

U13 Girls 3.2k

Pos	Time	First Name	Last Name	Cat	Team Name
1	12:48	Lucy	Tonner	U13G	Giffnock North AC
2	12:52	Emma	Nicholson	U13G	Kilbarchan AAC
3	13:06	Eve	Cameron	U13G	Giffnock North AC
4	13:13	Erika	Tait	U13G	Giffnock North AC
5	13:16	Lola	Finnigan	U13G	North Ayrshire AC
6	13:18	Emily	Taylor	U13G	Law & District AAC
7	13:30	Olivia	Lyne	U13G	Inverclyde Athletic Club
8	13:38	Dionne	Maguinness	U13G	Airdrie Harriers
9	13:46	Zoe	Roberts	U13G	Shettleston Harriers
10	13:54	Brooke	Walker	U13G	Cambuslang Harriers
11	13:58	Brooke	Dawson	U13G	Springburn Harriers
12	14:09	Zoe	Baillie	U13G	East Kilbride AC
13	14:17	Willow	Smith	U13G	Springburn Harriers
14	14:30	Madeline	Curley	U13G	Kilmarnock Harrier & Athletic Club
15	14:36	Eilidh	Brown	U13G	Giffnock North AC
16	14:37	Nina	Clark	U13G	East Kilbride AC
17	14:39	Emy	Finnigan	U13G	North Ayrshire AC
18	14:40	Zara	Gillespie	U13G	Airdrie Harriers
19	14:49	Megan	Jackson	U13G	Giffnock North AC
20	14:50	Ella	McMillan	U13G	North Ayrshire AC
21	14:55	Beth	Wells	U13G	Springburn Harriers
22	14:56	Emma	Birrell	U13G	Giffnock North AC
23	15:04	Megan	Haggarty	U13G	Kilmarnock Harrier & Athletic Club
24	15:10	Lottie	Sim	U13G	East Kilbride AC
25	15:13	Iona	Wilson	U13G	Inverclyde Athletic Club
26	15:17	Louisa	Fraser-moodie	U13G	Springburn Harriers
27	15:20	Freya	Togneri	U13G	Law & District AAC
28	15:23	Elsbeth	Thorpe	U13G	East Kilbride AC
29	15:25	Zoe	Barber	U13G	Kilmarnock Harrier & Athletic Club
30	15:27	Rebecca	Martin	U13G	Giffnock North AC
31	15:28	Erin	Lough	U13G	Giffnock North AC
32	15:37	Chloe	Simpson	U13G	Giffnock North AC
33	15:40	Leah	Paterson	U13G	Airdrie Harriers
34	15:42	Charlotte	Reilly	U13G	Shettleston Harriers
35	15:47	Sophie	Friel	U13G	Victoria Park City of Glasgow AC
36	15:59	Willow	Challis	U13G	Ayr Seaforth AC
37	16:01	Lola	Carter	U13G	Kilmarnock Harrier & Athletic Club
38	16:02	Annie	MacDonald	U13G	East Kilbride AC
39	16:03	Eve	Campbell	U13G	Cambuslang Harriers
40	16:06	Ellie	Alexander	U13G	Kilmarnock Harrier & Athletic Club
41	16:13	Aimee	McEleny	U13G	Greenock Glenpark Harriers
42	16:15	AVA	HENDRY	U13G	East Kilbride AC
43	16:17	Phoebe	Bonham	U13G	Victoria Park City of Glasgow AC
44	16:24	Ruby	McWilliams	U13G	Giffnock North AC
45	16:28	Alexia	Rigg	U13G	Shettleston Harriers
46	16:32	Eilidh	Boyle	U13G	Law & District AAC
47	16:33	Phoebe	Thomson	U13G	Garscube Harriers
48	16:35	Tilly	Carroll	U13G	North Ayrshire AC
49	16:44	Nieve	Fitzpatrick	U13G	Law & District AAC
50	17:18	Jorgie	Gairn	U13G	Airdrie Harriers
51	17:35	Sophia	Phillips	U13G	Airdrie Harriers
52	19:07	Talia	Padmanabhan	U13G	Garscube Harriers

U13 Boys 3.2k

Pos	Time	First Name	Last Name	Cat	Team Name
1	11:50	Sam	Deery	U13B	Giffnock North AC
2	11:51	Alexander	Wotherspoon	U13B	Law & District AAC
3	11:53	Gregor	McNaught	U13B	Springburn Harriers
4	12:00	Donald	MacInnes	U13B	Giffnock North AC
5	12:02	Ewan	Kennedy	U13B	Cambuslang Harriers
6	12:05	Evan	Tyler	U13B	Giffnock North AC
7	12:21	Andrew William	Ross	U13B	Victoria Park City of Glasgow AC
8	12:25	James	Andrew	U13B	Giffnock North AC
9	12:28	Ollie	Macfarlane	U13B	Giffnock North AC
10	12:36	Leo	Carroll	U13B	Giffnock North AC
11	12:38	Logan	McNulty	U13B	Giffnock North AC
12	12:42	Jamie	Mackie	U13B	Law & District AAC
13	12:48	Mason	Stubbs	U13B	Annan & District AC
14	12:57	Kevin	Winiarz	U13B	Airdrie Harriers
15	12:58	Matthew	Watt	U13B	Kilbarchan AAC
16	13:09	Jay	Jenkins	U13B	Kilbarchan AAC
17	13:14	Maxwell	Connolly	U13B	Garscube Harriers
18	13:18	Jamie	Walker	U13B	Kilmarnock Harrier & Athletic Club
19	13:19	Elliott	Tyler	U13B	Garscube Harriers
20	13:29	Samuel	Robertson	U13B	Springburn Harriers
21	13:40	Kieran	Gordon	U13B	Giffnock North AC
22	13:42	Calum	Fitzgerald	U13B	Kilmarnock Harrier & Athletic Club
23	13:48	Sol	Currie	U13B	Inverclyde Athletic Club
24	13:48	Christopher	Grant Pantrey	U13B	Shettleston Harriers
25	13:59	Harris	Rosling	U13B	East Kilbride AC
26	14:04	Tyler	McMeekin	U13B	Kilbarchan AAC
27	14:15	Duncan	Hewitt	U13B	Kilbarchan AAC
28	14:16	Callum	O'Neill	U13B	Kilmarnock Harrier & Athletic Club
29	14:52	MaCauley	Olabamiji	U13B	Airdrie Harriers
30	14:54	Kerr	Watkins	U13B	Kilbarchan AAC
31	14:56	Charlie	Lyne	U13B	Inverclyde Athletic Club
32	15:28	Nathaniel	Gaston	U13B	Kilbarchan AAC
33	15:35	Joseph	Igoe	U13B	Giffnock North AC
34	16:08	Neil	Arthur	U13B	East Kilbride AC
35	16:54	Callum	Cameron	U13B	Airdrie Harriers

U15 Girls 4.1k

Pos	Time	First Name	Last Name	Cat	Team Name
1	15:51	Freya	Scobie	U15G	Giffnock North AC
2	15:58	Holly	Simpson	U15G	Giffnock North AC
3	16:07	Matilda	Frew	U15G	East Kilbride AC
4	16:09	Amy	Gallagher	U15G	Giffnock North AC
5	16:15	Anna Elizabeth	Ross	U15G	Victoria Park City of Glasgow AC
6	16:19	Eilidh	Caldow	U15G	Giffnock North AC
7	16:30	Millie	Gairn	U15G	Airdrie Harriers
8	16:33	Erin	Burnett	U15G	Garscube Harriers
9	16:35	Millie	Boothman	U15G	Giffnock North AC
10	16:39	Mimi	Taylor	U15G	Victoria Park City of Glasgow AC
11	16:39	Lucy	Taylor	U15G	Law & District AAC
12	16:41	Clara	Bain	U15G	Kilbarchan AAC
13	16:47	Isabella	Wilson	U15G	Giffnock North AC
14	17:16	Emily	Langdon	U15G	Unattached
15	17:18	Nicole	Yates	U15G	Giffnock North AC
16	17:24	Emma	Johnston	U15G	Giffnock North AC
17	17:27	Eihlinn	Gillespie	U15G	Airdrie Harriers
18	17:29	Jemma	Macleod	U15G	Cumbernauld Amateur Athletics Club
19	17:30	Erin	Reilly	U15G	Giffnock North AC
20	17:35	Kiera	Gregory	U15G	Inverclyde Athletic Club
21	17:39	Skye	Christie	U15G	East Kilbride AC
22	17:40	Chloe	Hendry	U15G	Garscube Harriers
23	17:47	Emma	Binnie	U15G	Inverclyde Athletic Club
24	17:53	Skye	Smith	U15G	Springburn Harriers
25	17:57	Olivia	Inglis	U15G	Law & District AAC
26	17:58	Eva	Morrison	U15G	East Kilbride AC
27	18:04	Isobel	Collingwood	U15G	Garscube Harriers
28	18:13	Beth	Adams	U15G	Giffnock North AC
29	18:21	Carrie	Charters	U15G	East Kilbride AC
30	18:24	Eve	Wilkinson	U15G	Giffnock North AC
31	18:28	Erin	McGurk	U15G	Law & District AAC
32	18:40	Eilidh	Dunwoodie	U15G	North Ayrshire AC
33	18:48	Kady	Wood	U15G	Airdrie Harriers
34	18:57	Daisy	Gildea	U15G	Shettleston Harriers
35	19:10	Alexandra	Bell	U15G	Garscube Harriers
36	19:21	Cara	Monachello	U15G	Kilmarnock Harrier & Athletic Club
37	19:24	Emma	Fox	U15G	Garscube Harriers
38	19:30	Leesa	Dunwoodie	U15G	North Ayrshire AC
39	19:31	Eve	Morrison	U15G	Victoria Park City of Glasgow AC
40	19:31	Rose	Costello	U15G	Giffnock North AC
41	19:47	Imogen	Millar	U15G	Shettleston Harriers
42	19:58	Charlotte	Gebbie	U15G	Kilmarnock Harrier & Athletic Club
43	20:10	Murryn	Burns	U15G	Airdrie Harriers
44	20:19	Niamh	Wilson	U15G	Springburn Harriers
45	20:44	Sophie	Nelson	U15G	Law & District AAC
46	21:12	Nuala	Quigley	U15G	Greenock Glenpark Harriers
47	22:07	Martha	Cathie	U15G	Whitemoss Amateur Athletic Club
48	23:53	Lexie	Speirs	U15G	Bellahouston Harriers

U15 Boys 4.1k

Pos	Time	First Name	Last Name	Cat	Team Name
1	13:22	Alistair	Street	U15B	Kilbarchan AAC
2	13:41	Louie	Muir	U15B	Giffnock North AC
3	13:49	Daibhidh	Kinnaird	U15B	Cambuslang Harriers
4	14:11	Aaron	Reid	U15B	Giffnock North AC
5	14:12	Max	Deery	U15B	Giffnock North AC
6	14:13	Euan	Reid	U15B	Cambuslang Harriers
7	14:17	Finlay	Laskey	U15B	Giffnock North AC
8	14:23	Daniel	Hendry	U15B	Garscube Harriers
9	14:27	Rory	Charters	U15B	East Kilbride AC
10	14:35	John	Frood	U15B	Law & District AAC
11	14:46	Cameron	Mitchell	U15B	Giffnock North AC
12	15:06	Connor	Campbell	U15B	Garscube Harriers
13	15:15	Ben	Baillie	U15B	East Kilbride AC
14	15:16	Cameron	Chambers	U15B	Law & District AAC
15	15:22	Angus	O'Neil	U15B	Cambuslang Harriers
16	15:23	Euan	Thorpe	U15B	East Kilbride AC
17	15:24	Ethan	Scobie	U15B	Giffnock North AC
18	15:27	Connor	McCallum	U15B	Giffnock North AC
19	15:36	Brian	Heslop	U15B	East Kilbride AC
20	15:41	Oscar	Linton	U15B	Kilbarchan AAC
21	15:53	Billy	McKie	U15B	Kilbarchan AAC
22	16:00	Joseph	Mowat	U15B	Giffnock North AC
23	16:05	Archie	Loch	U15B	Garscube Harriers
24	16:15	Callum	Datta	U15B	Giffnock North AC
25	16:23	Aj	Campbell	U15B	Kilbarchan AAC
26	16:31	Lucas	Watt	U15B	Kilbarchan AAC
27	16:52	Lewis John	Scott	U15B	Greenock Glenpark Harriers
28	16:52	Tom	MacDonald	U15B	Kilbarchan AAC
29	16:59	Nicholas	Latto	U15B	Kilmarnock Harrier & Athletic Club
30	17:04	Jackson	Tower	U15B	Garscube Harriers
31	17:08	Matthew	Moore	U15B	Kilbarchan AAC
32	17:12	Bruce	MacCormick	U15B	Nithsdale AC
33	17:13	Aaron	Scott	U15B	Larkhall YMCA Harriers
34	17:22	Lucan	Marshall-Watt	U15B	Ayr Seaforth AC
35	17:46	Christopher	Paton	U15B	East Kilbride AC
36	18:12	Iain	MacLean	U15B	Ayr Seaforth AC
37	18:39	Richard	Forbes	U15B	Kilbarchan AAC
38	19:29	Dean	Binnie	U15B	Inverclyde Athletic Club
39	21:17	Cameron	McArdle	U15B	Shettleston Harriers
40	22:15	Jack	Flanigan	U15B	Calderglen Harriers
41	22:41	Sam	McGowan	U15B	Shettleston Harriers

U17 Men 5.5k

Pos	Time	First Name	Last Name	Cat	Team Name
1	17:13	James	Alexander	U17M	Garscube Harriers
2	17:35	Alasdair	Nugent	U17M	Giffnock North AC
3	17:53	Oliver	Macdonald	U17M	Giffnock North AC
4	18:06	Jack	Wallace	U17M	Giffnock North AC
5	18:12	Joshua	Mungin	U17M	Kilbarchan AAC
6	18:32	Zach	Seenan	U17M	Cambuslang Harriers
7	18:36	Sam	McCarthy	U17M	Cambuslang Harriers
8	18:40	Andrew	Shorts	U17M	Kilbarchan AAC
9	18:43	Jamie	Work	U17M	Kilmarnock Harrier & Athletic Club
10	18:44	Rory	Treharne	U17M	Garscube Harriers
11	18:46	Daniel	Owens	U17M	Garscube Harriers
12	19:05	Alasdair	Maclean	U17M	Ayr Seaforth AC
13	19:12	Ruari	Laskey	U17M	Giffnock North AC
14	19:13	Sam	Rice	U17M	Kilmarnock Harrier & Athletic Club
15	19:19	Ryan	Kellock	U17M	Law & District AAC
16	19:27	Sam	Walton	U17M	North Ayrshire AC
17	19:38	Adam	Clifford	U17M	Shettleston Harriers
18	19:39	Ian	MacPherson	U17M	Kilbarchan AAC
19	19:46	Lewis	Stevenson	U17M	Kilbarchan AAC
20	19:47	Sam	McCrorie	U17M	Ayr Seaforth AC
21	19:48	Matthew	Monachello	U17M	Kilmarnock Harrier & Athletic Club
22	19:54	Cameron	Robertson	U17M	Nithsdale AC
23	19:59	Ruaridh	Miller	U17M	Kilbarchan AAC
24	20:04	Aaron	Thomson	U17M	East Kilbride AC
25	20:06	Gregor	Samson	U17M	Kilmarnock Harrier & Athletic Club
26	20:12	Thomas	Reay	U17M	Giffnock North AC
27	20:26	Lewis	Anderson	U17M	Kilmarnock Harrier & Athletic Club
28	20:28	Christopher	Black	U17M	Cambuslang Harriers
29	20:30	Dylan	Edwards	U17M	East Kilbride AC
30	20:31	Matthew	McQuaid	U17M	East Kilbride AC
31	20:34	Dima	Graham	U17M	Tweed Leader Jed Track
32	20:43	Lewis	McCrae	U17M	Greenock Glenpark Harriers
33	21:20	Andrew	Dunn	U17M	Victoria Park City of Glasgow AC
34	21:32	Gabriel	Murphy	U17M	Cambuslang Harriers
35	21:44	Christopher	Hargreaves	U17M	Garscube Harriers
36	21:46	Ciaran	Muir	U17M	East Kilbride AC
37	22:55	Liam	Kane	U17M	Inverclyde Athletic Club
38	23:43	Kai	Wheeler	U17M	Calderglen Harriers
39	23:52	Kieran	Budd	U17M	East Kilbride AC

U17 Wom 5.5k

Pos	Time	First Name	Last Name	Cat	Team Name
1	19:50	Zara	Redmond	U17W	Kilbarchan AAC
2	19:57	Jessica	Inglis	U17W	Law & District AAC
3	20:12	Amy	Teasdale	U17W	Kilbarchan AAC
4	20:24	Ruth	Walsh	U17W	Giffnock North AC
5	21:07	Freya	Campbell	U17W	Giffnock North AC
6	21:16	Katie	Woods	U17W	Shettleston Harriers
7	21:41	Scarlett	Wilson	U17W	Giffnock North AC
8	22:07	Cara	Mcminn	U17W	Kilbarchan AAC
9	22:26	Iona Stroma	Hubbard	U17W	Giffnock North AC
10	22:45	Isla	Munro	U17W	Giffnock North AC
11	22:53	Sophie	Gibbons	U17W	Garscube Harriers
12	22:56	Grace	Wilson	U17W	Airdrie Harriers
13	23:11	Neve	Elliott	U17W	Law & District AAC
14	23:17	Amy	Andrew	U17W	East Kilbride AC
15	24:02	Nina	Padmanabhan	U17W	Garscube Harriers
16	24:21	Katy	Donnelly	U17W	Giffnock North AC
17	25:03	Charlotte	Tower	U17W	Garscube Harriers
18	25:20	Katie	Burns	U17W	Shettleston Harriers
19	25:42	Rachael Niamh	Hill	U17W	Giffnock North AC
20	25:49	Summer	Taggart	U17W	Greenock Glenpark Harriers
21	25:53	Carys	Murrison	U17W	Victoria Park City of Glasgow AC
22	26:09	Ellie	Stewart	U17W	Giffnock North AC
23	26:28	Evie	Harrison	U17W	Greenock Glenpark Harriers
24	26:37	Katie	Fielding	U17W	East Kilbride AC
25	27:04	Erin	McEleny	U17W	Greenock Glenpark Harriers

U20 Men 6.3k

Pos	Time	First Name	Last Name	Cat	Team Name
1	19:43	Connor	Bell	U20M	Glasgow University Hares and Hounds
2	19:56	Fraser	Gilmour	U20M	Kilbarchan AAC
3	20:35	Luke	Lindsay	U20M	Kilbarchan AAC
4	20:44	Jonathon	Downey	U20M	Kilmarnock Harrier & Athletic Club
5	20:51	Zak	Povey	U20M	Cambuslang Harriers
6	20:57	Glen	Griffiths	U20M	Giffnock North AC
7	21:04	Seonaidh	MacInnes	U20M	Cambuslang Harriers
8	21:04	Finlay	Robb	U20M	Cambuslang Harriers
9	21:14	Jamie	Phillips	U20M	Kilmarnock Harrier & Athletic Club
10	21:19	Harry	Clark	U20M	Glasgow University Hares and Hounds
11	21:21	Matthew	Knak	U20M	Giffnock North AC
12	21:28	Matthew	Cox	U20M	Giffnock North AC
13	21:33	Calum	Charters	U20M	East Kilbride AC
14	21:36	Sam	Hosie	U20M	East Kilbride AC
15	21:42	Charlie	Treharne	U20M	Garscube Harriers
16	22:17	Joel	MacInnes	U20M	Cambuslang Harriers
17	22:23	Euan	Bell	U20M	Strathclyde University Harriers
18	22:44	Callum	MacDonald	U20M	Garscube Harriers
19	22:52	Crawford	Smith	U20M	Garscube Harriers
20	22:57	Euan	O'Brien	U20M	Giffnock North AC
21	23:03	Euan	Docherty	U20M	Glasgow University Hares and Hounds
22	23:11	Logan	Whitton	U20M	Law & District AAC
23	23:17	Fergus	Currie	U20M	Glasgow University Hares and Hounds
24	23:57	Angus	MacCormick	U20M	Nithsdale AC
25	24:15	Callum	Husband	U20M	Glasgow University Hares and Hounds
26	24:18	Barnaby	Sharifi	U20M	Glasgow University Hares and Hounds
27	24:27	Lewis	Thorpe	U20M	East Kilbride AC
28	26:24	Finn	Boylan	U20M	Glasgow University Hares and Hounds

U20 Wom 6.3k

Pos	Time	First Name	Last Name	Cat	Team Name
1	24:29	Emma	McLennan	U20W	Giffnock North AC
2	25:05	Rachel	Giffen	U20W	Glasgow University Hares and Hounds
3	25:21	Esme	Dougall	U20W	Giffnock North AC
4	25:59	Ellen	Astley	U20W	Strathclyde University Harriers
5	26:12	Anna	Dalglish	U20W	Glasgow University Hares and Hounds
6	26:30	Ella	Youngs	U20W	Giffnock North AC
7	26:34	Gemma	Griffiths	U20W	Shettleston Harriers
8	26:50	Kiara	Meiklejohn	U20W	Giffnock North AC
9	26:58	Amiya	Patel	U20W	Garscube Harriers
10	27:18	Beth	Trainer	U20W	Strathclyde University Harriers
11	27:52	Millie	Aitken	U20W	East Kilbride AC
12	28:08	Ruby	McGill	U20W	Glasgow University Hares and Hounds
13	28:16	Grace	Campbell	U20W	Strathclyde University Harriers
14	28:26	Zoe	Rodden	U20W	Strathclyde University Harriers
15	29:01	Lucy	Donaldson	U20W	Garscube Harriers
16	29:03	Kirsten	McCluskey	U20W	Glasgow University Hares and Hounds
17	29:25	Olivia	Boyle	U20W	Whitemoss Amateur Athletic Club
18	30:47	Emma	Livingstone	U20W	East Kilbride AC
19	32:02	Abbie	Kirwan	U20W	East Kilbride AC

Sen Mas Wom 7.5k

Pos	Time	First Name	Last Name	Cat	Team Name	Cat
1	26:48	Eve	MacKinnon	SW	Cambuslang Harriers	1
2	27:59	Nynke	Mulholland-Stummer	SW	Inverclyde Athletic Club	2
3	28:04	Catriona	MacDonald	SW	Bellahouston Road Runners	3
4	28:08	Lesley	Bell	W45	Garscube Harriers	1
5	28:11	Monica	Blair	SW	Garscube Harriers	4
6	28:28	Emma	Creasey	SW	Giffnock North AC	5
7	28:40	Clare	Stewart	SW	Glasgow University Hares and Hounds	6
8	28:57	Michelle	Sandison	W40	Springburn Harriers	1
9	29:05	Mia	Padmanabhan	SW	Glasgow University Hares and Hounds	7
10	29:07	Aoife	Carr	SW	Shettleston Harriers	8
11	29:13	Katie	Clubb	SW	Cambuslang Harriers	9
12	29:15	Yvonne	McNairn	SW	Giffnock North AC	10
13	29:31	Hannah	Terrance	SW	Shettleston Harriers	11
14	29:37	Katrine	Kelly	W45	Troon Tortoises AC	2
15	29:54	Claire	Heasman	W45	Helensburgh AAC	3
16	30:12	Libby	Sutherland	SW	Kilbarchan AAC	12
17	30:15	Lea	Meinecke	SW	Glasgow University Hares and Hounds	13
18	30:34	Avril	Mason	W45	Shettleston Harriers	4
19	30:36	Ella	Foreman	SW	Westerlands Cross Country Club	14
20	30:39	ELENA	HEGER	SW	Shettleston Harriers	15
21	30:42	Alicia	Paton	SW	Cumbernauld Amateur Athletics Club	16
22	30:45	Anna	Macfadyen	SW	Shettleston Harriers	17
23	30:55	Catriona	Bark	W40	Giffnock North AC	2
24	30:56	Charlene	McCallum	SW	Shettleston Harriers	18
25	31:00	Kristina	Greig	SW	Bellahouston Harriers	19
26	31:06	Ruth	Fraser-Moodie	W45	Springburn Harriers	5
27	31:08	Catriona	Bain	SW	Cambuslang Harriers	20
28	31:26	Kirsty	O'Brien	W40	Cambuslang Harriers	3
29	31:28	Ellen	Downs	SW	Westerlands Cross Country Club	21
30	31:34	Gillian	Blee	W40	Garscube Harriers	4
31	31:42	Allie	Chong	W50	Giffnock North AC	1
32	31:45	Louise	Ross	W45	Bellahouston Road Runners	6
33	31:52	Ella	Peters	SW	Westerlands Cross Country Club	22
34	32:00	Holly	Smith	SW	Garscube Harriers	23
35	32:09	Sophie	Gorman	SW	Glasgow University Hares and Hounds	24
36	32:13	Rosa	Donaldson	SW	Glasgow University Hares and Hounds	25
37	32:20	Christine	Irvine	SW	Victoria Park City of Glasgow AC	26
38	32:26	Amy	MacLellan	SW	Shettleston Harriers	27
39	32:39	Emma	Morris	SW	Motherwell Athletics Club	28
40	32:43	Emma	Baird	SW	Shettleston Harriers	29
41	32:45	Mhairi	Mactier	SW	Bellahouston Harriers	30
42	32:55	Karen	Patel	W45	West End Road Runners	7
43	32:56	Grace	Binnie	SW	Victoria Park City of Glasgow AC	31
44	33:16	Elaine	Boyle	W40	Law & District AAC	5
45	33:42	Kelly	Baillie	W40	East Kilbride AC	6
46	34:02	Emma	Smith	SW	Motherwell Athletics Club	32
47	34:06	Kirsten	Vieira da Luz	SW	Shettleston Harriers	33
48	34:11	Caroline	Millar	W45	Troon Tortoises AC	8
49	34:12	Marie	Kane	SW	Cambuslang Harriers	34
50	34:13	Gemma	Hayward	SW	Westerlands Cross Country Club	35

Sen Mas Wom 7.5k

Pos	Time	First Name	Last Name	Cat	Team Name	Cat
51	34:20	Katherine	Hylands	SW	Bellahouston Harriers	36
52	34:24	Jade	Lau	SW	Westerlands Cross Country Club	37
53	34:41	Kirsty	Macfarlane	SW	Bellahouston Road Runners	38
54	34:50	Martha	Lovatt	SW	Garscube Harriers	39
55	34:52	Jennifer	Beattie	W40	Law & District AAC	7
56	34:54	Zara	Higgins	SW	Cambuslang Harriers	40
57	35:12	Diane	Mckinney	SW	Troon Tortoises AC	41
58	35:21	Catriona	Tennant	SW	Garscube Harriers	42
59	35:21	Claire	McCormick	W55	Bellahouston Harriers	1
60	35:24	Vivien	Thorpe	W45	East Kilbride AC	9
61	35:37	Bethany	Ross	SW	Kilmarnock Harrier & Athletic Club	43
62	35:54	Rona	Myatt	SW	Westerlands Cross Country Club	44
63	36:00	Gabriela	Gerganova	SW	Westerlands Cross Country Club	45
64	36:11	Angela	Carson	W55	Giffnock North AC	2
65	36:19	Catriona	Padmanabhan	W50	Garscube Harriers	2
66	36:23	Amanda	Bryden	SW	Kilmarnock Harrier & Athletic Club	46
67	36:34	Alison	Lessells	W40	Calderglen Harriers	8
68	36:40	Hannah	Mearns	SW	West End Road Runners	47
69	36:44	Amanda	Gibson	SW	Westerlands Cross Country Club	48
70	36:47	Rebecca	Simister	SW	Bellahouston Harriers	49
71	36:55	Hannah	McGeehan	SW	Inverclyde Athletic Club	50
72	36:57	Lynne	Harrison	W50	Greenock Glenpark Harriers	3
73	37:13	Kirsty	Stewart	W40	Bellahouston Harriers	9
74	37:32	Joni	Lindsay	SW	Bellahouston Road Runners	51
75	37:38	Julia	Pechlof	SW	Calderglen Harriers	52
76	37:46	Kendall	Gregory	SW	Inverclyde Athletic Club	53
77	38:05	Rosalind	Teasdale	W40	Kilbarchan AAC	10
78	38:08	Pauline	Wright	W50	Bellahouston Road Runners	4
79	38:14	Claire	Fitzsimmons	W40	Bellahouston Harriers	11
80	38:18	Erica	Christie	W65	Cambuslang Harriers	1
81	38:36	Marianne	McKay	W45	Greenock Glenpark Harriers	10
82	38:54	Alison	Rutherford	SW	Garscube Harriers	54
83	38:58	Stephanie	Rudd	W50	Bellahouston Harriers	5
84	39:13	Alison	Mackenzie	SW	Bellahouston Harriers	55
85	39:15	Ray	Musleh	W45	West End Road Runners	11
86	39:18	Jill	Aikman	W50	Greenock Glenpark Harriers	6
87	39:39	Iara	Nave Calton	SW	Glasgow University Hares and Hounds	56
88	39:40	Meg	Currie Moodie	SW	Garscube Harriers	57
89	39:41	Faye	Currie	W40	Inverclyde Athletic Club	12
90	39:42	Amy	Cromarty	SW	Garscube Harriers	58
91	39:58	Cheryl	McNulty	W45	Hamilton Harriers	12
92	40:33	Emma	Mckinnon	SW	Shettleston Harriers	59
93	41:37	Morag	Casey	W50	Garscube Harriers	7
94	42:19	Carina	Gallagher	W55	Troon Tortoises AC	3
95	42:33	Jaclyn	Molloy	W40	Motherwell Athletics Club	13
96	43:05	Eileen	Stevenson	W50	Greenock Glenpark Harriers	8
97	44:11	Helen	Crawford	W50	Greenock Glenpark Harriers	9
98	53:59	June Anne	McKnight	W50	Greenock Glenpark Harriers	10

Sen Mas Men 7.5k

Pos	Time	First Name	Last Name	Cat	Team Name	Cat
1	22:55	Duncan	Robinson	SM	Giffnock North AC	1
2	23:14	Seyd Taha	Ghafari	SM	Shettleston Harriers	2
3	23:18	Gavin	Smith	SM	Cambuslang Harriers	3
4	23:24	Andrew	Douglas	SM	Inverclyde Athletic Club	4
5	23:42	Jamie	MacKinnon	SM	Cambuslang Harriers	5
6	23:45	Robbie	Ferguson	SM	Kilbarchan AAC	6
7	23:49	Magnus	Tait	SM	Glasgow University Hares and Hounds	7
8	24:05	Ryan	Gray	SM	Inverclyde Athletic Club	8
9	24:15	Philip	Neilson	SM	Shettleston Harriers	9
10	24:17	Dan	Dry	SM	Shettleston Harriers	10
11	24:19	Ross	Gray	SM	Inverclyde Athletic Club	11
12	24:27	Alasdair	Campbell	SM	Cambuslang Harriers	12
13	24:31	Jack	Trainer	SM	Garscube Harriers	13
14	24:33	Jonathan	Moore	SM	Motherwell Athletics Club	14
15	24:38	Fraser	Stewart	SM	Cambuslang Harriers	15
16	24:41	Jack	Heathwood	SM	Bellahouston Harriers	16
17	24:42	Videsh	Weerakkody	SM	Victoria Park City of Glasgow AC	17
18	24:44	Nikolai	Gajic	SM	Giffnock North AC	18
19	24:46	Grant	Baillie	M40	East Kilbride AC	1
20	24:49	Sam	Lesley	SM	Shettleston Harriers	19
21	24:50	Cameron	Harris	SM	Glasgow University Hares and Hounds	20
22	24:52	Colin	Reilly	SM	Cambuslang Harriers	21
23	24:52	Stephen	Addison	SM	Glasgow University Hares and Hounds	22
24	25:00	John	Fergusson	SM	East Kilbride AC	23
25	25:01	Ewan	McKerral	SM	Kilbarchan AAC	24
26	25:03	Lucas	Cheskin	SM	Shettleston Harriers	25
27	25:24	Andrew	Taylor	SM	Shettleston Harriers	26
28	25:26	James	Wilkes	SM	Garscube Harriers	27
29	25:34	Christopher	McLew	SM	Cambuslang Harriers	28
30	25:37	Craig	Ferguson	SM	Kilmarnock Harrier & Athletic Club	29
31	25:38	Conor	Drummond	SM	Giffnock North AC	30
32	25:44	Henry	Horiuchi-Sutton	SM	Victoria Park City of Glasgow AC	31
33	25:50	Tom	Porter	SM	Strathclyde University Harriers	32
34	25:51	Callum	Matthews	SM	Cambuslang Harriers	33
35	25:56	Kenneth	Neill	M45	Ayr Seaforth AC	1
36	26:02	Daryl	Reid	SM	East Kilbride AC	34
37	26:04	Charlie	Storrie	SM	Dumfries Running Club	35
38	26:09	Jethro	Lennox	M45	Shettleston Harriers	2
39	26:11	Calum	Borthwick	SM	Bellahouston Road Runners	36
40	26:15	Andrew	Kirk	SM	Kirkintilloch Olympians	37
41	26:22	Michael	Miller	SM	Clydesdale Harriers	38
42	26:24	Andrew	Forteach	M40	East Kilbride AC	2
43	26:25	Robert	Hamlin	SM	Westerlands Cross Country Club	39
44	26:27	Patrick	Mochan	SM	Strathclyde University Harriers	40
45	26:28	Stuart	Gibson	M40	Cambuslang Harriers	3
46	26:29	Harry	McGill	SM	Glasgow University Hares and Hounds	41
47	26:31	Dylan	Crawford	SM	Greenock Glenpark Harriers	42
48	26:31	Duncan	Anderson	SM	Bellahouston Harriers	43
49	26:32	Adam	Stark	SM	Bellahouston Harriers	44
50	26:32	James	MacLeod	M40	Garscube Harriers	4

Sen Mas Men 7.5k

Pos	Time	First Name	Last Name	Cat	Team Name	Cat
51	26:34	Luke	Kirwan	SM	East Kilbride AC	45
52	26:34	David	Gardiner	M50	Motherwell Athletics Club	1
53	26:43	Andrew	McCall	SM	Greenock Glenpark Harriers	46
54	26:46	Allan	Neill	SM	Law & District AAC	47
55	26:48	Matthew	O'Brien	SM	Kilbarchan AAC	48
56	26:48	Nicholas	Gemmell	M50	Garscube Harriers	2
57	26:55	Cameron	Wallace	SM	Strathclyde University Harriers	49
58	27:01	Stephen	Brown	M40	West End Road Runners	5
59	27:12	Sandy	Gilhooly	SM	Glasgow University Hares and Hounds	50
60	27:13	Oliver	Traynor	SM	Giffnock North AC	51
61	27:15	Iain	Carroll	M45	Bellahouston Harriers	3
62	27:20	Darran	Muir	M45	Law & District AAC	4
63	27:23	Justin	Carter	M50	Cambuslang Harriers	3
64	27:27	Allistair	Gray	SM	Giffnock North AC	52
65	27:29	Andrew	Shields	SM	Shettleston Harriers	53
66	27:29	Jordan	Orr	SM	Giffnock North AC	54
67	27:31	Euan	Convery	SM	Garscube Harriers	55
68	27:33	Scott	McKelvie	SM	Shettleston Harriers	56
69	27:39	Calum	Oates	SM	Shettleston Harriers	57
70	27:40	Mark	Gallacher	M50	Cambuslang Harriers	4
71	27:41	Drew	Carr	SM	Westerlands Cross Country Club	58
72	27:44	Ian	Hodge	SM	Cambuslang Harriers	59
73	27:46	Walter	Henderson	M55	Cumbernauld Amateur Athletics Club	1
74	27:52	Andrew	Rockett Jackson	SM	Shettleston Harriers	60
75	27:55	Grant	MacDonald	M40	Garscube Harriers	6
76	28:01	Timothy	Martin	SM	Garscube Harriers	61
77	28:01	Lee	Shaw	SM	Bellahouston Harriers	62
78	28:04	James	Callender	SM	Westerlands Cross Country Club	63
79	28:10	Ieuan	Harries	SM	Glasgow University Hares and Hounds	64
80	28:10	Brent	Brodie	M50	Bellahouston Harriers	5
81	28:14	Callum	Butterworth	SM	Shettleston Harriers	65
82	28:16	Nicholas	Boyle	SM	Giffnock North AC	66
83	28:16	Alan	Moss	SM	Bellahouston Road Runners	67
84	28:21	Darren	McMahon	SM	Troon Tortoises AC	68
85	28:22	Matthew	Brown	SM	Bellahouston Harriers	69
86	28:25	Allan	Cameron	M50	Victoria Park City of Glasgow AC	6
87	28:27	Colin	Feechan	M65	Cambuslang Harriers	1
88	28:29	Jason	Kane	SM	Inverclyde Athletic Club	70
89	28:32	Craig	Ross	M40	Bellahouston Road Runners	7
90	28:32	Mark	Sands	M45	Irvine RC	5
91	28:34	Grant	Mackenzie	SM	Law & District AAC	71
92	28:37	Miles	Hollinshead	SM	Giffnock North AC	72
93	28:40	Joshua	Farrell	SM	Dumbarton AAC	73
94	28:48	Anthony Lucio	Jannetta	M40	Bellahouston Road Runners	8
95	28:55	Paul	McNairn	M40	Bellahouston Road Runners	9
96	28:57	Owen	McWilliams	SM	Irvine RC	74
97	29:05	Jamie	Taggart	SM	Giffnock North AC	75
98	29:14	Tom	Adams	SM	Cambuslang Harriers	76
99	29:20	Gary	Craig	SM	East Kilbride AC	77
100	29:26	Christopher	Steven	SM	Hamilton Harriers	78

Sen Mas Men 7.5k

Pos	Time	First Name	Last Name	Cat	Team Name	Cat
101	29:32	Ben	Brown	SM	Glasgow University Hares and Hounds	79
102	29:36	Jim	Phillips	M50	Troon Tortoises AC	7
103	29:37	David	Allsop	M50	Kirkintilloch Olympians	8
104	29:38	Bruce	Carse	M40	Bellahouston Road Runners	10
105	29:40	Donovan	Oosthuizen	SM	Kirkintilloch Olympians	80
106	29:47	Jamie	Clements	SM	East Kilbride AC	81
107	29:50	Jordan	Stewart	SM	Calderglen Harriers	82
108	29:54	Cliff	Binning	SM	Cumbernauld Amateur Athletics Club	83
109	29:55	Ruairi	Ferris	SM	Kirkintilloch Olympians	84
110	29:56	Keith	Charters	M55	East Kilbride AC	2
111	29:59	Evan	Griffiths	SM	Westerlands Cross Country Club	85
112	30:01	David	Shaw	M50	Giffnock North AC	9
113	30:03	Malcolm	Wilson	SM	Westerlands Cross Country Club	86
114	30:08	Fraser	Kelly	SM	Bellahouston Road Runners	87
115	30:17	Denis	Williams	M60	Shettleston Harriers	1
116	30:18	Ross	McEachern	M55	Cumbernauld Amateur Athletics Club	3
117	30:27	Peter	Walsh	SM	Dumbarton AAC	88
118	30:32	Sean	Casey	M55	Cumbernauld Amateur Athletics Club	4
119	30:32	Jamie	Robinson	SM	Bellahouston Road Runners	89
120	30:41	Calum	Ferguson	SM	Bellahouston Harriers	90
121	30:43	Daniel	Williams	SM	Westerlands Cross Country Club	91
122	30:50	Lewis	Anderson	SM	Cambuslang Harriers	92
123	30:50	Derek	Scott	SM	Strathaven Striders	93
124	30:55	David	Gorman	SM	East Kilbride AC	94
125	30:58	Scott	Kelman	SM	Giffnock North AC	95
126	30:59	David	Riach	M55	Westerlands Cross Country Club	5
127	31:01	Colin	McKnight	M45	Greenock Glenpark Harriers	6
128	31:02	Alan	Chalmers	SM	Bellahouston Road Runners	96
129	31:03	Colin	Hughes	M55	Bellahouston Road Runners	6
130	31:05	Duncan	McCauley	M45	Shettleston Harriers	7
131	31:08	Graham	Coubrough	M40	Westerlands Cross Country Club	11
132	31:21	William	Taylor	SM	Greenock Glenpark Harriers	97
133	31:21	Alasdair	Reid	SM	Strathclyde University Harriers	98
134	31:27	Stephen	Harrison	M50	Greenock Glenpark Harriers	10
135	31:29	Derek	O'Neill	M45	Motherwell Athletics Club	8
136	31:30	Iain	Harding	M40	Victoria Park City of Glasgow AC	12
137	31:31	Kenneth	MacMahon	M50	Garscube Harriers	11
138	31:32	Iain	Robertson	M45	Clydesdale Harriers	9
139	31:34	Steven	Leith	SM	Westerlands Cross Country Club	99
140	31:36	Simon	Lennox	M45	Dumbarton AAC	10
141	31:37	Johnj	Duffy	M55	Shettleston Harriers	7
142	31:42	Andrew	Callan	M50	Cumbernauld Amateur Athletics Club	12
143	31:44	Greig	Glendinning	M50	Kilmarnock Harrier & Athletic Club	13
144	31:47	Alexander	Winn	SM	Bellahouston Harriers	100
145	31:51	Robbie	Drummond	M50	Garscube Harriers	14
146	31:52	Peter	Maclean	M50	Ayr Seaforth AC	15
147	31:55	Matt	Pearce	M45	Troon Tortoises AC	11
148	31:57	Nicholas	Carter	SM	Kilmarnock Harrier & Athletic Club	101
149	31:58	James	Cathie	SM	Whitemoss Amateur Athletic Club	102
150	31:59	Alasdair	Meldrum	M50	Ayr Seaforth AC	16

Sen Mas Men 7.5k

Pos	Time	First Name	Last Name	Cat	Team Name	Cat
151	32:02	Murray	McAlpine	SM	Hamilton Harriers	103
152	32:06	David	Ferguson	M40	Bellahouston Road Runners	13
153	32:07	Richard	Evans	M40	Bellahouston Road Runners	14
154	32:11	Sven	Mathier	SM	West End Road Runners	104
155	32:13	Martin	Murphy	M45	Bellahouston Road Runners	12
156	32:18	Daniel	Reid	M65	Westerlands Cross Country Club	2
157	32:19	Christopher	Butler	SM	Westerlands Cross Country Club	105
158	32:26	Simon	Kirk	M50	Ayr Seaforth AC	17
159	32:30	Greg	Luke	SM	Greenock Glenpark Harriers	106
160	32:32	Derren	Thomson	M50	Giffnock North AC	18
161	32:33	James	Bryson	SM	Westerlands Cross Country Club	107
162	32:33	Daniel	O'Connell	M55	Cambuslang Harriers	8
163	32:38	James	McGreevy	M40	Bellahouston Road Runners	15
164	32:38	Andrew	Chapman	M45	East Kilbride AC	13
165	32:42	George	Yarr	SM	Glasgow University Hares and Hounds	108
166	32:44	Jonathan	Sharp	M40	Kirkintilloch Olympians	16
167	33:02	Finn	Milligan	SM	Law & District AAC	109
168	33:07	John	Stevenson	M50	Greenock Glenpark Harriers	19
169	33:10	Robert	Pattinson	M55	Motherwell Athletics Club	9
170	33:16	Robert	Gray	M50	Inverclyde Athletic Club	20
171	33:17	Paul	Wilson	M40	Springburn Harriers	17
172	33:22	Tom	Paterson	SM	Kirkintilloch Olympians	110
173	33:25	Mark	Matheson	SM	Bellahouston Harriers	111
174	33:27	Scott	Elliott	M60	Kirkintilloch Olympians	2
175	33:34	Thomas	McLaughlin	SM	East Kilbride AC	112
176	33:36	Iain	Pettigrew	M55	Ayr Seaforth AC	10
177	33:38	Mikolaj	Siekierka	SM	Strathclyde University Harriers	113
178	33:47	John	Oates	M60	Shettleston Harriers	3
179	33:49	Mark	Henderson	SM	Kilmarnock Harrier & Athletic Club	114
180	33:51	Chris	Furse	M55	Westerlands Cross Country Club	11
181	33:52	Drew	Paterson	M55	Kirkintilloch Olympians	12
182	33:57	Sandy	Gardner	M50	Victoria Park City of Glasgow AC	21
183	33:59	James	McLaughlin	M55	Bellahouston Harriers	13
184	33:59	William	Bradley	SM	Shettleston Harriers	115
185	34:07	Stephen	Clark	SM	Shettleston Harriers	116
186	34:18	Graeme	Campbell	M50	Bellahouston Harriers	22
187	34:20	Andrew	Law	M65	Victoria Park City of Glasgow AC	3
188	34:21	Andrew	McCulloch	SM	Bellahouston Road Runners	117
189	34:22	Mark	Milligan	M50	Law & District AAC	23
190	34:32	Iain	Wallace	M50	Cambuslang Harriers	24
191	34:53	Martin	Kay	M45	Law & District AAC	14
192	34:56	Michael	Dunn	M65	Greenock Glenpark Harriers	4
193	35:10	Tom	Ord	M65	Victoria Park City of Glasgow AC	5
194	35:14	Derek	Mitchell	M50	Greenock Glenpark Harriers	25
195	35:16	Alan	Dunlop	M40	Troon Tortoises AC	18
196	35:26	Michael	Carlin	M45	East Kilbride AC	15
197	35:32	Xun	Zhang	SM	Shettleston Harriers	118
198	35:38	Allen	Campbell	M50	West End Road Runners	26
199	35:45	Thomas	Thorne	M40	Bellahouston Road Runners	19
200	35:50	Brian	Wilson	M45	Airdrie Harriers	16

Sen Mas Men 7.5k

Pos	Time	First Name	Last Name	Cat	Team Name	Cat
201	36:00	David	Cathie	M50	Whitemoss Amateur Athletic Club	27
202	36:09	Alan	O'Rourke	M50	Greenock Glenpark Harriers	28
203	36:13	Iain	Crawford	M55	Cambuslang Harriers	14
204	36:15	Jim	Mearns	M55	Calderglen Harriers	15
205	36:26	John	O'Leary	M60	Law & District AAC	4
206	36:34	William	Goldie	M65	Dumbarton AAC	6
207	36:40	Kieran	McQuade	SM	Dumbarton AAC	119
208	36:48	John	Cunningham	M55	Bellahouston Harriers	16
209	36:54	Graeme	Taylor	M45	Garscube Harriers	17
210	36:58	Kenny	McDonald	M50	Bellahouston Road Runners	29
211	37:04	Peter	Gallagher	M50	Motherwell Athletics Club	30
212	37:06	Andrew	Mott	M45	Westerlands Cross Country Club	18
213	37:47	Frank	McMahon	M70	Greenock Glenpark Harriers	1
214	37:58	David	Stakes	M60	Westerlands Cross Country Club	5
215	38:04	Colin	Gardner	M50	Motherwell Athletics Club	31
216	38:21	Alastair	Patience	M50	Bellahouston Harriers	32
217	38:43	Martin	Egan	M55	Garscube Harriers	17
218	39:00	Simon	McDougall	M40	Bellahouston Harriers	20
219	39:20	Joshua	Hughes	M40	West End Road Runners	21
220	39:28	Trevor	Wayman	M60	West End Road Runners	6
221	39:40	Richard	Millar	M45	Shettleston Harriers	19
222	40:18	John	Mackenzie	M40	Dumbarton AAC	22
223	40:24	Allan	Douglas	M65	Strathaven Striders	7
224	41:14	David	Gemmell	M40	Bellahouston Harriers	23
225	41:27	Kevin	Smith	M60	Bellahouston Harriers	7
226	43:50	Alan	Burns	M45	Airdrie Harriers	20
227	46:20	Russell	Couper	M55	Calderglen Harriers	18

U13 Girls Teams**Pos Club**

- 1 Giffnock North AC
- 2 North Ayrshire AC
- 3 Springburn Harriers
- 4 East Kilbride AC
- 5 Airdrie Harriers
- 6 Kilmarnock Harrier & Athletic Club
- 7 Law & District AAC
- 8 Shettleston Harriers

Pts Athlete

- 8 1 Lucy Tonner (1)
- 42 5 Lola Finnigan (5)
- 45 11 Brooke Dawson (11)
- 52 12 Zoe Baillie (12)
- 59 8 Dionne Maguinness (8)
- 66 14 Madeline Curley (14)
- 79 6 Emily Taylor (6)
- 88 9 Zoe Roberts (9)

Athlete

- 3 Eve Cameron (3)
- 17 Emy Finnigan (17)
- 13 Willow Smith (13)
- 16 Nina Clark (16)
- 18 Zara Gillespie (18)
- 23 Megan Haggarty (23)
- 27 Freya Togneri (27)
- 34 Charlotte Reilly (34)

Athlete

- 4 Erika Tait (4)
- 20 Ella McMillan (20)
- 21 Beth Wells (21)
- 24 Lottie Sim (24)
- 33 Leah Paterson (33)
- 29 Zoe Barber (29)
- 46 Eilidh Boyle (46)
- 45 Alexia Rigg (45)

U13 Boys Teams**Pos Club**

- 1 Giffnock North AC
- 2 Kilbarchan AAC
- 3 Kilmarnock Harrier & Athletic Club
- 4 Airdrie Harriers

Pts Athlete

- 11 1 Sam Deery (1)
- 57 15 Matthew Watt (15)
- 68 18 Jamie Walker (18)
- 78 14 Kevin Winiarz (14)

Athlete

- 4 Donald MacInnes (4)
- 16 Jay Jenkins (16)
- 22 Calum Fitzgerald (22)
- 29 MaCauley Olabamiji (29)

Athlete

- 6 Evan Tyler (6)
- 26 Tyler McMeekin (26)
- 28 Callum Oneill (28)
- 35 Callum Cameron (35)

U15 Girls Teams**Pos Club**

- 1 Giffnock North AC
- 2 East Kilbride AC
- 3 Victoria Park City of Glasgow AC
- 4 Garscube Harriers
- 5 Airdrie Harriers
- 6 Law & District AAC

Pts Athlete

- 7 1 Freya Scobie (1)
- 50 3 Matilda Frew (3)
- 54 5 Anna Elizabeth Ross (5)
- 57 8 Erin Burnett (8)
- 57 7 Millie Gairn (7)
- 67 11 Lucy Taylor (11)

Athlete

- 2 Holly Simpson (2)
- 21 Skye Christie (21)
- 10 Mimi Taylor (10)
- 22 Chloe Hendry (22)
- 17 Eihlenn Gillespie (17)
- 25 Olivia Inglis (25)

Athlete

- 4 Amy Gallagher (4)
- 26 Eva Morrison (26)
- 39 Eve Morrison (39)
- 27 Isobel Collingwood (27)
- 33 Kady Wood (33)
- 31 Erin McGurk (31)

U15 Boys Teams**Pos Club**

- 1 Giffnock North AC
- 2 Cambuslang Harriers
- 3 East Kilbride AC
- 4 Kilbarchan AAC
- 5 Garscube Harriers

Pts Athlete

- 11 2 Louie Muir (2)
- 24 3 Daibhidh Kinnaird (3)
- 38 9 Rory Charters (9)
- 42 1 Alistair Street (1)
- 43 8 Daniel Hendry (8)

Athlete

- 4 Aaron Reid (4)
- 6 Euan Reid (6)
- 13 Ben Baillie (13)
- 20 Oscar Linton (20)
- 12 Connor Campbell (12)

Athlete

- 5 Max Deery (5)
- 15 Angus O'Neil (15)
- 16 Euan Thorpe (16)
- 21 Billy McKie (21)
- 23 Archie Loch (23)

U17 Men Teams**Pos Club**

- 1 Giffnock North AC
- 2 Garscube Harriers
- 3 Kilbarchan AAC
- 4 Cambuslang Harriers
- 5 Kilmarnock Harrier & Athletic Club
- 6 East Kilbride AC

Pts Athlete

- 9 2 Alasdair Nugent (2)
- 22 1 James Alexander (1)
- 31 5 Joshua Mungin (5)
- 41 6 Zach Seenan (6)
- 44 9 Jamie Work (9)
- 83 24 Aaron Thomson (24)

Athlete

- 3 Oliver Macdonald (3)
- 10 Rory Trehame (10)
- 8 Andrew Shorts (8)
- 7 Sam McCarthy (7)
- 14 Sam Rice (14)
- 29 Dylan Edwards (29)

Athlete

- 4 Jack Wallace (4)
- 11 Daniel Owens (11)
- 18 Ian MacPherson (18)
- 28 Christopher Black (28)
- 21 Matthew Monachello (21)
- 30 Matthew McQuaid (30)

U17 Women Teams**Pos Club**

- 1 Kilbarchan AAC
- 2 Giffnock North AC
- 3 Garscube Harriers
- 4 Greenock Glenpark Harriers

Pts Athlete

- 12 1 Zara Redmond (1)
- 16 4 Ruth Walsh (4)
- 43 11 Sophie Gibbons (11)
- 68 20 Summer Taggart (20)

Athlete

- 3 Amy Teasdale (3)
- 5 Freya Campbell (5)
- 15 Nina Padmanabhan (15)
- 23 Evie Harrison (23)

Athlete

- 8 Cara McMinn (8)
- 7 Scarlett Wilson (7)
- 17 Charlotte Tower (17)
- 25 Erin McEleny (25)

U20 Men Teams**Pos Club**

- 1 Cambuslang Harriers
- 2 Giffnock North AC
- 3 Glasgow University Hares and Hounds
- 4 Garscube Harriers
- 5 East Kilbride AC

Pts Athlete

- 20 5 Zak Povey (5)
- 29 6 Glen Griffiths (6)
- 32 1 Connor Bell (1)
- 52 15 Charlie Trehame (15)
- 54 13 Calum Charters (13)

Athlete

- 7 Seonaidh MacInnes (7)
- 11 Matthew Knak (11)
- 10 Harry Clark (10)
- 18 Callum MacDonald (18)
- 14 Sam Hosie (14)

Athlete

- 8 Finlay Robb (8)
- 12 Matthew Cox (12)
- 21 Euan Docherty (21)
- 19 Crawford Smith (19)
- 27 Lewis Thorpe (27)

U20 Women Teams**Pos Club**

- 1 Giffnock North AC
- 2 Glasgow University Hares and Hounds
- 3 Strathclyde University Harriers
- 4 East Kilbride AC

Pts Athlete

- 10 1 Emma McLennan (1)
- 19 2 Rachel Giffen (2)
- 27 4 Ellen Astley (4)
- 48 11 Millie Aitken (11)

Athlete

- 3 Esme Dougall (3)
- 5 Anna Dalglish (5)
- 10 Beth Trainer (10)
- 18 Emma Livingstone (18)

Athlete

- 6 Ella Youngs (6)
- 12 Ruby McGill (12)
- 13 Grace Campbell (13)
- 19 Abbie Kirwan (19)

Senior Women Teams**Pos Club**

- 1 Shettleston Harriers
- 2 Cambuslang Harriers
- 3 Glasgow University Hares and Hounds
- 4 Giffnock North AC
- 5 Garscube Harriers
- 6 Westerlands Cross Country Club
- 7 Bellahouston Road Runners
- 8 Bellahouston Harriers
- 9 Troon Tortoises AC
- 10 Inverclyde Athletic Club
- 11 Greenock Glenpark Harriers

Pts Athlete

- 61 10 Aoife Carr (10)
- 67 1 Eve MacKinnon (1)
- 68 7 Clare Stewart (7)
- 72 6 Emma Creasey (6)
- 73 4 Lesley Bell (4)
- 131 19 Ella Foreman (19)
- 162 3 Catriona MacDonald (3)
- 176 25 Kristina Greig (25)
- 213 14 Katrine Kelly (14)
- 238 2 Nynke Mulholland-Stummer (2)
- 335 72 Lynne Harrison (72)

Athlete

- 13 Hannah Terrance (13)
- 11 Katie Clubb (11)
- 9 Mia Padmanabhan (9)
- 12 Yvonne McNairn (12)
- 5 Monica Blair (5)
- 29 Ellen Downs (29)
- 32 Louise Ross (32)
- 41 Mhairi Mactier (41)
- 48 Caroline Millar (48)
- 71 Hannah McGeehan (71)
- 81 Marianne McKay (81)

Athlete

- 18 Avril Mason (18)
- 27 Catriona Bain (27)
- 17 Lea Meinecke (17)
- 23 Catriona Bark (23)
- 30 Gillian Blee (30)
- 33 Ella Peters (33)
- 53 Kirsty Macfarlane (53)
- 51 Katherine Hylands (51)
- 57 Diane McKinney (57)
- 76 Kendall Gregory (76)
- 86 Jill Aikman (86)

Athlete

- 20 ELENA HEGER (20)
- 28 Kirsty O'Brien (28)
- 35 Sophie Gorman (35)
- 31 Allie Chong (31)
- 34 Holly Smith (34)
- 50 Gemma Hayward (50)
- 74 Joni Lindsay (74)
- 59 Claire McCormick (59)
- 94 Carina Gallagher (94)
- 89 Faye Currie (89)
- 96 Eileen Stevenson (96)

Masters Women Teams**Pos Club**

- 1 Garscube Harriers
- 2 Giffnock North AC
- 3 Troon Tortoises AC
- 4 Bellahouston Harriers
- 5 Greenock Glenpark Harriers

Pts Athlete

- 30 4 Lesley Bell (1)
- 35 23 Catriona Bark (6)
- 53 14 Katrine Kelly (3)
- 66 59 Claire McCormick (17)
- 81 72 Lynne Harrison (22)

Athlete

- 30 4 Lesley Blee (9)
- 31 Allie Chong (10)
- 48 Caroline Millar (15)
- 73 Kirsty Stewart (23)
- 81 Marianne McKay (28)

Athlete

- 65 Catriona Padmanabhan (20)
- 64 Angela Carson (19)
- 94 Carina Gallagher (35)
- 79 Claire Fitzsimmons (26)
- 86 Jill Aikman (31)

Senior Men Teams**Pos Club**

- 1 Cambuslang Harriers
- 2 Shettleston Harriers
- 3 Glasgow University Hares and Hounds
- 4 Giffnock North AC
- 5 East Kilbride AC
- 6 Garscube Harriers
- 7 Bellahouston Harriers
- 8 Bellahouston Road Runners
- 9 Westerlands Cross Country Club
- 10 Victoria Park City of Glasgow AC
- 11 Greenock Glenpark Harriers
- 12 Kirkintilloch Olympians
- 13 Law & District AAC
- 14 Motherwell Athletics Club
- 15 Dumbarton AAC

Pts Athlete

- 86 3 Gavin Smith (3)
- 94 2 Seyd Taha Ghafari (2)
- 235 7 Magnus Tait (7)
- 240 1 Duncan Robinson (1)
- 271 19 Grant Baillie (19)
- 289 13 Jack Trainer (13)
- 331 16 Jack Heathwood (16)
- 504 39 Calum Borthwick (39)
- 537 43 Robert Hamlin (43)
- 640 17 Videsh Weerakkody (17)
- 652 47 Dylan Crawford (47)
- 695 40 Andrew Kirk (40)
- 754 54 Allan Neill (54)
- 796 14 Jonathan Moore (14)
- 985 93 Joshua Farrell (93)

Athlete

- 5 Jamie MacKinnon (5)
- 9 Philip Neilson (9)
- 21 Cameron Harris (21)
- 18 Nikolai Gajic (18)
- 27 John Fergusson (24)
- 28 James Wilkes (28)
- 48 Duncan Anderson (48)
- 83 Alan Moss (83)
- 71 Drew Carr (71)
- 32 Henry Horiuchi-Sutton (32)
- 53 Andrew McCall (53)
- 103 David Allsop (103)
- 62 Darran Muir (62)
- 52 David Gardiner (52)
- 117 Peter Walsh (117)

Athlete

- 12 Alasdair Campbell (12)
- 10 Dan Dry (10)
- 23 Stephen Addison (23)
- 31 Conor Drummond (31)
- 36 Daryl Reid (36)
- 50 James MacLeod (50)
- 49 Adam Stark (49)
- 89 Craig Ross (89)
- 78 James Callender (78)
- 86 Allan Cameron (86)
- 127 Colin McKnight (127)
- 105 Donovan Oosthuizen (105)
- 91 Grant Mackenzie (91)
- 135 Derek O'Neill (135)
- 140 Simon Lennox (140)

Athlete

- 15 Fraser Stewart (15)
- 20 Sam Lesley (20)
- 46 Harry McGill (46)
- 60 Oliver Traynor (60)
- 42 Andrew Forteach (42)
- 56 Nicholas Gemmell (56)
- 61 Iain Carroll (61)
- 94 Anthony Lucio Jannetta (94)
- 111 Evan Griffiths (111)
- 113 Malcolm Wilson (113)
- 182 Sandy Gardner (182)
- 132 William Taylor (132)
- 109 Ruairi Ferris (109)
- 167 Finn Milligan (167)
- 169 Robert Pattinson (169)
- 206 William Goldie (206)

Athlete

- 22 Colin Reilly (22)
- 26 Lucas Cheskin (26)
- 59 Sandy Gilhooly (59)
- 64 Alistair Gray (64)
- 51 Luke Kirwan (51)
- 67 Euan Convery (67)
- 77 Lee Shaw (77)
- 95 Paul McNairn (95)
- 113 Malcolm Wilson (113)
- 182 Sandy Gardner (182)
- 134 Stephen Harrison (134)
- 166 Jonathan Sharp (166)
- 189 Mark Milligan (189)
- 211 Peter Gallagher (211)
- 207 Kieran McQuade (207)

Athlete

- 29 Christopher McLew (29)
- 27 Andrew Taylor (27)
- 79 Ieuan Harries (79)
- 66 Jordan Orr (66)
- 99 Gary Craig (99)
- 75 Grant MacDonald (75)
- 80 Brent Brodie (80)
- 104 Bruce Carse (104)
- 121 Daniel Williams (121)
- 187 Andrew Law (187)
- 159 Greg Luke (159)
- 172 Tom Paterson (172)
- 191 Martin Kay (191)
- 215 Colin Gardner (215)
- 222 John Mackenzie (222)

Masters Men Teams**Pos Club**

- 1 Garscube Harriers
- 2 Cambuslang Harriers
- 3 East Kilbride AC
- 4 Bellahouston Road Runners
- 5 Shettleston Harriers
- 6 Cumbarnauld Amateur Athletics Club
- 7 Bellahouston Harriers
- 8 Ayr Seaforth AC
- 9 Motherwell Athletics Club
- 10 Westerlands Cross Country Club
- 11 Victoria Park City of Glasgow AC
- 12 Greenock Glenpark Harriers
- 13 Kirkintilloch Olympians
- 14 Troon Tortoises AC
- 15 Law & District AAC
- 16 West End Road Runners
- 17 Dumbarton AAC

Pts Athlete

- 29 50 James MacLeod (6)
- 30 45 Stuart Gibson (5)
- 31 19 Grant Baillie (1)
- 62 89 Craig Ross (19)
- 65 38 Jethro Lennox (3)
- 73 73 Walter Henderson (14)
- 95 61 Iain Carroll (10)
- 96 35 Kenneth Neill (2)
- 104 52 David Gardiner (7)
- 118 126 David Riach (31)
- 123 86 Allan Cameron (17)
- 127 127 Colin McKnight (32)
- 145 103 David Allsop (24)
- 148 102 Jim Phillips (23)
- 157 62 Darran Muir (11)
- 189 58 Stephen Brown (9)
- 232 140 Simon Lennox (41)

Athlete

- 56 Nicholas Gemmell (8)
- 63 Justin Carter (12)
- 42 Andrew Forteach (4)
- 94 Anthony Lucio Jannetta (21)
- 115 Denis Williams (28)
- 116 Ross McEachern (29)
- 80 Brent Brodie (16)
- 146 Peter Maclean (46)
- 135 Derek O'Neill (37)
- 131 Graham Coubrough (35)
- 136 Iain Harding (38)
- 134 Stephen Harrison (36)
- 166 Jonathan Sharp (58)
- 147 Matt Pearce (47)
- 189 Mark Milligan (72)
- 198 Allen Campbell (80)
- 206 William Goldie (88)

Athlete

- 75 Grant MacDonald (15)
- 70 Mark Gallacher (13)
- 110 Keith Charters (26)
- 95 Paul McNairn (22)
- 130 Duncan McCauley (34)
- 118 Sean Casey (30)
- 183 James McLaughlin (69)
- 150 Alasdair Meldrum (48)
- 169 Robert Pattinson (60)
- 156 Daniel Reid (52)
- 182 Sandy Gardner (68)
- 168 John Stevenson (59)
- 174 Scott Elliott (63)
- 195 Alan Dunlop (78)
- 191 Martin Kay (74)
- 219 Joshua Hughes (100)
- 222 John Mackenzie (103)