

BENROMACH 10K 2023

Posn	Race No	Name	Club	Cat
1	157	Ross Gollan	East Sutherland Athletics C	M
2	138	Lachlan Oates	Shettleston Harriers	M
3	6	Ben Livesey	Moray Road Runners	M40
4	133	Blair Mackay	East Sutherland AC	M
5	60	Craig Moar	Orkney Athletics And Runni	M40
6	163	Gordon Lennox	HHR	M
7	156	Stuart Gardiner	Highland Hill Runners	M
8	162	Colin McRae	Moray Road Runners	M
9	79	Ryan McKenzie	Highland Hill Runners	M40
10	144	Gareth Jenkins	Moray Road Runners	M50
11	73	Mark Wilkins	Metro Aberdeen Running C	M40
12	122	Darroch Anderson	Glasgow University Hares &	M
13	78	Sam Coull	Inverness Harriers	M
14	90	Bruce Evans	Forres Harriers	M
15	111	David Horne	Peterhead Athletics Club	M50
16	66	Ross Milne	Corstorphine AAC	M40
17	75	Christopher McCarron	Cambuslang Harriers	M
18	46	Norman Ferguson	Stornoway Running & Athle	M
19	27	Sarah Attwood	Skye and lochalsh	F40
20	62	Tom Roche	JSK Running Club	M40
21	107	Jamie Axford-Pryse	0	M
22	70	Bryan Newlands	Wick Triathlon Club	M40
23	25	Alistair MacWilliam	Moray Road Runners	M
24	53	Gemma Cormack	Moray Road Runners	F
25	154	Paul Corbett	0	M
26	80	Gary McKay	Moray Road Runners	M
27	136	Paul Paterson	Inverness Harriers	M40
28	68	Lesley Hansen	Inverness harriers	F40
29	118	Joe Badham	Moray Road Runners	M
30	74	Alasdair Thomson	Inverness Harriers	M40
31	55	Tom McWilliam	Inverness Harriers	M50
32	29	Stuart Prentice	Nairn Road Runners	M
33	119	Paul Miller	Inverness Harriers	M50
34	92	Malcolm Lang	0	M40
35	37	Steven Ellis	0	M40
36	99	Graham Stephen	Moray Road Runners	M40
37	126	Stuart Macculloch	Inverness Harriers	M40
38	14	Jessica Haworth	Moray Road Runners	F
39	101	Jane Barker	Moray road runners	F50
40	146	Kevin Munro	Inverness Harriers	M40
41	50	Michael Savage	Forres Harriers	M40
42	161	Simon MacDonald	Moray Road Runners	M60
43	125	John Robertson	Peterhead Athletics Club	M60
44	104	Niall Cameron	0	M40
45	130	Julie Wilson	Edinburgh Athletics Club	F50
46	97	Mark Brumby	Forres Harriers	M40
47	44	Steve Mc Morrow	0	M40
48	33	Alex Sutherland	Inverness Harriers	M60
49	143	Elsbeth Jenkins	Moray Road Runners	F50

50	82	Rachel Gillies		Inverness Harriers A A C	F
51	148	Marie Third		Keith & District AAC	F40
52	150	Jordan Bowler		Forres Harriers	M50
53	127	Graham Whyte		0	M60
54	139	John MacLeod		Inverness Harriers	M50
55	1	Colin Cumming		Moray Road Runners	M40
56	42	Kasia Klonowska		Forres Harriers	F
57	120	Kellie Calder		Inverness harriers	F40
58	149	Gary Macfadyen		Forres Harriers	M50
59	105	RÃ³isÃ		0	F
60	124	Graeme Ambrose		Inverness Harriers	M60
61	109	Carl Davis		0	M
62	69	William Goodfellow		Moray Road Runners	M50
63	59	Paula Boon		Forres Harriers	F50
64	141	Grace Jenkins		Moray Road Runners	F
65	117	Roger Homyer		Highland Hill Runners	M60
66	108	Emma Bell		0	F
67	13	Lorraine Coull		Highland Hill Runners	F40
68	12	Tim Baxter		Forres Harriers	M50
69	51	Stewart Donald		0	M60
70	116	Anne Hewes		Moray Road Runners	F50
71	67	Mairi Milne		0	F40
72	151	Kevin Reid		0	M40
73	28	Robert Bruce		Moray Road Runners	M50
74	121	Asiya Cunningham		Inverness Harriers	F
75	45	Fraser Mackintosh		Highland Hill Runners	M50
76	49	Keri Cleaver		Forres Harriers	F50
77	165	Katrina Rowe		Forres Harriers	F
78	98	Paul Harvey		Forres Harriers	M50
79	100	Ian Barker		Moray road runners	M60
80	83	Simon King		Moray Road Runners	M40
81	61	Tilia Maas Geesteranus		0	F40
82	8	Jennifer Bremner		North Highland Harriers	F60
83	145	Rebecca Nankivell		East Sutherland Athletics C	F50
84	52	Jude Colligan		Highland Hill Runners	F40
85	95	Glen Chalmers		Newburgh Dunes RC	M40
86	96	Caris Strachan		Newburgh Dunes RC	F
87	86	Andrew Donegan		Moray Road Runners	M50
88	147	Paul Matheson		0	M
89	131	Fraser MacBeath		0	M
90	36	Gavin Lee		Inverness Harriers	M60
91	115	Neil Robertson		0	M60
92	16	Steve Donaghy		Moray Road Runners	M50
93	31	Dianne Dunn		0	F
94	30	James Thomson		0	M
95	47	Gary Urquhart		East Sutherland Athletics C	M40
96	4	Stephen Taylor		0	M
97	63	malcolm hinsley		Cairngorm Runners	M60
98	87	Dave Mathers		Moray road runners	M60
99	24	Fiona Mackay		Inverness Harriers	F60
100	76	Craig Harris		0	M40
101	123	Phill Thompson		Moray Road Runners	M60
102	103	Mike Raish		Moray Road Runners	M50
103	10	Alan Richardson		Falkland Trail Runners	M50
104	20	Karen McLauchlan		0	F

105	89	Gavin Macdonald	0	M40
106	155	Amy MacRae	0	F40
107	22	Michael Gregson	0	M60
108	110	Sue Whisler	Strathearn Harriers	F60
109	102	Peter Thomson	Ross County Athletics Club	M
110	128	Beverley Caudle	0	F50
111	129	Grace Caudle	0	F
112	7	Graeme Bremner	North Highland Harriers	M50
113	58	Amanda Strang	Moray Road Runners	F50
114	134	Christopher Neal	0	M50
115	113	Margaret Jones	Nairn Road Runners	F60
116	158	Donna Richardson	Moray Road Runners	F40
117	84	Anna King	Moray Road Runners	F40
118	114	Tina Jamieson	Inverness Harriers	F
119	132	Oliver Bell	0	M
120	135	John Mitchell	Forres Harriers	M50
121	85	Catherine Donegan	Moray Road Runners	F50
122	39	Liz Forbes	Inverness Harriers	F60
123	41	Kenneth Bews	0	M60
124	57	Roddie Shepherd	0	M60
125	159	Sarah Holmes	0	F40
126	137	Gillian Brandon	0	F40
127	140	Nicola Madej	0	F40
128	152	Mhairi Sweeney	Highland Hill Runners	F
129	18	Deborah Stewart	0	F
130	11	Katy Mcleod	Falkland Trail Runners	F40
131	112	Lorna Fife	Highland Hill Runners	F50
132	65	Suzanne Stewart	Nairn Road Runners	F50
133	15	Maureen Mackie	Nairn Road Runners	F50
134	71	Susan Turner	Nairn Road Runners	F50
135	5	Malcolm Christie	Elgin AAC	M60
136	23	JUDY GILMOUR	0	F60
137	81	Emma Whitelaw	Coastal Runners	F
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Race No	Name	Club	Cat	SAL No.		
1	Colin Cumming	Moray Road Runners	M40	'SA693575'		
2	Mark Gravener	Newburgh Dunes RC	M40	'SA672804'		
3	Sharon Royan	Moray Road Runners	F50			
4	Stephen Taylor		M	'JS662133'		
5	Malcolm Christie	Elgin AAC	M60	'SA06262'		
6	Ben Livesey	Moray Road Runners	M40	'SA701416'		
7	Graeme Bremner	North Highland Harriers	M50	'SA667005'		
8	Jennifer Bremner	North Highland Harriers	F60	'SA693656'		
9	Paul Coxall	Metro Aberdeen Running Club	M50	'SA48947'		
10	Alan Richardson	Falkland Trail Runners	M50			
11	Katy Mcleod	Falkland Trail Runners	F40			
12	Tim Baxter	Forres Harriers	M50	'SA26743'		
13	Lorraine Coull	Highland Hill Runners	F40	'SA45545'		
14	Jessica Haworth	Moray Road Runners	F	'SA25475'		
15	Maureen Mackie	Nairn Road Runners	F50	'23317'		
16	Steve Donaghy	Moray Road Runners	M50	'47184'		
17	Gavin McLennan	Metro Aberdeen Running Club	M40	'SA31463'		
18	Deborah Stewart		F			
19	Karyn MacKenzie		F50			
20	Karen McLauchlan		F			
21	Susan McRitchie	Forres Harriers	F40	'11221'		
22	Michael Gregson		M60			
23	JUDY GILMOUR		F60			
24	Fiona Mackay	Inverness Harriers	F60	'SA027557'		
25	Alistair MacWilliam	Moray Road Runners	M	'SA702724'		
26	Richard Masson	Peterhead AAC	M40	'SA045624'		
27	Sarah Attwood	Skye and lochalsh	F40	'3076606'		
28	Robert Bruce	Moray Road Runners	M50	'SA16541'		
29	Stuart Prentice	Nairn Road Runners	M	'SA702196'		
30	James Thomson		M			
31	Dianne Dunn		F			
32	Eric Simpson	JSK RC	M60	'49114'		
33	Alex Sutherland	Inverness Harriers	M60	'28412'		
34	Mark Lambert		M40			
35	Bruce Wares		M50			
36	Gavin Lee	Inverness Harriers	M60	'SA046535'		
37	Steven Ellis		M40			
38	Paula Ross	Highland Hill Runners	F50	'SA025521'		
39	Liz Forbes	Inverness Harriers	F60	'26293'		
40	Claire Smith	Metro Aberdeen RC	F50			
41	Kenneth Bews		M60			
42	Kasia Klonowska	Forres Harriers	F	'SA659422'		
43	Holly Mathie		F			
44	Steve Mc Morrow		M40			
45	Fraser Mackintosh	Highland Hill Runners	M50	'SA045390'		
46	Norman Ferguson	Stornoway Running & Athletics Clu	M	'SA31613'		
47	Gary Urquhart	East Sutherland Athletics Club	M40			
48	Erika Marwick	Orkney Athletic Club	F	'SA36691'		
49	Keri Cleaver	Forres Harriers	F50			
50	Michael Savage	Forres Harriers	M40	'SA702709'		
51	Stewart Donald		M60			
52	Jude Colligan	Highland Hill Runners	F40			
53	Gemma Cormack	Moray Road Runners	F	'SA01802'		
54	Jim Ritchie		M60			
55	Tom McWilliam	Inverness Harriers	M50	'SA65547'		
56	Malcolm Graham		M40			
57	Roddie Shepherd		M60			
58	Amanda Strang	Moray Road Runners	F50	'SA13151'		
59	Paula Boon	Forres Harriers	F50	'26107'		
60	Craig Moar	Orkney Athletics And Running Club	M40	'SA673231'		
61	Tilia Maas Geesteranus		F40			
62	Tom Roche	JSK Running Club	M40	'Sa677508'		
63	malcolm hinsley	Cairngorm Runners	M60			

64	Holly Cameron	Vegan runners UK	F	'4090721'		
65	Suzanne Stewart	Nairn Road Runners	F50	'SA675956'		
66	Ross Milne	Corstorphine AAC	M40	'SA08718'		
67	Mairi Milne		F40			
68	Lesley Hansen	Inverness harriers	F40	'46207'		
69	William Goodfellow	Moray Road Runners	M50	'SA47472'		
70	Bryan Newlands	Wick Triathlon Club	M40			
71	Susan Turner	Nairn Road Runners	F50			
72	Michael Bishenden	Moray Road Runners	M	'SA41379'		
73	Mark Wilkins	Metro Aberdeen Running Club	M40	'SA700284'		
74	Alasdair Thomson	Inverness Harriers	M40			
75	Christopher McCarron	Cambuslang Harriers	M	'SA34672'		
76	Craig Harris		M40			
77	Eoin Coull	Highland Hill Runners	M40	'SA37999'		
78	Sam Coull	Inverness Harriers	M	'SA38000'		
79	Ryan McKenzie	Highland Hill Runners	M40	'SA28669'		
80	Gary McKay	Moray Road Runners	M	'659726'		
81	Emma Whitelaw	Coastal Runners	F			
82	Rachel Gillies	Inverness Harriers A A C	F	'31479'		
83	Simon King	Moray Road Runners	M40			
84	Anna King	Moray Road Runners	F40	'SA706477'		
85	Catherine Donegan	Moray Road Runners	F50			
86	Andrew Donegan	Moray Road Runners	M50			
87	Dave Mathers	Moray road runners	M60			
88	Brenda Anderson	Keith & District AAC	F40	'SA034405'		
89	Gavin Macdonald		M40			
90	Bruce Evans	Forres Harriers	M	'SA038431'		
91	Bruce Evans		M			
92	Malcolm Lang		M40			
93	Stephen Carmichael	Moray Road Runners	M40	'SA24345'		
94	Matthew Birkett		M			
95	Glen Chalmers	Newburgh Dunes RC	M40	'SA41973'		
96	Caris Strachan	Newburgh Dunes RC	F	'SA673222'		
97	Mark Brumby	Forres Harriers	M40			
98	Paul Harvey	Forres Harriers	M50			
99	Graham Stephen	Moray Road Runners	M40	'SA47181'		
100	Ian Barker	Moray road runners	M60	'703723'		
101	Jane Barker	Moray road runners	F50	'703397'		
102	Peter Thomson	Ross County Athletics Club	M			
103	Mike Raish	Moray Road Runners	M50			
104	Niall Cameron		M40			
105	RÅ³isÅ		F			
106	Iona Robertson	Highland Hill Runners	F40	'SA45108'		
107	Jamie Axford-Pryse		M			
108	Emma Bell		F			
109	Carl Davis		M			
110	Sue Whisler	Strathearn Harriers	F60	'SA673330'		
111	David Horne	Peterhead Athletics Club	M50	'SA047947'		
112	Lorna Fife	Highland Hill Runners	F50			
113	Margaret Jones	Nairn Road Runners	F60	'SA184031'		
114	Tina Jamieson	Inverness Harriers	F			
115	Neil Robertson		M60			
116	Anne Hewes	Moray Road Runners	F50	'SA700769'		
117	Roger Homyer	Highland Hill Runners	M60	'SA47654'		
118	Joe Badham	Moray Road Runners	M	'SA702982'		
119	Paul Miller	Inverness Harriers	M50	'SA 24213'		
120	Kellie Calder	Inverness harriers	F40			
121	Asiya Cunningham	Inverness Harriers	F	'SA702702'		
122	Darroch Anderson	Glasgow University Hares and Hou	M			
123	Phill Thompson	Moray Road Runners	M60	'SA 40151'		
124	Graeme Ambrose	Inverness Harriers	M60	'SA668440'		
125	John Robertson	Peterhead Athletics Club	M60	'25547'		
126	Stuart Macculloch	Inverness Harriers	M40			
127	Graham Whyte		M60			
128	Beverley Caudle		F50			

129	Grace Caudle			F			
130	Julie Wilson		Edinburgh Athletics Club	F50	'SA07115'		
131	Fraser MacBeath			M			
132	Oliver Bell			M			
133	Blair Mackay		East Sutherland AC	M	'SA38301'		
134	Christopher Neal			M50			
135	John Mitchell		Forres Harriers	M50			
136	Paul Paterson		Inverness Harriers	M40			
137	Gillian Brandon			F40			
138	Lachlan Oates		Shettleston Harriers	M	'01980'		
139	John MacLeod		Inverness Harriers	M50			
140	Nicola Madej			F40			
141	Grace Jenkins		Moray Road Runners	F	'SA686220'		
142	Gary Grant			M40			
143	Elsbeth Jenkins		Moray Road Runners	F50	'SA07742'		
144	Gareth Jenkins		Moray Road Runners	M50	'SA09328'		
145	Rebecca Nankivell		East Sutherland Athletics Club	F50	'SA048160'		
146	Kevin Munro		Inverness Harriers	M40	'SA704539'		
147	Paul Matheson			M			
148	Marie Third		Keith & District AAC	F40	'007958'		
149	Gary Macfadyen		Forres Harriers	M50	'SA031697'		
150	Jordan Bowler		Forres Harriers	M50	'SA39349'		
151	Kevin Reid			M40			
152	Mhairi Sweeney		Highland Hill Runners	F	'SA658972'		
153	Dino Roussias		Metro Aberdeen Running Club	M50	'SA38557'		
154	Paul Corbett			M			
155	Amy MacRae			F40			
156	Stuart Gardiner		Highland Hill Runners	M	'25919'		
157	Ross Gollan		East Sutherland Athletics Club	M	'SA014432'		
158	Donna Richardson		Moray Road Runners	F40			
159	Sarah Holmes			F40			
160	Martin McNellis		PH Racing Club	M60	'SA43917'		
161	Simon MacDonald		Moray Road Runners	M60	'SA35949'		
162	Colin McRae		Moray Road Runners	M	'SA680517'		
163	Gordon Lennox		HHR	M	'27401'		
164	Kirstie Rogan		HHR	F	SA31030'		
165	Katrina Rowe		Forres Harriers	F			

Prize List Benromach 10k 2022							
	Name	Club	Time		Name	Club	Time
Men				Women			
1				1			
2				2			
3				3			
M 40+				W 40+			
1				1			
2				2			
3				3			
M 50+				W 50+			
1				1			
2				2			
3				3			

RaceNumber	Forename	Surname	Club
1	Colin	Cumming	Moray Road Runners
2	Mark	Gravener	Newburgh Dunes RC
3	Sharon	Royan	Moray Road Runners
4	Stephen	Taylor	
5	Malcolm	Christie	Elgin AAC
6	Ben	Livesey	Moray Road Runners
7	Graeme	Bremner	North Highland Harriers
8	Jennifer	Bremner	North Highland Harriers
9	Paul	Coxall	Metro Aberdeen Running Club
10	Alan	Richardson	Falkland Trail Runners
11	Katy	McLeod	Falkland Trail Runners
12	Tim	Baxter	Forres Harriers
13	Lorraine	Coull	Highland Hill Runners
14	Jessica	Haworth	Moray Road Runners
15	Maureen	Mackie	Nairn Road Runners
16	Steve	Donaghy	Moray Road Runners
17	Gavin	McLennan	Metro Aberdeen Running Club
18	Deborah	Stewart	
19	Karyn	MacKenzie	
20	Karen	McLauchlan	
21	Susan	McRitchie	Forres Harriers
22	Michael	Gregson	
23	JUDY	GILMOUR	
24	Fiona	Mackay	Inverness Harriers
25	Alistair	MacWilliam	Moray Road Runners
26	Richard	Masson	Peterhead AAC
27	Sarah	Attwood	Skye and lochalsh
28	Robert	Bruce	Moray Road Runners
29	Stuart	Prentice	Nairn Road Runners
30	James	Thomson	
31	Dianne	Dunn	
32	Eric	Simpson	JSK RC
33	Alex	Sutherland	Inverness Harriers
34	Mark	Lambert	
35	Bruce	Wares	
36	Gavin	Lee	Inverness Harriers
37	Steven	Ellis	
38	Paula	Ross	Highland Hill Runners
39	Liz	Forbes	Inverness Harriers
40	Claire	Smith	Metro Aberdeen RC
41	Kenneth	Bews	
42	Kasia	Klonowska	Forres Harriers
43	Holly	Mathie	
44	Steve	Mc Morrow	
45	Fraser	Mackintosh	Highland Hill Runners
46	Norman	Ferguson	Stornoway Running & Athletics Club
47	Gary	Urquhart	East Sutherland Athletics Club
48	Erika	Marwick	Orkney Athletic Club
49	Keri	Cleaver	Forres Harriers
50	Michael	Savage	Forres Harriers
51	Stewart	Donald	
52	Jude	Colligan	Highland Hill Runners
53	Gemma	Cormack	Moray Road Runners

54	Jim	Ritchie	
55	Tom	McWilliam	Inverness Harriers
56	Malcolm	Graham	
57	Roddie	Shepherd	
58	Amanda	Strang	Moray Road Runners
59	Paula	Boon	Forres Harriers
60	Craig	Moar	Orkney Athletics And Running Club
61	Tilia	Maas Geesteranus	
62	Tom	Roche	JSK Running Club
63	malcolm	hinsley	Cairngorm Runners
64	Holly	Cameron	Vegan runners UK
65	Suzanne	Stewart	Nairn Road Runners
66	Ross	Milne	Corstorphine AAC
67	Mairi	Milne	
68	Lesley	Hansen	Inverness harriers
69	William	Goodfellow	Moray Road Runners
70	Bryan	Newlands	Wick Triathlon Club
71	Susan	Turner	Nairn Road Runners
72	Michael	Bishenden	Moray Road Runners
73	Mark	Wilkins	Metro Aberdeen Running Club
74	Alasdair	Thomson	Inverness Harriers
75	Christopher	McCarron	Cambuslang Harriers
76	Craig	Harris	
77	Eoin	Coull	Highland Hill Runners
78	Sam	Coull	Inverness Harriers
79	Ryan	McKenzie	Highland Hill Runners
80	Gary	McKay	Moray Road Runners
81	Emma	Whitelaw	Coastal Runners
82	Rachel	Gillies	Inverness Harriers A A C
83	Simon	King	Moray Road Runners
84	Anna	King	Moray Road Runners
85	Catherine	Donegan	Moray Road Runners
86	Andrew	Donegan	Moray Road Runners
87	Dave	Mathers	Moray road runners
88	Brenda	Anderson	Keith & District AAC
89	Gavin	Macdonald	
90	Bruce	Evans	Forres Harriers
91	Bruce	Evans	
92	Malcolm	Lang	
93	Stephen	Carmichael	Moray Road Runners
94	Matthew	Birkett	
95	Glen	Chalmers	Newburgh Dunes RC
96	Caris	Strachan	Newburgh Dunes RC
97	Mark	Brumby	Forres Harriers
98	Paul	Harvey	Forres Harriers
99	Graham	Stephen	Moray Road Runners
100	Ian	Barker	Moray road runners
101	Jane	Barker	Moray road runners
102	Peter	Thomson	Ross County Athletics Club
103	Mike	Raish	Moray Road Runners
104	Niall	Cameron	
105	RÃ³isÃ	McAllister	
106	Iona	Robertson	Highland Hill Runners

107	Jamie	Axford-Pryse	
108	Emma	Bell	
109	Carl	Davis	
110	Sue	Whisler	Strathearn Harriers
111	David	Horne	Peterhead Athletics Club
112	Lorna	Fife	Highland Hill Runners
113	Margaret	Jones	Nairn Road Runners
114	Tina	Jamieson	Inverness Harriers
115	Neil	Robertson	
116	Anne	Hewes	Moray Road Runners
117	Roger	Homyer	Highland Hill Runners
118	Joe	Badham	Moray Road Runners
119	Paul	Miller	Inverness Harriers
120	Kellie	Calder	Inverness harriers
121	Asiya	Cunningham	Inverness Harriers
122	Darroch	Anderson	Glasgow University Hares and Hounds
123	Phill	Thompson	Moray Road Runners
124	Graeme	Ambrose	Inverness Harriers
125	John	Robertson	Peterhead Athletics Club
126	Stuart	Macculloch	Inverness Harriers
127	Graham	Whyte	
128	Beverley	Caudle	
129	Grace	Caudle	
130	Julie	Wilson	Edinburgh Athletics Club
131	Fraser	MacBeath	
132	Oliver	Bell	
133	Blair	Mackay	East Sutherland AC
134	Christopher	Neal	
135	John	Mitchell	Forres Harriers
136	Paul	Paterson	Inverness Harriers
137	Gillian	Brandon	
138	Lachlan	Oates	Shettleston Harriers
139	John	MacLeod	Inverness Harriers
140	Nicola	Madej	
141	Grace	Jenkins	Moray Road Runners
142	Gary	Grant	
143	Elsbeth	Jenkins	Moray Road Runners
144	Gareth	Jenkins	Moray Road Runners
145	Rebecca	Nankivell	East Sutherland Athletics Club
146	Kevin	Munro	Inverness Harriers
147	Paul	Matheson	
148	Marie	Third	Keith & District AAC
149	Gary	Macfadyen	Forres Harriers
150	Jordan	Bowler	Forres Harriers
151	Kevin	Reid	
152	Mhairi	Sweeney	Highland Hill Runners
153	Dino	Roussias	Metro Aberdeen Running Club
154	Paul	Corbett	
155	Amy	MacRae	
156	Stuart	Gardiner	Highland Hill Runners
157	Ross	Gollan	East Sutherland Athletics Club
159	Donna	Richardson	Moray Road Runners
158	Sarah	Holmes	

AgeGroup
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RaceNumber	Forename	Surname	Club
1	Colin	Cumming	Moray Road Runners
2	Mark	Gravener	Newburgh Dunes RC
3	Sharon	Royan	Moray Road Runners
4	Stephen	Taylor	
5	Malcolm	Christie	Elgin AAC
6	Ben	Livesey	Moray Road Runners
7	Graeme	Bremner	North Highland Harriers
8	Jennifer	Bremner	North Highland Harriers
9	Paul	Coxall	Metro Aberdeen Running Club
10	Alan	Richardson	Falkland Trail Runners
11	Katy	Mcleod	Falkland Trail Runners
12	Tim	Baxter	Forres Harriers
13	Lorraine	Coull	Highland Hill Runners
14	Jessica	Haworth	Moray Road Runners
15	Maureen	Mackie	Nairn Road Runners
16	Steve	Donaghy	Moray Road Runners
17	Gavin	McLennan	Metro Aberdeen Running Club
18	Deborah	Stewart	
19	Karyn	MacKenzie	
20	Karen	McLauchlan	
21	Susan	McRitchie	Forres Harriers
22	Michael	Gregson	
23	JUDY	GILMOUR	
24	Fiona	Mackay	Inverness Harriers
25	Alistair	MacWilliam	Moray Road Runners
26	Richard	Masson	Peterhead AAC
27	Sarah	Attwood	Skye and lochalsh
28	Robert	Bruce	Moray Road Runners
29	Stuart	Prentice	Nairn Road Runners
30	James	Thomson	
31	Dianne	Dunn	
32	Eric	Simpson	JSK RC
33	Alex	Sutherland	Inverness Harriers
34	Mark	Lambert	
35	Bruce	Wares	
36	Gavin	Lee	Inverness Harriers
37	Steven	Ellis	
38	Paula	Ross	Highland Hill Runners
39	Liz	Forbes	Inverness Harriers
40	Claire	Smith	Metro Aberdeen RC
41	Kenneth	Bews	
42	Kasia	Klonowska	Forres Harriers
43	Holly	Mathie	
44	Steve	Mc Morrow	
45	Fraser	Mackintosh	Highland Hill Runners
46	Norman	Ferguson	Stornoway Running & Athletics Club
47	Gary	Urquhart	East Sutherland Athletics Club
48	Erika	Marwick	Orkney Athletic Club
49	Keri	Cleaver	Forres Harriers
50	Michael	Savage	Forres Harriers
51	Stewart	Donald	
52	Jude	Colligan	Highland Hill Runners

53	Gemma	Cormack	Moray Road Runners
54	Jim	Ritchie	
55	Tom	McWilliam	Inverness Harriers
56	Malcolm	Graham	
57	Roddie	Shepherd	
58	Amanda	Strang	Moray Road Runners
59	Paula	Boon	Forres Harriers
60	Craig	Moar	Orkney Athletics And Running Club
61	Tilia	Maas Geesteranus	
62	Tom	Roche	JSK Running Club
63	malcolm	hinsley	Cairngorm Runners
64	Holly	Cameron	Vegan runners UK
65	Suzanne	Stewart	Nairn Road Runners
66	Ross	Milne	Corstorphine AAC
67	Mairi	Milne	
68	Lesley	Hansen	Inverness harriers
69	William	Goodfellow	Moray Road Runners
70	Bryan	Newlands	Wick Triathlon Club
71	Susan	Turner	Nairn Road Runners
72	Michael	Bishenden	Moray Road Runners
73	Mark	Wilkins	Metro Aberdeen Running Club
74	Alasdair	Thomson	Inverness Harriers
75	Christopher	McCarron	Cambuslang Harriers
76	Craig	Harris	
77	Eoin	Coull	Highland Hill Runners
78	Sam	Coull	Inverness Harriers
79	Ryan	McKenzie	Highland Hill Runners
80	Gary	McKay	Moray Road Runners
81	Emma	Whitelaw	Coastal Runners
82	Rachel	Gillies	Inverness Harriers A A C
83	Simon	King	Moray Road Runners
84	Anna	King	Moray Road Runners
85	Catherine	Donegan	Moray Road Runners
86	Andrew	Donegan	Moray Road Runners
87	Dave	Mathers	Moray road runners
88	Brenda	Anderson	Keith & District AAC
89	Gavin	Macdonald	
90	Bruce	Evans	Forres Harriers
91	Bruce	Evans	
92	Malcolm	Lang	
93	Stephen	Carmichael	Moray Road Runners
94	Matthew	Birkett	
95	Glen	Chalmers	Newburgh Dunes RC
96	Caris	Strachan	Newburgh Dunes RC
97	Mark	Brumby	Forres Harriers
98	Paul	Harvey	Forres Harriers
99	Graham	Stephen	Moray Road Runners
100	Ian	Barker	Moray road runners
101	Jane	Barker	Moray road runners
102	Peter	Thomson	Ross County Athletics Club
103	Mike	Raish	Moray Road Runners
104	Niall	Cameron	
105	RÃ³isÃ	McAllister	

106	Iona	Robertson	Highland Hill Runners
107	Jamie	Axford-Pryse	
108	Emma	Bell	
109	Carl	Davis	
110	Sue	Whisler	Strathearn Harriers
111	David	Horne	Peterhead Athletics Club
112	Lorna	Fife	Highland Hill Runners
113	Margaret	Jones	Nairn Road Runners
114	Tina	Jamieson	Inverness Harriers
115	Neil	Robertson	
116	Anne	Hewes	Moray Road Runners
117	Roger	Homyer	Highland Hill Runners
118	Joe	Badham	Moray Road Runners
119	Paul	Miller	Inverness Harriers
120	Kellie	Calder	Inverness harriers
121	Asiya	Cunningham	Inverness Harriers
122	Darroch	Anderson	Glasgow University Hares and Hounds
123	Phill	Thompson	Moray Road Runners
124	Graeme	Ambrose	Inverness Harriers
125	John	Robertson	Peterhead Athletics Club
126	Stuart	Macculloch	Inverness Harriers
127	Graham	Whyte	
128	Beverley	Caudle	
129	Grace	Caudle	
130	Julie	Wilson	Edinburgh Athletics Club
131	Fraser	MacBeath	
132	Oliver	Bell	
133	Blair	Mackay	East Sutherland AC
134	Christopher	Neal	
135	John	Mitchell	Forres Harriers
136	Paul	Paterson	Inverness Harriers
137	Gillian	Brandon	
138	Lachlan	Oates	Shettleston Harriers
139	John	MacLeod	Inverness Harriers
140	Nicola	Madej	
141	Grace	Jenkins	Moray Road Runners
142	Gary	Grant	
143	Elsbeth	Jenkins	Moray Road Runners
144	Gareth	Jenkins	Moray Road Runners
145	Rebecca	Nankivell	East Sutherland Athletics Club
146	Kevin	Munro	Inverness Harriers
147	Paul	Matheson	
148	Marie	Third	Keith & District AAC
149	Gary	Macfadyen	Forres Harriers
150	Jordan	Bowler	Forres Harriers
151	Kevin	Reid	
152	Mhairi	Sweeney	Highland Hill Runners
153	Dino	Roussias	Metro Aberdeen Running Club
154	Paul	Corbett	
155	Amy	MacRae	
156	Stuart	Gardiner	Highland Hill Runners
157	Ross	Gollan	East Sutherland Athletics Club
159	Donna	Richardson	Moray Road Runners

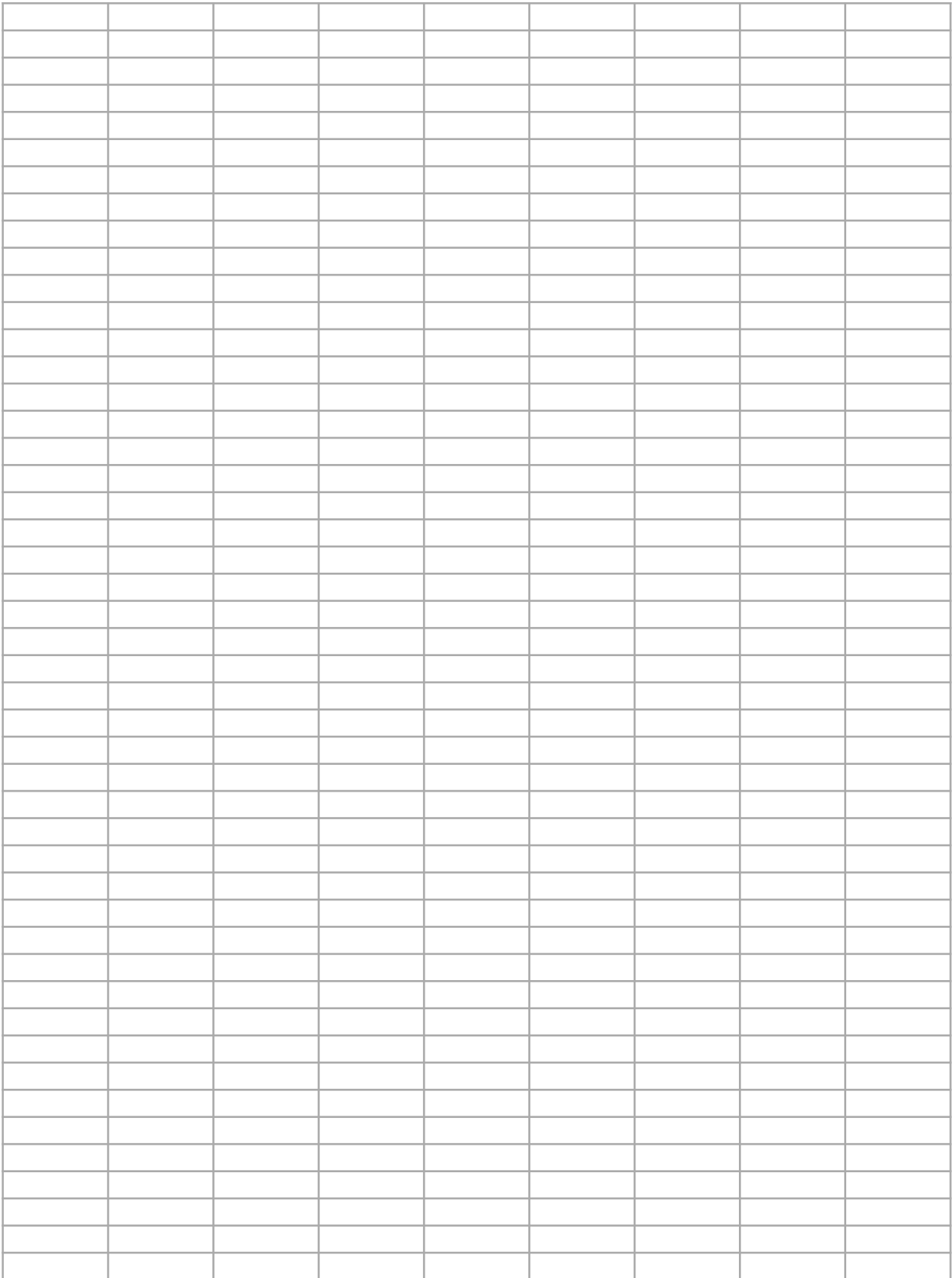
158	Sarah	Holmes	
160	Martin	McNellis	PH Racing Club
161	Simon	MacDonald	Moray Road Runners
162	Colin	McRae	Moray Road Runners
163	Gordon	Lennox	Inverness Harriers
164			
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Age Group	AgeGroup	Gender		
M40	10/27/77	Male		
M40	10/1/76	Male		
F50	4/11/65	Female		
M	1/16/84	Male		
M60	4/17/58	Male		
M40	9/20/78	Male		
M50	2/14/66	Male		
F60	10/6/62	Female		
M50	10/17/63	Male		
M50	10/8/69	Male		
F40	2/20/76	Female		
M50	12/12/67	Male		
F40	6/24/73	Female		
F	10/25/85	Female		
F50	6/23/66	Female		
M50	3/10/66	Male		
M40	11/15/77	Male		
F	12/27/87	Female		
F50	6/4/72	Female		
F	6/17/87	Female		
F40	5/18/74	Female		
M60	11/29/57	Male		
F60	7/12/61	Female		
F60	2/18/63	Female		
M	9/29/96	Male		
M40	1/22/77	Male		
F40	12/21/81	Female		
M50	7/1/65	Male		
M	9/12/87	Male		
M	10/13/93	Male		
F	4/15/84	Female		
M60	2/27/59	Male		
M60	12/6/47	Male		
M40	11/19/73	Male		
M50	12/15/63	Male		
M60	4/11/63	Male		
M40	10/23/82	Male		
F50	6/10/71	Female		
F60	1/11/57	Female		
F50	5/28/71	Female		
M60	8/1/50	Male		
F	12/29/83	Female		
F	10/25/94	Female		
M40	12/31/75	Male		
M50	6/23/66	Male		
M	11/20/83	Male		
M40	8/5/77	Male		
F	6/22/90	Female		
F50	11/5/71	Female		
M40	12/6/76	Male		
M60	8/21/53	Male		
F40	6/17/74	Female		

F	6/25/92	Female		
M60	1/13/50	Male		
M50	9/28/71	Male		
M40	7/8/77	Male		
M60	4/30/52	Male		
F50	8/15/71	Female		
F50	10/4/69	Female		
M40	10/29/82	Male		
F40	2/14/80	Female		
M40	7/13/76	Male		
M60	11/20/59	Male		
F	6/29/96	Female		
F50	7/19/64	Female		
M40	8/20/77	Male		
F40	7/25/77	Female		
F40	7/18/82	Female		
M50	5/5/65	Male		
M40	1/27/81	Male		
F50	6/16/63	Female		
M	9/15/06	Male		
M40	6/30/80	Male		
M40	11/26/77	Male		
M	2/18/01	Male		
M40	12/18/75	Male		
M40	6/21/74	Male		
M	5/29/06	Male		
M40	6/20/76	Male		
M	4/28/92	Male		
F	3/1/86	Female		
F	1/12/02	Female		
M40	10/19/77	Male		
F40	7/26/80	Female		
F50	6/25/70	Female		
M50	9/21/65	Male		
M60	3/10/62	Male		
F40	3/20/81	Female		
M40	5/22/79	Male		
M	3/13/05	Male		
M	3/13/04	Male		
M40	8/16/82	Male		
M40	10/13/73	Male		
M	5/5/98	Male		
M40	9/17/75	Male		
F	2/17/94	Female		
M40	4/9/79	Male		
M50	6/28/63	Male		
M40	5/22/73	Male		
M60	5/15/62	Male		
F50	7/30/68	Female		
M	2/6/87	Male		
M50	4/6/65	Male		
M40	12/19/79	Male		
F	8/17/92	Female		

F40	10/4/80	Female		
M	4/6/94	Male		
F	8/11/99	Female		
M	5/13/88	Male		
F60	2/20/56	Female		
M50	1/14/71	Male		
F50	10/11/67	Female		
F60	8/2/57	Female		
F	6/5/94	Female		
M60	6/20/61	Male		
F50	5/21/71	Female		
M60	11/2/54	Male		
M	4/3/96	Male		
M50	5/29/70	Male		
F40	4/20/78	Female		
F	7/17/88	Female		
M	7/6/00	Male		
M60	10/22/51	Male		
M60	11/24/59	Male		
M60	7/25/57	Male		
M40	1/11/81	Male		
M60	2/23/58	Male		
F50	5/25/72	Female		
F	11/1/03	Female		
F50	8/26/67	Female		
M	2/4/88	Male		
M	12/3/94	Male		
M	8/26/91	Male		
M50	8/6/66	Male		
M50	10/22/72	Male		
M40	6/28/78	Male		
F40	5/8/81	Female		
M	1/30/92	Male		
M50	5/24/64	Male		
F40	7/18/77	Female		
F	12/31/03	Female		
M40	8/20/73	Male		
F50	7/15/69	Female		
M50	3/6/70	Male		
F50	5/15/67	Female		
M40	12/5/74	Male		
M	7/20/87	Male		
F40	8/24/78	Female		
M50	10/6/66	Male		
M50	1/8/64	Male		
M40	3/10/76	Male		
F	9/2/84	Female		
M50	12/31/72	Male		
M	9/22/88	Male		
F40	6/17/80	Female		
M	3/29/00	Male		
M	9/14/96	Male		
F40	1/19/79	Female		

F40	8/26/82	Female		
M60	7/8/62	Male		
M60	5/17/59	Male		
M	4/4/88	Male		
M	5/30/84	Male		



		MemberOf	Membersh	enteredByC	xxx	Age_on_1_	Age_on_31
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		SA	'SA672804	46	47	46	3/18/23 17:
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		SA	'JS662133	38	39	39	3/18/23 18:
		SA	'SA06262'	64	65	65	3/18/23 18:
		SA	'SA701416	44	45	44	3/18/23 19:
		SA	'SA667005	56	57	57	3/18/23 20:
		SA	'SA693656	60	61	60	3/18/23 20:
		SA	'SA48947'	59	60	59	3/18/23 23:
				53	54	53	3/19/23 10:
				46	47	47	3/19/23 10:
		SA	'SA26743'	55	56	55	3/19/23 11:
		SA	'SA45545'	49	50	49	3/19/23 15:
		SA	'SA25475'	37	38	37	3/19/23 19:
		SA	'23317'	56	57	56	3/19/23 21:
		SA	'47184'	56	57	57	3/20/23 10:
		SA	'SA31463'	45	46	45	3/20/23 13:
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				50	51	50	3/20/23 21:
				35	36	35	3/21/23 21:
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		SA	'SA027557	59	60	60	3/23/23 12:
		SA	'SA702724	26	27	26	3/23/23 21:
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		EA	'3076606'	41	42	41	3/24/23 22:
		SA	'SA16541'	57	58	57	3/26/23 22:
		SA	'SA702196	35	36	35	3/26/23 22:
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				38	39	39	3/27/23 21:
		SA	'49114'	63	64	64	3/28/23 14:
		SA	'28412'	75	76	75	3/28/23 16:
				49	50	49	3/28/23 17:
				59	60	59	3/29/23 22:
		SA	'SA046535	59	60	60	3/30/23 21:
				40	41	40	3/30/23 22:
		SA	'SA025521	51	52	51	3/31/23 16:
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		SA	'SA659422	39	40	39	4/1/23 14:2
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		SA	'SA045390	56	57	56	4/2/23 19:0
		SA	'SA31613'	39	40	39	4/4/23 15:5
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		SA	'SA36691'	32	33	32	4/5/23 4:58
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		SA	'SA702709	46	47	46	4/5/23 22:0
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			SA	'SA65547'	51	52	51	4/10/23 11:
					45	46	45	4/11/23 19:
					70	71	71	4/12/23 19:
			SA	'SA13151'	51	52	51	4/12/23 22:
			SA	'26107'	53	54	53	4/15/23 7:1
			SA	'SA673231	40	41	40	4/15/23 22:
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			SA	'Sa677508	46	47	46	4/16/23 22:
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			EA	'4090721'	26	27	26	4/19/23 22:
			SA	'SA675956	58	59	58	4/21/23 11:
			SA	'SA08718'	45	46	45	4/21/23 20:
					45	46	45	4/21/23 20:
			SA	'46207'	40	41	40	4/22/23 18:
			SA	'SA47472'	57	58	58	4/23/23 13:
					41	42	42	4/24/23 9:3
					59	60	59	4/24/23 9:4
			SA	'SA41379'	16	17	16	4/24/23 16:
			SA	'SA700284	42	43	42	4/24/23 20:
					45	46	45	4/25/23 23:
			SA	'SA34672'	21	22	22	4/26/23 14:
					47	48	47	4/27/23 7:5
			SA	'SA37999'	48	49	48	4/27/23 10:
			SA	'SA38000'	16	17	16	4/27/23 10:
			SA	'SA28669'	46	47	46	4/27/23 16:
			SA	'659726'	30	31	31	4/27/23 18:
					36	37	37	4/28/23 12:
			SA	'31479'	20	21	21	4/28/23 13:
					45	46	45	4/28/23 14:
			SA	'SA706477	42	43	42	4/28/23 14:
					52	53	52	4/29/23 17:
					57	58	57	4/29/23 17:
					60	61	61	4/30/23 15:
			SA	'SA034405	41	42	42	4/30/23 17:
					43	44	43	4/30/23 18:
			SA	'SA038431	17	18	18	4/30/23 21:
					18	19	19	5/1/23 17:1
					40	41	40	5/1/23 22:4
			SA	'SA24345'	49	50	49	5/2/23 8:37
					24	25	25	5/2/23 11:2
			SA	'SA41973'	47	48	47	5/2/23 14:2
			SA	'SA673222	28	29	29	5/2/23 14:2
					43	44	44	5/2/23 18:3
					59	60	59	5/3/23 10:0
			SA	'SA47181'	49	50	49	5/3/23 10:5
			SA	'703723'	60	61	60	5/3/23 11:0
			SA	'703397'	54	55	54	5/3/23 11:0
					35	36	36	5/3/23 14:2
					57	58	58	5/3/23 14:3
					43	44	43	5/3/23 14:4
					30	31	30	5/3/23 14:5

			SA	'SA45108'	42	43	42	5/3/23 14:5
					28	29	29	5/3/23 21:5
					23	24	23	5/3/23 22:1
					34	35	35	5/3/23 23:2
			SA	'SA673330	66	67	67	5/4/23 0:19
			SA	'SA047947	51	52	52	5/4/23 13:1
					55	56	55	5/4/23 18:1
			SA	'SA184031	65	66	65	5/4/23 19:2
					28	29	28	5/4/23 21:3
					61	62	61	5/5/23 9:08
			SA	'SA700769	51	52	51	5/5/23 12:3
			SA	'SA47654'	68	69	68	5/5/23 16:2
			SA	'SA702982	26	27	27	5/5/23 18:3
			SA	'SA 24213'	52	53	52	5/5/23 23:5
					44	45	45	5/6/23 8:10
			SA	'SA702702	34	35	34	5/6/23 8:20
					22	23	22	5/6/23 12:5
			SA	'SA 40151'	71	72	71	5/6/23 14:1
			SA	'SA668440	63	64	63	5/6/23 14:5
			SA	'25547'	65	66	65	5/6/23 16:2
					41	42	42	5/6/23 18:3
					64	65	65	5/6/23 18:4
					50	51	50	5/6/23 19:3
					19	20	19	5/6/23 19:3
			SA	'SA07115'	55	56	55	5/6/23 20:0
					34	35	35	5/6/23 20:1
					28	29	28	5/6/23 20:1
			SA	'SA38301'	31	32	31	5/6/23 22:3
					56	57	56	5/7/23 7:24
					50	51	50	5/7/23 10:0
					44	45	44	5/7/23 11:5
					41	42	42	5/7/23 12:3
			SA	'01980'	30	31	31	5/7/23 13:4
					58	59	58	5/7/23 13:5
					45	46	45	5/7/23 14:0
			SA	'SA686220	19	20	19	5/7/23 19:2
					49	50	49	5/7/23 19:3
			SA	'SA07742'	53	54	53	5/7/23 19:3
			SA	'SA09328'	52	53	53	5/7/23 19:4
			SA	'SA048160	55	56	55	5/7/23 20:2
			SA	'SA704539	48	49	48	5/7/23 22:3
					35	36	35	5/8/23 4:21
			SA	'007958'	44	45	44	5/8/23 10:3
			SA	'SA031697	56	57	56	5/8/23 18:4
			SA	'SA39349'	58	59	59	5/8/23 20:3
					46	47	47	5/8/23 22:0
			SA	'SA658972	38	39	38	5/8/23 22:0
			SA	'SA38557'	50	51	50	5/9/23 0:09
					34	35	34	5/9/23 15:2
					42	43	42	5/9/23 16:0
			SA	'25919'	22	23	23	5/9/23 17:2
			SA	'SA014432	26	27	26	5/9/23 17:2
					43	44	44	5/9/23 18:5

Age_on_R&	DateEntere	xx	UniqueID	ProductID	
1	2863690	110093		0	Colin Cumr
2	2863714	110093		0	Mark Grave
4	2863741	110093		0	Sharon Roy
3	2863745	110093		0	Stephen Ta
5	2863769	110093		0	Malcolm Ch
6	2863778	110093		0	Ben Livese
7	2863831	110093		0	Graeme Bro
8	2863834	110093		0	Jennifer Bro
9	2863946	110093		0	Paul Coxall
10	2864040	110093		0	Alan Richar
11	2864041	110093		0	Katy Mcleo
12	2864052	110093		0	Tim Baxter
13	2864241	110093		0	Lorraine Co
14	2864430	110093		0	Jessica Ha
15	2864557	110093		0	Maureen M
16	2864770	110093		0	Steve Dona
17	2864913	110093		0	Gavin McLe
18	2865093	110093		0	Deborah St
19	2865414	110093		0	Karyn Mack
20	2867851	110093		0	Karen McLa
21	2868550	110093		0	Susan McR
22	2868625	110093		0	Michael Gre
23	2868779	110093		0	JUDY GILM
24	2868853	110093		0	Fiona Mack
25	2869131	110093		0	Alistair Mac
26	2869503	110093		0	Richard Ma
27	2869708	110093		0	Sarah Attwo
28	2870908	110093		0	Robert Bru
29	2870952	110093		1	Stuart Pren
30	2871678	110093		0	James Tho
31	2871728	110093		0	Dianne Dur
32	2872012	110093		0	Eric Simpso
33	2872092	110093		0	Alex Suther
34	2872175	110093		1	Mark Lamb
35	2873135	110093		0	Bruce Ware
36	2873615	110093		0	Gavin Lee
37	2873740	110093		0	Steven Ellie
38	2874087	110093		0	Paula Ross
39	2874190	110093		0	Liz Forbes
40	2874957	110093		0	Claire Smitl
41	2874979	110093		0	Kenneth Be
42	2875026	110093		0	Kasia Klond
43	2875232	110093		0	Holly Mathi
44	2875745	110093		0	Steve Mc M
45	2876143	110093		0	Fraser Mac
46	2878098	110093		0	Norman Fe
47	2878235	110093		0	Gary Urquh
48	2878671	110093		0	Erika Marw
49	2879221	110093		0	Keri Cleave
50	2880005	110093		0	Michael Sa
51	2881442	110093		0	Stewart Do
52	2881607	110093		0	Jude Collig

53	2882514	110093		0	Gemma Co
54	2882701	110093		0	Jim Ritchie
55	2882951	110093		0	Tom McWill
56	2884211	110093		0	Malcolm Gr
57	2884893	110093		0	Roddie She
58	2885097	110093		0	Amanda St
59	2886697	110093		0	Paula Boor
60	2887204	110093		0	Craig Moar
61	2887950	110093		0	Tilia Maas (
62	2887967	110093		0	Tom Roche
63	2889130	110093		0	malcolm hir
64	2890548	110093		0	Holly Came
65	2893875	110093		0	Suzanne St
66	2895414	110093		0	Ross Milne
67	2895427	110093		0	Mairi Milne
68	2896039	110093		0	Lesley Han
69	2896469	110093		0	William Goc
70	2897269	110093		0	Bryan Newl
71	2897296	110093		1	Susan Turn
72	2897645	110093		0	Michael Bis
73	2898012	110093		0	Mark Wilkin
74	2899020	110093		0	Alasdair Th
75	2899371	110093		0	Christopher
76	2899976	110093		0	Craig Harris
77	2900131	110093		0	Eoin Coull
78	2900133	110093		0	Sam Coull
79	2900384	110093		0	Ryan McKe
80	2900491	110093		0	Gary McKa
81	2901066	110093		0	Emma Whit
82	2901161	110093		0	Rachel Gilli
83	2901191	110093		0	Simon King
84	2901192	110093		0	Anna King
85	2902186	110093		0	Catherine D
86	2902187	110093		0	Andrew Do
87	2903110	110093		0	Dave Mathe
88	2903240	110093		0	Brenda Anc
89	2903394	110093		0	Gavin Macc
90	2903632	110093		0	Bruce Evan
91	2904349	110093		0	Bruce Evan
92	2905295	110093		0	Malcolm La
93	2905475	110093		0	Stephen Ca
94	2905667	110093		0	Matthew Bi
95	2905865	110093		0	Glen Chalm
96	2905866	110093		0	Caris Strac
97	2906138	110093		0	Mark Bruml
98	2906927	110093		0	Paul Harve
99	2906994	110093		0	Graham Ste
100	2907009	110093		0	Ian Barker
101	2907012	110093		0	Jane Barke
102	2907166	110093		0	Peter Thom
103	2907170	110093		0	Mike Raish
104	2907182	110093		0	Niall Came
105	2907188	110093		0	RÃ³isÃ Mca

106	2907190	110093		0	Iona Rober
107	2907751	110093		0	Jamie Axfo
108	2907784	110093		0	Emma Bell
109	2907831	110093		0	Carl Davis
110	2907844	110093		0	Sue Whisle
111	2908209	110093		0	David Horn
112	2908647	110093		0	Lorna Fife
113	2908809	110093		0	Margaret Jo
114	2909173	110093		0	Tina Jamies
115	2909500	110093		0	Neil Robert
116	2909704	110093		0	Anne Hewe
117	2909936	110093		0	Roger Hom
118	2910070	110093		0	Joe Badhar
119	2910440	110093		0	Paul Miller
120	2910525	110093		0	Kellie Calde
121	2910530	110093		0	Asiya Cunn
122	2910775	110093		0	Darroch An
123	2910845	110093		0	Phill Thomp
124	2910882	110093		0	Graeme An
125	2910942	110093		0	John Rober
126	2911081	110093		0	Stuart Macc
127	2911100	110093		0	Graham WI
128	2911148	110093		0	Beverley Ca
129	2911152	110093		0	Grace Cauc
130	2911181	110093		0	Julie Wilsor
131	2911191	110093		0	Fraser Mac
132	2911195	110093		0	Oliver Bell
133	2911367	110093		0	Blair Macke
134	2911422	110093		0	Christopher
135	2911531	110093		0	John Mitche
136	2911594	110093		0	Paul Paters
137	2911626	110093		1	Gillian Bran
138	2911680	110093		0	Lachlan Oa
139	2911683	110093		0	John MacLo
140	2911705	110093		0	Nicola Mad
141	2911990	110093		0	Grace Jenk
142	2911993	110093		0	Gary Grant
143	2911999	110093		0	Elspeth Jer
144	2912009	110093		0	Gareth Jen
145	2912425	110093		0	Rebecca N
146	2912756	110093		0	Kevin Munr
147	2912816	110093		0	Paul Mathe
148	2912972	110093		0	Marie Third
149	2913653	110093		0	Gary Macfa
150	2913816	110093		0	Jordan Bow
151	2913973	110093		0	Kevin Reid
152	2913984	110093		0	Mhairi Swe
153	2914072	110093		0	Dino Rous
154	2914493	110093		0	Paul Corbe
155	2914523	110093		0	Amy MacR
156	2914587	110093		0	Stuart Garc
157	2914589	110093		1	Ross Golla
158	2914666	110093		0	Donna Rich

PivotTable1

Age Group	F	F40	F50	F60	M
Gender	xx (Count All)				
Female	19	18	18	6	
Male					27
(blank)					
Grand Total	19	18	18	6	27

M40	M50	M60	(blank)	Grand Total
				61
33	22	20		102
			0	0
33	22	20	0	163

		Total Runners	188		%		
		Male	101		53.72%		
		Female	87		46.28%		
					Club	No Club	
		SAL	96	51.06%	94	2	
		No SAL	109	57.98%	40	69	
		Club named	134	71.28%			
		No Club No SAL	71	37.77%			
		SAL no Club	2	1.06%			
		Club No SAL	40	21.28%			
		No Club No SAL	69	36.70%			
		Club SAL	94	50.00%			

96
109