

**Event Name** Masters Women & Men 65+

<b>Pos</b>	<b>Time</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Team Name</b>	<b>Cat</b>
1	24:12	Sara	Green	W40	Gala Harriers Athletic Club	1
2	25:22	Sandy	McDougall	W40	Dundee Hawkhill Harriers	2
3	25:56	Sarah	Attwood	W40	Highland Hill Runners	3
4	25:58	Colin	Feechan	M65	Cambuslang Harriers	1
5	26:01	Claire	Gordon	W45	Hunters Bog Trotters	1
6	26:32	Claire	Heasman	W45	Helensburgh AAC	2
7	26:36	Rhona	Grant	W40	Highland Hill Runners	4
8	26:47	Eilis	McKechanie	W45	Hunters Bog Trotters	3
9	27:00	Angela	Mudge	W50	Ochil Hill Runners	1
10	27:03	Fiona	Matheson	W60	Falkirk Victoria Harriers	1
11	27:04	Tracy	Morgan	W40	Dundee Hawkhill Harriers	5
12	27:07	Richard	Holland	M65	Metro Aberdeen Running Club	2
13	27:09	Kirsty	O'Brien	W40	Cambuslang Harriers	6
14	27:11	Charles	Graham-Marr	M65	Central Athletic Club	3
15	27:13	Alice	Scriven	W45	Inverness Harriers AAC	4
16	27:44	Kelly	Baillie	W40	East Kilbride AC	7
17	27:48	Tony	Martin	M70	Fife AC	1
18	27:50	Carol	Moss	W55	Moorfoot Runners	1
19	27:52	Susan	Ridley	W55	Edinburgh Athletic Club	2
20	28:07	Claire	Houston	W40	Lasswade Athletics Club	8
21	28:13	Siobhan	Evans	W50	Forres Harriers	2
22	28:19	Brian	Urquhart	M65	Fraserburgh Running Club	4
23	28:31	John	Robertson	M65	Peterhead Athletics Club	5
24	28:34	Kate	Comisso	W45	Ross County Athletics Club	5
25	28:36	Karen	Dobbie	W55	Edinburgh Athletic Club	3
26	28:37	Kellie	Calder	W45	Inverness Harriers AAC	6
27	28:43	Julie	Wilson	W55	Edinburgh Athletic Club	4
28	28:57	Gail	Macleod	W50	Highland Hill Runners	3
29	28:58	George	McPherson	M65	Metro Aberdeen Running Club	6
30	29:04	Ilona	Kriauzaite	W40	Metro Aberdeen Running Club	9
31	29:06	Iona	Robertson	W40	Highland Hill Runners	10
32	29:08	Gillian	Sangster	W50	Dundee Road Runners AC	4
33	29:26	Mary	Western	W60	PH Racing Club	2
34	29:30	Susan	McNairney	W40	Moray Road Runners	11
35	29:38	Avril	Pearson	W50	Livingston Athletic Club	5
36	29:44	Kasia	Klonowska	W40	Forres Harriers	12
37	29:50	Fabienne	Thompson	W55	Perth Road Runners	5
38	29:52	Joanne	Wilson	W40	Highland Hill Runners	13
39	29:59	Sheila	Lewis	W55	Giffnock North AC	6
40	30:07	Susan	McRitchie	W45	Forres Harriers	7
41	30:13	Hilary	Carswell	W50	Giffnock North AC	6
42	30:27	Robert	Taylor	M65	Metro Aberdeen Running Club	7
43	30:28	Robin	Livingstone	M65	Perth Road Runners	8
44	30:45	Roma	McIntosh	W50	JSK Running Club	7
45	30:48	Alex	Sutherland	M75	Inverness Harriers AAC	1
46	30:51	Mike	Goddard	M70	Moorfoot Runners	2
47	30:52	Diane	White	W55	Perth Road Runners	7
48	31:15	Graham	Whyte	M65	Inverness Harriers AAC	9
49	31:18	Kirsty	Aitken	W55	Metro Aberdeen Running Club	8
50	31:18	Erica	Christie	W65	Cambuslang Harriers	1

**Event Name** Masters Women & Men 65+

<b>Pos</b>	<b>Time</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Team Name</b>	<b>Cat</b>
51	31:26	Jackie	Nicol	W60	Forres Harriers	3
52	31:27	Karen	Norvell	W50	Moray Road Runners	8
53	31:30	Linda	McGee	W50	Peterhead Athletics Club	9
54	32:15	Margaret	Martin	W65	Fife AC	2
55	32:15	Gillian	McGuire	W55	Perth Road Runners	9
56	32:20	Rachel	Fagan	W45	Lasswade Athletics Club	8
57	32:21	Elaine	Davies	W50	Edinburgh Athletic Club	10
58	32:32	Dave	Hanlon	M65	Dundee Hawkhill Harriers	10
59	32:36	Anne	Duncan	W60	Edinburgh Athletic Club	4
60	32:41	Sarah	Simpson	W40	Metro Aberdeen Running Club	14
61	32:55	James	Treasurer	M70	Lochaber Athletic Club	3
62	32:59	Tessa	Ward	W55	Perth Road Runners	10
63	33:05	Mike	Whelan	M65	Moray Road Runners	11
64	33:12	Alan	Bothwell	M65	Perth Road Runners	12
65	33:28	Sharyn	Ramage	W60	Edinburgh Athletic Club	5
66	33:36	Roger	Homyer	M65	Highland Hill Runners	13
67	33:38	Lorna	Stanger	W50	North Highland Harriers	11
68	33:51	Colin	Simpson	M65	Kirkintilloch Olympians	14
69	33:53	Jude	Colligan	W45	Highland Hill Runners	9
70	34:15	Guillermo	Hernandez	M75	Dundee Hawkhill Harriers	2
71	34:16	Linden	Nicholson	W70	Lasswade Athletics Club	1
72	34:22	Innes	Bracegirdle	W65	Fife AC	3
73	34:46	Elaine	Mackay	W55	Shettleston Harriers	11
74	34:50	Alison	Binns	W55	Lasswade Athletics Club	12
75	34:55	Monica	Anderson	W55	Falkirk Victoria Harriers	13
76	35:00	Carol	Massie	W60	Fraserburgh Running Club	6
77	35:14	Martin	Caldwell	M70	Corstorphine AAC	4
78	35:21	Alison	Matheson	W50	Highland Hill Runners	12
79	35:31	Kira	Mourao	W45	Corstorphine AAC	10
80	35:37	Jane	Chisholm	W40	Highland Hill Runners	15
81	35:56	Ruth	Crawford	W45	Metro Aberdeen Running Club	11
82	36:35	Amanda	Strang	W50	Moray Road Runners	13
83	36:42	Jayne	Addie	W45	Metro Aberdeen Running Club	12
84	36:53	Eric	Stevenson	M70	Edinburgh Athletic Club	5
85	37:12	Paul	Corrigan	M65	Unattached	15
86	37:35	Brian	Howie	M70	Edinburgh Athletic Club	6
87	38:12	Phill	Thompson	M70	Moray Road Runners	7
88	38:27	Ada	Stewart	W60	Kirkintilloch Olympians	7
89	39:34	Mhairi	Bagnall	W50	Corstorphine AAC	14
90	40:20	Malcolm	Christie	M65	Elgin Amateur Athletics Club	16
91	41:02	Ross	MacDonald	M65	Inverness Harriers AAC	17
92	41:39	Peter	Rudzinski	M70	Clydesdale Harriers	8
93	43:44	Susan	Bothwell	W65	Perth Road Runners	4
94	44:19	Shirley	MacNab	W55	Kirkintilloch Olympians	14

**Event Name** Masters Men 40-64

<b>Pos</b>	<b>Time</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Team Name</b>	<b>Cat</b>
1	29:04	Grant	Baillie	M45	East Kilbride AC	1
2	29:15	Ben	Livesey	M45	Moray Road Runners	2
3	29:45	Jim	Tole	M45	Metro Aberdeen Running Club	3
4	29:50	Ross	Houston	M40	Central Athletic Club	1
5	30:05	Joe	Symonds	M40	Shettleston Harriers	2
6	30:15	Stuart	Livingstone	M40	Corstorphine AAC	3
7	31:00	Matthew	Blunden	M40	Moray Road Runners	4
8	31:18	Lesley	Morrison	M40	Metro Aberdeen Running Club	5
9	31:20	Justin	Carter	M50	Cambuslang Harriers	1
10	31:22	James	MacLeod	M40	Garscube Harriers	6
11	31:29	Paul	Kieran	M45	PH Racing Club	4
12	31:33	Douglas	McKinnon	M40	Corstorphine AAC	7
13	31:38	John	Coyle	M50	Garscube Harriers	2
14	31:45	David	Gardiner	M50	Motherwell Athletics Club	3
15	31:48	Francisco Javier	Cabrera Valdes	M40	Highland Hill Runners	8
16	31:54	Alastair	Brockie	M40	Corstorphine AAC	9
17	31:54	Allan	Christie	M40	Metro Aberdeen Running Club	10
18	31:56	Kenny	O'Neill	M45	Garioch Road Runners	5
19	31:57	Daniel	Rowe-Leete	M40	Highland Hill Runners	11
20	31:58	Paul	Sorrie	M45	Shettleston Harriers	6
21	32:18	Alastair	Scott	M40	Shettleston Harriers	12
22	32:30	Donnie	Macdonald	M45	Inverness Harriers AAC	7
23	32:34	Stevie	Cairns	M55	Hunters Bog Trotters	1
24	32:45	Jamie	Reid	M50	Cambuslang Harriers	4
25	33:00	Peter	Fraser	M40	Inverness Harriers AAC	13
26	33:06	Norman	Ferguson	M40	Stornoway Running & Athletics Club	14
27	33:10	Ewan	Taylor	M40	PH Racing Club	15
28	33:12	Alan	Cunningham	M50	Corstorphine AAC	5
29	33:13	Mark	Wilkins	M40	Metro Aberdeen Running Club	16
30	33:15	Dino	Roussias	M50	Metro Aberdeen Running Club	6
31	33:16	Keith	Hood	M50	Corstorphine AAC	7
32	33:23	Alasdair	Thomson	M45	Inverness Harriers AAC	8
33	33:27	Graeme	Kafka	M40	Hunters Bog Trotters	17
34	33:42	Waldemar	Krogulec	M40	Highland Hill Runners	18
35	33:46	Will	Hensman	M40	Central Athletic Club	19
36	33:47	Walter	Henderson	M55	Cumbernauld Amateur Athletics Club	2
37	33:50	Iain	Burns	M40	Shettleston Harriers	20
38	34:01	Kevin	Riddell	M40	Perth Road Runners	21
39	34:29	Graeme	Brown	M40	Highland Hill Runners	22
40	34:44	Kenneth	McWilliam	M45	Lasswade Athletics Club	9
41	34:48	James	Hall	M45	Fife AC	10
42	34:49	Duncan	Ryan	M50	Perth Road Runners	8
43	34:51	Jonny	Muir	M40	Carnethy Hill Running Club	23
44	34:55	Michael	Hoult	M45	Ross County Athletics Club	11
45	35:12	Christopher	Watters	M50	East Kilbride AC	9
46	35:22	Jeremy	Rogers	M50	Corstorphine AAC	10
47	35:32	Rankin	Lascelles	M40	Metro Aberdeen Running Club	24
48	35:35	Richard	O'Grady	M45	Helensburgh AAC	12
49	35:43	Mike	MacDonald	M45	Fife AC	13
50	35:56	David	Thom	M60	Cambuslang Harriers	1

**Event Name** Masters Men 40-64

<b>Pos</b>	<b>Time</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Team Name</b>	<b>Cat</b>
51	36:12	Nigel	O'Neill	M40	Metro Aberdeen Running Club	25
52	36:16	Michael	Sutherland	M55	North Highland Harriers	3
53	36:19	Sean	Casey	M55	Cumbernauld Amateur Athletics Club	4
54	36:29	Denis	Williams	M60	Shettleston Harriers	2
55	36:35	Tom	Roche	M45	JSK Running Club	14
56	36:42	Fraser	Mackintosh	M55	Highland Hill Runners	5
57	36:48	Scott	Phimister	M40	Moray Road Runners	26
58	36:57	Gavin	Phillip	M55	Edinburgh Athletic Club	6
59	36:58	Mark	Crawford	M50	Perth Road Runners	11
60	36:58	Martin	Ferguson	M55	Edinburgh Athletic Club	7
61	37:06	Stuart	Thompson	M45	Nairn Road Runners	15
62	37:13	Kevin	Morice	M45	Moray Road Runners	16
63	37:16	Paul	Miller	M50	Inverness Harriers AAC	12
64	37:19	Andrew	McKechanie	M40	Hunters Bog Trotters	27
65	37:23	Angus	MacDonald	M40	Highland Hill Runners	28
66	37:32	Stan	MacKenzie	M60	Cambuslang Harriers	3
67	37:43	Steven	Worsley	M60	Inverness Harriers AAC	4
68	37:44	Grant	Matheson	M60	Falkirk Victoria Harriers	5
69	37:59	Ross	McEachern	M55	Cumbernauld Amateur Athletics Club	8
70	38:10	James	Ward	M40	Forres Harriers	29
71	38:20	Andrew	Thompson	M45	Metro Aberdeen Running Club	17
72	38:45	David	Orr	M50	North Highland Harriers	13
73	38:47	Craig	Anderson	M50	Metro Aberdeen Running Club	14
74	38:58	Andy	Nichol	M50	Corstorphine AAC	15
75	39:01	Ivor	Normand	M55	Hunters Bog Trotters	9
76	39:08	Ian	Johnston	M60	Corstorphine AAC	6
77	39:14	David	Pattison	M45	Corstorphine AAC	18
78	39:19	Colin	Hall	M55	Forres Harriers	10
79	39:26	Steven	Burnside	M45	Highland Hill Runners	19
80	39:29	David	Worrall	M45	Portobello Running Club	20
81	39:31	Mark	Western	M55	PH Racing Club	11
82	39:34	Mark	Brumby	M40	Forres Harriers	30
83	39:36	Dougie	Macdonald	M50	Highland Hill Runners	16
84	39:43	Kenneth	MacRae	M50	Moray Road Runners	17
85	39:57	Rob	Normand	M45	Hunters Bog Trotters	21
86	40:02	Hugh D.	McKay	M60	Fife AC	7
87	40:09	Simon	MacDonald	M60	Moray Road Runners	8
88	40:23	James	Kelman	M55	North Highland Harriers	12
89	40:36	Richard	Chatburn	M55	Highland Hill Runners	13
90	40:52	Richard	Ward	M50	Perth Road Runners	18
91	40:55	David	Spencer	M55	North Highland Harriers	14
92	41:52	Lewis	Orr	M50	Edinburgh Athletic Club	19
93	42:15	Dave	Clements	M50	Edinburgh Athletic Club	20
94	42:23	Jan-Bert	Van Den Berg	M60	Corstorphine AAC	9
95	42:35	Hugh	Buchanan	M60	Central Athletic Club	10
96	42:57	Stuart	WEBSTER	M55	JSK Running Club	15
97	43:18	Ian	Barker	M60	Moray Road Runners	11
98	43:30	Greig	Cruickshank	M60	JSK Running Club	12
99	43:54	Stephen	Alexander	M45	Falkirk Victoria Harriers	22
100	44:24	Grant	Symon	M45	Forres Harriers	23
101	45:01	Jamie	Walker	M45	JSK Running Club	24
102	46:01	Iain	Crawford	M55	Cambuslang Harriers	16
103	47:30	Colin	Green	M50	Moray Road Runners	21
104	48:43	Derrick	Brydon	M50	Lasswade Athletics Club	22
105	49:26	Steve	Donaghy	M55	Moray Road Runners	17
106	52:19	William	Skinner	M60	Aberdeen Amateur Athletic Club	13

Sunday 11th February 2024

Lindsays scottishathletics Masters Cross Country Championships  
2024 MasXC Results Provisional

Grant Park,  
Forres

**Teams M40 M45**

**Pos Team Name**

1 Metro Aberdeen Running Club  
2 Shettleston Harriers  
3 Corstorphine AAC  
4 Highland Hill Runners  
5 Moray Road Runners

**Pts Athlete**

48 3 Jim Tole (3)  
68 5 Joe Symonds (5)  
77 6 Stuart Livingstone (6)  
84 15 Francisco Javier Cabrera Valdes (12)  
91 2 Ben Livesey (2)

8 Lesley Morrison (8)  
20 Paul Sorrie (17)  
12 Douglas McKinnon (11)  
19 Daniel Rowe-Leete (16)  
7 Matthew Blunden (7)

17 Allan Christie (14)  
21 Alastair Scott (18)  
16 Alastair Brockie (13)  
34 Waldemar Krogulec (26)  
57 Scott Phimister (40)

29 Mark Wilkins (23)  
37 Iain Burns (28)  
77 David Pattison (47)  
39 Graeme Brown (30)  
62 Kevin Morice (42)

**Teams M50 M55 M60+**

**Pos Team Name**

1 Cambuslang Harriers  
2 Corstorphine AAC  
3 Cumbernauld Amateur Athletics Club  
4 Perth Road Runners  
5 North Highland Harriers  
6 Edinburgh Athletic Club  
7 Highland Hill Runners  
8 Moray Road Runners

**Pts Athlete**

19 9 Justin Carter (1)  
26 28 Alan Cunningham (6)  
49 36 Walter Henderson (9)  
68 42 Duncan Ryan (10)  
77 52 Michael Sutherland (14)  
79 58 Gavin Phillip (18)  
88 56 Fraser Mackintosh (17)  
116 84 Kenneth MacRae (34)

24 Jamie Reid (5)  
31 Keith Hood (8)  
53 Sean Casey (15)  
59 Mark Crawford (19)  
72 David Orr (26)  
60 Martin Ferguson (20)  
83 Dougie Macdonald (33)  
87 Simon MacDonald (36)

50 David Thom (13)  
46 Jeremy Rogers (12)  
69 Ross McEachern (25)  
90 Richard Ward (39)  
88 James Kelman (37)  
92 Lewis Orr (41)  
89 Richard Chatburn (38)  
97 Ian Barker (46)

**Teams W40 W45**

**Pos Team Name**

1 Highland Hill Runners  
2 Metro Aberdeen Running Club

**Pts Athlete**

25 3 Sarah Attwood (3)  
63 30 Ilona Kriauzaite (15)

7 Rhona Grant (6)  
60 Sarah Simpson (22)

31 Iona Robertson (16)  
81 Ruth Crawford (26)

**Teams W50 W55 W60+**

**Pos Team Name**

1 Edinburgh Athletic Club  
2 Perth Road Runners

**Pts Athlete**

17 19 Susan Ridley (4)  
51 37 Fabienne Thompson (12)

25 Karen Dobbie (6)  
47 Diane White (16)

27 Julie Wilson (7)  
55 Gillian McGuire (23)