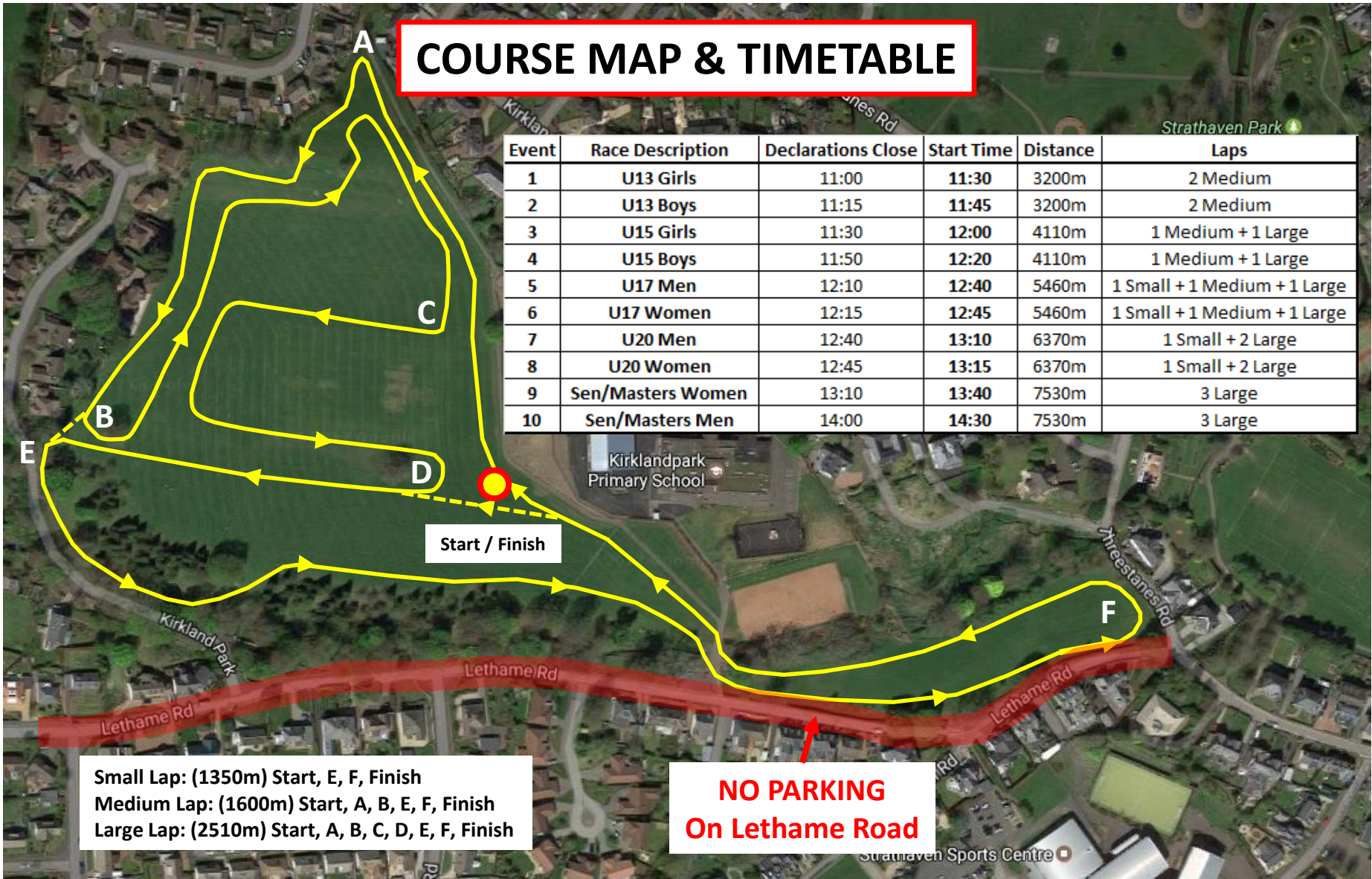


WEST DISTRICT CROSS-COUNTRY CHAMPIONSHIPS

Sat 2 December 2023, Strathaven

COURSE MAP & TIMETABLE

Event	Race Description	Declarations Close	Start Time	Distance	Laps
1	U13 Girls	11:00	11:30	3200m	2 Medium
2	U13 Boys	11:15	11:45	3200m	2 Medium
3	U15 Girls	11:30	12:00	4110m	1 Medium + 1 Large
4	U15 Boys	11:50	12:20	4110m	1 Medium + 1 Large
5	U17 Men	12:10	12:40	5460m	1 Small + 1 Medium + 1 Large
6	U17 Women	12:15	12:45	5460m	1 Small + 1 Medium + 1 Large
7	U20 Men	12:40	13:10	6370m	1 Small + 2 Large
8	U20 Women	12:45	13:15	6370m	1 Small + 2 Large
9	Sen/Masters Women	13:10	13:40	7530m	3 Large
10	Sen/Masters Men	14:00	14:30	7530m	3 Large

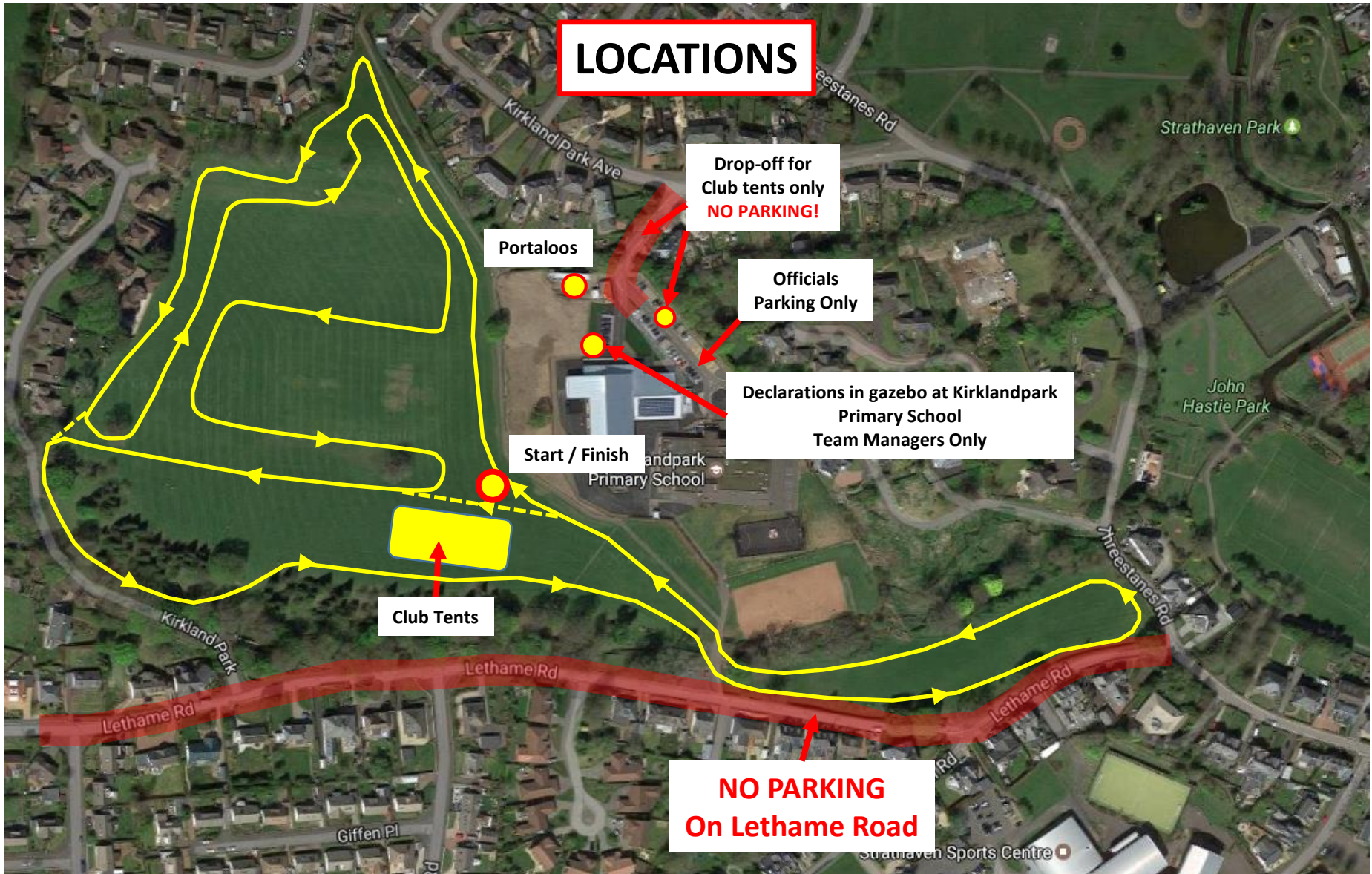


Small Lap: (1350m) Start, E, F, Finish
Medium Lap: (1600m) Start, A, B, E, F, Finish
Large Lap: (2510m) Start, A, B, C, D, E, F, Finish

**NO PARKING
On Lethame Road**

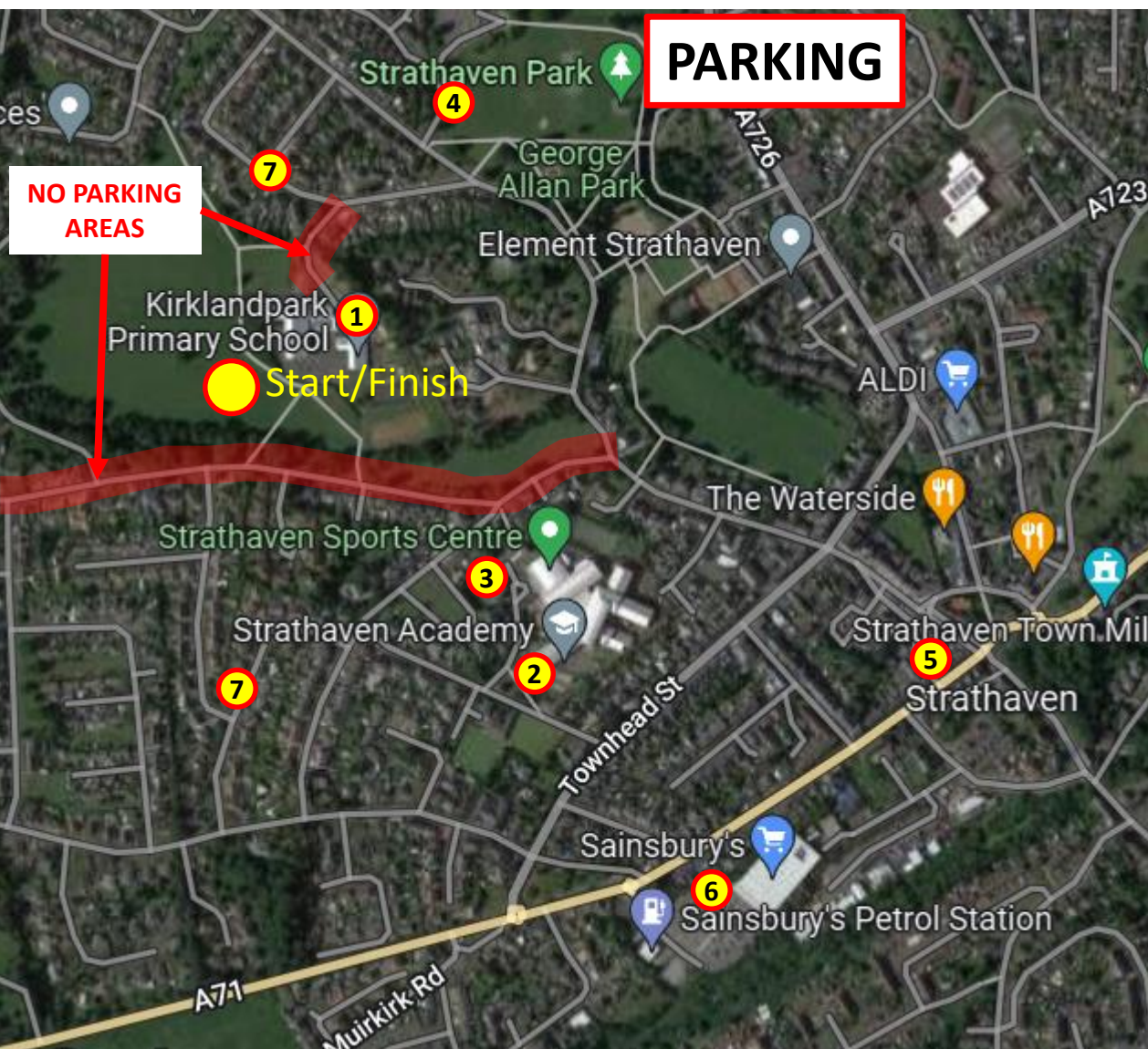
WEST DISTRICT CROSS-COUNTRY CHAMPIONSHIPS

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WEST DISTRICT CROSS-COUNTRY CHAMPIONSHIPS

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Course

The course is in Kirkland Park, Strathaven. Post-codes are shown below.

Parking

There is absolutely **no parking on Lethame Road**, as it is very narrow in places, or at the entrance road and carpark at Kirklandpark School, which is reserved for Officials only or for tent drop-off.

Suitable parking locations are:

1. Kirklandpark School (Officials Only) ML10 6DY
2. Strathaven Academy ML10 6DP (access from Townhead St only)
3. Strathaven Leisure Centre ML10 6DR (access from Townhead St only)
4. Strathaven Park ML10 6ZR
5. Strathaven Town Centre ML10 6AF
6. Sainsbury's carpark ML10 6BA (Coach parking)
7. In the streets close to the course

Where parking in the housing estates, please remember to park with consideration for the residents and other road users. Complaints from local residents could prevent cross-country events at this venue being held in the future.

Special Provision for Coaches & Minibuses

Coach drop-off point at (2) Strathaven Academy – access from Townhead Street.

Coach parking at (6) Sainsbury's carpark.

WEST DISTRICT CROSS-COUNTRY CHAMPIONSHIPS

Sat 2 December 2023, Strathaven

