

Team No.	1st Runner				2nd Runner				3rd Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
1	Rosie Conroy	1	10:19.00	10:19.00	Lois Macrae	1	8:52.00	19:11	Katie Meek	1	9:14.00	28:25	IHAAC 1st GOLD
3	Annie English	2	10:24.00	10:24.00	Kirsty Muir	4	11:48.00	22:12	Isla Rutter	6	11:30.00	33:42	IHAAC 2
2	Lucy Beastall	3	10:25.00	10:25.00	Sky Simpson	3	10:12.00	20:37	Anna Cairns	3	10:18.00	30:55	IHAAC 3rd BRONZE
7	Hollie Steele	4	10:50.00	10:50.00	Emma Steel	5	11:59.00	22:49	Jessica Needs	5	9:42.00	32:31	PETERHEAD AC
13	Naomi Ferris	5	11:02.00	11:02.00	Abbie Stewart	2	9:20.00	20:22	Kyla McMurdo	2	10:04.00	30:26	SRAC 2nd SILVER
12	Marley MacDonald	6	11:56.00	11:56.00	Rowan Reid	7	11:35.00	23:31	Emilly Murray	7	10:20.00	33:51	SRAC
11	Alice Reid	7	12:06.00	12:06.00	Sarah MacLeod	9	13:19.00	25:25	Maya Macaskill	9	11:09.00	36:34	SRAC
9	Erin Gordon	8	12:27.00	12:27.00	Daisy Hendry	8	11:07.00	23:34	Emily Bell	8	10:46.00	34:20	RCAC
10	Aila MacLean	9	12:37.00	12:37.00	Amelie Robinson	11	13:40.00	26:17	Morag Lynch	10	11:48.00	38:05	RCAC
8	Isla Young	10	12:44.00	12:44.00	Flora Sutherland	6	10:14.00	22:58	Caitlyn Heggie	4	9:00.00	31:58	RCAC
6	Josie Byers	11	12:46.00	12:46.00	Hayley Curran	10	12:56.00	25:42	Jess Macpherson	11	12:55.00	38:37	NAAC

Anna Meek IHAAC	NC	10:08.00
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**FASTEST LAP**

Lois Macrae	1	8:52.00
Caitlyn Heggie	2	9:00.00
Katie Meek	3	9:14.00

## NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2022 - YOUNG MALE TEAM RESULTS

Team No.	1st Runner				2nd Runner				3rd Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
19	Rowan Schiller	1	9:45.00	9:45.00	Andrew Baird	1	7:50.00	17:35	Ali Young	1	8:56.00	26:31	RCAC 1st GOLD
23	Ruairidh Macphail	2	9:53.00	9:53.00	Hector Neally	4	9:18.00	19:11	Iain Mathieson	5	8:57.00	28:08	SRAC
22	Sam Maclean	3	9:59.00	9:59.00	Jamie MacGruer	5	9:58.00	19:57	Goege Ross	6	9:01.00	28:58	RCAC
15	Ewan Thompson	4	10:08.00	10:08.00	Callum Thompson	6	9:14.00	19:22	Vadym Shevchenko	3	8:20.00	27:42	IHAAC 3rd BRONZE
20	Calum Crawford	5	10:12.00	10:12.00	Lachlan Thomas	2	8:20.00	18:32	Noah Carson	2	8:27.00	26:59	RCAC 2nd SILVER
17	Darren Green	6	10:18.00	10:18.00	Hunter Richardson	8	10:22.00	20:40	Al Jenkins	9	10:14.00	30:54	MRR
21	Ewen MacDonald	7	10:24.00	10:24.00	Callum Duffy	3	8:42.00	19:06	Kaedean Thomas	4	8:39.00	27:45	RCAC
25	Daniel Reid	8	10:40.00	10:40.00	Stuart Mackay	7	9:56.00	20:36	Andrew Macaskill	8	10:15.00	30:51	SRAC
24	James Anderson	9	10:51.00	10:51.00	Reresh Shestha	10	10:20.00	21:11	Euan Flett	10	9:47.00	30:58	SRAC
16	Daniel McNeill	10	11:09.00	11:09.00	Jack Henderson	9	9:43.00	20:52	Caleb MacLeod	7	8:42.00	29:34	IHAAC

Ruairidh Cowan SRAC	NC	10:37.00
Ben Dyer SRAC	NC	10:34.00
Kenneth Stewart SRAC	NC	9:51.00

### FASTEST LAP

Andrew Baird	1	7:50.00
Vadym Shevchenko / Lachlan Thomas	2	8:20.00
Noah Carson	3	8:27.00

NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2022 - SENIOR/U20 & MASTERS FEMALE TEAM RESULTS

Team No.	1st Runner				2nd Runner				3rd Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
43	Kayleigh Oats	1	13:52.00	13:52.00	Michelle Slater	2	15:51.00	29:43	Susan McNairney	3	15:12.00	44:55	Moray Road Runners A - 3rd Senior Bronze
37	Katie Slimon	2	14:48.00	14:48.00	Erin McFadden	1	14:55.00	29:43	Kirstie Rogan	1	13:39.00	43:22	Highland Hill Runners 1st Senior Gold
39	Julie Hoyle	3	15:02.00	15:02.00	Elizabeth Kerr	3	15:36.00	30:38	Emma Muray	2	14:05.00	44:43	JSK A - 2nd Senior Silver
28	Siobhan Evans	4	15:34.00	15:34.00	Hilary Cameron	4	15:59.00	31:33	Susan McRitchie	4	16:17.00	47:50	Forres Harriers Masters A - 1st Masters Gold
29	Carrie-Ann Ward	5	16:23.00	16:23.00	Paula Boon	7	17:31.00	33:54	Frances Britain	9	17:55.00	51:49	Forres Harriers Masters B - 2nd Master Silver
40	Amanda Stewart	6	16:28.00	16:28.00	Nicola Ley	8	18:35.00	35:03	Chloe Sangster	6	15:47.00	50:50	JSK B
44	Grace Jenkins	7	16:47.00	16:47.00	Hannah Stephen	6	16:58.00	33:45	Kayleigh Edwards	5	16:31.00	50:16	Moray Road Runners B
30	Jackie Nicol	8	17:00.00	17:00.00	Ros Wright	12	19:03.00	36:03	Frances Russell	14	20:37.00	56:40	Forres Harriers Masters C
31	Elspeth Jenkins	9	17:21.00	17:21.00	Anne Hewes	10	17:53.00	35:14	Linda Smith	11	18:42.00	53:56	Moray Road Runners Masters A
35	Linda McGee	10	17:27.00	17:27.00	Barbara-Ann Needs	11	18:02.00	35:29	Susan Strachan	10	17:31.00	53:00	Peterhead AC - 3rd Masters Bronze
36	Carol Massie	11	17:46.00	17:46.00	Morag Thompson	9	17:27.00	35:13	Grace Rennie	8	16:00.00	51:13	Fraserburgh RC
45	Rhoda Kennedy	12	17:59.00	17:59.00	Chloe MacDonald	5	15:38.00	33:37	Lorna Stanger	7	17:31.00	51:08	North Highland Harriers
34	Susanne Stewart	13	18:54.00	18:54.00	Jennifer Saunders	15	18:25.00	37:19	Maureen Mackie	12	18:05.00	55:24	Nairn Road Runners
32	Sally Bruce	14	19:02.00	19:02.00	Gillian MacAllan	13	17:24.00	36:26	Amanda Strang	13	19:59.00	56:25	Moray Road Runners Masters B
42	Abi Lyall	15	19:09.00	19:09.00	Carole Napier	14	17:41.00	36:50	NC				NC
41	Jilly Pirie	16	24:58.00	24:58.00	Rachel Paterson	16	19:30.00	44:28	Morag Murray	15	20:59.00	01:05:27	JSK C

FASTEST LAP

Kayleigh Oats	1	13:52.00
Kirstie Rogan	2	13:39.00
Emma Muray	3	14:05.00

SCOTTISH ATHLETICS NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2021 NAIRN LINKS - SENIOR/U20 + MASTERS MEN TEAM RESULTS

Team No.	1st Runner				2nd Runner				3rd Runner				4th Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
62	Kenny Wilson	1	11:12.00	11:12	Matt Blunden	2	11:55.00	23:07	Ben Livesey	2	11:37.00	34:44	James Wilson	2	11:55.00	46:39	Moray Road Runners A - 2nd Senior Silver
59	Stephen Mackay	2	11:20.00	11:20	Angus Smith	1	11:46.00	23:06	Lucas Cairns	1	11:32.00	34:38	Luke Davidson	1	11:38.00	46:16	Inverness Harriers AAC - 1st Senior Gold
57	Bruce Evans	3	12:16.00	12:16	Jordan Bower	9	15:30.00	27:46	Grant Symon	10	16:49.00	44:35	Colin Hall	9	14:58.00	59:33	Forres Harriers
58	James Slimon	4	12:19.00	12:19	Jacques Fiette	3	13:34.00	25:53	Fraser Mackintosh	5	13:54.00	39:47	Javier Cabrera Valdes	4	12:50.00	52:37	Highland Hill Runners
60	Matthew Dailey	5	12:22.00	12:22	Chris Robb	6	14:31.00	26:53	Stephen Simpson	7	14:40.00	41:33	James Rayne	7	13:29.00	55:02	JSK RC A
51	Gareth Jenkins	6	12:41.00	12:41	Stephen Carmichael	5	13:50.00	26:31	John Anderson	4	13:02.00	39:33	Colin Green	5	13:56.00	53:29	Moray Road Runners Masters A - 2nd Masters Silver
66	Ryan Mackenzie	7	13:09.00	13:09	Eoin Coull	4	12:50.00	25:59	Wullie Nicolson	3	13:25.00	39:24	Robbie Paterson	3	12:33.00	51:57	Highland Hill Runners Masters A - Senior Bronze + 1st Masters Gold
69	Martin Reid	8	13:31.00	13:31	Tom Roche	7	13:52.00	27:23	Alan Wilson	8	14:20.00	41:43	Ross Barnes	8	13:37.00	55:20	JSK RC Masters - 3rd Masters Bronze
63	Andrew Rogan	9	13:36.00	13:36	Kevin Morice	8	14:00.00	27:36	Willie Stewart	6	13:14.00	40:50	Phil Dennis	6	13:46.00	54:36	Moray Road Runners B
52	Graham Stephen	10	14:18.00	14:18	Euan Cantlie	11	15:03.00	29:21	Col Cumming	11	16:10.00	45:31	Andy Alexander	11	15:06.00	01:00:37	Moray Road Runners Masters B
64	David Slockey	11	14:22.00	14:22	David Spencer	12	15:34.00	29:56	Kevin Cormack	9	13:20.00	43:16	Dean Brown	10	17:13.00	01:00:29	North Highland Harriers
55	Richard Masson	12	14:58.00	14:58	Graham Steele	10	14:19.00	29:17	Andrew Davidson	13	17:40.00	46:57	Dave Fraser	12	13:53.00	01:00:50	Peterhead AC
67	Steve Popple	13	15:52.00	15:52	Richard Chatburn	13	15:50.00	31:42	Sandy Mackenzie	12	14:37.00	46:19	Dougie MacDonald	13	15:03.00	01:01:22	Highland Hill Runners Masters B
53	Stephen Donaghy	14	15:56.00	15:56	Kevin Douglas	14	15:55.00	31:51	Simon MacDonald	14	15:54.00	47:45	NC				Moray Road Runners Masters C
61	Eric Simpson	15	16:00.00	16:00	Gavin Milne	15	16:48.00	32:48	Greg Cruickshank	15	16:35.00	49:23	NC				JSK RC B
54	Grant Stewart	16	16:46.00	16:46	David Burton	16	21:45.00	38:31	Stuart Thompson	16	14:25.00	52:56	NC				Nairn Road Runners

FASTEST LAP

Kenny Wilson	1	11:12.00
Stephen Mackay	2	11:20.00
Lucas Cairns	3	11:32.00