

Saturday 13th July Event 1 Decathlon: #1 Men 100 m U20M

CBP: 11.29 01/07/2017 Joseph Hobson U20, Sheffield AC

Name	Age	Team	Final	Points
------	-----	------	-------	--------

Section 1 Wind: +0.0

1 Zak Fearn U20		INVERNESS HA	11.37	780
2 Finn Bryce U20		ABERDEEN AAC	11.69	713
3 Euan Wallace U20		CUMBERNAULD AAC	12.06	639
4 Charlie Arnold U20		BASINGSTOKE	12.34	586
5 Struan Hastie U20		DUNDEE HAWKH	13.50	387

Saturday 13th July Event 1 Decathlon: #1 Men 100 m SM

CBP: 11.45 01/07/2017 Curtis Mathews SM, Cardiff AAC

Name	Age	Team	Final	Points
------	-----	------	-------	--------

Section 1 Wind: -1.4

1 George Asprey Sen		ALDERSHOT &	11.33	789
2 William Hodi Sen		NAIRN AREA AAC	11.40	774
3 Scott Ram Sen		AMBER VALLEY	11.64	723
4 Cal McLennan Sen		BASINGSTOKE	11.83	685
5 Troy McConville Sen		WINDSOR SLOU	12.09	633
6 Lexx McConville Sen YC		WINDSOR SLOU	12.43	569
7 Robby Rankin Sen		ORANGEGROVE AC	12.69	522

Saturday 13th July Event 2 Decathlon: #1 Men 100 m U17M

CBP: 11.43 13/07/2019 Adam Hoole U17, Team East Lo

2023: 12.06 08/07/2023 Finn Bryce U17, Aberdeen AAC

Name	Age	Team	Final	Points
------	-----	------	-------	--------

Section 1 Wind: 0.6

1 Douglas Knox U17		SPRINGBURN HARRIERS	11.53	746
2 Alex Thomson U17		PITREAVIE AAC	11.61	730
3 Luc Macleod U17		BANCHORY STO	11.77	697
4 Andrew Low U17		DUNDEE HAWKH	12.58	541
5 Jack McInnes U17		PITREAVIE AAC	12.69	522

Section 2 Wind: -0.9

1 Nathan Mobbs U17		NORTH AYRSHIRE AAC	12.23	606
2 Jamie Connor U17		CENTRAL AC	12.69	522
3 Cameron Moore U17		CENTRAL AC	12.88	488
4 Gabriel Langston U17		INVERNESS HA	13.13	446

Saturday 13th July Event 2 Decathlon: #1 Men 100 m Masters

CBP: 13.35 14/07/2019 Derek Glasgow M55, Inverness Ha

2023: 13.87 09/07/2023 Paul Waddell 40, Jesmond Jog

Name	Age	Team	Final	Points
------	-----	------	-------	--------

Section 1 Wind: -0.9

1 Derek Glasgow M60		ARBROATH & D	14.77	565 AG
2 Alistair Hill M75		NEW MARSKE HARRIERS	16.12	606 AG

Saturday 13th July Event 3 Heptathlon: #1 Women 100 m H U20W

Name	Age Team	Final	Points
Section 1 Wind: -1.6			
1 Brooke Dunlop U20	KILMARNOCK H&AC	16.26	683
2 Zoe Loughrey U20	VP-GLASGOW AC	16.93	604
3 Stroma Fraser U20	INVERNESS HA	18.31	457

Saturday 13th July Event 3 Heptathlon: #1 Women 100 m H SW

Name	Age Team	Final	Points
1 Amy Kennedy Sen	CUMBERNAULD AAC	15.52	774
2 Olivia Carah Sen	EDINBURGH AC	16.50	654

Saturday 13th July Event 4 Heptathlon: #1 Women 80 m H Masters

CBP:	14.63	09/07/2023	Amanda Broadhurst 50, Wrexham AC	
2023:	14.63	09/07/2023	Amanda Broadhurst 50, Wrexham AC	
Name	Age Team	Final	Points	
Section 1 Wind: -1.1				
1 Amanda Broadhurst W50	WREXHAM AC	14.89	1317	AG

Saturday 13th July Event 5 Heptathlon: #1 Women 80 m H U17W

CBP:	11.86	02/07/2016	Holly McArthur, Whitemoss AA	
2023:	12.08	08/07/2023	Shannon Brown U17, North Ayrshi	
Name	Age Team	Final	Points	
Section 1				
1 Enam Evong U17	LIVINGSTON AC	12.98	677	
2 Hazel Prince U17	CENTRAL AC	13.55	614	
3 Daisy Hendry U17	ROSS COUNTY AC	13.68	601	
4 Eilidh Comrie U17	NORTH AYRSHIRE AAC	15.72	417	
5 Emily Tollett U17	SPRINGBURN HARRIERS	17.58	286	
Section 2 Wind: -1.5				
1 Holly Whittaker U17	ABERDEEN AAC	11.60	855	
2 Jessie Caig U17	NORTH AYRSHIRE AAC	12.33	756	
3 Alannah Snowden U17	LIVINGSTON AC	12.39	748	
4 Ava Mitchell U17	VP-GLASGOW AC	12.67	714	
5 Victoria Anestik U17	FALKIRK VICT	12.68	712	
6 Indya Kenny U17	ARBROATH & D	13.79	589	
7 Charis Crawford U17	SPRINGBURN HARRIERS	13.86	582	

Saturday 13th July Event 6 Outdoor Pentathlon: #2 Boys 80 m H U15B

Dundee

CBP: 12.21 08/07/2023 Douglas Knox U15, Springburn H

2023: 12.21 08/07/2023 Douglas Knox U15, Springburn H

Name	Age	Team	Final	Points
------	-----	------	-------	--------

Section 1 Wind: -0.4

1 Murray Taylor		INVERNESS HA	11.32	782
2 Angus Weir		GIFFNOCK NORTH AC	12.38	666
3 Louis Vallet		ABERDEEN AAC	12.60	643
4 Evan Louca		HARMENY AC	12.97	605
5 Zach White		SPRINGBURN HARRIERS	13.27	575
6 Abraham Lanahan		SHETTLESTON	14.12	494
7 Darach Dailly		DUNDEE HAWKH	15.69	360

Saturday 13th July Event 7 Women 2000 m SC Open

CBP: 6:58.66 13/07/2019 Lauren Stoddart Sen, Edinbu

2023: 7:13.00 08/07/2023 Lauren Stoddart Sen, Edinbu

Name	Age	Team	Final
------	-----	------	-------

Section 1

1 Lauren Stoddart Sen		EDINBURGH AC	7:04.95
2 Becky Dunphy Sen		VP-GLASGOW AC	7:17.47
3 Alice Mourao U17		CORSTORPHINE AAC	7:29.74
4 Skye Marshall U17		HARMENY AC	8:02.73

Saturday 13th July Event 8 Women 100 m Para + Masters

CBP: 13.49 09/07/2022 Nina Cessford 35, Tweed Leade

2023: 14.69 08/07/2023 Lourdes Bradley 45, North Shi

Name	Age	Team	Final
------	-----	------	-------

Section 1 Wind: -1.7

1 Margaret MacRae 40		ORKNEY ATHLE	13.68
2 Linzie Marsh 45		PITREAVIE AAC	14.25
3 Cara Murphy T12 U15		LAW & DISTRICT AAC	14.41
4 Kirsty Oliver 35		MOTHERWELL AC	15.01
5 Laura Purdy 45		LIVERPOOL P	15.76
6 Dawn Ridgway 45		NORTH SHIELD	16.04
7 Jane Ariztegieta Scott 4		CENTRAL AC	31.09

Section 2 Wind: -0.6

1 Lourdes Bradley 50		NORTH SHIELD	14.35
2 Ruth Kirk 50		AYR SEAFORTH AC	14.90
3 Lidya Woldeeslassie F35		SHETTLESTON	18.92
4 Skye Davidson F40 U17		PITREAVIE AAC	20.45

Section 3 Wind: -0.1

1 Sandra Mitusch 60		CENTRAL AC	15.36
2 Angela Kelly 60		GIFFNOCK NORTH AC	15.93
3 Mary Western 60		PH RACING CLUB	17.14
4 Alison Cummings 65		NORTH SHIELD	19.20
5 Kathleen Stewart 80		NORTH SHIELD	20.17

Saturday 13th July Event 9 Men 100 m Para + Masters

Name	Age	Team	Final
=====			
CBP:	11.28	09/07/2022 Iain McEwan 35, Whitemoss AA	
2023:	11.71	08/07/2023 Alan Robertson 45, Motherwell	
Name	Age	Team	Final
=====			
Section 1	Wind: -0.8		
1 Iain McEwan 35		WHITEMOSS AAC	11.66
2 Matthew Power T20 Sen		LIVINGSTON AC	11.70
3 Alexander Thomson T38 Se		VP-GLASGOW AC	12.07
4 Cameron Thores T47 U20		PITREAVIE AAC	12.24
5 Will Toms 35		UNATTACHED	12.58
6 Gareth Hill 35		TEAM EAST LOTHIAN	12.64
7 Gary Fenwick 40		TYNEDALE HAR	13.02
8 Alistair Craig 40		KILMARNOCK H&AC	13.22
Section 2	Wind: -0.9		
1 Ian Horsburgh 45		CENTRAL AC	11.40
2 Alan Robertson 45		MOTHERWELL AC	11.80
3 John Tindal 45		PITREAVIE AAC	12.30
4 Kieran McGhee T20 U20		RED STAR AC	12.93
5 Nicol Baird 45		ABERDEEN AAC	13.27
6 William Jack T20 U17		PITREAVIE AAC	13.53
7 Stuart Gebbie T12 Sen		RED STAR AC	14.12
Section 3	Wind: -0.2		
1 Trevor Hodgson 50		MORPETH HARRIERS	11.86
2 Mike Tarnawsky 50		DUNDEE HAWKH	12.30
3 Paul Allan 50		PITREAVIE AAC	13.26
4 Stuart MCGowan 50		GIFFNOCK NORTH AC	13.40
5 Paul Fisher 50		NORTH SHIELD	13.63
6 Peter Minting 50		HELENSBURGH AAC	13.69
7 Brian Martin 50		GIFFNOCK NORTH AC	13.90
8 Fraser Owen T36 Sen		INVERNESS HA	16.69
Section 4	Wind: -0.1		
1 Conrad Kennedy 55		GATESHEAD HA	13.09
2 Stuart Lynn 60		NORTH SHIELD	13.36
3 Alistair Radbourne 55		PH RACING CLUB	13.64
4 Philip McCluskey 55		JARROW & HEBBURN AC	13.73
5 Douglas Dickson 55		KILMARNOCK H&AC	13.94
6 Gary Leek 60		LAW & DISTRICT AAC	14.44
7 Graeme Breslin 60		CORSTORPHINE AAC	14.49
8 Peter Sunderland 60		TYNEDALE HAR	14.86
Section 5	Wind: -0.5		
1 Shane Sheridan 65		DUNDRUM SOUT	13.26
2 Ian Broadhurst 65		WREXHAM AC	13.72
3 Shane Toolan 65		TIR CHRONAILL AC	13.95
4 Martin Leyland 65		SHETLAND AAC	13.99
5 Christopher Fenwick 65		TYNEDALE HAR	14.71
6 David Edelman 65		GIFFNOCK NORTH AC	15.33
7 David Guy-Johnson 65		NORTH SHIELD	15.56
Section 6	Wind: -0.3		
1 Bob Douglas 70		LIVINGSTON AC	14.96
2 James Treasurer 70		LOCHABER AC	17.74

Saturday 13th July Event 10 Outdoor Pentathlon: #2 Girls 70 m H U13G

Dundee

CBP: 11.48 10/07/2022 Katy Pang U13, North Shield
 2023: 11.74 09/07/2023 Dionne Maguinness U13, Airdrie Harr

Name	Age	Team	Final	Points
=====				
Section 1 Wind: -2.0				
1 Erica Ross		GIFFNOCK NORTH AC	12.16	553
2 Sandie Keddie		CUMBERNAULD AAC	12.20	549
3 Isla Milligan		AYR SEAFORTH AC	12.54	517
4 Lola Heenan		ARBROATH & D	12.72	501
5 India Gorvett		BLYTH RUNNING CLUB	12.92	483
6 Branna Kenny		HADDINGTON RC	13.23	456
7 Karley Paterson		ABERDEEN AAC	13.41	442
-- Iona Thompson		INVERNESS HA	DNF	
Section 2 Wind: -1.0				
1 Jessica Bell		SPRINGBURN HARRIERS	13.24	456
2 Aria Thomas		MONTROSE & D	13.61	425
3 Zoe Baillie		EAST KILBRIDE AC	13.67	421
4 Isla Preston		NORTH AYRSHIRE AAC	14.50	259
5 Mollie Geddes		DUNDEE HAWKH	15.44	295
6 Emma MacMillan		INVERNESS HA	17.52	167
7 Molly Brown		SHETTLESTON	19.27	95
Section 3 Wind: -3.0				
1 Rachel Fullbrook		CENTRAL AC	13.85	407
2 Amelia Abrami		CUMBERNAULD AAC	14.28	374
3 Beth Wells		SPRINGBURN HARRIERS	14.56	354
4 Aine Fraser		MONTROSE & D	16.80	215
5 Hannah Mackay		INVERNESS HA	17.16	195
6 Isla Docherty		SPRINGBURN HARRIERS	19.88	70
Section 4 Wind: -0.8				
1 Abi Campbell		MUSSELBURGH	15.41	297
2 Naomi Prince		CENTRAL AC	16.08	256
3 Blythe Graham		SPRINGBURN HARRIERS	16.31	242
4 Alana Robertson		ABERDEEN AAC	16.87	211
5 Grace Watt		INVERNESS HA	18.47	131

Saturday 13th July Event 11 Women 800 m Masters

CBP: 2:23.70 08/07/2023 Laura Haggarty 35, Kilmarno
 2023: 2:23.70 08/07/2023 Laura Haggarty 35, Kilmarno

Name	Age	Team	Final
=====			
Section 1			
1 Laura Haggarty 40		KILMARNOCK H&AC	2:20.49
2 Mary Western 60		PH RACING CLUB	2:45.71
3 Hilary Carswell 50		GIFFNOCK NORTH AC	2:48.86
4 Sharyn Ramage 60		EDINBURGH AC	3:07.59

Saturday 13th July Event 12 Men 800 m Masters

=====
 CBP: 2:01.50 09/07/2022 Grant Baillie 40, East Kilb

2023: 2:04.97 08/07/2023 David Scott 35, Cumbernauld

=====
 Name Age Team Final

1	David Scott	35	CUMBERNAULD AAC	2:00.39
2	Stephen Brown	40	WEST END RR	2:03.48
3	Colin Welsh	40	GALA HARRIERS	2:06.19
4	Graeme Laing	45	VP-GLASGOW AC	2:06.99
5	Kevin Wallace	40	FIFE AC	2:07.71
6	Allan Cameron	50	VP-GLASGOW AC	2:09.74
7	Iain Robertson	45	CLYDESDALE HARRIERS	2:10.43
8	Lewis Orr	50	EDINBURGH AC	2:20.55
9	Richard Clark	45	EDINBURGH AC	2:27.59
10	Thomas Mortimer	40	NORTHERN MASTERS AC	2:32.72

Section 2

1	Graeme Gemmell	55	BELLAHOUSTON	2:22.82
2	Chris Upson	60	CAMBUSLANG HARRIERS	2:26.35
3	Colin Hall	55	FORRES HARRIERS	2:38.79
4	Mark Western	55	PH RACING CLUB	2:39.37
5	Tony Segall	60	MUSSELBURGH	3:06.71
6	Michael Farrell	60	NORTH AYRSHIRE AAC	3:34.54
--	Connor Brown	T37 Sen	FIFE AC	DNF

Section 3

1	Ed Norton	70	PH RACING CLUB	2:51.77
2	George Hunter	75	PITREAVIE AAC	3:05.64
3	Robert Young	80	CLYDESDALE HARRIERS	3:17.20
4	Alan Fulton	75	ABERDEEN AAC	4:15.59

Saturday 13th July Event 13 Women 200 m Para + Masters

=====
 CBP: 27.32 08/07/2023 Kathryn McDevitt 40, Letterke

2023: 27.32 08/07/2023 Kathryn McDevitt 40, Letterke

=====
 Name Age Team Final

Section 1 Wind: -0.7

1	Cara Murphy	T12 U15	LAW & DISTRICT AAC	29.39
2	Linzie Marsh	45	PITREAVIE AAC	29.56
3	Kirsty Oliver	35	MOTHERWELL AC	30.17
4	Laura Purdy	45	LIVERPOOL P	32.61
5	Dawn Ridgway	45	NORTH SHIELD	33.94
6	Roberta Dornan	45	NORTH DOWN AC	36.62

Section 2 Wind: -1.2

1	Lourdes Bradley	50	NORTH SHIELD	29.23
2	Rebecca Evans	50	LINLITHGOW AC	29.67
3	Sandra Mitusch	60	CENTRAL AC	32.56
4	Jacqueline McLew	50	CAMBUSLANG HARRIERS	38.12
5	Alison Cummings	65	NORTH SHIELD	40.55
6	Kathleen Stewart	80	NORTH SHIELD	41.29

Saturday 13th July Event 14 Men 200 m Para + Masters

Name	Age	Team	Final
CBP:	23.20	08/07/2023	Matthew Power T20 Sen, Living
2023:	23.20	08/07/2023	Matthew Power T20 Sen, Living
=====			
Section 1	Wind: -1.0		
1 Matthew Power T20 Sen		LIVINGSTON AC	24.09
2 Michael Burslem 40		BELGRAVE HARRIERS	25.65
2 Colin Brodie 40		HARMENY AC	25.65
4 Gary Fenwick 40		TYNEDALE HAR	25.96
5 Gareth Hill 35		TEAM EAST LOTHIAN	26.11
6 Kieran McGhee T20 U20		RED STAR AC	26.83
7 William Jack T20 U17		PITREAVIE AAC	30.15
Section 2	Wind: -1.4		
1 Ian Horsburgh 45		CENTRAL AC	22.71
2 Alan Robertson 45		MOTHERWELL AC	23.98
3 John Tindal 45		PITREAVIE AAC	25.73
4 Elson Mourao 45		CORSTORPHINE AAC	27.54
Section 3	Wind: -0.7		
1 Mike Tarnawsky 50		DUNDEE HAWKH	25.18
2 Conrad Kennedy 55		GATESHEAD HA	26.62
3 Paul Allan 50		PITREAVIE AAC	27.03
4 Peter Minting 50		HELENSBURGH AAC	27.84
5 Alistair Radbourne 55		PH RACING CLUB	28.03
6 Philip McCluskey 55		JARROW & HEBBURN AC	28.47
7 Douglas Dickson 55		KILMARNOCK H&AC	28.68
Section 4	Wind: -0.8		
1 Stuart Lynn 60		NORTH SHIELD	27.04
2 Graeme Breslin 60		CORSTORPHINE AAC	29.46
3 Peter Sunderland 60		TYNEDALE HAR	30.54
4 Bob Douglas 70		LIVINGSTON AC	31.81
5 James Treasurer 70		LOCHABER AC	36.63
-- George Hunter 75		PITREAVIE AAC	DQ 17.3.3
Section 5	Wind: -0.7		
1 Shane Sheridan 65		DUNDRUM SOUT	27.64
2 Martin Leyland 65		SHETLAND AAC	28.46
3 Shane Toolan 65		TIR CHRONAILL AC	29.14
4 Christopher Fenwick 65		TYNEDALE HAR	30.63
5 Fraser Owen T36 Sen		INVERNESS HA	31.07
6 William Skinner 65		ABERDEEN AAC	31.13
7 David Edelman 65		GIFFNOCK NORTH AC	31.19

Saturday 13th July Event 15 Mixed 200 m WC FR

```

=====
CBP: 48.44 08/07/2023 Julie McElroy T72 35, VP-Glas
2023: 48.44 08/07/2023 Julie McElroy T72 35, VP-Glas
Name Age Team Final
=====

```

Section 1 Wind: -2.3

```

=====
1 Anthony Tanagho T72 U17 M AYR SEAFORTH AC 42.15
2 Julie McElroy T72 35 W VP-GLASGOW AC 51.24
3 Jonathan Brown T33 35 M PITREAVIE AAC 55.81
4 Kerry Mathers T72 40 W ABERDEEN AAC 56.81
5 Ross Thomson T72 50 M ABERDEEN AAC 63.12
6 Craig Dillon T71 U20 M ABERDEEN AAC 76.53
=====

```

Saturday 13th July Event 16 Men 3000 m SC Open

```

=====
CBP: 9:40.70 13/07/2019 Magnus Tait U20, Lasswade A
2023: 9:57.31 08/07/2023 Sam Fernando Sen, Fife AC
Name Age Team Final
=====

```

Section 1

```

=====
1 Grant Baillie 45 EAST KILBRIDE AC 10:07.94
2 Tim Hely 50 EDINBURGH AC 10:31.91
3 Andrew McCall 35 GREENOCK GLE 10:40.15
=====

```

Saturday 13th July Event 17 Mixed 400 m WC FR

```

=====
CBP: 1:45.72 08/07/2023 Edward Fish T72 Sen, Aberde
2023: 1:45.72 08/07/2023 Edward Fish T72 Sen, Aberde
Name Age Team Final
=====

```

```

=====
1 Anthony Tanagho T72 U17 M AYR SEAFORTH AC 1:33.44
2 Jonathan Brown T33 35 M PITREAVIE AAC 1:51.03
3 Kerry Mathers T72 40 W ABERDEEN AAC 2:04.09
4 Ross Thomson T72 50 M ABERDEEN AAC 2:21.92
5 Craig Dillon T71 U20 M ABERDEEN AAC 2:42.87
=====

```

Saturday 13th July Event 18 Women 400 m Masters

```

=====
CBP: 62.03 08/07/2023 Kathryn McDevitt 40, Letterke
2023: 62.03 08/07/2023 Kathryn McDevitt 40, Letterke
Name Age Team Final
=====

```

```

=====
1 Margaret MacRae 40 ORKNEY ATHLE 63.62
2 Jennifer Beattie 40 KILMARNOCK H&AC 66.68
3 Rebecca Evans 50 LINLITHGOW AC 69.20
4 Lourdes Bradley 50 NORTH SHIELD 70.68
5 Roberta Dornan 45 NORTH DOWN AC 77.31
6 Jacqueline McLew 50 CAMBUSLANG HARRIERS 1:30.53
-- Ilona Kriauzaite 40 METRO ABERDEEN RC DQ 17.3.3
=====

```

Section 2

```

=====
1 Alison Cummings 65 NORTH SHIELD 1:33.80
2 Kathleen Stewart 80 NORTH SHIELD 1:41.18
=====

```


Saturday 13th July Event 19 Men 400 m Para + Masters

CBP: 54.78 08/07/2023 Allan Cameron 50, Cumbernauld
 2023: 54.78 08/07/2023 Allan Cameron 50, Cumbernauld

Name Age Team Final

Section 1

1	Cameron Thores T47 U20	PITREAVIE AAC	53.51
2	Alexander Thomson T38 Se	VP-GLASGOW AC	54.64
3	Ross Paterson T38 Sen	KILBARCHAN AAC	55.47
4	Colin Brodie 40	HARMENY AC	57.16
5	Mark Beagrie 35	PETERHEAD AC	59.88
6	Richard Clark 45	EDINBURGH AC	63.73

Section 2

1	Allan Cameron 50	VP-GLASGOW AC	56.36
2	Mike Tarnawsky 50	DUNDEE HAWKH	57.00
3	Paul Fisher 50	NORTH SHIELD	59.64
4	Paul Allan 50	PITREAVIE AAC	60.10
5	Callum Ballantyne T20 Se	CUMBERNAULD AAC	62.90
6	Peter Minting 50	HELENSBURGH AAC	63.20

Section 3

1	Philip McCluskey 55	JARROW & HEBBURN AC	61.80
2	Graeme Gemmell 55	BELLAHOUSTON	62.41
3	Alistair Radbourne 55	PH RACING CLUB	63.30
4	Graeme Breslin 60	CORSTORPHINE AAC	67.32
5	Connor Brown T37 Sen	FIFE AC	68.23
6	Fraser Owen T36 Sen	INVERNESS HA	68.48

Section 4

1	Ian Broadhurst 65	WREXHAM AC	65.88
2	Bob Douglas 70	LIVINGSTON AC	73.87
3	David Guy-Johnson 65	NORTH SHIELD	74.28
4	David Edelman 65	GIFFNOCK NORTH AC	76.72
5	William Skinner 65	ABERDEEN AAC	77.50
6	George Hunter 75	PITREAVIE AAC	79.56
7	Alan Fulton 75	ABERDEEN AAC	1:44.85
--	James Treasurer 70	LOCHABER AC	DQ 17.3.3

Saturday 13th July Event 20 Women 1500 m Masters

CBP: 4:53.70 08/07/2023 Charlene McCallum 35, Shett
 2023: 4:53.70 08/07/2023 Charlene McCallum 35, Shett

Name Age Team Final

Section 1

1	Laura Haggarty 40	KILMARNOCK H&AC	4:47.82
2	Jill Cox 45	GREENOCK GLE	4:55.14
3	Julie Wilson 55	EDINBURGH AC	5:33.17
4	Christine Neill 35	LAW & DISTRICT AAC	5:37.95
5	Hilary Carswell 50	GIFFNOCK NORTH AC	5:44.33
6	Sharyn Ramage 60	EDINBURGH AC	6:24.33
7	Elaine Mackay 55	SHETTLESTON	7:08.21

Saturday 13th July Event 21 Men 1500 m Masters

CBP: 4:10.80 09/07/2022 Grant Baillie 40, East Kilb
 2023: 4:28.35 08/07/2023 Gordon Barrie 50, Dundee Ha

Name	Age	Team	Final
1 Steven Bryce T20 Sen		FIFE AC	4:02.42
2 Munro Stewart 35		DUNDEE HAWKH	4:17.97
3 Allan Neill 35		LAW & DISTRICT AAC	4:18.83
4 Stephen Brown 40		WEST END RR	4:22.78
5 Kevin Wallace 40		FIFE AC	4:28.76
6 David Burlton 40		PH RACING CLUB	4:30.34
7 Colin Welsh 40		GALA HARRIERS	4:34.57
8 Andrew McCall 35		GREENOCK GLE	4:36.05
9 Mark Beagrie 35		PETERHEAD AC	4:37.20
10 Iain Robertson 45		CLYDESDALE HARRIERS	4:41.10
11 Richard O'Grady 45		HELENSBURGH AAC	5:01.16
12 Thomas Mortimer 40		NORTHERN MASTERS AC	5:24.74

Section 2

1 Gordon Barrie 50		DUNDEE HAWKH	4:26.67
2 Brent Brodie 50		BELLAHOUSTON	4:27.79
3 Chris Upson 60		CAMBUSLANG HARRIERS	4:45.55
4 Paul Forbes 65		EDINBURGH AC	4:48.37
5 Lewis Orr 50		EDINBURGH AC	4:58.70
6 John Thomson 65		FIFE AC	5:01.34
7 Ross McEachern 55		CUMBERNAULD AAC	5:10.21
8 Richard Holland 65		METRO ABERDEEN RC	5:17.89
9 Graeme Jack 55		WEST END RR	5:19.08
10 Mark Western 55		PH RACING CLUB	5:21.29
11 Ed Norton 70		PH RACING CLUB	5:48.08
12 Robert Young 80		CLYDESDALE HARRIERS	6:31.62

Saturday 13th July Event 22 Mixed 1500 m WC FR

CBP: 7:33.35 08/07/2023 Julie McElroy T72 35, VP-G1
 2023: 7:33.35 08/07/2023 Julie McElroy T72 35, VP-G1

Name	Age	Team	Final
1 Julie McElroy T72 35		W VP-GLASGOW AC	7:50.68
2 Kerry Mathers T72 40		W ABERDEEN AAC	8:38.97
3 Ross Thomson T72 50		M ABERDEEN AAC	10:09.98
4 Craig Dillon T71 U20		M ABERDEEN AAC	10:31.78

Saturday 13th July Event 23 Heptathlon: #4 Women 200 m U20W

Name	Age	Team	Final	Points
Section 1 Wind: -0.7				
1 Brooke Dunlop U20		KILMARNOCK H&AC	26.85	724
2 Zoe Loughrey U20		VP-GLASGOW AC	27.86	642
3 Stroma Fraser U20		INVERNESS HA	28.89	562

Saturday 13th July Event 23 Heptathlon: #4 Women 200 m SW

Name	Age	Team	Final	Points
1 Amy Kennedy Sen		CUMBERNAULD AAC	25.94	802
2 Olivia Carah Sen		EDINBURGH AC	29.39	526

Saturday 13th July Event 24 Heptathlon: #4 Women 200 m U17W

Name	Age	Team	Final	Points
CBP:	25.43	02/07/2016 Holly McArthur, Whitemoss AA		
2023:	25.84	08/07/2023 Jaymee Brown U17, North Ayrshi		

Name	Age	Team	Final	Points
Section 1 Wind: -1.4				
1 Holly Whittaker U17		ABERDEEN AAC	25.67	826
2 Jessie Caig U17		NORTH AYRSHIRE AAC	27.30	687
3 Victoria Anestik U17		FALKIRK VICT	27.87	641
4 Ava Mitchell U17		VP-GLASGOW AC	28.07	625
5 Daisy Hendry U17		ROSS COUNTY AC	29.99	483
6 Charis Crawford U17		SPRINGBURN HARRIERS	30.30	461
Section 2 Wind: -1.8				
1 Enam Evong U17		LIVINGSTON AC	26.43	760
2 Alannah Snowden U17		LIVINGSTON AC	27.19	696
3 Indya Kenny U17		ARBROATH & D	29.38	526
4 Hazel Prince U17		CENTRAL AC	29.75	500
5 Emily Tollett U17		SPRINGBURN HARRIERS	32.29	334
6 Eilidh Comrie U17		NORTH AYRSHIRE AAC	32.61	315

Saturday 13th July Event 25 Decathlon: #5 Men 400 m U20M

Name	Age	Team	Final	Points
CBP:	50.60	01/07/2017 Euan Urquhart U20, VP-Glasgow A		

Name	Age	Team	Final	Points
Section 1				
1 Zak Fearn U20		INVERNESS HA	52.05	723
2 Finn Bryce U20		ABERDEEN AAC	54.21	631
3 Charlie Arnold U20		BASINGSTOKE	54.48	620
4 Euan Wallace U20		CUMBERNAULD AAC	55.13	594
5 Struan Hastie U20		DUNDEE HAWKH	60.70	390

Saturday 13th July Event 25 Decathlon: #5 Men 400 m SM

Name	Age	Team	Final	Points
CBP:	52.55	01/07/2017 Curtis Mathews SM, Cardiff AAC		

Name	Age	Team	Final	Points
1 William Hodi Sen		NAIRN AREA AAC	49.92	818
2 George Asprey Sen		ALDERSHOT &	50.29	801
3 Scott Ram Sen		AMBER VALLEY	50.94	772
4 Cal McLennan Sen		BASINGSTOKE	52.19	716
5 Troy McConville Sen		WINDSOR SLOU	54.51	619
6 Robby Rankin Sen		ORANGEGROVE AC	54.85	605
7 Lexx McConville Sen YC		WINDSOR SLOU	58.86	453

Saturday 13th July Event 26 Decathlon: #5 Men 400 m U17M

CBP: 52.14 01/07/2017 Joel McFarlane U17, Arbroath & D
 CBP: 52.14 02/07/2016 Joel McFarlane, Arbroath & D
 2023: 54.70 08/07/2023 Finn Bryce U17, Aberdeen AAC

Name	Age	Team	Final	Points
1 Alex Thomson U17		PITREAVIE AAC	53.56	658
2 Andrew Low U17		DUNDEE HAWKH	58.66	460
3 Jamie Connor U17		CENTRAL AC	61.30	370
4 Gabriel Langston U17		INVERNESS HA	64.36	277
Section 2				
1 Luc Macleod U17		BANCHORY STO	50.73	781
2 Douglas Knox U17		SPRINGBURN HARRIERS	50.82	777
3 Nathan Mobbs U17		NORTH AYRSHIRE AAC	56.93	524
4 Jack McInnes U17		PITREAVIE AAC	60.38	400
5 Cameron Moore U17		CENTRAL AC	65.28	251

Saturday 13th July Event 26 Decathlon: #5 Men 400 m Masters

CBP: 60.93 09/07/2023 Paul Waddell 40, Jesmond Jogg
 2023: 60.93 09/07/2023 Paul Waddell 40, Jesmond Jogg

Name	Age	Team	Final	Points
Section 1				
1 Derek Glasgow M60		ARBROATH & D	68.39	552 AG
2 Alistair Hill M75		NEW MARSKE HARRIERS	77.51	496 AG

Saturday 13th July Event 27 Outdoor Pentathlon: #5 Boys 800 m U15B

CBP: 2:07.83 08/07/2023 Adam Watts U15, VP-Glasgow A
 2023: 2:07.83 08/07/2023 Adam Watts U15, VP-Glasgow A

Name	Age	Team	Final	Points
1 Murray Taylor		INVERNESS HA	2:09.16	614
2 Zach White		SPRINGBURN HARRIERS	2:31.48	305
3 Angus Weir		GIFFNOCK NORTH AC	2:34.52	270
4 Darach Dailly		DUNDEE HAWKH	2:42.67	187
5 Evan Louca		HARMENY AC	2:42.71	187
6 Louis Vallet		ABERDEEN AAC	2:49.78	127

Saturday 13th July Event 28 Outdoor Pentathlon: #5 Girls 800 m U13G

Dundee

CBP: 2:26.12 09/07/2023 Dionne Maguinness U13, Airdrie Har
 2023: 2:26.12 09/07/2023 Dionne Maguinness U13, Airdrie Har

Name	Age	Team	Final	Points
1 Abi Campbell		MUSSELBURGH	2:44.96	517
2 Hannah Mackay		INVERNESS HA	2:50.03	463
3 Naomi Prince		CENTRAL AC	2:55.59	407
4 Molly Brown		SHETTLESTON	2:56.40	399
5 Alana Robertson		ABERDEEN AAC	3:00.35	362
6 Blythe Graham		SPRINGBURN HARRIERS	3:04.96	320
7 Isla Docherty		SPRINGBURN HARRIERS	3:39.67	86

Section 2

1 Karley Paterson		ABERDEEN AAC	2:38.81	587
2 Beth Wells		SPRINGBURN HARRIERS	2:52.99	433
3 Mollie Geddes		DUNDEE HAWKH	2:58.31	381
4 Branna Kenny		HADDINGTON RC	3:01.07	355
5 Emma MacMillan		INVERNESS HA	3:07.47	299
6 Iona Thompson		INVERNESS HA	3:11.10	269
7 Aria Thomas		MONTROSE & D	3:12.03	261
8 Amelia Abrami		CUMBERNAULD AAC	3:12.58	257
9 Aine Fraser		MONTROSE & D	3:21.40	192

Section 3

1 Isla Milligan		AYR SEAFORTH AC	2:38.93	585
2 Zoe Baillie		EAST KILBRIDE AC	2:42.87	540
3 Erica Ross		GIFFNOCK NORTH AC	2:43.20	537
4 Isla Preston		NORTH AYRSHIRE AAC	2:47.66	488
5 Sandie Keddie		CUMBERNAULD AAC	2:48.82	476
6 Jessica Bell		SPRINGBURN HARRIERS	2:54.57	417
7 India Gorvett		BLYTH RUNNING CLUB	3:00.52	360
8 Lola Heenan		ARBROATH & D	3:06.30	309
-- Rachel Fullbrook		CENTRAL AC	DQ	17.5.1

Saturday 13th July Event 29 Outdoor Pentathlon: #3 Boys Shot Put U15B

CBP: 12.89m 13/07/2019 Scott Hopper U15, Central AC
 2023: 11.58m 08/07/2023 Douglas Knox U15, Springburn H

Name	Age	Team	Final	Points
Flight 1				
1 Evan Louca		HARMENY AC	10.14m	494
	10.14m	9.43m	9.08m	
2 Abraham Lanahan		SHETTLESTON	9.94m	482
	9.94m	9.67m	9.79m	
3 Murray Taylor		INVERNESS HA	9.48m	454
	9.48m	9.02m	FOUL	
4 Louis Vallet		ABERDEEN AAC	9.09m	431
	9.09m	FOUL	FOUL	
5 Zach White		SPRINGBURN HARRIERS	7.85m	357
	7.85m	FOUL	7.71m	
6 Angus Weir		GIFFNOCK NORTH AC	7.32m	326
	7.28m	7.32m	7.22m	
7 Darach Dailly		DUNDEE HAWKH	5.84m	240
	FOUL	5.84m	5.78m	

Saturday 13th July Event 30 Outdoor Pentathlon: #1 Girls High Jump U13G Dundee

CBP: 1.56m 09/07/2023 Dionne Maguinness U13, Airdrie Harr											
2023: 1.56m 09/07/2023 Dionne Maguinness U13, Airdrie Harr											
Name	Age	Team								Final	Points
1 Erica Ross		GIFFNOCK NORTH AC								1.47m	588
	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50		
	O	P	O	O	O	O	XO	XXO	XXX		
2 Emma MacMillan		INVERNESS HA								1.38m	491
	1.20	1.23	1.26	1.29	1.32	1.35	1.38	1.41			
	O	XO	O	XXO	O	XXO	XO	XXX			
3 Aine Fraser		MONTROSE & D								1.32m	429
	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35		
	O	O	O	XO	O	O	XXO	O	XXX		
4 Isla Milligan		AYR SEAFORTH AC								1.29m	399
	1.14	1.17	1.20	1.23	1.26	1.29	1.32				
	O	O	O	XO	XO	XXO	XXX				
4 Isla Preston		NORTH AYRSHIRE AAC								1.29m	399
	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32			
	O	XO	O	O	XO	XXO	XXO	XXX			
6 Zoe Baillie		EAST KILBRIDE AC								1.26m	369
	1.14	1.17	1.20	1.23	1.26	1.29					
	XO	O	O	XO	XO	XXX					
7 Sandie Keddie		CUMBERNAULD AAC								1.23m	340
	1.08	1.11	1.14	1.17	1.20	1.23	1.26				
	O	O	O	O	O	O	XXX				
8 India Gorvett		BLYTH RUNNING CLUB								1.23m	340
	1.11	1.14	1.17	1.20	1.23	1.26					
	O	O	O	XO	XO	XXX					
9 Iona Thompson		INVERNESS HA								1.23m	340
	1.17	1.20	1.23	1.26							
	O	XO	XXO	XXX							
10 Mollie Geddes		DUNDEE HAWKH								1.20m	312
	1.08	1.11	1.14	1.17	1.20	1.23					
	O	O	O	XXO	O	XXX					
11 Hannah Mackay		INVERNESS HA								1.20m	312
	1.11	1.14	1.17	1.20	1.23						
	O	O	O	XXO	XXX						
12 Abi Campbell		MUSSELBURGH								1.08m	205
	1.08	1.11									
	O	XXX									

Saturday 13th July Event 30 Outdoor Pentathlon: #1 Girls High Jump U13G Dundee

=====												
CBP:		1.56m	09/07/2023	Dionne Maguinness U13, Airdrie Harr								
2023:		1.56m	09/07/2023	Dionne Maguinness U13, Airdrie Harr								
Name	Age	Team										Final Points
=====												
Flight 2												
1	Rachel Fullbrook	CENTRAL AC									1.32m	429
	1.05	1.08	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32	1.35	
	O	O	O	O	O	O	O	O	O	O	O	XXX
2	Lola Heenan	ARBROATH & D									1.29m	399
	1.05	1.08	1.11	1.14	1.17	1.20	1.23	1.26	1.29	1.32		
	O	O	O	O	O	XO	O	O	XO	XXX		
3	Jessica Bell	SPRINGBURN HARRIERS									1.23m	340
	1.02	1.05	1.08	1.11	1.14	1.17	1.20	1.23	1.26			
	O	XO	O	O	XO	O	XO	XXO	XXX			
4	Blythe Graham	SPRINGBURN HARRIERS									1.20m	312
	1.05	1.08	1.11	1.14	1.17	1.20	1.23					
	O	O	O	O	XO	XXO	XXX					
4	Aria Thomas	MONTROSE & D									1.20m	312
	1.05	1.08	1.11	1.14	1.17	1.20	1.23					
	O	O	O	O	XO	XXO	XXX					
6	Amelia Abrami	CUMBERNAULD AAC									1.17m	284
	1.05	1.08	1.11	1.14	1.17	1.20						
	XO	O	XXO	XXO	XO	XXX						
7	Molly Brown	SHETTLESTON									1.11m	231
	1.02	1.05	1.08	1.11	1.14							
	O	XO	O	O	XXX							
7	Branna Kenny	HADDINGTON RC									1.11m	231
	1.02	1.05	1.08	1.11	1.14							
	O	O	O	O	XXX							
9	Beth Wells	SPRINGBURN HARRIERS									1.11m	231
	1.02	1.05	1.08	1.11	1.14							
	O	XO	XO	XO	XXX							
10	Grace Watt	INVERNESS HA									1.08m	205
	1.02	1.05	1.08	1.11								
	XXO	XO	XO	XXX								
10	Alana Robertson	ABERDEEN AAC									1.08m	205
	1.05	1.08	1.11									
	O	XO	XXX									
12	Karley Paterson	ABERDEEN AAC									1.05m	180
	1.02	1.05	1.08									
	O	O	XXX									
12	Naomi Prince	CENTRAL AC									1.05m	180
	1.02	1.05	1.08									
	XO	O	XXX									
--	Isla Docherty	SPRINGBURN HARRIERS									NH	
	1.02											
	XXX											

Saturday 13th July Event 31 Women Hammer Masters

Name	Age	Team	Final
CBP:	52.33m	08/07/2023	Angela McAuslan-Kelly U20, A
2023:	52.33m	08/07/2023	Angela McAuslan-Kelly U20, A
Flight 1			
1 Mhairi Porterfield	40	VP-GLASGOW AC	45.32m
	45.32m	41.48m 42.07m 41.49m	FOUL 43.10m
2 Lorna Brown	50	FALKIRK VICT	31.86m
	FOUL	27.25m 30.99m 30.21m 28.89m	31.86m
3 Nicola McDonald	40	PETERHEAD AC	28.51m
	26.88m	27.69m 28.51m 26.21m 25.00m	26.84m
4 Claire Cameron	65	VP-GLASGOW AC	24.48m
	FOUL	20.21m 22.70m 23.45m 24.48m	22.02m
5 Lorna Rogers	50	DUNDEE HAWKH	23.53m
	FOUL	FOUL 21.46m 21.93m 23.53m	FOUL
6 Agnes McAuslan	50	ABERDEEN AAC	22.52m
	22.52m	PASS	
7 Claire Reid	45	MORPETH HARRIERS	20.95m
	20.95m	FOUL FOUL FOUL 20.41m 20.41m	

Saturday 13th July Event 31 Men Hammer Para + Masters

Name	Age	Team	Final
CBP:	43.34m	08/07/2023	John Twiddle 50, Northern Ma
2023:	43.34m	08/07/2023	John Twiddle 50, Northern Ma
1 Stuart Ryan	60	GATESHEAD HA	40.99m
	36.34m	40.99m FOUL 37.35m 38.18m	39.35m
2 Rene Rogers	50	DUNDEE HAWKH	36.65m
	36.65m	35.34m FOUL 36.52m 28.91m	FOUL
3 Alexander McIntosh	65	KILMARNOCK H&AC	33.93m
	31.43m	FOUL 30.28m 33.93m 31.79m	33.29m
4 Liam Nolan	F20 Sen	LAW & DISTRICT AAC	33.10m
	31.55m	FOUL FOUL 32.26m 33.10m	32.12m
5 Eddie McKenzie	55	ABERDEEN AAC	29.91m
	28.33m	29.91m FOUL 28.65m 27.83m	27.32m
6 William Gentleman	80	EDINBURGH AC	22.85m
	17.82m	FOUL 20.49m 22.85m	FOUL 22.32m
7 Hugh Ryan	85	NORTH EAST V	19.37m
	19.36m	19.37m 19.06m 19.15m 16.95m	17.46m
8 Ian Jackson	60	ACHILLES CLUB	18.04m
	17.83m	16.80m 16.45m 17.54m 16.49m	18.04m

Saturday 13th July Event 32 Decathlon: #2 Men Long Jump U20M

CBP: 6.54m 01/07/2017 Euan Urquhart U20, VP-Glasgow A

Name	Age	Team	Final	Wind	Points
------	-----	------	-------	------	--------

1	Finn Bryce U20	ABERDEEN AAC	6.62m	1.2	725
	6.25m(1.3) 6.39m(1.9) 6.62m(1.2)				
2	Zak Fearn U20	INVERNESS HA	5.92m	0.3	569
	5.89m(0.5) 5.92m(0.3) 5.83m(+0.0)				
3	Euan Wallace U20	CUMBERNAULD AAC	5.80m	0.8	544
	5.78m(0.5) 5.80m(0.8) 5.56m(0.8)				
4	Charlie Arnold U20	BASINGSTOKE	5.58m	1.5	498
	FOUL(0.4) 5.18m(1.6) 5.58m(1.5)				
5	Struan Hastie U20	DUNDEE HAWKH	4.48m	1.1	287
	4.48m(1.1) 4.44m(1.8) 4.25m(0.3)				

Saturday 13th July Event 32 Decathlon: #2 Men Long Jump U17M

CBP: 7.09m 01/07/2017 Joel McFarlane U17, Arbroath & D

2023: 5.94m 08/07/2023 Luc Macleod U17, Banchory Sto

Name	Age	Team	Final	Wind	Points
------	-----	------	-------	------	--------

1	Douglas Knox U17	SPRINGBURN HARRIERS	6.61m	2.4	723
	6.61m(2.4) 6.06m(+0.0) 6.48m(+0.0)				
2	Luc Macleod U17	BANCHORY STO	6.61m	1.5	723
	6.61m(1.5) 6.33m(2.1) 5.04m(0.4)				
3	Nathan Mobbs U17	NORTH AYRSHIRE AAC	5.96m	0.9	578
	5.96m(0.9) 5.69m(+0.0) 5.63m(0.3)				
4	Gabriel Langston U17	INVERNESS HA	5.72m	+0.0	527
	5.55m(0.5) 5.72m(+0.0) FOUL(+0.0)				
5	Alex Thomson U17	PITREAVIE AAC	5.62m	0.2	506
	5.57m(1.6) 5.55m(1.2) 5.62m(0.2)				
6	Jamie Connor U17	CENTRAL AC	5.00m	1.2	382
	5.00m(1.2) 4.94m(1.0) FOUL(0.4)				
7	Jack McInnes U17	PITREAVIE AAC	4.81m	0.8	346
	4.81m(0.8) FOUL(2.3) FOUL(+0.0)				
8	Cameron Moore U17	CENTRAL AC	4.68m	0.3	323
	FOUL(+0.0) FOUL(1.2) 4.68m(0.3)				
9	Andrew Low U17	DUNDEE HAWKH	3.19m	+0.0	89
	2.50m(1.3) 3.19m(+0.0) PASS				

Saturday 13th July Event 32 Decathlon: #2 Men Long Jump SM

CBP: 7.06m 01/07/2017 Curtis Matthews SM, Central AC

Name	Age	Team	Final	Wind	Points
1 Scott Ram Sen		AMBER VALLEY	6.86m	2.5	781
6.44m(0.3) 6.86m(2.5) 6.71m(0.8)					
2 Cal McLennan Sen		BASINGSTOKE	6.60m	0.6	720
6.60m(0.6) FOUL(1.4) FOUL(1.1)					
3 George Asprey Sen		ALDERSHOT &	6.57m	0.4	713
6.56m(1.9) 6.52m(0.2) 6.57m(0.4)					
4 William Hodi Sen		NAIRN AREA AAC	6.56m	0.8	711
FOUL(1.6) FOUL(1.2) 6.56m(0.8)					
5 Troy McConville Sen		WINDSOR SLOU	6.03m	1.4	593
6.03m(1.4) 5.96m(0.4) 6.01m(0.4)					
6 Lexx McConville Sen YC		WINDSOR SLOU	5.63m	0.8	508
FOUL(1.0) 5.63m(0.8) 5.49m(1.0)					
7 Robby Rankin Sen		ORANGEGROVE AC	5.26m	1.1	433
5.11m(1.8) 5.26m(1.1) 5.10m(1.0)					

Saturday 13th July Event 32 Decathlon: #2 Men Long Jump Masters

CBP: 5.54m 14/07/2019 Derek Glasgow M55, Inverness Ha

2023: 4.67m 09/07/2023 Paul Waddell 40, Jesmond Jogg

Name	Age	Team	Final	Wind	Points
1 Derek Glasgow M60		ARBROATH & D	4.43m	1.3	617 AG
4.43m(1.3) FOUL(+0.0) 4.33m(+0.0)					
2 Alistair Hill M75		NEW MARSKE HARRIERS	3.75m	1.3	661 AG
3.75m(1.3) 3.53m(+0.0) PASS					

Saturday 13th July Event 33 Heptathlon: #2 Women High Jump U20W

Name	Age	Team	Final	Points
1 Zoe Loughrey U20		VP-GLASGOW AC	1.58m	712
1.49 1.52 1.55 1.58 1.61				
O O XXO XO XXX				
2 Brooke Dunlop U20		KILMARNOCK H&AC	1.49m	610
1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52				
O P XO O XXO XXO XXO XXX				
3 Stroma Fraser U20		INVERNESS HA	1.43m	544
1.34 1.37 1.40 1.43 1.46				
O O O O XXX				

Saturday 13th July Event 33 Heptathlon: #2 Women High Jump SW

Name	Age	Team	Final	Points
1 Amy Kennedy Sen		CUMBERNAULD AAC	1.61m	747
1.46 1.49 1.52 1.55 1.58 1.61				
O O XO XO XO XO				
1 Olivia Carah Sen		EDINBURGH AC	1.61m	747
1.46 1.49 1.52 1.55 1.58 1.61 1.64				
O O O O O XO XXX				

Saturday 13th July Event 33 Heptathlon: #2 Women High Jump Masters

CBP: 1.24m 15/07/2018 Kathryn Ballard W40, North Ayrshi

2023: 1.22m 09/07/2023 Amanda Broadhurst 50, Wrexham AC

Name	Age	Team	Final	Points
------	-----	------	-------	--------

1	Amanda Broadhurst	W50	WREXHAM AC	1.22m
	1.16	1.19	1.22	1.25
	O	XO	XO	XXX

Saturday 13th July Event 34 Women Javelin Masters

CBP: 26.78m 09/07/2022 Lorna Brown 50, Falkirk Vict

2023: 24.20m 08/07/2023 Lorna Brown 50, Falkirk Vict

Name	Age	Team	Final
------	-----	------	-------

1	Lorna Brown	50	FALKIRK VICT	26.61m
	26.29m	26.61m	24.89m	FOUL FOUL FOUL
2	Julie Tuck	45	ABERDEEN AAC	23.86m
	23.86m	20.97m	23.02m	FOUL 21.47m 22.97m
3	Gillian Cooke	40	EDINBURGH AC	19.86m
	19.84m	16.10m	19.86m	PASS PASS PASS
4	Ruth Kirk	50	AYR SEAFORTH AC	18.33m
	18.04m	16.45m	16.13m	17.91m 18.33m 13.80m
5	Claire Reid	45	MORPETH HARRIERS	17.22m
	14.53m	17.22m	14.59m	15.62m FOUL FOUL

Saturday 13th July Event 34 Men Javelin Para + Masters

CBP: 45.14m 09/07/2022 Mariusz Jakubowski 40, Unatt

2023: 33.74m 08/07/2023 Craig Challis 40, Ayr Seafor

Name	Age	Team	Final
------	-----	------	-------

1	Stuart Ryan	60	GATESHEAD HA	42.37m
	40.49m	40.99m	42.37m	PASS PASS PASS
2	Eddie McKenzie	55	ABERDEEN AAC	28.45m
	27.19m	26.98m	FOUL 28.45m	FOUL FOUL
3	Philip McCluskey	55	JARROW & HEBBURN AC	28.18m
	28.18m	PASS	FOUL FOUL 24.35m	FOUL
4	James Hall	45	FIFE AC	28.11m
	16.11m	28.11m	22.52m	Competed on Sunday
5	Bob Masson	75	ABERDEEN AAC	28.00m
	24.17m	25.13m	24.04m	25.64m 27.33m 28.00m
6	Alexander McIntosh	65	KILMARNOCK H&AC	27.35m
	27.35m	FOUL	27.06m	26.17m PASS PASS
7	Alistair Craig	40	KILMARNOCK H&AC	22.98m
	22.98m	FOUL	21.73m	FOUL PASS PASS
8	Ian Humphries	80	TYNEDALE HAR	21.47m
	19.01m	FOUL	21.47m	19.24m FOUL 21.20m
9	Andrew Pringle	60	REIGATE PRIORY AC	21.38m
	FOUL	FOUL	21.38m	PASS PASS PASS
10	John Duncan T13	55	PERTH STRATH	18.28m
	16.07m	17.05m	18.07m	18.28m 17.77m 17.65m
11	Hugh Ryan	85	NORTH EAST V	13.10m
	13.00m	FOUL	13.10m	PASS PASS PASS

Saturday 13th July Event 35 Outdoor Pentathlon: #4 Boys Long Jump U15B

Dundee

CBP: 6.04m 13/07/2019 Fergus MacGilp U15, Pitreavie AA

2023: 5.99m 08/07/2023 Douglas Knox U15, Springburn H

Name	Age	Team	Final	Wind	Points
1 Murray Taylor		INVERNESS HA	6.26m	0.8	644
6.26m(0.8) FOUL(0.3) FOUL(0.4)					
2 Louis Vallet		ABERDEEN AAC	5.93m	0.3	571
FOUL(+0.0) FOUL(2.4) 5.93m(0.3)					
3 Angus Weir		GIFFNOCK NORTH AC	5.70m	0.4	523
5.66m(0.9) 5.70m(0.4) 5.66m(0.3)					
4 Abraham Lanahan		SHETTLESTON	5.62m	0.2	506
5.00m(+0.0) 5.57m(0.9) 5.62m(0.2)					
5 Evan Louca		HARMENY AC	4.90m	+0.0	363
4.85m(+0.0) 4.71m(1.5) 4.90m(+0.0)					
6 Zach White		SPRINGBURN HARRIERS	4.77m	+0.0	339
4.54m(+0.0) 4.68m(1.5) 4.77m(+0.0)					
7 Darach Dailly		DUNDEE HAWKH	4.09m	2.8	220
3.94m(2.2) 4.09m(2.8) 3.97m(1.9)					

Saturday 13th July Event 36 Decathlon: #3 Men Shot Put U20M

CBP: 13.24m 01/07/2017 Joseph Hobson U20, Sheffield AC

Name	Age	Team	Final	Points
1 Charlie Arnold U20		BASINGSTOKE	10.67m	526
FOUL 10.20m 10.67m				
2 Finn Bryce U20		ABERDEEN AAC	10.16m	495
9.87m FOUL 10.16m				
3 Zak Fearn U20		INVERNESS HA	10.10m	492
9.52m 10.10m 9.55m				
4 Euan Wallace U20		CUMBERNAULD AAC	9.62m	463
9.07m 8.59m 9.62m				
5 Struan Hastie U20		DUNDEE HAWKH	5.40m	214
5.40m 5.08m 5.07m				

Saturday 13th July Event 36 Decathlon: #3 Men Shot Put U17M

CBP: 13.53m 14/07/2018 Callum Newby U17m, Edinburgh AC
2023: 10.98m 08/07/2023 Finn Bryce U17, Aberdeen AAC

Name	Age	Team	Final	Points
1 Douglas Knox U17		SPRINGBURN HARRIERS	11.89m	600
	10.05m	11.50m	11.89m	
2 Alex Thomson U17		PITREAVIE AAC	11.29m	563
	9.60m	10.02m	11.29m	
3 Luc Macleod U17		BANCHORY STO	10.22m	499
	FOUL	10.22m	FOUL	
4 Cameron Moore U17		CENTRAL AC	9.51m	456
	9.43m	9.51m	8.94m	
5 Nathan Mobbs U17		NORTH AYRSHIRE AAC	8.97m	424
	FOUL	FOUL	8.97m	
6 Jack McInnes U17		PITREAVIE AAC	8.03m	368
	8.03m	7.20m	7.28m	
7 Jamie Connor U17		CENTRAL AC	7.71m	349
	7.71m	7.63m	FOUL	
8 Gabriel Langston U17		INVERNESS HA	7.54m	339
	7.54m	6.31m	6.84m	
9 Andrew Low U17		DUNDEE HAWKH	6.79m	295
	6.79m	6.28m	5.66m	

Saturday 13th July Event 36 Decathlon: #3 Men Shot Put SM

CBP: 13.05m 01/07/2017 Curtis Mathews SM, Cardiff AAC

Name	Age	Team	Final	Points
1 George Asprey Sen		ALDERSHOT &	12.76m	653
	12.10m	12.76m	12.42m	
2 Cal McLennan Sen		BASINGSTOKE	11.82m	595
	10.73m	11.82m	11.45m	
3 William Hodi Sen		NAIRN AREA AAC	11.41m	571
	10.42m	10.28m	11.41m	
4 Scott Ram Sen		AMBER VALLEY	11.14m	554
	10.72m	10.21m	11.14m	
5 Troy McConville Sen		WINDSOR SLOU	10.75m	531
	10.75m	10.52m	10.55m	
6 Lexx McConville Sen YC		WINDSOR SLOU	10.44m	512
	10.44m	10.17m	9.99m	
7 Robby Rankin Sen		ORANGEGROVE AC	9.83m	475
	9.83m	FOUL	FOUL	

Saturday 13th July Event 36 Decathlon: #3 Men Shot Put Masters

CBP: 10.55m 10/07/2022 Alistair Hill 70, Middlesbroug

2023: 9.86m 09/07/2023 Alistair Hill 70, Middlesbroug

Name	Age	Team	Final	Points
1 Alistair Hill M75		NEW MARSKE HARRIERS	9.47m	705 AG
			9.47m 9.34m 9.22m	
2 Derek Glasgow M60		ARBROATH & D	8.33m	498 AG
			8.09m 8.33m 7.41m	

Saturday 13th July Event 37 Heptathlon: #2 Women High Jump U17W

CBP: 1.62m 13/07/2019 Rosie Sharples U17, Falkirk Vict

2023: 1.58m 08/07/2023 Zoe Loughrey U17, VP-Glasgow A

Name	Age	Team	Final	Points
1 Alannah Snowden U17		LIVINGSTON AC	1.52m	644
			1.40 1.43 1.46 1.49 1.52 1.55	
			O P O XXO XO XXX	
2 Indya Kenny U17		ARBROATH & D	1.49m	610
			1.34 1.37 1.40 1.43 1.46 1.49 1.52	
			O O XO O XO XXO XXX	
2 Holly Whittaker U17		ABERDEEN AAC	1.49m	610
			1.34 1.37 1.40 1.43 1.46 1.49 1.52	
			O O O XXO O XXO XXX	
4 Victoria Anestik U17		FALKIRK VICT	1.46m	577
			1.34 1.37 1.40 1.43 1.46 1.49	
			O O XO O XXO XXX	
5 Ava Mitchell U17		VP-GLASGOW AC	1.40m	512
			1.34 1.37 1.40 1.43	
			O O O XXX	
5 Charis Crawford U17		SPRINGBURN HARRIERS	1.40m	512
			1.37 1.40 1.43	
			O O XXX	
7 Eilidh Comrie U17		NORTH AYRSHIRE AAC	1.37m	481
			1.25 1.28 1.31 1.34 1.37 1.40	
			O O O O XXO XXX	
8 Enam Evong U17		LIVINGSTON AC	1.34m	449
			1.34 1.37	
			XO XXX	
9 Daisy Hendry U17		ROSS COUNTY AC	1.31m	419
			1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34	
			O O O O XO O O XXX	
9 Jessie Caig U17		NORTH AYRSHIRE AAC	1.31m	419
			1.25 1.28 1.31 1.34	
			O XO O XXX	
11 Hazel Prince U17		CENTRAL AC	1.25m	359
			1.16 1.19 1.22 1.25 1.28	
			O O O XO XXX	
12 Emily Tollett U17		SPRINGBURN HARRIERS	1.16m	275
			1.13 1.16 1.19	
			O O XXX	

Saturday 13th July Event 38 Women Long Jump Masters

CBP: 4.57m 08/07/2023 Julie Tuck 45, Aberdeen AAC

2023: 4.57m 08/07/2023 Julie Tuck 45, Aberdeen AAC

Name	Age	Team	Final	Wind
1 Gillian Cooke	40	EDINBURGH AC	4.79m	1.0
			4.79m(1.0) 3.10m(1.7) 4.64m(1.4) 4.48m(0.3) PASS	4.41m(0.2)
2 Julie Tuck	45	ABERDEEN AAC	4.46m	0.2
			4.25m(1.5) 4.25m(1.0) 4.46m(0.2) PASS FOUL(2.0)	4.22m(1.4)
3 Fiona Davidson	50	ABERDEEN AAC	4.32m	0.9
			4.31m(0.5) 4.26m(+0.0) 4.32m(0.9) 4.24m(0.7) PASS	PASS
4 Ruth Kirk	50	AYR SEAFORTH AC	4.04m	1.1
			3.78m(1.3) 4.04m(1.1) 3.96m(0.6) 3.77m(1.3) PASS	PASS
5 Lidya Woldeelassie	F35	SHETTLESTON	2.54m	1.5
			2.29m(1.0) 2.49m(1.8) 2.44m(0.8) 1.93m(+0.0) 2.46m(0.9)	2.54m(1.5)

Saturday 13th July Event 38 Men Long Jump Para+ Masters

CBP: 6.72m 09/07/2022 Steven Stone T20 Sen, Forth Valley

2023: 6.52m 08/07/2023 Steven Stone T20 Sen, Forth Valley

Name	Age	Team	Final	Wind
1 Alistair Craig	40	KILMARNOCK H&AC	4.98m	0.7
			4.98m(0.7) 4.85m(1.7) 4.88m(+0.0) 4.74m(0.6) 4.83m(1.4)	4.81m(2.8)
2 Andrew McElwee	35	AYR SEAFORTH AC	4.56m	+0.0
			4.49m(1.6) 4.37m(0.4) 4.56m(+0.0)	
3 Andrew Pringle	60	REIGATE PRIORY AC	4.50m	1.1
			4.41m(0.2) 4.32m(-0.1) 4.50m(1.1)	
4 Robert Stevenson	70	AYR SEAFORTH AC	4.30m	0.1
			3.44m(0.4) 4.30m(0.1) PASS	
5 Graeme Breslin	60	CORSTORPHINE AAC	3.83m	2.2
			PASS 3.76m(1.9) 3.66m(+0.0) 3.67m(1.4) 3.80m(0.7)	3.83m(2.2)
6 William Skinner	65	ABERDEEN AAC	3.57m	1.4
			PASS PASS 3.16m(2.0) 3.50m(0.8) 3.57m(1.4)	

Saturday 13th July Event 39 Outdoor Pentathlon: #4 Girls Shot Put U13G Dundee

=====
 CBP: 10.37m 15/07/2018 Angela Margitta Kelly U13g, Aberdeen

2023: 8.26m 09/07/2023 Annabel Lama U13, Sale Harrier

Name	Age	Team	Final	Points
1 Lola Heenan		ARBROATH & D	6.80m	322
6.69m 6.80m 6.48m				
2 Amelia Abrami		CUMBERNAULD AAC	6.56m	307
6.56m FOUL FOUL				
3 India Gorvett		BLYTH RUNNING CLUB	6.49m	302
5.96m 6.16m 6.49m				
4 Aria Thomas		MONTROSE & D	5.54m	242
5.29m 4.26m 5.54m				
5 Molly Brown		SHETTLESTON	5.15m	218
4.88m 4.25m 5.15m				
6 Grace Watt		INVERNESS HA	5.12m	216
5.12m 4.40m 4.33m				
7 Karley Paterson		ABERDEEN AAC	4.73m	191
4.73m 4.73m 4.37m				
8 Alana Robertson		ABERDEEN AAC	3.40m	109
3.40m 3.04m 3.35m				
Flight 2				
1 Erica Ross		GIFFNOCK NORTH AC	8.73m	447
8.73m 8.37m 8.14m				
2 Zoe Baillie		EAST KILBRIDE AC	6.92m	330
6.92m 3.24m 3.90m				
3 Sandie Keddie		CUMBERNAULD AAC	6.90m	329
6.13m 6.90m 6.81m				
4 Isla Preston		NORTH AYRSHIRE AAC	6.51m	304
5.71m 6.51m 6.24m				
5 Iona Thompson		INVERNESS HA	6.35m	294
6.05m 6.10m 6.35m				
6 Hannah Mackay		INVERNESS HA	5.84m	261
5.10m 5.75m 5.84m				
7 Aine Fraser		MONTROSE & D	5.77m	257
5.70m 5.77m 5.31m				
8 Isla Docherty		SPRINGBURN HARRIERS	5.72m	254
5.35m 5.35m 5.72m				
9 Emma MacMillan		INVERNESS HA	5.61m	247
4.89m 4.89m 5.61m				
10 Mollie Geddes		DUNDEE HAWKH	5.51m	240
4.98m 5.51m 0.05m				
11 Branna Kenny		HADDINGTON RC	5.11m	215
5.11m 4.79m 4.91m				
12 Naomi Prince		CENTRAL AC	5.03m	210
5.02m 5.03m 4.64m				
13 Beth Wells		SPRINGBURN HARRIERS	5.00m	208
4.16m 4.66m 5.00m				
14 Isla Milligan		AYR SEAFORTH AC	4.78m	194
4.02m 4.75m 4.78m				
15 Abi Campbell		MUSSELBURGH	4.52m	178
4.34m FOUL 4.52m				
16 Blythe Graham		SPRINGBURN HARRIERS	4.49m	176
4.47m 4.00m 4.49m				
17 Rachel Fullbrook		CENTRAL AC	4.47m	175
4.47m FOUL 4.24m				
18 Jessica Bell		SPRINGBURN HARRIERS	4.27m	163
4.27m FOUL FOUL				

Saturday 13th July Event 40 Women Discus Para + Masters

CBP: 33.57m 08/07/2023 Mhairi Porterfield 40, VP-Gl
 2023: 33.57m 08/07/2023 Mhairi Porterfield 40, VP-Gl

Name Age Team Final

Flight 1

1	Mhairi Porterfield 40	VP-GLASGOW AC	33.03m
	25.33m 27.94m 28.49m 30.52m 26.31m 33.03m		
2	Claire Reid 45	MORPETH HARRIERS	29.33m
	FOUL 27.39m 28.65m 28.98m 29.33m 23.12m		
3	Lorna Brown 50	FALKIRK VICT	28.91m
	27.70m 28.91m 28.61m 28.50m 28.50m FOUL		
4	Julie Tuck 45	ABERDEEN AAC	26.83m
	26.83m 23.64m 23.32m 24.10m 26.36m 26.16m		
5	Kirstie Donovan 40	AYR SEAFORTH AC	25.06m
	19.79m 21.48m 25.06m 23.31m 23.28m FOUL		
6	Claire Cameron 65	VP-GLASGOW AC	24.63m
	22.11m FOUL 24.63m 21.84m 21.23m 22.86m		
7	Nicola McDonald 40	PETERHEAD AC	23.56m
	22.72m 23.06m 23.56m		
8	Sarah Shields 35	PETERHEAD AC	21.04m
	FOUL FOUL 21.04m		
9	Karen Marshall 40	CUMBERNAULD AAC	19.63m
	19.63m 18.89m 19.40m		
10	Lidya Woldeselassie F35	SHETTLESTON	17.66m
	16.78m 16.52m 16.89m 17.66m FOUL 15.57m		
11	Agnes McAuslan 50	ABERDEEN AAC	17.09m
	16.49m 16.97m 17.09m		
12	Skye Davidson F40 U17	PITREAVIE AAC	11.61m
	11.41m 9.80m 11.61m 10.83m 10.46m 10.44m		

Saturday 13th July Event 41 Outdoor Pentathlon: #1 Boys High Jump U15B

CBP: 1.74m 08/07/2023 Murray Taylor U15, Inverness Ha
 2023: 1.74m 08/07/2023 Murray Taylor U15, Inverness Ha

Name Age Team Final Points

1	Murray Taylor	INVERNESS HA	1.83m	653
	1.68 1.71 1.74 1.77 1.80 1.83 1.86			
	O O O XO O O XXX			
2	Abraham Lanahan	SHETTLESTON	1.68m	528
	1.56 1.59 1.65 1.68 1.71			
	O O XO O XXX			
3	Louis Vallet	ABERDEEN AAC	1.65m	504
	1.56 1.62 1.65 1.68			
	O XO O XXX			
4	Zach White	SPRINGBURN HARRIERS	1.65m	504
	1.41 1.44 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68			
	O O O O O O O XO XO XX			
5	Angus Weir	GIFFNOCK NORTH AC	1.62m	480
	1.53 1.56 1.59 1.62 1.65			
	O O XO XO XXX			
6	Evan Louca	HARMENY AC	1.56m	434
	1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56 1.59			
	O O XO O O O O XO XO XXO XXX			
--	Darach Dailly	DUNDEE HAWKH	NH	
	1.23			
	XXX			

Saturday 13th July Event 42 Heptathlon: #3 Women Shot Put U20W

Name	Age	Team	Final	Points
1 Stroma Fraser	U20	INVERNESS HA	10.23m	545
			9.92m 10.23m 9.91m	
2 Zoe Loughrey	U20	VP-GLASGOW AC	9.90m	523
			9.90m 9.19m 9.00m	
3 Brooke Dunlop	U20	KILMARNOCK H&AC	9.32m	485
			8.95m 9.32m 8.99m	

Saturday 13th July Event 42 Heptathlon: #3 Women Shot Put SW

Name	Age	Team	Final	Points
1 Amy Kennedy	Sen	CUMBERNAULD AAC	13.59m	767
			13.59m 13.46m 13.49m	
2 Olivia Carah	Sen	EDINBURGH AC	8.07m	404
			7.42m 7.78m 8.07m	

Saturday 13th July Event 43 Heptathlon: #3 Women Shot Put U17W

Name	Age	Team	Final	Points
1 Ava Mitchell	U17	VP-GLASGOW AC	12.39m	687
			12.33m 12.39m FOUL	
2 Victoria Anestik	U17	FALKIRK VICT	12.37m	686
			12.37m FOUL PASS	
3 Jessie Caig	U17	NORTH AYRSHIRE AAC	10.36m	553
			9.19m 10.15m 10.36m	
4 Charis Crawford	U17	SPRINGBURN HARRIERS	9.68m	509
			9.68m 9.29m 9.61m	
5 Indya Kenny	U17	ARBROATH & D	9.31m	484
			7.75m 8.51m 9.31m	
6 Alannah Snowden	U17	LIVINGSTON AC	9.16m	475
			7.94m 8.74m 9.16m	
7 Holly Whittaker	U17	ABERDEEN AAC	9.11m	471
			9.11m 8.81m 8.81m	
8 Enam Evong	U17	LIVINGSTON AC	8.83m	453
			8.83m 8.72m 8.52m	
9 Emily Tollett	U17	SPRINGBURN HARRIERS	7.48m	366
			7.48m FOUL FOUL	
10 Daisy Hendry	U17	ROSS COUNTY AC	7.23m	350
			7.23m 6.70m 6.37m	
11 Eilidh Comrie	U17	NORTH AYRSHIRE AAC	7.13m	343
			6.55m 7.13m 6.02m	
12 Hazel Prince	U17	CENTRAL AC	6.13m	280
			5.56m 6.13m 5.73m	

Saturday 13th July Event 44 Men Discus Para + Masters

CBP:		41.37m		09/07/2022		Stuart Ryan 55, Gateshead Ha	
2023:		39.85m		08/07/2023		John Twiddle 50, Northern Ma	
Name	Age	Team				Final	
1	Stuart Ryan 60	GATESHEAD HA				44.21m	
	43.08m	43.73m	44.21m	FOUL	42.02m	43.66m	
2	Rene Rogers 50	DUNDEE HAWKH				32.94m	
	29.50m	32.70m	32.94m	FOUL	31.65m	31.70m	
3	Dave Williamson 50	DUNDEE HAWKH				29.27m	
	FOUL	29.27m	FOUL				
4	Alexander McIntosh 65	KILMARNOCK H&AC				28.97m	
	26.72m	25.90m	FOUL	27.48m	27.54m	28.97m	
5	Eddie McKenzie 55	ABERDEEN AAC				28.52m	
	24.92m	27.20m	28.52m	28.21m	28.13m	27.46m	
6	Liam Nolan F20 Sen	LAW & DISTRICT AAC				28.25m	
	24.12m	27.00m	27.50m	27.05m	28.25m	27.61m	
7	Bob Masson 75	ABERDEEN AAC				28.10m	
	27.09m	27.21m	27.82m	28.10m	PASS	PASS	
8	Glen Laskiewicz 45	ARBROATH & D				24.78m	
	FOUL	24.78m	22.22m	21.91m	FOUL	24.73m	
9	Ian Humphries 80	TYNEDALE HAR				23.14m	
	19.22m	FOUL	FOUL	FOUL	23.14m	FOUL	
10	Ian Jackson 60	ACHILLES CLUB				21.43m	
	21.43m	FOUL	FOUL				
11	Finlay Davidson F41 U20	PITREAVIE AAC				21.01m	
	17.77m	17.44m	FOUL	FOUL	19.13m	21.01m	
12	Hugh Ryan 85	NORTH EAST V				15.93m	
	15.93m	FOUL	15.11m	15.09m	15.22m	14.52m	
13	William Gentleman 80	EDINBURGH AC				13.69m	
	12.05m	12.25m	11.85m	13.34m	13.69m	13.07m	

Saturday 13th July Event 45 Outdoor Pentathlon: #3 Girls Long Jump U13G Dundee

CBP: 4.90m 15/07/2018 Mya McMahon U13g, Dunfermline
 2023: 4.51m 09/07/2023 Dionne Maguinness U13, Airdrie Harr

Name	Age	Team	Final	Wind	Points
Flight 1					
1 Sandie Keddie		CUMBERNAULD AAC	4.27m	1.7	371
	3.70m(1.9)	4.27m(1.7)	3.90m(1.2)		
2 Isla Milligan		AYR SEAFORTH AC	4.21m	1.1	357
	3.99m(+0.0)	3.71m(0.4)	4.21m(1.1)		
3 Iona Thompson		INVERNESS HA	4.21m	+0.0	357
	FOUL(0.6)	FOUL(1.1)	4.21m(+0.0)		
4 Karley Paterson		ABERDEEN AAC	4.13m	+0.0	338
	4.13m(+0.0)	3.96m(2.0)	4.00m(0.3)		
5 Lola Heenan		ARBROATH & D	4.12m	+0.0	336
	3.77m(0.8)	3.72m(1.5)	4.12m(+0.0)		
6 Erica Ross		GIFFNOCK NORTH AC	4.12m	0.9	336
	3.55m(1.4)	3.52m(0.7)	4.12m(0.9)		
7 Jessica Bell		SPRINGBURN HARRIERS	4.08m	0.1	326
	3.82m(2.5)	3.71m(1.1)	4.08m(0.1)		
8 Isla Preston		NORTH AYRSHIRE AAC	3.97m	1.8	301
	3.97m(1.8)	FOUL(1.3)	3.91m(1.6)		
9 Aine Fraser		MONTROSE & D	3.96m	0.1	299
	3.74m(0.6)	3.96m(0.1)	3.88m(1.5)		
10 Emma MacMillan		INVERNESS HA	3.81m	1.9	265
	3.22m(0.6)	3.81m(1.9)	3.70m(+0.0)		
11 Rachel Fullbrook		CENTRAL AC	3.72m	+0.0	246
	3.48m(+0.0)	3.57m(1.1)	3.72m(+0.0)		
12 Molly Brown		SHETTLESTON	3.59m	+0.0	218
	3.31m(1.4)	3.43m(1.4)	3.59m(+0.0)		
13 Aria Thomas		MONTROSE & D	3.57m	1.6	214
	3.09m(1.8)	3.57m(1.6)	3.37m(0.3)		
14 Amelia Abrami		CUMBERNAULD AAC	3.54m	1.0	208
	2.90m(0.2)	3.18m(0.3)	3.54m(1.0)		
15 Zoe Baillie		EAST KILBRIDE AC	3.53m	1.3	206
	3.49m(+0.0)	3.45m(+0.0)	3.53m(1.3)		
16 India Gorvett		BLYTH RUNNING CLUB	3.49m	0.2	198
	3.09m(+0.0)	3.49m(0.2)	FOUL(0.3)		
17 Mollie Geddes		DUNDEE HAWKH	3.48m	1.0	196
	3.48m(1.0)	3.33m(0.3)	3.38m(1.0)		
18 Hannah Mackay		INVERNESS HA	3.43m	+0.0	186
	FOUL(1.8)	3.43m(+0.0)	FOUL(+0.0)		
19 Blythe Graham		SPRINGBURN HARRIERS	3.41m	+0.0	182
	2.84m(+0.0)	3.41m(+0.0)	3.18m(1.2)		
20 Beth Wells		SPRINGBURN HARRIERS	3.38m	0.3	176
	FOUL(+0.0)	3.34m(1.4)	3.38m(0.3)		
21 Branna Kenny		HADDINGTON RC	3.31m	0.5	163
	2.97m(+0.0)	3.31m(0.5)	3.23m(1.2)		
22 Abi Campbell		MUSSELBURGH	3.11m	+0.0	126
	FOUL(0.9)	2.67m(1.3)	3.11m(+0.0)		
23 Alana Robertson		ABERDEEN AAC	3.08m	0.5	121
	3.08m(0.5)	FOUL(0.6)	2.99m(1.1)		
24 Naomi Prince		CENTRAL AC	2.99m	1.5	105
	2.74m(1.0)	2.99m(1.5)	2.81m(+0.0)		
25 Isla Docherty		SPRINGBURN HARRIERS	2.65m	1.1	53
	FOUL(1.3)	2.59m(1.1)	2.65m(1.1)		

Saturday 13th July Event 46 Decathlon: #4 Men High Jump U20M

CBP: 1.85m 01/07/2017 Howard Bell U20, Edinburgh AC

Name	Age	Team	Final	Points				
Flight 1								
1 Euan Wallace	U20	CUMBERNAULD AAC	1.82m	644				
	1.70	1.73	1.76	1.79	1.82	1.85		
	O	O	O	O	XXO	XXX		
2 Finn Bryce	U20	ABERDEEN AAC	1.79m	619				
	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82
	O	P	O	O	O	XO	O	XXX
3 Zak Fearn	U20	INVERNESS HA	1.76m	593				
	1.61	1.64	1.67	1.70	1.73	1.76	1.79	
	O	P	O	O	XO	O	XXX	
4 Charlie Arnold	U20	BASINGSTOKE	1.61m	472				
	1.52	1.55	1.58	1.61	1.64			
	O	P	O	XXO	XXX			
5 Struan Hastie	U20	DUNDEE HAWKH	1.34m	276				
	1.34	1.37						
	XXO	XXX						

Saturday 13th July Event 46 Decathlon: #4 Men High Jump U17M

CBP: 1.88m 14/07/2018 Scott Brindley U17m, North Ayrshi

CBP: 1.88m 01/07/2017 Matthew Chandler U17, Central AC

2023: 1.78m 08/07/2023 Finn Bryce U17, Aberdeen AAC

Name	Age	Team	Final	Points					
1 Douglas Knox	U17	SPRINGBURN HARRIERS	1.79m	619					
	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	
	O	P	O	O	XO	O	O	XXX	
2 Cameron Moore	U17	CENTRAL AC	1.73m	569					
	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76
	O	O	O	XO	XO	O	O	XO	XXX
3 Luc Macleod	U17	BANCHORY STO	1.70m	544					
	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	
	O	P	P	XO	O	XO	O	XXX	
4 Nathan Mobbs	U17	NORTH AYRSHIRE AAC	1.67m	520					
	1.61	1.64	1.67	1.70					
	O	O	O	XXX					
5 Jack McInnes	U17	PITREAVIE AAC	1.55m	426					
	1.40	1.43	1.46	1.49	1.52	1.55	1.58		
	O	P	O	XO	O	XO	XXX		
5 Gabriel Langston	U17	INVERNESS HA	1.55m	426					
	1.52	1.55	1.58						
	O	O	XXX						
7 Jamie Connor	U17	CENTRAL AC	1.52m	404					
	1.46	1.49	1.52	1.55					
	XXO	O	XXO	XXX					
7 Alex Thomson	U17	PITREAVIE AAC	1.52m	404					
	1.40	1.43	1.46	1.49	1.52	1.55			
	O	P	O	XXO	XXO	XXX			
9 Andrew Low	U17	DUNDEE HAWKH	1.49m	381					
	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49	1.52
	O	O	O	O	O	O	XXO	O	XXX

Saturday 13th July Event 46 Decathlon: #4 Men High Jump SM

CBP: 1.91m 01/07/2017 Curtis Mathews SM, Cardiff AAC											
Name	Age	Team								Final	Points
1 Troy McConville	Sen	WINDSOR SLOU								1.91m	723
			1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94
			O	O	O	XO	O	O	O	XXO	XXP
2 William Hodi	Sen	NAIRN AREA AAC								1.85m	670
			1.70	1.73	1.76	1.79	1.82	1.85	1.88		
			O	P	O	O	O	O	XXX		
3 Lexx McConville	Sen YC	WINDSOR SLOU								1.85m	670
			1.73	1.76	1.79	1.82	1.85	1.88			
			O	O	XO	XO	XO	XXX			
4 Cal McLennan	Sen	BASINGSTOKE								1.82m	644
			1.67	1.70	1.73	1.76	1.79	1.82	1.85		
			O	O	O	XO	XO	XXO	XXX		
5 George Asprey	Sen	ALDERSHOT &								1.76m	593
			1.64	1.67	1.70	1.73	1.76	1.79			
			O	P	XO	XO	XXO	XXX			
6 Scott Ram	Sen	AMBER VALLEY								1.73m	569
			1.64	1.67	1.70	1.73	1.76				
			O	O	XO	XO	XXX				
7 Robby Rankin	Sen	ORANGEGROVE AC								1.58m	449
			1.46	1.49	1.52	1.55	1.58	1.61			
			O	O	O	O	XXO	XXX			

Saturday 13th July Event 46 Decathlon: #4 Men High Jump Masters

CBP: 1.43m 15/07/2018 Derek Glasgow M50, Inverness Ha											
2023: 1.40m 09/07/2023 Alistair Hill 70, Middlesbrough											
Name	Age	Team								Final	Points
1 Derek Glasgow	M60	ARBROATH & D								1.40m	636 AG
			1.31	1.34	1.37	1.40	1.43				
			XO	O	XXO	XO	XXX				
2 Alistair Hill	M75	NEW MARSKE HARRIERS								1.37m	887 AG
			1.28	1.31	1.34	1.37	1.40				
			O	O	XO	O	XXX				

Saturday 13th July Event 47 Men Pole Vault Masters

CBP: 3.07m 10/07/2022 Ron Todd 60, Central AC			
Name	Age	Team	Final
1 Dougie Graham	45	ARBROATH & D	4.00m
			3.85 4.00 4.22
			XO O XXX
2 Bob Masson	75	ABERDEEN AAC	2.00m
			2.00 2.15
			O XXX

Saturday 13th July Event 48 Women High Jump Masters

Name	Age	Team	Final
CBP: 1.57m 08/07/2023 Deborah Dasse 35, Northern Ma			
2023: 1.57m 08/07/2023 Deborah Dasse 35, Northern Ma			
1 Ruth Kirk	50	AYR SEAFORTH AC	1.25m
1.20 1.25 1.28			
O XXO XXP			

Saturday 13th July Event 48 Men High Jump Masters

Name	Age	Team	Final
CBP: 1.67m 09/07/2022 Glen Laskiewicz 45, Arbroath			
2023: 1.65m 08/07/2023 Peter Fryer 40, City of Derr			
1 Peter Fryer	40	CITY OF DERR	1.60m
1.50 1.55 1.60 1.65			
O O XO XXX			
2 James Macgregor	55	ABERDEEN AAC	1.50m
1.25 1.28 1.34 1.40 1.43 1.46 1.50 1.55			
O P P O P P O XXX			
3 Andrew Pringle	60	REIGATE PRIORY AC	1.43m
1.28 1.34 1.40 1.43 1.46			
O O O XO XXX			
4 Andrew McElwee	35	AYR SEAFORTH AC	1.40m
1.40 1.50			
O XXX			

Saturday 13th July Event 49 Women Shot Put Para+ Masters

Name	Age	Team	Final
CBP: 12.51m 08/07/2023 Mhairi Porterfield 40, VP-Gl			
2023: 12.51m 08/07/2023 Mhairi Porterfield 40, VP-Gl			
1 Mhairi Porterfield	40	VP-GLASGOW AC	11.90m
11.46m 11.40m 11.90m 10.78m 11.33m 11.79m			
2 Lorna Brown	50	FALKIRK VICT	10.49m
10.35m 9.77m FOUL 10.49m 10.15m FOUL			
3 Sarah Shields	35	PETERHEAD AC	8.95m
8.52m 8.95m 8.44m FOUL FOUL 8.87m			
4 Claire Cameron	65	VP-GLASGOW AC	8.86m
8.74m 8.11m FOUL 8.80m 8.86m 8.62m			
5 Gillian Cooke	40	EDINBURGH AC	8.66m
8.16m 8.09m 8.20m 8.61m 8.66m 8.62m			
6 Nicola McDonald	40	PETERHEAD AC	7.37m
6.14m 6.95m 6.73m 7.37m 6.81m 7.08m			
7 Karen Marshall	40	CUMBERNAULD AAC	7.01m
6.85m 7.01m FOUL 6.66m 6.41m 6.76m			
8 Agnes McAuslan	50	ABERDEEN AAC	6.42m
6.07m 6.42m 6.27m 6.17m 6.08m 5.65m			
9 Skye Davidson	F40 U17	PITREAVIE AAC	3.86m
3.68m 3.82m 3.86m 3.51m 3.59m 3.71m			

Saturday 13th July Event 49 Men Shot Put M70+ Masters

Name	Age	Team	Final
=====			
CBP:	11.98m	09/07/2022	Stuart Ryan 55, Gateshead Ha
2023:	8.33m	08/07/2023	Ian Humphries 80, Tynedale H
Name	Age	Team	Final
=====			
1 Ian Humphries	80	TYNEDALE HAR	7.69m
	7.63m 7.19m 6.99m		7.69m
2 Hugh Ryan	85	NORTH EAST V	6.49m
	6.15m FOUL 6.49m		6.04m

Saturday 13th July Event 50 Men Shot Put M35-65 Masters

Name	Age	Team	Final
=====			
CBP:	13.43m	08/07/2023	John Twiddle 50, Northern Ma
2023:	13.43m	08/07/2023	John Twiddle 50, Northern Ma
Name	Age	Team	Final
=====			
1 Andrew Dawkins	50	LAW & DISTRICT AAC	13.63m
	13.63m 13.14m		FOUL
2 Stuart Ryan	60	GATESHEAD HA	12.09m
	12.09m FOUL		12.05m
3 Graeme Ferguson	45	LAW & DISTRICT AAC	11.04m
	11.04m 10.58m 10.55m		10.66m 10.59m 10.66m
4 Grant Anderson	40	INVERNESS HA	10.33m
	10.13m 9.71m 10.33m		9.16m 9.73m 9.84m
5 Eddie McKenzie	55	ABERDEEN AAC	9.65m
	9.52m 9.63m		9.65m
6 Alexander McIntosh	65	KILMARNOCK H&AC	8.83m
	8.80m 8.20m 8.67m		8.83m FOUL
7 Thomas McGrane	60	ST PETERS AC	8.27m
	7.93m 8.04m 8.25m		8.03m 8.04m 8.27m
8 John Birkett	65	ANNAN AND DI	8.13m
	7.94m FOUL 8.13m		7.92m 7.33m
9 Alistair Craig	40	KILMARNOCK H&AC	7.85m
	FOUL 7.85m		7.56m
Flight 2			
1 Dave Williamson	50	DUNDEE HAWKH	11.52m
	10.74m 10.76m 11.39m		10.83m 11.09m 11.52m
2 David Edelman	65	GIFFNOCK NORTH AC	6.84m
	6.84m 5.48m		6.39m
3 Finlay Davidson	F41 U20	PITREAVIE AAC	6.14m
	6.13m 6.14m 5.87m		5.99m 5.11m 5.77m
4 Ian Jackson	60	ACHILLES CLUB	5.83m
	5.50m 5.83m		5.72m

Saturday 13th July Event 51 Women Triple Jump Masters

Name	Age	Team	Final	Wind
=====				
Flight 1				
1 Gillian Cooke	40	EDINBURGH AC	9.61m	0.2
			FOUL(1.0) 9.28m(0.4) 9.59m(1.5)	
			9.61m(0.2)	
2 Ruth Kirk	50	AYR SEAFORTH AC	8.17m	1.0
			7.91m(+0.0) 8.17m(1.0)	
			PASS	

Saturday 13th July Event 51 Men Triple Jump Masters

CBP: 10.66m 08/07/2023 Denis Pang 45, North Shield

2023: 10.66m 08/07/2023 Denis Pang 45, North Shield

Name	Age	Team	Final	Wind
------	-----	------	-------	------

1	Andrew Pringle	60	REIGATE PRIORY AC	10.06m	1.3
				9.81m(1.0) 9.82m(1.2) 10.01m(1.4) 9.95m(0.4) 10.06m(1.3) 9.90m(0.1)	
2	Robert Stevenson	70	AYR SEAFORTH AC	9.13m	0.7
				8.07m(+0.0) 9.13m(0.7)	
3	John Brierley	65	NEWHAM AND E	8.17m	2.1
				7.80m(0.5) 7.97m(0.7) 7.76m(1.5) 7.96m(0.3) 8.09m(1.0) 8.17m(2.1)	

Sunday 14th July Event 52 Decathlon: #6 Men 110 m H U20M

CBP: 15.14 01/07/2017 Howard Bell U20, Edinburgh AC

Name	Age	Team	Final	Points
------	-----	------	-------	--------

Section 1 Wind: -1.3

1	Euan Wallace	U20	CUMBERNAULD AAC	15.62	776
2	Finn Bryce	U20	ABERDEEN AAC	16.61	666
3	Zak Fearn	U20	INVERNESS HA	17.04	620
4	Charlie Arnold	U20	BASINGSTOKE	17.10	614
5	Struan Hastie	U20	DUNDEE HAWKH	19.15	419

Sunday 14th July Event 52 Decathlon: #6 Men 110 m H SM

CBP: 15.73 01/07/2017 Curtis Mathews SM, Cardiff AAC

Name	Age	Team	Final	Points
------	-----	------	-------	--------

Section 1 Wind: -1.4

1	William Hodi	Sen	NAIRN AREA AAC	15.54	785
2	George Asprey	Sen	ALDERSHOT &	16.09	723
3	Scott Ram	Sen	AMBER VALLEY	16.14	717
4	Troy McConville	Sen	WINDSOR SLOU	16.67	659
5	Cal McLennan	Sen	BASINGSTOKE	18.45	482
6	Lexx McConville	Sen YC	WINDSOR SLOU	18.62	466
7	Robby Rankin	Sen	ORANGEGROVE AC	21.14	265

Sunday 14th July Event 53 Decathlon: #6 Men 100 m H U17M

CBP: 13.62 01/07/2017 Joel McFarlane U17, Arbroath & D

2023: 14.55 08/07/2023 Finn Bryce U17, Aberdeen AAC

Name	Age	Team	Final	Points
------	-----	------	-------	--------

Section 1 Wind: -0.3

1	Douglas Knox	U17	SPRINGBURN HARRIERS	14.22	776
2	Alex Thomson	U17	PITREAVIE AAC	14.41	755
3	Luc Macleod	U17	BANCHORY STO	14.50	745
4	Nathan Mobbs	U17	NORTH AYRSHIRE AAC	15.11	680
5	Cameron Moore	U17	CENTRAL AC	16.41	549
6	Jamie Connor	U17	CENTRAL AC	16.95	499
7	Jack McInnes	U17	PITREAVIE AAC	17.98	409

Sunday 14th July Event 54 Men 100 m H Masters

Name	Age Team	Final
Section 1 Wind: -0.9		
1 Andrew Pringle 60	REIGATE PRIORY AC	25.77

Sunday 14th July Event 54 Decathlon: #6 Men 100 m H Masters

Name	Age Team	Final	Points
CBP: 17.06 09/07/2023 Alistair Hill 70, Middlesbrough			
1 Alistair Hill M75	NEW MARSKE HARRIERS	16.59	668 AG
2 Derek Glasgow M60	ARBROATH & D	20.87	284 AG

Sunday 14th July Event 55 Men 80 m H Masters

Name	Age Team	Final
Section 1		
1 Andrew Webb 75	NORTH SHIELD	18.41

Sunday 14th July Event 56 Outdoor Pentathlon: #2 Boys 75 m H U13B

Name	Age Team	Final	Points
CBP: 12.56 08/07/2023 Robert Horton U13, Moorfoot Run			
2023: 12.56 08/07/2023 Robert Horton U13, Moorfoot Run			
Section 1 Wind: 0.3			
1 Archie Brown	LASSWADE AC	12.79	525
2 Reuben Tinkler	VP-GLASGOW AC	15.73	281
3 Eli Crawford	SPRINGBURN HARRIERS	16.78	211
4 Alexander Low	VP-GLASGOW AC	18.28	127
Section 2 Wind: 0.5			
1 Joseph Lanahan	SHETTLESTON	12.66	538
2 Monty Bowden	DARLINGTON H	14.08	410
3 Luke Brodie	HARMENY AC	14.50	375
4 Hugh Ross	EDINBURGH AC	16.52	228
5 Fraser Muir	SPRINGBURN HARRIERS	16.55	226

Sunday 14th July Event 57 Men 5000 m Pool1 Masters

Name	Age Team	Final
CBP: 15:11.91 09/07/2023 Darrell Hastie 40, Gala Ha		
2023: 15:11.91 09/07/2023 Darrell Hastie 40, Gala Ha		
Section 1		
1 Grant Baillie 45	EAST KILBRIDE AC	15:28.72
2 Jim Tole 45	METRO ABERDEEN RC	15:33.05
3 David Mackintosh 35	BELLAHOUSTON	16:20.95
4 Matthew Maciocia 35	METRO ABERDEEN RC	16:29.72
5 Steve Daye 35	IRVINE RC	16:37.04
6 Paul Kieran 45	PH RACING CLUB	16:38.17
7 Gordon Barrie 50	DUNDEE HAWKH	16:56.28
8 Paul Monaghan 50	GREENOCK GLE	17:15.74
9 Alan Knowles 45	LOTHIAN RC	17:36.15
10 Richard O'Grady 45	HELENSBURGH AAC	18:06.82
11 David Thom 60	CAMBUSLANG HARRIERS	18:48.61

Sunday 14th July Event 58 Outdoor Pentathlon: #2 Girls 75 m H U15G

Dundee

CBP: 11.65 15/07/2018 Jilly Lefebvre U15g, North Ayrshi
 2023: 11.72 09/07/2023 Grace Elizabeth Malley U15, Whitesmos

Name	Age	Team	Final	Points
=====				
Section 1	Wind: -0.8			
1 Ella O'Brien		SPRINGBURN HARRIERS	13.86	488
2 Leah Ng		SPRINGBURN HARRIERS	14.51	433
3 Lily Martin		INVERNESS HA	15.99	325
4 Kate Douglas		MUSSELBURGH	16.21	310
5 Yvie Pettigrew		NORTH AYRSHIRE AAC	16.27	306
6 Emily Watkin		CENTRAL AC	18.34	186
Section 2	Wind: -0.3			
1 Maya Buchan		HARMENY AC	15.04	392
2 Beth McWilliam		LASSWADE AC	15.58	353
3 Alyssa Ho		SPRINGBURN HARRIERS	15.82	336
4 Beth Mould		SPRINGBURN HARRIERS	17.05	258
5 Sophie Chalmers		NORTH AYRSHIRE AAC	17.36	240
-- Emma Thomson		LASSWADE AC	DNF	
Section 3	Wind: -0.6			
1 Freya Lonnen		INVERNESS HA	12.59	610
2 Lilly Caig		NORTH AYRSHIRE AAC	13.09	559
3 Charlotte Doyle		VP-GLASGOW AC	13.11	557
4 Erika Tait		GIFFNOCK NORTH AC	13.44	526
5 Holly Finlayson		HARMENY AC	13.58	513
6 Morven Kenny		TEAM EAST LOTHIAN	13.60	503
7 Evie Watters		NORTH AYRSHIRE AAC	13.72	521
8 Annie English		INVERNESS HA	13.96	479
Section 4	Wind: 0.1			
1 Cara Monachello		KILMARNOCK H&AC	11.83	695
2 Beth Aitchison		DUNDEE HAWKH	12.24	648
3 Leanna Elliot		CUMBERNAULD AAC	12.32	639
4 Rachel Carvel		CENTRAL AC	12.41	629
5 Dionne Maguinness		AIRDRIE HARRIERS	12.55	614
6 Layla Rowlands		VP-GLASGOW AC	12.84	584
7 Gemma Forgie		ABERDEEN AAC	12.95	573
8 Anna Ross		GIFFNOCK NORTH AC	13.30	539

Sunday 14th July Event 59 Men 5000 m Pool2 Masters

CBP: 16:20.49 09/07/2023 Steve Daye 35, Irvine RC
 2023: 16:20.49 09/07/2023 Steve Daye 35, Irvine RC

Name	Age	Team	Final
=====			
Section 1			
1 Colin Feechan 65		CAMBUSLANG HARRIERS	18:14.97
2 Duncan Ryan 55		PERTH RR	18:35.08
3 Lewis Orr 50		EDINBURGH AC	18:55.50
4 Colin Hall 55		FORRES HARRIERS	19:03.76
5 Ross McEachern 55		CUMBERNAULD AAC	19:07.33
6 Richard Holland 65		METRO ABERDEEN RC	19:17.37
7 Jeff Farquhar 65		PITREAVIE AAC	19:18.65
8 John Robertson 65		PETERHEAD AC	20:29.43
9 Ed Norton 70		PH RACING CLUB	20:55.26
10 Arthur Mulholland 60		EAST KILBRIDE AC	22:00.85
11 Robert Young 80		CLYDESDALE HARRIERS	22:46.39
12 David Edelman 65		GIFFNOCK NORTH AC	24:41.94

Sunday 14th July Event 60 Women 5000 m Masters

Name	Age	Team	Final
CBP:	17:52.39	09/07/2023	Michelle Sandison 40, Spri
2023:	17:52.39	09/07/2023	Michelle Sandison 40, Spri
1	Michelle Sandison 40	SPRINGBURN HARRIERS	17:46.92
2	Jill Cox 45	GREENOCK GLE	18:13.70
3	Siobhan Coleman 35	LINLITHGOW AC	19:56.33
4	Kelly Baillie 40	EAST KILBRIDE AC	20:06.93
5	Julie Wilson 55	EDINBURGH AC	20:24.30
6	Karen Dobbie 55	EDINBURGH AC	20:37.28
7	Susan Ridley 55	EDINBURGH AC	20:38.05
8	Ilona Kriauzaite 40	METRO ABERDEEN RC	20:42.96
9	Avril Pearson 50	LIVINGSTON AC	21:28.96
10	Jennie Jackson 60	IRVINE RC	22:21.29
11	Sharyn Ramage 60	EDINBURGH AC	24:20.70
12	Marianne Crichton 50	DUNDEE ROAD RUNNERS	26:14.65

Sunday 14th July Event 61 Heptathlon: #7 Women 800 m U17W

Name	Age	Team	Final	Points
CBP:	2:16.71	02/07/2016	Holly McArthur, Whitemoss AA	
2023:	2:24.26	08/07/2023	Jaymee Brown U17, North Ayrshi	
1	Daisy Hendry U17	ROSS COUNTY AC	2:38.74	587
2	Eilidh Comrie U17	NORTH AYRSHIRE AAC	2:47.80	487
3	Charis Crawford U17	SPRINGBURN HARRIERS	2:49.84	465
4	Indya Kenny U17	ARBROATH & D	2:52.79	435
5	Hazel Prince U17	CENTRAL AC	2:57.31	391
6	Emily Tollett U17	SPRINGBURN HARRIERS	3:24.59	171
Section 2				
1	Holly Whittaker U17	ABERDEEN AAC	2:40.12	571
2	Enam Evong U17	LIVINGSTON AC	2:42.97	539
3	Ava Mitchell U17	VP-GLASGOW AC	2:43.90	529
4	Alannah Snowden U17	LIVINGSTON AC	2:45.02	517
5	Jessie Caig U17	NORTH AYRSHIRE AAC	2:49.53	468
6	Victoria Anestik U17	FALKIRK VICT	3:02.39	343

Sunday 14th July Event 62 Heptathlon: #7 Women 800 m U20W

Name	Age	Team	Final	Points
Section 1				
1	Stroma Fraser U20	INVERNESS HA	2:29.21	703
2	Brooke Dunlop U20	KILMARNOCK H&AC	2:37.69	600
3	Zoe Loughrey U20	VP-GLASGOW AC	2:51.22	451

Sunday 14th July Event 62 Heptathlon: #7 Women 800 m SW

Name	Age	Team	Final	Points
1	Amy Kennedy Sen	CUMBERNAULD AAC	2:44.89	518
2	Olivia Carah Sen	EDINBURGH AC	2:47.35	491

Sunday 14th July Event 63 Outdoor Pentathlon: #5 Boys 800 m U13B

CBP: 2:21.21 13/07/2019 Luc Macleod U13, Banchory Sto

2023: 2:29.51 08/07/2023 Harry Cook U13, Banchory Sto

Name	Age	Team	Final	Points
1 Archie Brown		LASSWADE AC	2:23.36	406
2 Luke Brodie		HARMENY AC	2:24.72	388
3 Joseph Lanahan		SHETTLESTON	2:36.59	248
4 Monty Bowden		DARLINGTON H	2:39.29	220
5 Reuben Tinkler		VP-GLASGOW AC	2:41.12	202
6 Eli Crawford		SPRINGBURN HARRIERS	2:46.53	153
7 Fraser Muir		SPRINGBURN HARRIERS	2:55.80	84
8 Alexander Low		VP-GLASGOW AC	2:56.36	80
9 Hugh Ross		EDINBURGH AC	3:12.21	10

Sunday 14th July Event 64 Outdoor Pentathlon: #5 Girls 800 m U15G

CBP: 2:24.45 15/07/2018 Rebecca Grieve U15g, Pitreavie AA

2023: 2:25.29 09/07/2023 Leanna Elliot U15, Airdrie Harr

Name	Age	Team	Final	Points
1 Maya Buchan		HARMENY AC	2:48.23	482
2 Emily Watkin		CENTRAL AC	2:52.19	441
3 Sophie Chalmers		NORTH AYRSHIRE AAC	2:56.70	396
4 Kate Douglas		MUSSELBURGH	2:59.50	370
5 Lily Martin		INVERNESS HA	3:04.34	326
6 Alyssa Ho		SPRINGBURN HARRIERS	3:15.78	232
7 Beth Mould		SPRINGBURN HARRIERS	3:20.44	199
8 Yvie Pettigrew		NORTH AYRSHIRE AAC	3:26.30	160

Section 2

1 Morven Kenny		TEAM EAST LOTHIAN	2:29.83	695
2 Beth McWilliam		LASSWADE AC	2:30.30	689
3 Erika Tait		GIFFNOCK NORTH AC	2:34.68	635
4 Ella O'Brien		SPRINGBURN HARRIERS	2:50.47	459
5 Beth Aitchison		DUNDEE HAWKH	2:50.48	459
6 Evie Watters		NORTH AYRSHIRE AAC	2:55.56	408
7 Freya Lonnen		INVERNESS HA	2:55.58	407
8 Leah Ng		SPRINGBURN HARRIERS	2:57.02	393
-- Lilly Caig		NORTH AYRSHIRE AAC	DNF	

Section 3

1 Dionne Maguinness		AIRDRIE HARRIERS	2:27.38	726
2 Cara Monachello		KILMARNOCK H&AC	2:28.40	713
3 Leanna Elliot		CUMBERNAULD AAC	2:29.40	700
4 Anna Ross		GIFFNOCK NORTH AC	2:33.31	652
5 Gemma Forgie		ABERDEEN AAC	2:50.84	455
6 Annie English		INVERNESS HA	2:54.20	421
7 Rachel Carvel		CENTRAL AC	2:59.45	370
8 Holly Finlayson		HARMENY AC	3:01.52	351
9 Charlotte Doyle		VP-GLASGOW AC	3:04.32	326
10 Layla Rowlands		VP-GLASGOW AC	3:10.38	275

Sunday 14th July Event 65 Decathlon: #10 Men 1500 m U17M

CBP: 4:23.74 09/07/2022 Caleb McLeod U17, Pitreavie AA

2023: 4:40.29 08/07/2023 Luc Macleod U17, Banchory Sto

Name	Age	Team	Final	Points
------	-----	------	-------	--------

Section 1

1	Luc Macleod	U17	BANCHORY STO	4:49.16	624
2	Douglas Knox	U17	SPRINGBURN HARRIERS	4:52.03	606
3	Jamie Connor	U17	CENTRAL AC	5:26.65	416
4	Nathan Mobbs	U17	NORTH AYRSHIRE AAC	5:33.41	383
5	Alex Thomson	U17	PITREAVIE AAC	5:33.70	381
6	Jack McInnes	U17	PITREAVIE AAC	5:42.05	342
7	Cameron Moore	U17	CENTRAL AC	5:44.03	333

Sunday 14th July Event 65 Decathlon: #10 Men 1500 m Masters

CBP: 5:05.73 09/07/2023 Paul Waddell 40, Jesmond Jogg

2023: 5:05.73 09/07/2023 Paul Waddell 40, Jesmond Jogg

Name	Age	Team	Final	Points
------	-----	------	-------	--------

1	Derek Glasgow	M60	ARBROATH & D	6:05.81	565 AG
2	Alistair Hill	M75	NEW MARSKE HARRIERS	7:12.13	528 AG

Sunday 14th July Event 66 Decathlon: #10 Men 1500 m U20M

CBP: 4:28.99 01/07/2017 Euan Urquhart U20, VP-Glasgow A

Name	Age	Team	Final	Points
------	-----	------	-------	--------

1	Finn Bryce	U20	ABERDEEN AAC	4:41.07	674
2	Struan Hastie	U20	DUNDEE HAWKH	4:47.59	633
3	Charlie Arnold	U20	BASINGSTOKE	4:49.35	623
4	Zak Fearn	U20	INVERNESS HA	4:50.47	616
5	Euan Wallace	U20	CUMBERNAULD AAC	5:10.07	503

Sunday 14th July Event 66 Decathlon: #10 Men 1500 m SM

CBP: 5:07.83 01/07/2017 Gordon Belch SM, VP-Glasgow A

Name	Age	Team	Final	Points
------	-----	------	-------	--------

1	Cal McLennan	Sen	BASINGSTOKE	4:32.68	727
2	Robby Rankin	Sen	ORANGEGROVE AC	4:26.90	765
3	Scott Ram	Sen	AMBER VALLEY	4:37.04	699
4	George Asprey	Sen	ALDERSHOT &	4:39.56	683
5	Troy McConville	Sen	WINDSOR SLOU	4:45.81	644
6	Lexx McConville	Sen YC	WINDSOR SLOU	5:36.47	368

Sunday 14th July Event 67 Outdoor Pentathlon: #1 Girls Long Jump U15G

Dundee

=====						
CBP:	5.19m	09/07/2023	Grace Elizabeth Malley	U15, Whitemoss AA		
2023:	5.19m	09/07/2023	Grace Elizabeth Malley	U15, Whitemoss AA		
Name	Age	Team	Final	Wind	Points	
=====						
Flight 1						
1 Rachel Carvel		CENTRAL AC	4.39m	2.1	401	
	4.31m(1.8)	4.33m(1.3)	4.39m(2.1)			
2 Lilly Caig		NORTH AYRSHIRE AAC	4.37m	1.8	396	
	4.23m(1.3)	3.97m(1.7)	4.37m(1.8)			
3 Leah Ng		SPRINGBURN HARRIERS	4.15m	1.7	343	
	4.15m(1.7)	3.78m(1.1)	4.00m(0.8)			
4 Annie English		INVERNESS HA	4.12m	2.2	336	
	4.12m(2.2)	3.51m(2.3)	FOUL(1.2)			
5 Beth McWilliam		LASSWADE AC	4.08m	1.2	326	
	3.91m(2.2)	3.85m(0.3)	4.08m(1.2)			
6 Sophie Chalmers		NORTH AYRSHIRE AAC	3.89m	+0.0	283	
	FOUL(3.0)	3.74m(0.1)	3.89m(+0.0)			
7 Lily Martin		INVERNESS HA	3.87m	1.1	279	
	3.72m(+0.0)	3.80m(1.5)	3.87m(1.1)			
8 Kate Douglas		MUSSELBURGH	3.85m	1.8	274	
	3.85m(1.8)	3.62m(1.1)	3.35m(+0.0)			
9 Beth Mould		SPRINGBURN HARRIERS	3.76m	2.3	254	
	3.76m(2.3)	3.41m(0.5)	3.51m(1.4)			
10 Emily Watkin		CENTRAL AC	3.70m	2.5	242	
	3.70m(2.5)	3.58m(0.8)	3.57m(+0.0)			
11 Alyssa Ho		SPRINGBURN HARRIERS	3.65m	0.3	231	
	3.59m(2.2)	3.65m(0.3)	3.65m(1.1)			
12 Maya Buchan		HARMENY AC	3.45m	0.2	190	
	3.43m(2.4)	2.87m(0.7)	3.45m(0.2)			
13 Emma Thomson		LASSWADE AC	3.35m	1.4	170	
	3.35m(1.3)	3.35m(1.4)	3.26m(1.5)			
14 Yvie Pettigrew		NORTH AYRSHIRE AAC	3.32m	1.5	165	
	3.29m(1.3)	3.32m(1.5)	3.09m(1.4)			

Sunday 14th July Event 67 Outdoor Pentathlon: #1 Girls Long Jump U15G

Dundee

=====						
CBP:	5.19m	09/07/2023	Grace Elizabeth Malley	U15, Whitemoss AA		
2023:	5.19m	09/07/2023	Grace Elizabeth Malley	U15, Whitemoss AA		
Name	Age	Team	Final	Wind	Points	
=====						
Flight 2						
1	Leanna Elliot	CUMBERNAULD AAC	5.30m	0.9	643	
	FOUL(1.5) 4.55m(+0.0) 5.30m(0.9)					
2	Cara Monachello	KILMARNOCK H&AC	5.12m	0.1	592	
	5.12m(0.1) FOUL(0.5) 4.85m(+0.0)					
3	Dionne Maguinness	AIRDRIE HARRIERS	5.10m	+0.0	587	
	4.70m(0.2) 5.10m(+0.0) 5.04m(0.9)					
4	Holly Finlayson	HARMENY AC	4.92m	1.7	538	
	4.92m(1.7) 4.77m(+0.0) FOUL(0.5)					
5	Gemma Forgie	ABERDEEN AAC	4.79m	1.4	503	
	4.77m(0.9) 4.74m(1.2) 4.79m(1.4)					
6	Layla Rowlands	VP-GLASGOW AC	4.72m	1.2	485	
	4.50m(0.5) 4.72m(1.2) 4.25m(+0.0)					
7	Charlotte Doyle	VP-GLASGOW AC	4.68m	1.9	474	
	FOUL(0.8) 4.43m(+0.0) 4.68m(1.9)					
8	Freya Lonnen	INVERNESS HA	4.66m	0.4	469	
	4.14m(1.0) 4.49m(0.9) 4.66m(0.4)					
9	Beth Aitchison	DUNDEE HAWKH	4.57m	0.9	446	
	4.57m(0.9) 4.54m(+0.0) FOUL(0.8)					
10	Erika Tait	GIFFNOCK NORTH AC	4.55m	2.3	441	
	4.49m(0.8) 4.55m(2.3) 4.50m(-0.3)					
11	Anna Ross	GIFFNOCK NORTH AC	4.49m	+0.0	426	
	4.13m(0.6) 4.49m(+0.0) 4.25m(+0.0)					
12	Evie Watters	NORTH AYRSHIRE AAC	4.27m	0.9	371	
	4.27m(0.9) 4.26m(1.1) 3.94m(0.3)					
13	Morven Kenny	TEAM EAST LOTHIAN	4.12m	0.8	336	
	3.97m(1.6) 4.08m(+0.0) 4.12m(0.8)					
14	Ella O'Brien	SPRINGBURN HARRIERS	3.54m	1.9	208	
	3.54m(1.9) 3.28m(+0.0) 3.51m(+0.0)					

Sunday 14th July Event 68 Outdoor Pentathlon: #1 Boys High Jump U13B

Dundee

CBP: 1.47m 08/07/2023 Harry Cook U13, Banchory Sto

2023: 1.47m 08/07/2023 Harry Cook U13, Banchory Sto

Name	Age	Team	Final	Points
Flight 1				
1 Joseph Lanahan		SHETTLESTON	1.56m	434
1.47 1.53 1.56 1.62				
XO XO O XXX				
2 Monty Bowden		DARLINGTON H	1.35m	283
1.20 1.26 1.29 1.32 1.35 1.38				
O O O O XO XXX				
2 Archie Brown		LASSWADE AC	1.35m	283
1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38				
O O O O O O O O XXX				
4 Luke Brodie		HARMENY AC	1.32m	263
1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35				
O O O O O O O O XXX				
5 Hugh Ross		EDINBURGH AC	1.20m	188
1.05 1.08 1.11 1.14 1.17 1.20 1.23				
XO O O XO O XO XXX				
6 Alexander Low		VP-GLASGOW AC	1.17m	170
1.08 1.11 1.14 1.17 1.20				
O O O XXO XXX				
7 Reuben Tinkler		VP-GLASGOW AC	1.11m	137
1.02 1.05 1.08 1.11 1.14				
XO O XXO O XXX				
8 Fraser Muir		SPRINGBURN HARRIERS	1.05m	105
1.02 1.05 1.08				
O O XXX				
9 Eli Crawford		SPRINGBURN HARRIERS	1.02m	91
1.02 1.05				
XO XXX				

Sunday 14th July Event 69 Decathlon: #7 Men Discus U20M

CBP: 37.65m 01/07/2017 Howard Bell U20, Edinburgh AC

Name	Age	Team	Final	Points
1 Finn Bryce U20		ABERDEEN AAC	34.66m	557
26.79m FOUL 34.66m				
2 Zak Fearn U20		INVERNESS HA	29.72m	459
26.19m FOUL 29.72m				
3 Charlie Arnold U20		BASINGSTOKE	28.00m	425
18.00m 28.00m 27.85m				
4 Euan Wallace U20		CUMBERNAULD AAC	26.70m	400
23.19m 26.70m 25.67m				
5 Struan Hastie U20		DUNDEE HAWKH	13.73m	157
11.71m 12.16m 13.73m				

Sunday 14th July Event 69 Decathlon: #7 Men Discus U17M

CBP: 35.72m 01/07/2017 Matthew Chandler U17, Central AC

2023: 32.33m 08/07/2023 Finn Bryce U17, Aberdeen AAC

Name	Age	Team	Final	Points
1 Nathan Mobbs	U17	NORTH AYRSHIRE AAC	32.18m	507
	24.31m	31.92m	32.18m	
2 Luc Macleod	U17	BANCHORY STO	28.05m	426
	FOUL	27.38m	28.05m	
3 Cameron Moore	U17	CENTRAL AC	26.95m	405
	26.95m	20.76m	26.45m	
4 Jamie Connor	U17	CENTRAL AC	25.65m	380
	FOUL	23.89m	25.65m	
5 Douglas Knox	U17	SPRINGBURN HARRIERS	24.19m	352
	23.99m	24.19m	18.89m	
6 Alex Thomson	U17	PITREAVIE AAC	22.96m	328
	21.79m	22.96m	FOUL	
7 Jack McInnes	U17	PITREAVIE AAC	14.73m	175
	14.73m	13.38m	9.93m	

Sunday 14th July Event 69 Decathlon: #7 Men Discus SM

CBP: 40.99m 01/07/2017 Curtis Mathews SM, Cardiff AAC

Name	Age	Team	Final	Points
1 Troy McConville	Sen	WINDSOR SLOU	36.10m	586
	36.10m	33.80m	34.79m	
2 Cal McLennan	Sen	BASINGSTOKE	34.36m	551
	28.22m	33.88m	34.36m	
3 George Asprey	Sen	ALDERSHOT &	34.22m	548
	30.60m	FOUL	34.22m	
4 Lexx McConville	Sen YC	WINDSOR SLOU	31.48m	494
	28.89m	FOUL	31.48m	
5 William Hodi	Sen	NAIRN AREA AAC	30.91m	482
	FOUL	30.91m	30.29m	
6 Scott Ram	Sen	AMBER VALLEY	28.40m	433
	28.40m	27.63m	FOUL	
7 Robby Rankin	Sen	ORANGEGROVE AC	24.95m	366
	22.58m	FOUL	24.95m	

Sunday 14th July Event 69 Decathlon: #7 Men Discus Masters

CBP: 30.79m 10/07/2022 Alistair Hill 70, Middlesbrough

2023: 24.94m 09/07/2023 Alistair Hill 70, Middlesbrough

Name	Age	Team	Final	Points
1 Alistair Hill	M75	NEW MARSKE HARRIERS	27.83m	599 AG
	27.48m	FOUL	27.83m	
2 Derek Glasgow	M60	ARBROATH & D	26.54m	379 AG
	24.49m	26.54m	21.76m	

Sunday 14th July Event 70 Heptathlon: #6 Women Javelin U17W

Name	Age	Team	Final	Points
1 Jessie Caig U17		NORTH AYRSHIRE AAC	35.67m	584
	29.72m	33.46m	35.67m	
2 Ava Mitchell U17		VP-GLASGOW AC	33.18m	537
	26.14m	33.18m	28.58m	
3 Victoria Anestik U17		FALKIRK VICT	33.08m	535
	33.08m	31.29m		
4 Alannah Snowden U17		LIVINGSTON AC	24.27m	369
	24.27m	23.10m	FOUL	
5 Charis Crawford U17		SPRINGBURN HARRIERS	22.89m	343
	21.95m	21.48m	22.89m	
6 Emily Tollett U17		SPRINGBURN HARRIERS	22.15m	329
	FOUL	22.15m	FOUL	
7 Holly Whittaker U17		ABERDEEN AAC	19.44m	278
	17.84m	19.44m	16.79m	
8 Indya Kenny U17		ARBROATH & D	18.17m	255
	15.30m	FOUL	18.17m	
9 Eilidh Comrie U17		NORTH AYRSHIRE AAC	17.89m	250
	14.53m	17.45m	17.89m	
10 Hazel Prince U17		CENTRAL AC	17.88m	250
	13.69m	17.88m	15.33m	
11 Enam Evong U17		LIVINGSTON AC	16.99m	233
	15.82m	14.09m	16.99m	
12 Daisy Hendry U17		ROSS COUNTY AC	13.42m	168
	13.42m	FOUL	10.86m	

Sunday 14th July Event 71 Heptathlon: #5 Women Long Jump U20W

Name	Age	Team	Final	Wind	Points
1 Brooke Dunlop U20		KILMARNOCK H&AC	5.35m	+0.0	657
	FOUL(+0.0)	FOUL(0.6)	5.35m(+0.0)		
2 Zoe Loughrey U20		VP-GLASGOW AC	5.06m	1.1	576
	5.06m(1.1)	FOUL(+0.0)	5.02m(+0.0)		
3 Stroma Fraser U20		INVERNESS HA	4.39m	+0.0	401
	FOUL(+0.0)	4.39m(+0.0)	FOUL(+0.0)		

Sunday 14th July Event 71 Heptathlon: #5 Women Long Jump SW

Name	Age	Team	Final	Wind	Points
1 Amy Kennedy Sen		CUMBERNAULD AAC	5.33m	+0.0	651
	5.15m(+0.0)	3.84m(0.3)	5.33m(+0.0)		
2 Olivia Carah Sen		EDINBURGH AC	5.06m	+0.0	576
	FOUL(1.0)	4.68m(1.6)	5.06m(+0.0)		

Sunday 14th July Event 72 Decathlon: #8 Men Pole Vault U20M

CBP: 3.90m 01/07/2017 Daniel McFarlane U20, Ross County

Name	Age	Team	Final	Points
------	-----	------	-------	--------

1	Charlie Arnold U20	BASINGSTOKE	3.61m	511
	3.61 3.71 3.81			
	XO P XXX			
2	Finn Bryce U20	ABERDEEN AAC	3.51m	485
	3.21 3.31 3.41 3.51 3.61			
	XO O O O XXX			
3	Zak Fearn U20	INVERNESS HA	3.41m	459
	2.61 2.71 2.81 2.91 3.01 3.11 3.21 3.31 3.41 3.51			
	O O O O O O O O XXO XO XXX			
4	Euan Wallace U20	CUMBERNAULD AAC	2.41m	222
	2.31 2.41 2.51			
	O O XXX			
5	Struan Hastie U20	DUNDEE HAWKH	NH	
	2.01			
	XXX			

Sunday 14th July Event 72 Decathlon: #8 Men Pole Vault U17M

CBP: 4.41m 14/07/2018 Scott Brindley U17m, North Ayrshi

2023: 3.41m 08/07/2023 Finn Bryce U17, Aberdeen AAC

Name	Age	Team	Final	Points
------	-----	------	-------	--------

1	Nathan Mobbs U17	NORTH AYRSHIRE AAC	3.81m	565
	3.61 3.71 3.81			
	XO O XO			
2	Luc Macleod U17	BANCHORY STO	3.21m	408
	2.61 2.71 2.81 2.91 3.01 3.11 3.21 3.31			
	XO O O O O XO O XXX			
3	Jamie Connor U17	CENTRAL AC	3.01m	359
	2.91 3.01 3.11			
	XO O XXX			
4	Alex Thomson U17	PITREAVIE AAC	3.01m	359
	2.51 2.61 2.71 2.81 2.91 3.01 3.11			
	XXO O O XO O XXO XXX			
5	Douglas Knox U17	SPRINGBURN HARRIERS	2.91m	335
	2.61 2.71 2.81 2.91 3.01			
	O XXO O XO XXX			
6	Cameron Moore U17	CENTRAL AC	2.91m	335
	2.61 2.71 2.81 2.91 3.01			
	O O XO XXO XXX			
--	Jack McInnes U17	PITREAVIE AAC	NH	
	2.01			
	X			

Sunday 14th July Event 72 Decathlon: #8 Men Pole Vault SM

CBP: 3.70m 01/07/2017 Curtis Mathews SM, Cardiff AAC

Name	Age	Team	Final	Points
1 Troy McConville	Sen	WINDSOR SLOU	4.21m	676
4.01 4.11 4.21				
O XO O				
2 Scott Ram	Sen	AMBER VALLEY	3.71m	538
3.31 3.41 3.51 3.61 3.71 3.81				
XO O O XXO XXO XXX				
3 Lexx McConville	Sen YC	WINDSOR SLOU	3.61m	511
3.41 3.51 3.61 3.71				
O O O XXX				
4 Cal McLennan	Sen	BASINGSTOKE	3.41m	459
3.41 3.51				
O XXX				
5 George Asprey	Sen	ALDERSHOT &	3.21m	408
3.21 3.31 3.41 3.51				
O P P XXX				
6 Robby Rankin	Sen	ORANGEGROVE AC	2.71m	289
2.21 2.31 2.41 2.51 2.61 2.71 2.81				
O O O O O O XXX				

Sunday 14th July Event 72 Decathlon: #8 Men Pole Vault Masters

CBP: 2.81m 15/07/2018 Derek Glasgow M50, Inverness Ha

2023: 2.01m 09/07/2023 Alistair Hill 70, Middlesbroug

Name	Age	Team	Final	Points
1 Alistair Hill	M75	NEW MARSKE HARRIERS	1.81m	396 AG
1.81 2.01				
XXO XXX				
-- Derek Glasgow	M60	ARBROATH & D	NH	
1.81				
XXX				

Sunday 14th July Event 73 Heptathlon: #5 Women Long Jump U17W

Name	Age	Team	Final	Wind	Points
=====					
CBP:	5.49m	08/07/2023	Shannon Brown U17, North Ayrshi		
2023:	5.49m	08/07/2023	Shannon Brown U17, North Ayrshi		
=====					
1 Holly Whittaker U17		ABERDEEN AAC	5.55m	+0.0	715
	FOUL(0.5)	5.55m(+0.0)	5.45m(+0.0)		
2 Alannah Snowden U17		LIVINGSTON AC	5.13m	0.1	595
	FOUL(+0.0)	5.00m(0.6)	5.13m(0.1)		
3 Victoria Anestik U17		FALKIRK VICT	5.04m	0.5	570
	FOUL(+0.0)	5.04m(0.5)	PASS		
4 Ava Mitchell U17		VP-GLASGOW AC	4.98m	+0.0	554
	4.89m(1.8)	4.98m(+0.0)	4.96m(0.5)		
5 Indya Kenny U17		ARBROATH & D	4.90m	1.5	532
	4.79m(+0.0)	4.90m(1.5)	4.79m(+0.0)		
6 Jessie Caig U17		NORTH AYRSHIRE AAC	4.88m	+0.0	527
	4.87m(0.1)	4.80m(1.1)	4.88m(+0.0)		
7 Enam Evong U17		LIVINGSTON AC	4.69m	0.1	477
	4.69m(0.1)	4.64m(0.4)	4.43m(+0.0)		
8 Daisy Hendry U17		ROSS COUNTY AC	4.67m	0.4	472
	4.26m(1.4)	4.67m(0.4)	4.45m(+0.0)		
9 Charis Crawford U17		SPRINGBURN HARRIERS	4.31m	+0.0	381
	4.08m(+0.0)	FOUL(+0.0)	4.31m(+0.0)		
10 Emily Tollett U17		SPRINGBURN HARRIERS	4.30m	+0.0	379
	4.07m(0.5)	4.21m(0.7)	4.30m(+0.0)		
11 Eilidh Comrie U17		NORTH AYRSHIRE AAC	4.29m	+0.0	376
	4.29m(+0.0)	4.11m(+0.0)	4.27m(+0.0)		
12 Hazel Prince U17		CENTRAL AC	3.69m	0.3	239
	3.46m(+0.0)	3.34m(+0.0)	3.69m(0.3)		

Sunday 14th July Event 74 Outdoor Pentathlon: #3 Girls Shot Put U15G

Dundee

CBP: 11.10m 03/07/2016 Lucy Davison, Central AC

2023: 8.57m 09/07/2023 Grace Elizabeth Malley U15, Whitemo

Name	Age	Team	Final	Points
1 Holly Finlayson		HARMENY AC	6.66m	313
5.85m 6.28m 6.66m				
2 Freya Lonnen		INVERNESS HA	6.61m	310
6.29m 6.61m 6.26m				
3 Yvie Pettigrew		NORTH AYRSHIRE AAC	6.44m	299
5.32m 6.16m 6.44m				
4 Rachel Carvel		CENTRAL AC	6.32m	292
5.48m 6.32m 6.12m				
5 Alyssa Ho		SPRINGBURN HARRIERS	6.19m	283
5.99m 5.21m 6.19m				
6 Beth Aitchison		DUNDEE HAWKH	5.87m	263
5.87m 5.40m 5.84m				
7 Beth McWilliam		LASSWADE AC	5.68m	251
5.68m 5.25m 4.67m				
8 Emma Thomson		LASSWADE AC	5.63m	248
4.89m 5.63m 5.55m				
9 Erika Tait		GIFFNOCK NORTH AC	5.30m	227
5.30m 5.01m 5.15m				
10 Maya Buchan		HARMENY AC	5.27m	225
4.77m 4.99m 5.27m				
11 Emily Watkin		CENTRAL AC	5.15m	218
5.12m 5.05m 5.15m				
12 Evie Watters		NORTH AYRSHIRE AAC	5.13m	216
5.05m 5.02m 5.13m				
13 Kate Douglas		MUSSELBURGH	5.11m	215
4.87m 5.05m 5.11m				
14 Leah Ng		SPRINGBURN HARRIERS	4.74m	192
4.52m 4.46m 4.74m				

CBP: 11.10m 03/07/2016 Lucy Davison, Central AC

2023: 8.57m 09/07/2023 Grace Elizabeth Malley U15, Whitemo

Name Age Team Final Points

Flight 2

1	Dionne Maguinness	AIRDRIE HARRIERS	9.69m	509
	9.36m 9.69m 8.43m			
2	Leanna Elliot	CUMBERNAULD AAC	9.49m	496
	9.49m 8.67m 9.32m			
3	Layla Rowlands	VP-GLASGOW AC	8.77m	449
	8.77m 8.19m 6.63m			
4	Charlotte Doyle	VP-GLASGOW AC	8.16m	410
	7.42m 8.16m 8.10m			
5	Annie English	INVERNESS HA	7.51m	368
	7.51m 6.63m 7.05m			
6	Morven Kenny	TEAM EAST LOTHIAN	7.14m	344
	6.87m 6.93m 7.14m			
7	Gemma Forgie	ABERDEEN AAC	6.93m	331
	6.73m 6.93m 6.50m			
8	Lilly Caig	NORTH AYRSHIRE AAC	6.84m	325
	6.84m 6.28m 6.41m			
9	Anna Ross	GIFFNOCK NORTH AC	6.67m	314
	6.57m 6.67m 6.41m			
10	Ella O'Brien	SPRINGBURN HARRIERS	6.66m	313
	6.29m 6.13m 6.66m			
11	Cara Monachello	KILMARNOCK H&AC	6.59m	309
	6.52m 6.59m 6.33m			
12	Beth Mould	SPRINGBURN HARRIERS	6.41m	297
	6.41m 6.00m 6.24m			
13	Lily Martin	INVERNESS HA	6.04m	274
	6.04m FOUL 5.83m			
14	Sophie Chalmers	NORTH AYRSHIRE AAC	5.76m	256
	5.76m 5.49m 5.73m			

Sunday 14th July Event 75 Outdoor Pentathlon: #4 Boys Long Jump U13B

CBP: 5.03m 08/07/2023 Robert Horton U13, Moorfoot Run

2023: 5.03m 08/07/2023 Robert Horton U13, Moorfoot Run

Name	Age	Team	Final	Wind	Points
Flight 1					
1 Joseph Lanahan		SHETTLESTON	5.18m	-1.2	417
	4.99m(+0.0)	5.18m(-1.2)	5.04m(0.8)		
2 Archie Brown		LASSWADE AC	4.72m	+0.0	330
	4.72m(+0.0)	3.35m(+0.0)	FOUL(0.3)		
3 Luke Brodie		HARMENY AC	4.07m	+0.0	217
	3.62m(-2.1)	3.87m(0.8)	4.07m(+0.0)		
4 Fraser Muir		SPRINGBURN HARRIERS	3.90m	-1.1	190
	3.90m(-1.1)	FOUL(0.5)	3.19m(0.2)		
5 Monty Bowden		DARLINGTON H	3.86m	0.2	184
	3.48m(+0.0)	3.86m(0.2)	FOUL(1.6)		
6 Reuben Tinkler		VP-GLASGOW AC	3.78m	1.6	171
	3.62m(+0.0)	3.78m(1.6)	FOUL(1.0)		
7 Hugh Ross		EDINBURGH AC	3.63m	+0.0	149
	3.04m(-0.5)	3.58m(1.2)	3.63m(+0.0)		
8 Alexander Low		VP-GLASGOW AC	3.53m	+0.0	135
	3.38m(+0.0)	3.53m(+0.0)	FOUL(0.1)		
9 Eli Crawford		SPRINGBURN HARRIERS	3.45m	+0.0	123
	1.76m(-1.3)	3.45m(+0.0)	3.27m(+0.0)		

Sunday 14th July Event 76 Heptathlon: #6 Women Javelin U20W

Name	Age	Team	Final	Points
1 Brooke Dunlop U20		KILMARNOCK H&AC	32.23m	519
	32.23m	30.43m	28.61m	
2 Zoe Loughrey U20		VP-GLASGOW AC	31.34m	502
	FOUL	FOUL	31.34m	
3 Stroma Fraser U20		INVERNESS HA	25.68m	395
	23.08m	25.68m	17.90m	

Sunday 14th July Event 76 Heptathlon: #6 Women Javelin SW

Name	Age	Team	Final	Points
1 Amy Kennedy Sen		CUMBERNAULD AAC	28.11m	441
	25.55m	28.11m	FOUL	
2 Olivia Carah Sen		EDINBURGH AC	21.71m	321
	21.18m	19.98m	21.71m	

=====
 CBP: 9.59m 08/07/2023 Harry Cook U13, Banchory Sto

2023: 9.59m 08/07/2023 Harry Cook U13, Banchory Sto

Name	Age	Team	Final	Points
1 Joseph Lanahan		SHETTLESTON	9.44m	452
8.51m 9.19m 9.44m				
2 Monty Bowden		DARLINGTON H	6.67m	288
6.67m 6.01m 6.41m				
3 Archie Brown		LASSWADE AC	6.04m	251
5.96m 6.04m 5.48m				
4 Alexander Low		VP-GLASGOW AC	5.62m	227
5.20m 5.62m 5.28m				
5 Luke Brodie		HARMENY AC	5.40m	214
4.78m 5.40m 4.75m				
6 Hugh Ross		EDINBURGH AC	5.33m	210
4.73m 5.05m 5.33m				
7 Eli Crawford		SPRINGBURN HARRIERS	4.90m	185
4.82m 4.86m 4.90m				
8 Reuben Tinkler		VP-GLASGOW AC	4.30m	151
4.02m 3.92m 4.30m				
9 Fraser Muir		SPRINGBURN HARRIERS	4.25m	148
4.25m 3.99m 4.20m				

CBP: 1.63m 15/07/2018 Jilly Lefebvre U15g, North Ayrshi

2023: 1.53m 09/07/2023 Elizabeth Cook U15, Banchory Sto

Name	Age	Team	Final	Points
1 Leah Ng		SPRINGBURN HARRIERS	1.32m	429
1.11 1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35				
O O O O O XXO XO XO XXX				
2 Lily Martin		INVERNESS HA	1.23m	340
1.08 1.11 1.14 1.17 1.20 1.23 1.26				
O O O XXO O O XXX				
3 Emily Watkin		CENTRAL AC	1.23m	340
1.14 1.17 1.20 1.23 1.26				
O XO O XO XXX				
4 Evie Watters		NORTH AYRSHIRE AAC	1.23m	340
1.08 1.11 1.14 1.17 1.20 1.23 1.26				
O O XXO XO O XXO XX				
5 Beth McWilliam		LASSWADE AC	1.20m	312
1.14 1.17 1.20 1.23				
O XO O XXX				
5 Yvie Pettigrew		NORTH AYRSHIRE AAC	1.20m	312
1.08 1.11 1.14 1.17 1.20 1.23				
O O O O O XXX				
5 Layla Rowlands		VP-GLASGOW AC	1.20m	312
1.14 1.17 1.20 1.23				
XO O O XXX				
8 Beth Mould		SPRINGBURN HARRIERS	1.17m	284
1.11 1.14 1.17 1.20				
O O O XXX				
9 Freya Lonnen		INVERNESS HA	1.17m	284
1.08 1.11 1.14 1.17 1.20				
XO O O XXO XXX				
10 Sophie Chalmers		NORTH AYRSHIRE AAC	1.14m	257
1.08 1.11 1.14 1.17				
XO O O XXX				
11 Kate Douglas		MUSSELBURGH	1.14m	257
1.11 1.14 1.17				
O XXO XXX				
12 Alyssa Ho		SPRINGBURN HARRIERS	1.11m	231
1.11 1.14				
O XXX				
13 Maya Buchan		HARMENY AC	1.11m	231
1.08 1.11 1.14				
O XXO XXX				
-- Lilly Caig		NORTH AYRSHIRE AAC	NH	
1.08				
XX				

CBP: 1.63m 15/07/2018 Jilly Lefebvre U15g, North Ayrshi

2023: 1.53m 09/07/2023 Elizabeth Cook U15, Banchory Sto

Name	Age	Team	Final	Points							
Flight 2											
1 Leanna Elliot		CUMBERNAULD AAC	1.65m	795							
	1.50	1.53	1.56	1.59	1.62	1.65	1.68				
	XO	O	O	XXO	O	O	XXX				
2 Dionne Maguinness		AIRDRIE HARRIERS	1.59m	724							
	1.47	1.50	1.53	1.56	1.59	1.62					
	O	O	O	XO	O	XXX					
3 Rachel Carvel		CENTRAL AC	1.56m	689							
	1.44	1.47	1.50	1.53	1.56	1.59					
	O	XO	O	O	XXO	XXX					
4 Gemma Forgie		ABERDEEN AAC	1.50m	621							
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53
	O	O	O	O	O	O	O	O	O	O	XXX
5 Annie English		INVERNESS HA	1.50m	621							
	1.38	1.41	1.44	1.47	1.50	1.53					
	O	O	O	O	XXO	XXX					
6 Cara Monachello		KILMARNOCK H&AC	1.44m	555							
	1.29	1.32	1.35	1.38	1.41	1.44	1.47				
	O	O	O	O	XO	O	XXX				
7 Erika Tait		GIFFNOCK NORTH AC	1.38m	491							
	1.26	1.29	1.32	1.35	1.38	1.41					
	O	O	O	XO	XO	XXX					
8 Holly Finlayson		HARMENY AC	1.38m	491							
	1.23	1.26	1.29	1.32	1.35	1.38	1.41				
	O	O	O	O	O	XO	XXX				
9 Anna Ross		GIFFNOCK NORTH AC	1.38m	491							
	1.26	1.29	1.32	1.35	1.38	1.41					
	O	O	O	XO	XXO	XXX					
10 Morven Kenny		TEAM EAST LOTHIAN	1.35m	460							
	1.20	1.23	1.26	1.29	1.32	1.35	1.38				
	XO	XO	XO	O	XO	XXO	XXX				
11 Emma Thomson		LASSWADE AC	1.32m	429							
	1.20	1.23	1.26	1.29	1.32	1.35					
	O	O	O	XO	XO	XXX					
11 Ella O'Brien		SPRINGBURN HARRIERS	1.32m	429							
	1.20	1.23	1.26	1.29	1.32	1.35					
	O	O	O	O	XO	XXX					
13 Beth Aitchison		DUNDEE HAWKH	1.20m	312							
	1.17	1.20									
	O	O									
14 Charlotte Doyle		VP-GLASGOW AC	1.20m	312							
	1.20	1.23	1.29								
	XXO	X	XX								

Sunday 14th July Event 79 Decathlon: #9 Men Javelin U20M

CBP: 45.56m 01/07/2017 Joseph Hobson U20, Sheffield AC

Name	Age	Team	Final	Points
Flight 1				
1 Zak Fearn U20		INVERNESS HA	56.22m	681
	56.22m	53.97m	53.57m	
2 Finn Bryce U20		ABERDEEN AAC	40.83m	454
	40.83m	39.32m	40.10m	
3 Charlie Arnold U20		BASINGSTOKE	35.96m	384
	35.96m	34.93m	34.06m	
4 Euan Wallace U20		CUMBERNAULD AAC	30.48m	306
	27.65m	FOUL	30.48m	
5 Struan Hastie U20		DUNDEE HAWKH	19.53m	155
	19.53m	13.77m	FOUL	

Sunday 14th July Event 79 Decathlon: #9 Men Javelin U17M

CBP: 53.26m 09/07/2022 Zak Fearn U17, Inverness Ha
2023: 36.77m 08/07/2023 Finn Bryce U17, Aberdeen AAC

Name	Age	Team	Final	Points
1 Luc Macleod U17		BANCHORY STO	39.50m	435
	37.37m	39.50m	FOUL	
2 Douglas Knox U17		SPRINGBURN HARRIERS	38.66m	423
	38.66m	25.20m	FOUL	
3 Cameron Moore U17		CENTRAL AC	24.44m	222
	24.44m	FOUL	20.89m	
4 Nathan Mobbs U17		NORTH AYRSHIRE AAC	24.34m	220
	FOUL	FOUL	24.34m	
5 Alex Thomson U17		PITREAVIE AAC	23.57m	210
	23.57m	17.80m	19.72m	
6 Jamie Connor U17		CENTRAL AC	19.68m	157
	FOUL	FOUL	19.68m	
7 Jack McInnes U17		PITREAVIE AAC	17.06m	122
	11.49m	FOUL	17.06m	

Sunday 14th July Event 79 Decathlon: #9 Men Javelin SM

CBP: 49.21m 01/07/2017 Curtis Mathews SM, Cardiff AAC

Name	Age	Team	Final	Points
1 Troy McConville Sen		WINDSOR SLOU	45.07m	516
	42.30m	45.07m	39.82m	
2 Cal McLennan Sen		BASINGSTOKE	44.67m	510
	44.67m	42.96m	41.32m	
3 Lexx McConville Sen YC		WINDSOR SLOU	41.56m	465
	39.45m	41.56m	39.27m	
4 Scott Ram Sen		AMBER VALLEY	39.81m	439
	39.81m	FOUL	39.01m	
5 George Asprey Sen		ALDERSHOT &	36.43m	391
	FOUL	36.43m	PASS	
6 Robby Rankin Sen		ORANGEGROVE AC	23.20m	205
	23.20m	21.99m	23.17m	

Sunday 14th July Event 79 Decathlon: #9 Men Javelin Masters

CBP: 34.63m 10/07/2022 Alistair Hill 70, Middlesbrough
2023: 24.15m 09/07/2023 Paul Waddell 40, Jesmond Jogg

Name	Age	Team	Final	Points
1 Alistair Hill M75		NEW MARSKE HARRIERS	29.46m	622 AG
26.78m 27.03m 29.46m				
2 Derek Glasgow M60		ARBROATH & D	27.22m	563 AG
27.22m 23.75m FOUL				

Saturday 13th July Event 188 Girls Outdoor Pentathlon U13G

CBP: 2857 09/07/2023 Dionne Maguinness U13, Airdri
2023: 2857 09/07/2023 Dionne Maguinness U13, Airdri

Name	Age	Team	Final
1 Erica Ross		GIFFNOCK NORTH AC	2461
2 Sandie Keddie		CUMBERNAULD AAC	2065
3 Isla Milligan		AYR SEAFORTH AC	2052
4 Lola Heenan		ARBROATH & D	1867
5 Zoe Baillie		EAST KILBRIDE AC	1866
6 Isla Preston		NORTH AYRSHIRE AAC	1751
7 Karley Paterson		ABERDEEN AAC	1738
8 Jessica Bell		SPRINGBURN HARRIERS	1702
9 India Gorvett		BLYTH RUNNING CLUB	1683
10 Emma MacMillan		INVERNESS HA	1469
11 Aria Thomas		MONTROSE & D	1454
12 Amelia Abrami		CUMBERNAULD AAC	1430
13 Mollie Geddes		DUNDEE HAWKH	1424
14 Branna Kenny		HADDINGTON RC	1420
15 Hannah Mackay		INVERNESS HA	1417
16 Beth Wells		SPRINGBURN HARRIERS	1402
17 Aine Fraser		MONTROSE & D	1392
18 Abi Campbell		MUSSELBURGH	1323
19 Iona Thompson		INVERNESS HA	1260
20 Rachel Fullbrook		CENTRAL AC	1257
21 Blythe Graham		SPRINGBURN HARRIERS	1232
22 Molly Brown		SHETTLESTON	1161
23 Naomi Prince		CENTRAL AC	1158
24 Alana Robertson		ABERDEEN AAC	1008
25 Isla Docherty		SPRINGBURN HARRIERS	463

Sunday 14th July Event 189 Boys Outdoor Pentathlon U13B

CBP: 2002 08/07/2023 Harry Cook U13, Banchory Sto
2023: 2002 08/07/2023 Harry Cook U13, Banchory Sto

Name	Age	Team	Final
1 Joseph Lanahan		SHETTLESTON	2089
2 Archie Brown		LASSWADE AC	1795
3 Luke Brodie		HARMENY AC	1457
4 Monty Bowden		DARLINGTON H	1385
5 Reuben Tinkler		VP-GLASGOW AC	942
6 Hugh Ross		EDINBURGH AC	785
7 Eli Crawford		SPRINGBURN HARRIERS	763
8 Fraser Muir		SPRINGBURN HARRIERS	753
9 Alexander Low		VP-GLASGOW AC	739

Sunday 14th July Event 190 Girls Outdoor Pentathlon U15G

CBP: 3246 1998 Aileen Wilson, PBH
 2023: 3035 09/07/2023 Grace Elizabeth Malley U15, W

Name	Age	Team	Final
1 Leanna Elliot		CUMBERNAULD AAC	3273
2 Dionne Maguinness		AIRDRIE HARRIERS	3160
3 Cara Monachello		KILMARNOCK H&AC	2864
4 Gemma Forgie		ABERDEEN AAC	2483
5 Anna Ross		GIFFNOCK NORTH AC	2422
6 Rachel Carvel		CENTRAL AC	2381
7 Morven Kenny		TEAM EAST LOTHIAN	2338
8 Erika Tait		GIFFNOCK NORTH AC	2320
9 Annie English		INVERNESS HA	2225
10 Holly Finlayson		HARMENY AC	2206
11 Beth Aitchison		DUNDEE HAWKH	2128
12 Layla Rowlands		VP-GLASGOW AC	2105
13 Freya Lonnen		INVERNESS HA	2080
14 Charlotte Doyle		VP-GLASGOW AC	2079
15 Beth McWilliam		LASSWADE AC	1931
16 Ella O'Brien		SPRINGBURN HARRIERS	1897
17 Evie Watters		NORTH AYRSHIRE AAC	1856
18 Leah Ng		SPRINGBURN HARRIERS	1790
19 Lily Martin		INVERNESS HA	1544
20 Maya Buchan		HARMENY AC	1520
21 Sophie Chalmers		NORTH AYRSHIRE AAC	1432
22 Emily Watkin		CENTRAL AC	1427
23 Kate Douglas		MUSSELBURGH	1426
24 Alyssa Ho		SPRINGBURN HARRIERS	1313
25 Beth Mould		SPRINGBURN HARRIERS	1292
26 Lilly Caig		NORTH AYRSHIRE AAC	1280
27 Yvie Pettigrew		NORTH AYRSHIRE AAC	1242

Saturday 14th July Event 191 Boys Outdoor Pentathlon U15B

CBP: 3157 2003 Gregor Simey, CBY
 2023: 2906 08/07/2023 Douglas Knox U15, Springburn

Name	Age	Team	Final
1 Murray Taylor		INVERNESS HA	3147
2 Louis Vallet		ABERDEEN AAC	2276
3 Angus Weir		GIFFNOCK NORTH AC	2265
4 Evan Louca		HARMENY AC	2083
5 Zach White		SPRINGBURN HARRIERS	2080
6 Darach Dailly		DUNDEE HAWKH	1007

Saturday 13th + Sunday 14th July Event 193 Women Heptathlon U17W

CBP: 5051 02/07/2016 Holly McArthur, Whitemoss AA
 2023: 4519 08/07/2023 Shannon Brown U17, North Ayr

Name	Age	Team	Final
1 Holly Whittaker U17		ABERDEEN AAC	4326
2 Ava Mitchell U17		VP-GLASGOW AC	4158
3 Victoria Anestik U17		FALKIRK VICT	4064
4 Alannah Snowden U17		LIVINGSTON AC	4044
5 Jessie Caig U17		NORTH AYRSHIRE AAC	3994
6 Enam Evong U17		LIVINGSTON AC	3588
7 Indya Kenny U17		ARBROATH & D	3431
8 Charis Crawford U17		SPRINGBURN HARRIERS	3253
9 Daisy Hendry U17		ROSS COUNTY AC	3080
10 Eilidh Comrie U17		NORTH AYRSHIRE AAC	2669
11 Hazel Prince U17		CENTRAL AC	2633
12 Emily Tollett U17		SPRINGBURN HARRIERS	2140

Saturday 13th + Sunday 14th July Event 194 Women Heptathlon U20W

Name	Age	Team	Final
1 Brooke Dunlop U20		KILMARNOCK H&AC	4278
2 Zoe Loughrey U20		VP-GLASGOW AC	4010
3 Stroma Fraser U20		INVERNESS HA	3607

Saturday 13th + Sunday 14th July Event 195 Women Heptathlon SW

CBP: 5390 1998 Pauline Richards, City of Edi

Name	Age	Team	Final
1 Amy Kennedy Sen		CUMBERNAULD AAC	4700
2 Olivia Carah Sen		EDINBURGH AC	3719

Saturday 13th + Sunday 14th July Event 197 Men Decathlon U17M

CBP: 6781 01/07/2017 Joel McFarlane U17, Arbroath
 2023: 5711 08/07/2023 Finn Bryce U17, Aberdeen AAC

Name	Age	Team	Final
1 Douglas Knox U17		SPRINGBURN HARRIERS	5957
2 Luc Macleod U17		BANCHORY STO	5882
3 Nathan Mobbs U17		NORTH AYRSHIRE AAC	5007
4 Alex Thomson U17		PITREAVIE AAC	4894
5 Cameron Moore U17		CENTRAL AC	3931
6 Jamie Connor U17		CENTRAL AC	3838
7 Jack McInnes U17		PITREAVIE AAC	3110
8 Gabriel Langston U17		INVERNESS HA	2015
9 Andrew Low U17		DUNDEE HAWKH	1766

Saturday 13th + Sunday 14th July Event 198 Men Decathlon U20M

Name	Age	Team	Final
1 Finn Bryce U20		ABERDEEN AAC	6019
2 Zak Fearn U20		INVERNESS HA	5992
3 Charlie Arnold U20		BASINGSTOKE	5259
4 Euan Wallace U20		CUMBERNAULD AAC	5091
5 Struan Hastie U20		DUNDEE HAWKH	2918

Saturday 13th + Sunday 14th July Event 199 Men Decathlon SM

Name	Age	Team	Final
1 George Asprey Sen		ALDERSHOT &	6302
2 Scott Ram Sen		AMBER VALLEY	6225
3 Troy McConville Sen		WINDSOR SLOU	6180
4 Cal McLennan Sen		BASINGSTOKE	6089
5 Lexx McConville Sen YC		WINDSOR SLOU	5016
6 Robby Rankin Sen		ORANGEGROVE AC	4374

Saturday 13th + Sunday 14th July Event 974 Men Decathlon Masters

Name	Age	Team	Final
1 Alistair Hill M75		NEW MARSKE HARRIERS	6168
2 Derek Glasgow M60		ARBROATH & D	4659