

Sunday 21 May

scottishathletics Jumps & Throws Grand Prix
FINAL TIMETABLE

Grangemouth Stadium
Jumps&ThrowsGP2

Jumps & Throws Grand Prix				
Event No	Time	Event	Pool	Info
201	10:00	Seated Throws		
202	10:00	Javelin	One	
203	11:15	Javelin	Two	
204	11:30	Discus	One	
205	13:00	Discus	Two	
206	14:15	Shot Put	One	
207	14:15	Hammer	Two	
208	15:30	Shot Put	Two	
209	15:30	Hammer	One	
All athletes will receive 6 competition trials				
Event No	Time	Event	Pool	Info
101	10:00	Long Jump	Three	
102	10:15	High Jump	Three	SH 1m 07
103	11:00	Pole Vault	One	SH 2m 54
104	11:15	Long Jump	One	
105	13:00	High Jump	One	SH 1m52
106	13:15	Long Jump	Two	
107	13:15	Pole Vault	Two	SH 2m07
108	15:00	High Jump	Two	SH 1m27
109	15:30	Triple Jump	One	7m/9m/11m
Long Jump / Triple Jump - All athletes will receive 6 competition trials NB - Pole Vault will take place indoors				