

Competition Information for Team Members and Athletes

National Young Athletes Road Race Championships Sunday 20th March 2022

Declarations/Changing

Royal West of Scotland Amateur Boat Club, Esplanade, Greenock. PA16 7SE

Race Venue

Battery Park, Eldon Street, Greenock. PA16 7QG

Directions

From Glasgow - head down the M8 towards Greenock, join the A8 (Greenock Road) and continue onto the A770 heading through Greenock onto Eldon Street until reaching the Greenock Esplanade at the Campbell Street (traffic lights) junction. Turn right at the traffic lights onto the Esplanade and continue along the Esplanade for just over a mile. The Boat Club is at the end on the right hand (river) side.

To reach the Battery Park - continue past the Boat Club turning right onto Eldon Street heading for Gourock - the Park is approximately 800m down the road on the right hand (river) side.

From Ayrshire - through Inverkip on the A78 taking the A770 coast road for Gourock. Continue through Gourock town centre on the A770 heading towards Greenock - the Park is approximately 1mile along the road on the left (river) side.

To reach the Boat Club - continue past the Park for approximately 400m - turn left into the Greenock Esplanade - the Boat Club is immediately on the left (river) side.

Parking

There is ample (street) parking outside the Boat Club and along the Esplanade. Within the Battery Park, parking will be available in the public car park just inside the Park immediately in front of the Skatepark on a 'first come first served' basis, with ample parking also available in several streets adjacent to the Park.

Parking beyond the public car park towards the Battery Park Pavilion will be restricted to scottishathletic race officials and St Andrews First Aid only, with barriers and signs in place accordingly.

Declarations

In the Boat Club from 10am. Preferably Team Managers only please.

Important!

Entered athletes MUST NOT be substituted by non-entered athletes. Non-observance of this leaves the whole field and officials uninsured in the event of an accident, puts the competitor at a health risk as they may be wrongly identified, and makes the results invalid as an historic record.

Changing and Showers

There will be no changing or shower facilities, please come prepared to compete.

Toilets

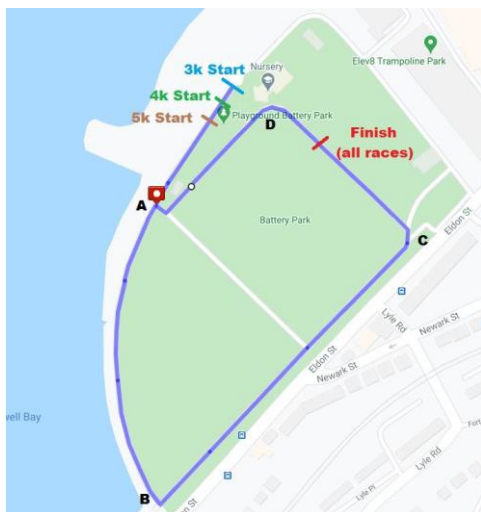
Within the Boat Club, plus public toilets within the Park.

RACE	DECLARATIONS CLOSE	RACE STARTS	DISTANCE
U13 Girls	30 mins before start	11.30	3k (2 full laps + lap 3 to finish)
U13 Boys	“	11.45	3k (2 full laps + lap 3 to finish)
U15 Girls	“	12.00	4k (3 full laps + lap 4 to finish)
U15 Boys	“	12.25	4k (3 full laps + lap 4 to finish)
U17 Women	“	12.50	5k (4 full laps + lap 5 to finish)
U17 Men	“	13.15	5k (4 full laps + lap 5 to finish)

The Course

Consists of varying laps of the park on traffic-free roads.

Athletes are reminded that the Park is open to the public. Please treat other park users with respect: they have just as much right to be there as we do.



U13 3K
Start – ABCDA x 2 – ABC Finish

U15 4K
Start – ABCDA x 3 – ABC Finish

U17 5K
Start – ABCDA x 4 – ABC Finish

Medals

Individual medals will be presented in the Park shortly after each race.

Team medals (3 counters for all teams) will be presented in the Park as soon as the results have been calculated.

First Aid

Will be located near the Start/Finish area.

Club Tents

An area will be dedicated for a limited number of club tents near the Start/Finish area.

Catering

Tea/coffee, rolls and baking etc will be available in the Park.

Queries

On the day, please address queries about the race to the Referee or Chief Timekeeper.

Results

Will be displayed on the windows of the Park Pavilion as soon as they are available, and final results will be posted on the Scottish Athletics website. Any queries about the results should be addressed to the Referee on the day, or to events@scottishathletics.org.uk

Many thanks to all the officials for their invaluable and much-appreciated help, and to Inverclyde Local Athletic Partnership (ILAP) for generously hosting the event.