

SVHC CLYDEBANK 5K 2023

Pos	No	Time	Runner	Cat	Club	SVHC	SA REG
1	208	15:06	Gregor Yates	M35	Inverclyde AC		Y
2	136	15:16	Stuart Livingstone	M35	Corstorphine AC		Y
3	5	15:28	Grant Baillie	M40	East Kilbride AC	Y	Y
4	573	15:46	Alastair Scott	M40			Y
5	571	15:50	Neil Renault	M35	Edinburgh AC		Y
6	108	15:58	Jack Kirwan	Guest	East Kilbride AC		Y
7	160	16:05	Steven Fitzpatrick	M35	Cambuslang Harriers		Y
8	27	16:12	Shaun Lyon	M35	Greenock Glenpark	Y	Y
9	506	16:14	Stuart Greenaway	M35	Greenock Glenpark		Y
10	78	16:18	John Sharp	M45	Inverclyde AC	Y	Y
11	588	16:19	Euan Convery	Guest	Garscube Harriers		Y
12	579	16:20	Joe Fitzgibbon	Guest	Garscube Harriers		Y
13	16	16:25	Stephen Allen	M55	Cumbernauld AAC	Y	Y
14	81	16:27	Peter Tucker	M40	Inverclyde AC	Y	Y
15	165	16:29	Andrew McCall	M35	Greenock Glenpark		Y
16	565	16:29	Steve Cairns	M55	Hunters Bog Trotters		Y
17	581	16:31	Robert Paterson	M50	Inverclyde AC		Y
18	129	16:37	Jason Kane	M35	Inverclyde AC		Y
19	585	16:42	Matthew O'Brien	Guest	Kilbarchan AAC		Y
20	28	16:55	Paul Monaghan	M50	Greenock Glenpark	Y	Y
21	52	16:57	Tim Hely	M50	Edinburgh AC	Y	Y
22	10	16:58	Martin Fitchie	M45	Cumbernauld AAC	Y	Y
23	584	16:59	Iain Burns	M40	Shettleston Harriers		Y
24	159	16:59	Craig Brown	M40	Ayr Seaforth		Y
25	21	16:59	Mark King	M50	Cambuslang Harriers	Y	Y
26	56	17:06	David Thom	M60	Cambuslang Harriers	Y	Y
27	41	17:06	Darran Muir	M45	Law & District	Y	Y
28	407	17:06	Bruce Carse	M40	Bellahouston Road Runners		Y
29	507	17:07	Dylan Crawford	Guest	Greenock Glenpark		Y
30	46	17:08	James Austin	M55	Clydesdale Harriers	Y	Y
31	59	17:09	Richard O'Grady	M40	Helensburgh AAC	Y	Y
32	198	17:11	Daniel Doherty	M40	Greenock Glenpark		Y
33	26	17:12	Mark Gallacher	M50	Cambuslang Harriers	Y	Y
34	61	17:13	Jenny Bannerman	W35	Inverness Harriers	Y	Y
35	200	17:14	Stuart Scott	M35			N
36	29	17:16	Chris Mooney	M40	Greenock Glenpark	Y	Y
37	45	17:31	Andrew Norris	M35	Springburn Harriers	Y	Y
38	75	17:32	Craig Shields	M40	Garscube Harriers	Y	Y
39	359	17:36	Daniel Lowe	Guest	Shettleston Harriers		Y
40	509	17:41	Martin Glancy	M35	Cumbernauld AAC		Y
41	132	17:41	Kara Tait	W35	Corstorphine AC		Y
42	17	17:48	David Hogg	M50	Cumbernauld AAC	Y	Y
43	9	17:55	Claire Heasman	W45	Helensburgh AAC	Y	Y
44	11	17:59	Yvonne McNairn	W35	Giffnock North	Y	Y
45	20	18:00	Gavin Morrison	M55	Greenock Glenpark	Y	Y
46	43	18:01	Chris Upson	M55	Cambuslang Harriers	Y	Y

47	39	18:06	Steven Campbell	M45	Greenock Glenpark	Y	Y
48	19	18:12	Charlene McCallum	W35	Shettleston Harriers	Y	Y
49	127	18:14	John Edwards	M45	East Kilbride AC		Y
50	592	18:19	Paul Stoddart	M45	Cumbernauld AAC		Y
51	68	18:21	Fiona Matheson	W60	Falkirk Victoria	Y	Y
52	148	18:23	Jill Cox	W45	Greenock Glenpark		Y
53	587	18:25	Cliff Binning	M35	Cumbernauld AAC		Y
54	190	18:25	Keith Charters	M55	East Kilbride AC		Y
55	162	18:25	Paul McAulay	M40	Greenock Glenpark		Y
56	12	18:30	Gary Lyon	M40	Cambuslang Harriers	Y	Y
57	583	18:32	Mattia Mancinelli	M35	Garscube Harriers		Y
58	570	18:32	Nathan Smit	Guest	Garscube Harriers		Y
59	36	18:35	Sean Casey	M55	Cumbernauld AAC	Y	Y
60	576	18:43	Colin Wylie	M50	Giffnock North		Y
61	158	18:49	Malcolm McLean	M40	Greenock Glenpark		Y
62	67	18:51	Grant Matheson	M60	Falkirk Victoria	Y	Y
63	189	18:52	David Carr	M40	Garscube Harriers		Y
64	57	18:56	Denis Williams	M60	Shettleston Harriers	Y	Y
65	206	18:56	Jill Smylie	W40	Giffnock North		Y
66	209	18:58	Holly Morrison	Guest	Shettleston Harriers		Y
67	77	18:58	Ross McEachern	M55	Cumbernauld AAC	Y	Y
68	594	18:58	Brian O'Reilly	M45	Cumbernauld AAC		Y
69	73	18:59	John Macaskill	M50	Stornoway R & AC	Y	Y
70	65	19:10	Mary Senior	W50	Garscube Harriers	Y	Y
71	191	19:18	Peter Scott	M40	Garscube Harriers		Y
72	497	19:24	Andrew Callan	M50			Y
73	53	19:24	Ruth Fraser-Moodie	W45	Springburn Harriers	Y	Y
74	58	19:35	Gillian Blee	W40	Garscube Harriers	Y	Y
75	7	19:38	Kelly Baillie	W40	East Kilbride AC	Y	Y
76	47	19:41	Hilary Carswell	W50	Giffnock North	Y	Y
77	74	19:45	Gerry Connelly	M50	Calderglen Harriers	Y	Y
78	408	19:58	Bobby Hill	Guest	Law & District		Y
79	199	19:59	Fergus McClafferty	M50			N
80	578	20:12	Eilidh Fitzgibbon	Guest	Garscube Harriers		Y
81	37	20:13	Danny McLaughlin	M60	Greenock Glenpark	Y	Y
82	589	20:18	John Murray	M45	Garscube Harriers		Y
83	566	20:18	Christine Neill	W35	Law & District		Y
84	656	20:33	Kara Rafferty	W35	Garscube Harriers		N
85	55	20:39	Craig Brown	M50	Garscube Harriers	Y	Y
86	35	20:59	Anthony McGale	M50	Garscube Harriers	Y	Y
87	580	21:06	Ian Brown	M65	Helensburgh AAC	Y	Y
88	596	21:08	Calum Sinclair	M40	Bellahouston Road Runners		Y
89	44	21:08	Scott Hunter	M45	Cambuslang Harriers	Y	Y
90	657	21:08	Laura Gray	W40	Garscube Harriers		Y
91	38	21:12	Andy Law	M65	Victoria Park CoG	Y	Y
92	146	21:20	John Hendry	M60	Cumbernauld AAC		Y
93	595	21:28	Derek Esson	M55	Falkirk Victoria		Y
94	598	21:32	Shona Donnelly	W55	Giffnock North	Y	Y
95	590	21:35	David Thomson	M55			N
96	572	21:40	Gordon King	M65	Helensburgh AAC		Y

97	559	21:41	Morven Glennie	Guest	Airdrie Harriers		Y
98	63	21:50	Norman Baillie	M75	Garscube Harriers	Y	Y
99	70	21:55	Marie McChord	W60	Kirkintilloch Olympians	Y	Y
100	593	21:58	Alan Dick	M55	Garscube Harriers		Y
101	60	22:00	Paul McKendry	M60	Clydesdale Harriers	Y	Y
102	188	22:10	Lauren Cairley	Guest			N
103	597	22:11	Sarah Oliver	W35	Bellahouston Road Runners		Y
104	564	22:12	Robin McAuslan	M60	Greenock Glenpark		Y
105	586	22:12	Kevin McPhillips	M45	Calderglen Harriers		Y
106	62	22:12	Kathryn Scott	W60	Garscube Harriers	Y	Y
107	591	22:27	Franco Gianotti	M65			N
108	72	22:44	Graeme Haddow	M60	East Kilbride AC	Y	Y
109	577	22:48	Graeme Little	M45	Garscube Harriers		Y
110	574	22:51	Pauline Doherty	W50	Springburn Harriers		Y
111	582	22:57	Tomoyo Fujiwara	W50	Bellahouston Road Runners		Y
112	207	23:12	Erica Christie	W65	Cambuslang Harriers		Y
113	599	23:19	Alison Rutherford	W35	Garscube Harriers		Y
114	79	23:27	Sandy Eaglesham	M70	Cambuslang Harriers	Y	Y
115	64	23:31	Lesley Corr	W50	Springburn Harriers	Y	Y
116	71	24:07	Joe Chambers	M35	Springburn Harriers	Y	Y
117	8	24:17	Ada Stewart	W55	Kirkintilloch Olympians	Y	Y
118	48	24:22	Barbara Knox	W60	Springburn Harriers	Y	Y
119	658	24:28	Anna Bogucki	M40	Springburn Harriers		N
120	23	24:52	Peter Ogden	M70	Cambuslang Harriers	Y	Y
121	66	25:19	Alan Hill	M70	Springburn Harriers	Y	Y
122	80	26:16	Russell Couper	M55	Calderglen Harriers	Y	Y
123	145	27:16	Stuart Irvine	M75	Garscube Harriers		Y
124	69	28:01	Stephen Cullen	M65	Garscube Harriers	Y	Y
125	131	29:12	Angus Stewart	M70			Y
126	706	29:26	Colin Simpson	M65	Scotia RWC	Y	Y
127	575	29:45	Frank Doherty	M50	Springburn Harriers		N
128	130	30:15	Ray Loughran	M65	Shettleston Harriers		N
129	76	30:20	Shirley MacNab	W55	Kirkintilloch Olympians	Y	Y
130	40	31:15	Gillian Phillips	W50	Cumbernauld AAC	Y	Y
131	700	31:58	Colin Scott	M60	York RWC		Y
132	49	32:08	John Softley	M70	Bellahouston Harriers	Y	Y
133	702	36:38	Gerard McConnell	M60	Scotia RWC	Y	Y
134	704	37:03	Shirley Simpson	W65	Scotia RWC		N
135	701	39:17	Kenny Farmer	M60	Scotia RWC		N
136	705	43:27	Linda Brown	W70	Scotia RWC		N