:30 (55)	Cameron Anderson U20	18:36 (91)	Angus Mitchell U20				
	34:09	Aberdeen AAC C	17:40 (113)	Andrew John Ferguson Sen	16:29 (101)	Michael Kilbride Sen				
	34:35	Corstorphine AAC C	16:15 (93)	Jonathan Carpenter V40	18:20 (103)	David Pattison V40				
	38:23	Airdrie Harriers B	19:47 (130)	Matthew Hill Sen	18:36 (118)	Brian Wilson V40				
	39:17	East Kilbride AC E	19:02 (124)	Arthur Mulholland V60	20:15 (122)	Gordon Colvin V60				
	13:40	Central AC F	13:40 (29)	Alex Dunlop U20						
	14:48	Banchory Stonehaven AC	14:48 (68)	Stuart Ferguson Sen						
	15:26	Shettleston Harriers C	15:26 (79)	Joseph Reilly U20						
	15:40	Inverclyde AC B	15:40 (84)	Jason Kane Sen						
	17:22	Cambuslang Harriers E	17:22 (112)	Ross Noble Sen						
	19:26	Kilmarnock H&AC B	19:26 (127)	Murray McDonald Sen						
	21:59	Greenock Glenpark Harriers C	21:59 (136)	Stuart Crawford V50						
	24:55	Bellahouston Harriers E	24:55 (137)	David Gemmell V40						

Non Binary

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	1:34:55	Glasgow FrontRunners NB	21:52	(1)	Alex Blanchard Sen	23:43	(1)	Eoin Moffatt-Pirrie Sen	23:44	(1)	Ellie Brownlie Sen	25:38	(1)	Cameron Winton Sen

Masters Men

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	55:11	Corstorphine AAC	12:59	(1)	Dermot Cummins V40	13:28	(1)	Donald Macaulay V40	14:34	(1)	Malcolm Lang V40	14:12	(1)	Stuart Livingstone V40
2	56:34	Inverclyde AC	13:35	(2)	Colin Doherty V40	15:03	(3)	Jon Hammerman V40	14:38	(2)	David Tamburini V50	13:21	(2)	Gregor Yates V40
3	57:59	Garscube Harriers	14:03	(3)	James MacLeod V40	14:22	(2)	John Connolly V40	15:12	(3)	Craig Shields V40	14:23	(3)	John Coyle V50
4	59:47	Cambuslang Harriers	14:56	(7)	Andrew Anderson V40	14:15	(5)	Iain MacCorquodale V40	16:05	(6)	Brian Douglas V50	14:33	(4)	Stuart Gibson V40
5	1:01:02	Bellahouston RR	14:18	(4)	Oscar Coetzee V40	16:01	(7)	David Jarrett V40	15:35	(7)	Bruce Carse V40	15:10	(5)	Paul McNairn V40
6	1:01:33	Corstorphine AAC B	15:03	(9)	Moray Anderson V40	14:04	(4)	Douglas McKinnon V40	15:31	(5)	Alastair Brockie V40	16:56	(6)	Christopher O'Brien V40
7	1:04:17	Fife AC	15:37	(10)	James Hall V40	16:04	(10)	Rory Sandilands V40	16:27	(8)	Mike MacDonald V40	16:11	(7)	Kevin Wallace V40
8	1:05:55	Edinburgh AC	15:52	(11)	Gordon Pryde V40	15:34	(8)	Terry Roberts V40	17:10	(9)	Iain Craven V40	17:19	(8)	Richard Clark V40
9	1:06:51	Cumbernauld AAC	16:29	(15)	Ross McEachern V50	16:05	(12)	Cliff Binning V40	17:46	(13)	Gerry Healy V40	16:32	(9)	Sean Casey V50
10	1:06:57	Gala Harriers	16:17	(13)	Francis Mcelroy V40	15:20	(9)	Tim Darlow V40	17:14	(11)	Graeme Murdoch V40	18:08	(10)	Magnus Inglis V40
11	1:07:12	Garscube Harriers B	16:33	(16)	Matthew MacDonald V40	16:08	(13)	Finlay Finlay V40	16:01	(10)	Grant MacDonald V40	18:31	(11)	Keith Wall V50
12	1:07:42	Dundee Road Runners	16:28	(14)	David Aitken V50	16:49	(16)	Russell Craig V50	17:31	(14)	Michael Mitchell V50	16:55	(12)	Graeme Wallace V40
13	1:09:31	Kilmarnock H&AC	15:03	(8)	David McLure V40	17:26	(11)	Nicholas Carter V40	16:26	(12)	Shaun Dunbar V40	20:38	(13)	Russell Duncan V60
14	1:10:31	Bellahouston RR B	16:49	(17)	David Ferguson V40	16:04	(15)	Jamie Robinson V40	21:11	(16)	Gary McIntosh V40	16:28	(14)	Richard Evans V40
15	1:14:33	Cambuslang Harriers B	17:18	(18)	Daniel O'Connell V50	17:35	(19)	Des Dickson V60	19:14	(17)	Iain Crawford V50	20:29	(15)	Chris Paton V50
16	1:15:53	Kirkintilloch Olympians	18:12	(19)	Scott Elliott V60	16:31	(18)	David Allsop V50	22:28	(19)	Colin Simpson V60	18:43	(16)	Robert Rogerson V60
17	1:16:41	Carnegie Harriers	18:58	(20)	Neil McLure V50	18:13	(20)	Kenny Fairfield V50	17:14	(18)	Steven King V50	22:18	(17)	Barry Davie V40
18	1:27:18	Linlithgow AC	19:21	(21)	Mark Geraghty V50	19:15	(21)	Darren Dick V50	25:14	(20)	Donald Mellor V70	23:30	(18)	Innes Chalmers V50
	43:56	Shettleston Harriers	14:44	(6)	Iain Burns V40	14:39	(6)	Michael Paxton V40	14:35	(4)	Paul Sorrie V40			
	53:15	Harmeny AC	14:44	(5)	Philip Holden V40	18:04	(14)	David Alexander V50	20:29	(15)	Gareth Mackie V40			
	34:34	Corstorphine AAC C	16:15	(12)	Jonathan Carpenter V40	18:20	(17)	David Pattison V40						

Lindsays scottishathletics National Cross Country Relay Championships
2024 NatXCR Results FINAL M50

Saturday 19th October 2024

Cumbernauld

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	43:44	Cambuslang Harriers	14:25	(1)	Chris Upson V60	14:49	(1)	Mark Gallacher V50	14:31	(1)	Justin Carter V50
2	44:59	Cumbernauld AAC	15:09	(4)	Stephen Allan V50	15:18	(2)	Walter Henderson V50	14:33	(2)	Louis O'Hare V50
3	45:29	Corstorphine AAC	14:50	(2)	Jeremy Rogers V50	15:42	(3)	Iain Macleod V50	14:58	(3)	Alan Cunningham V50
4	45:34	Central AC	15:33	(6)	Gerard Taylor V50	15:41	(4)	Donald Shaw V50	14:21	(4)	Scott Brember V50
5	48:01	Musselburgh and District AC	16:14	(9)	Paul Slifer V50	16:37	(8)	James Mayers V60	15:11	(5)	Robert Turner V50
6	49:02	Perth RR	15:57	(7)	David Knight V50	16:58	(9)	Mark Crawford V50	16:08	(6)	Duncan Ryan V50
7	49:17	Greenock Glenpark Harriers	15:06	(3)	Steven Campbell V50	16:52	(5)	Gavin Morrison V50	17:20	(7)	Stephen Harrison V50
8	49:53	Giffnock North AC	15:19	(5)	Andrew Campbell V50	17:29	(7)	David Shaw V50	17:07	(8)	Kenneth Macleod V50
9	50:28	Central AC B	16:07	(8)	Tony Disley V50	16:15	(6)	David Eckersley V60	18:07	(9)	Charles Graham-Marr V60
10	51:07	Edinburgh AC	17:18	(15)	Andrew Latham V50	16:55	(12)	Gavin Phillip V50	16:56	(10)	Roy Mitchell V50
11	51:16	Cambuslang Harriers B	17:28	(16)	Brian Campbell V50	17:12	(13)	Iain Wallace V50	16:37	(11)	Michael O'Hagan V50
12	51:56	Shettleston Harriers	17:03	(12)	Denis Williams V60	17:54	(14)	John Oates V60	17:00	(12)	John J Duffy V60
13	52:45	Gala Harriers	16:45	(10)	James Dennison V50	17:03	(10)	Sinclair Hill V50	18:58	(13)	Bob Johnson V60
14	53:06	Fife AC	17:15	(14)	Hendrik Van Rensburg V50	17:47	(15)	Anthony Martin V70	18:05	(14)	Stephen Dickson V50
15	54:14	Edinburgh AC B	17:39	(17)	Malcolm Parry V50	18:01	(16)	Dave Clements V50	18:35	(15)	Dougie Gowan V60
16	54:31	Pitreavie AAC	17:00	(11)	Desmond FitzGerald V50	16:56	(11)	Jeff Farquhar V60	20:36	(16)	Oscar Sanchez Garcia V50
17	54:47	West End RR	17:13	(13)	Graeme Jack V50	18:37	(17)	Allen Campbell V50	18:58	(17)	Alham Said V50
18	55:28	Garscube Harriers	18:22	(18)	Robbie Drummond V50	18:07	(18)	Andy Downey V50	19:00	(18)	Graeme Little V50
19	56:56	Corstorphine AAC B	18:40	(19)	David Arnott V50	20:19	(21)	Jan-Bert Van Den Berg V60	17:58	(19)	Martin Williams V50
20	58:31	Garscube Harriers B	20:11	(21)	Graeme Taylor V50	18:34	(20)	Robert McLennan V60	19:47	(20)	James McAneny V60
21	59:58	Central AC C	19:13	(20)	Hugh Buchanan V60	20:23	(22)	Alastair Cunningham V50	20:24	(21)	Raymond J Milne V60
	38:06	Kirkintilloch Olympians	20:22	(22)	Mark Welsford V50	17:44	(19)	Drew Paterson V50			
	41:56	Garscube Harriers C	21:05	(23)	Martin Egan V50	20:52	(23)	James Boyle V50			
	44:51	Edinburgh AC C	22:58	(25)	Eric Stevenson V70	21:53	(24)	Brian Howie V70			
	21:41	Central AC D	21:41	(24)	Allan Gall V60						

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
1	Kristian	Jones Sen	Dundee Hawkhill Harriers	12:13	1
2	Logan	Rees Sen	Fife AC	12:14	2
3	Seyd Taha	Ghafari Sen	Shettleston Harriers	12:15	3
4	Finlay	Ross-Davie Sen	Edinburgh Univ Hare and Hounds	12:16	4
5	Jamie	Crowe Sen	Central AC	12:21	5
6	Andrew	McGill Sen	Cambuslang Harriers	12:22	6
7	Max	Abernethy Sen	Aberdeen AAC	12:23	7
8	Peter	Molloy Sen	Central AC B	12:26	8
9	Jamie	MacKinnon Sen	Cambuslang Harriers	12:28	9
9	Harry	Henriksen Sen	Edinburgh Univ Hare and Hounds	12:28	9
11	Aidan	Thompson Sen	Central AC	12:31	11
12	Callum	Tharme Sen	Cambuslang Harriers	12:32	12
13	Chris	Bain Sen	Edinburgh Univ Hare and Hounds	12:34	13
13	Ben	Potrykus Sen	Inverclyde AC	12:34	13
15	Luca	Fanottoli Sen	Central AC	12:37	15
15	Moray	Pryde Sen	Lothian RC	12:37	15
17	Cameron	Milne Sen	Central AC	12:40	17
17	Noah	Howlett Sen	Edinburgh AC	12:40	17
19	Logan	Beagley U20	Central AC B	12:41	1
20	Calum	Phillip Sen	Central AC C	12:45	19
21	Reiss	Marshall U20	Fife AC	12:47	2
21	Lewis	Rodgers Sen	Fife AC B	12:47	20
21	Harris	Pagett U20	Strathearn Harriers	12:47	2
24	Alastair	Marshall Sen	Central AC B	12:48	21
24	Ryan	Gray Sen	Inverclyde AC	12:48	21
26	Kieran	Reilly Sen	Central AC C	12:51	23
26	Andrew	McWilliam U20	Lasswade AC	12:51	4
28	Angus	Smith Sen	Corstorphine AAC	12:52	24
29	James	Donald Sen	Dundee Hawkhill Harriers	12:53	25
29	Ross	Gray Sen	Inverclyde AC	12:53	25
31	Philip	Neilson Sen	Shettleston Harriers	12:55	27
32	Robbie	Ferguson Sen	Kilbarchan AAC	12:56	28
33	Conor	Gourley Sen	Fife AC	12:58	29
34	Dermot	Cummins V40	Corstorphine AAC	12:59	1
35	Andrew	Thomson Sen	Fife AC	13:00	30
35	Glen	Griffiths U20	Glasgow University Hares and Hounds	13:00	5
37	Christopher	McLew Sen	Cambuslang Harriers	13:02	31
38	Laurence	Petty Sen	Dundee Hawkhill Harriers	13:03	32
38	Innes	Wright U20	Lasswade AC	13:03	6
40	Peter	Bradshaw Sen	Edinburgh Univ Hare and Hounds	13:06	33

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
41	Scott	Green Sen	Central AC C	13:07	34
41	Jonathan	Moore Sen	Motherwell AC	13:07	34
43	Craig	Jardine Sen	Cambuslang Harriers B	13:08	36
44	Henry	Horiuchi-Sutton Sen	Glasgow University Hares and Hounds	13:10	37
45	Struan	Bennet U20	Stirling University AC	13:11	7
46	Grant	Baillie V40	East Kilbride AC	13:13	2
47	Adam	Brown Sen	Aberdeen AAC	13:14	38
48	Dale	Colley Sen	Central AC D	13:15	39
49	Lucas	Cairns Sen	Edinburgh Univ Hare and Hounds B	13:18	40
49	Finlay	Ross U20	Edinburgh Univ Hare and Hounds B	13:18	8
49	Alasdair	Nugent U20	Giffnock North AC	13:18	8
49	Rowan	Taylor U20	Lasswade AC	13:18	8
53	Connor	Bell U20	Central AC B	13:19	11
53	Jonathon	Downey U20	Kilmarnock H&AC	13:19	11
55	Ryan	Donald Sen	Dundee Hawkhill Harriers	13:20	41
56	Iain	Whitaker V40	Edinburgh AC	13:21	3
56	Jamie	Connor U20	Giffnock North AC	13:21	13
56	Gregor	Yates V40	Inverclyde AC	13:21	3
59	Ben	Sandilands Sen	Fife AC B	13:22	42
60	Jonathan	Marshall Sen	Stirling University AC	13:24	43
61	Telfer	Gray Sen	Corstorphine AAC B	13:27	44
62	Donald	Macaulay V40	Corstorphine AAC	13:28	5
62	Fearghas	Thomson Sen	Corstorphine AAC B	13:28	45
64	Nikolai	Gajic Sen	Giffnock North AC	13:29	46
65	Iain	Jordan U20	Perth Strathtay Harriers	13:31	14
66	Rory	Muir Sen	Cambuslang Harriers B	13:32	47
67	Michael	Sanderson Sen	Fife AC B	13:33	48
68	Mark	Doherty V40	Inverclyde AC	13:34	6
69	Colin	Doherty V40	Inverclyde AC	13:35	7
70	Harry	McGill Sen	Glasgow University Hares and Hounds	13:37	49
70	Dylan	Crawford Sen	Stirling University AC B	13:37	49
72	Hamish	Hickey Sen	Central AC C	13:38	51
72	Josh	Wood Sen	Central AC D	13:38	51
72	Warren	Lorente U20	Dundee Hawkhill Harriers B	13:38	15
75	Eoghan	MacNamara Sen	Aberdeen AAC	13:39	53
75	Sam	O'Neill Sen	Linlithgow AC	13:39	53
77	Alex	Dunlop U20	Central AC F	13:40	16
77	Julian	Barrable Sen	Corstorphine AAC B	13:40	55
79	Thomas	Reynolds U20	Aberdeen AAC	13:41	17
79	Jack	Wallace U20	Giffnock North AC	13:41	17
79	Constant	Lacroix Sen	University of St. Andrews CC	13:41	56

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
82	Andrew	Taylor Sen	Shettleston Harriers	13:42	57
83	Lewis	Mccomb Sen	Central AC D	13:43	58
83	Samuel	Leitch Sen	Edinburgh AC	13:43	58
85	Callum	Hunter Sen	Corstorphine AAC	13:44	60
85	Patrick	North Sen	Edinburgh Univ Hare and Hounds B	13:44	60
85	James	Wilson Sen	Moray RR	13:44	60
85	Max	Stevens Sen	Stirling University AC B	13:44	60
89	Pierre-Yves	Koenig Sen	Edinburgh AC C	13:45	64
89	Sam	Lesley Sen	Shettleston Harriers	13:45	64
91	Jack	Donald U20	Dundee Hawkhill Harriers B	13:46	19
91	William	Clayton U20	Edinburgh AC B	13:46	19
91	Calum	Little Sen	Falkirk Victoria Harriers	13:46	66
91	Jack	Muir Sen	Stirling University AC	13:46	66
95	Lewis	Roddis U20	Cambuslang Harriers C	13:48	21
95	Ewan	Foubister U20	Edinburgh Univ Hare and Hounds B	13:48	21
97	Tom	Tyler Sen	Stirling University AC B	13:49	68
98	Huw	Riley Sen	Edinburgh Univ Hare and Hounds C	13:50	69
98	Alistair	Gudgin Sen	Fife AC B	13:50	69
100	Stephen	Addison Sen	Corstorphine AAC	13:51	71
101	Finlay	Robb U20	Cambuslang Harriers C	13:52	23
101	Euan	Docherty U20	Central AC E	13:52	23
101	John	Lenahan Sen	Edinburgh AC B	13:52	72
101	Harry	Clark Sen	Glasgow University Hares and Hounds B	13:52	72
101	Gavin	McCaffrey Sen	Stirling University AC	13:52	72
106	James	Tilley U20	University of St. Andrews CC	13:54	25
107	Calum	McKenzie Sen	Corstorphine AAC	13:55	75
107	Seonaidh	MacInnes U20	Glasgow University Hares and Hounds	13:55	26
107	Miles	Benyan Sen	University of St. Andrews CC	13:55	75
110	Alastair	Stables Sen	Giffnock North AC B	13:56	77
110	Lesley	Morrison V40	Metro Aberdeen RC	13:56	8
110	Tom	Porter Sen	Strathclyde Univ Harriers	13:56	77
113	Gregor	Hunter U20	Falkirk Victoria Harriers	13:57	27
114	Andrew	Forteach V40	East Kilbride AC	13:58	9
114	Steven	Bryce Sen	Fife AC C	13:58	79
114	Christopher	Black U20	Stirling University AC C	13:58	28
114	Christopher	Scott U20	University of St. Andrews CC B	13:58	28
118	Callum	Matthews Sen	Cambuslang Harriers B	14:00	80
119	Sandy	Laing Sen	Aberdeen AAC B	14:01	81
119	Fraser	Smith Sen	Corstorphine AAC B	14:01	81

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
121	Mark	MacDermot Sen	Edinburgh AC B	14:02	83
122	Sam	Hosie U20	East Kilbride AC	14:03	30
122	James	MacLeod V40	Garscube Harriers	14:03	10
122	Patrick	Cole U20	Stirling University AC B	14:03	30
125	Adam	Stark Sen	Bellahouston Harriers	14:04	84
125	Douglas	McKinnon V40	Corstorphine AAC B	14:04	11
127	Christopher	Fullerton Sen	Central AC E	14:05	85
128	Irvine	Welsh U20	Gala Harriers	14:06	32
128	Jordan	Cruickshank Sen	Metro Aberdeen RC	14:06	86
130	Gavin	Cooney Sen	Edinburgh AC B	14:07	87
131	Zac	Meiklejohn U20	Giffnock North AC B	14:09	33
132	Jack	Kirwan Sen	East Kilbride AC	14:10	88
132	Patrick	Mochan Sen	Strathclyde Univ Harriers	14:10	88
134	Stuart	Livingstone V40	Corstorphine AAC	14:12	12
134	Conor	Drummond Sen	Giffnock North AC B	14:12	90
136	Angus	Kerr Sen	Aberdeen AAC B	14:13	91
136	Finlay	Raynor Sen	Glasgow University Hares and Hounds B	14:13	91
138	Ryan	Kellock U20	Law & District AAC	14:14	34
139	Iain	MacCorquodale V40	Cambuslang Harriers	14:15	13
140	Oscar	Coetzee V40	Bellahouston RR	14:18	14
140	Stuart	Donnachie Sen	Cambuslang Harriers B	14:18	93
142	Michael	Rimicans Sen	Irvine RC	14:19	94
142	Michael	Bishenden U20	Moray RR	14:19	35
144	Hayden	Rafferty Sen	Glasgow University Hares and Hounds C	14:20	95
144	Joe	Barton Sen	Shettleston Harriers B	14:20	95
146	Scott	Brember V50	Central AC	14:21	1
147	Declan	Murray Sen	Edinburgh AC C	14:22	97
147	John	Connolly V40	Garscube Harriers	14:22	15
147	Struan	Gatherer U20	Perth Strathtay Harriers	14:22	36
147	Rhys	Williams Sen	Stirling University AC C	14:22	97
147	Jake	Anderson Sen	University of St. Andrews CC	14:22	97
152	Joseph	Fitzgibbon Sen	Garscube Harriers	14:23	100
152	John	Coyle V50	Garscube Harriers	14:23	2
152	Kyle	Fleming Sen	Kirkintilloch Olympians	14:23	100
155	Joshua	Mirtle U20	Strathclyde Univ Harriers	14:24	37
156	Chris	Upton V60	Cambuslang Harriers	14:25	1
156	Andrew	Kirk Sen	Kirkintilloch Olympians	14:25	102
158	Scott	Melville Sen	Metro Aberdeen RC	14:27	103
159	Ben	Doris Sen	Cumbernauld AAC	14:28	104
159	David	Webster Sen	Dundee Road Runners	14:28	104

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
161	Ben	Kinninmonth Sen	Fife AC C	14:29	106
162	Nick	Bennett Sen	Dundee Road Runners	14:30	107
162	Cameron	Anderson U20	Edinburgh Univ Hare and Hounds D	14:30	38
162	Graeme	MacGregor Sen	Falkirk Victoria Harriers	14:30	107
162	Allan	Neill Sen	Law & District AAC	14:30	107
166	Justin	Carter V50	Cambuslang Harriers	14:31	3
167	David	Ross V40	East Kilbride AC B	14:32	16
167	Alastair	Scott U20	Stirling University AC C	14:32	39
169	Stuart	Gibson V40	Cambuslang Harriers	14:33	17
169	Louis	O'Hare V50	Cumbernauld AAC	14:33	4
171	James	Austin V50	Clydesdale Harriers	14:34	5
171	Malcolm	Lang V40	Corstorphine AAC	14:34	18
171	Donald	Gavine Sen	Dundee Hawkhill Harriers B	14:34	110
171	Nathan	Brown Sen	Edinburgh AC	14:34	110
171	Darrin	Pryde Sen	Edinburgh AC C	14:34	110
171	Euan	Bell Sen	Strathclyde Univ Harriers	14:34	110
177	Brent	Brodie V50	Bellahouston Harriers	14:35	6
177	John	Logan Sen	Greenock Glenpark Harriers	14:35	114
177	Paul	Sorrie V40	Shettleston Harriers	14:35	19
180	Mark	Hand V50	Law & District AAC	14:36	7
181	Munro	Stewart Sen	Dundee Hawkhill Harriers B	14:37	115
182	Callum	McCormack Sen	Dundee Hawkhill Harriers C	14:38	116
182	Aaron	Thomson U20	East Kilbride AC B	14:38	40
182	Calan	Chong U20	Giffnock North AC B	14:38	40
182	David	Tamburini V50	Inverclyde AC	14:38	8
182	David I	Houston Sen	Shettleston Harriers B	14:38	116
187	Angus	MacCormack U20	Edinburgh Univ Hare and Hounds C	14:39	42
187	Ryan	Gray Sen	Fife AC D	14:39	118
187	Michael	Paxton V40	Shettleston Harriers	14:39	20
190	Stuart	Duncan U20	Perth Strathtay Harriers	14:40	43
190	Matthew	Sweeney U20	Strathclyde Univ Harriers B	14:40	43
192	Gordon	Barrie V50	Dundee Hawkhill Harriers C	14:41	9
192	Jordon	Morrison Sen	Law & District AAC	14:41	119
192	Mark	Ritchie Sen	Lothian RC	14:41	119
195	Kenneth	Neill V40	Ayr Seaforth AC	14:42	21
196	Fraser	Armstrong Sen	Bellahouston Harriers	14:43	121
197	Philip	Holden V40	Harmeny AC	14:44	22
197	Iain	Burns V40	Shettleston Harriers	14:44	22
197	Stephen	Brown V40	West End RR	14:44	22
200	Craig	Prior Sen	Garscube Harriers	14:45	122
200	Ieuan	Harries Sen	Glasgow University Hares and Hounds B	14:45	122

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
202	Christopher	Macdonald	Sen Motherwell AC	14:46	124
202	Daniel	Bond	Sen Springburn Harriers	14:46	124
204	Stuart	Ferguson	Sen Banchory Stonehaven AC	14:48	126
204	Matthew	Blunden	V40 Moray RR	14:48	25
206	Mark	Gallacher	V50 Cambuslang Harriers	14:49	10
206	Andrew	Mckechnie	U20 Falkirk Victoria Harriers	14:49	45
206	Miles	Hollinshead	Sen Giffnock North AC C	14:49	127
209	Jeremy	Rogers	V50 Corstorphine AAC	14:50	11
209	Marcus	Scotney	V50 Strathearn Harriers	14:50	11
211	Brian	Thomson	Sen Airdrie Harriers	14:51	128
211	James	Grant	Sen Perth Strathtay Harriers	14:51	128
213	Caleb	McGuire	U20 Aberdeen AAC B	14:52	46
213	Simon	Dalton Celis	Sen Glasgow University Hares and Hounds B	14:52	130
215	Tom	Flood	Sen Kilmarnock H&AC	14:53	131
216	Euan	Andrews	Sen Central AC E	14:54	132
217	Andrew	Anderson	V40 Cambuslang Harriers	14:56	26
217	Stuart	Kerr	Sen Kilbarchan AAC	14:56	133
219	Michael	Miller	Sen Clydesdale Harriers	14:58	134
219	Alan	Cunningham	V50 Corstorphine AAC	14:58	13
219	Adam	Hart	Sen Dundee Road Runners	14:58	134
222	Kenneth	Scott	Sen East Kilbride AC B	15:02	136
222	Ryan	Kirkland	Sen Lothian RC	15:02	136
224	Moray	Anderson	V40 Corstorphine AAC B	15:03	27
224	Glenn	Barclay	Sen Fife AC D	15:03	138
224	Jon	Hammerman	V40 Inverclyde AC	15:03	27
224	David	McLure	V40 Kilmarnock H&AC	15:03	27
228	Luke	Mcneil	Sen PH Racing Club	15:04	139
228	David	Houston	Sen Shettleston Harriers B	15:04	139
230	Ruan	Van Rensburg	Sen Fife AC C	15:05	141
231	Jordan	Queen	Sen Garscube Harriers	15:06	142
231	Steven	Campbell	V50 Greenock Glenpark Harriers	15:06	14
233	Euan	Convery	Sen Garscube Harriers	15:07	143
234	Stephen	Allan	V50 Cumbernauld AAC	15:09	15
234	Callum	Butterworth	Sen Shettleston Harriers B	15:09	144
236	Paul	McNairn	V40 Bellahouston RR	15:10	30
237	Alex	Gillies	U20 Cambuslang Harriers C	15:11	47
237	Donald	Maclean	Sen Giffnock North AC C	15:11	145
237	Robert	Turner	V50 Musselburgh and District AC	15:11	16
240	Craig	Shields	V40 Garscube Harriers	15:12	31
240	Alan	Knowles	V40 Lothian RC	15:12	31
240	Jason	Kelly	Sen Metro Aberdeen RC	15:12	146

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
243	Joel	MacInnes U20	Cambuslang Harriers C	15:13	48
243	Fraser	Morris Sen	Stirling University AC C	15:13	147
245	Callum	Husband U20	Glasgow University Hares and Hounds C	15:15	49
245	Paul	Burns V40	Motherwell AC	15:15	33
247	Andrew	Irvine Sen	Central AC E	15:16	148
248	Abhinav	Naga Sen	Edinburgh AC C	15:17	149
248	Oscar	Shepherd Sen	Edinburgh Univ Hare and Hounds C	15:17	149
248	Scott	McClung Sen	Fife AC C	15:17	149
248	Gary	Trewartha V40	Gala Harriers	15:17	34
252	Walter	Henderson V50	Cumbernauld AAC	15:18	17
252	Lee	Parker Sen	Dundee Hawkhill Harriers C	15:18	152
254	Andrew	Campbell V50	Giffnock North AC	15:19	18
255	Tim	Darlow V40	Gala Harriers	15:20	35
255	Jose	Leon Sen	Linlithgow AC	15:20	153
257	Scott	McDonald Sen	Central AC D	15:21	154
257	Graeme	Warren Sen	Strathearn Harriers	15:21	154
257	Graeme	Laing V40	VP-Glasgow AC	15:21	36
260	Leahn	Parry V40	Gala Harriers	15:24	37
261	Tom	Adams Sen	Cambuslang Harriers D	15:25	156
262	Gordon	Buchanan Sen	Glasgow FrontRunners	15:26	157
262	Joseph	Reilly U20	Shettleston Harriers C	15:26	50
264	Iain	Stewart V40	Gala Harriers	15:28	38
265	Ben	Forrest Sen	Ayr Seaforth AC	15:30	158
265	Gareth	Fleming Sen	Lasswade AC	15:30	158
267	Alastair	Brockie V40	Corstorphine AAC B	15:31	39
268	Gerard	Taylor V50	Central AC	15:33	19
268	Finn	Allan Sen	Strathclyde Univ Harriers B	15:33	160
270	Terry	Roberts V40	Edinburgh AC	15:34	40
270	Ross	Milne Sen	Glasgow FrontRunners	15:34	161
270	Richard	O'Grady V40	Helensburgh AAC	15:34	40
270	Chris	Hunter V40	VP-Glasgow AC	15:34	40
274	Bruce	Carse V40	Bellahouston RR	15:35	43
274	Kieran	Downie U20	University of St. Andrews CC B	15:35	51
276	Stuart	Russell Sen	Motherwell AC B	15:36	162
277	James	Hall V40	Fife AC	15:37	44
278	Lee	Shaw Sen	Bellahouston Harriers	15:38	163
279	Mark	Sands V40	Irvine RC	15:39	45
280	Jason	Kane Sen	Inverclyde AC B	15:40	164

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
281	Donald	Shaw V50	Central AC	15:41	20
282	Iain	Macleod V50	Corstorphine AAC	15:42	21
282	Christopher	Watters V50	East Kilbride AC B	15:42	21
284	Alexander	Vassallo Sen	Dundee Hawkhill Harriers C	15:43	165
284	Finn	Boylan Sen	Glasgow University Hares and Hounds C	15:43	165
286	Christopher	Main Sen	Strathclyde Univ Harriers B	15:44	167
287	Gary	Smith Sen	Falkirk Victoria Harriers B	15:46	168
288	Gabriel	Murphy U20	Cambuslang Harriers D	15:47	52
288	Cieron	Hadfield U20	Springburn Harriers B	15:47	52
290	Allan	Cameron V50	VP-Glasgow AC	15:48	23
291	Michael	Richardson Sen	Dundee Road Runners	15:50	169
292	Jamie	Nix Sen	Kilmarnock H&AC	15:51	170
292	Matthew	Brennan Sen	Moray RR	15:51	170
292	Fraser	Gordon Sen	Stirling University AC D	15:51	170
295	Gordon	Pryde V40	Edinburgh AC	15:52	46
296	Cameron	Mackie Sen	VP-Glasgow AC	15:53	173
297	Toby	Nixon Sen	University of St. Andrews CC B	15:54	174
298	Thomas	Silkstone Sen	Strathearn Harriers	15:55	175
298	Aaron	Dawson Sen	Strathearn Harriers B	15:55	175
300	David	Scott Sen	Cumbernauld AAC	15:56	177
300	Alan	Risk Sen	Portobello RC	15:56	177
302	Andrew	Casey Sen	Aberdeen AAC B	15:57	179
302	David	Knight V50	Perth RR	15:57	24
304	Martin	Hawksey V40	Linlithgow AC	15:58	47
305	Darren	McQuade Sen	Bellahouston Harriers C	15:59	180
305	Scott	Ballantine Sen	Falkirk Victoria Harriers B	15:59	180
305	Andy	Norris V40	Springburn Harriers	15:59	48
308	Matthew	Brown Sen	Bellahouston Harriers B	16:01	182
308	David	Jarrett V40	Bellahouston RR	16:01	49
308	Grant	MacDonald V40	Garscube Harriers B	16:01	49
308	Andrew	Blair Sen	Greenock Glenpark Harriers	16:01	182
312	Paul	Murphy Sen	Pitreavie AAC	16:02	184
313	Jamie	Robinson V40	Bellahouston RR B	16:04	51
313	Rory	Sandilands V40	Fife AC	16:04	51
315	Brian	Douglas V50	Cambuslang Harriers	16:05	25
315	Cliff	Binning V40	Cumbernauld AAC	16:05	53
317	Alan	Tait V50	Motherwell AC	16:06	26
317	Jim	Reid V40	Strathearn Harriers B	16:06	54
319	Tony	Disley V50	Central AC B	16:07	27
319	Driss	Keriouh Sen	Lothian RC B	16:07	185

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
321	Finlay	Finlay V40	Garscube Harriers B	16:08	55
321	Dougal	Harris Sen	Glasgow University Hares and Hounds D	16:08	186
321	Barnaby	Sharifi Sen	Glasgow University Hares and Hounds D	16:08	186
321	Duncan	Ryan V50	Perth RR	16:08	28
325	Allan	Mackenzie U20	Helensburgh AAC	16:09	54
326	Kevin	Wallace V40	Fife AC	16:11	56
327	Michael	Souter Sen	Perth RR	16:12	188
328	Keir	Crawford Sen	Cambuslang Harriers D	16:13	189
328	Paul	Butler Sen	Edinburgh AC D	16:13	189
330	John	Brogan V50	Airdrie Harriers	16:14	29
330	Michael	Sweeney V40	Helensburgh AAC	16:14	57
330	Kenneth	McWilliam V40	Lasswade AC B	16:14	57
330	Paul	Slifer V50	Musselburgh and District AC	16:14	29
334	David	Eckersley V60	Central AC B	16:15	2
334	Jonathan	Carpenter V40	Corstorphine AAC C	16:15	59
336	Grant	Hunter Sen	Linlithgow AC	16:16	191
337	Francis	Mcelroy V40	Gala Harriers	16:17	60
337	Gregory	Woodward Sen	Glasgow University Hares and Hounds D	16:17	192
339	David	Gorman Sen	East Kilbride AC C	16:18	193
339	Christopher	Mooney V40	Greenock Glenpark Harriers	16:18	61
341	Duncan	McKellar V40	Garscube Harriers B	16:19	62
341	Kyle	Paterson Sen	Kirkintilloch Olympians	16:19	194
343	David	Andrew Sen	Edinburgh AC D	16:21	195
343	Colin	Partridge V40	Lothian RC B	16:21	63
343	Ben	McAdam Sen	Stirling University AC D	16:21	195
346	Paul	Gooding V40	West End RR	16:23	64
347	Callum	Wright Sen	Cambuslang Harriers D	16:24	197
348	Ruairi	Ferris Sen	Kirkintilloch Olympians	16:25	198
349	Paul	Clawson V40	Bellahouston Harriers B	16:26	65
349	Jamie	Clements Sen	East Kilbride AC C	16:26	199
349	Shaun	Dunbar V40	Kilmarnock H&AC	16:26	65
352	Mike	MacDonald V40	Fife AC	16:27	67
353	Richard	Evans V40	Bellahouston RR B	16:28	68
353	David	Aitken V50	Dundee Road Runners	16:28	31
355	Michael	Kilbride Sen	Aberdeen AAC C	16:29	200
355	Ross	McEachern V50	Cumbernauld AAC	16:29	32
357	Mattia	Mancinelli Sen	Garscube Harriers B	16:30	201
358	David	Allsop V50	Kirkintilloch Olympians	16:31	33
359	Sean	Casey V50	Cumbernauld AAC	16:32	34
360	Matthew	MacDonald V40	Garscube Harriers B	16:33	69

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
361	Grant	Matheson V60	Falkirk Victoria Harriers B	16:34	3
361	Noel	Stevin Sen	VP-Glasgow AC B	16:34	202
363	Iain	Robertson V40	Clydesdale Harriers	16:36	70
364	Michael	O'Hagan V50	Cambuslang Harriers B	16:37	35
364	Owen	McWilliams Sen	Irvine RC	16:37	203
364	James	Mayers V60	Musselburgh and District AC	16:37	4
367	Joseph	Burns V50	Ayr Seaforth AC	16:38	36
368	Jamie	Liversidge Sen	Edinburgh Univ Hare and Hounds C	16:41	204
369	James	Dennison V50	Gala Harriers	16:45	37
369	Craig	Binnie V40	Helensburgh AAC	16:45	71
371	Luke	Fleming U20	Fife AC D	16:47	55
372	Ciaran	Muir U20	East Kilbride AC D	16:48	56
372	Marc	Tierney Sen	Motherwell AC B	16:48	205
374	Anthony	Carson Sen	Bellahouston Harriers B	16:49	206
374	David	Ferguson V40	Bellahouston RR B	16:49	72
374	Russell	Craig V50	Dundee Road Runners	16:49	38
377	Gavin	Morrison V50	Greenock Glenpark Harriers	16:52	39
377	Graham	McInnes V40	PH Racing Club	16:52	73
379	Kai	Wheeler U20	Calderglen Harriers	16:53	57
379	Alexander	Ellen Sen	Strathclyde Univ Harriers B	16:53	207
381	Nathan	O'Neill V40	Springburn Harriers	16:54	74
382	Graeme	Wallace V40	Dundee Road Runners	16:55	75
382	Gavin	Phillip V50	Edinburgh AC	16:55	40
384	Christopher	O'Brien V40	Corstorphine AAC B	16:56	76
384	Roy	Mitchell V50	Edinburgh AC	16:56	41
384	Jeff	Farquhar V60	Pitreavie AAC	16:56	5
387	Mark	Crawford V50	Perth RR	16:58	42
388	Michael	Rollins Sen	West End RR	16:59	208
389	Andrew	Buchanan V40	Calderglen Harriers	17:00	77
389	James	Reid Sen	Garscube Harriers B	17:00	209
389	Desmond	FitzGerald V50	Pitreavie AAC	17:00	43
389	John J	Duffy V60	Shettleston Harriers	17:00	6
393	Neil	Milligan V40	Bellahouston Harriers B	17:02	78
394	Sinclair	Hill V50	Gala Harriers	17:03	44
394	Denis	Williams V60	Shettleston Harriers	17:03	7
396	Peter	Maclean V50	Ayr Seaforth AC	17:06	45
397	Dan	Walsh Sen	East Kilbride AC C	17:07	210
397	Kenneth	Macleod V50	Giffnock North AC	17:07	46
397	Michael	Lindsay V40	PH Racing Club	17:07	79
400	Scott	Dickson V50	Lasswade AC B	17:08	47

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
401	Mark	Mclean V50	PH Racing Club	17:09	48
402	Iain	Craven V40	Edinburgh AC	17:10	80
402	Euan	Hood Sen	Lasswade AC B	17:10	211
404	Iain	Wallace V50	Cambuslang Harriers B	17:12	49
404	Keith	Charters V50	East Kilbride AC C	17:12	49
404	Neil	Montgomery Sen	Glasgow FrontRunners	17:12	212
407	Graeme	Jack V50	West End RR	17:13	51
408	Steven	King V50	Carnegie Harriers	17:14	52
408	Graeme	Murdoch V40	Gala Harriers	17:14	81
410	Hendrik	Van Rensburg V50	Fife AC	17:15	53
411	David	Henderson V40	Pitreavie AAC	17:16	82
412	Alex	Allardyce V50	Irvine RC	17:17	54
412	Keith	Mulraney V50	Lothian RC C	17:17	54
414	Daniel	O'Connell V50	Cambuslang Harriers B	17:18	56
414	Andrew	Latham V50	Edinburgh AC	17:18	56
416	Richard	Clark V40	Edinburgh AC	17:19	83
416	Gareth	Jenkins V50	Moray RR B	17:19	58
418	Alan	Derrick V50	Calderglen Harriers	17:20	59
418	Stephen	Harrison V50	Greenock Glenpark Harriers	17:20	59
420	Ross	Noble Sen	Cambuslang Harriers E	17:22	213
421	Kevin	Craig Sen	Bellahouston Harriers C	17:24	214
422	Nicholas	Carter V40	Kilmarnock H&AC	17:26	84
423	Bobby	Hill Sen	Law & District AAC B	17:27	215
424	Brian	Campbell V50	Cambuslang Harriers B	17:28	61
424	Grant	Kennedy V40	Strathearn Harriers B	17:28	85
426	David	Shaw V50	Giffnock North AC	17:29	62
426	William	Taylor V40	Greenock Glenpark Harriers	17:29	86
428	Michael	Mitchell V50	Dundee Road Runners	17:31	63
429	Samuel	Bickerdike Sen	University of St. Andrews CC B	17:32	216
430	Des	Dickson V60	Cambuslang Harriers B	17:35	8
430	Stewart	Robertson V40	Springburn Harriers	17:35	87
432	Malcolm	Parry V50	Edinburgh AC B	17:39	64
433	Andrew John	Ferguson Sen	Aberdeen AAC C	17:40	217
434	Drew	Paterson V50	Kirkintilloch Olympians	17:44	65
434	Ross	McNaughton V40	Strathearn Harriers B	17:44	88
436	Jason	Grant V40	Calderglen Harriers	17:46	89
436	Gerry	Healy V40	Cumbernauld AAC	17:46	89
438	Anthony	Martin V70	Fife AC	17:47	1
439	Edmund	White Sen	Glasgow FrontRunners	17:52	218
439	Oliver	Watson Sen	Glasgow University Hares and Hounds D	17:52	218
439	Harry	Lamond Sen	Springburn Harriers B	17:52	218

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
442	Richard	Beattie V40	Law & District AAC B	17:53	91
443	John	Oates V60	Shettleston Harriers	17:54	9
444	Andrew	Chapman V50	East Kilbride AC D	17:57	66
444	Jonathan	Thomson V50	Lothian RC B	17:57	66
446	Martin	Williams V50	Corstorphine AAC B	17:58	68
447	Mark	Henderson Sen	Kilmarnock H&AC	17:59	221
448	Dave	Clements V50	Edinburgh AC B	18:01	69
449	Glenn	McKinstry Sen	Springburn Harriers B	18:03	222
450	Gerard	Croser Sen	East Kilbride AC D	18:04	223
450	David	Alexander V50	Harmeny AC	18:04	70
452	Alexander	Winn Sen	Bellahouston Harriers C	18:05	224
452	Stephen	Dickson V50	Fife AC	18:05	71
454	Grant	Fawcett V50	Motherwell AC B	18:06	72
454	Neil	Maclachlan V40	Pitreavie AAC	18:06	92
456	Charles	Graham-Marr V60	Central AC B	18:07	10
456	Andy	Downey V50	Garscube Harriers	18:07	73
458	Magnus	Inglis V40	Gala Harriers	18:08	93
459	Scott	Elliott V60	Kirkintilloch Olympians	18:12	11
459	Stephen	Brown V50	Lasswade AC B	18:12	74
459	Kenneth	Thom V40	Motherwell AC B	18:12	94
462	Kenny	Fairfield V50	Carnegie Harriers	18:13	75
463	Arron	Small Sen	Dundee Road Runners B	18:15	225
464	Tom	Butler Sen	Dumbarton AAC	18:16	226
464	Joey	Shields V40	Motherwell AC C	18:16	95
466	Craig	Rowley Sen	Moray RR B	18:17	227
467	Colin	Green V50	Moray RR B	18:18	76
468	Jim	Gillon V50	Law & District AAC B	18:19	77
469	David	Pattison V40	Corstorphine AAC C	18:20	96
470	Robbie	Drummond V50	Garscube Harriers	18:22	78
471	Keith	Wall V50	Garscube Harriers B	18:31	79
472	Emanuel	Corduneanu Sen	Dundee Road Runners B	18:32	228
473	Julian	Pinkus Sen	Portobello RC	18:33	229
474	Robert	Mclennan V60	Garscube Harriers B	18:34	12
475	Dougie	Gowan V60	Edinburgh AC B	18:35	13
476	Brian	Wilson V40	Airdrie Harriers B	18:36	97
476	Angus	Mitchell U20	Edinburgh Univ Hare and Hounds D	18:36	58
478	Allen	Campbell V50	West End RR	18:37	80
479	Andrew	McFarlane V40	Pitreavie AAC	18:39	98
480	David	Arnott V50	Corstorphine AAC B	18:40	81
480	Kieran	McQuade Sen	Dumbarton AAC	18:40	230

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
482	Robert	Rogerson V60	Kirkintilloch Olympians	18:43	14
483	Mark	Milligan V50	Law & District AAC B	18:45	82
484	Richard	Ward V50	Perth RR	18:47	83
485	Marc	Cummings V40	Airdrie Harriers	18:49	99
486	Scott	Eades V40	Moray RR B	18:55	100
487	Kenneth	Scott V40	Bellahouston Harriers C	18:56	101
488	Neil	McLure V50	Carnegie Harriers	18:58	84
488	Jim	Morton V50	Dundee Road Runners B	18:58	84
488	Bob	Johnson V60	Gala Harriers	18:58	15
488	Alham	Said V50	West End RR	18:58	84
492	Graeme	Little V50	Garscube Harriers	19:00	87
493	Michael	Carlin V40	East Kilbride AC D	19:01	102
493	Robert	Pattinson V50	Motherwell AC C	19:01	88
495	Stephen	Purvis V50	Airdrie Harriers	19:02	89
495	Arthur	Mulholland V60	East Kilbride AC E	19:02	16
495	Gordon	Craig V60	Lothian RC C	19:02	16
498	Ralph	Connolly V50	VP-Glasgow AC B	19:07	90
499	Hugh	Buchanan V60	Central AC C	19:13	18
499	Mark	Gordon V50	Lothian RC B	19:13	91
501	Iain	Crawford V50	Cambuslang Harriers B	19:14	92
502	Darren	Dick V50	Linlithgow AC	19:15	93
503	George	Papadakis V40	Springburn Harriers B	19:18	103
504	Mark	Geraghty V50	Linlithgow AC	19:21	94
505	Michael	Diver V50	Clydesdale Harriers	19:25	95
505	Graham	McGrattan V60	Greenock Glenpark Harriers B	19:25	19
507	Murray	McDonald Sen	Kilmarnock H&AC B	19:26	231
508	David	Burns V40	Motherwell AC C	19:30	104
509	Derek	Elliott-Jones Sen	Bellahouston Harriers D	19:38	232
510	Scott	Hair Sen	Calderglen Harriers B	19:40	233
511	Christopher	Creegan V60	Edinburgh AC D	19:43	20
512	Robin	Livingstone V60	Perth RR	19:46	21
513	Matthew	Hill Sen	Airdrie Harriers B	19:47	234
513	James	McAneny V60	Garscube Harriers B	19:47	22
515	Brian	McLinden V70	Motherwell AC D	19:49	2
516	Garry	Henderson V60	Bellahouston Harriers D	19:53	23
517	Scott	Dickson Sen	Motherwell AC C	19:58	235
518	Alan	O'Rourke V50	Greenock Glenpark Harriers B	20:02	96
518	Richard	Hadfield V50	Portobello RC	20:02	96
520	Michael	Dunn V60	Greenock Glenpark Harriers B	20:07	24

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 19th October 2024

2024 NatXCR Results FINAL MenNBFastLeg

Cumbernauld

Pos	Firstname	Lastname	Club	Time	Age Rank
521	Graeme	Taylor V50	Garscube Harriers B	20:11	98
522	Iain	Maclean V50	Caldergleng Harriers B	20:13	99
523	Gordon	Colvin V60	East Kilbride AC E	20:15	25
524	Derek	Esson V60	Falkirk Victoria Harriers B	20:17	26
524	Gerry	Gallacher V40	Greenock Glenpark Harriers B	20:17	105
526	Jan-Bert	Van Den Berg V60	Corstorphine AAC B	20:19	27
527	David	Hoolaghan V40	Motherwell AC D	20:20	106
528	Mark	Welsford V50	Kirkintilloch Olympians	20:22	100
529	Alastair	Cunningham V50	Central AC C	20:23	101
530	Raymond J	Milne V60	Central AC C	20:24	28
531	John	Burns V60	Motherwell AC D	20:26	29
532	Gregory	Gontor Sen	VP-Glasgow AC B	20:27	236
533	Chris	Paton V50	Cambuslang Harriers B	20:29	102
533	Gareth	Mackie V40	Harmeny AC	20:29	107
535	Alastair	Patience V50	Bellahouston Harriers D	20:35	103
535	Colin	Gardner V50	Motherwell AC D	20:35	103
537	Oscar	Sanchez Garcia V50	Pitreavie AAC	20:36	105
538	Darren	Shields Sen	Bellahouston Harriers D	20:38	237
538	Russell	Duncan V60	Kilmarnock H&AC	20:38	30
540	Kenny	Leinster V60	Caldergleng Harriers B	20:39	31
541	Chris	Softley V40	Portobello RC	20:41	108
542	William	Goldie V60	Dumbarton AAC	20:45	32
543	James	Boyle V50	Garscube Harriers C	20:52	106
544	Martin	Rollo V50	Dundee Road Runners B	21:00	107
545	Martin	Egan V50	Garscube Harriers C	21:05	108
546	Gary	McIntosh V40	Bellahouston RR B	21:11	109
547	John	Boyle V50	Lothian RC D	21:18	109
548	Paul	Toland V40	West End RR	21:20	110
549	Allan	Gall V60	Central AC D	21:41	33
550	Gordon	MacKay V40	Garscube Harriers B	21:48	111
551	Alex	Blanchard SenNB	Glasgow FrontRunners NB	21:52	1
552	Brian	Howie V70	Edinburgh AC C	21:53	3
553	Stuart	Crawford V50	Greenock Glenpark Harriers C	21:59	110
554	Kevin	Godfrey V50	Lothian RC D	22:01	111
555	Barry	Davie V40	Carnegie Harriers	22:18	112
556	Colin	Simpson V60	Kirkintilloch Olympians	22:28	34
557	Eric	Stevenson V70	Edinburgh AC C	22:58	4
558	Liam	Scott Sen	Lothian RC C	23:10	238
559	Innes	Chalmers V50	Linlithgow AC	23:30	112
560	Eoin	Moffatt-Pirrie SenNB	Glasgow FrontRunners NB	23:43	2
561	Ellie	Brownlie SenNB	Glasgow FrontRunners NB	23:44	3
562	Russell	Couper V50	Caldergleng Harriers B	24:19	113
563	David	Gemmell V40	Bellahouston Harriers E	24:55	113
564	Fraser	Ballantine V40	Lothian RC C	24:58	114
565	Donald	Mellor V70	Linlithgow AC	25:14	5
566	Cameron	Winton SenNB	Glasgow FrontRunners NB	25:38	4
567	Phillip	Jurczyk V70	Lothian RC D	35:17	6

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



scottishathletics 