

# 4J Studios scottishathletics National Indoor Championships 2024

<u>Weekend</u>	<u>Event Date</u>	<u>Entries</u>		<u>Venue</u>
		<u>Open</u>	<u>Close</u>	
<b>H1</b>	Friday 19 <sup>th</sup> January 2024	10am Monday 4 <sup>th</sup> Dec 2023	5pm Monday 08 <sup>th</sup> Jan 2024	Riverside Sports Arena, Ayr
	Saturday 20 <sup>th</sup> January 2024			
	Sunday 21 <sup>st</sup> January 2024			
<b>H2</b>	Friday 26 <sup>th</sup> January 2024	10am Monday 11 <sup>th</sup> Dec 2023	5pm Monday 15 <sup>th</sup> Jan 2024	Pitreavie, Dunfermline
	Saturday 27 <sup>th</sup> January 2024			
	Sunday 28 <sup>th</sup> January 2024			
<b>H3</b>	Friday 2 <sup>nd</sup> February 2024	10am Monday 11 <sup>th</sup> Dec 2023	5pm Monday 22 <sup>nd</sup> Jan 2024	Aberdeen Sports Village
	Saturday 3 <sup>rd</sup> February 2024			
	Sunday 4 <sup>th</sup> February 2024			
<b>FIN</b>	Friday 16 <sup>th</sup> February 2024	10am Monday 22 <sup>nd</sup> Jan 2024	1. 5pm Tuesday 6 <sup>th</sup> Feb 2024 (Qualifiers) 2. 12 noon Tuesday 13 <sup>th</sup> Feb 2024	Emirates Arena, Glasgow or Grangemouth Stadium*
	Saturday 17 <sup>th</sup> February 2024			
	Sunday 18 <sup>th</sup> February 2024			

\* Glasgow is the preferred venue but availability is currently TBC.

Athletes finishing in qualifying places during the three heats will have the opportunity to enter the final, with guaranteed places available to heat-qualifiers. Any remaining Final places not claimed by qualifiers from the heats will go on sale from 10am on Wednesday 7<sup>th</sup> February until 12 noon on Tuesday 13<sup>th</sup> February on a first-come-first-served basis.

## Eligibility and Age Groups

Every entrant must be a current member of **scottishathletics** on the day of competition. Due to capacity restrictions, these events will not be open to non-members nor members of other governing bodies.

Under 13 Athletes	Born Between 1 <sup>st</sup> September 2011 and 31 <sup>st</sup> August 2013
Under 15 Athletes	Born Between 1 <sup>st</sup> September 2009 and 31 <sup>st</sup> August 2011
Under 17 Athletes	Born Between 1 <sup>st</sup> September 2007 and 31 <sup>st</sup> August 2009
Under 20 Athletes*	Born Between 1 <sup>st</sup> January 2005 and 31 <sup>st</sup> August 2007
Senior Athletes	Born on or before 31 <sup>st</sup> December 2004
Masters Athletes**	Aged 35 or over on 19 <sup>th</sup> January 2024

All athletes will compete within their own age group with the following exceptions:

\*Under 20 athletes will select at the point of entry whether they are entering the Senior or U20 Championship.

\*\*Masters will select at the point of entry whether they are entering the Senior or Masters Championship.

Masters events will use 5-year age bands based on athletes' age on the first date of this competition, 19<sup>th</sup> January. For the avoidance of doubt, any athlete with a birthday between 19<sup>th</sup> January and 18<sup>th</sup> February will compete in the age group they were in on 19<sup>th</sup> January for this full series.

## Event Selection

60m, 60m Hurdles, Long Jump, Triple Jump, High Jump, Pole Vault, Shot Put

Events are offered as per UKA Rule T3 S2

Entry cost £10 per event, including the Final



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**Qualifying Weekends:** athletes may enter a maximum of 3 events per weekend, with a maximum entry into 2 track sessions.

**National Final:** athletes may enter a maximum of 3 events only, and a maximum of 2 can be track events. Should an athlete secure the opportunity to enter the final as a qualifier in more than 3 events, they will need to choose at the point of entry which they wish to compete in.

Should the Emirates Arena be available to **scottishathletics** on the weekend of Friday 16<sup>th</sup> to Sunday 18<sup>th</sup> February, circular track events will be added to the Final programme, with first-come-first-served entry available to athletes who have reached the qualifying standards per age group/gender. Further details will be communicated in due course.

## **Waiting Lists**

- Athletes wishing to enter an event that has reached capacity can sign up to the waiting list online. You will be contacted if a space becomes available.
- Waiting List entries are counted within an athlete's total number of entries. Should an athlete enter an additional non waiting listed event they will be removed from any other waiting lists.
- If you have entered an event and are withdrawing before entries close, please email [events@scottishathletics.org.uk](mailto:events@scottishathletics.org.uk) as soon as possible so that an athlete on the waiting list may be offered the opportunity to compete.

## **Competition Format and Qualifying Criteria For The Final**

All events in Ayr, Dunfermline and Aberdeen will be run as open graded events, with athletes divided into track heats/field pools determined by performance. Athletes should enter the day or session in which they would like to compete, and pools/heats will be determined once entries have closed.

Track heats will be seeded fastest to slowest, with the first heat in each session containing the fastest seeded athletes. Field pools will be seeded by performance according to that DAYS entry.

Athletes may notify us of new PBs until the Wednesday before each event. Hurdles will be run in age groups due to different specifications, but races for some age groups may be combined to best-accommodate entry numbers.

Events at the Emirates Arena/Grangemouth will be held in a Championship format, with all athletes competing head-to-head within their own age group.

Masters athletes may choose to enter as Seniors or Masters, and must select which at the point of entry. Masters will compete against each other, with performances age-graded to produce comparable results across all 5-year age bands. The top Masters athletes after age-grading will gain the opportunity to enter the Masters final. At the final, male and female Masters gold, silver and bronze medals will also be determined by age-grading.

U17+ classified ambulant para-athletes will be scored on RAZA points in 60m, long jump and shot put.

The top 4 performances in each age group and gender category from each qualifying weekend will gain those athletes the first opportunity to enter the National Finals weekend.

Athletes may compete in more than one heat if they wish. If an athlete has already gained the opportunity to enter the final as a qualifier from a previous fixture, the qualifying opportunity in the later fixture will be offered to the next best performance/athlete in that later fixture.

Spectator space for family and friends will be limited, and may be outdoors at some venues. Athletes taking part in these events should be prepared to warm up and compete unsupervised, or under the supervision of a coach who can oversee a small group of athletes from their club.

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## **Entry Terms and Conditions**

All entries must be submitted online, through the individual or club portals.

No late entries will be accepted.

If you experience online entry problems please email: [events@scottishathletics.org.uk](mailto:events@scottishathletics.org.uk) before 5pm on the closing date. Emails submitted after this time will not be accepted as an entry.

## **Affiliation**

All entrants into this event must hold an up to date **scottishathletics** membership. Please note, you will not be able to enter if your **scottishathletics** membership is out of date, and/or if you have any other outstanding fees due to **scottishathletics**. If your membership has expired, or is set to expire before the date of the competition, you must renew your membership in order to be eligible to enter.

## **Club Representation**

- Any **scottishathletics** athlete who is a first claim member of a non-Scottish club in addition to being a member of a Scottish club, should compete for their Scottish club in all **scottishathletics** events.
- Any athlete who does not have a Scottish Club affiliation may compete for their non-Scottish club at the Championships, provided they are still a **scottishathletics** member.
- Any **scottishathletics** athlete who is a member of more than one Scottish Club can choose which club they intend to represent. This must be confirmed at the point of entry through the entry form. This is regardless of their membership status with each club (ie. 1st/2nd claim).
- Athletes may only compete for one Scottish Club at **scottishathletics** Championship events over the course of any competition year (running annually from 1st October), i.e. athletes must compete for the same club in District and National Championships or indoors and outdoors (except track and field relays)

## **Other Information**

**scottishathletics** reserves the right to review and amend Terms & Conditions without prior notice or consultation.

As a policy, **scottishathletics** does not provide refunds. However, if an event receives fewer than 3 entries, the Championship Committee reserves the right to cancel that event and if no other suitable arrangement can be made, a refund may be offered.

All entrants, either by Team Manager or Individually are asked to confirm agreement to the following conditions:

- Permission that photographs may be taken and used for PR/Marketing purposes.
- Permission for doping control tests to be carried out in accordance with the set procedures and regulations concerning such testing. <https://www.ukad.org.uk/anti-doping-rules>
- Entered athletes are medically fit to compete, have no medical issues or disability that would endanger themselves or others by taking part and will not compete unless fit to do so on the day.
- Athletes with additional support needs should contact [events@scottishathletics.org.uk](mailto:events@scottishathletics.org.uk) for an Assistance in Competition form.

Exceptions to these conditions must be communicated to [events@scottishathletics.org.uk](mailto:events@scottishathletics.org.uk) immediately following the entry.