

Forename	Surname	Age	Club
Max	Abernethy		Aberdeen AAC
Joe	Barton		Aberdeen AAC
Caleb	Brock	(U20)	Aberdeen AAC
Adam	Brown		Aberdeen AAC
Andrew	Casey		Aberdeen AAC
Eoghan	MacNamara		Aberdeen AAC
Caleb	McGuire	(U20)	Aberdeen AAC
Hamish	McKay	(U20)	Aberdeen AAC
Rory	Muir		Aberdeen AAC
Steven	Murray		Aberdeen AAC
Ben	Nelson		Aberdeen AAC
Fearghas	Thomson		Aberdeen AAC
Mohamed	Warsame		Aberdeen AAC
John	Brogan	(V40)	Airdrie Harriers
Alan	Burns	(V40)	Airdrie Harriers
Paul	O'Hear		Airdrie Harriers
Steven	Phillips	(V40)	Airdrie Harriers
Stephen	Purvis	(V50)	Airdrie Harriers
Stephen	Richardson		Airdrie Harriers
Brian	Thomson		Airdrie Harriers
Joseph	Burns	(V50)	Ayr Seaforth AC
Peter	Maclean	(V50)	Ayr Seaforth AC
Kenneth	Neill	(V40)	Ayr Seaforth AC
Lewis	Ross		Ayr Seaforth AC
Stuart	Ferguson		Banchory Stonehaven AC
Andrew	Ferguson Snr	(V60)	Banchory Stonehaven AC
Duncan	Anderson		Bellahouston Harriers
Fraser	Armstrong		Bellahouston Harriers
Brent	Brodie	(V50)	Bellahouston Harriers
Matthew	Brown		Bellahouston Harriers
Iain	Buckley		Bellahouston Harriers
Iain	Carroll	(V40)	Bellahouston Harriers
Greig	Corr-Macleod		Bellahouston Harriers
John	Cunningham	(V50)	Bellahouston Harriers
David	Gemmell	(V40)	Bellahouston Harriers
Graeme	Gemmell	(V50)	Bellahouston Harriers
Jack	Heathwood		Bellahouston Harriers
Garry	Henderson	(V50)	Bellahouston Harriers
James	McLaughlin	(V50)	Bellahouston Harriers
Matthew	O'Connor		Bellahouston Harriers
Simon	Parkinson	(V50)	Bellahouston Harriers
Alastair	Patience	(V50)	Bellahouston Harriers
Kenneth	Scott	(V40)	Bellahouston Harriers
Lee	Shaw		Bellahouston Harriers
Kevin	Smith	(V60)	Bellahouston Harriers

Forename	Surname	Age	Club
Calum	Borthwick		Bellahouston RR
Thomas	Burridge		Bellahouston RR
Alan	Chalmers		Bellahouston RR
Kenneth	Crawford	(V50)	Bellahouston RR
Gerard	Croser		Bellahouston RR
Dean	Dempsey		Bellahouston RR
Ronnie	Hart	(V50)	Bellahouston RR
Anthony Lucio	Jannetta	(V40)	Bellahouston RR
BRYAN	KERR		Bellahouston RR
Stuart	Laurence		Bellahouston RR
Alistair	Macdonald	(V60)	Bellahouston RR
Martin	Murphy	(V40)	Bellahouston RR
Lewis	Roberts		Bellahouston RR
Andrew	Buchanan	(V40)	Calderglen Harriers
Gerard	Connelly	(V50)	Calderglen Harriers
Russell	Couper	(V50)	Calderglen Harriers
Alan	Derrick	(V50)	Calderglen Harriers
George	Ferguson	(V60)	Calderglen Harriers
Martin	Howell	(V50)	Calderglen Harriers
Kenny	Leinster	(V60)	Calderglen Harriers
Gordon	McInally	(V50)	Calderglen Harriers
Allan	McLellan	(V60)	Calderglen Harriers
Stephen	Phimister	(V50)	Calderglen Harriers
David	Searil	(V60)	Calderglen Harriers
David	Watt	(V60)	Calderglen Harriers
Andrew	Carey		Cambuslang Harriers
Brendan	Carey		Cambuslang Harriers
Michael	Christoforou		Cambuslang Harriers
Iain	Crawford	(V50)	Cambuslang Harriers
Findlay	Dickson		Cambuslang Harriers
Colin	Feechan	(V60)	Cambuslang Harriers
Steven	Fitzpatrick		Cambuslang Harriers
Mark	Gallacher	(V40)	Cambuslang Harriers
Mark	Gallacher	(V50)	Cambuslang Harriers
Stuart	Gibson	(V40)	Cambuslang Harriers
Ian	Hodge		Cambuslang Harriers
Joel	MacInnes	(U20)	Cambuslang Harriers
Seonaidh	MacInnes	(U20)	Cambuslang Harriers
Stan	MacKenzie	(V60)	Cambuslang Harriers
Jamie	MacKinnon		Cambuslang Harriers
Callum	Matthews		Cambuslang Harriers
Gary	Miller	(V50)	Cambuslang Harriers
Daniel	O'Connell	(V50)	Cambuslang Harriers
Chris	Paton	(V50)	Cambuslang Harriers
Finlay	Robb	(U20)	Cambuslang Harriers
Gordon	Robertson	(V40)	Cambuslang Harriers
Lewis	Roddis	(U20)	Cambuslang Harriers
Gavin	Smith		Cambuslang Harriers
Edward	Stewart	(V60)	Cambuslang Harriers
Callum	Tharme		Cambuslang Harriers
David	Thom	(V60)	Cambuslang Harriers
Chris	Upson	(V60)	Cambuslang Harriers
Iain	Wallace	(V50)	Cambuslang Harriers
David	Wardrope	(V50)	Cambuslang Harriers
Callum	Wright		Cambuslang Harriers

Forename	Surname	Age	Club
Ross	Crombie	(V40)	Carnegie Harriers
Barry	Davie	(V40)	Carnegie Harriers
Gary	Evans	(V60)	Carnegie Harriers
Kenny	Fairfield	(V50)	Carnegie Harriers
John	Fulham	(V50)	Carnegie Harriers
Jamie	Harte		Carnegie Harriers
Gordon	Henderson		Carnegie Harriers
Ben	Hopkin	(V40)	Carnegie Harriers
John	Hynd	(V60)	Carnegie Harriers
Neil	McLure	(V50)	Carnegie Harriers
Jonathan	Millar	(V40)	Carnegie Harriers
Brian	Miller	(V40)	Carnegie Harriers
Kieran	Morgan	(V60)	Carnegie Harriers
Alan	Murray	(V50)	Carnegie Harriers
Phil	Smithard	(V70)	Carnegie Harriers
Gordon	Somerville	(V60)	Carnegie Harriers
Eddie	Narbett		Carnethy Hill Racing Club
Colin	Alexander	(V50)	Central AC
Euan	Andrews	(U20)	Central AC
Gordon	Appelbe	(V40)	Central AC
Connor	Bell	(U20)	Central AC
Struan	Bennet	(U20)	Central AC
Scott	Brember	(V50)	Central AC
Sam	Burton		Central AC
Dale	Colley		Central AC
Jamie	Crowe		Central AC
Tony	Disley	(V50)	Central AC
Euan	Docherty	(U20)	Central AC
David	Eckersley	(V60)	Central AC
Luca	Fanottoli		Central AC
Charles	Graham-Marr	(V60)	Central AC
Hamish	Hickey		Central AC
Andrew	Irvine		Central AC
Cameron	Kerr	(U20)	Central AC
Joel	Lange		Central AC
Ben	MacMillan		Central AC
Cameron	MacMillan	(U20)	Central AC
Alastair	Marshall		Central AC
Jonathan	Marshall	(U20)	Central AC
Gavin	McCaffrey		Central AC
Cameron	Milne		Central AC
Calum	Phillip		Central AC
James	Taylor		Central AC
Daniel	Docherty	(U20)	Clydesdale Harriers
Tony	Dolan		Clydesdale Harriers
Michael	Miller		Clydesdale Harriers
Iain	Robertson	(V40)	Clydesdale Harriers
Peter	Rudzinski	(V70)	Clydesdale Harriers
Graeme	Wiseman	(V50)	Clydesdale Harriers
Robert	Young	(V80)	Clydesdale Harriers

Forename	Surname	Age	Club
David	Arnott	(V50)	Corstorphine AAC
Peter	Bird		Corstorphine AAC
Steven	Blair	(V50)	Corstorphine AAC
Stuart	Campbell	(V50)	Corstorphine AAC
Michael	Connelly	(V60)	Corstorphine AAC
Keith	Copland	(V50)	Corstorphine AAC
William	Crossman		Corstorphine AAC
Dermot	Cummins		Corstorphine AAC
Alan	Cunningham	(V50)	Corstorphine AAC
Jack	Eykelbosch		Corstorphine AAC
Stuart	Fenwick		Corstorphine AAC
Tom	Ferrington	(V40)	Corstorphine AAC
Christopher	Fife		Corstorphine AAC
Jack	Fullerton		Corstorphine AAC
Telfer	Gray		Corstorphine AAC
Aaron	Hoyle		Corstorphine AAC
Callum	Hunter		Corstorphine AAC
Iain	Macleod	(V50)	Corstorphine AAC
Calum	McKenzie		Corstorphine AAC
Blair	Montgomery		Corstorphine AAC
David	Pattison	(V40)	Corstorphine AAC
Tristan	Rabaeijs		Corstorphine AAC
Angus	Smith		Corstorphine AAC
Fraser	Smith		Corstorphine AAC
Ryan	Snitjer	(U20)	Corstorphine AAC
Stephen	Allen	(V50)	Cumbernauld AAC
Callum	Ballantyne		Cumbernauld AAC
Andrew	Callan	(V50)	Cumbernauld AAC
Allan	Cameron	(V50)	Cumbernauld AAC
Sean	Casey	(V50)	Cumbernauld AAC
Martin	Fitchie	(V40)	Cumbernauld AAC
Walter	Henderson	(V50)	Cumbernauld AAC
Ross	McEachern	(V50)	Cumbernauld AAC
James	Buchanan	(V50)	Dumfries RC
Kevin	Gordon	(V40)	Dumfries RC
Robert	Gordon	(V50)	Dumfries RC
Andrew	Brown	(V40)	Dunbar AC
Gordon	Barrie	(V50)	Dundee Hawkhill Harriers
Donald	Gavine		Dundee Hawkhill Harriers
Munro	Stewart		Dundee Hawkhill Harriers
Raymond	Tully	(V50)	Dundee Hawkhill Harriers
David	Aitken	(V40)	Dundee Road Runners
John	Mill	(V50)	Dundee Road Runners
Jim	Morton	(V50)	Dundee Road Runners
Marcus	Sheridan		Dundee Road Runners
Laurence	Petty	(U20)	Dundee University AC and XC club
Dominic	Drylie	(U20)	Dunfermline Track and Field AC

Forename	Surname	Age	Club
Grant	Baillie	(V40)	East Kilbride AC
Alan	Baxter	(V40)	East Kilbride AC
Andrew	Chapman	(V40)	East Kilbride AC
Calum	Charters	(U20)	East Kilbride AC
Keith	Charters	(V50)	East Kilbride AC
Gordon	Colvin	(V60)	East Kilbride AC
John	Edwards	(V40)	East Kilbride AC
Andrew	Forteach	(V40)	East Kilbride AC
Colin	Frew	(V40)	East Kilbride AC
David	Gorman		East Kilbride AC
Graeme	Haddow	(V60)	East Kilbride AC
Sam	Hosie	(U20)	East Kilbride AC
Jack	Kirwan		East Kilbride AC
Luke	Kirwan		East Kilbride AC
Marc	Loveday		East Kilbride AC
Thomas	McLaughlin		East Kilbride AC
Arthur	Mulholland	(V60)	East Kilbride AC
David	Thomson		East Kilbride AC
Lewis	Thorpe	(U20)	East Kilbride AC
Finlay	Murray		East Sutherland AC

Forename	Surname	Age	Club
Myles	Bax		Edinburgh AC
Craig	Bell		Edinburgh AC
Nathan	Brown		Edinburgh AC
Peter	Cameron		Edinburgh AC
Gerry	Campbell	(V50)	Edinburgh AC
Freddie	Carcas		Edinburgh AC
Max	Carcas	(V50)	Edinburgh AC
Richard	Clark	(V40)	Edinburgh AC
Dave	Clements	(V50)	Edinburgh AC
Gavin	Cooney		Edinburgh AC
Iain	Craven	(V40)	Edinburgh AC
Chris	Creegan	(V60)	Edinburgh AC
David	Cross	(V50)	Edinburgh AC
Matthew	Davies		Edinburgh AC
Aaron	Devereaux	(V50)	Edinburgh AC
Shane	Donnellan		Edinburgh AC
Ewan	Egan		Edinburgh AC
Paul	Forbes	(V60)	Edinburgh AC
Peter	Graham		Edinburgh AC
Tim	Hely	(V50)	Edinburgh AC
Noah	Howlett		Edinburgh AC
Andrej	Kujikis		Edinburgh AC
Andrew	Latham	(V50)	Edinburgh AC
Samuel	Leitch		Edinburgh AC
John	Lenehan		Edinburgh AC
Mark	MacDermot		Edinburgh AC
Iain	Macdonald		Edinburgh AC
Scott	Macleod		Edinburgh AC
Sam	MacNeil		Edinburgh AC
John	Mowbray		Edinburgh AC
Ben	Nicolson		Edinburgh AC
Lewis	Orr	(V50)	Edinburgh AC
Sage	Pearce-Higgins		Edinburgh AC
Gavin	Phillip	(V50)	Edinburgh AC
Gordon	Pryde	(V40)	Edinburgh AC
Terry	Roberts	(V40)	Edinburgh AC
David	Steele	(V60)	Edinburgh AC
Eric	Stevenson	(V70)	Edinburgh AC
Josh	Taylor		Edinburgh AC
Karel	Vesely		Edinburgh AC
Iain	Whitaker	(V40)	Edinburgh AC

Forename	Surname	Age	Club
Cameron	Anderson	(U20)	Edinburgh Univ Hare and Hounds
Alasdair	Bisset		Edinburgh Univ Hare and Hounds
Peter	Bradshaw		Edinburgh Univ Hare and Hounds
David	Bunn		Edinburgh Univ Hare and Hounds
Lucas	Cairns	(U20)	Edinburgh Univ Hare and Hounds
Liam	Edwards	(U20)	Edinburgh Univ Hare and Hounds
Conor	Gourley	(U20)	Edinburgh Univ Hare and Hounds
Harry	Henriksen	(U20)	Edinburgh Univ Hare and Hounds
Jack	Johnston		Edinburgh Univ Hare and Hounds
Matt	Knowles		Edinburgh Univ Hare and Hounds
Alex	Mackenzie		Edinburgh Univ Hare and Hounds
Milo	Mergler	(U20)	Edinburgh Univ Hare and Hounds
Luca	Messenger-Jones	(U20)	Edinburgh Univ Hare and Hounds
Joseph	O'Keefe	(U20)	Edinburgh Univ Hare and Hounds
Euan	Patton	(U20)	Edinburgh Univ Hare and Hounds
Jacob	Rankin	(U20)	Edinburgh Univ Hare and Hounds
Huw	Riley	(U20)	Edinburgh Univ Hare and Hounds
Finlay	Ross	(U20)	Edinburgh Univ Hare and Hounds
Finlay	Ross-Davie	(U20)	Edinburgh Univ Hare and Hounds
Oscar	Shepherd	(U20)	Edinburgh Univ Hare and Hounds
Neil	Sillence	(U20)	Edinburgh Univ Hare and Hounds
Sebastian	Staveley		Edinburgh Univ Hare and Hounds
Andrew	Thomson	(U20)	Edinburgh Univ Hare and Hounds
Jack	Trainer		Edinburgh Univ Hare and Hounds
Alex	Wetherill		Edinburgh Univ Hare and Hounds
Angus	Wright	(U20)	Edinburgh Univ Hare and Hounds
Blayne	Wright		Edinburgh Univ Hare and Hounds
Stephen	Baird	(V50)	Falkirk Victoria Harriers
Scott	Ballantine		Falkirk Victoria Harriers
Scott	Burton		Falkirk Victoria Harriers
Malcolm	Finlayson	(V50)	Falkirk Victoria Harriers
Martin	Gower	(V50)	Falkirk Victoria Harriers
Fraser	Houston	(V50)	Falkirk Victoria Harriers
Gregor	Hunter	(U20)	Falkirk Victoria Harriers
Craig	Johnston	(V50)	Falkirk Victoria Harriers
Calum	Little		Falkirk Victoria Harriers
Euan	Martin		Falkirk Victoria Harriers
JAMIE	MCALDINE		Falkirk Victoria Harriers
Andrew	Mckechnie	(U20)	Falkirk Victoria Harriers
Michael	McQuaid	(V60)	Falkirk Victoria Harriers
Alan	Purves		Falkirk Victoria Harriers
James	Steel		Falkirk Victoria Harriers
Scott	Stirling		Falkirk Victoria Harriers
Ben Charles	Sutherland	(U20)	Falkirk Victoria Harriers
Sandy	Bell	(V50)	Fife AC
Alan	Gibson	(V60)	Fife AC
Alistair	Gudgin		Fife AC
James	Hall	(V40)	Fife AC
Reiss	Marshall	(U20)	Fife AC
Tony	Martin	(V70)	Fife AC
John	McIntyre Snr	(V50)	Fife AC
Michael	Sanderson		Fife AC
Ben	Sandilands		Fife AC
Rory	Sandilands	(V40)	Fife AC
John	Thomson	(V60)	Fife AC

Forename	Surname	Age	Club
Tim	Darlow	(V40)	Gala Harriers
Darrell	Hastie	(V40)	Gala Harriers
Ian	Maxwell	(V60)	Gala Harriers
Robbie	Welsh	(U20)	Gala Harriers
Kristan	Alexander	(V40)	Garscube Harriers
Duncan	Boyd	(V50)	Garscube Harriers
Craig	Brown	(V50)	Garscube Harriers
Daniel	Burns		Garscube Harriers
Matthew	Burnside	(U20)	Garscube Harriers
Euan	Convery		Garscube Harriers
John	Coyle	(V50)	Garscube Harriers
Mike	Donaldson	(V50)	Garscube Harriers
Nicholas	Gemmell	(V50)	Garscube Harriers
Mykola	Kulakov	(V40)	Garscube Harriers
Graeme	Little	(V40)	Garscube Harriers
Callum	MacDonald	(U20)	Garscube Harriers
Gordon	MacKay	(V40)	Garscube Harriers
James	MacLeod	(V40)	Garscube Harriers
Timothy	Martin		Garscube Harriers
James	McAneny	(V60)	Garscube Harriers
Iain	McFarlane	(V40)	Garscube Harriers
Robert	McLennan	(V60)	Garscube Harriers
Jordan	Queen		Garscube Harriers
Daniel	Scroop	(V50)	Garscube Harriers
Craig	Shields	(V40)	Garscube Harriers
Athole	Smith	(V60)	Garscube Harriers
Crawford	Smith	(U20)	Garscube Harriers
Gavin	Spence		Garscube Harriers
Graeme	Taylor	(V40)	Garscube Harriers
Ian	Thomson	(V40)	Garscube Harriers
Charlie	Treharne	(U20)	Garscube Harriers
Gareth	Treharne	(V50)	Garscube Harriers
Colin	Whitby	(V40)	Garscube Harriers
James	Wilkes		Garscube Harriers

Forename	Surname	Age	Club
Nicholas	Boyle		Giffnock North AC
Michael	Cross	(V40)	Giffnock North AC
Rob	Crusher	(V50)	Giffnock North AC
Conor	Drummond		Giffnock North AC
Nikolai	Gajic		Giffnock North AC
Ross	Good		Giffnock North AC
Glen	Griffiths	(U20)	Giffnock North AC
Stephen	Hall	(V40)	Giffnock North AC
Miles	Hollinshead		Giffnock North AC
Scott	Kelman		Giffnock North AC
Matthew	Knak	(U20)	Giffnock North AC
Ruairidh	MacLean	(V40)	Giffnock North AC
Euan	O'Brien	(U20)	Giffnock North AC
Ross	O'brien	(U20)	Giffnock North AC
Jordan	Orr		Giffnock North AC
Duncan	Robinson		Giffnock North AC
David	Shaw	(V50)	Giffnock North AC
David	Smith		Giffnock North AC
Jamie	Taggart		Giffnock North AC
Oliver	Traynor		Giffnock North AC
Stephen	Addison		Glasgow University Hares and Hounds
Ewan	Anderson	(U20)	Glasgow University Hares and Hounds
Finn	Boylan	(U20)	Glasgow University Hares and Hounds
Jack	Chambers		Glasgow University Hares and Hounds
Harry	Clark	(U20)	Glasgow University Hares and Hounds
Fergus	Currie	(U20)	Glasgow University Hares and Hounds
Simon	Dalton Celis		Glasgow University Hares and Hounds
Elliot	Frame	(U20)	Glasgow University Hares and Hounds
Sandy	Gilhooly		Glasgow University Hares and Hounds
Cieron	Hadfield	(U20)	Glasgow University Hares and Hounds
Ieuan	Harries		Glasgow University Hares and Hounds
Sebastian	King		Glasgow University Hares and Hounds
Andres	La Riva		Glasgow University Hares and Hounds
Maximilian	MacDonald		Glasgow University Hares and Hounds
Harry	McAuley	(U20)	Glasgow University Hares and Hounds
Andrew	McGill	(U20)	Glasgow University Hares and Hounds
Harry	McGill		Glasgow University Hares and Hounds
Zak	Povey	(U20)	Glasgow University Hares and Hounds
Finlay	Raynor	(U20)	Glasgow University Hares and Hounds
Barnaby	Sharifi	(U20)	Glasgow University Hares and Hounds
Magnus	Tait		Glasgow University Hares and Hounds
Lewis	Tharme		Glasgow University Hares and Hounds
Oliver	Watson		Glasgow University Hares and Hounds
George	Yarr		Glasgow University Hares and Hounds

Forename	Surname	Age	Club
Steven	Campbell	(V40)	Greenock Glenpark Harriers
Stuart	Crawford	(V50)	Greenock Glenpark Harriers
Campbell	Cromar	(V60)	Greenock Glenpark Harriers
Daniel	Doherty	(V40)	Greenock Glenpark Harriers
James	Doherty	(V40)	Greenock Glenpark Harriers
Michael	Dunn	(V60)	Greenock Glenpark Harriers
Gerry	Gallacher	(V40)	Greenock Glenpark Harriers
Stephen	Harrison	(V50)	Greenock Glenpark Harriers
Kyle	Johnstone	(U20)	Greenock Glenpark Harriers
Neil	Lafferty	(V40)	Greenock Glenpark Harriers
Greg	Luke		Greenock Glenpark Harriers
Andrew	McCall		Greenock Glenpark Harriers
Colin	McKnight	(V40)	Greenock Glenpark Harriers
Daniel	McLaughlin	(V60)	Greenock Glenpark Harriers
Frank	McMahon	(V70)	Greenock Glenpark Harriers
Paul	Monaghan	(V50)	Greenock Glenpark Harriers
Euan	Morrison	(V40)	Greenock Glenpark Harriers
Alan	O'Rourke	(V50)	Greenock Glenpark Harriers
Gerard	Robertson	(V50)	Greenock Glenpark Harriers
John	Stevenson	(V50)	Greenock Glenpark Harriers
William	Taylor		Greenock Glenpark Harriers
Shaun	Wiseman	(U20)	Greenock Glenpark Harriers
Ewart	Gray	(V60)	Hamilton Harriers
Murray	McAlpine		Hamilton Harriers
David	Alexander	(V50)	Harmeny AC
Jon	Denis	(V50)	Harmeny AC
Philip	Holden	(V40)	Harmeny AC
Archie	Irwin	(U20)	Harmeny AC
Ethan	Lorimer	(U20)	Harmeny AC
George	Lupton	(V40)	Harmeny AC
Andrew	Ross	(V50)	Harmeny AC
Alasdair	Wallace	(U20)	Harmeny AC
Paul	Dunn		Helensburgh AAC
Steven	Rudland	(V50)	Hunters Bog Trotters
Ray	Ward	(V40)	Hunters Bog Trotters

Forename	Surname	Age	Club
John	Bell		Inverclyde AC
Alan	Callan	(V40)	Inverclyde AC
Colin	Doherty		Inverclyde AC
Mark	Doherty	(V40)	Inverclyde AC
Sean	Gaffney		Inverclyde AC
Ross	Gray		Inverclyde AC
Ryan	Gray		Inverclyde AC
Michael	Houston		Inverclyde AC
Graeme	Hyett	(V40)	Inverclyde AC
Jason	Kane		Inverclyde AC
Robert	Paterson	(V50)	Inverclyde AC
Ben	Potrykus		Inverclyde AC
David	Tamburini	(V40)	Inverclyde AC
Peter	Tucker	(V40)	Inverclyde AC
Luke	Davidson		Inverness Harriers AAC
Owen	McWilliams		Irvine RC
Michael	Rimicans		Irvine RC
Robbie	Ferguson		Kilbarchan AAC
Fraser	Gilmour	(U20)	Kilbarchan AAC
Lewis	Hannigan		Kilbarchan AAC
Stuart	Kerr		Kilbarchan AAC
Luke	Lindsay	(U20)	Kilbarchan AAC
Ewan	McKerral		Kilbarchan AAC
Josh	McKinlay	(U20)	Kilbarchan AAC
Nicholas	Carter		Kilmarnock H&AC
Jonathon	Downey	(U20)	Kilmarnock H&AC
Craig	Ferguson		Kilmarnock H&AC
Scott	Lyden		Kilmarnock H&AC
Murray	McDonald		Kilmarnock H&AC
Charlie	McNulty	(U20)	Kilmarnock H&AC
Jamie	Nix		Kilmarnock H&AC
Jamie	Phillips	(U20)	Kilmarnock H&AC
Connor	Scobie	(U20)	Kilmarnock H&AC
James	Wales		Kilmarnock H&AC
Owen	Walpole		Kilmarnock H&AC
David	Scott	(V40)	Kinross RR
Kevin	Dunn		Kirkintilloch Olympians
Scott	Elliott	(V60)	Kirkintilloch Olympians
Ruairi	Ferris		Kirkintilloch Olympians
Matthew	Graham		Kirkintilloch Olympians
Andrew	Kirk		Kirkintilloch Olympians
Kyle	Paterson		Kirkintilloch Olympians
Kenny	Robertson		Kirkintilloch Olympians
Jonathan	Sharp	(V40)	Kirkintilloch Olympians
Oscar	Gomez Morillo	(V40)	Lasswade AC
Euan	Hood		Lasswade AC
Kenneth	McWilliam	(V40)	Lasswade AC

Forename	Surname	Age	Club
Ben	Fountain		Law & District AAC
Matthew	Gillon		Law & District AAC
Mark	Hand	(V50)	Law & District AAC
Bobby	Hill		Law & District AAC
Martin	Kay	(V40)	Law & District AAC
Grant	Kerr		Law & District AAC
Oscar	Logan	(U20)	Law & District AAC
Grant	Mackenzie		Law & District AAC
Finn	Milligan		Law & District AAC
Mark	Milligan	(V50)	Law & District AAC
Jordon	Morrison		Law & District AAC
Darran	Muir	(V40)	Law & District AAC
Allan	Neill		Law & District AAC
John	O'Leary	(V60)	Law & District AAC
Kieran	Pugh		Law & District AAC
Logan	Whitton	(U20)	Law & District AAC
Bobby	Wotherspoon	(V50)	Law & District AAC
Zander	Bohle		Linlithgow AC
Jose	Leon		Linlithgow AC
Logan	Beagley	(U20)	Livingston AC
Daniel	Sutherland	(U20)	Livingston AC
Fraser	Ballantine	(V40)	Lothian RC
Ross	Henderson	(V40)	Lothian RC
Dougie	Hunter	(V50)	Lothian RC
Ryan	Kirkland		Lothian RC
Alan	Knowles	(V40)	Lothian RC
Mick	Mckee	(V50)	Lothian RC
Harry	Mulholland	(V60)	Lothian RC
Keith	Mulroney	(V50)	Lothian RC
Moray	Pryde		Lothian RC
Jordan	Cruickshank		Metro Aberdeen RC
Kenny	Garden		Metro Aberdeen RC
Richard	Holland	(V60)	Metro Aberdeen RC
Martin	Insley	(V40)	Metro Aberdeen RC
Mark	Johnson	(V60)	Metro Aberdeen RC
RANKIN	LASCELLES	(V40)	Metro Aberdeen RC
Nigel	O'Neill	(V40)	Metro Aberdeen RC
Mark	Raistrick	(V40)	Metro Aberdeen RC
Murray	Scott	(U20)	Metro Aberdeen RC
Calum	Sinclair		Metro Aberdeen RC
Mark	Wilkins	(V40)	Metro Aberdeen RC
Mark	Young		Metro Aberdeen RC
Matthew	Blunden	(V40)	Moray RR
John	Urquhart	(V50)	Moray RR

Forename	Surname	Age	Club
John	Burns	(V60)	Motherwell AC
Iain	Campbell	(V40)	Motherwell AC
Anthony	Devlin	(V40)	Motherwell AC
Scott	Dickson		Motherwell AC
Peter	Gallagher	(V50)	Motherwell AC
David	Gardiner	(V50)	Motherwell AC
Colin	Gardner	(V50)	Motherwell AC
David	Hoolaghan	(V40)	Motherwell AC
Angus	Irvine	(V40)	Motherwell AC
Alastair	Loudon	(V40)	Motherwell AC
Alan	Main		Motherwell AC
Brian	McLinden	(V60)	Motherwell AC
Lewis	McLuskey	(U20)	Motherwell AC
Jonathan	Moore		Motherwell AC
Derek	O'Neill	(V40)	Motherwell AC
Robert	Pattinson	(V50)	Motherwell AC
Mark	Keast	(V40)	Musselburgh and District AC
Ronald	Mason		Musselburgh and District AC
James	Mayers	(V60)	Musselburgh and District AC
Paul	Slifer	(V50)	Musselburgh and District AC
Robert	Turner	(V50)	Musselburgh and District AC
Peter	Alexander		Newton Road Runners
Alastair	Drummond	(V40)	Newton Road Runners
Callum	Ferguson		Newton Road Runners
John	Kelly	(V50)	Newton Road Runners
Craig	Lawton	(V50)	Newton Road Runners
Alistair	Macdonald	(V40)	Newton Road Runners
Martin	Vernon	(V60)	Newton Road Runners
Angus	MacCormick	(U20)	Nithsdale AC
Alan	Bothwell	(V60)	Perth RR
Mike	Dales	(V60)	Perth RR
David	Knight	(V50)	Perth RR
Richard	Ward	(V50)	Perth RR
David	Horne	(V50)	Peterhead AC

Forename	Surname	Age	Club
Aaron	Bennet	(U20)	PH Racing Club
Ross	Bennet	(V50)	PH Racing Club
Wright	Beveridge	(V50)	PH Racing Club
Roger	Clark	(V50)	PH Racing Club
Michael	Combe	(V40)	PH Racing Club
Derek	Cosgrove	(V40)	PH Racing Club
Peter	Gibson		PH Racing Club
Benjamin	Hukins	(V40)	PH Racing Club
Paul	Kieran	(V40)	PH Racing Club
Andrew	Kinninmonth	(V40)	PH Racing Club
Michael	Lindsay	(V40)	PH Racing Club
Scott	Love	(V40)	PH Racing Club
Alan	McGowan	(V40)	PH Racing Club
Graham	McInnes	(V40)	PH Racing Club
Stuart	Meiklejohn	(V40)	PH Racing Club
Ed	Norton	(V70)	PH Racing Club
Mark	Ryan	(V40)	PH Racing Club
Robert	Sellar	(V40)	PH Racing Club
Iain	Wallace	(V50)	PH Racing Club
Philip	Waring		PH Racing Club
Mark	Webster	(V50)	PH Racing Club
Mark	Western	(V50)	PH Racing Club
Campbell	Blair	(V40)	Pitreavie AAC
Jeff	Farquhar	(V60)	Pitreavie AAC
Desmond	FitzGerald	(V50)	Pitreavie AAC
Iain	Howatt	(V50)	Pitreavie AAC
James	Squires	(V40)	Pitreavie AAC
Keith	Vandermotten	(V60)	Pitreavie AAC
Christian	Barlow		Portobello RC
Matt	Bird		Portobello RC
Alex	Garvie	(V50)	Portobello RC
Marc	Giambianco	(V40)	Portobello RC
William	Jarvie	(V60)	Portobello RC
Jonah	Jones		Portobello RC
David	Limmer		Portobello RC
Donald	Macrae	(V40)	Portobello RC
Patrick	Nelis	(V60)	Portobello RC
Slawomir	Pietrzak	(V40)	Portobello RC
Alan	Risk		Portobello RC
Graeme	Stewart		Portobello RC
David	Worrall	(V40)	Portobello RC
Christopher	Oâ€™Grady		Red Star AC

Forename	Surname	Age	Club
William	Bradley		Shettleston Harriers
Callum	Butterworth		Shettleston Harriers
Stephen	Clark		Shettleston Harriers
Fred	Davies		Shettleston Harriers
David I	Houston		Shettleston Harriers
Sam	Lesley		Shettleston Harriers
Scott	McKelvie		Shettleston Harriers
Richard	Millar	(V40)	Shettleston Harriers
Philip	Neilson		Shettleston Harriers
Gerard	Pelegri		Shettleston Harriers
Robert	Porteous	(V70)	Shettleston Harriers
Andrew	Rockett Jackson		Shettleston Harriers
Alastair	Scott	(V40)	Shettleston Harriers
Paul	Sorrie	(V40)	Shettleston Harriers
Andrew	Taylor		Shettleston Harriers
Matthew	Turner		Shettleston Harriers
Joe	Chambers		Springburn Harriers
Andy	Norris		Springburn Harriers
Nathan	O'Neill	(V40)	Springburn Harriers
Mark	Carberry		Stirling University AC
Dylan	Crawford		Stirling University AC
Fraser	Gordon		Stirling University AC
James	Grant	(U20)	Stirling University AC
Ryan	Martin	(U20)	Stirling University AC
Fraser	Morris		Stirling University AC
Jack	Muir		Stirling University AC
Cameron	Rankine	(U20)	Stirling University AC
Alastair	Scott	(U20)	Stirling University AC
Tom	Tyler	(U20)	Stirling University AC
Rhys	Williams		Stirling University AC
Lewis	MacAlpine		Stornoway Running & AC
Euan	Bell	(U20)	Strathclyde Univ Harriers
Robbie	Cardew		Strathclyde Univ Harriers
Angus	Lindsay		Strathclyde Univ Harriers
Alasdair	McMonagle		Strathclyde Univ Harriers
Joshua	Mirtle	(U20)	Strathclyde Univ Harriers
Daniel	Munro		Strathclyde Univ Harriers
Jack	Patton		Strathclyde Univ Harriers
Tom	Porter		Strathclyde Univ Harriers
Alasdair	Reid		Strathclyde Univ Harriers
Mikolaj	Siekierka		Strathclyde Univ Harriers
Cameron	Wallace		Strathclyde Univ Harriers
Harris	Page	(U20)	Strathclyde Univ Harriers
Corey	Campbell	(U20)	Team East Lothian
Aidan	Page	(U20)	Team East Lothian
Jamie	Smith	(U20)	Team East Lothian
Alan	Dunlop	(V40)	Troon Tortoises AC
Darren	McMahon		Troon Tortoises AC
Matt	Pearce	(V40)	Troon Tortoises AC
Alejandro	Cameron-Fernandez	(U20)	Unattached

Forename	Surname	Age	Club
Steven	Bryce		VP-Glasgow AC
Ruairidh	Campbell		VP-Glasgow AC
Ralph	Connolly	(V50)	VP-Glasgow AC
Thomas	Connolly		VP-Glasgow AC
Peter	Freer	(V40)	VP-Glasgow AC
Sandy	Gardner	(V50)	VP-Glasgow AC
Gregory	Gontor	(U20)	VP-Glasgow AC
Iain	Harding	(V40)	VP-Glasgow AC
Henry	Horiuchi-Sutton		VP-Glasgow AC
Peter	Jardine	(V50)	VP-Glasgow AC
Stuart	Kelly	(V40)	VP-Glasgow AC
Graeme	Laing	(V40)	VP-Glasgow AC
Tom	Ord	(V60)	VP-Glasgow AC
Alex	Potter	(V60)	VP-Glasgow AC
Chris	Sheridan	(V40)	VP-Glasgow AC
Arlo	Tait	(U20)	VP-Glasgow AC
Videsh	Weerakkody		VP-Glasgow AC
Jonathan	Bell	(V40)	West End RR
Stephen	Brown	(V40)	West End RR
Allen	Campbell	(V50)	West End RR
Andrew	Clark		West End RR
George	Clerk	(V40)	West End RR
Paul	Gooding	(V40)	West End RR
Joshua	Hughes	(V40)	West End RR
Scott	Hunter	(V40)	West End RR
Graeme	Jack	(V50)	West End RR
Andrew	Macpherson		West End RR
James	McKay		West End RR
Alham	Said	(V50)	West End RR
James	Speakman	(V50)	West End RR
Paul	Toland	(V40)	West End RR
Trevor	Wayman	(V60)	West End RR
James	Bryson		Westerlands XCC
David	Calder	(V60)	Westerlands XCC
Graham	Coubrough	(V40)	Westerlands XCC
Evan	Griffiths		Westerlands XCC
Scott	Henderson	(V40)	Westerlands XCC
Steven	Leith		Westerlands XCC
Hugh	Boyle	(V40)	Whitemoss AAC