

U11 Boys

Pos	Time	No	Runner	Cat	Club Name
1	06:17	52	Logan McNulty	U11	Giffnock North AC
2	06:37	47	Cory McConville	U11	Giffnock North AC
3	06:40	49	Evan Tyler	U11	Giffnock North AC
4	07:01	44	Adam Tortelano	U11	Giffnock North AC
5	07:04	61	Charlie Lyne	U11	Inverclyde AC
6	07:06	53	Noah Sluman	U11	Giffnock North AC
7	07:10	63	Matthew Gerrard	U11	Inverclyde AC
8	07:28	46	Christopher Snowden	U11	Giffnock North AC
9	07:34	65	Fergus McKie	U11	Kilbarchan AAC
10	07:34	59	Jack Campbell	U11	Greenock Glenpark Harriers
11	07:53	60	Shane Devlin	U11	Inverclyde AC
12	07:55	55	Owen Wilson	U11	Giffnock North AC
13	07:59	50	Finlay Shennan	U11	Giffnock North AC
14	08:18	62	Sol Currie	U11	Inverclyde AC
15	08:31	45	Christopher Cameron	U11	Giffnock North AC
16	08:49	48	Daniel Forrester-Wright	U11	Giffnock North AC
17	08:53	56	Connor Lynch	U11	Giffnock North AC
18	09:19	54	Rory Paddison	U11	Giffnock North AC
19	09:54	58	Zak Dolan	U11	Greenock Glenpark Harriers

U11 Boys Team

Position	Club	Club Cat	Club Points	Points	No	Runner	Runner Cd	Time
1	Giffnock North AC	REN	6	1	52	Logan McNulty	U11	06:17
				2	47	Cory McConville	U11	06:37
				3	49	Evan Tyler	U11	06:40
2	Inverclyde AC	REN	23	5	61	Charlie Lyne	U11	07:04
				7	63	Matthew Gerrard	U11	07:10
				11	60	Shane Devlin	U11	07:53

U11 Girls

Pos	Time	No	Runner	Cat	Club Name
1	07:02	17	Orla Yeates	U11	Giffnock North AC
2	07:09	11	Eva McGroary	U11	Giffnock North AC
3	07:17	32	Emma Nicholson	U11	Kilbarchan AAC
4	07:21	20	Aimee McEleny	U11	Greenock Glenpark Harriers
5	07:25	3	Eilidh Brown	U11	Giffnock North AC
6	07:35	10	Mia McCamon	U11	Giffnock North AC
7	07:38	30	Nuala Munro	U11	Inverclyde AC
8	07:38	4	Eve Cameron	U11	Giffnock North AC
9	07:51	28	Olivia Law	U11	Inverclyde AC
10	07:58	8	Erin Lough	U11	Giffnock North AC
11	08:03	19	Stella McCabe	U11	Greenock Glenpark Harriers
12	08:08	12	Poppy McWilliams	U11	Giffnock North AC
13	08:12	5	Stella Charlecraft	U11	Giffnock North AC
14	08:14	31	Megan Cowan	U11	Kilbarchan AAC
15	08:18	29	Layna Morgan	U11	Inverclyde AC
16	08:18	9	Lotty Martin	U11	Giffnock North AC
17	08:22	1	Isla Caldow	U11	NA
18	08:27	23	Iona Wilson	U11	Inverclyde AC
19	08:30	16	Chloe Simpson	U11	Giffnock North AC
20	08:34	13	Ruby McWilliams	U11	Giffnock North AC
21	08:43	22	Cara McDougall	U11	Inverclyde AC
22	08:46	25	Eve Buchanan	U11	Inverclyde AC
23	08:47	7	Olivia Hannon	U11	Giffnock North AC
24	08:51	26	Leah Kane	U11	Inverclyde AC
25	08:55	18	Orla Trainer	U11	Greenock Glenpark Harriers
26	09:01	2	Aimee Agnew	U11	Giffnock North AC
27	09:44	15	Keira Saez	U11	Giffnock North AC

U11 Girls Team

Position	Club	Club Cat	Club Points	Points	No	Runner	Inner C	Time
1	Giffnock North AC	REN	8	1	17	Orla Yeates	U11	07:02
				2	11	Eva McGrory	U11	07:09
				5	3	Eilidh Brown	U11	07:25
2	Inverclyde AC	REN	31	7	30	Nuala Munro	U11	07:38
				9	28	Olivia Law	U11	07:51
				15	29	Layna Morgan	U11	08:18
3	Greenock Glenpark Harriers	REN	39	4	20	Aimee McEleny	U11	07:21
				11	19	Stella McCabe	U11	08:03
				24	18	Orla Trainer	U11	08:55

U13 Boys

Pos	Time	No	Runner	Cat	Club Name
1	11:04	139	Alistair Street	U13	Kilbarchan AAC
2	11:07	118	Aaron Reid	U13	Giffnock North AC
3	11:10	125	Myles Macauley	U13	Giffnock North AC
4	11:24	120	Ethan Scobie	U13	Giffnock North AC
5	11:26	127	Patrick Fraser	U13	Giffnock North AC
6	11:30	119	Cameron Mitchell	U13	Giffnock North AC
7	11:33	135	Lucas Wagstaff	U13	Inverclyde AC
8	11:51	121	Finlay Laskey	U13	Giffnock North AC
9	11:52	142	Billy McKie	U13	Kilbarchan AAC
10	12:11	137	Ben Roxburgh	U13	Inverclyde AC
11	12:47	123	Louie Muir	U13	Giffnock North AC
12	13:01	117	Nicholas Latto	U13	Ayr SF
13	13:03	141	Oscar Linton	U13	Kilbarchan AAC
14	13:09	131	Cameron Beck	U13	Greenock Glenpark Harriers
15	13:11	122	Joseph Mowat	U13	Giffnock North AC
16	13:39	144	Alex MacGilp	U13	Kilbarchan AAC
17	13:41	124	Luca Saez	U13	Giffnock North AC
18	13:44	140	Lucas Watt	U13	Kilbarchan AAC
19	13:50	138	Rory Munro	U13	Inverclyde AC
20	14:08	143	Richard Forbes	U13	Kilbarchan AAC
21	14:14	128	Johnathon Lamont	U13	Greenock Glenpark Harriers
22	14:19	116	Lucan Marshall-Watt	U13	Ayr SF
23	14:49	134	Jake Reilly	U13	Inverclyde AC

U13 Boys Team

Position	Club	Club Cat	Club Points	Points	No	Runner	Runner Cat	Time
1	Giffnock North AC	REN	9	2	118	Aaron Reid	U13	11:07
				3	125	Myles Macauley	U13	11:10
				4	120	Ethan Scobie	U13	11:24
2	Kilbarchan AAC	REN	22	1	139	Alistair Street	U13	11:04
				9	142	Billy McKie	U13	11:52
				12	141	Oscar Linton	U13	13:03
3	Inverclyde AC	REN	35	7	135	Lucas Wagstaff	U13	11:33
				10	137	Ben Roxburgh	U13	12:11
				18	138	Rory Munro	U13	13:50

13 Girls

Pos	Time	No	Runner	Cat	Club Name
1	11:44	85	Freya Scobie	U13	Giffnock North AC
2	12:13	91	Millie Boothman	U13	Giffnock North AC
3	12:14	80	Eilidh Caldwell	U13	Giffnock North AC
4	12:16	79	April Macauley	U13	Giffnock North AC
5	12:21	78	Aneesa Phillips	U13	Giffnock North AC
6	12:44	76	Jemma Macleod	U13	Cumbernauld AAC
7	12:52	93	Nicole Yates	U13	Giffnock North AC
8	12:56	87	Holly Simpson	U13	Giffnock North AC
9	12:58	83	Eva Saez	U13	Giffnock North AC
10	13:13	94	Sarah McNulty	U13	Giffnock North AC
11	13:18	88	Isabella Wilson	U13	Giffnock North AC
12	13:37	81	Erin Reilly	U13	Giffnock North AC
13	14:03	104	Mairi Nicholson	U13	Kilbarchan AAC
14	14:10	86	Gabriella Amorati	U13	Giffnock North AC
15	14:16	98	Grace Barry	U13	Inverclyde AC
16	14:26	103	Freya Milford	U13	Kilbarchan AAC
17	14:32	100	Pearl Patterson	U13	Inverclyde AC
18	14:35	84	Eve Wilkinson	U13	Giffnock North AC
19	14:37	102	Lucy McLean	U13	Kilbarchan AAC
20	14:45	101	Jessica Kershaw	U13	Inverclyde AC
21	15:25	96	Ava Lyle	U13	Greenock Glenpark Harriers
22	15:43	95	Scarlet Farrell	U13	Greenock Glenpark Harriers
23	15:58	155	Lexie Speirs	U13	Bellahouston Harriers
24	16:08	99	Keira Gregory	U13	Inverclyde AC
25	16:11	97	Nuala Quigley	U13	Greenock Glenpark Harriers
26	18:06	90	Lucy Campbell	U13	Giffnock North AC

U13 Girls Team

Position	Club	Club Cat	Club Points	Points	No	Runner	Inner Co	Time
1	Giffnock North AC	REN	6	1	85	Freya Scobie	U13	11:44
				2	91	Millie Boothman	U13	12:13
				3	80	Eilidh Caldow	U13	12:14
2	Kilbarchan AAC	REN	45	12	104	Mairi Nicholson	U13	14:03
				15	103	Freya Milford	U13	14:26
				18	102	Lucy McLean	U13	14:37
3	Inverclyde AC	REN	49	14	98	Grace Barry	U13	14:16
				16	100	Pearl Patterson	U13	14:32
				19	101	Jessica Kershaw	U13	14:45
4	Greenock Glenpark Harriers	REN	65	20	96	Ava Lyle	U13	15:25
				21	95	Scarlet Farrell	U13	15:43
				24	97	Nuala Quigley	U13	16:11

U15 Boys

Pos	Time	No	Runner	Cat	Club Name
1	10:02	196	Alasdair Nugent	U15	Giffnock North AC
2	10:25	199	Jack Wallace	U15	Giffnock North AC
3	10:47	204	Oliver MacDonald	U15	Giffnock North AC
4	10:56	200	James Mowat	U15	Giffnock North AC
5	11:05	206	Thomas Reay	U15	Giffnock North AC
6	11:08	218	Ian Macpherson	U15	Kilbarchan AAC
7	11:15	194	Alasdair MacLean	U15	Ayr SF
8	11:20	219	Andrew Shorts	U15	Kilbarchan AAC
9	11:23	208	Zac Meiklejohn	U15	Giffnock North AC
10	11:28	201	Lewis Davidson	U15	Giffnock North AC
11	11:29	214	Oliver Wagstaff	U15	Inverclyde AC
12	11:40	198	Cormac Shiels	U15	Giffnock North AC
13	11:46	216	Ryan Fitzpatrick	U15	Kilbarchan AAC
14	11:48	195	Fraser McIntyre	U15	Ayr SF
15	11:50	197	Charlie McAllister	U15	Giffnock North AC
16	11:55	215	Ryan Knights	U15	Kilbarchan AAC
17	12:24	217	Rory McKie	U15	Kilbarchan AAC
18	12:42	224	Rhys Knights	U15	Kilbarchan AAC
19	13:01	220	Ross MacPhillimy	U15	Kilbarchan AAC
20	13:11	223	Lewis Stevenson	U15	Kilbarchan AAC
21	13:13	221	Ruaridh Miller	U15	Kilbarchan AAC

U15 Boys Team

Position	Club	Club Cat	Club Point	Points	No	Runner	Runner Cat	Time
1	Giffnock North AC	REN	6	1	196	Alasdair Nugent	U15	10:02
				2	199	Jack Wallace	U15	10:25
				3	204	Oliver MacDonald	U15	10:47
2	Kilbarchan AAC	REN	25	6	218	Ian Macpherson	U15	11:08
				7	219	Andrew Shorts	U15	11:20
				12	216	Ryan Fitzpatrick	U15	11:46

U15 Girls

Pos	Time	No	Runner	Cat	Club Name
1	10:57	177	Millie McClelland -Brooks	U15	Inverclyde AC
2	11:30	179	Amy Teasdale	U15	Kilbarchan AAC
3	11:39	171	Scarlett Wilson	U15	Giffnock North AC
4	11:42	181	Zara Redmond	U15	Kilbarchan AAC
5	11:56	165	Lauren McPherson	U15	Giffnock North AC
6	12:29	176	Ava Beaton	U15	Inverclyde AC
7	12:46	158	Ella McWilliams	U15	Giffnock North AC
8	13:05	174	Summer Taggart	U15	Greenock Glenpark Harriers
9	13:07	170	Scarlett Cunningham	U15	Giffnock North AC
10	13:09	175	Iris Paterson	U15	Inverclyde AC
11	13:14	163	Isla Munro	U15	Giffnock North AC
12	13:22	162	Hazel O'Donoghue	U15	Giffnock North AC
13	13:38	167	Lucy O'Donoghue	U15	Giffnock North AC
14	13:38	183	Poppy Bowers	U15	Kilbarchan AAC
15	13:51	159	Ellie Stewart	U15	Giffnock North AC
16	14:08	173	Erin McEleny	U15	Greenock Glenpark Harriers
17	14:48	161	Hannah Sluman	U15	Giffnock North AC
18	15:04	172	Maria McCabe	U15	Greenock Glenpark Harriers
19	16:03	166	Lexie Martin	U15	Giffnock North AC
20	20:12	160	Gabrielle Paddison	U15	Giffnock North AC

U15 Girls Team

Position	Club	Club Cat	Club Points	Points	No	Runner	Runner C	Time
1	Giffnock North AC	REN	15	3	171	Scarlett Wilson	U15	11:39
				5	165	Lauren McPherson	U15	11:56
				7	158	Ella McWilliams	U15	12:46
2	Inverclyde AC	REN	17	1	177	Millie McClelland -Brooks	U15	10:57
				6	176	Ava Beaton	U15	12:29
				10	175	Iris Paterson	U15	13:09
3	Kilbarchan AAC	REN	20	2	179	Amy Teasdale	U15	11:30
				4	181	Zara Redmond	U15	11:42
				14	183	Poppy Bowers	U15	13:38
4	Greenock Glenpark Harriers	REN	42	8	174	Summer Taggart	U15	13:05
				16	173	Erin McEleny	U15	14:08
				18	172	Maria McCabe	U15	15:04

U17 Men

Pos	Time	No	Runner	Cat	Club Name
1	16:18	261	Luke Lindsay	U17	Kilbarchan AAC
2	16:23	250	Cameron Green	U17	Giffnock North AC
3	16:45	263	Josh McKinley	U17	Kilbarchan AAC
4	16:51	254	Mathew Cox	U17	Giffnock North AC
5	16:54	252	Josh Adams	U17	Giffnock North AC
6	17:55	257	Jude Dolan	U17	Greenock Glenpark Harriers
7	18:03	253	Josh Kenny	U17	Giffnock North AC
8	18:41	251	James Leaf	U17	Giffnock North AC
9	18:47	249	Conor Scobie	U17	Ayr SF
10	19:22	259	Keir Arthur	U17	Inverclyde AC
11	19:25	260	Ollie Peacock	U17	Kilbarchan AAC
12	24:46	262	Samuel Wylie	U17	Kilbarchan AAC

U17 Men Team

Position	Club	Club Cat	Club Points	Points	No	Runner	Runner Cat	Time
1	Giffnock North AC	REN	11	2	250	Cameron Green	U17	16:23
				4	254	Mathew Cox	U17	16:51
				5	252	Josh Adams	U17	16:54
2	Kilbarchan AAC	REN	14	1	261	Luke Lindsay	U17	16:18
				3	263	Josh McKinley	U17	16:45
				10	260	Ollie Peacock	U17	19:25

U17 Women

Pos	Time	No	Runner	Cat	Club Name
1	17:54	237	Hannah Ryding	U17	Giffnock North AC
2	21:05	241	Ruby McGill	U17	Greenock Glenpark Harriers
3	22:30	240	Megan Smith	U17	Giffnock North AC
4	22:33	239	Kiara Meiklejohn	U17	Giffnock North AC

U17 Women Team

Position	Club	Club Cat	Club Point	Points	No	Runner	Runner Cat	Time
1	Giffnock North AC	REN	8	1	237	Hannah Ryding	U17	17:54
				3	240	Megan Smith	U17	22:30
				4	239	Kiara Meiklejohn	U17	22:33

SEN Men

Pos	Time	No	Runner	Cat	Club Name
1	25:19	508	Johnny Glenn	SEN	Inverclyde AC
2	25:28	507	Gregor Yates	SEN	Inverclyde AC
3	25:44	520	Robbie Ferguson	SEN	Kilbarchan AAC
4	26:09	401	Tony Connelly	Sen	Bellahouston Road Runners
5	26:11	503	Ryan Gray	SEN	Inverclyde AC
6	26:17	385	Jack Arnold	SEN	Bellahouston Harriers
7	26:28	526	Finlay Murray	SEN	Inverness
8	26:37	442	Ross Good	SEN	Giffnock North AC
9	26:53	393	Iain Carroll	V40	Bellahouston Harriers
10	27:25	410	Bryan Mulgrew	Sen	Bellahouston Road Runners
11	27:30	512	Pete Tucker	V40	Inverclyde AC
12	27:31	395	Scott Mason	V40	Bellahouston Harriers
13	27:32	525	Craig Shields	SEN	Garscube Harriers
14	27:33	501	Josh Law	U20	Inverclyde AC
15	27:44	486	Paul Monaghan	V50	Greenock Glenpark Harriers
16	27:47	408	Alan Moss	Sen	Bellahouston Road Runners
17	27:57	411	Grant Murphy	Sen	Bellahouston Road Runners
18	28:02	388	David Mackintosh	SEN	Bellahouston Harriers
19	28:38	478	Andrew Osborne	V40	Greenock Glenpark Harriers
20	28:39	413	Lewis Roberts	Sen	Bellahouston Road Runners
21	28:44	452	Andrew McCall	SEN	Greenock Glenpark Harriers
22	28:56	390	Stuart Miller	SEN	Bellahouston Harriers
23	28:57	502	Dylan Crawford	SEN	Inverclyde AC
24	28:58	476	Kev Craig	V40	Greenock Glenpark Harriers
25	29:35	386	Paul Clawson	SEN	Bellahouston Harriers
26	29:43	457	Michael Joseph McLoone	SEN	Greenock Glenpark Harriers
27	29:48	441	Jordan Orr	SEN	Giffnock North AC
28	29:50	406	Stuart Laurence	Sen	Bellahouston Road Runners
29	30:03	469	Steven Campbell	V40	Greenock Glenpark Harriers
30	30:05	437	Alastair Stables	SEN	Giffnock North AC
31	30:10	467	Daniel Doherty	V40	Greenock Glenpark Harriers
32	30:15	384	Duncan Anderson	SEN	Bellahouston Harriers
33	30:21	387	Calum Ferguson	SEN	Bellahouston Harriers
34	30:32	522	Ryan Waldron	V40	Kilbarchan AAC
35	30:38	412	Iain Murphy	Sen	Bellahouston Road Runners
36	30:39	391	Lee Shaw	SEN	Bellahouston Harriers
37	30:41	418	Alan Digweed	V40	Bellahouston Road Runners
38	30:45	519	Suleiman Niven	SEN	Kilbarchan AAC
39	30:47	456	Gordon Hepburn	SEN	Greenock Glenpark Harriers
40	30:49	514	Thomas Jamieson	V40	Inverclyde AC
41	30:50	515	Alan Callan	V40	Inverclyde AC
42	30:59	447	Shaun Wiseman	U20	Greenock Glenpark Harriers
43	31:11	491	Michael McLoone	V50	Greenock Glenpark Harriers
44	31:14	417	Andy Whiteford	Sen	Bellahouston Road Runners
45	31:15	474	Owen Atkinson	V40	Greenock Glenpark Harriers
46	31:15	404	Fraser Kelly	Sen	Bellahouston Road Runners
47	31:24	419	Barry Edwards	V40	Bellahouston Road Runners
48	31:33	407	Jimmy McGreevy	Sen	Bellahouston Road Runners
49	31:37	414	Jamie Robinson	Sen	Bellahouston Road Runners

50	31:41	439	Andrew Holloway	SEN	Giffnock North AC
51	31:43	446	Rob Crusher	V50	Giffnock North AC
52	31:46	471	Robert Dolan	V40	Greenock Glenpark Harriers
53	31:59	428	John MacKenzie	V50	Bellahouston Road Runners
54	32:09	432	Gerry Scullion	V50	Bellahouston Road Runners
55	32:17	425	Kenny Crawford	V50	Bellahouston Road Runners
56	32:21	470	Duncan Anderson	V40	Greenock Glenpark Harriers
57	32:25	392	Paul Burningham	V40	Bellahouston Harriers
58	32:26	400	Chris Allan	Sen	Bellahouston Road Runners
59	32:28	489	John Stevenson	V50	Greenock Glenpark Harriers
60	32:38	497	Campbell Cromar	V50	Greenock Glenpark Harriers
61	32:48	479	Craig Hyslop	V40	Greenock Glenpark Harriers
62	32:49	403	Ed Holland	Sen	Bellahouston Road Runners
63	32:49	455	Ross Morrison	SEN	Greenock Glenpark Harriers
64	33:07	423	Martin McNulty	V40	Bellahouston Road Runners
65	33:11	382	Iain Pettigrew	V50	Ayr SF
66	33:15	477	David Holmes	V40	Greenock Glenpark Harriers
67	33:20	494	Eric lindsay	V50	Greenock Glenpark Harriers
68	33:49	421	Robert MacLeod	V40	Bellahouston Road Runners
69	34:09	415	Blair Roden	Sen	Bellahouston Road Runners
70	34:11	498	Graham McGrattan	V60	Greenock Glenpark Harriers
71	34:30	465	Stephen Harrison	V40	Greenock Glenpark Harriers
72	34:34	426	Tom Ferris	V50	Bellahouston Road Runners
73	34:37	496	Graeme Boyce	V50	Greenock Glenpark Harriers
74	34:47	435	Frans Roelofse	V60	Bellahouston Road Runners
75	34:51	480	Colin McKnight	V40	Greenock Glenpark Harriers
76	34:54	424	Alejo Rodriguez	V40	Bellahouston Road Runners
77	34:55	434	Allon Galbraith	V60	Bellahouston Road Runners
78	34:55	420	Dave Ferguson	V40	Bellahouston Road Runners
79	34:58	433	Kev Queenan	V50	Bellahouston Road Runners
80	35:21	449	Gary Keogh	SEN	Greenock Glenpark Harriers
81	35:43	458	Matthew Deegan	SEN	Greenock Glenpark Harriers
82	35:44	524	Alan Dick	V50	Clydesdale Harriers
83	35:45	448	Callum Gorry	SEN	Greenock Glenpark Harriers
84	35:56	492	Gavin Morrison	V50	Greenock Glenpark Harriers
85	35:56	493	Alan O'Rourke	V50	Greenock Glenpark Harriers
86	35:59	499	John Mckee	V60	Greenock Glenpark Harriers

Sen Men Team

Position	Club	Club Cat	Club Point	Points	No	Runner	Runner Ca	Time
1	Inverclyde AC	REN	51	1	508	Johnny Glenn	SEN	25:19
				2	507	Gregor Yates	SEN	25:28
				5	503	Ryan Gray	SEN	26:11
				10	512	Pete Tucker	V40	27:30
				12	501	Josh Law	U20	27:33
				21	502	Dylan Crawford	SEN	28:57
2	Bellahouston Harriers	REN	84	6	385	Jack Arnold	SEN	26:17
				8	393	Iain Carroll	V40	26:53
				11	395	Scott Mason	V40	27:31
				16	388	David Mackintosh	SEN	28:02
				20	390	Stuart Miller	SEN	28:56
				23	386	Paul Clawson	SEN	29:35
3	Bellahouston Road Runners	REN	86	4	401	Tony Connelly	Sen	26:09
				9	410	Bryan Mulgrew	Sen	27:25
				14	408	Alan Moss	Sen	27:47
				15	411	Grant Murphy	Sen	27:57
				18	413	Lewis Roberts	Sen	28:39
				26	406	Stuart Laurence	Sen	29:50
4	Greenock Glenpark Harriers	REN	122	13	486	Paul Monaghan	V50	27:44
				17	478	Andrew Osborne	V40	28:38
				19	452	Andrew McCall	SEN	28:44
				22	476	Kev Craig	V40	28:58
				24	457	Michael Joseph McLoon	SEN	29:43
				27	469	Steven Campbell	V40	30:03

SEN Women

Pos	Time	No	Runner	Cat	Club Name
1	29:17	358	Nynke Mulholland	SEN	Inverclyde AC
2	30:09	357	Meredith Reid	U20	Inverclyde AC
3	31:12	292	Rebekah Russell	Sen	Bellahouston Road Runners
4	32:22	312	Rhona Mowat	SEN	Giffnock North AC
5	33:25	298	Emer Campbell	V40	Bellahouston Road Runners
6	34:19	314	Emily Crusher	SEN	Giffnock North AC
7	35:05	337	Marian Monk	V40	Greenock Glenpark Harriers
8	35:33	307	Claire Wharton	V50	Bellahouston Road Runners
9	35:38	334	Lorna Mitchell	V40	Greenock Glenpark Harriers
10	35:39	321	Sheila Lewis	V50	Giffnock North AC
11	36:31	331	Lyndsey Hunter	V40	Greenock Glenpark Harriers
12	36:39	271	Rebecca Simister	SEN	Bellahouston Harriers
13	36:46	277	Claire McCormick	V50	Bellahouston Harriers
14	37:26	320	Claire Culley	V40	Giffnock North AC
15	37:28	290	Charlotte Parkinson	Sen	Bellahouston Road Runners
16	37:38	311	Kirsten O'Donoghue	U20	Giffnock North AC
17	37:56	270	Alison Mackenzie	SEN	Bellahouston Harriers
18	38:03	335	Lynne Harrison	V40	Greenock Glenpark Harriers
19	38:20	273	Claire Fitzsimmonds	V40	Bellahouston Harriers
20	38:37	317	Caroline Munro	V40	Giffnock North AC
21	38:50	360	Melissa McCallum	SEN	Kilbarchan AAC
22	38:53	289	Ruth McKelvie	Sen	Bellahouston Road Runners
23	38:53	342	Heather Lafferty	V40	Greenock Glenpark Harriers
24	39:23	310	Pauline Wright	V50	Bellahouston Road Runners
25	39:32	282	Hayley Drysdale	Sen	Bellahouston Road Runners
26	39:38	281	Camilla Cunningham	Sen	Bellahouston Road Runners
27	39:39	295	Laura Wilkinson	Sen	Bellahouston Road Runners
28	39:43	297	Anne Campbell	V40	Bellahouston Road Runners
29	39:43	285	Emily Jackson	Sen	Bellahouston Road Runners
30	39:45	274	Nikkie Ritchie	V40	Bellahouston Harriers
31	39:58	275	Stephanie Rudd	V40	Bellahouston Harriers
32	39:59	304	Barbara Wilson	V40	Bellahouston Road Runners
33	40:00	347	Terri Wall	V50	Greenock Glenpark Harriers
34	40:09	287	Kirsty Macfarlane	Sen	Bellahouston Road Runners
35	40:13	296	Fiona Birrell	V40	Bellahouston Road Runners
36	40:50	328	Lynsey Mooney	SEN	Greenock Glenpark Harriers
37	40:52	291	Caoimhe Quill	Sen	Bellahouston Road Runners
38	40:53	327	Olivia Devine	SEN	Greenock Glenpark Harriers
39	40:54	276	Christine Mackay	V50	Bellahouston Harriers
40	40:56	325	Karen Tullett	SEN	Greenock Glenpark Harriers
41	41:04	309	Roz Wilson	V50	Bellahouston Road Runners
42	41:15	343	Lisa Boonsanong	V40	Greenock Glenpark Harriers
43	41:20	280	Husna Begum	Sen	Bellahouston Road Runners
44	42:17	341	Claire Monaghan	V40	Greenock Glenpark Harriers
45	42:52	361	Sarah Jane Whalen	V40	SPS AAC
46	42:58	284	Kirsten Gabert	Sen	Bellahouston Road Runners
47	43:17	306	Louise Gray	V50	Bellahouston Road Runners
48	43:21	308	Shirley Wieland	V50	Bellahouston Road Runners
49	43:38	286	Catherine Laurence	Sen	Bellahouston Road Runners

50	44:19	349	Fiona Cushnaghan	V50	Greenock Glenpark Harriers
51	44:37	330	Kirstin Arthur	V40	Greenock Glenpark Harriers
52	44:39	326	Lynsey McLaughlin	SEN	Greenock Glenpark Harriers
53	44:44	323	Jennifer Boyd	SEN	Greenock Glenpark Harriers
54	44:47	288	Frances McGreevy	Sen	Bellahouston Road Runners
55	45:12	279	Linda Wood	V50	Bellahouston Harriers
56	45:13	338	Nathalie Smith	V40	Greenock Glenpark Harriers
57	45:14	352	Eileen Stevenson	V50	Greenock Glenpark Harriers
58	45:24	305	Lynne Goldie	V50	Bellahouston Road Runners
59	45:30	322	Caroline Sharpe	SEN	Greenock Glenpark Harriers
60	45:58	278	Anne Williamson	V50	Bellahouston Harriers
61	47:43	351	Sandra devine	V50	Greenock Glenpark Harriers
62	48:22	332	Helen Crawford	V40	Greenock Glenpark Harriers
63	48:32	348	Julie Smith	V50	Greenock Glenpark Harriers
64	48:35	350	Angela Nelson	V50	Greenock Glenpark Harriers
65	48:45	344	Grace Campbell	V50	Greenock Glenpark Harriers
66	50:00	355	Charlotte McKay	V60	Greenock Glenpark Harriers
67	51:18	346	mary robinson	V50	Greenock Glenpark Harriers
68	54:42	345	Margaret Bryce	V50	Greenock Glenpark Harriers
69	54:42	333	June Anne McKnight	V40	Greenock Glenpark Harriers

SEN Women Team

Position	Club	Club Cat	Club Points	Points	No	Runner	Runner Cat	Time
1	Bellahouston Road Runners	REN	16	3	292	Rebekah Russell	Sen	31:12
				5	298	Emer Campbell	V40	33:25
				8	307	Claire Wharton	V50	35:33
2	Giffnock North AC	REN	20	4	312	Rhona Mowat	SEN	32:22
				6	314	Emily Crusher	SEN	34:19
				10	321	Sheila Lewis	V50	35:39
3	Greenock Glenpark Harriers	REN	27	7	337	Marian Monk	V40	35:05
				9	334	Lorna Mitchell	V40	35:38
				11	331	Lyndsey Hunter	V40	36:31
4	Bellahouston Harriers	REN	42	12	271	Rebecca Simister	SEN	36:39
				13	277	Claire McCormick	V50	36:46
				17	270	Alison Mackenzie	SEN	37:56

Women Age Cate.

Category	Rank	Time	Overall	No	Runner	Club	Dist
F-U20	1	30:09	32	357	Meredith Reid	Inverclyde AC	REN
F-U20	2	37:38	110	311	Kirsten O'Donoghue	Giffnock North AC	REN
F-SEN	1	29:17	25	358	Nynke Mulholland	Inverclyde AC	REN
F-Sen	2	31:12	46	292	Rebekah Russell	Bellahouston Road Runners	REN
F-SEN	3	32:22	60	312	Rhona Mowat	Giffnock North AC	REN
F-SEN	4	34:19	76	314	Emily Crusher	Giffnock North AC	REN
F-SEN	5	36:39	103	271	Rebecca Simister	Bellahouston Harriers	REN
F-Sen	6	37:28	109	290	Charlotte Parkinson	Bellahouston Road Runners	REN
F-SEN	7	37:56	111	270	Alison Mackenzie	Bellahouston Harriers	REN
F-SEN	8	38:50	116	360	Melissa McCallum	Kilbarchan AAC	REN
F-Sen	9	38:53	117	289	Ruth McKelvie	Bellahouston Road Runners	REN
F-Sen	10	39:32	120	282	Hayley Drysdale	Bellahouston Road Runners	REN
F-Sen	11	39:38	121	281	Camilla Cunningham	Bellahouston Road Runners	REN
F-Sen	12	39:39	122	295	Laura Wilkinson	Bellahouston Road Runners	REN
F-Sen	13	39:43	124	285	Emily Jackson	Bellahouston Road Runners	REN
F-Sen	14	40:09	131	287	Kirsty Macfarlane	Bellahouston Road Runners	REN
F-SEN	15	40:50	134	328	Lynsey Mooney	Greenock Glenpark Harriers	REN
F-Sen	16	40:52	135	291	Caoimhe Quill	Bellahouston Road Runners	REN
F-SEN	17	40:53	136	327	Olivia Devine	Greenock Glenpark Harriers	REN
F-SEN	18	40:56	138	325	Karen Tullett	Greenock Glenpark Harriers	REN
F-Sen	19	41:20	141	280	Husna Begum	Bellahouston Road Runners	REN
F-Sen	20	42:58	148	284	Kirsten Gabert	Bellahouston Road Runners	REN
F-Sen	21	43:38	153	286	Catherine Laurence	Bellahouston Road Runners	REN
F-SEN	22	44:39	156	326	Lynsey McLaughlin	Greenock Glenpark Harriers	REN
F-SEN	23	44:44	157	323	Jennifer Boyd	Greenock Glenpark Harriers	REN
F-Sen	24	44:47	158	288	Frances McGreevy	Bellahouston Road Runners	REN
F-SEN	25	45:30	163	322	Caroline Sharpe	Greenock Glenpark Harriers	REN
F-V40	1	33:25	72	298	Emer Campbell	Bellahouston Road Runners	REN
F-V40	2	35:05	86	337	Marian Monk	Greenock Glenpark Harriers	REN
F-V40	3	35:38	89	334	Lorna Mitchell	Greenock Glenpark Harriers	REN
F-V40	4	36:31	101	331	Lyndsey Hunter	Greenock Glenpark Harriers	REN
F-V40	5	37:26	108	320	Claire Culley	Giffnock North AC	REN
F-V40	6	38:03	112	335	Lynne Harrison	Greenock Glenpark Harriers	REN
F-V40	7	38:20	113	273	Claire Fitzsimmonds	Bellahouston Harriers	REN
F-V40	8	38:37	115	317	Caroline Munro	Giffnock North AC	REN
F-V40	9	38:53	118	342	Heather Lafferty	Greenock Glenpark Harriers	REN
F-V40	10	39:43	123	297	Anne Campbell	Bellahouston Road Runners	REN
F-V40	11	39:45	125	274	Nikkie Ritchie	Bellahouston Harriers	REN
F-V40	12	39:58	127	275	Stephanie Rudd	Bellahouston Harriers	REN
F-V40	13	39:59	128	304	Barbara Wilson	Bellahouston Road Runners	REN
F-V40	14	40:13	132	296	Fiona Birrell	Bellahouston Road Runners	REN
F-V40	15	41:15	140	343	Lisa Boonsanong	Greenock Glenpark Harriers	REN
F-V40	16	42:17	144	341	Claire Monaghan	Greenock Glenpark Harriers	REN
F-V40	17	42:52	147	361	Sarah Jane Whalen	SPS AAC	Open
F-V40	18	44:37	155	330	Kirstin Arthur	Greenock Glenpark Harriers	REN

F-V40	19	45:13	160	338	Nathalie Smith	Greenock Glenpark Harriers	REN
F-V40	20	48:22	167	332	Helen Crawford	Greenock Glenpark Harriers	REN
F-V40	21	54:42	175	333	June Anne McKnight	Greenock Glenpark Harriers	REN
F-V50	1	35:33	88	307	Claire Wharton	Bellahouston Road Runners	REN
F-V50	2	35:39	90	321	Sheila Lewis	Giffnock North AC	REN
F-V50	3	36:46	104	277	Claire McCormick	Bellahouston Harriers	REN
F-V50	4	39:23	119	310	Pauline Wright	Bellahouston Road Runners	REN
F-V50	5	40:00	129	347	Terri Wall	Greenock Glenpark Harriers	REN
F-V50	6	40:54	137	276	Christine Mackay	Bellahouston Harriers	REN
F-V50	7	41:04	139	309	Roz Wilson	Bellahouston Road Runners	REN
F-V50	8	43:17	150	306	Louise Gray	Bellahouston Road Runners	REN
F-V50	9	43:21	151	308	Shirley Wieland	Bellahouston Road Runners	REN
F-V50	10	44:19	154	349	Fiona Cushnaghan	Greenock Glenpark Harriers	REN
F-V50	11	45:12	159	279	Linda Wood	Bellahouston Harriers	REN
F-V50	12	45:14	161	352	Eileen Stevenson	Greenock Glenpark Harriers	REN
F-V50	13	45:24	162	305	Lynne Goldie	Bellahouston Road Runners	REN
F-V50	14	45:58	164	278	Anne Williamson	Bellahouston Harriers	REN
F-V50	15	47:43	166	351	Sandra devine	Greenock Glenpark Harriers	REN
F-V50	16	48:32	169	348	Julie Smith	Greenock Glenpark Harriers	REN
F-V50	17	48:35	170	350	Angela Nelson	Greenock Glenpark Harriers	REN
F-V50	18	48:45	171	344	Grace Campbell	Greenock Glenpark Harriers	REN
F-V50	19	51:18	173	346	mary robinson	Greenock Glenpark Harriers	REN
F-V50	20	54:42	174	345	Margaret Bryce	Greenock Glenpark Harriers	REN
F-V60	1	50:00	172	355	Charlotte McKay	Greenock Glenpark Harriers	REN

Men Age Cate.

Category	Rank	Time	Overall	No	Runner	Club	Dist
M-U20	1	27:33	14	501	Josh Law	Inverclyde AC	REN
M-U20	2	30:59	44	447	Shaun Wiseman	Greenock Glenpark Harriers	REN
M-SEN	18	25:19	1	508	Johnny Glenn	Inverclyde AC	REN
M-SEN	19	25:28	2	507	Gregor Yates	Inverclyde AC	REN
M-SEN	20	25:44	3	520	Robbie Ferguson	Kilbarchan AAC	REN
M-Sen	1	26:09	4	401	Tony Connelly	Bellahouston Road Runners	REN
M-SEN	21	26:11	5	503	Ryan Gray	Inverclyde AC	REN
M-SEN	22	26:17	6	385	Jack Arnold	Bellahouston Harriers	REN
M-SEN	23	26:28	7	526	Finlay Murray	Inverness	Open
M-SEN	24	26:37	8	442	Ross Good	Giffnock North AC	REN
M-Sen	2	27:25	10	410	Bryan Mulgrew	Bellahouston Road Runners	REN
M-SEN	25	27:32	13	525	Craig Shields	Garscube Harriers	Open
M-Sen	3	27:47	16	408	Alan Moss	Bellahouston Road Runners	REN
M-Sen	4	27:57	17	411	Grant Murphy	Bellahouston Road Runners	REN
M-SEN	26	28:02	18	388	David Mackintosh	Bellahouston Harriers	REN
M-Sen	5	28:39	20	413	Lewis Roberts	Bellahouston Road Runners	REN
M-SEN	27	28:44	21	452	Andrew McCall	Greenock Glenpark Harriers	REN
M-SEN	28	28:56	22	390	Stuart Miller	Bellahouston Harriers	REN
M-SEN	29	28:57	23	502	Dylan Crawford	Inverclyde AC	REN
M-SEN	30	29:35	26	386	Paul Clawson	Bellahouston Harriers	REN
M-SEN	31	29:43	27	457	Michael Joseph McLoone	Greenock Glenpark Harriers	REN
M-SEN	32	29:48	28	441	Jordan Orr	Giffnock North AC	REN
M-Sen	6	29:50	29	406	Stuart Laurence	Bellahouston Road Runners	REN
M-SEN	33	30:05	31	437	Alastair Stables	Giffnock North AC	REN
M-SEN	34	30:15	34	384	Duncan Anderson	Bellahouston Harriers	REN
M-SEN	35	30:21	35	387	Calum Ferguson	Bellahouston Harriers	REN
M-Sen	7	30:38	37	412	Iain Murphy	Bellahouston Road Runners	REN
M-SEN	36	30:39	38	391	Lee Shaw	Bellahouston Harriers	REN
M-SEN	37	30:45	40	519	Suleiman Niven	Kilbarchan AAC	REN
M-SEN	38	30:47	41	456	Gordon Hepburn	Greenock Glenpark Harriers	REN
M-Sen	8	31:14	47	417	Andy Whiteford	Bellahouston Road Runners	REN
M-Sen	9	31:15	49	404	Fraser Kelly	Bellahouston Road Runners	REN
M-Sen	10	31:33	51	407	Jimmy McGreevy	Bellahouston Road Runners	REN
M-Sen	11	31:37	52	414	Jamie Robinson	Bellahouston Road Runners	REN
M-SEN	39	31:41	53	439	Andrew Holloway	Giffnock North AC	REN
M-Sen	12	32:26	62	400	Chris Allan	Bellahouston Road Runners	REN
M-Sen	13	32:49	66	403	Ed Holland	Bellahouston Road Runners	REN
M-SEN	40	32:49	67	455	Ross Morrison	Greenock Glenpark Harriers	REN
M-Sen	14	34:09	74	415	Blair Roden	Bellahouston Road Runners	REN
M-SEN	41	35:21	87	449	Gary Keogh	Greenock Glenpark Harriers	REN
M-SEN	42	35:43	91	458	Matthew Deegan	Greenock Glenpark Harriers	REN
M-SEN	43	35:45	93	448	Callum Gorry	Greenock Glenpark Harriers	REN
M-Sen	15	36:12	98	402	Gerard Croser	Bellahouston Road Runners	REN
M-Sen	16	36:51	105	416	Andy Tomlinson	Bellahouston Road Runners	REN
M-Sen	17	38:28	114	409	Martin Muir	Bellahouston Road Runners	REN
M-SEN	44	39:57	126	440	Michael Shields	Giffnock North AC	REN
M-SEN	45	40:05	130	451	Ruari Dunsmuir	Greenock Glenpark Harriers	REN

M-V40	1	26:53	9	393	Iain Carroll	Bellahouston Harriers	REN
M-V40	2	27:30	11	512	Pete Tucker	Inverclyde AC	REN
M-V40	3	27:31	12	395	Scott Mason	Bellahouston Harriers	REN
M-V40	4	28:38	19	478	Andrew Osborne	Greenock Glenpark Harriers	REN
M-V40	5	28:58	24	476	Kev Craig	Greenock Glenpark Harriers	REN
M-V40	6	30:03	30	469	Steven Campbell	Greenock Glenpark Harriers	REN
M-V40	7	30:10	33	467	Daniel Doherty	Greenock Glenpark Harriers	REN
M-V40	8	30:32	36	522	Ryan Waldron	Kilbarchan AAC	REN
M-V40	9	30:41	39	418	Alan Digweed	Bellahouston Road Runners	REN
M-V40	10	30:49	42	514	Thomas Jamieson	Inverclyde AC	REN
M-V40	11	30:50	43	515	Alan Callan	Inverclyde AC	REN
M-V40	12	31:15	48	474	Owen Atkinson	Greenock Glenpark Harriers	REN
M-V40	13	31:24	50	419	Barry Edwards	Bellahouston Road Runners	REN
M-V40	14	31:46	55	471	Robert Dolan	Greenock Glenpark Harriers	REN
M-V40	15	32:21	59	470	Duncan Anderson	Greenock Glenpark Harriers	REN
M-V40	16	32:25	61	392	Paul Burningham	Bellahouston Harriers	REN
M-V40	17	32:48	65	479	Craig Hyslop	Greenock Glenpark Harriers	REN
M-V40	18	33:07	68	423	Martin McNulty	Bellahouston Road Runners	REN
M-V40	19	33:15	70	477	David Holmes	Greenock Glenpark Harriers	REN
M-V40	20	33:49	73	421	Robert MacLeod	Bellahouston Road Runners	REN
M-V40	21	34:30	77	465	Stephen Harrison	Greenock Glenpark Harriers	REN
M-V40	22	34:51	81	480	Colin McKnight	Greenock Glenpark Harriers	REN
M-V40	23	34:54	82	424	Alejo Rodriguez	Bellahouston Road Runners	REN
M-V40	24	34:55	84	420	Dave Ferguson	Bellahouston Road Runners	REN
M-V40	25	36:17	100	473	James Doherty	Greenock Glenpark Harriers	REN
M-V40	26	40:40	133	461	Euan Morrison	Greenock Glenpark Harriers	REN
M-V40	27	42:31	146	463	Lucas Bezian	Greenock Glenpark Harriers	REN
M-V40	28	46:00	165	460	David Carruthers	Greenock Glenpark Harriers	REN
M-V50	1	27:44	15	486	Paul Monaghan	Greenock Glenpark Harriers	REN
M-V50	2	31:11	45	491	Michael McLoone	Greenock Glenpark Harriers	REN
M-V50	3	31:43	54	446	Rob Crusher	Giffnock North AC	REN
M-V50	4	31:59	56	428	John MacKenzie	Bellahouston Road Runners	REN
M-V50	5	32:09	57	432	Gerry Scullion	Bellahouston Road Runners	REN
M-V50	6	32:17	58	425	Kenny Crawford	Bellahouston Road Runners	REN
M-V50	7	32:28	63	489	John Stevenson	Greenock Glenpark Harriers	REN
M-V50	8	32:38	64	497	Campbell Cromar	Greenock Glenpark Harriers	REN
M-V50	9	33:11	69	382	Iain Pettigrew	Ayr SF	Open
M-V50	10	33:20	71	494	Eric lindsay	Greenock Glenpark Harriers	REN
M-V50	11	34:34	78	426	Tom Ferris	Bellahouston Road Runners	REN
M-V50	12	34:37	79	496	Graeme Boyce	Greenock Glenpark Harriers	REN
M-V50	13	34:58	85	433	Kev Queenan	Bellahouston Road Runners	REN
M-V50	14	35:44	92	524	Alan Dick	Clydesdale Harriers	Open
M-V50	15	35:56	94	492	Gavin Morrison	Greenock Glenpark Harriers	REN
M-V50	16	35:56	95	493	Alan O'Rourke	Greenock Glenpark Harriers	REN
M-V50	17	36:10	97	383	Stuart McColm	Ayr SF	Open
M-V50	18	36:14	99	490	Stephen Reid	Greenock Glenpark Harriers	REN
M-V50	19	36:38	102	482	Ross Slater	Greenock Glenpark Harriers	REN
M-V50	20	36:53	106	445	Ian Millar	Giffnock North AC	REN
M-V50	21	41:31	143	430	Henry Merriweather	Bellahouston Road Runners	REN
M-V50	22	42:28	145	481	Jim Brannigan	Greenock Glenpark Harriers	REN

M-V50	23	43:04	149	397	Michael McNamara	Bellahouston Harriers	REN
M-V50	24	43:22	152	398	Michael Meehan	Bellahouston Harriers	REN
M-V50	25	48:32	168	485	Stuart Crawford	Greenock Glenpark Harriers	REN
M-V60	1	34:11	75	498	Graham McGrattan	Greenock Glenpark Harriers	REN
M-V60	2	34:47	80	435	Frans Roelofse	Bellahouston Road Runners	REN
M-V60	3	34:55	83	434	Allon Galbraith	Bellahouston Road Runners	REN
M-V60	4	35:59	96	499	John Mckee	Greenock Glenpark Harriers	REN
M-V60	5	37:16	107	399	Kevin Smith	Bellahouston Harriers	REN
M-V70	1	41:21	142	436	Stevie Bell	Bellahouston Road Runners	REN