

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U15G

Lanark Race Course

| Pos | Name | Time Club |
|-----|-------------------|--------------------------------|
| 1 | Lois MACRAE | 6:31 Inverness Harriers AAC |
| 2 | Cerys WRIGHT | 6:32 Lasswade AC |
| 3 | Zoey MORGAN | 6:44 Dundee Hawkhill Harriers |
| 4 | Matilda FREW | 6:47 East Kilbride AC |
| 5 | Ava RICHARDSON | 6:49 Gala Harriers |
| 6 | Freya BROWN | 6:49 Lasswade AC |
| 7 | Freya SCOBIE | 6:51 Giffnock North AC |
| 8 | Jessica NEEDS | 6:55 Aberdeen AAC |
| 9 | Millie GAIRN | 6:57 Airdrie Harriers |
| 10 | Eilidh CALDOW | 6:58 Giffnock North AC |
| 11 | Erin BURNETT | 6:58 Garscube Harriers |
| 12 | Emily STANFORD | 6:59 Central AC |
| 13 | Kirsty RANKINE | 6:59 Gala Harriers |
| 14 | Emilie PAUL | 7:00 Harmeny AC |
| 15 | Emily CHRISTIE | 7:04 Falkirk Victoria Harriers |
| 16 | Jemma MACLEOD | 7:06 Cumbernauld AAC |
| 17 | Mimi TAYLOR | 7:09 VP-Glasgow AC |
| 18 | Clara BAIN | 7:09 Kilbarchan AAC |
| 19 | Isla GOURLEY | 7:12 Pitreavie AAC |
| 20 | Nancy CORRIE | 7:13 Harmeny AC |
| 21 | Beth MCWILLIAM | 7:14 Lasswade AC |
| 22 | Leah BUCHAN | 7:15 Harmeny AC |
| 23 | Eihlenn GILLESPIE | 7:17 Airdrie Harriers |
| 24 | Isla TAYLOR | 7:17 Lasswade AC |
| 25 | Lucy TAYLOR | 7:18 Law & District AAC |
| 26 | Holly SIMPSON | 7:18 Giffnock North AC |
| 27 | Emma JOHNSTON | 7:19 Giffnock North AC |
| 28 | Mirabelle MEADE | 7:20 Pitreavie AAC |
| 29 | Olivia INGLIS | 7:21 Law & District AAC |
| 30 | Skye SMITH | 7:22 Springburn Harriers |
| 31 | Emily LANGDON | 7:23 Unattached |
| 32 | Nicole YATES | 7:23 Giffnock North AC |
| 33 | Emma THOMSON | 7:24 Lasswade AC |
| 34 | Sarah MCNULTY | 7:25 Giffnock North AC |
| 35 | Lara CRAWFORD | 7:26 Falkirk Victoria Harriers |
| 36 | Millie OVENS | 7:26 Fife AC |
| 37 | Juliette KIDD | 7:27 Dundee Hawkhill Harriers |
| 38 | Chloe HENDRY | 7:27 Garscube Harriers |
| 39 | Erin REILLY | 7:27 Giffnock North AC |
| 40 | Sophie IMLACH | 7:28 Aberdeen AAC |

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Lanark Race Course

| Pos | Name | Time Club |
|------------|-----------------------|--------------------------------|
| 41 | Georgia BRUCE | 7:30 Harmeny AC |
| 42 | Vanessa MCVEIGH | 7:32 Kilbarchan AAC |
| 43 | Leanna ELLIOT | 7:33 Airdrie Harriers |
| 44 | Fiona RUE | 7:34 Falkirk Victoria Harriers |
| 45 | Freya MATHESON | 7:35 VP-Glasgow AC |
| 46 | Beth ADAMS | 7:35 Giffnock North AC |
| 47 | Amber CUNNINGHAM | 7:36 Harmeny AC |
| 48 | Lucy MCINROY | 7:36 Perth Strathtay Harriers |
| 49 | Isobel COLLINGWOOD | 7:37 Garscube Harriers |
| 50 | Maisey MEADE | 7:38 Pitreavie AAC |
| 51 | Carrie CHARTERS | 7:39 East Kilbride AC |
| 52 | Erin MCGURK | 7:39 Law & District AAC |
| 53 | Lexi MACLEAN | 7:39 Banchory Stonehaven AC |
| 54 | Kacie BROWN | 7:40 Gala Harriers |
| 55 | Catriona SCOTT | 7:41 Edinburgh AC |
| 56 | Skye CHRISTIE | 7:43 East Kilbride AC |
| 57 | Eve WILKINSON | 7:43 Giffnock North AC |
| 58 | Isla KENNEDY | 7:44 Aberdeen AAC |
| 59 | Aysa KEALY | 7:46 Harmeny AC |
| 60 | Kiera GREGORY | 7:47 Inverclyde AC |
| 61 | Mairi GATHERER | 7:49 Perth Strathtay Harriers |
| 62 | Juno NEAL | 7:49 Edinburgh AC |
| 63 | Olivia DINNES | 7:50 Aberdeen AAC |
| 64 | Madelaine BLANCHARD | 7:50 Strathearn Harriers |
| 65 | Elise FIELD | 7:51 Gala Harriers |
| 66 | Kady WOOD | 7:52 Airdrie Harriers |
| 67 | Lucy CORNS | 7:55 Law & District AAC |
| 68 | Sofia BAUTISTA-FLECHA | 7:58 Edinburgh AC |
| 69 | Josie ANDERSON | 7:59 Falkirk Victoria Harriers |
| 70 | Olivia COOPER | 8:02 Kilbarchan AAC |
| 71 | Amelie KERR | 8:02 Kilbarchan AAC |
| 72 | Imogen MILLAR | 8:02 Shettleston Harriers |
| 73 | Hanna BRINDLEY | 8:03 Falkirk Victoria Harriers |
| 74 | Anna THOROGOOD | 8:04 Edinburgh AC |
| 75 | Jaidyn BROWN | 8:05 Gala Harriers |
| 76 | Eva MORRISON | 8:06 East Kilbride AC |
| 77 | Kate MONAGHAN | 8:06 Shettleston Harriers |
| 78 | Murrlyn BURNS | 8:07 Airdrie Harriers |
| 79 | Zoe MCNAIR | 8:09 Harmeny AC |
| 80 | Cerys MCKELLAR | 8:10 Kilbarchan AAC |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U15G

Lanark Race Course

| Pos | Name | Time Club |
|------------|------------------|---------------------------------|
| 81 | Scarlett JONES | 8:11 Helensburgh AAC |
| 82 | Eilidh COOKE | 8:16 Kilmarnock H&AC |
| 83 | Freya MILFORD | 8:20 Kilbarchan AAC |
| 84 | Niamh EVANS | 8:22 Kilbarchan AAC |
| 85 | Ella TANNER | 8:25 Central AC |
| 86 | Ruth DONALDSON | 8:36 Falkirk Victoria Harriers |
| 87 | Niamh WILSON | 8:38 Springburn Harriers |
| 88 | Charlotte GEBBIE | 8:39 Kilmarnock H&AC |
| 89 | Skye DICK | 8:41 Garscube Harriers |
| 90 | Emily SHARP | 8:41 Livingston AC |
| 91 | Lucy MACMILLAN | 8:41 Livingston AC |
| 92 | Lucy ADAMSON | 8:49 Garscube Harriers |
| 93 | Rebecca MCNULTY | 8:52 Kilmarnock H&AC |
| 94 | Olivia BAXTER | 9:02 East Kilbride AC |
| 95 | Sarah CHAMBERS | 9:04 Law & District AAC |
| 96 | Norah THOMPSON | 9:06 Central AC |
| 97 | Anna LINDSAY | 9:07 Garscube Harriers |
| 98 | Juno TAYLOR | 9:07 Edinburgh AC |
| 99 | Scarlett FARRELL | 9:10 Greenock Glenpark Harriers |
| 100 | Lily DUNCAN | 9:13 Clydesdale Harriers |
| 101 | Jodi ABEL | 9:15 Garscube Harriers |
| 102 | Katharina OWENS | 9:16 Ayr Seaforth AC |
| 103 | Amber MOODY | 9:18 Kilbarchan AAC |
| 104 | Isla NIXON | 9:19 Livingston AC |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U15G Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|---------------------------|------|-----------------------|-------|
| 1 | 29 | Lasswade AC | 6:32 | Cerys WRIGHT | 2 |
| | | | 6:49 | Freya BROWN | 6 |
| | | | 7:14 | Beth MCWILLIAM | 21 |
| 2 | 43 | Giffnock North AC | 6:51 | Freya SCOBIE | 7 |
| | | | 6:58 | Eilidh CALDOW | 10 |
| | | | 7:18 | Holly SIMPSON | 26 |
| 3 | 56 | Harmeny AC | 7:00 | Emilie PAUL | 14 |
| | | | 7:13 | Nancy CORRIE | 20 |
| | | | 7:15 | Leah BUCHAN | 22 |
| 4 | 72 | Gala Harriers | 6:49 | Ava RICHARDSON | 5 |
| | | | 6:59 | Kirsty RANKINE | 13 |
| | | | 7:40 | Kacie BROWN | 54 |
| 5 | 75 | Airdrie Harriers | 6:57 | Millie GAIRN | 9 |
| | | | 7:17 | Eihlenn GILLESPIE | 23 |
| | | | 7:33 | Leanna ELLIOT | 43 |
| 6 | 94 | Falkirk Victoria Harriers | 7:04 | Emily CHRISTIE | 15 |
| | | | 7:26 | Lara CRAWFORD | 35 |
| | | | 7:34 | Fiona RUE | 44 |
| 7 | 97 | Pitreavie AAC | 7:12 | Isla GOURLEY | 19 |
| | | | 7:20 | Mirabelle MEADE | 28 |
| | | | 7:38 | Maisey MEADE | 50 |
| 8 | 98 | Garscube Harriers | 6:58 | Erin BURNETT | 11 |
| | | | 7:27 | Chloe HENDRY | 38 |
| | | | 7:37 | Isobel COLLINGWOOD | 49 |
| 9 | 106 | Law & District AAC | 7:18 | Lucy TAYLOR | 25 |
| | | | 7:21 | Olivia INGLIS | 29 |
| | | | 7:39 | Erin MCGURK | 52 |
| 10 | 106 | Aberdeen AAC | 6:55 | Jessica NEEDS | 8 |
| | | | 7:28 | Sophie IMLACH | 40 |
| | | | 7:44 | Isla KENNEDY | 58 |
| 11 | 111 | East Kilbride AC | 6:47 | Matilda FREW | 4 |
| | | | 7:39 | Carrie CHARTERS | 51 |
| | | | 7:43 | Skye CHRISTIE | 56 |
| 12 | 130 | Kilbarchan AAC | 7:09 | Clara BAIN | 18 |
| | | | 7:32 | Vanessa MCVEIGH | 42 |
| | | | 8:02 | Olivia COOPER | 70 |
| 13 | 185 | Edinburgh AC | 7:41 | Catriona SCOTT | 55 |
| | | | 7:49 | Juno NEAL | 62 |
| | | | 7:58 | Sofia BAUTISTA-FLECHA | 68 |
| 14 | 193 | Central AC | 6:59 | Emily STANFORD | 12 |
| | | | 8:25 | Ella TANNER | 85 |
| | | | 9:06 | Norah THOMPSON | 96 |
| 15 | 263 | Kilmarnock H&AC | 8:16 | Eilidh COOKE | 82 |
| | | | 8:39 | Charlotte GEBBIE | 88 |
| | | | 8:52 | Rebecca MCNULTY | 93 |
| 16 | 285 | Livingston AC | 8:41 | Emily SHARP | 90 |
| | | | 8:41 | Lucy MACMILLAN | 91 |
| | | | 9:19 | Isla NIXON | 104 |

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**SCOTTISH
CROSSCOUNTRY
SEASON**



scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U15B

Lanark Race Course

| Pos | Name | Time Club |
|------------|--------------------|--------------------------------|
| 1 | Calum DICK | 5:33 Giffnock North AC |
| 2 | Ray TAYLOR | 5:34 Falkirk Victoria Harriers |
| 3 | Alistair STREET | 5:35 Kilbarchan AAC |
| 4 | Angus WILKINSON | 5:37 East Kilbride AC |
| 5 | Daibhidh KINNAIRD | 5:42 Cambuslang Harriers |
| 6 | Fergus ROSS | 5:44 Harmeny AC |
| 7 | Louie MUIR | 5:45 Giffnock North AC |
| 8 | Howie ALLISON | 5:51 Lasswade AC |
| 9 | Euan REID | 6:00 Cambuslang Harriers |
| 10 | Hamish HUNTER | 6:05 Falkirk Victoria Harriers |
| 11 | Daniel MCINTYRE | 6:06 Harmeny AC |
| 12 | Connor CAMPBELL | 6:07 Garscube Harriers |
| 13 | Harrison MACMILLAN | 6:08 Central AC |
| 14 | Aaron REID | 6:09 Giffnock North AC |
| 15 | Joe SMITH | 6:09 Team East Lothian |
| 16 | Max DEERY | 6:09 Giffnock North AC |
| 17 | Finlay LASKEY | 6:14 Giffnock North AC |
| 18 | Luke SEDMAN | 6:15 Falkirk Victoria Harriers |
| 19 | Rory CHARTERS | 6:16 East Kilbride AC |
| 20 | Ben BAILLIE | 6:18 East Kilbride AC |
| 21 | John FROOD | 6:19 Law & District AAC |
| 22 | Jake PAGE | 6:19 Team East Lothian |
| 23 | Reuben LEES | 6:20 Edinburgh AC |
| 24 | Aaden ROBERTSON | 6:21 Lasswade AC |
| 25 | Archie DALGLIESH | 6:22 Gala Harriers |
| 26 | Cahal MCATARSNEY | 6:23 Falkirk Victoria Harriers |
| 27 | Rory MACMILLAN | 6:25 Central AC |
| 28 | Alex HENTHORN | 6:26 Aberdeen AAC |
| 29 | Daniel HENDRY | 6:27 Garscube Harriers |
| 30 | Danny FLETCHER | 6:27 Lothian RC |
| 31 | Thomas GORNALL | 6:27 Team East Lothian |
| 32 | Josh DAUNT | 6:30 Edinburgh AC |
| 33 | Blair BEVERLEY | 6:34 Law & District AAC |
| 34 | Jamie TURNER | 6:36 VP-Glasgow AC |
| 35 | Tymek CHMIELOWSKI | 6:37 Corstorphine AAC |
| 36 | Connor MCCALLUM | 6:37 Giffnock North AC |
| 37 | Lukas SONNEVILLE | 6:38 Edinburgh AC |
| 38 | Patrick PIM | 6:38 Edinburgh AC |
| 39 | Adam WATTS | 6:38 VP-Glasgow AC |
| 40 | Gregor ADAMSON | 6:39 Gala Harriers |

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Saturday 4th November 2023

U15B

Lanark Race Course

| Pos | Name | Time Club |
|------------|---------------------|------------------------------------|
| 41 | Rory BARCLAY | 6:43 Cambuslang Harriers |
| 42 | Euan THORPE | 6:45 East Kilbride AC |
| 43 | Angus O'NEIL | 6:45 Cambuslang Harriers |
| 44 | Andrew LEIGHTON | 6:47 Edinburgh AC |
| 45 | Brian HESLOP | 6:48 East Kilbride AC |
| 46 | Jamie MCDONALD | 6:48 Garscube Harriers |
| 47 | James HORNE | 6:49 Aberdeen AAC |
| 48 | Charlie DALGLIESH | 6:50 Gala Harriers |
| 49 | Fraser MCKILLOP | 6:52 Kilbarchan AAC |
| 50 | Finn SMITH | 6:54 Springburn Harriers |
| 51 | Seb DARLOW | 6:55 Gala Harriers |
| 52 | Ethan SMYTH | 6:56 Livingston AC |
| 53 | Luke MERCER | 6:57 Team East Lothian |
| 54 | Oscar LINTON | 6:58 Kilbarchan AAC |
| 55 | Theodore STALIN | 7:01 Garscube Harriers |
| 56 | Billy MCKIE | 7:02 Kilbarchan AAC |
| 57 | Jackson TOWER | 7:02 Garscube Harriers |
| 58 | Tom MACDONALD | 7:02 Kilbarchan AAC |
| 59 | Finlay MITCHELL | 7:03 Kilbarchan AAC |
| 60 | Lucas WATT | 7:06 Kilbarchan AAC |
| 61 | Rory BRYCE | 7:08 Edinburgh AC |
| 62 | Gerard GONTOR | 7:08 VP-Glasgow AC |
| 63 | Ben RAISTRICK | 7:09 Metro Aberdeen RC |
| 64 | Tim ROSE | 7:10 George Heriots School XC Club |
| 65 | Jack GILLON | 7:14 Cambuslang Harriers |
| 66 | Lewis John SCOTT | 7:19 Greenock Glenpark Harriers |
| 67 | Lucan MARSHALL-WATT | 7:20 Ayr Seaforth AC |
| 68 | Jacob MUTCH | 7:21 Aberdeen AAC |
| 69 | Jacob MARSHALL | 7:22 Harmeny AC |
| 70 | Finlay DUFFIN | 7:23 Edinburgh AC |
| 71 | Sam BROOKS | 7:24 Aberdeen AAC |
| 72 | Richard FORBES | 7:33 Kilbarchan AAC |
| 73 | Alexander MASSIE | 7:33 Kilbarchan AAC |
| 74 | Rory WILKEN | 7:40 George Heriots School XC Club |
| 75 | Iain MACLEAN | 7:44 Ayr Seaforth AC |
| 76 | Liam REID | 7:49 Aberdeen AAC |
| 77 | Jamie BOYLAN | 7:57 Kilbarchan AAC |
| 78 | Aaron CHANDLER | 8:16 Kirkintilloch Olympians |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U15B Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|---------------------------|------|-------------------|-------|
| 1 | 22 | Giffnock North AC | 5:33 | Calum DICK | 1 |
| | | | 5:45 | Louie MUIR | 7 |
| | | | 6:09 | Aaron REID | 14 |
| 2 | 30 | Falkirk Victoria Harriers | 5:34 | Ray TAYLOR | 2 |
| | | | 6:05 | Hamish HUNTER | 10 |
| | | | 6:15 | Luke SEDMAN | 18 |
| 3 | 43 | East Kilbride AC | 5:37 | Angus WILKINSON | 4 |
| | | | 6:16 | Rory CHARTERS | 19 |
| | | | 6:18 | Ben BAILLIE | 20 |
| 4 | 55 | Cambuslang Harriers | 5:42 | Daibhidh KINNAIRD | 5 |
| | | | 6:00 | Euan REID | 9 |
| | | | 6:43 | Rory BARCLAY | 41 |
| 5 | 68 | Team East Lothian | 6:09 | Joe SMITH | 15 |
| | | | 6:19 | Jake PAGE | 22 |
| | | | 6:27 | Thomas GORNALL | 31 |
| 6 | 86 | Harmeny AC | 5:44 | Fergus ROSS | 6 |
| | | | 6:06 | Daniel MCINTYRE | 11 |
| | | | 7:22 | Jacob MARSHALL | 69 |
| 7 | 87 | Garscube Harriers | 6:07 | Connor CAMPBELL | 12 |
| | | | 6:27 | Daniel HENDRY | 29 |
| | | | 6:48 | Jamie MCDONALD | 46 |
| 8 | 92 | Edinburgh AC | 6:20 | Reuben LEES | 23 |
| | | | 6:30 | Josh DAUNT | 32 |
| | | | 6:38 | Lukas SONNEVILLE | 37 |
| 9 | 106 | Kilbarchan AAC | 5:35 | Alistair STREET | 3 |
| | | | 6:52 | Fraser MCKILLOP | 49 |
| | | | 6:58 | Oscar LINTON | 54 |
| 10 | 113 | Gala Harriers | 6:22 | Archie DALGLIESH | 25 |
| | | | 6:39 | Gregor ADAMSON | 40 |
| | | | 6:50 | Charlie DALGLIESH | 48 |
| 11 | 135 | VP-Glasgow AC | 6:36 | Jamie TURNER | 34 |
| | | | 6:38 | Adam WATTS | 39 |
| | | | 7:08 | Gerard GONTOR | 62 |
| 12 | 143 | Aberdeen AAC | 6:26 | Alex HENTHORN | 28 |
| | | | 6:49 | James HORNE | 47 |
| | | | 7:21 | Jacob MUTCH | 68 |

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scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U17W

Lanark Race Course

| Pos | Name | Time | Club |
|------------|--------------------------|-------------|---------------------------|
| 1 | Millie MCCLELLAND-BROOKS | 10:39 | Inverclyde AC |
| 2 | Natsai NYABADZA | 10:54 | Harmeny AC |
| 3 | Zara REDMOND | 10:57 | Kilbarchan AAC |
| 4 | Jessica INGLIS | 11:03 | Law & District AAC |
| 5 | Elsa MCGREGOR | 11:04 | Edinburgh AC |
| 6 | Amy TEASDALE | 11:07 | Kilbarchan AAC |
| 7 | Ruth WALSH | 11:11 | Giffnock North AC |
| 8 | Imogen MARSHALL | 11:21 | Livingston AC |
| 9 | Caitlyn HEGGIE | 11:22 | Inverness Harriers AAC |
| 10 | Abbie STEWART | 11:23 | Stornoway Running & AC |
| 11 | Saoirse MCNULTY | 11:33 | Giffnock North AC |
| 12 | Freya CAMPBELL | 11:35 | Giffnock North AC |
| 13 | Katie WOODS | 11:43 | Shettleston Harriers |
| 14 | Jessica TAYLOR | 11:47 | Edinburgh AC |
| 15 | Holly OVENS | 11:56 | Fife AC |
| 16 | Eliza KONIG | 12:02 | Fife AC |
| 17 | Scarlett WILSON | 12:02 | Giffnock North AC |
| 18 | Lois CANT | 12:04 | Falkirk Victoria Harriers |
| 19 | Alice MOURAO | 12:07 | Corstorphine AAC |
| 20 | Christina EDGAR | 12:08 | Edinburgh AC |
| 21 | Katie SANDILANDS | 12:11 | Fife AC |
| 22 | Katie HEDGES | 12:13 | Falkirk Victoria Harriers |
| 23 | Chloe DAVIES | 12:17 | Falkirk Victoria Harriers |
| 24 | Cara MCMINN | 12:17 | Kilbarchan AAC |
| 25 | Neve ELLIOTT | 12:18 | Law & District AAC |
| 26 | Lucie GIBSON | 12:18 | Falkirk Victoria Harriers |
| 27 | Isla MUNRO | 12:18 | Giffnock North AC |
| 28 | Eilidh HEARN | 12:18 | Perth Strathtay Harriers |
| 29 | Amy ANDREW | 12:26 | East Kilbride AC |
| 30 | Sophie GIBBONS | 12:34 | Garscube Harriers |
| 31 | Bethan KITCHIN | 12:34 | Lasswade AC |
| 32 | Skye MARSHALL | 12:36 | Harmeny AC |
| 33 | Iona Stroma HUBBARD | 12:37 | Giffnock North AC |
| 34 | Charlotte HORNE | 12:41 | Falkirk Victoria Harriers |
| 35 | Eve STARRITT | 12:46 | Kilmarnock H&AC |
| 36 | Kate MACPHAIL | 12:48 | Edinburgh AC |
| 37 | Katy DONNELLY | 12:50 | Giffnock North AC |
| 38 | Isabella OGG | 12:51 | Falkirk Victoria Harriers |
| 39 | Nina PADMANABHAN | 12:52 | Garscube Harriers |
| 40 | Eily SINCLAIR | 12:55 | Team East Lothian |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U17W

Lanark Race Course

| Pos | Name | Time | Club |
|------------|-------------------------|-------------|----------------------------|
| 41 | Ava MOONEY | 13:05 | Moorfoot Runners |
| 42 | Leah BROWN | 13:06 | Central AC |
| 43 | Megan MCKAY | 13:12 | Edinburgh AC |
| 44 | Rhianna DOCHERTY | 13:12 | East Kilbride AC |
| 45 | Niamh MCKINLAY | 13:14 | Central AC |
| 46 | Sarah TAYLOR | 13:22 | Aberdeen AAC |
| 47 | Rachael Niamh HILL | 13:29 | Giffnock North AC |
| 48 | Helle CORDNER | 13:31 | Helensburgh AAC |
| 49 | Robyn Abbie MCKERRACHER | 13:33 | Central AC |
| 50 | Emma LEIPER | 13:35 | Shettleston Harriers |
| 51 | Hania CZEBRESZUK | 13:35 | Aberdeen AAC |
| 52 | Jennifer MACMAHON | 13:40 | Garscube Harriers |
| 53 | Eilidh SWANSTON | 13:42 | Aberdeen AAC |
| 54 | Carys MURRISON | 13:44 | VP-Glasgow AC |
| 55 | Tabitha MACKENZIE | 13:45 | Central AC |
| 56 | Hope HINCHCLIFFE | 13:49 | Livingston AC |
| 57 | Eloise SCOTT | 13:54 | Lasswade AC |
| 58 | Summer TAGGART | 13:55 | Greenock Glenpark Harriers |
| 59 | Halszka MUSIALOWICZ | 14:17 | Harmeny AC |
| 60 | Poppy BOWERS | 14:17 | Kilbarchan AAC |
| 61 | Heather SUTHERLAND | 14:26 | Livingston AC |
| 62 | Alice HENDERSON | 14:29 | Garscube Harriers |
| 63 | Erin MCELENY | 14:30 | Greenock Glenpark Harriers |
| 64 | Hannah BLANCHARD | 14:43 | Strathearn Harriers |
| 65 | Katie FIELDING | 14:48 | East Kilbride AC |
| 66 | Sarah-Jane KANE | 14:50 | Falkirk Victoria Harriers |
| 67 | Anna MACKAY | 15:13 | Garscube Harriers |
| 68 | Jemma MURRAY | 15:14 | Harmeny AC |

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**SCOTTISH
CROSSCOUNTRY
SEASON** scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U17W Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|---------------------------|-------|-------------------------|-------|
| 1 | 30 | Giffnock North AC | 11:11 | Ruth WALSH | 7 |
| | | | 11:33 | Saoirse MCNULTY | 11 |
| | | | 11:35 | Freya CAMPBELL | 12 |
| 2 | 33 | Kilbarchan AAC | 10:57 | Zara REDMOND | 3 |
| | | | 11:07 | Amy TEASDALE | 6 |
| | | | 12:17 | Cara MCMINN | 24 |
| 3 | 39 | Edinburgh AC | 11:04 | Elsa MCGREGOR | 5 |
| | | | 11:47 | Jessica TAYLOR | 14 |
| | | | 12:08 | Christina EDGAR | 20 |
| 4 | 52 | Fife AC | 11:56 | Holly OVENS | 15 |
| | | | 12:02 | Eliza KONIG | 16 |
| | | | 12:11 | Katie SANDILANDS | 21 |
| 5 | 63 | Falkirk Victoria Harriers | 12:04 | Lois CANT | 18 |
| | | | 12:13 | Katie HEDGES | 22 |
| | | | 12:17 | Chloe DAVIES | 23 |
| 6 | 93 | Harmeny AC | 10:54 | Natsai NYABADZA | 2 |
| | | | 12:36 | Skye MARSHALL | 32 |
| | | | 14:17 | Halszka MUSIALOWICZ | 59 |
| 7 | 121 | Garscube Harriers | 12:34 | Sophie GIBBONS | 30 |
| | | | 12:52 | Nina PADMANABHAN | 39 |
| | | | 13:40 | Jennifer MACMAHON | 52 |
| 8 | 125 | Livingston AC | 11:21 | Imogen MARSHALL | 8 |
| | | | 13:49 | Hope HINCHCLIFFE | 56 |
| | | | 14:26 | Heather SUTHERLAND | 61 |
| 9 | 136 | Central AC | 13:06 | Leah BROWN | 42 |
| | | | 13:14 | Niamh MCKINLAY | 45 |
| | | | 13:33 | Robyn Abbie MCKERRACHER | 49 |
| 10 | 138 | East Kilbride AC | 12:26 | Amy ANDREW | 29 |
| | | | 13:12 | Rhianna DOCHERTY | 44 |
| | | | 14:48 | Katie FIELDING | 65 |
| 11 | 150 | Aberdeen AAC | 13:22 | Sarah TAYLOR | 46 |
| | | | 13:35 | Hania CZEBRESZUK | 51 |
| | | | 13:42 | Eilidh SWANSTON | 53 |

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**SCOTTISH
CROSSCOUNTRY
SEASON** 

scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U17M

Lanark Race Course

| Pos | Name | Time | Club |
|-----|-------------------|-------|---------------------------|
| 1 | Andrew MCWILLIAM | 9:17 | Lasswade AC |
| 2 | Oliver PATTON | 9:21 | Kilbarchan AAC |
| 3 | Jamie CONNOR | 9:33 | Giffnock North AC |
| 4 | Andrew BAIRD | 9:35 | Ross County AC |
| 5 | Alasdair NUGENT | 9:36 | Giffnock North AC |
| 6 | Luke CULLITON | 9:39 | Falkirk Victoria Harriers |
| 7 | Innes WRIGHT | 9:41 | Lasswade AC |
| 8 | James ALEXANDER | 9:42 | Garscube Harriers |
| 9 | Rhys CRAWFORD | 9:43 | Aberdeen AAC |
| 10 | Oliver MACDONALD | 9:46 | Giffnock North AC |
| 11 | Rowan TAYLOR | 9:48 | Lasswade AC |
| 12 | Iain JORDAN | 9:51 | Perth Strathtay Harriers |
| 13 | Fraser LUPTON | 9:51 | Team East Lothian |
| 14 | James WOTHERSPOON | 9:52 | Harmeny AC |
| 15 | Joshua MUNGIN | 9:54 | Kilbarchan AAC |
| 16 | Kieran HARDIE | 9:55 | Harmeny AC |
| 17 | Kyle GIBSON | 9:55 | Aberdeen AAC |
| 18 | Ronnie BROWN | 9:56 | Team East Lothian |
| 19 | Thomas REYNOLDS | 9:56 | Aberdeen AAC |
| 20 | Jamie WORK | 9:56 | Kilmarnock H&AC |
| 21 | Jack WALLACE | 9:59 | Giffnock North AC |
| 22 | Patrick BARNES | 10:02 | Edinburgh AC |
| 23 | Dair ALEXANDER | 10:06 | Harmeny AC |
| 24 | Lachlan THOMAS | 10:08 | Ross County AC |
| 25 | Struan GATHERER | 10:09 | Perth Strathtay Harriers |
| 26 | Fraser MACKENZIE | 10:10 | Metro Aberdeen RC |
| 27 | Rory TREHARNE | 10:10 | Garscube Harriers |
| 28 | Dylan DAUNT | 10:11 | Edinburgh AC |
| 29 | Matthew SHAW | 10:11 | Giffnock North AC |
| 30 | Daniel OWENS | 10:12 | Garscube Harriers |
| 31 | Andrew GRANT | 10:13 | Strathearn Harriers |
| 32 | Alex DUNLOP | 10:13 | Central AC |
| 33 | Callum HENDRY | 10:16 | Falkirk Victoria Harriers |
| 34 | Cameron CAVES | 10:19 | Harmeny AC |
| 35 | Adam VAREY | 10:21 | Border Harriers & AC |
| 36 | Zach SEENAN | 10:24 | Cambuslang Harriers |
| 37 | Charlie COPP | 10:25 | Team East Lothian |
| 38 | Ben SEATH | 10:26 | Metro Aberdeen RC |
| 39 | Alasdair MACLEAN | 10:28 | Ayr Seaforth AC |
| 40 | Matthew FOX | 10:29 | Shettleston Harriers |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U17M

Lanark Race Course

| Pos | Name | Time | Club |
|------------|------------------------|-------------|----------------------|
| 41 | Ryan KNIGHTS | 10:31 | Kilbarchan AAC |
| 42 | Laurence WARD | 10:32 | Lasswade AC |
| 43 | Andrew SHORTS | 10:35 | Kilbarchan AAC |
| 44 | Ryan KELLOCK | 10:36 | Law & District AAC |
| 45 | Finlay ROBINSON | 10:37 | Aberdeen AAC |
| 46 | Zac MEIKLEJOHN | 10:39 | Giffnock North AC |
| 47 | George VICKERS | 10:40 | Corstorphine AAC |
| 48 | Kaydan DAY | 10:45 | Livingston AC |
| 49 | Zico FIELD | 10:46 | Gala Harriers |
| 50 | Fraser MCINTYRE | 10:49 | Ayr Seaforth AC |
| 51 | Grant MCEACHERN | 10:51 | Cumbernauld AAC |
| 52 | Aaron THOMSON | 10:51 | East Kilbride AC |
| 53 | Fraser DONALDSON | 10:53 | Garscube Harriers |
| 54 | Ruaridh MILLER | 10:54 | Kilbarchan AAC |
| 55 | Christopher BLACK | 10:56 | Cambuslang Harriers |
| 56 | Jonathan HUNTER | 10:58 | East Kilbride AC |
| 57 | Ian MACPHERSON | 11:00 | Kilbarchan AAC |
| 58 | Andrew DUNN | 11:00 | VP-Glasgow AC |
| 59 | George INSLEY | 11:01 | Metro Aberdeen RC |
| 60 | Matthew MACIVER | 11:03 | Livingston AC |
| 61 | Ciaran MUIR | 11:03 | East Kilbride AC |
| 62 | Adam CLIFFORD | 11:06 | Shettleston Harriers |
| 63 | Gabriel MURPHY | 11:08 | Cambuslang Harriers |
| 64 | Jonathan COLLINGS | 11:09 | Lothian RC |
| 65 | Kaeden THOMAS | 11:10 | Ross County AC |
| 66 | Finlay MCKAY | 11:24 | Aberdeen AAC |
| 67 | Lewis ANDERSON | 11:25 | Kilmarnock H&AC |
| 68 | Gregor SAMSON | 11:28 | Kilmarnock H&AC |
| 69 | Callum THOMPSON | 11:31 | Nithsdale AC |
| 70 | Matthew MCQUAID | 11:33 | East Kilbride AC |
| 71 | Francis SANTANGELI | 11:36 | East Kilbride AC |
| 72 | Lewis ANDREWS | 11:39 | Corstorphine AAC |
| 73 | Christopher HARGREAVES | 11:43 | Garscube Harriers |
| 74 | Joshua HARMON | 11:44 | Airdrie Harriers |
| 75 | Euan GREEN | 11:45 | Strathaven Striders |
| 76 | Luke NICHOLLS | 11:46 | Metro Aberdeen RC |
| 77 | Liam KANE | 11:47 | Inverclyde AC |
| 78 | Ryan MCNAMARA | 11:48 | East Kilbride AC |
| 79 | Marcus DUNCAN | 11:49 | Stewartry AC |
| 80 | Joseph REILLY | 11:49 | Shettleston Harriers |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U17M

Lanark Race Course

| Pos | Name | Time | Club |
|------------|--------------------|-------------|-------------------------------|
| 81 | Jamie DUNCAN | 11:51 | Edinburgh AC |
| 82 | Alistair MUNRO | 11:51 | Bellahouston Harriers |
| 83 | Andrew ROBINSON | 11:52 | George Heriots School XC Club |
| 84 | Lucas KEY | 11:53 | Corstorphine AAC |
| 85 | Dillon SIM | 12:00 | Giffnock North AC |
| 86 | Archie BUSSON | 12:01 | George Heriots School XC Club |
| 87 | Rhys KNIGHTS | 12:05 | Kilbarchan AAC |
| 88 | Rory MCKIE | 12:05 | Kilbarchan AAC |
| 89 | Alexander ARRIS | 12:11 | Aberdeen AAC |
| 90 | Daniel SIMPSON | 12:24 | Law & District AAC |
| 91 | James BURCHMORE | 12:33 | Garscube Harriers |
| 92 | Kai WHEELER | 12:33 | Calderglen Harriers |
| 93 | Lewis HARRISON | 12:39 | Corstorphine AAC |
| 94 | Keir ROBERTSON | 12:58 | George Heriots School XC Club |
| 95 | Corey DONALDSON | 13:01 | Clydesdale Harriers |
| 96 | Nathan FITZPATRICK | 13:03 | Kilbarchan AAC |
| 97 | Lewis RIDER | 13:12 | Clydesdale Harriers |
| 98 | Thomas MILNE | 13:29 | George Heriots School XC Club |
| 99 | David IVORY | 13:33 | George Heriots School XC Club |
| 100 | Finn NICHOL | 13:54 | George Heriots School XC Club |
| 101 | Alan Robert LEITCH | 14:06 | East Kilbride AC |
| 102 | Jack MCINNES | 14:34 | Pitreavie AAC |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

U17M Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|-------------------------------|-------|-------------------|-------|
| 1 | 18 | Giffnock North AC | 9:33 | Jamie CONNOR | 3 |
| | | | 9:36 | Alasdair NUGENT | 5 |
| | | | 9:46 | Oliver MACDONALD | 10 |
| 2 | 19 | Lasswade AC | 9:17 | Andrew MCWILLIAM | 1 |
| | | | 9:41 | Innes WRIGHT | 7 |
| | | | 9:48 | Rowan TAYLOR | 11 |
| 3 | 45 | Aberdeen AAC | 9:43 | Rhys CRAWFORD | 9 |
| | | | 9:55 | Kyle GIBSON | 17 |
| | | | 9:56 | Thomas REYNOLDS | 19 |
| 4 | 53 | Harmeny AC | 9:52 | James WOTHERSPOON | 14 |
| | | | 9:55 | Kieran HARDIE | 16 |
| | | | 10:06 | Dair ALEXANDER | 23 |
| 5 | 58 | Kilbarchan AAC | 9:21 | Oliver PATTON | 2 |
| | | | 9:54 | Joshua MUNGIN | 15 |
| | | | 10:31 | Ryan KNIGHTS | 41 |
| 6 | 65 | Garscube Harriers | 9:42 | James ALEXANDER | 8 |
| | | | 10:10 | Rory TREHARNE | 27 |
| | | | 10:12 | Daniel OWENS | 30 |
| 7 | 68 | Team East Lothian | 9:51 | Fraser LUPTON | 13 |
| | | | 9:56 | Ronnie BROWN | 18 |
| | | | 10:25 | Charlie COPP | 37 |
| 8 | 93 | Ross County AC | 9:35 | Andrew BAIRD | 4 |
| | | | 10:08 | Lachlan THOMAS | 24 |
| | | | 11:10 | Kaeden THOMAS | 65 |
| 9 | 123 | Metro Aberdeen RC | 10:10 | Fraser MACKENZIE | 26 |
| | | | 10:26 | Ben SEATH | 38 |
| | | | 11:01 | George INSLEY | 59 |
| 10 | 131 | Edinburgh AC | 10:02 | Patrick BARNES | 22 |
| | | | 10:11 | Dylan DAUNT | 28 |
| | | | 11:51 | Jamie DUNCAN | 81 |
| 11 | 154 | Cambuslang Harriers | 10:24 | Zach SEENAN | 36 |
| | | | 10:56 | Christopher BLACK | 55 |
| | | | 11:08 | Gabriel MURPHY | 63 |
| 12 | 155 | Kilmarnock H&AC | 9:56 | Jamie WORK | 20 |
| | | | 11:25 | Lewis ANDERSON | 67 |
| | | | 11:28 | Gregor SAMSON | 68 |
| 13 | 169 | East Kilbride AC | 10:51 | Aaron THOMSON | 52 |
| | | | 10:58 | Jonathan HUNTER | 56 |
| | | | 11:03 | Ciaran MUIR | 61 |
| 14 | 182 | Shettleston Harriers | 10:29 | Matthew FOX | 40 |
| | | | 11:06 | Adam CLIFFORD | 62 |
| | | | 11:49 | Joseph REILLY | 80 |
| 15 | 203 | Corstorphine AAC | 10:40 | George VICKERS | 47 |
| | | | 11:39 | Lewis ANDREWS | 72 |
| | | | 11:53 | Lucas KEY | 84 |
| 16 | 263 | George Heriots School XC Club | 11:52 | Andrew ROBINSON | 83 |
| | | | 12:01 | Archie BUSSON | 86 |
| | | | 12:58 | Keir ROBERTSON | 94 |

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**SCOTTISH
CROSSCOUNTRY
SEASON** 

scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Wom

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|--------------------------|-------|-----|---------|-------------------------------------|
| 1 | Eloise WALKER | 12:56 | SEN | 1 | Edinburgh AC |
| 2 | Kirsty WALKER | 13:11 | SEN | 2 | Edinburgh AC |
| 3 | Fionnuala ROSS | 13:12 | SEN | 3 | Shettleston Harriers |
| 4 | Erin WALLACE | 13:22 | SEN | 4 | Giffnock North AC |
| 5 | Nancy SCOTT | 13:25 | SEN | 5 | Edinburgh AC |
| 6 | Stefanie TUCKER | 13:29 | SEN | 6 | Cambuslang Harriers |
| 7 | Sarah CALVERT | 13:35 | SEN | 7 | Edinburgh Univ Hare and Hounds |
| 8 | Lynn MCKENNA | 13:46 | SEN | 8 | Shettleston Harriers |
| 9 | Eve MACKINNON | 13:49 | SEN | 9 | Cambuslang Harriers |
| 10 | Alice GOODALL | 14:02 | SEN | 10 | Edinburgh AC |
| 11 | Nynke MULHOLLAND-STUMMER | 14:05 | SEN | 11 | Inverclyde AC |
| 12 | Sara GREEN | 14:09 | V40 | 1 | Gala Harriers |
| 13 | Anya MACLEAN | 14:23 | U20 | 1 | Edinburgh Univ Hare and Hounds |
| 14 | Isla PATERSON | 14:23 | U20 | 2 | Gala Harriers |
| 15 | Kirstian MACAULAY | 14:24 | SEN | 12 | Corstorphine AAC |
| 16 | Merce SANCHEZ OLLER | 14:25 | SEN | 13 | Edinburgh AC |
| 17 | Monica BLAIR | 14:26 | SEN | 14 | Garscube Harriers |
| 18 | Josie-Wren GOLDER | 14:28 | U20 | 3 | Corstorphine AAC |
| 19 | Hannah CAMERON | 14:30 | SEN | 15 | Aberdeen AAC |
| 20 | Catriona MACDONALD | 14:31 | SEN | 16 | Bellahouston RR |
| 21 | Catriona KANE | 14:33 | U20 | 4 | Edinburgh Univ Hare and Hounds |
| 22 | Michelle SANDISON | 14:35 | V40 | 2 | Springburn Harriers |
| 23 | Rachel GIBSON | 14:40 | SEN | 17 | North Down AC |
| 24 | Olivia VAREILLE | 14:41 | SEN | 18 | Falkirk Victoria Harriers |
| 25 | Emma CREASEY | 14:42 | SEN | 19 | Giffnock North AC |
| 26 | Olivia CLARKE | 14:49 | U20 | 5 | Corstorphine AAC |
| 27 | Rachel GIFFEN | 14:52 | U20 | 6 | Glasgow University Hares and Hounds |
| 28 | Kara MCKENZIE-TAIT | 14:56 | SEN | 20 | Corstorphine AAC |
| 29 | Katrine KELLY | 14:57 | V40 | 3 | Troon Tortoises AC |
| 30 | Yvonne MCNAIRN | 14:57 | SEN | 21 | Giffnock North AC |
| 31 | Aimee CALLOW | 14:58 | SEN | 22 | Edinburgh Univ Hare and Hounds |
| 32 | Frances WARDLE | 14:58 | SEN | 23 | Garscube Harriers |
| 33 | Katie ANDERSON | 14:58 | SEN | 24 | Moray RR |
| 34 | Katja BLUNDEN | 15:01 | V40 | 4 | Moray RR |
| 35 | Lauren STODDART | 15:02 | SEN | 25 | Edinburgh AC |
| 36 | Emma MCLENNAN | 15:04 | U20 | 7 | Giffnock North AC |
| 37 | Katie WHITE | 15:05 | V40 | 5 | Garscube Harriers |
| 38 | Carolyn CAMERON | 15:06 | SEN | 26 | Aberdeen AAC |
| 39 | Hannah TERRANCE | 15:07 | SEN | 27 | Shettleston Harriers |
| 40 | Margot Julia WYRWOLL | 15:09 | SEN | 28 | Edinburgh AC |

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**SCOTTISH
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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Wom

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|--------------------|-------|-----|---------|-------------------------------------|
| 41 | Hannah ADDISON | 15:11 | SEN | 29 | Cambuslang Harriers |
| 42 | Sophie COLLINS | 15:11 | SEN | 30 | Corstorphine AAC |
| 43 | Amelie MARSHALL | 15:15 | U20 | 8 | Edinburgh Univ Hare and Hounds |
| 44 | Caitlin PURCELL | 15:17 | SEN | 31 | Edinburgh Univ Hare and Hounds |
| 45 | Alicia PATON | 15:18 | SEN | 32 | Cumbernauld AAC |
| 46 | Libby SUTHERLAND | 15:19 | SEN | 33 | Kilbarchan AAC |
| 47 | Katie CHRISTIE | 15:22 | U20 | 9 | Falkirk Victoria Harriers |
| 48 | Tuscany WRIGHT | 15:24 | U20 | 10 | Central AC |
| 49 | Rachel MUIR | 15:25 | U20 | 11 | Glasgow University Hares and Hounds |
| 50 | Allie CHONG | 15:27 | V50 | 1 | Giffnock North AC |
| 51 | Kirstin OAKLEY | 15:27 | SEN | 34 | Ayr Seaforth AC |
| 52 | Kirsty PURCELL | 15:27 | SEN | 35 | Edinburgh Univ Hare and Hounds |
| 53 | Catriona GILLEN | 15:27 | SEN | 36 | Springburn Harriers |
| 54 | Maya MILLAR | 15:28 | U20 | 12 | Edinburgh Univ Hare and Hounds |
| 55 | Janani MOHAN | 15:31 | SEN | 37 | Edinburgh Univ Hare and Hounds |
| 56 | Emily RENFREW | 15:31 | SEN | 38 | Bellahouston Harriers |
| 57 | Natasha MYLES | 15:34 | U20 | 13 | Strathearn Harriers |
| 58 | Fiona MATHESON | 15:35 | V60 | 1 | Falkirk Victoria Harriers |
| 59 | Ruth FRASER-MOODIE | 15:37 | V40 | 6 | Springburn Harriers |
| 60 | Jessica ENSOLL | 15:38 | SEN | 39 | Edinburgh Univ Hare and Hounds |
| 61 | Julie MENZIES | 15:40 | V50 | 2 | PH Racing Club |
| 62 | Kirstin MAXWELL | 15:40 | SEN | 40 | Corstorphine AAC |
| 63 | Janet DUNBAR | 15:42 | V50 | 3 | Edinburgh AC |
| 64 | Avril MASON | 15:43 | V40 | 7 | Shettleston Harriers |
| 65 | Rachael CUNNINGHAM | 15:44 | SEN | 41 | Inverclyde AC |
| 66 | Victoria RIDDELL | 15:45 | SEN | 42 | Shettleston Harriers |
| 67 | Jessica ROBSON | 15:45 | SEN | 43 | Law & District AAC |
| 68 | Kristina GREIG | 15:46 | SEN | 44 | Bellahouston Harriers |
| 69 | Esme DOUGALL | 15:47 | U20 | 14 | Giffnock North AC |
| 70 | Jill SMYLIE | 15:49 | V40 | 8 | Giffnock North AC |
| 71 | Ellen PATTON | 15:50 | SEN | 45 | Central AC |
| 72 | Eve YOUNG | 15:53 | SEN | 46 | Edinburgh Univ Hare and Hounds |
| 73 | Mary SENIOR | 15:54 | V50 | 4 | Garscube Harriers |
| 74 | Holly SMITH | 15:54 | SEN | 47 | Garscube Harriers |
| 75 | Catriona BARK | 15:55 | V40 | 9 | Giffnock North AC |
| 76 | Elena HEGER | 15:55 | SEN | 48 | Shettleston Harriers |
| 77 | Gillian BLEE | 15:56 | V40 | 10 | Garscube Harriers |
| 78 | Kerry GIBSON | 15:57 | SEN | 49 | Fife AC |
| 79 | Jennifer MACLEAN | 15:58 | V40 | 11 | Edinburgh AC |
| 80 | Emma MORRIS | 15:59 | SEN | 50 | Motherwell AC |

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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

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Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|-----------------------|-------|-----|---------|-------------------------------------|
| 81 | Niamh BROWN | 15:59 | SEN | 51 | Falkirk Victoria Harriers |
| 82 | Tracy MORGAN | 16:00 | V40 | 12 | Dundee Hawkhill Harriers |
| 83 | Siobhan COLEMAN | 16:01 | SEN | 52 | Linlithgow AC |
| 84 | Shania KING | 16:01 | SEN | 53 | Dundee Hawkhill Harriers |
| 85 | Anna DALGLISH | 16:02 | U20 | 15 | Glasgow University Hares and Hounds |
| 86 | Mhairi MACTIER | 16:03 | SEN | 54 | Bellahouston Harriers |
| 87 | Catriona BAIN | 16:06 | SEN | 55 | Cambuslang Harriers |
| 88 | Laura Diana JEDRUSIAK | 16:09 | SEN | 56 | Glasgow University Hares and Hounds |
| 89 | Lorne KERR | 16:12 | SEN | 57 | VP-Glasgow AC |
| 90 | Sophie GORMAN | 16:12 | SEN | 58 | Glasgow University Hares and Hounds |
| 91 | Kirsty MANN | 16:14 | SEN | 59 | Shettleston Harriers |
| 92 | Christine IRVINE | 16:15 | SEN | 60 | VP-Glasgow AC |
| 93 | Kiara MEIKLEJOHN | 16:16 | U20 | 16 | Giffnock North AC |
| 94 | Millie AITKEN | 16:23 | U20 | 17 | East Kilbride AC |
| 95 | Kirsty WRIGHT | 16:24 | SEN | 61 | Cambuslang Harriers |
| 96 | Joni SMITH | 16:25 | U20 | 18 | Stornoway Running & AC |
| 97 | Cara BALDWIN | 16:26 | SEN | 62 | Edinburgh Univ Hare and Hounds |
| 98 | Ella YOUNGS | 16:26 | U20 | 19 | Giffnock North AC |
| 99 | Elsie HOLLYWOOD | 16:27 | SEN | 63 | Edinburgh Univ Hare and Hounds |
| 100 | Lydia LOUW | 16:28 | U20 | 20 | Central AC |
| 101 | Reagan BINNIE | 16:29 | SEN | 64 | Law & District AAC |
| 102 | Roisin CAMERON COYLE | 16:29 | U20 | 21 | Strathclyde Univ Harriers |
| 103 | Nicole JACKSON | 16:31 | SEN | 65 | Carnegie Harriers |
| 104 | Allegra SOUTAR | 16:32 | SEN | 66 | Edinburgh Univ Hare and Hounds |
| 105 | Lauren LIVERSIDGE | 16:33 | SEN | 67 | Garscube Harriers |
| 106 | Flora HENRY | 16:36 | U20 | 22 | Glasgow University Hares and Hounds |
| 107 | Rachel CALLAGHAN | 16:38 | SEN | 68 | Dundee Road Runners |
| 108 | Nathalie BROHAN | 16:39 | V40 | 13 | Cambuslang Harriers |
| 109 | Beth TRAINER | 16:44 | U20 | 23 | Strathclyde Univ Harriers |
| 110 | Karen PATEL | 16:45 | V40 | 14 | West End RR |
| 111 | Amy MACLELLAN | 16:49 | SEN | 69 | Shettleston Harriers |
| 112 | Elaine BOYLE | 16:50 | V40 | 15 | Law & District AAC |
| 113 | Fiona CANAVAN | 16:51 | SEN | 70 | Dundee Road Runners |
| 114 | Julia JOHNSTONE | 16:54 | V50 | 5 | Gala Harriers |
| 115 | Beth URQUHART | 16:57 | U20 | 24 | Moray RR |
| 116 | Kirsty O'BRIEN | 16:58 | V40 | 16 | Cambuslang Harriers |
| 117 | Katherine HYLANDS | 17:02 | SEN | 71 | Bellahouston Harriers |
| 118 | Marie KANE | 17:02 | SEN | 72 | Cambuslang Harriers |
| 119 | Avril PEARSON | 17:04 | V50 | 6 | Livingston AC |
| 120 | Kirsten MCCLUSKEY | 17:05 | U20 | 25 | Glasgow University Hares and Hounds |

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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Wom

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|----------------------|-------|-----|---------|-------------------------------------|
| 121 | Katie BENNIE | 17:08 | U20 | 26 | Falkirk Victoria Harriers |
| 122 | Christine MULHOLLAND | 17:10 | V50 | 7 | Linlithgow AC |
| 123 | Charlotte BRIGGS | 17:12 | SEN | 73 | Carnegie Harriers |
| 124 | Malwina OLLIK | 17:13 | SEN | 74 | VP-Glasgow AC |
| 125 | Emma CRAIG | 17:15 | V40 | 17 | Newton Road Runners |
| 126 | Lucy STROVER | 17:16 | SEN | 75 | Edinburgh Univ Hare and Hounds |
| 127 | Karen DOBBIE | 17:18 | V50 | 8 | Edinburgh AC |
| 128 | Fiona CALLAGHAN | 17:21 | SEN | 76 | Dundee Road Runners |
| 129 | Rachel MURRAY | 17:24 | U20 | 27 | Edinburgh Univ Hare and Hounds |
| 130 | Mari BREMNER | 17:25 | SEN | 77 | Portobello RC |
| 131 | Hilary RITCHIE | 17:27 | V60 | 2 | Fife AC |
| 132 | Claire WHARTON | 17:27 | V50 | 9 | Bellahouston RR |
| 133 | Rachel WARDROPE | 17:29 | SEN | 78 | Edinburgh Univ Hare and Hounds |
| 134 | Olivia BOYLE | 17:31 | U20 | 28 | Whitemoss AAC |
| 135 | Fabienne THOMPSON | 17:31 | V50 | 10 | Perth RR |
| 136 | Megan COTTRELL | 17:31 | SEN | 79 | Dundee University AC and XC club |
| 137 | Ella NICHOLSON | 17:32 | U20 | 29 | Team East Lothian |
| 138 | Sarah PATERSON | 17:33 | SEN | 80 | PH Racing Club |
| 139 | Harriet ARNOTT | 17:33 | SEN | 81 | Metro Aberdeen RC |
| 140 | Vivien THORPE | 17:35 | V40 | 18 | East Kilbride AC |
| 141 | Lucy DONALDSON | 17:37 | U20 | 30 | Garscube Harriers |
| 142 | Carly MONAGHAN | 17:39 | SEN | 82 | Shettleston Harriers |
| 143 | Lesley GRAHAM | 17:41 | V40 | 19 | Law & District AAC |
| 144 | Catriona PADMANABHAN | 17:41 | V50 | 11 | Garscube Harriers |
| 145 | Hilary CARSWELL | 17:41 | V50 | 12 | Giffnock North AC |
| 146 | Gemma SLATER | 17:41 | V40 | 20 | Metro Aberdeen RC |
| 147 | Ruby MCGILL | 17:42 | U20 | 31 | Glasgow University Hares and Hounds |
| 148 | Natalie MCWILLIAMS | 17:45 | SEN | 83 | Cambuslang Harriers |
| 149 | Emma SMITH | 17:45 | SEN | 84 | Motherwell AC |
| 150 | Diane MCKINNEY | 17:48 | SEN | 85 | Troon Tortoises AC |
| 151 | Kirsty MACFARLANE | 17:48 | SEN | 86 | Bellahouston RR |
| 152 | Millie O'NEILL | 17:49 | U20 | 32 | Central AC |
| 153 | Alison LESSELLS | 17:51 | V40 | 21 | Calderglen Harriers |
| 154 | Katie WATSON | 17:54 | SEN | 87 | Aberdeen AAC |
| 155 | Karen ROBERTSON | 17:59 | V50 | 13 | Harmeny AC |
| 156 | Eva PETER | 17:59 | SEN | 88 | Strathclyde Univ Harriers |
| 157 | Angela CARSON | 18:02 | V50 | 14 | Giffnock North AC |
| 158 | Victoria BROWN | 18:02 | V40 | 22 | Aberdeen AAC |
| 159 | Kathryn FAIRFIELD | 18:03 | V40 | 23 | Carnegie Harriers |
| 160 | Christine NEILL | 18:03 | SEN | 89 | Law & District AAC |

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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

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Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|-------------------|-------|-----|---------|-------------------------------------|
| 161 | Amanda BRYDEN | 18:05 | SEN | 90 | Kilmarnock H&AC |
| 162 | Joy GUDGIN | 18:06 | V60 | 3 | Carnegie Harriers |
| 163 | Sarah PATERSON | 18:08 | SEN | 91 | Edinburgh AC |
| 164 | Keren MACPHERSON | 18:09 | V50 | 15 | Fife AC |
| 165 | Lisa DALGLIESH | 18:09 | V50 | 16 | Gala Harriers |
| 166 | Isobel JOINER | 18:09 | V40 | 24 | Edinburgh AC |
| 167 | Julia PECHLOF | 18:10 | SEN | 92 | Calderglen Harriers |
| 168 | Rebecca SIMISTER | 18:12 | SEN | 93 | Bellahouston Harriers |
| 169 | Sarah MARSHALL | 18:13 | V40 | 25 | Carnegie Harriers |
| 170 | Jayne EMERY | 18:13 | SEN | 94 | Central AC |
| 171 | Eilidh KENNEDY | 18:14 | U20 | 33 | Cambuslang Harriers |
| 172 | Sadie CROASDALE | 18:15 | U20 | 34 | Glasgow University Hares and Hounds |
| 173 | Saskia CHAPLIN | 18:15 | U20 | 35 | Edinburgh Univ Hare and Hounds |
| 174 | Marian MONK | 18:16 | V50 | 17 | Greenock Glenpark Harriers |
| 175 | Karyn STEWART | 18:19 | SEN | 95 | Pitreavie AAC |
| 176 | Lynn GATHERER | 18:19 | V40 | 26 | Perth RR |
| 177 | Izzy CAUFIELD | 18:21 | U20 | 36 | Kilmarnock H&AC |
| 178 | Joanne THORBURN | 18:22 | V40 | 27 | Newton Road Runners |
| 179 | Anne DUNCAN | 18:24 | V60 | 4 | Edinburgh AC |
| 180 | Claire MCCORMICK | 18:26 | V50 | 18 | Bellahouston Harriers |
| 181 | Hannah WAUGH | 18:27 | V40 | 28 | Edinburgh AC |
| 182 | Joni LINDSAY | 18:28 | SEN | 96 | Bellahouston RR |
| 183 | Jessica BULLEN | 18:29 | U20 | 37 | Team East Lothian |
| 184 | Elaine DAVIES | 18:30 | V50 | 19 | Edinburgh AC |
| 185 | Hannah MEARNES | 18:32 | SEN | 97 | West End RR |
| 186 | Clare GRAHAM | 18:35 | V50 | 20 | PH Racing Club |
| 187 | Jocelyn LOFTHOUSE | 18:36 | V40 | 29 | Harmeny AC |
| 188 | Alison MACKENZIE | 18:39 | SEN | 98 | Bellahouston Harriers |
| 189 | Ann WHITE | 18:40 | V70 | 1 | Garscube Harriers |
| 190 | Emma THOMPSON | 18:43 | SEN | 99 | VP-Glasgow AC |
| 191 | Marina MCCALLUM | 18:46 | V50 | 21 | Kirkintilloch Olympians |
| 192 | Kirsty STEWART | 18:49 | V40 | 30 | Bellahouston Harriers |
| 193 | Alison RUTHERFORD | 18:50 | SEN | 100 | Garscube Harriers |
| 194 | Innes BRACEGIRDLE | 18:52 | V60 | 5 | Fife AC |
| 195 | Rosie WILLIS | 18:54 | SEN | 101 | Strathclyde Univ Harriers |
| 196 | Jacqueline WYLLIE | 18:59 | V40 | 31 | Newton Road Runners |
| 197 | Iara NAVE CALTON | 19:00 | SEN | 102 | Glasgow University Hares and Hounds |
| 198 | Margaret MARTIN | 19:00 | V60 | 6 | Fife AC |
| 199 | Pauline WRIGHT | 19:04 | V50 | 22 | Bellahouston RR |
| 200 | Ray MUSLEH | 19:04 | V40 | 32 | West End RR |

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Wom

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|-----------------------|-------|-----|---------|----------------------------|
| 201 | Kirsty HURT | 19:10 | SEN | 103 | West End RR |
| 202 | Lynne HARRISON | 19:12 | V50 | 23 | Greenock Glenpark Harriers |
| 203 | Megan DONALDSON | 19:13 | SEN | 104 | Motherwell AC |
| 204 | Claire HURLEY | 19:14 | SEN | 105 | Newton Road Runners |
| 205 | Abbie KIRWAN | 19:19 | U20 | 38 | East Kilbride AC |
| 206 | Hazel ROSS | 19:19 | V50 | 24 | Lothian RC |
| 207 | Claire FITZSIMMONS | 19:21 | V40 | 33 | Bellahouston Harriers |
| 208 | Monica ANDERSON | 19:27 | V50 | 25 | Falkirk Victoria Harriers |
| 209 | Marianne MCKAY | 19:27 | V40 | 34 | Greenock Glenpark Harriers |
| 210 | Laura ESPLIN | 19:28 | SEN | 106 | Garscube Harriers |
| 211 | Gail MURDOCH | 19:28 | V50 | 26 | Carnegie Harriers |
| 212 | Pauline HENDERSON | 19:29 | V60 | 7 | Bellahouston Harriers |
| 213 | Kathryn SCOTT | 19:30 | V60 | 8 | Garscube Harriers |
| 214 | Kirsty TOMS | 19:36 | SEN | 107 | Bellahouston RR |
| 215 | Laura WILKINSON | 19:37 | SEN | 108 | Bellahouston RR |
| 216 | Vikki STEWART | 19:38 | V40 | 35 | Ayr Seaforth AC |
| 217 | Erica CHRISTIE | 19:39 | V60 | 9 | Cambuslang Harriers |
| 218 | Fiona THOMSON | 19:41 | V40 | 36 | Newton Road Runners |
| 219 | Janet MURRAY | 19:42 | V40 | 37 | Dundee Road Runners |
| 220 | Kirsty MCNULTY | 19:43 | V40 | 38 | Kilmarnock H&AC |
| 221 | Sharyn RAMAGE | 19:45 | V60 | 10 | Edinburgh AC |
| 222 | Emma PURDIE | 19:52 | V40 | 39 | Lothian RC |
| 223 | Amy CROMARTY | 19:53 | SEN | 109 | Garscube Harriers |
| 224 | Karen KEAST | 19:57 | V40 | 40 | Portobello RC |
| 225 | Vicki FRASER-HOPEWELL | 19:59 | V40 | 41 | Bellahouston Harriers |
| 226 | Bex CURRIE MOODIE | 20:04 | SEN | 110 | Garscube Harriers |
| 227 | Helena GRIBBEN | 20:04 | V50 | 27 | Falkirk Victoria Harriers |
| 228 | Emma KNOX | 20:04 | SEN | 111 | Motherwell AC |
| 229 | Barbara KNOX | 20:06 | V60 | 11 | Springburn Harriers |
| 230 | Fiona MANSON | 20:08 | V50 | 28 | Perth RR |
| 231 | Stephanie RUDD | 20:09 | V50 | 29 | Bellahouston Harriers |
| 232 | Judith THOMSON | 20:10 | V50 | 30 | Lothian RC |
| 233 | Roz WILSON | 20:11 | V50 | 31 | Bellahouston RR |
| 234 | Alison BINNS | 20:12 | V50 | 32 | Lasswade AC |
| 235 | Karen LITTLEJOHN | 20:18 | V40 | 42 | Dumfries RC |
| 236 | Morag CASEY | 20:25 | V50 | 33 | Garscube Harriers |
| 237 | Cheryl MCNULTY | 20:27 | V40 | 43 | Hamilton Harriers |
| 238 | Lyndsay KERRIGAN | 20:28 | SEN | 112 | Garscube Harriers |
| 239 | Jan BOYD | 20:30 | V50 | 34 | Garscube Harriers |
| 240 | Lynsey MOONEY | 20:33 | V40 | 44 | Greenock Glenpark Harriers |

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON** 

scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Wom

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|--------------------|-------|-----|---------|----------------------------|
| 241 | Susan ROSS | 20:36 | V50 | 35 | Harmeny AC |
| 242 | Kerry HUNTER | 20:37 | SEN | 113 | Carnegie Harriers |
| 243 | Kirsty GRAY | 20:40 | V40 | 45 | Lothian RC |
| 244 | Sarah Jane WHALEN | 20:45 | V40 | 46 | Greenock Glenpark Harriers |
| 245 | Alison CALDWELL | 20:53 | SEN | 114 | Portobello RC |
| 246 | Christine MCKAY | 20:55 | V60 | 12 | Bellahouston Harriers |
| 247 | Susan IRWIN | 20:58 | V50 | 36 | Harmeny AC |
| 248 | Ruth CRAWFORD | 21:03 | V40 | 47 | Metro Aberdeen RC |
| 249 | Lucy CAMERON | 21:06 | SEN | 115 | Ayr Seaforth AC |
| 250 | Kira MOURAO | 21:12 | V40 | 48 | Corstorphine AAC |
| 251 | June MACLEOD | 21:20 | V60 | 13 | Bellahouston Harriers |
| 252 | Shona ADAM | 21:24 | V50 | 37 | Edinburgh AC |
| 253 | Lisa ROBERTSON | 21:25 | SEN | 116 | Bellahouston Harriers |
| 254 | Ashley CLANCY | 21:26 | V40 | 49 | Garscube Harriers |
| 255 | Claire MONAGHAN | 21:34 | V40 | 50 | Greenock Glenpark Harriers |
| 256 | Lorraine BUCHANAN | 21:43 | V40 | 51 | Calderglen Harriers |
| 257 | Jaclyn MOLLOY | 21:45 | V40 | 52 | Motherwell AC |
| 258 | Liz HEYWOOD | 21:47 | SEN | 117 | Greenock Glenpark Harriers |
| 259 | Heather LAFFERTY | 21:48 | V40 | 53 | Greenock Glenpark Harriers |
| 260 | Grace MACKIE | 21:49 | SEN | 118 | West End RR |
| 261 | Helen CRAWFORD | 21:50 | V50 | 38 | Greenock Glenpark Harriers |
| 262 | Kim FORBES | 21:59 | V60 | 14 | Pitreavie AAC |
| 263 | Shelby LYNCH | 22:01 | SEN | 119 | Carnegie Harriers |
| 264 | Maureen DICKSON | 22:01 | V60 | 15 | Dumfries RC |
| 265 | Karen FORSYTH | 22:06 | V40 | 54 | Carnegie Harriers |
| 266 | Claire STEVENS | 22:09 | V40 | 55 | Pitreavie AAC |
| 267 | Amy FRANK | 22:11 | SEN | 120 | Bellahouston Harriers |
| 268 | Julia WYLIE | 22:15 | V50 | 39 | VP-Glasgow AC |
| 269 | Nicola MORIARTY | 22:20 | V50 | 40 | Pitreavie AAC |
| 270 | Morna FLEMING | 22:35 | V70 | 2 | Pitreavie AAC |
| 271 | Sarah ATTWOOD | 23:27 | V50 | 41 | Garscube Harriers |
| 272 | Terry NIMMO | 23:32 | V60 | 16 | Bellahouston RR |
| 273 | Kate GOLDSMITH | 23:35 | SEN | 121 | West End RR |
| 274 | Joanne TURNBULL | 23:54 | V50 | 42 | Lothian RC |
| 275 | Denise TRACEY | 24:39 | V50 | 43 | Linlithgow AC |
| 276 | Susan BOTHWELL | 24:48 | V60 | 17 | Perth RR |
| 277 | Alison SMART | 26:05 | V60 | 18 | Greenock Glenpark Harriers |
| 278 | Charlotte MCKAY | 26:07 | V60 | 19 | Greenock Glenpark Harriers |
| 279 | Mary ROBINSON | 26:07 | V50 | 44 | Greenock Glenpark Harriers |
| 280 | June Anne MCKNIGHT | 26:31 | V50 | 45 | Greenock Glenpark Harriers |
| 281 | Carla TELFER | 26:45 | V40 | 56 | Bellahouston RR |

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenWom Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|-------------------------------------|-------|-----------------------|-------|
| 1 | 18 | Edinburgh AC | 12:56 | Eloise WALKER | 1 |
| | | | 13:11 | Kirsty WALKER | 2 |
| | | | 13:25 | Nancy SCOTT | 5 |
| | | | 14:02 | Alice GOODALL | 10 |
| 2 | 72 | Edinburgh Univ Hare and Hounds | 13:35 | Sarah CALVERT | 7 |
| | | | 14:23 | Anya MACLEAN | 13 |
| | | | 14:33 | Catriona KANE | 21 |
| | | | 14:58 | Aimee CALLOW | 31 |
| 3 | 87 | Corstorphine AAC | 14:24 | Kirstian MACAULAY | 15 |
| | | | 14:28 | Josie-Wren GOLDER | 18 |
| | | | 14:49 | Olivia CLARKE | 26 |
| | | | 14:56 | Kara MCKENZIE-TAIT | 28 |
| 4 | 95 | Giffnock North AC | 13:22 | Erin WALLACE | 4 |
| | | | 14:42 | Emma CREASEY | 25 |
| | | | 14:57 | Yvonne MCNAIRN | 30 |
| | | | 15:04 | Emma MCLENNAN | 36 |
| 5 | 114 | Shettleston Harriers | 13:12 | Fionnuala ROSS | 3 |
| | | | 13:46 | Lynn MCKENNA | 8 |
| | | | 15:07 | Hannah TERRANCE | 39 |
| | | | 15:43 | Avril MASON | 64 |
| 6 | 143 | Cambuslang Harriers | 13:29 | Stefanie TUCKER | 6 |
| | | | 13:49 | Eve MACKINNON | 9 |
| | | | 15:11 | Hannah ADDISON | 41 |
| | | | 16:06 | Catriona BAIN | 87 |
| 7 | 159 | Garscube Harriers | 14:26 | Monica BLAIR | 17 |
| | | | 14:58 | Frances WARDLE | 32 |
| | | | 15:05 | Katie WHITE | 37 |
| | | | 15:54 | Mary SENIOR | 73 |
| 8 | 210 | Falkirk Victoria Harriers | 14:41 | Olivia VAREILLE | 24 |
| | | | 15:22 | Katie CHRISTIE | 47 |
| | | | 15:35 | Fiona MATHESON | 58 |
| | | | 15:59 | Niamh BROWN | 81 |
| 9 | 249 | Glasgow University Hares and Hounds | 14:52 | Rachel GIFFEN | 27 |
| | | | 15:25 | Rachel MUIR | 49 |
| | | | 16:02 | Anna DALGLISH | 85 |
| | | | 16:09 | Laura Diana JEDRUSIAK | 88 |
| 10 | 305 | Gala Harriers | 14:09 | Sara GREEN | 12 |
| | | | 14:23 | Isla PATERSON | 14 |
| | | | 16:54 | Julia JOHNSTONE | 114 |
| | | | 18:09 | Lisa DALGLIESH | 165 |
| 11 | 327 | Bellahouston Harriers | 15:31 | Emily RENFREW | 56 |
| | | | 15:46 | Kristina GREIG | 68 |
| | | | 16:03 | Mhairi MACTIER | 86 |
| | | | 17:02 | Katherine HYLANDS | 117 |
| 12 | 363 | Springburn Harriers | 14:35 | Michelle SANDISON | 22 |
| | | | 15:27 | Catriona GILLEN | 53 |
| | | | 15:37 | Ruth FRASER-MOODIE | 59 |
| | | | 20:06 | Barbara KNOX | 229 |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenWom Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|---------------------------|-------|----------------------|-------|
| 13 | 369 | Aberdeen AAC | 14:30 | Hannah CAMERON | 19 |
| | | | 15:06 | Carolyn CAMERON | 38 |
| | | | 17:54 | Katie WATSON | 154 |
| | | | 18:02 | Victoria BROWN | 158 |
| 14 | 371 | Central AC | 15:24 | Tuscany WRIGHT | 48 |
| | | | 15:50 | Ellen PATTON | 71 |
| | | | 16:28 | Lydia LOUW | 100 |
| | | | 17:49 | Millie O'NEILL | 152 |
| 15 | 423 | Law & District AAC | 15:45 | Jessica ROBSON | 67 |
| | | | 16:29 | Reagan BINNIE | 101 |
| | | | 16:50 | Elaine BOYLE | 112 |
| | | | 17:41 | Lesley GRAHAM | 143 |
| 16 | 485 | Bellahouston RR | 14:31 | Catriona MACDONALD | 20 |
| | | | 17:27 | Claire WHARTON | 132 |
| | | | 17:48 | Kirsty MACFARLANE | 151 |
| | | | 18:28 | Joni LINDSAY | 182 |
| 17 | 495 | VP-Glasgow AC | 16:12 | Lorne KERR | 89 |
| | | | 16:15 | Christine IRVINE | 92 |
| | | | 17:13 | Malwina OLLIK | 124 |
| | | | 18:43 | Emma THOMPSON | 190 |
| 18 | 547 | Carnegie Harriers | 16:31 | Nicole JACKSON | 103 |
| | | | 17:12 | Charlotte BRIGGS | 123 |
| | | | 18:03 | Kathryn FAIRFIELD | 159 |
| | | | 18:06 | Joy GUDGIN | 162 |
| 19 | 562 | Strathclyde Univ Harriers | 16:29 | Roisin CAMERON COYLE | 102 |
| | | | 16:44 | Beth TRAINER | 109 |
| | | | 17:59 | Eva PETER | 156 |
| | | | 18:54 | Rosie WILLIS | 195 |
| 20 | 567 | Fife AC | 15:57 | Kerry GIBSON | 78 |
| | | | 17:27 | Hilary RITCHIE | 131 |
| | | | 18:09 | Keren MACPHERSON | 164 |
| | | | 18:52 | Innes BRACEGIRDLE | 194 |
| 21 | 567 | Dundee Road Runners | 16:38 | Rachel CALLAGHAN | 107 |
| | | | 16:51 | Fiona CANAVAN | 113 |
| | | | 17:21 | Fiona CALLAGHAN | 128 |
| | | | 19:42 | Janet MURRAY | 219 |
| 22 | 660 | Motherwell AC | 15:59 | Emma MORRIS | 80 |
| | | | 17:45 | Emma SMITH | 149 |
| | | | 19:13 | Megan DONALDSON | 203 |
| | | | 20:04 | Emma KNOX | 228 |
| 23 | 696 | West End RR | 16:45 | Karen PATEL | 110 |
| | | | 18:32 | Hannah MEARNES | 185 |
| | | | 19:04 | Ray MUSLEH | 200 |
| | | | 19:10 | Kirsty HURT | 201 |
| 24 | 703 | Newton Road Runners | 17:15 | Emma CRAIG | 125 |
| | | | 18:22 | Joanne THORBURN | 178 |
| | | | 18:59 | Jacqueline WYLLIE | 196 |
| | | | 19:14 | Claire HURLEY | 204 |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenWom Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|----------------------------|-------|-------------------|-------|
| 25 | 817 | Perth RR | 17:31 | Fabienne THOMPSON | 135 |
| | | | 18:19 | Lynn GATHERER | 176 |
| | | | 20:08 | Fiona MANSON | 230 |
| | | | 24:48 | Susan BOTHWELL | 276 |
| 26 | 825 | Greenock Glenpark Harriers | 18:16 | Marian MONK | 174 |
| | | | 19:12 | Lynne HARRISON | 202 |
| | | | 19:27 | Marianne MCKAY | 209 |
| | | | 20:33 | Lynsey MOONEY | 240 |
| 27 | 830 | Harmeny AC | 17:59 | Karen ROBERTSON | 155 |
| | | | 18:36 | Jocelyn LOFTHOUSE | 187 |
| | | | 20:36 | Susan ROSS | 241 |
| | | | 20:58 | Susan IRWIN | 247 |
| 28 | 903 | Lothian RC | 19:19 | Hazel ROSS | 206 |
| | | | 19:52 | Emma PURDIE | 222 |
| | | | 20:10 | Judith THOMSON | 232 |
| | | | 20:40 | Kirsty GRAY | 243 |
| 29 | 972 | Pitreavie AAC | 18:19 | Karyn STEWART | 175 |
| | | | 21:59 | Kim FORBES | 262 |
| | | | 22:09 | Claire STEVENS | 266 |
| | | | 22:20 | Nicola MORIARTY | 269 |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|----------------------|-------|-----|---------|-------------------------------------|
| 1 | Jamie CROWE | 11:26 | SEN | 1 | Central AC |
| 2 | Scott STIRLING | 11:28 | SEN | 2 | Falkirk Victoria Harriers |
| 3 | Freddie CARCAS | 11:32 | SEN | 3 | Edinburgh AC |
| 4 | Duncan ROBINSON | 11:32 | SEN | 4 | Giffnock North AC |
| 5 | Jack PATTON | 11:37 | SEN | 5 | Strathclyde Univ Harriers |
| 6 | Callum THARME | 11:39 | SEN | 6 | Cambuslang Harriers |
| 7 | Ben MACMILLAN | 11:40 | SEN | 7 | Central AC |
| 8 | Harry HENRIKSEN | 11:40 | U20 | 1 | Edinburgh Univ Hare and Hounds |
| 9 | Ben POTRYKUS | 11:41 | SEN | 8 | Inverclyde AC |
| 10 | Jamie MACKINNON | 11:42 | SEN | 9 | Cambuslang Harriers |
| 11 | Eddie NARBETT | 11:44 | SEN | 10 | Carnethy Hill Racing Club |
| 12 | Corey CAMPBELL | 11:46 | U20 | 2 | Team East Lothian |
| 13 | Max ABERNETHY | 11:47 | SEN | 11 | Aberdeen AAC |
| 14 | Ryan MARTIN | 11:52 | U20 | 3 | Stirling University AC |
| 15 | Andrew MCGILL | 11:53 | U20 | 4 | Glasgow University Hares and Hounds |
| 16 | Lucas CAIRNS | 11:53 | U20 | 5 | Edinburgh Univ Hare and Hounds |
| 17 | Logan BEAGLEY | 11:54 | U20 | 6 | Livingston AC |
| 18 | Luke DAVIDSON | 11:56 | SEN | 12 | Inverness Harriers AAC |
| 19 | Calum PHILLIP | 12:01 | SEN | 13 | Central AC |
| 20 | Noah HOWLETT | 12:02 | SEN | 14 | Edinburgh AC |
| 21 | Connor BELL | 12:05 | U20 | 7 | Central AC |
| 22 | Mohamed WARSAME | 12:06 | SEN | 15 | Aberdeen AAC |
| 23 | Robbie FERGUSON | 12:07 | SEN | 16 | Kilbarchan AAC |
| 24 | Gavin SMITH | 12:10 | SEN | 17 | Cambuslang Harriers |
| 25 | Reiss MARSHALL | 12:13 | U20 | 8 | Fife AC |
| 26 | Michael CHRISTOFOROU | 12:14 | SEN | 18 | Cambuslang Harriers |
| 27 | Ross GRAY | 12:14 | SEN | 19 | Inverclyde AC |
| 28 | Angus SMITH | 12:15 | SEN | 20 | Corstorphine AAC |
| 29 | Darrell HASTIE | 12:15 | V40 | 1 | Gala Harriers |
| 30 | Ryan GRAY | 12:16 | SEN | 21 | Inverclyde AC |
| 31 | Mark CARBERRY | 12:17 | SEN | 22 | Stirling University AC |
| 32 | Adam BROWN | 12:18 | SEN | 23 | Aberdeen AAC |
| 33 | Magnus TAIT | 12:18 | SEN | 24 | Glasgow University Hares and Hounds |
| 34 | Luca FANOTTOLI | 12:19 | SEN | 25 | Central AC |
| 35 | Luca MESSENGER-JONES | 12:19 | U20 | 9 | Edinburgh Univ Hare and Hounds |
| 36 | Iain WHITAKER | 12:19 | V40 | 2 | Edinburgh AC |
| 37 | Ben SANDILANDS | 12:21 | SEN | 26 | Fife AC |
| 38 | Nikolai GAJIC | 12:21 | SEN | 27 | Giffnock North AC |
| 39 | Finlay ROSS | 12:21 | U20 | 10 | Edinburgh Univ Hare and Hounds |
| 40 | Ross O'BRIEN | 12:22 | U20 | 11 | Giffnock North AC |

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|-----------------------|-------|-----|---------|-------------------------------------|
| 41 | Moray PRYDE | 12:23 | SEN | 28 | Lothian RC |
| 42 | David BUNN | 12:23 | SEN | 29 | Edinburgh Univ Hare and Hounds |
| 43 | Jack EYKELBOSCH | 12:23 | SEN | 30 | Corstorphine AAC |
| 44 | Lewis MACALPINE | 12:25 | SEN | 31 | Stornoway Running & AC |
| 45 | Philip NEILSON | 12:25 | SEN | 32 | Shettleston Harriers |
| 46 | Harris PAGETT | 12:25 | U20 | 12 | Strathearn Harriers |
| 47 | Angus WRIGHT | 12:26 | U20 | 13 | Edinburgh Univ Hare and Hounds |
| 48 | Struan BENNET | 12:26 | U20 | 14 | Central AC |
| 49 | John LENEHAN | 12:27 | SEN | 33 | Edinburgh AC |
| 50 | Aidan PAGE | 12:27 | U20 | 15 | Team East Lothian |
| 51 | Caleb BROCK | 12:27 | U20 | 16 | Aberdeen AAC |
| 52 | Elliot FRAME | 12:29 | U20 | 17 | Glasgow University Hares and Hounds |
| 53 | Samuel LEITCH | 12:30 | SEN | 34 | Edinburgh AC |
| 54 | Finlay MURRAY | 12:30 | SEN | 35 | East Sutherland AC |
| 55 | Sam LESLEY | 12:31 | SEN | 36 | Shettleston Harriers |
| 56 | Euan MARTIN | 12:31 | SEN | 37 | Falkirk Victoria Harriers |
| 57 | Jonathan MOORE | 12:32 | SEN | 38 | Motherwell AC |
| 58 | Calum MCKENZIE | 12:34 | SEN | 39 | Corstorphine AAC |
| 59 | Fred DAVIES | 12:35 | SEN | 40 | Shettleston Harriers |
| 60 | Ethan LORIMER | 12:35 | U20 | 18 | Harmeny AC |
| 61 | Michael SANDERSON | 12:36 | SEN | 41 | Fife AC |
| 62 | Andrew CAREY | 12:37 | SEN | 42 | Cambuslang Harriers |
| 63 | Luke LINDSAY | 12:37 | U20 | 19 | Kilbarchan AAC |
| 64 | Jonathon DOWNEY | 12:38 | U20 | 20 | Kilmarnock H&AC |
| 65 | Jack TRAINER | 12:39 | SEN | 43 | Edinburgh Univ Hare and Hounds |
| 66 | Seonaidh MACINNES | 12:40 | U20 | 21 | Cambuslang Harriers |
| 67 | Dermot CUMMINS | 12:40 | SEN | 44 | Corstorphine AAC |
| 68 | James WILKES | 12:40 | SEN | 45 | Garscube Harriers |
| 69 | Stephen ADDISON | 12:41 | SEN | 46 | Glasgow University Hares and Hounds |
| 70 | Hamish MCKAY | 12:41 | U20 | 22 | Aberdeen AAC |
| 71 | Jack HEATHWOOD | 12:41 | SEN | 47 | Bellahouston Harriers |
| 72 | Joel LANGE | 12:42 | SEN | 48 | Central AC |
| 73 | Scott MACLEOD | 12:42 | SEN | 49 | Edinburgh AC |
| 74 | Henry HORIUCHI-SUTTON | 12:42 | SEN | 50 | VP-Glasgow AC |
| 75 | Michael HOUSTON | 12:43 | SEN | 51 | Inverclyde AC |
| 76 | Jonathan MARSHALL | 12:43 | U20 | 23 | Central AC |
| 77 | Robbie WELSH | 12:43 | U20 | 24 | Gala Harriers |
| 78 | Fearghas THOMSON | 12:43 | SEN | 52 | Aberdeen AAC |
| 79 | Steven BRYCE | 12:44 | SEN | 53 | VP-Glasgow AC |
| 80 | Grant BAILLIE | 12:46 | V40 | 3 | East Kilbride AC |

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|--------------------|-------|-----|---------|-------------------------------------|
| 81 | Glen GRIFFITHS | 12:46 | U20 | 25 | Giffnock North AC |
| 82 | Rory MUIR | 12:46 | SEN | 54 | Aberdeen AAC |
| 83 | Videsh WEERAKKODY | 12:49 | SEN | 55 | VP-Glasgow AC |
| 84 | Alex MACKENZIE | 12:49 | SEN | 56 | Edinburgh Univ Hare and Hounds |
| 85 | Zak POVEY | 12:49 | U20 | 26 | Glasgow University Hares and Hounds |
| 86 | Gordon ROBERTSON | 12:50 | V40 | 4 | Cambuslang Harriers |
| 87 | Jordan CRUICKSHANK | 12:50 | SEN | 57 | Metro Aberdeen RC |
| 88 | Conor DRUMMOND | 12:51 | SEN | 58 | Giffnock North AC |
| 89 | Matthew KNAK | 12:52 | U20 | 27 | Giffnock North AC |
| 90 | Mark MACDERMOT | 12:52 | SEN | 59 | Edinburgh AC |
| 91 | Dale COLLEY | 12:53 | SEN | 60 | Central AC |
| 92 | Blayne WRIGHT | 12:54 | SEN | 61 | Edinburgh Univ Hare and Hounds |
| 93 | Matthew O'CONNOR | 12:55 | SEN | 62 | Bellahouston Harriers |
| 94 | Calum LITTLE | 12:57 | SEN | 63 | Falkirk Victoria Harriers |
| 95 | Gregor HUNTER | 12:58 | U20 | 28 | Falkirk Victoria Harriers |
| 96 | Fraser GORDON | 12:58 | SEN | 64 | Stirling University AC |
| 97 | Craig FERGUSON | 12:59 | SEN | 65 | Kilmarnock H&AC |
| 98 | Eoghan MACNAMARA | 13:01 | SEN | 66 | Aberdeen AAC |
| 99 | Tom PORTER | 13:02 | SEN | 67 | Strathclyde Univ Harriers |
| 100 | Brendan CAREY | 13:02 | SEN | 68 | Cambuslang Harriers |
| 101 | Neil LAFFERTY | 13:02 | V40 | 5 | Greenock Glenpark Harriers |
| 102 | Alasdair WALLACE | 13:03 | U20 | 29 | Harmeny AC |
| 103 | Finlay ROBB | 13:04 | U20 | 30 | Cambuslang Harriers |
| 104 | Jack MUIR | 13:05 | SEN | 69 | Stirling University AC |
| 105 | Andrew TAYLOR | 13:05 | SEN | 70 | Shettleston Harriers |
| 106 | Charlie TREHARNE | 13:05 | U20 | 31 | Garscube Harriers |
| 107 | Tom TYLER | 13:08 | U20 | 32 | Stirling University AC |
| 108 | Alex WETHERILL | 13:10 | SEN | 71 | Edinburgh Univ Hare and Hounds |
| 109 | Ewan MCKERRAL | 13:11 | SEN | 72 | Kilbarchan AAC |
| 110 | Calum CHARTERS | 13:12 | U20 | 33 | East Kilbride AC |
| 111 | Neil SILLENCE | 13:13 | U20 | 34 | Edinburgh Univ Hare and Hounds |
| 112 | Jack FULLERTON | 13:15 | SEN | 73 | Corstorphine AAC |
| 113 | Stephen BROWN | 13:15 | V40 | 6 | West End RR |
| 114 | Lewis ROSS | 13:17 | SEN | 74 | Ayr Seaforth AC |
| 115 | Daniel SUTHERLAND | 13:17 | U20 | 35 | Livingston AC |
| 116 | Alastair SCOTT | 13:19 | V40 | 7 | Shettleston Harriers |
| 117 | Huw RILEY | 13:20 | U20 | 36 | Edinburgh Univ Hare and Hounds |
| 118 | Andrew FORTEATH | 13:20 | V40 | 8 | East Kilbride AC |
| 119 | Stuart GIBSON | 13:23 | V40 | 9 | Cambuslang Harriers |
| 120 | Colin WHITBY | 13:23 | V40 | 10 | Garscube Harriers |

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**SCOTTISH
CROSSCOUNTRY
SEASON**



scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|--------------------|-------|-----|---------|-------------------------------------|
| 121 | Dylan CRAWFORD | 13:24 | SEN | 75 | Stirling University AC |
| 122 | Alasdair BISSET | 13:24 | SEN | 76 | Edinburgh Univ Hare and Hounds |
| 123 | Fraser SMITH | 13:24 | SEN | 77 | Corstorphine AAC |
| 124 | Kieran PUGH | 13:25 | SEN | 78 | Law & District AAC |
| 125 | Michael MILLER | 13:26 | SEN | 79 | Clydesdale Harriers |
| 126 | Angus IRVINE | 13:26 | V40 | 11 | Motherwell AC |
| 127 | Calum BORTHWICK | 13:26 | SEN | 80 | Bellahouston RR |
| 128 | Jamie SMITH | 13:27 | U20 | 37 | Team East Lothian |
| 129 | David GARDINER | 13:27 | V50 | 1 | Motherwell AC |
| 130 | Matthew BLUNDEN | 13:27 | V40 | 12 | Moray RR |
| 131 | Michael RIMICANS | 13:28 | SEN | 81 | Irvine RC |
| 132 | Fraser ARMSTRONG | 13:28 | SEN | 82 | Bellahouston Harriers |
| 133 | Joseph O'KEEFE | 13:29 | U20 | 38 | Edinburgh Univ Hare and Hounds |
| 134 | Angus LINDSAY | 13:30 | SEN | 83 | Strathclyde Univ Harriers |
| 135 | Harry MCGILL | 13:30 | SEN | 84 | Glasgow University Hares and Hounds |
| 136 | Lewis ROBERTS | 13:31 | SEN | 85 | Bellahouston RR |
| 137 | Iain CARROLL | 13:31 | V40 | 13 | Bellahouston Harriers |
| 138 | Euan CONVERY | 13:33 | SEN | 86 | Garscube Harriers |
| 139 | Finlay RAYNOR | 13:33 | U20 | 39 | Glasgow University Hares and Hounds |
| 140 | Caleb MCGUIRE | 13:33 | U20 | 40 | Aberdeen AAC |
| 141 | Callum MACDONALD | 13:34 | U20 | 41 | Garscube Harriers |
| 142 | Alastair SCOTT | 13:35 | U20 | 42 | Stirling University AC |
| 143 | Kenneth NEILL | 13:36 | V40 | 14 | Ayr Seaforth AC |
| 144 | James MACLEOD | 13:36 | V40 | 15 | Garscube Harriers |
| 145 | Steven FITZPATRICK | 13:36 | SEN | 87 | Cambuslang Harriers |
| 146 | Peter BIRD | 13:37 | SEN | 88 | Corstorphine AAC |
| 147 | Paul SORRIE | 13:37 | V40 | 16 | Shettleston Harriers |
| 148 | Owen WALPOLE | 13:38 | SEN | 89 | Kilmarnock H&AC |
| 149 | Simon DALTON CELIS | 13:38 | SEN | 90 | Glasgow University Hares and Hounds |
| 150 | Kenny GARDEN | 13:38 | SEN | 91 | Metro Aberdeen RC |
| 151 | Cameron ANDERSON | 13:39 | U20 | 43 | Edinburgh Univ Hare and Hounds |
| 152 | Joel MACINNES | 13:39 | U20 | 44 | Cambuslang Harriers |
| 153 | Daniel SCROOP | 13:39 | V50 | 2 | Garscube Harriers |
| 154 | Fergus CURRIE | 13:40 | U20 | 45 | Glasgow University Hares and Hounds |
| 155 | Euan BELL | 13:40 | U20 | 46 | Strathclyde Univ Harriers |
| 156 | Sandy GILHOOLY | 13:40 | SEN | 92 | Glasgow University Hares and Hounds |
| 157 | Ben NELSON | 13:41 | SEN | 93 | Aberdeen AAC |
| 158 | Kyle JOHNSTONE | 13:41 | U20 | 47 | Greenock Glenpark Harriers |
| 159 | Andrew MCCALL | 13:42 | SEN | 94 | Greenock Glenpark Harriers |
| 160 | Oscar LOGAN | 13:43 | U20 | 48 | Law & District AAC |

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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|-------------------|-------|-----|---------|-------------------------------------|
| 161 | Iain MACDONALD | 13:43 | SEN | 95 | Edinburgh AC |
| 162 | Euan O'BRIEN | 13:43 | U20 | 49 | Giffnock North AC |
| 163 | Oliver TRAYNOR | 13:45 | SEN | 96 | Giffnock North AC |
| 164 | Allan CAMERON | 13:46 | V50 | 3 | Cumbernauld AAC |
| 165 | Darran MUIR | 13:47 | V40 | 17 | Law & District AAC |
| 166 | Michael COMBE | 13:47 | V40 | 18 | PH Racing Club |
| 167 | Callum HUNTER | 13:48 | SEN | 97 | Corstorphine AAC |
| 168 | Andrew MCKECHNIE | 13:48 | U20 | 50 | Falkirk Victoria Harriers |
| 169 | Andrew BROWN | 13:49 | V40 | 19 | Dunbar AC |
| 170 | Aaron BENNET | 13:50 | U20 | 51 | PH Racing Club |
| 171 | Ruairidh MACLEAN | 13:50 | V40 | 20 | Giffnock North AC |
| 172 | Joshua MIRTLE | 13:50 | U20 | 52 | Strathclyde Univ Harriers |
| 173 | Ewan EGAN | 13:51 | SEN | 98 | Edinburgh AC |
| 174 | Daniel DOHERTY | 13:51 | V40 | 21 | Greenock Glenpark Harriers |
| 175 | Mark GALLACHER | 13:52 | V50 | 4 | Cambuslang Harriers |
| 176 | Ieuan HARRIES | 13:53 | SEN | 99 | Glasgow University Hares and Hounds |
| 177 | Alan CUNNINGHAM | 13:53 | V50 | 5 | Corstorphine AAC |
| 178 | Sam BURTON | 13:53 | SEN | 100 | Central AC |
| 179 | Nicholas GEMMELL | 13:54 | V50 | 6 | Garscube Harriers |
| 180 | Michael CROSS | 13:54 | V40 | 22 | Giffnock North AC |
| 181 | Matt BIRD | 13:54 | SEN | 101 | Portobello RC |
| 182 | Scott BURTON | 13:55 | SEN | 102 | Falkirk Victoria Harriers |
| 183 | Matthew GRAHAM | 13:56 | SEN | 103 | Kirkintilloch Olympians |
| 184 | David I HOUSTON | 13:56 | SEN | 104 | Shettleston Harriers |
| 185 | Brent BRODIE | 13:58 | V50 | 7 | Bellahouston Harriers |
| 186 | Philip HOLDEN | 13:59 | V40 | 23 | Harmeny AC |
| 187 | Fraser MORRIS | 13:59 | SEN | 105 | Stirling University AC |
| 188 | Lee SHAW | 14:00 | SEN | 106 | Bellahouston Harriers |
| 189 | Ben NICOLSON | 14:00 | SEN | 107 | Edinburgh AC |
| 190 | Graeme LAING | 14:02 | V40 | 24 | VP-Glasgow AC |
| 191 | Paul MONAGHAN | 14:02 | V50 | 8 | Greenock Glenpark Harriers |
| 192 | Alan PURVES | 14:02 | SEN | 108 | Falkirk Victoria Harriers |
| 193 | Ian HODGE | 14:03 | SEN | 109 | Cambuslang Harriers |
| 194 | Andrew MACPHERSON | 14:03 | SEN | 110 | West End RR |
| 195 | Nicholas BOYLE | 14:03 | SEN | 111 | Giffnock North AC |
| 196 | Stuart FERGUSON | 14:03 | SEN | 112 | Banchory Stonehaven AC |
| 197 | Cameron WALLACE | 14:03 | SEN | 113 | Strathclyde Univ Harriers |
| 198 | Andrew CASEY | 14:04 | SEN | 114 | Aberdeen AAC |
| 199 | Jonah JONES | 14:05 | SEN | 115 | Portobello RC |
| 200 | Philip WARING | 14:05 | SEN | 116 | PH Racing Club |

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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|------------------------|-------|-----|---------|--------------------------------|
| 201 | Jordan QUEEN | 14:06 | SEN | 117 | Garscube Harriers |
| 202 | Tim HELY | 14:08 | V50 | 9 | Edinburgh AC |
| 203 | Scott MCKELVIE | 14:08 | SEN | 118 | Shettleston Harriers |
| 204 | Andrew IRVINE | 14:08 | SEN | 119 | Central AC |
| 205 | Callum BUTTERWORTH | 14:11 | SEN | 120 | Shettleston Harriers |
| 206 | Logan WHITTON | 14:12 | U20 | 53 | Law & District AAC |
| 207 | Timothy MARTIN | 14:13 | SEN | 121 | Garscube Harriers |
| 208 | Jordon MORRISON | 14:13 | SEN | 122 | Law & District AAC |
| 209 | David LIMMER | 14:14 | SEN | 123 | Portobello RC |
| 210 | Jamie TAGGART | 14:15 | SEN | 124 | Giffnock North AC |
| 211 | Mark RYAN | 14:16 | V40 | 25 | PH Racing Club |
| 212 | Grant MACKENZIE | 14:16 | SEN | 125 | Law & District AAC |
| 213 | Scott HENDERSON | 14:17 | V40 | 26 | Westerlands XCC |
| 214 | Walter HENDERSON | 14:18 | V50 | 10 | Cumbernauld AAC |
| 215 | Jason KANE | 14:18 | SEN | 126 | Inverclyde AC |
| 216 | David SCOTT | 14:18 | V40 | 27 | Kinross RR |
| 217 | Oscar SHEPHERD | 14:20 | U20 | 54 | Edinburgh Univ Hare and Hounds |
| 218 | Donald MACRAE | 14:20 | V40 | 28 | Portobello RC |
| 219 | Cameron MACMILLAN | 14:20 | U20 | 55 | Central AC |
| 220 | Jordan ORR | 14:20 | SEN | 127 | Giffnock North AC |
| 221 | Matthew BURNSIDE | 14:21 | U20 | 56 | Garscube Harriers |
| 222 | Alan KNOWLES | 14:22 | V40 | 29 | Lothian RC |
| 223 | Greig CORR-MACLEOD | 14:24 | SEN | 128 | Bellahouston Harriers |
| 224 | Brian THOMSON | 14:24 | SEN | 129 | Airdrie Harriers |
| 225 | Andrew ROCKETT JACKSON | 14:24 | SEN | 130 | Shettleston Harriers |
| 226 | Callum FERGUSON | 14:25 | SEN | 131 | Newton Road Runners |
| 227 | Craig BELL | 14:26 | SEN | 132 | Edinburgh AC |
| 228 | Peter GIBSON | 14:26 | SEN | 133 | PH Racing Club |
| 229 | Miles HOLLINSHEAD | 14:28 | SEN | 134 | Giffnock North AC |
| 230 | Shane DONNELLAN | 14:28 | SEN | 135 | Edinburgh AC |
| 231 | Mark WILKINS | 14:30 | V40 | 30 | Metro Aberdeen RC |
| 232 | Slawomir PIETRZAK | 14:31 | V40 | 31 | Portobello RC |
| 233 | Gerard PELEGRI | 14:32 | SEN | 136 | Shettleston Harriers |
| 234 | Matthew DAVIES | 14:33 | SEN | 137 | Edinburgh AC |
| 235 | Alan CALLAN | 14:34 | V40 | 32 | Inverclyde AC |
| 236 | Cameron RANKINE | 14:34 | U20 | 57 | Stirling University AC |
| 237 | Gavin SPENCE | 14:34 | SEN | 138 | Garscube Harriers |
| 238 | Sam MACNEIL | 14:35 | SEN | 139 | Edinburgh AC |
| 239 | Stephen RICHARDSON | 14:36 | SEN | 140 | Airdrie Harriers |
| 240 | Stuart MEIKLEJOHN | 14:36 | V40 | 33 | PH Racing Club |

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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|------------------------|-------|-----|---------|--------------------------------|
| 241 | Colin FEECHAN | 14:37 | V60 | 1 | Cambuslang Harriers |
| 242 | Murray SCOTT | 14:38 | U20 | 58 | Metro Aberdeen RC |
| 243 | Euan ANDREWS | 14:39 | U20 | 59 | Central AC |
| 244 | James HALL | 14:41 | V40 | 34 | Fife AC |
| 245 | Lewis THORPE | 14:42 | U20 | 60 | East Kilbride AC |
| 246 | | | | | |
| 247 | Steven CAMPBELL | 14:45 | V40 | 35 | Greenock Glenpark Harriers |
| 248 | Edward STEWART | 14:45 | V60 | 2 | Cambuslang Harriers |
| 249 | Gordon PRYDE | 14:45 | V40 | 36 | Edinburgh AC |
| 250 | David THOM | 14:46 | V60 | 3 | Cambuslang Harriers |
| 251 | Ian THOMSON | 14:47 | V40 | 37 | Garscube Harriers |
| 252 | Findlay DICKSON | 14:48 | SEN | 141 | Cambuslang Harriers |
| 253 | Scott BALLANTINE | 14:48 | SEN | 142 | Falkirk Victoria Harriers |
| 254 | Stuart FENWICK | 14:49 | SEN | 143 | Corstorphine AAC |
| 255 | Stuart LAURENCE | 14:49 | SEN | 144 | Bellahouston RR |
| 256 | Andy NORRIS | 14:49 | SEN | 145 | Springburn Harriers |
| 257 | Paul O'HEAR | 14:50 | SEN | 146 | Airdrie Harriers |
| 258 | Anthony Lucio JANNETTA | 14:51 | V40 | 38 | Bellahouston RR |
| 259 | Rankin LASCELLES | 14:52 | V40 | 39 | Metro Aberdeen RC |
| 260 | Mark WEBSTER | 14:53 | V50 | 11 | PH Racing Club |
| 261 | Jamie HARTE | 14:54 | SEN | 147 | Carnegie Harriers |
| 262 | Blair MONTGOMERY | 14:54 | SEN | 148 | Corstorphine AAC |
| 263 | David WATT | 14:55 | V60 | 4 | Calderglen Harriers |
| 264 | Jamie NIX | 14:55 | SEN | 149 | Kilmarnock H&AC |
| 265 | Stuart CAMPBELL | 14:56 | V50 | 12 | Corstorphine AAC |
| 266 | Terry ROBERTS | 14:57 | V40 | 40 | Edinburgh AC |
| 267 | David KNIGHT | 14:57 | V50 | 13 | Perth RR |
| 268 | Michael MCQUAID | 14:59 | V60 | 5 | Falkirk Victoria Harriers |
| 269 | Ben FOUNTAIN | 14:59 | SEN | 150 | Law & District AAC |
| 270 | Angus MACCORMICK | 14:59 | U20 | 61 | Nithsdale AC |
| 271 | Peter GRAHAM | 15:01 | SEN | 151 | Edinburgh AC |
| 272 | Karel VESELY | 15:02 | SEN | 152 | Edinburgh AC |
| 273 | Evan GRIFFITHS | 15:03 | SEN | 153 | Westerlands XCC |
| 274 | Iain CRAVEN | 15:04 | V40 | 41 | Edinburgh AC |
| 275 | David SHAW | 15:04 | V50 | 14 | Giffnock North AC |
| 276 | Milo MERGLER | 15:05 | U20 | 62 | Edinburgh Univ Hare and Hounds |
| 277 | Alan RISK | 15:06 | SEN | 154 | Portobello RC |
| 278 | Paul GOODING | 15:07 | V40 | 42 | West End RR |
| 279 | Jack JOHNSTON | 15:07 | SEN | 155 | Edinburgh Univ Hare and Hounds |
| 280 | Matthew BROWN | 15:07 | SEN | 156 | Bellahouston Harriers |

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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|--------------------|-------|-----|---------|-------------------------------------|
| 281 | Ray WARD | 15:08 | V40 | 43 | Hunters Bog Trotters |
| 282 | Callum WRIGHT | 15:08 | SEN | 157 | Cambuslang Harriers |
| 283 | Zander BOHLE | 15:08 | SEN | 158 | Linlithgow AC |
| 284 | Duncan ANDERSON | 15:11 | SEN | 159 | Bellahouston Harriers |
| 285 | Ruairi FERRIS | 15:11 | SEN | 160 | Kirkintilloch Olympians |
| 286 | Tim DARLOW | 15:12 | V40 | 44 | Gala Harriers |
| 287 | John BROGAN | 15:13 | V40 | 45 | Airdrie Harriers |
| 288 | Tristan RABAEIJS | 15:13 | SEN | 161 | Corstorphine AAC |
| 289 | Alan MCGOWAN | 15:14 | V40 | 46 | PH Racing Club |
| 290 | Rory SANDILANDS | 15:14 | V40 | 47 | Fife AC |
| 291 | Ryan SNITJER | 15:15 | U20 | 63 | Corstorphine AAC |
| 292 | Gareth TREHARNE | 15:15 | V50 | 15 | Garscube Harriers |
| 293 | Tony DISLEY | 15:16 | V50 | 16 | Central AC |
| 294 | Duncan BOYD | 15:17 | V50 | 17 | Garscube Harriers |
| 295 | Andrew BUCHANAN | 15:17 | V40 | 48 | Calderglen Harriers |
| 296 | Christopher FIFE | 15:17 | SEN | 162 | Corstorphine AAC |
| 297 | Keith CHARTERS | 15:18 | V50 | 18 | East Kilbride AC |
| 298 | Paul FORBES | 15:18 | V60 | 6 | Edinburgh AC |
| 299 | Stan MACKENZIE | 15:19 | V60 | 7 | Cambuslang Harriers |
| 300 | John EDWARDS | 15:22 | V40 | 49 | East Kilbride AC |
| 301 | Nigel O'NEILL | 15:22 | V40 | 50 | Metro Aberdeen RC |
| 302 | Finn BOYLAN | 15:22 | U20 | 64 | Glasgow University Hares and Hounds |
| 303 | James MAYERS | 15:23 | V60 | 8 | Musselburgh and District AC |
| 304 | Ross MCEACHERN | 15:25 | V50 | 19 | Cumbernauld AAC |
| 305 | Barnaby SHARIFI | 15:26 | U20 | 65 | Glasgow University Hares and Hounds |
| 306 | David GORMAN | 15:26 | SEN | 163 | East Kilbride AC |
| 307 | Thomas CONNOLLY | 15:27 | SEN | 164 | VP-Glasgow AC |
| 308 | Bobby WOTHERSPOON | 15:33 | V50 | 20 | Law & District AAC |
| 309 | Daniel MUNRO | 15:34 | SEN | 165 | Strathclyde Univ Harriers |
| 310 | David ECKERSLEY | 15:36 | V60 | 9 | Central AC |
| 311 | Desmond FITZGERALD | 15:36 | V50 | 21 | Pitreavie AAC |
| 312 | Iain HOWATT | 15:36 | V50 | 22 | Pitreavie AAC |
| 313 | Matt PEARCE | 15:37 | V40 | 51 | Troon Tortoises AC |
| 314 | Christian BARLOW | 15:38 | SEN | 166 | Portobello RC |
| 315 | Alan GIBSON | 15:39 | V60 | 10 | Fife AC |
| 316 | Graeme GEMMELL | 15:41 | V50 | 23 | Bellahouston Harriers |
| 317 | Shaun WISEMAN | 15:41 | U20 | 66 | Greenock Glenpark Harriers |
| 318 | Alan CHALMERS | 15:41 | SEN | 167 | Bellahouston RR |
| 319 | Gordon APPELBE | 15:41 | V40 | 52 | Central AC |
| 320 | Ronald MASON | 15:42 | SEN | 168 | Musselburgh and District AC |

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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|---------------------|-------|-----|---------|-------------------------------------|
| 321 | Matthew GILLON | 15:42 | SEN | 169 | Law & District AAC |
| 322 | Scott KELMAN | 15:42 | SEN | 170 | Giffnock North AC |
| 323 | Colin MCKNIGHT | 15:42 | V40 | 53 | Greenock Glenpark Harriers |
| 324 | Andrew CLARK | 15:42 | SEN | 171 | West End RR |
| 325 | Steven LEITH | 15:42 | SEN | 172 | Westerlands XCC |
| 326 | Gavin PHILLIP | 15:44 | V50 | 24 | Edinburgh AC |
| 327 | Peter MACLEAN | 15:44 | V50 | 25 | Ayr Seaforth AC |
| 328 | Jamie MCALDINE | 15:45 | SEN | 173 | Falkirk Victoria Harriers |
| 329 | David WORRALL | 15:45 | V40 | 54 | Portobello RC |
| 330 | Scott LOVE | 15:47 | V40 | 55 | PH Racing Club |
| 331 | Jonathan MILLAR | 15:49 | V40 | 56 | Carnegie Harriers |
| 332 | Sebastian KING | 15:49 | SEN | 174 | Glasgow University Hares and Hounds |
| 333 | James SQUIRES | 15:51 | V40 | 57 | Pitreavie AAC |
| 334 | Andrew CALLAN | 15:52 | V50 | 26 | Cumbernauld AAC |
| 335 | Stephen HARRISON | 15:52 | V50 | 27 | Greenock Glenpark Harriers |
| 336 | Callum BALLANTYNE | 15:52 | SEN | 175 | Cumbernauld AAC |
| 337 | Graham MCINNES | 15:53 | V40 | 58 | PH Racing Club |
| 338 | Charles GRAHAM-MARR | 15:54 | V60 | 11 | Central AC |
| 339 | Iain ROBERTSON | 15:55 | V40 | 59 | Clydesdale Harriers |
| 340 | Jeff FARQUHAR | 15:55 | V60 | 12 | Pitreavie AAC |
| 341 | David AITKEN | 15:57 | V40 | 60 | Dundee Road Runners |
| 342 | Derek O'NEILL | 15:57 | V40 | 61 | Motherwell AC |
| 343 | Graeme WISEMAN | 15:59 | V50 | 28 | Clydesdale Harriers |
| 344 | Lewis MCLUSKEY | 16:02 | U20 | 67 | Motherwell AC |
| 345 | Wright BEVERIDGE | 16:04 | V50 | 29 | PH Racing Club |
| 346 | Martin MURPHY | 16:04 | V40 | 62 | Bellahouston RR |
| 347 | Alasdair REID | 16:05 | SEN | 176 | Strathclyde Univ Harriers |
| 348 | John URQUHART | 16:06 | V50 | 30 | Moray RR |
| 349 | Michael LINDSAY | 16:06 | V40 | 63 | PH Racing Club |
| 350 | Stephen PHIMISTER | 16:07 | V50 | 31 | Calderglen Harriers |
| 351 | Lewis ORR | 16:08 | V50 | 32 | Edinburgh AC |
| 352 | Kevin GORDON | 16:09 | V40 | 64 | Dumfries RC |
| 353 | Alistair MACDONALD | 16:10 | V60 | 13 | Bellahouston RR |
| 354 | Thomas BURRIDGE | 16:10 | SEN | 177 | Bellahouston RR |
| 355 | Andrew LATHAM | 16:11 | V50 | 33 | Edinburgh AC |
| 356 | Robert MCLENNAN | 16:11 | V60 | 14 | Garscube Harriers |
| 357 | Bobby HILL | 16:12 | SEN | 178 | Law & District AAC |
| 358 | Gerard CONNELLY | 16:13 | V50 | 34 | Calderglen Harriers |
| 359 | Greg LUKE | 16:13 | SEN | 179 | Greenock Glenpark Harriers |
| 360 | Iain CAMPBELL | 16:13 | V40 | 65 | Motherwell AC |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|---------------------|-------|-----|---------|-------------------------------------|
| 361 | James BRYSON | 16:14 | SEN | 180 | Westerlands XCC |
| 362 | Iain MCFARLANE | 16:15 | V40 | 66 | Garscube Harriers |
| 363 | Alan MAIN | 16:15 | SEN | 181 | Motherwell AC |
| 364 | Barry DAVIE | 16:16 | V40 | 67 | Carnegie Harriers |
| 365 | Richard HOLLAND | 16:16 | V60 | 15 | Metro Aberdeen RC |
| 366 | Murray MCALPINE | 16:17 | SEN | 182 | Hamilton Harriers |
| 367 | Alan MURRAY | 16:17 | V50 | 35 | Carnegie Harriers |
| 368 | Alastair DRUMMOND | 16:18 | V40 | 68 | Newton Road Runners |
| 369 | Tony MARTIN | 16:19 | V70 | 1 | Fife AC |
| 370 | Scott HUNTER | 16:19 | V40 | 69 | West End RR |
| 371 | Oliver WATSON | 16:20 | SEN | 183 | Glasgow University Hares and Hounds |
| 372 | Ben HOPKIN | 16:21 | V40 | 70 | Carnegie Harriers |
| 373 | William TAYLOR | 16:23 | SEN | 184 | Greenock Glenpark Harriers |
| 374 | Mikolaj SIEKIERKA | 16:23 | SEN | 185 | Strathclyde Univ Harriers |
| 375 | Alex GARVIE | 16:23 | V50 | 36 | Portobello RC |
| 376 | Nicholas CARTER | 16:23 | SEN | 186 | Kilmarnock H&AC |
| 377 | David ALEXANDER | 16:24 | V50 | 37 | Harmeny AC |
| 378 | Sandy GARDNER | 16:24 | V50 | 38 | VP-Glasgow AC |
| 379 | Neil MCLURE | 16:25 | V50 | 39 | Carnegie Harriers |
| 380 | Daniel BURNS | 16:26 | SEN | 187 | Garscube Harriers |
| 381 | David CALDER | 16:27 | V60 | 16 | Westerlands XCC |
| 382 | Mark JOHNSON | 16:29 | V60 | 17 | Metro Aberdeen RC |
| 383 | Peter ALEXANDER | 16:30 | SEN | 188 | Newton Road Runners |
| 384 | David CROSS | 16:33 | V50 | 40 | Edinburgh AC |
| 385 | Kenneth CRAWFORD | 16:34 | V50 | 41 | Bellahouston RR |
| 386 | Craig BROWN | 16:34 | V50 | 42 | Garscube Harriers |
| 387 | James MCKAY | 16:36 | SEN | 189 | West End RR |
| 388 | Ronnie HART | 16:36 | V50 | 43 | Bellahouston RR |
| 389 | Daniel O'CONNELL | 16:37 | V50 | 44 | Cambuslang Harriers |
| 390 | Dean DEMPSEY | 16:38 | SEN | 190 | Bellahouston RR |
| 391 | Andrew CHAPMAN | 16:38 | V40 | 71 | East Kilbride AC |
| 392 | Christopher O'GRADY | 16:40 | SEN | 191 | Red Star AC |
| 393 | Dave CLEMENTS | 16:42 | V50 | 45 | Edinburgh AC |
| 394 | Richard CLARK | 16:43 | V40 | 72 | Edinburgh AC |
| 395 | Richard WARD | 16:46 | V50 | 46 | Perth RR |
| 396 | Alex POTTER | 16:46 | V60 | 18 | VP-Glasgow AC |
| 397 | Chris CREEGAN | 16:49 | V60 | 19 | Edinburgh AC |
| 398 | Ed NORTON | 16:50 | V70 | 2 | PH Racing Club |
| 399 | Alistair MACDONALD | 16:53 | V40 | 73 | Newton Road Runners |
| 400 | Andrew KINNINMONTH | 16:54 | V40 | 74 | PH Racing Club |

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|----------------------|-------|-----|---------|-------------------------------------|
| 401 | James WALES | 16:55 | SEN | 192 | Kilmarnock H&AC |
| 402 | Max CARCAS | 16:56 | V50 | 47 | Edinburgh AC |
| 403 | Robert PATTINSON | 16:58 | V50 | 48 | Motherwell AC |
| 404 | Iain BUCKLEY | 16:59 | SEN | 193 | Bellahouston Harriers |
| 405 | Campbell CROMAR | 17:00 | V60 | 20 | Greenock Glenpark Harriers |
| 406 | Scott ELLIOTT | 17:00 | V60 | 21 | Kirkintilloch Olympians |
| 407 | Martin KAY | 17:01 | V40 | 75 | Law & District AAC |
| 408 | Jon DENIS | 17:04 | V50 | 49 | Harmeny AC |
| 409 | Derek COSGROVE | 17:06 | V40 | 76 | PH Racing Club |
| 410 | John KELLY | 17:06 | V50 | 50 | Newton Road Runners |
| 411 | Daniel MCLAUGHLIN | 17:07 | V60 | 22 | Greenock Glenpark Harriers |
| 412 | George CLERK | 17:07 | V40 | 77 | West End RR |
| 413 | Maximilian MACDONALD | 17:10 | SEN | 194 | Glasgow University Hares and Hounds |
| 414 | Stuart KELLY | 17:11 | V40 | 78 | VP-Glasgow AC |
| 415 | Robbie CARDEW | 17:11 | SEN | 195 | Strathclyde Univ Harriers |
| 416 | Kenny FAIRFIELD | 17:12 | V50 | 51 | Carnegie Harriers |
| 417 | Stephen CLARK | 17:15 | SEN | 196 | Shettleston Harriers |
| 418 | Jack CHAMBERS | 17:15 | SEN | 197 | Glasgow University Hares and Hounds |
| 419 | David PATTISON | 17:19 | V40 | 79 | Corstorphine AAC |
| 420 | Malcolm FINLAYSON | 17:19 | V50 | 52 | Falkirk Victoria Harriers |
| 421 | Ewart GRAY | 17:19 | V60 | 23 | Hamilton Harriers |
| 422 | Mark KEAST | 17:23 | V40 | 80 | Musselburgh and District AC |
| 423 | Martin INSLEY | 17:25 | V40 | 81 | Metro Aberdeen RC |
| 424 | Grant KERR | 17:27 | SEN | 198 | Law & District AAC |
| 425 | James MCANENY | 17:28 | V60 | 24 | Garscube Harriers |
| 426 | John HYND | 17:30 | V60 | 25 | Carnegie Harriers |
| 427 | Jim MORTON | 17:32 | V50 | 53 | Dundee Road Runners |
| 428 | Arthur MULHOLLAND | 17:33 | V60 | 26 | East Kilbride AC |
| 429 | Kenneth SCOTT | 17:36 | V40 | 82 | Bellahouston Harriers |
| 430 | Alan O'ROURKE | 17:44 | V50 | 54 | Greenock Glenpark Harriers |
| 431 | Garry HENDERSON | 17:45 | V50 | 55 | Bellahouston Harriers |
| 432 | Athole SMITH | 17:47 | V60 | 27 | Garscube Harriers |
| 433 | Michael CONNELLY | 17:49 | V60 | 28 | Corstorphine AAC |
| 434 | Allen CAMPBELL | 17:50 | V50 | 56 | West End RR |
| 435 | Ralph CONNOLLY | 17:50 | V50 | 57 | VP-Glasgow AC |
| 436 | Gordon HENDERSON | 17:51 | SEN | 199 | Carnegie Harriers |
| 437 | Dougie HUNTER | 17:52 | V50 | 58 | Lothian RC |
| 438 | Martin VERNON | 17:52 | V60 | 29 | Newton Road Runners |
| 439 | Scott DICKSON | 17:53 | SEN | 200 | Motherwell AC |
| 440 | Iain CRAWFORD | 17:53 | V50 | 59 | Cambuslang Harriers |

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**SCOTTISH
CROSSCOUNTRY
SEASON**



scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|---------------------|-------|-----|---------|----------------------------|
| 441 | James DOHERTY | 17:55 | V40 | 83 | Greenock Glenpark Harriers |
| 442 | Iain WALLACE | 17:56 | V50 | 60 | Cambuslang Harriers |
| 443 | Keith VANDERMOTTEN | 17:57 | V60 | 30 | Pitreavie AAC |
| 444 | Robert GORDON | 17:59 | V50 | 61 | Dumfries RC |
| 445 | Michael DUNN | 18:01 | V60 | 31 | Greenock Glenpark Harriers |
| 446 | David HOOLAGHAN | 18:02 | V40 | 84 | Motherwell AC |
| 447 | Harry MULHOLLAND | 18:03 | V60 | 32 | Lothian RC |
| 448 | Craig LAWTON | 18:03 | V50 | 62 | Newton Road Runners |
| 449 | John FULHAM | 18:04 | V50 | 63 | Carnegie Harriers |
| 450 | Colin FREW | 18:05 | V40 | 85 | East Kilbride AC |
| 451 | Graeme TAYLOR | 18:06 | V40 | 86 | Garscube Harriers |
| 452 | John O'LEARY | 18:08 | V60 | 33 | Law & District AAC |
| 453 | Marc GIAMBLANCO | 18:08 | V40 | 87 | Portobello RC |
| 454 | Graeme LITTLE | 18:09 | V40 | 88 | Garscube Harriers |
| 455 | Brian MILLER | 18:10 | V40 | 89 | Carnegie Harriers |
| 456 | Campbell BLAIR | 18:14 | V40 | 90 | Pitreavie AAC |
| 457 | Stephen HALL | 18:15 | V40 | 91 | Giffnock North AC |
| 458 | Martin HOWELL | 18:16 | V50 | 64 | Calderglen Harriers |
| 459 | Peter FREER | 18:17 | V40 | 92 | VP-Glasgow AC |
| 460 | Gary EVANS | 18:22 | V60 | 34 | Carnegie Harriers |
| 461 | George LUPTON | 18:23 | V40 | 93 | Harmeny AC |
| 462 | John CUNNINGHAM | 18:24 | V50 | 65 | Bellahouston Harriers |
| 463 | Oscar GOMEZ MORILLO | 18:25 | V40 | 94 | Lasswade AC |
| 464 | Joshua HUGHES | 18:29 | V40 | 95 | West End RR |
| 465 | Simon PARKINSON | 18:29 | V50 | 66 | Bellahouston Harriers |
| 466 | Jonathan BELL | 18:29 | V40 | 96 | West End RR |
| 467 | Patrick NELIS | 18:33 | V60 | 35 | Portobello RC |
| 468 | Peter GALLAGHER | 18:40 | V50 | 67 | Motherwell AC |
| 469 | Colin ALEXANDER | 18:42 | V50 | 68 | Central AC |
| 470 | Joe CHAMBERS | 18:44 | SEN | 201 | Springburn Harriers |
| 471 | Trevor WAYMAN | 18:46 | V60 | 36 | West End RR |
| 472 | Andrew FERGUSON SNR | 18:50 | V60 | 37 | Banchory Stonehaven AC |
| 473 | Gordon MACKAY | 18:52 | V40 | 97 | Garscube Harriers |
| 474 | Gerry GALLACHER | 18:58 | V40 | 98 | Greenock Glenpark Harriers |
| 475 | George FERGUSON | 19:00 | V60 | 38 | Calderglen Harriers |
| 476 | Ross HENDERSON | 19:03 | V40 | 99 | Lothian RC |
| 477 | Martin GOWER | 19:05 | V50 | 69 | Falkirk Victoria Harriers |
| 478 | Fraser BALLANTINE | 19:05 | V40 | 100 | Lothian RC |
| 479 | Colin GARDNER | 19:06 | V50 | 70 | Motherwell AC |
| 480 | Gordon SOMERVILLE | 19:06 | V60 | 39 | Carnegie Harriers |

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**SCOTTISH
CROSSCOUNTRY
SEASON** 

scottishathletics 

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenU20Mas Men

Lanark Race Course

| Pos | Name | Time | Cat | Cat Pos | Club |
|-----|-------------------|-------|-----|---------|----------------------------|
| 481 | Euan MORRISON | 19:08 | V40 | 101 | Greenock Glenpark Harriers |
| 482 | Stuart CRAWFORD | 19:09 | V50 | 71 | Greenock Glenpark Harriers |
| 483 | Mick MCKEON | 19:10 | V50 | 72 | Lothian RC |
| 484 | Alastair LOUDON | 19:11 | V40 | 102 | Motherwell AC |
| 485 | Paul TOLAND | 19:13 | V40 | 103 | West End RR |
| 486 | Frank MCMAHON | 19:13 | V70 | 3 | Greenock Glenpark Harriers |
| 487 | Alastair PATIENCE | 19:20 | V50 | 73 | Bellahouston Harriers |
| 488 | Gordon MCINALLY | 19:22 | V50 | 74 | Calderglen Harriers |
| 489 | Daniel DOCHERTY | 19:26 | U20 | 68 | Clydesdale Harriers |
| 490 | Mike DALES | 19:30 | V60 | 40 | Perth RR |
| 491 | Alan BAXTER | 19:33 | V40 | 104 | East Kilbride AC |
| 492 | Richard MILLAR | 19:36 | V40 | 105 | Shettleston Harriers |
| 493 | Chris PATON | 19:37 | V50 | 75 | Cambuslang Harriers |
| 494 | Hugh BOYLE | 19:40 | V40 | 106 | Whitemoss AAC |
| 495 | Steven BLAIR | 19:41 | V50 | 76 | Corstorphine AAC |
| 496 | John MILL | 19:53 | V50 | 77 | Dundee Road Runners |
| 497 | John BURNS | 20:06 | V60 | 41 | Motherwell AC |
| 498 | Aaron DEVEREAUX | 20:11 | V50 | 78 | Edinburgh AC |
| 499 | Alan BURNS | 20:33 | V40 | 107 | Airdrie Harriers |
| 500 | Alan BOTHWELL | 20:40 | V60 | 42 | Perth RR |
| 501 | David GEMMELL | 20:49 | V40 | 108 | Bellahouston Harriers |
| 502 | Gerard ROBERTSON | 21:18 | V50 | 79 | Greenock Glenpark Harriers |
| 503 | Russell COUPER | 21:45 | V50 | 80 | Calderglen Harriers |
| 504 | Phil SMITHARD | 21:52 | V70 | 4 | Carnegie Harriers |
| 505 | Robert PORTEOUS | 22:07 | V70 | 5 | Shettleston Harriers |
| 506 | Peter RUDZINSKI | 23:13 | V70 | 6 | Clydesdale Harriers |

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**SCOTTISH
CROSSCOUNTRY
SEASON** 

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Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenMen Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|-------------------------------------|-------|----------------------|-------|
| 1 | 48 | Central AC | 11:26 | Jamie CROWE | 1 |
| | | | 11:40 | Ben MACMILLAN | 7 |
| | | | 12:01 | Calum PHILLIP | 19 |
| | | | 12:05 | Connor BELL | 21 |
| 2 | 66 | Cambuslang Harriers | 11:39 | Callum THARME | 6 |
| | | | 11:42 | Jamie MACKINNON | 10 |
| | | | 12:10 | Gavin SMITH | 24 |
| | | | 12:14 | Michael CHRISTOFOROU | 26 |
| 3 | 98 | Edinburgh Univ Hare and Hounds | 11:40 | Harry HENRIKSEN | 8 |
| | | | 11:53 | Lucas CAIRNS | 16 |
| | | | 12:19 | Luca MESSENGER-JONES | 35 |
| | | | 12:21 | Finlay ROSS | 39 |
| 4 | 108 | Edinburgh AC | 11:32 | Freddie CARCAS | 3 |
| | | | 12:02 | Noah HOWLETT | 20 |
| | | | 12:19 | Iain WHITAKER | 36 |
| | | | 12:27 | John LENEHAN | 49 |
| 5 | 118 | Aberdeen AAC | 11:47 | Max ABERNETHY | 13 |
| | | | 12:06 | Mohamed WARSAME | 22 |
| | | | 12:18 | Adam BROWN | 32 |
| | | | 12:27 | Caleb BROCK | 51 |
| 6 | 141 | Inverclyde AC | 11:41 | Ben POTRYKUS | 9 |
| | | | 12:14 | Ross GRAY | 27 |
| | | | 12:16 | Ryan GRAY | 30 |
| | | | 12:43 | Michael HOUSTON | 75 |
| 7 | 163 | Giffnock North AC | 11:32 | Duncan ROBINSON | 4 |
| | | | 12:21 | Nikolai GAJIC | 38 |
| | | | 12:22 | Ross O'BRIEN | 40 |
| | | | 12:46 | Glen GRIFFITHS | 81 |
| 8 | 169 | Glasgow University Hares and Hounds | 11:53 | Andrew MCGILL | 15 |
| | | | 12:18 | Magnus TAIT | 33 |
| | | | 12:29 | Elliot FRAME | 52 |
| | | | 12:41 | Stephen ADDISON | 69 |
| 9 | 196 | Corstorphine AAC | 12:15 | Angus SMITH | 28 |
| | | | 12:23 | Jack EYKELBOSCH | 43 |
| | | | 12:34 | Calum MCKENZIE | 58 |
| | | | 12:40 | Dermot CUMMINS | 67 |
| 10 | 245 | Stirling University AC | 11:52 | Ryan MARTIN | 14 |
| | | | 12:17 | Mark CARBERRY | 31 |
| | | | 12:58 | Fraser GORDON | 96 |
| | | | 13:05 | Jack MUIR | 104 |
| 11 | 247 | Falkirk Victoria Harriers | 11:28 | Scott STIRLING | 2 |
| | | | 12:31 | Euan MARTIN | 56 |
| | | | 12:57 | Calum LITTLE | 94 |
| | | | 12:58 | Gregor HUNTER | 95 |
| 12 | 264 | Shettleston Harriers | 12:25 | Philip NEILSON | 45 |
| | | | 12:31 | Sam LESLEY | 55 |
| | | | 12:35 | Fred DAVIES | 59 |
| | | | 13:05 | Andrew TAYLOR | 105 |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenMen Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|----------------------------|-------|-----------------------|-------|
| 13 | 367 | Fife AC | 12:13 | Reiss MARSHALL | 25 |
| | | | 12:21 | Ben SANDILANDS | 37 |
| | | | 12:36 | Michael SANDERSON | 61 |
| | | | 14:41 | James HALL | 244 |
| 14 | 393 | Strathclyde Univ Harriers | 11:37 | Jack PATTON | 5 |
| | | | 13:02 | Tom PORTER | 99 |
| | | | 13:30 | Angus LINDSAY | 134 |
| | | | 13:40 | Euan BELL | 155 |
| 15 | 426 | VP-Glasgow AC | 12:42 | Henry HORIUCHI-SUTTON | 74 |
| | | | 12:44 | Steven BRYCE | 79 |
| | | | 12:49 | Videsh WEERAKKODY | 83 |
| | | | 14:02 | Graeme LAING | 190 |
| 16 | 432 | Garscube Harriers | 12:40 | James WILKES | 68 |
| | | | 13:05 | Charlie TREHARNE | 106 |
| | | | 13:23 | Colin WHITBY | 120 |
| | | | 13:33 | Euan CONVERY | 138 |
| 17 | 433 | Bellahouston Harriers | 12:41 | Jack HEATHWOOD | 71 |
| | | | 12:55 | Matthew O'CONNOR | 93 |
| | | | 13:28 | Fraser ARMSTRONG | 132 |
| | | | 13:31 | Iain CARROLL | 137 |
| 18 | 553 | East Kilbride AC | 12:46 | Grant BAILLIE | 80 |
| | | | 13:12 | Calum CHARTERS | 110 |
| | | | 13:20 | Andrew FORTEATH | 118 |
| | | | 14:42 | Lewis THORPE | 245 |
| 19 | 573 | Kilmarnock H&AC | 12:38 | Jonathon DOWNEY | 64 |
| | | | 12:59 | Craig FERGUSON | 97 |
| | | | 13:38 | Owen WALPOLE | 148 |
| | | | 14:55 | Jamie NIX | 264 |
| 20 | 592 | Greenock Glenpark Harriers | 13:02 | Neil LAFFERTY | 101 |
| | | | 13:41 | Kyle JOHNSTONE | 158 |
| | | | 13:42 | Andrew MCCALL | 159 |
| | | | 13:51 | Daniel DOHERTY | 174 |
| 21 | 654 | Motherwell AC | 12:32 | Jonathan MOORE | 57 |
| | | | 13:26 | Angus IRVINE | 126 |
| | | | 13:27 | David GARDINER | 129 |
| | | | 15:57 | Derek O'NEILL | 342 |
| 22 | 655 | Law & District AAC | 13:25 | Kieran PUGH | 124 |
| | | | 13:43 | Oscar LOGAN | 160 |
| | | | 13:47 | Darran MUIR | 165 |
| | | | 14:12 | Logan WHITTON | 206 |
| 23 | 710 | Metro Aberdeen RC | 12:50 | Jordan CRUICKSHANK | 87 |
| | | | 13:38 | Kenny GARDEN | 150 |
| | | | 14:30 | Mark WILKINS | 231 |
| | | | 14:38 | Murray SCOTT | 242 |
| 24 | 725 | Harmeny AC | 12:35 | Ethan LORIMER | 60 |
| | | | 13:03 | Alasdair WALLACE | 102 |
| | | | 13:59 | Philip HOLDEN | 186 |
| | | | 16:24 | David ALEXANDER | 377 |

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 4th November 2023

SenMen Teams

Lanark Race Course

| Pos | Score | Team | Time | Name | Place |
|-----|-------|---------------------|-------|------------------------|-------|
| 25 | 747 | PH Racing Club | 13:47 | Michael COMBE | 166 |
| | | | 13:50 | Aaron BENNET | 170 |
| | | | 14:05 | Philip WARING | 200 |
| | | | 14:16 | Mark RYAN | 211 |
| 26 | 776 | Bellahouston RR | 13:26 | Calum BORTHWICK | 127 |
| | | | 13:31 | Lewis ROBERTS | 136 |
| | | | 14:49 | Stuart LAURENCE | 255 |
| | | | 14:51 | Anthony Lucio JANNETTA | 258 |
| 27 | 807 | Portobello RC | 13:54 | Matt BIRD | 181 |
| | | | 14:05 | Jonah JONES | 199 |
| | | | 14:14 | David LIMMER | 209 |
| | | | 14:20 | Donald MACRAE | 218 |
| 28 | 909 | West End RR | 13:15 | Stephen BROWN | 113 |
| | | | 14:03 | Andrew MACPHERSON | 194 |
| | | | 15:07 | Paul GOODING | 278 |
| | | | 15:42 | Andrew CLARK | 324 |
| 29 | 1007 | Airdrie Harriers | 14:24 | Brian THOMSON | 224 |
| | | | 14:36 | Stephen RICHARDSON | 239 |
| | | | 14:50 | Paul O'HEAR | 257 |
| | | | 15:13 | John BROGAN | 287 |
| 30 | 1016 | Cumbernauld AAC | 13:46 | Allan CAMERON | 164 |
| | | | 14:18 | Walter HENDERSON | 214 |
| | | | 15:25 | Ross MCEACHERN | 304 |
| | | | 15:52 | Andrew CALLAN | 334 |
| 31 | 1147 | Lothian RC | 12:23 | Moray PRYDE | 41 |
| | | | 14:22 | Alan KNOWLES | 222 |
| | | | 17:52 | Dougie HUNTER | 437 |
| | | | 18:03 | Harry MULHOLLAND | 447 |
| 32 | 1172 | Westerlands XCC | 14:17 | Scott HENDERSON | 213 |
| | | | 15:03 | Evan GRIFFITHS | 273 |
| | | | 15:42 | Steven LEITH | 325 |
| | | | 16:14 | James BRYSON | 361 |
| 33 | 1266 | Calderglen Harriers | 14:55 | David WATT | 263 |
| | | | 15:17 | Andrew BUCHANAN | 295 |
| | | | 16:07 | Stephen PHIMISTER | 350 |
| | | | 16:13 | Gerard CONNELLY | 358 |
| 34 | 1296 | Pitreavie AAC | 15:36 | Desmond FITZGERALD | 311 |
| | | | 15:36 | Iain HOWATT | 312 |
| | | | 15:51 | James SQUIRES | 333 |
| | | | 15:55 | Jeff FARQUHAR | 340 |
| 35 | 1296 | Clydesdale Harriers | 13:26 | Michael MILLER | 125 |
| | | | 15:55 | Iain ROBERTSON | 339 |
| | | | 15:59 | Graeme WISEMAN | 343 |
| | | | 19:26 | Daniel DOCHERTY | 489 |
| 36 | 1323 | Carnegie Harriers | 14:54 | Jamie HARTE | 261 |
| | | | 15:49 | Jonathan MILLAR | 331 |
| | | | 16:16 | Barry DAVIE | 364 |
| | | | 16:17 | Alan MURRAY | 367 |
| 37 | 1376 | Newton Road Runners | 14:25 | Callum FERGUSON | 226 |
| | | | 16:18 | Alastair DRUMMOND | 368 |
| | | | 16:30 | Peter ALEXANDER | 383 |
| | | | 16:53 | Alistair MACDONALD | 399 |
| 38 | 1652 | Perth RR | 14:57 | David KNIGHT | 267 |
| | | | 16:46 | Richard WARD | 395 |
| | | | 19:30 | Mike DALES | 490 |
| | | | 20:40 | Alan BOTHWELL | 500 |