

## NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2022 - YOUNG FEMALE TEAM RESULTS

Team No.	1st Runner				2nd Runner				3rd Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
1	Rosie Conroy	1	10:19.00	10:19.00	Lois Macrae	1	8:52.00	19:11	Katie Meek	1	9:14.00	28:25	IHAAC 1st GOLD
13	Naomi Ferris	5	11:02.00	11:02.00	Abbie Stewart	2	9:20.00	20:22	Kyla McMurdo	2	10:04.00	30:26	SRAC 2nd SILVER
2	Lucy Beastall	3	10:25.00	10:25.00	Sky Simpson	3	10:12.00	20:37	Anna Cairns	3	10:18.00	30:55	IHAAC 3rd BRONZE
8	Isla Young	10	12:44.00	12:44.00	Flora Sutherland	6	10:14.00	22:58	Caitlyn Heggie	4	9:00.00	31:58	RCAC
7	Hollie Steele	4	10:50.00	10:50.00	Emma Steel	5	11:59.00	22:49	Jessica Needs	5	9:42.00	32:31	PETERHEAD AC
3	Annie English	2	10:24.00	10:24.00	Kirsty Muir	4	11:48.00	22:12	Isla Rutter	6	11:30.00	33:42	IHAAC 2
12	Marley MacDonald	6	11:56.00	11:56.00	Rowan Reid	7	11:35.00	23:31	Emilly Murray	7	10:20.00	33:51	SRAC
9	Erin Gordon	8	12:27.00	12:27.00	Daisy Hendry	8	11:07.00	23:34	Emily Bell	8	10:46.00	34:20	RCAC
11	Alice Reid	7	12:06.00	12:06.00	Sarah MacLeod	9	13:19.00	25:25	Maya Macaskill	9	11:09.00	36:34	SRAC
10	Aila MacLean	9	12:37.00	12:37.00	Amelie Robinson	11	13:40.00	26:17	Morag Lynch	10	11:48.00	38:05	RCAC
6	Josie Byers	11	12:46.00	12:46.00	Hayley Curran	10	12:56.00	25:42	Jess Macpherson	11	12:55.00	38:37	NAAC

Anna Meek IHAAC	NC	10:08.00
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### FASTEST LAP

Lois Macrae	1	8:52.00
Caitlyn Heggie	2	9:00.00
Katie Meek	3	9:14.00

	FASTEST LAP (ANY AG ORDER)	
1	Lois Macrae	08:52
2	Caitlyn Heggie	09:00
3	Katie Meek	09:14
4	Abbie Stewart	09:20
5	Jessica Needs	09:42
6	Kyla McMurdo	10:04
7	Anna Meek	10:08
8	Sky Simpson	10:12
9	Flora Sutherland	10:14
10	Anna Cairns	10:18
11	Rosie Conroy	10:19
12	Emilly Murray	10:20
13	Annie English	10:24
14	Lucy Beastall	10:25
15	Emily Bell	10:46
16	Hollie Steele	10:50
17	Naomi Ferris	11:02

	FASTEST LAP (ANY AG ORDER)	
18	Daisy Hendry	11:07
19	Maya Macaskill	11:09
20	Isla Rutter	11:30
21	Rowan Reid	11:35
22	Kirsty Muir	11:48
23	Morag Lynch	11:48
24	Marley MacDonald	11:56
25	Emma Steel	11:59
26	Alice Reid	12:06
27	Erin Gordon	12:27
28	Aila MacLean	12:37
29	Isla Young	12:44
30	Josie Byers	12:46
31	Jess Macpherson	12:55
32	Hayley Curran	12:56
33	Sarah MacLeod	13:19
34	Amelie Robinson	13:40

## NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2022 - YOUNG MALE TEAM RESULTS

Team No.	1st Runner				2nd Runner				3rd Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
19	Rowan Schiller	1	9:45.00	9:45.00	Andrew Baird	1	7:50.00	17:35	Ali Young	1	8:56.00	26:31	RCAC 1st GOLD
20	Calum Crawford	5	10:12.00	10:12.00	Lachlan Thomas	2	8:20.00	18:32	Noah Carson	2	8:27.00	26:59	RCAC 2nd SILVER
15	Ewan Thompson	4	10:08.00	10:08.00	Callum Thompson	6	9:14.00	19:22	Vadym Shevchenko	3	8:20.00	27:42	IHAAC 3rd BRONZE
21	Ewen MacDonald	7	10:24.00	10:24.00	Callum Duffy	3	8:42.00	19:06	Kaedeane Thomas	4	8:39.00	27:45	RCAC
23	Ruairidh Macphail	2	9:53.00	9:53.00	Hector Neally	4	9:18.00	19:11	Iain Mathieson	5	8:57.00	28:08	SRAC
22	Sam Maclean	3	9:59.00	9:59.00	Jamie MacGruer	5	9:58.00	19:57	Goerge Ross	6	9:01.00	28:58	RCAC
16	Daniel McNeill	10	11:09.00	11:09.00	Jack Henderson	9	9:43.00	20:52	Caleb MacLeod	7	8:42.00	29:34	IHAAC
25	Daniel Reid	8	10:40.00	10:40.00	Stuart Mackay	7	9:56.00	20:36	Andrew Macaskill	8	10:15.00	30:51	SRAC
17	Darren Green	6	10:18.00	10:18.00	Hunter Richardson	8	10:22.00	20:40	Al Jenkins	9	10:14.00	30:54	MRR
24	James Anderson	9	10:51.00	10:51.00	Repeh Shestha	10	10:20.00	21:11	Euan Flett	10	9:47.00	30:58	SRAC

Ruairidh Cowan SRAC	NC	10:37.00
Ben Dyer SRAC	NC	10:34.00
Kenneth Stewart SRAC	NC	9:51.00

### FASTEST LAP

Andrew Baird	1	7:50.00
Vadym Shevchenko / Lachlan Thomas	2	8:20.00
Noah Carson	3	8:27.00

FASTEST LAP (ANY AG ORDER)		
1	Andrew Baird	07:50
2	Vadym Shevchenko	08:20
3	Lachlan Thomas	08:20
4	Noah Carson	08:27
5	Kaedeane Thomas	08:39
6	Caleb MacLeod	08:42
7	Callum Duffy	08:42
8	Ali Young	08:56
9	Iain Mathieson	08:57
10	Goerge Ross	09:01
11	Callum Thompson	09:14
12	Hector Neally	09:18
13	Jack Henderson	09:43
14	Rowan Schiller	09:45
15	Euan Flett	09:47
16	Kenneth Stewart SRAC	09:51

FASTEST LAP (ANY AG ORDER)		
17	Ruairidh Macphail	09:53
18	Stuart Mackay	09:56
19	Jamie MacGruer	09:58
20	Sam Maclean	09:59
21	Ewan Thompson	10:08
22	Calum Crawford	10:12
23	Al Jenkins	10:14
24	Andrew Macaskill	10:15
25	Darren Green	10:18
26	Repeh Shestha	10:20
27	Hunter Richardson	10:22
28	Ewen MacDonald	10:24
29	Ben Dyer SRAC	10:34
30	Ruairidh Cowan SRAC	10:37
31	Daniel Reid	10:40
32	James Anderson	10:51
33	Daniel McNeill	11:09

### NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2022 - SENIOR/U20 & MASTERS FEMALE TEAM RESULTS

Team No.	1st Runner				2nd Runner				3rd Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
37	Katie Slimon	2	14:48.00	14:48.00	Erin McFadden	1	14:55.00	29:43	Kirstie Rogan	1	13:39.00	43:22	Highland Hill Runners 1st Senior Gold
39	Julie Hoyle	3	15:02.00	15:02.00	Elizabeth Kerr	3	15:36.00	30:38	Emma Muray	2	14:05.00	44:43	JSK A - 2nd Senior Silver
43	Kayleigh Oats	1	13:52.00	13:52.00	Michelle Slater	2	15:51.00	29:43	Susan McNairney	3	15:12.00	44:55	Moray Road Runners A - 3rd Senior Bronze
28	Siobhan Evans	4	15:34.00	15:34.00	Hilary Cameron	4	15:59.00	31:33	Susan McRitchie	4	16:17.00	47:50	Forres Harriers Masters A - 1st Masters Gold
44	Grace Jenkins	7	16:47.00	16:47.00	Hannah Stephen	6	16:58.00	33:45	Kayleigh Edwards	5	16:31.00	50:16	Moray Road Runners B
40	Amanda Stewart	6	16:28.00	16:28.00	Nicola Ley	8	18:35.00	35:03	Chloe Sangster	6	15:47.00	50:50	JSK B
45	Rhoda Kennedy	12	17:59.00	17:59.00	Chloe MacDonald	5	15:38.00	33:37	Lorna Stanger	7	17:31.00	51:08	North Highland Harriers
36	Carol Massie	11	17:46.00	17:46.00	Morag Thompson	9	17:27.00	35:13	Grace Rennie	8	16:00.00	51:13	Fraserburgh RC
29	Carrie-Ann Ward	5	16:23.00	16:23.00	Paula Boon	7	17:31.00	33:54	Frances Britain	9	17:55.00	51:49	Forres Harriers Masters B - 2nd Master Silver
35	Linda McGee	10	17:27.00	17:27.00	Barbara-Ann Needs	11	18:02.00	35:29	Susan Strachan	10	17:31.00	53:00	Peterhead AC - 3rd Masters Bronze
31	Elspeth Jenkins	9	17:21.00	17:21.00	Anne Hewes	10	17:53.00	35:14	Linda Smith	11	18:42.00	53:56	Moray Road Runners Masters A
34	Susanne Stewart	13	18:54.00	18:54.00	Jennifer Saunders	15	18:25.00	37:19	Maureen Mackie	12	18:05.00	55:24	Nairn Road Runners
32	Sally Bruce	14	19:02.00	19:02.00	Gillian MacAllan	13	17:24.00	36:26	Amanda Strang	13	19:59.00	56:25	Moray Road Runners Masters B
30	Jackie Nicol	8	17:00.00	17:00.00	Ros Wright	12	19:03.00	36:03	Frances Russell	14	20:37.00	56:40	Forres Harriers Masters C
41	Jilly Pirie	16	24:58.00	24:58.00	Rachel Paterson	16	19:30.00	44:28	Morag Murray	15	20:59.00	01:05:27	JSK C
42	Abi Lyall	15	19:09.00	19:09.00	Carole Napier	14	17:41.00	36:50	NC				NC

FASTEST LAP (ANY AG ORDER)		
1	Kirstie Rogan	13:39
2	Kayleigh Oats	13:52
3	Emma Muray	14:05
4	Katie Slimon	14:48
5	Erin McFadden	14:55
6	Julie Hoyle	15:02
7	Susan McNairney	15:12
8	Siobhan Evans	15:34
9	Elizabeth Kerr	15:36
10	Chloe MacDonald	15:38
11	Chloe Sangster	15:47
12	Michelle Slater	15:51
13	Hilary Cameron	15:59
14	Grace Rennie	16:00
15	Susan McRitchie	16:17
16	Carrie-Ann Ward	16:23
17	Amanda Stewart	16:28
18	Kayleigh Edwards	16:31
19	Grace Jenkins	16:47
20	Hannah Stephen	16:58
21	Jackie Nicol	17:00
22	Elspeth Jenkins	17:21
23	Gillian MacAllan	17:24
24	Linda McGee	17:27
25	Morag Thompson	17:27
26	Paula Boon	17:31
27	Susan Strachan	17:31
28	Lorna Stanger	17:31
29	Carole Napier	17:41

FASTEST LAP (ANY AG ORDER)		
30	Carol Massie	17:46
31	Anne Hewes	17:53
32	Frances Britain	17:55
33	Rhoda Kennedy	17:59
34	Barbara-Ann Needs	18:02
35	Maureen Mackie	18:05
36	Jennifer Saunders	18:25
37	Nicola Ley	18:35
38	Linda Smith	18:42
39	Susanne Stewart	18:54
40	Sally Bruce	19:02
41	Ros Wright	19:03
42	Abi Lyall	19:09
43	Rachel Paterson	19:30
44	Amanda Strang	19:59
45	Frances Russell	20:37
46	Morag Murray	20:59
47	Jilly Pirie	24:58

FASTEST LAP		
Kirstie Rogan	1	13:39.00
Kayleigh Oats	2	13:52.00
Emma Muray	3	14:05.00

SCOTTISH ATHLETICS NORTH DISTRICT XC RELAY CHAMPIONSHIPS 2021 NAIRN LINKS - SENIOR/U20 + MASTERS MEN TEAM RESULTS

Team No.	1st Runner				2nd Runner				3rd Runner				4th Runner				Club
	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	Name	Position	Runner time	Finish time	
59	Stephen Mackay	2	11:20.00	11:20	Angus Smith	1	11:46.00	23:06	Lucas Cairns	1	11:32.00	34:38	Luke Davidson	1	11:38.00	46:16	Inverness Harriers AAC - 1st Senior Gold
62	Kenny Wilson	1	11:12.00	11:12	Matt Blunden	2	11:55.00	23:07	Ben Livesey	2	11:37.00	34:44	James Wilson	2	11:55.00	46:39	Moray Road Runners A - 2nd Senior Silver
66	Ryan Mackenzie	7	13:09.00	13:09	Eoin Coull	4	12:50.00	25:59	Wullie Nicolson	3	13:25.00	39:24	Robbie Paterson	3	12:33.00	51:57	Highland Hill Runners Masters A - Senior Bronze + 1st Masters Gold
58	James Slimon	4	12:19.00	12:19	Jacques Fiette	3	13:34.00	25:53	Fraser Mackintosh	5	13:54.00	39:47	Javier Cabrera Valdes	4	12:50.00	52:37	Highland Hill Runners
51	Gareth Jenkins	6	12:41.00	12:41	Stephen Carmichael	5	13:50.00	26:31	John Anderson	4	13:02.00	39:33	Colin Green	5	13:56.00	53:29	Moray Road Runners Masters A - 2nd Masters Silver
63	Andrew Rogan	9	13:36.00	13:36	Kevin Morice	8	14:00.00	27:36	Willie Stewart	6	13:14.00	40:50	Phil Dennis	6	13:46.00	54:36	Moray Road Runners B
60	Matthew Dailey	5	12:22.00	12:22	Chris Robb	6	14:31.00	26:53	Stephen Simpson	7	14:40.00	41:33	James Rayne	7	13:29.00	55:02	JSK RC A
69	Martin Reid	8	13:31.00	13:31	Tom Roche	7	13:52.00	27:23	Alan Wilson	8	14:20.00	41:43	Ross Barnes	8	13:37.00	55:20	JSK RC Masters - 3rd Masters Bronze
57	Bruce Evans	3	12:16.00	12:16	Jordan Bower	9	15:30.00	27:46	Grant Symon	10	16:49.00	44:35	Colin Hall	9	14:58.00	59:33	Forres Harriers
64	David Slockey	11	14:22.00	14:22	David Spencer	12	15:34.00	29:56	Kevin Cormack	9	13:20.00	43:16	Dean Brown	10	17:13.00	01:00:29	North Highland Harriers
52	Graham Stephen	10	14:18.00	14:18	Euan Cantile	11	15:03.00	29:21	Col Cumming	11	16:10.00	45:31	Andy Alexander	11	15:06.00	01:00:37	Moray Road Runners Masters B
55	Richard Masson	12	14:58.00	14:58	Graham Steele	10	14:19.00	29:17	Andrew Davidson	13	17:40.00	46:57	Dave Fraser	12	13:53.00	01:00:50	Peterhead AC
67	Steve Popple	13	15:52.00	15:52	Richard Chatburn	13	15:50.00	31:42	Sandy Mackenzie	12	14:37.00	46:19	Dougie MacDonald	13	15:03.00	01:01:22	Highland Hill Runners Masters B
53	Stephen Donaghy	14	15:56.00	15:56	Kevin Douglas	14	15:55.00	31:51	Simon MacDonald	14	15:54.00	47:45	NC				Moray Road Runners Masters C
61	Eric Simpson	15	16:00.00	16:00	Gavin Milne	15	16:48.00	32:48	Greg Cruickshank	15	16:35.00	49:23	NC				JSK RC B
54	Grant Stewart	16	16:46.00	16:46	David Burton	16	21:45.00	38:31	Stuart Thompson	16	14:25.00	52:56	NC				Nairn Road Runners

FASTEST LAP (ANY AG ORDER)	
1	Kenny Wilson 11:12
2	Stephen Mackay 11:20
3	Lucas Cairns 11:32
4	Ben Livesey 11:37
5	Luke Davidson 11:38
6	Angus Smith 11:46
7	James Wilson 11:55
8	Matt Blunden 11:55
9	Bruce Evans 12:16
10	James Slimon 12:19
11	Matthew Dailey 12:22
12	Robbie Paterson 12:33
13	Gareth Jenkins 12:41
14	Javier Cabrera Valdes 12:50
15	Eoin Coull 12:50
16	John Anderson 13:02
17	Ryan Mackenzie 13:09
18	Willie Stewart 13:14
19	Kevin Cormack 13:20
20	Wullie Nicolson 13:25
21	James Rayne 13:29
22	Martin Reid 13:31
23	Jacques Fiette 13:34
24	Andrew Rogan 13:36
25	Ross Barnes 13:37
26	Phil Dennis 13:46
27	Stephen Carmichael 13:50
28	Tom Roche 13:52
29	Dave Fraser 13:53
30	Fraser Mackintosh 13:54

FASTEST LAP (ANY AG ORDER)	
31	Colin Green 13:56
32	Kevin Morice 14:00
33	Graham Stephen 14:18
34	Graham Steele 14:19
35	Alan Wilson 14:20
36	David Slockey 14:22
37	Stuart Thompson 14:25
38	Chris Robb 14:31
39	Sandy Mackenzie 14:37
40	Stephen Simpson 14:40
41	Colin Hall 14:58
42	Richard Masson 14:58
43	Dougie MacDonald 15:03
44	Euan Cantile 15:03
45	Andy Alexander 15:06
46	Jordan Bower 15:30
47	David Spencer 15:34
48	Richard Chatburn 15:50
49	Steve Popple 15:52
50	Simon MacDonald 15:54
51	Kevin Douglas 15:55
52	Stephen Donaghy 15:56
53	Eric Simpson 16:00
54	Col Cumming 16:10
55	Greg Cruickshank 16:35
56	Grant Stewart 16:46
57	Gavin Milne 16:48
58	Grant Symon 16:49
59	Dean Brown 17:13
60	Andrew Davidson 17:40
61	David Burton 21:45

FASTEST LAP		
Kenny Wilson	1	11:12
Stephen Mackay	2	11:20
Lucas Cairns	3	11:32