

## Lindsays scottishathletics National Cross Country Relay Championships

## Young Athletes Female

Scone Palace, Scone

Saturday 23rd October 2021

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	29:58.0	Inverness Harriers AAC #1	10:01	(1)	Lois Macrae (U13)	10:08	(1)	Katie Meek (U15)	09:49	(1)	Anna Cairns (U17)
2	30:09.0	Team East Lothian #1	10:17	(2)	Cerys Wright (U13)	10:27	(4)	Eily Sinclair (U15)	09:25	(2)	Maja Thomson (U17)
3	30:27.0	Giffnock North AC #1	10:39	(5)	Freya Scobie (U13)	09:49	(2)	Freya Campbell (U15)	09:59	(3)	Esme Dougall (U17)
4	30:54.0	Edinburgh AC #1	10:49	(11)	Joanna Hirst (U13)	09:57	(5)	Orlaith Shepherd (U15)	10:08	(4)	Katie Johnson (U17)
5	31:03.0	Garscube Harriers #1	11:01	(19)	Isobel Collingwood (U13)	10:41	(17)	Erin Burnett (U13)	09:21	(5)	Louisa Brown (U17)
6	31:05.0	Corstorphine AAC #1	11:24	(27)	Annie Clarke (U13)	10:06	(12)	Charlotte MacPhie (U15)	09:35	(6)	Olivia Clarke (U17)
7	31:07.0	Glasgow School of Sport #1	10:46	(7)	Millie Gairn (U13)	09:46	(3)	Millie McClelland-Brooks (U15)	10:35	(7)	Katie Slimon (U17)
8	31:11.0	Falkirk Victoria Harriers #1	10:23	(4)	Emily Christie (U13)	10:35	(6)	Lois Cant (U15)	10:13	(8)	Caitlyn Christie (U17)
9	31:25.0	Falkirk Victoria Harriers #2	11:11	(23)	Corri MCGougan (U13)	10:00	(8)	Charlotte Horne (U15)	10:14	(9)	Katie Christie (U17)
10	31:34.0	East Kilbride AC #1	10:47	(8)	Matilda Frew (U13)	10:32	(9)	Rhianna Docherty (U15)	10:15	(10)	Aimee Anderson (U15)
11	31:41.0	Edinburgh AC #2	10:58	(14)	Annabelle Van der Merwe (U13)	10:10	(7)	Jessica Taylor (U15)	10:33	(11)	Anise Macaulay Orr (U17)
12	31:43.0	Gala Harriers #1	11:00	(17)	Kirsty Rankine (U13)	10:26	(10)	Erin Gray (U15)	10:17	(12)	Isla Paterson (U17)
13	31:58.0	Kilbarchan AAC #1	12:01	(44)	Freya Milford (U13)	10:05	(24)	Zara Redmond (U15)	09:52	(13)	Amy Teasdale (U15)
14	31:59.0	Lasswade AC	10:54	(13)	Isla Taylor (U13)	11:01	(23)	Bethan Kitchin (U15)	10:04	(14)	Olivia Meikle (U17)
15	32:11.0	Giffnock North AC #3	11:00	(18)	April Macaulay (U13)	10:39	(14)	Ruth Walsh (U15)	10:32	(15)	Emma McLennan (U17)
16	32:16.0	Giffnock North AC #2	10:48	(10)	Millie Boothman (U13)	10:56	(18)	Scarlett Wilson (U15)	10:32	(16)	Kate Paul (U17)
17	32:35.0	Giffnock North AC #4	10:59	(16)	Amy Gallagher (U13)	10:39	(13)	Lauren McPherson (U15)	10:57	(17)	Katy Donnelly (U15)
18	32:45.0	Falkirk Victoria Harriers #3	10:58	(15)	Josie Anderson (U13)	10:48	(21)	Katie Hedges (U15)	10:59	(18)	Erin Hendry (U17)
19	32:54.0	Law & District AAC #1	11:23	(26)	Olivia Inglis (U13)	10:22	(19)	Jessica Inglis (U15)	11:09	(19)	Fiona Currie (U17)
20	32:55.0	Central AC #1	11:46	(37)	Fia Watkin (U13)	10:56	(34)	Niamh McKinlay (U15)	10:13	(20)	Catriona Kane (U17)
21	32:58.0	Edinburgh AC #3	11:56	(41)	Isla Duncan (U13)	10:39	(31)	Megan McKay (U15)	10:23	(21)	Dashka MacDonald (U15)
22	32:58.0	Pitreavie AAC #1	11:49	(39)	Nieve Hannell (U13)	10:33	(27)	Ariane Baillie (U15)	10:36	(22)	Maya Millar (U17)
23	33:01.0	Aberdeen AAC	11:27	(30)	Olivia Finnes (U13)	10:21	(22)	Abby Farquhar (U15)	11:13	(23)	Kirstin Grant (U17)
24	33:08.0	Ross County AC	11:22	(25)	Lucy Fraser (U13)	10:20	(16)	Caitlyn Heggie (U15)	11:26	(24)	Emily Bell (U17)
25	33:14.0	Inverness Harriers AAC #2	11:25	(28)	Lexi MacLean (U13)	10:20	(20)	Kirsten Burnett (U15)	11:29	(25)	Mara Duffy (U17)
26	33:20.0	Corstorphine AAC #2	12:19	(52)	Lucy Shanks (U13)	10:40	(39)	Eva Cameron (U15)	10:21	(26)	Lauren Doney (U17)
27	33:45.0	Giffnock North AC #5	11:46	(38)	Aneesa Phillips (U13)	11:17	(40)	Ella McWilliams (U15)	10:42	(27)	Mili Macfarlane (U15)
28	33:46.0	Giffnock North AC #6	11:01	(20)	Sarah McNulty (U13)	11:42	(35)	Isla Munro (U15)	11:03	(28)	Hazel O'Donoghue (U15)
29	33:49.0	Giffnock North AC #7	10:43	(6)	Nicole Yates (U13)	11:50	(29)	Lucy O'Donoghue (U15)	11:16	(29)	Saoirse McNulty (U15)
30	33:55.0	Shettleston Harriers #1	12:00	(43)	Daisy Gildea (U13)	10:57	(37)	Katie Woods (U15)	10:58	(30)	Iman Djoudi (U17)
31	34:07.0	Team East Lothian #2	11:27	(31)	Sula Russell (U13)	10:54	(26)	Rachel Stevens (U15)	11:46	(31)	Jessica Bullen (U17)
32	34:12.0	Cambuslang Harriers #1	12:37	(60)	Erin Kearney (U13)	11:21	(46)	Olivia McNicol (U15)	10:14	(33)	Millie Nicholl (U17)
33	34:11.0	Cumbernauld AAC	10:22	(3)	Jemma Macleod (U13)	11:06	(11)	Rebekah Lawman (U15)	12:43	(32)	Iona Davidson (U17)
34	34:21.0	Dundee Hawkhill Harriers #1	10:54	(12)	Zoey Morgan (U13)	11:44	(32)	Grace Cook (U15)	11:43	(34)	Isla Carroll (U17)
35	34:35.0	Springburn Harriers #1	11:37	(33)	Skye Smith (U13)	11:55	(45)	Kirsty MacInnes (U15)	11:03	(35)	Rachel Giffen (U17)
36	34:39.0	Kilbarchan AAC #2	11:53	(40)	Mairi Nicholson (U13)	11:20	(44)	Kirsty Weir (U15)	11:26	(36)	Poppy Bowers (U15)
37	34:39.0	Falkirk Victoria Harriers #4	11:37	(34)	Lily Kimberley (U13)	11:01	(33)	Chloe Davies (U15)	12:01	(37)	Carys Forgie (U15)
38	34:41.0	Glasgow School of Sport #2	11:11	(22)	Eihlenn Gillespie (U13)	11:16	(28)	Caitlin McGeachy (U15)	12:14	(38)	Annie McLean (U15)
39	34:49.0	Fife AC #1	12:17	(51)	Imogen Jarrett (U13)	10:48	(41)	Katie Sandilands (U15)	11:44	(39)	Ruby Russell (U17)
40	34:57.0	Perth Strathtay Harriers	12:27	(57)	Iris Ryan (U13)	11:49	(51)	Lucy Ward (U15)	10:41	(40)	Eilidh Hearn (U15)

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Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
41	35:03.0	East Kilbride AC #2	11:40	(35)	Kara Lindsay (U13)	10:54	(30)	Amy Andrew (U15)	12:29	(41)	Kayleigh Pew (U15)
42	35:08.0	Central AC #2	12:56	(67)	Niamh Caldwell (U13)	11:09	(47)	Carys Gibb (U15)	11:03	(42)	Scarlett Roy (U17)
43	35:17.0	Dundee Hawkhill Harriers #3	11:43	(36)	Juliette Kidd (U13)	11:15	(38)	Zara Kidd (U15)	12:19	(43)	Isabella Passway (U15)
44	35:20.0	Garscube Harriers #2	12:26	(56)	Emma Fox (U13)	12:15	(56)	Skye Dick (U13)	10:39	(44)	Beth Trainer (U17)
45	35:22.0	Dundee Hawkhill Harriers #2	11:06	(21)	Sarah De Villiers (U13)	11:50	(36)	Iris Nicoll (U15)	12:26	(45)	Sophia Graham (U17)
46	35:35.0	Law & District AAC #3	12:49	(64)	Sophie Nelson (U13)	11:27	(50)	Isla Cameron (U13)	11:19	(46)	Yuki Faulds (U17)
47	35:45.0	Ayr Seaforth AC #1	12:51	(66)	Jessica Byers (U13)	11:23	(49)	Iona Stroma Hubbard (U15)	11:31	(47)	Islay Hubbard (U17)
48	35:51.0	Falkirk Victoria Harriers #5	12:24	(54)	Ruth Donaldson (U13)	12:46	(59)	Eve Donaldson (U15)	10:41	(48)	Sarah-Jane Kane (U15)
49	36:08.0	Garscube Harriers #3	13:25	(69)	OLIVIA FREER (U13)	12:08	(62)	Alice Henderson (U15)	10:35	(49)	Amiya Patel (U17)
50	36:32.0	Giffnock North AC #8	12:04	(48)	Rose Costello (U13)	12:22	(55)	Molly Barr (U15)	12:06	(50)	Ellie Stewart (U15)
51	36:48.0	Kilmarnock H&AC #1	12:48	(63)	Miley Carruthers (U13)	12:43	(61)	Mhairi Ballantyne (U15)	11:17	(51)	Ellie Anderson (U17)
52	37:00.0	Edinburgh AC #4	13:27	(70)	Olivia Kelly (U13)	12:29	(65)	Lucy Scott (U13)	11:04	(52)	Molly Kidd (U17)
53	37:07.0	Central AC #3	13:37	(71)	Maisie Beaton (U13)	11:35	(60)	Leah Brown (U15)	11:55	(53)	Millie O'Neill (U17)
54	37:07.0	Shettleston Harriers #2	12:39	(62)	Kate Monaghan (U13)	12:16	(57)	Katie Burns (U15)	12:12	(54)	Jessica Grant (U17)
55	37:09.0	Giffnock North AC #10	12:20	(53)	Beth Adams (U13)	12:05	(54)	Edie Campbell (U13)	12:44	(55)	Eva Cameron (U15)
56	37:16.0	Garscube Harriers #4	14:48	(76)	Ava McBean (U13)	12:10	(71)	Anna MacKay (U15)	10:18	(56)	Chrissie Francis (U17)
57	37:25.0	Law & District AAC #2	13:42	(73)	Lucy Preston (U13)	13:04	(70)	Hannah Jamieson (U13)	10:39	(57)	Alayna McCann (U15)
58	37:26.0	Cambuslang Harriers #3	12:08	(50)	Emma Ritchie (U13)	13:49	(66)	Mollie Mae Scott (U15)	11:29	(58)	Eva Ritchie (U17)
59	37:34.0	Kilbarchan AAC #3	12:02	(46)	Isla Miller (U13)	12:04	(48)	Elizabeth Burke (U15)	13:28	(59)	Kaitlyn Laou (U17)
60	37:59.0	Cambuslang Harriers #2	14:14	(74)	Megan O'Brien (U13)	11:51	(67)	Lucy McGrandle (U15)	11:54	(60)	Eilidh Kennedy (U17)
61	38:56.0	Dundee Hawkhill Harriers #4	12:36	(59)	Simone Imrie (U13)	14:06	(69)	Tilly McLardy (U15)	12:14	(61)	Ruth De Villiers (U15)
62	39:08.0	East Kilbride AC #3	12:04	(49)	Carrie Charters (U13)	13:03	(58)	Erin McGowan (U13)	14:01	(62)	Erin Chapman (U15)
63	41:06.0	Giffnock North AC #11	12:38	(61)	Anna Ross (U13)	13:52	(68)	Anna Campbell (U13)	14:36	(63)	Erin Digby (U15)
64	41:12.0	Law & District AAC #4	15:47	(77)	Holly Wilson (U13)	13:20	(72)	Eilidh Cameron (U13)	12:05	(64)	Ayumi Faulds (U17)
	21:40.0	Inverclyde AC #1	11:19	(24)	Lexie Bremner (U13)	10:21	(15)	Ava Beaton (U15)			
	22:06.0	VP-Glasgow AC	10:47	(9)	Eve Morrison (U13)	11:19	(25)	Anna Elizabeth Ross (U13)			
	23:08.0	Corstorphine AAC #3	12:03	(47)	Olivia Marshall (U13)	11:05	(42)	Alice Mourao (U15)			
	23:10.0	Gala Harriers #2	11:34	(32)	Kacie Brown (U13)	11:36	(43)	Poppy Lunn (U15)			
	24:22.0	Falkirk Victoria Harriers #6	12:26	(55)	Aimee Calder (U13)	11:56	(52)	Lucie Gibson (U15)			
	24:24.0	Kilbarchan AAC #4	12:36	(58)	Lucy McLean (U13)	11:48	(53)	Adele Street (U15)			
	25:46.0	Kirkintilloch Olympians	14:21	(75)	Sarah Kate Wilson (U13)	11:25	(63)	Olivia Mahon (U15)			
	25:53.0	Springburn Harriers #2	12:50	(65)	Niamh Wilson (U13)	13:03	(64)	Ruby Lennon (U15)			
	42:02.0	Giffnock North AC #9	12:02	(45)	Erin Thomson (U13)	30:00	(73)	Megan Smith (U17)			
	11:25.0	Banchory Stonehaven AC	11:25	(29)	Jessica Gunn (U13)						
	11:57.0	Inverclyde AC #2	11:57	(42)	Grace Barry (U13)						
	13:20.0	Kilmarnock H&AC #2	13:20	(68)	Rebecca McNulty (U13)						
	13:38.0	Giffnock North AC #12	13:38	(72)	Eve Wilkinson (U13)						

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YAF Lap Times

Scone Palace, Scone

Pos	Time	Athlete	Club
1	09:21	Louisa Brown (U17)	Garscube Harriers #1
2	09:25	Maja Thomson (U17)	Team East Lothian #1
3	09:35	Olivia Clarke (U17)	Corstorphine AAC #1
4	09:46	Millie McClelland-Brooks (U15)	Glasgow School of Sport #1
5	09:49	Freya Campbell (U15)	Giffnock North AC #1
6	09:49	Anna Cairns (U17)	Inverness Harriers AAC #1
7	09:52	Amy Teasdale (U15)	Kilbarchan AAC #1
8	09:57	Orlaith Shepherd (U15)	Edinburgh AC #1
9	09:59	Esme Dougall (U17)	Giffnock North AC #1
10	10:00	Charlotte Horne (U15)	Falkirk Victoria Harriers #2
11	10:01	Lois Macrae (U13)	Inverness Harriers AAC #1
12	10:04	Olivia Meikle (U17)	Lasswade AC
13	10:05	Zara Redmond (U15)	Kilbarchan AAC #1
14	10:06	Charlotte MacPhie (U15)	Corstorphine AAC #1
15	10:08	Katie Johnson (U17)	Edinburgh AC #1
16	10:08	Katie Meek (U15)	Inverness Harriers AAC #1
17	10:10	Jessica Taylor (U15)	Edinburgh AC #2
18	10:13	Catriona Kane (U17)	Central AC #1
19	10:13	Caitlyn Christie (U17)	Falkirk Victoria Harriers #1
20	10:14	Katie Christie (U17)	Falkirk Victoria Harriers #2
21	10:14	Millie Nicholl (U17)	Cambuslang Harriers #1
22	10:15	Aimee Anderson (U15)	East Kilbride AC #1
23	10:17	Isla Paterson (U17)	Gala Harriers #1
24	10:17	Cerys Wright (U13)	Team East Lothian #1
25	10:18	Chrissie Francis (U17)	Garscube Harriers #4
26	10:20	Caitlyn Heggie (U15)	Ross County AC
27	10:20	Kirsten Burnett (U15)	Inverness Harriers AAC #2
28	10:21	Ava Beaton (U15)	Inverclyde AC #1
29	10:21	Abby Farquhar (U15)	Aberdeen AAC
30	10:21	Lauren Doney (U17)	Corstorphine AAC #2
31	10:22	Jemma Macleod (U13)	Cumbernauld AAC
32	10:22	Jessica Inglis (U15)	Law & District AAC #1
33	10:23	Dashka MacDonald (U15)	Edinburgh AC #3
34	10:23	Emily Christie (U13)	Falkirk Victoria Harriers #1
35	10:26	Erin Gray (U15)	Gala Harriers #1
36	10:27	Eily Sinclair (U15)	Team East Lothian #1
37	10:32	Kate Paul (U17)	Giffnock North AC #2
38	10:32	Emma McLennan (U17)	Giffnock North AC #3
39	10:32	Rhianna Docherty (U15)	East Kilbride AC #1
40	10:33	Anise Macaulay Orr (U17)	Edinburgh AC #2
41	10:33	Ariane Baillie (U15)	Pitreavie AAC #1
42	10:35	Lois Cant (U15)	Falkirk Victoria Harriers #1
43	10:35	Katie Slimon (U17)	Glasgow School of Sport #1
44	10:35	Amiya Patel (U17)	Garscube Harriers #3
45	10:36	Maya Millar (U17)	Pitreavie AAC #1
46	10:39	Alayna McCann (U15)	Law & District AAC #2
47	10:39	Beth Trainer (U17)	Garscube Harriers #2
48	10:39	Lauren McPherson (U15)	Giffnock North AC #4
49	10:39	Ruth Walsh (U15)	Giffnock North AC #3
50	10:39	Freya Scobie (U13)	Giffnock North AC #1

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Pos	Time	Athlete	Club
51	10:39	Megan McKay (U15)	Edinburgh AC #3
52	10:40	Eva Cameron (U15)	Corstorphine AAC #2
53	10:41	Erin Burnett (U13)	Garscube Harriers #1
54	10:41	Sarah-Jane Kane (U15)	Falkirk Victoria Harriers #5
55	10:41	Eilidh Hearn (U15)	Perth Strathtay Harriers
56	10:42	Mili Macfarlane (U15)	Giffnock North AC #5
57	10:43	Nicole Yates (U13)	Giffnock North AC #7
58	10:46	Millie Gairn (U13)	Glasgow School of Sport #1
59	10:47	Eve Morrison (U13)	VP-Glasgow AC
60	10:47	Matilda Frew (U13)	East Kilbride AC #1
61	10:48	Millie Boothman (U13)	Giffnock North AC #2
62	10:48	Katie Hedges (U15)	Falkirk Victoria Harriers #3
63	10:48	Katie Sandilands (U15)	Fife AC #1
64	10:49	Joanna Hirst (U13)	Edinburgh AC #1
65	10:54	Amy Andrew (U15)	East Kilbride AC #2
66	10:54	Zoey Morgan (U13)	Dundee Hawkhill Harriers #1
67	10:54	Rachel Stevens (U15)	Team East Lothian #2
68	10:54	Isla Taylor (U13)	Lasswade AC
69	10:56	Niamh McKinlay (U15)	Central AC #1
70	10:56	Scarlett Wilson (U15)	Giffnock North AC #2
71	10:57	Katy Donnelly (U15)	Giffnock North AC #4
72	10:57	Katie Woods (U15)	Shettleston Harriers #1
73	10:58	Iman Djoudi (U17)	Shettleston Harriers #1
74	10:58	Josie Anderson (U13)	Falkirk Victoria Harriers #3
75	10:58	Annabelle Van der Merwe (U13)	Edinburgh AC #2
76	10:59	Erin Hendry (U17)	Falkirk Victoria Harriers #3
77	10:59	Amy Gallagher (U13)	Giffnock North AC #4
78	11:00	April Macaulay (U13)	Giffnock North AC #3
79	11:00	Kirsty Rankine (U13)	Gala Harriers #1
80	11:01	Isobel Collingwood (U13)	Garscube Harriers #1
81	11:01	Chloe Davies (U15)	Falkirk Victoria Harriers #4
82	11:01	Sarah McNulty (U13)	Giffnock North AC #6
83	11:01	Bethan Kitchin (U15)	Lasswade AC
84	11:03	Rachel Giffen (U17)	Springburn Harriers #1
85	11:03	Hazel O'Donoghue (U15)	Giffnock North AC #6
86	11:03	Scarlett Roy (U17)	Central AC #2
87	11:04	Molly Kidd (U17)	Edinburgh AC #4
88	11:05	Alice Mourao (U15)	Corstorphine AAC #3
89	11:06	Rebekah Lawman (U15)	Cumbernauld AAC
90	11:06	Sarah De Villiers (U13)	Dundee Hawkhill Harriers #2
91	11:09	Carys Gibb (U15)	Central AC #2
92	11:09	Fiona Currie (U17)	Law & District AAC #1
93	11:11	Corri MCGougan (U13)	Falkirk Victoria Harriers #2
94	11:11	Eihlenn Gillespie (U13)	Glasgow School of Sport #2
95	11:13	Kirstin Grant (U17)	Aberdeen AAC
96	11:15	Zara Kidd (U15)	Dundee Hawkhill Harriers #3
97	11:16	Caitlin McGeachy (U15)	Glasgow School of Sport #2
98	11:16	Saoirse McNulty (U15)	Giffnock North AC #7
99	11:17	Ella McWilliams (U15)	Giffnock North AC #5
100	11:17	Ellie Anderson (U17)	Kilmarnock H&AC #1

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Pos	Time	Athlete	Club
101	11:19	Lexie Bremner (U13)	Inverclyde AC #1
102	11:19	Anna Elizabeth Ross (U13)	VP-Glasgow AC
103	11:19	Yuki Faulds (U17)	Law & District AAC #3
104	11:20	Kirsty Weir (U15)	Kilbarchan AAC #2
105	11:21	Olivia McNicol (U15)	Cambuslang Harriers #1
106	11:22	Lucy Fraser (U13)	Ross County AC
107	11:23	Olivia Inglis (U13)	Law & District AAC #1
108	11:23	Iona Stroma Hubbard (U15)	Ayr Seaforth AC #1
109	11:24	Annie Clarke (U13)	Corstorphine AAC #1
110	11:25	Jessica Gunn (U13)	Banchory Stonehaven AC
111	11:25	Olivia Mahon (U15)	Kirkintilloch Olympians
112	11:25	Lexi MacLean (U13)	Inverness Harriers AAC #2
113	11:26	Poppy Bowers (U15)	Kilbarchan AAC #2
114	11:26	Emily Bell (U17)	Ross County AC
115	11:27	Isla Cameron (U13)	Law & District AAC #3
116	11:27	Sula Russell (U13)	Team East Lothian #2
117	11:27	Olivia Dinnes (U13)	Aberdeen AAC
118	11:29	Eva Ritchie (U17)	Cambuslang Harriers #3
119	11:29	Mara Duffy (U17)	Inverness Harriers AAC #2
120	11:31	Islay Hubbard (U17)	Ayr Seaforth AC #1
121	11:34	Kacie Brown (U13)	Gala Harriers #2
122	11:35	Leah Brown (U15)	Central AC #3
123	11:36	Poppy Lunn (U15)	Gala Harriers #2
124	11:37	Lily Kimberley (U13)	Falkirk Victoria Harriers #4
125	11:37	Skye Smith (U13)	Springburn Harriers #1
126	11:40	Kara Lindsay (U13)	East Kilbride AC #2
127	11:42	Isla Munro (U15)	Giffnock North AC #6
128	11:43	Isla Carroll (U17)	Dundee Hawkhill Harriers #1
129	11:43	Juliette Kidd (U13)	Dundee Hawkhill Harriers #3
130	11:44	Grace Cook (U15)	Dundee Hawkhill Harriers #1
131	11:44	Ruby Russell (U17)	Fife AC #1
132	11:46	Aneesha Phillips (U13)	Giffnock North AC #5
133	11:46	Fia Watkin (U13)	Central AC #1
134	11:46	Jessica Bullen (U17)	Team East Lothian #2
135	11:48	Adele Street (U15)	Kilbarchan AAC #4
136	11:49	Lucy Ward (U15)	Perth Strathtay Harriers
137	11:49	Nieve Hannell (U13)	Pitreavie AAC #1
138	11:50	Iris Nicoll (U15)	Dundee Hawkhill Harriers #2
139	11:50	Lucy O'Donoghue (U15)	Giffnock North AC #7
140	11:51	Lucy McGrandle (U15)	Cambuslang Harriers #2
141	11:53	Mairi Nicholson (U13)	Kilbarchan AAC #2
142	11:54	Eilidh Kennedy (U17)	Cambuslang Harriers #2
143	11:55	Millie O'Neill (U17)	Central AC #3
144	11:55	Kirsty MacInnes (U15)	Springburn Harriers #1
145	11:56	Isla Duncan (U13)	Edinburgh AC #3
146	11:56	Lucie Gibson (U15)	Falkirk Victoria Harriers #6
147	11:57	Grace Barry (U13)	Inverclyde AC #2
148	12:00	Daisy Gildea (U13)	Shettleston Harriers #1
149	12:01	Freya Milford (U13)	Kilbarchan AAC #1
150	12:01	Carys Forgie (U15)	Falkirk Victoria Harriers #4

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

YAF Lap Times

Scone Palace, Scone

Pos	Time	Athlete	Club
151	12:02	Erin Thomson (U13)	Giffnock North AC #9
152	12:02	Isla Miller (U13)	Kilbarchan AAC #3
153	12:03	Olivia Marshall (U13)	Corstorphine AAC #3
154	12:04	Carrie Charters (U13)	East Kilbride AC #3
155	12:04	Rose Costello (U13)	Giffnock North AC #8
156	12:04	Elizabeth Burke (U15)	Kilbarchan AAC #3
157	12:05	Ayumi Faulds (U17)	Law & District AAC #4
158	12:05	Eddie Campbell (U13)	Giffnock North AC #10
159	12:06	Ellie Stewart (U15)	Giffnock North AC #8
160	12:08	Alice Henderson (U15)	Garscube Harriers #3
161	12:08	Emma Ritchie (U13)	Cambuslang Harriers #3
162	12:10	Anna MacKay (U15)	Garscube Harriers #4
163	12:12	Jessica Grant (U17)	Shettleston Harriers #2
164	12:14	Annie McLean (U15)	Glasgow School of Sport #2
165	12:14	Ruth De Villiers (U15)	Dundee Hawkhill Harriers #4
166	12:15	Skye Dick (U13)	Garscube Harriers #2
167	12:16	Katie Burns (U15)	Shettleston Harriers #2
168	12:17	Imogen Jarrett (U13)	Fife AC #1
169	12:19	Isabella Passway (U15)	Dundee Hawkhill Harriers #3
170	12:19	Lucy Shanks (U13)	Corstorphine AAC #2
171	12:20	Beth Adams (U13)	Giffnock North AC #10
172	12:22	Molly Barr (U15)	Giffnock North AC #8
173	12:24	Ruth Donaldson (U13)	Falkirk Victoria Harriers #5
174	12:26	Aimee Calder (U13)	Falkirk Victoria Harriers #6
175	12:26	Emma Fox (U13)	Garscube Harriers #2
176	12:26	Sophia Graham (U17)	Dundee Hawkhill Harriers #2
177	12:27	Iris Ryan (U13)	Perth Strathtay Harriers
178	12:29	Kayleigh Pew (U15)	East Kilbride AC #2
179	12:29	Lucy Scott (U13)	Edinburgh AC #4
180	12:36	Simone Imrie (U13)	Dundee Hawkhill Harriers #4
181	12:36	Lucy McLean (U13)	Kilbarchan AAC #4
182	12:37	Erin Kearney (U13)	Cambuslang Harriers #1
183	12:38	Anna Ross (U13)	Giffnock North AC #11
184	12:39	Kate Monaghan (U13)	Shettleston Harriers #2
185	12:43	Mhairi Ballantyne (U15)	Kilmarnock H&AC #1
186	12:43	Iona Davidson (U17)	Cumbernauld AAC
187	12:44	Eva Cameron (U15)	Giffnock North AC #10
188	12:46	Eve Donaldson (U15)	Falkirk Victoria Harriers #5
189	12:48	Miley Carruthers (U13)	Kilmarnock H&AC #1
190	12:49	Sophie Nelson (U13)	Law & District AAC #3
191	12:50	Niamh Wilson (U13)	Springburn Harriers #2
192	12:51	Jessica Byers (U13)	Ayr Seaforth AC #1
193	12:56	Niamh Caldwell (U13)	Central AC #2
194	13:03	Erin McGowan (U13)	East Kilbride AC #3
195	13:03	Ruby Lennon (U15)	Springburn Harriers #2
196	13:04	Hannah Jamieson (U13)	Law & District AAC #2
197	13:20	Rebecca McNulty (U13)	Kilmarnock H&AC #2
198	13:20	Eilidh Cameron (U13)	Law & District AAC #4
199	13:25	OLIVIA FREER (U13)	Garscube Harriers #3
200	13:27	Olivia Kelly (U13)	Edinburgh AC #4

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

YAF Lap Times

Scone Palace, Scone

<b>Pos</b>	<b>Time</b>	<b>Athlete</b>	<b>Club</b>
201	13:28	Kaitlyn Laou (U17)	Kilbarchan AAC #3
202	13:37	Maisie Beaton (U13)	Central AC #3
203	13:38	Eve Wilkinson (U13)	Giffnock North AC #12
204	13:42	Lucy Preston (U13)	Law & District AAC #2
205	13:49	Mollie Mae Scott (U15)	Cambuslang Harriers #3
206	13:52	Anna Campbell (U13)	Giffnock North AC #11
207	14:01	Erin Chapman (U15)	East Kilbride AC #3
208	14:06	Tilly McLardy (U15)	Dundee Hawkhill Harriers #4
209	14:14	Megan O'Brien (U13)	Cambuslang Harriers #2
210	14:21	Sarah Kate Wilson (U13)	Kirkintilloch Olympians
211	14:36	Erin Digby (U15)	Giffnock North AC #11
212	14:48	Ava McBean (U13)	Garscube Harriers #4
213	15:47	Holly Wilson (U13)	Law & District AAC #4
214	30:00	Megan Smith (U17)	Giffnock North AC #9

## Lindsays scottishathletics National Cross Country Relay Championships

## Young Athletes Male

Scone Palace, Scone

Saturday 23rd October 2021

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	26:01	Giffnock North AC #1	08:59	(1)	Calum Dick (U13)	08:37	(1)	Craig Shennan (U15)	08:25	(1)	Reuben Macdonald (U17)
2	27:03	Kilbarchan AAC #1	09:43	(7)	Alistair Street (U13)	08:45	(2)	Oliver Patton (U15)	08:35	(2)	Luke Lindsay (U17)
3	27:12	Giffnock North AC #2	09:54	(12)	Aaron Reid (U13)	08:56	(5)	Alasdair Nugent (U15)	08:22	(3)	Cameron Deverill (U17)
4	27:27	Gala Harriers #1	09:53	(11)	Archie Dalglish (U13)	09:05	(8)	Zico Field (U15)	08:29	(4)	Ewan Christie (U17)
5	27:28	Aberdeen AAC #1	10:24	(29)	Alex Henthorn (U13)	08:40	(12)	Rhys Crawford (U15)	08:24	(5)	Hamish McKay (U17)
6	27:30	Edinburgh AC #1	09:54	(14)	Josh Daunt (U13)	09:10	(11)	Dylan Daunt (U15)	08:26	(6)	Ross Dewar (U17)
7	27:32	Team East Lothian #1	09:47	(9)	Jake Page (U13)	09:05	(7)	Innes Wright (U15)	08:40	(7)	Angus Wright (U17)
8	27:33	Giffnock North AC #3	09:54	(15)	Patrick Fraser (U13)	09:04	(9)	Oliver MacDonald (U15)	08:35	(8)	Cameron Green (U17)
9	27:42	Harmeny AC #2	09:35	(5)	Daniel McIntyre (U13)	09:16	(6)	Matthew Holden (U15)	08:51	(9)	Ethan Lorimer (U17)
10	27:45	Harmeny AC #1	09:46	(8)	Fergus Ross (U13)	09:15	(10)	Dan McGuire (U15)	08:44	(10)	Alasdair Wallace (U17)
11	27:51	Falkirk Victoria Harriers #1	09:24	(4)	Ray Taylor (U13)	09:04	(3)	Luke Culliton (U15)	09:23	(11)	Andrew Mckechnie (U17)
12	27:56	East Kilbride AC #1	09:10	(2)	Angus Wilkinson (U13)	09:28	(4)	Jamie Connor (U15)	09:18	(12)	Calum Charters (U17)
13	27:57	Law & District AAC #1	09:58	(16)	John Frood (U13)	09:13	(13)	Ryan Kellock (U15)	08:46	(13)	Oscar Logan (U17)
14	27:59	Giffnock North AC #4	10:08	(19)	Myles Macaulay (U13)	09:12	(14)	Jack Wallace (U15)	08:39	(14)	Alex Robin (U17)
15	28:13	Aberdeen AAC #2	10:49	(42)	Reuben McAllister (U13)	09:01	(20)	Thomas Reynolds (U15)	08:23	(15)	Kai Crawford (U17)
16	28:17	Cambuslang Harriers #1	10:03	(18)	Jamie McCarthy (U13)	09:25	(15)	Sam McCarthy (U15)	08:49	(16)	Lewis Roddis (U17)
17	28:26	VP-Glasgow AC #1	09:21	(3)	Rhuairdh Laing (U13)	10:31	(21)	Haris Ali (U15)	08:34	(17)	Fraser Gilmour (U17)
18	28:36	Fife AC #1	10:43	(38)	Finch Geary (U13)	09:29	(28)	Archie Suttie (U15)	08:24	(18)	Struan Bennet (U17)
19	28:42	Giffnock North AC #5	10:18	(25)	Ethan Scobie (U13)	09:21	(17)	Calan Chong (U15)	09:03	(19)	Matthew Knak (U17)
20	28:49	Strathearn Harriers #1	10:34	(36)	Alick Spurway (U13)	09:27	(23)	Andrew Grant (U15)	08:48	(20)	Harris Pagett (U17)
21	28:52	Team East Lothian #2	10:25	(30)	Thomas Gornall (U13)	09:49	(29)	John Marshall (U15)	08:38	(21)	Aidan Page (U17)
22	28:54	Corstorphine AAC #1	10:20	(26)	Tymek Chmielowski (U13)	09:28	(19)	Munro Lawrie (U15)	09:06	(22)	Ruairidh Williams (U17)
23	29:08	Garscube Harriers #1	10:49	(43)	Colin Nicol (U13)	09:28	(32)	Rory Treharne (U15)	08:51	(23)	Charlie Treharne (U17)
24	29:14	Giffnock North AC #6	10:34	(37)	Cameron Mitchell (U13)	09:43	(31)	Matthew Shaw (U15)	08:57	(24)	Josh Adams (U17)
25	29:21	Edinburgh AC #2	09:59	(17)	Danny Convery (U13)	09:34	(16)	Laurence Ward (U15)	09:48	(25)	Wilbur Mansell (U17)
26	29:24	Giffnock North AC #7	10:21	(27)	Finlay Laskey (U13)	09:25	(18)	James Mowat (U15)	09:38	(26)	Jamie Davidson (U17)
27	29:27	Garscube Harriers #2	10:52	(45)	Ethan Tyler (U13)	09:18	(27)	Fraser Donaldson (U15)	09:17	(27)	Hugh Borthwick (U17)
28	29:31	Lasswade AC #1	11:06	(53)	Ruairidh Wood (U13)	09:00	(26)	Rowan Taylor (U15)	09:25	(28)	Alastair Scott (U17)
29	29:36	Central AC #1	11:37	(66)	Finley Macgregor (U13)	09:43	(49)	Aaron Middleton (U15)	08:16	(29)	Connor Bell (U17)
30	29:40	Gala Harriers #2	10:26	(31)	Charlie Dalglish (U13)	09:50	(30)	Ross Christie (U15)	09:24	(30)	Cameron Rankine (U17)
31	29:45	East Kilbride AC #2	10:09	(21)	Ben Baillie (U13)	09:53	(24)	Aaron Thomson (U15)	09:43	(31)	Sam Hosie (U17)
32	29:55	Cambuslang Harriers #2	10:57	(47)	Alistair McLachlan (U13)	09:53	(41)	Christopher Black (U15)	09:05	(32)	Jonathan Dow (U17)
33	30:01	Ross County AC #1	10:58	(48)	Rowin Schiller (U13)	09:06	(25)	Andrew Baird (U15)	09:57	(33)	Ruaridh Ellen (U17)
34	30:03	Ayr Seaforth AC #1	10:27	(32)	Nicholas Latto (U13)	10:04	(37)	Fraser McIntyre (U15)	09:32	(34)	Connor Scobie (U17)
35	30:07	Inverness Harriers AAC #1	10:22	(28)	Hugh Burnett (U13)	10:22	(40)	Michael Miller (U15)	09:23	(35)	Lachlan Buchanan (U17)
36	30:23	East Kilbride AC #3	10:11	(22)	Rory Charters (U13)	10:18	(34)	Jonathan Hunter (U15)	09:54	(36)	Lewis Thorpe (U17)
37	30:25	Falkirk Victoria Harriers #2	09:39	(6)	Hamish Hunter (U13)	10:13	(22)	Hamish Lamont (U15)	10:33	(37)	Jack Stokes (U17)
38	30:26	Ross County AC #2	10:15	(23)	Jamie MacGruer (U13)	10:15	(36)	George Ross (U15)	09:56	(38)	Noah Carson (U15)
39	30:29	Garscube Harriers #3	11:11	(56)	Robbie Yule (U13)	09:56	(44)	Robert Nicol (U15)	09:22	(39)	Callum MacDonald (U17)
40	30:31	Fife AC #2	10:55	(46)	Daniel Purves (U13)	10:57	(56)	Rowan Geary (U15)	08:39	(40)	Reiss Marshall (U17)



## Lindsays scottishathletics National Cross Country Relay Championships

## Young Athletes Male

Scone Palace, Scone

Saturday 23rd October 2021

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
41	30:37	Harmeny AC #3	10:44	(39)	Fergus Roberts (U13)	09:45	(35)	Kieran Hardie (U15)	10:08	(41)	Dair Alexander (U15)
42	30:39	Kilbarchan AAC #2	10:09	(20)	Billy McKie (U13)	10:11	(33)	Andrew Shorts (U15)	10:19	(42)	Ian MacPherson (U15)
43	30:46	Corstorphine AAC #2	10:32	(34)	Jock Lawrie (U13)	10:46	(48)	Lewis Harrison (U15)	09:28	(43)	Patrick Milne (U17)
44	30:48	Cambuslang Harriers #3	11:12	(57)	Euan Reid (U13)	10:21	(52)	Lewis Cook (U15)	09:15	(44)	Fearghus MacGregor (U17)
45	31:10	Law & District AAC #2	11:03	(52)	Blair Beverley (U13)	10:23	(51)	Daniel Simpson (U15)	09:44	(45)	Craig Cherrie (U17)
46	31:15	Team East Lothian #3	10:49	(44)	Ben Krievis (U13)	09:45	(38)	Charlie Copp (U15)	10:41	(46)	Isaac Stevenson (U15)
47	31:27	Dundee Hawkhill Harriers	11:10	(55)	Ruairi Caldwell (U13)	11:44	(66)	Lewis Gibson (U13)	08:33	(47)	Warren Lorente (U17)
48	31:28	Springburn Harriers	09:54	(13)	Angus Fraser-Moodie (U13)	11:03	(42)	Umberto Minchella (U13)	10:31	(48)	Archie Watters (U15)
49	31:30	Giffnock North AC #8	11:03	(51)	Joseph Mowat (U13)	10:09	(45)	Cormac Shiels (U15)	10:18	(49)	Charlie McAllister (U15)
50	31:40	Inverclyde AC #1	11:34	(64)	Jake Reilly (U13)	10:15	(54)	Liam Kane (U15)	09:51	(50)	Keir Arthur (U17)
51	31:41	East Kilbride AC #4	10:30	(33)	Euan Thorpe (U13)	10:30	(43)	Ryan McNamara (U15)	10:41	(51)	Dylan Edwards (U15)
52	32:03	Shettleston Harriers #1	12:23	(73)	Lucas Millican (U13)	10:18	(62)	Joseph Reilly (U15)	09:22	(52)	David Woods (U17)
53	32:20	Nithsdale AC	11:25	(62)	Alister Cirera Sola (U13)	10:26	(55)	Cameron Robertson (U15)	10:29	(53)	Angus MacCormick (U17)
54	32:32	Giffnock North AC #9	11:15	(58)	Zac Wright (U13)	11:25	(61)	Archie Barr (U13)	09:52	(54)	Ruari Laskey (U15)
55	32:46	Pitreavie AAC	10:47	(40)	Frazer Lees (U13)	11:43	(60)	Ross Allan (U13)	10:16	(55)	Cameron Johnston (U17)
56	32:50	Lasswade AC #2	12:21	(71)	Nathan Lawrence (U13)	11:02	(72)	Will Heatlie (U15)	09:27	(56)	Rory Scott (U17)
57	33:16	Strathearn Harriers #2	11:27	(63)	Calum McBean (U13)	11:20	(65)	Leo Chalamanda (U15)	10:29	(57)	Ben Knox (U17)
58	33:23	Inverness Harriers AAC #2	12:20	(70)	Marcus Walmsley (U13)	11:02	(71)	Ruairidh Stirling (U15)	10:01	(58)	Caleb MacLeod (U17)
59	33:29	Central AC #2	12:00	(69)	Fraser Kingsley (U13)	11:05	(68)	Henry Crossley (U15)	10:24	(59)	Scott Hill (U15)
60	33:31	Helensburgh AAC #1	11:37	(67)	Lewis Cameron (U13)	11:04	(63)	Angus Ritchie (U13)	10:50	(60)	William Scott (U17)
61	33:36	Lothian RC	12:22	(72)	Jay McGarry (U13)	11:09	(73)	Danny Fletcher (U13)	10:05	(61)	Jonathan Collings (U15)
62	33:39	Corstorphine AAC #3	10:47	(41)	Hector Lawrie (U13)	10:36	(50)	Lewis Andrews (U15)	12:16	(62)	Alasdair Bagnall (U15)
63	33:47	Fife AC #3	10:58	(49)	Oscar Geary (U13)	12:14	(70)	Daniel Armstrong (U15)	10:35	(63)	Andrew Armstrong (U17)
64	34:18	Garscube Harriers #5	11:35	(65)	Daniel Cuthbertson (U13)	11:28	(67)	Christopher Hargreaves (U15)	11:15	(64)	Callum Mathew (U15)
65	34:44	East Kilbride AC #5	11:02	(50)	Arran Rosling (U13)	10:58	(57)	Matthew McQuaid (U15)	12:44	(65)	Kieran Budd (U15)
66	35:06	Cambuslang Harriers #4	11:16	(59)	Dylan Howat (U13)	11:55	(69)	Cian Kearney (U15)	11:55	(66)	Dean Edmonds (U17)
	20:42	Edinburgh AC #3	09:49	(10)	Lukas Sonnevill (U13)	10:53	(39)	Jamie Duncan (U15)			
	21:13	Falkirk Victoria Harriers #3	10:15	(24)	Cahal McAtarsney (U13)	10:58	(46)	Liam Flaherty (U15)			
	21:15	Ayr Seaforth AC #2	11:21	(60)	Matthew Copland (U13)	09:54	(47)	Alasdair Maclean (U15)			
	21:37	Harmeny AC #4	10:33	(35)	Sam Johnston (U13)	11:04	(53)	Szymon Mitrosz (U15)			
	22:11	Kilbarchan AAC #5	11:08	(54)	Oscar Linton (U13)	11:03	(58)	Nathan Cairns (U15)			
	22:12	Ayr Seaforth AC #3	11:23	(61)	Lucan Marshall-Watt (U13)	10:49	(59)	Leo Brockie (U15)			
	22:47	Kilbarchan AAC #4	11:41	(68)	Ross Clark (U13)	11:06	(64)	Rhys Knights (U15)			
	12:24	Shettleston Harriers #2	12:24	(74)	Sam McGowan (U13)						
	33:10	Helensburgh AAC #2	33:10	(75)	Runner 420C						

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

YAM Lap Times

Scone Palace, Scone

Pos	Time	Athlete	Club
1	08:16	Connor Bell (U17)	Central AC #1
2	08:22	Cameron Deverill (U17)	Giffnock North AC #2
3	08:23	Kai Crawford (U17)	Aberdeen AAC #2
4	08:24	Hamish McKay (U17)	Aberdeen AAC #1
5	08:24	Struan Bennet (U17)	Fife AC #1
6	08:25	Reuben Macdonald (U17)	Giffnock North AC #1
7	08:26	Ross Dewar (U17)	Edinburgh AC #1
8	08:29	Ewan Christie (U17)	Gala Harriers #1
9	08:33	Warren Lorente (U17)	Dundee Hawkhill Harriers
10	08:34	Fraser Gilmour (U17)	VP-Glasgow AC #1
11	08:35	Luke Lindsay (U17)	Kilbarchan AAC #1
12	08:35	Cameron Green (U17)	Giffnock North AC #3
13	08:37	Craig Shennan (U15)	Giffnock North AC #1
14	08:38	Aidan Page (U17)	Team East Lothian #2
15	08:39	Reiss Marshall (U17)	Fife AC #2
16	08:39	Alex Robin (U17)	Giffnock North AC #4
17	08:40	Rhys Crawford (U15)	Aberdeen AAC #1
18	08:40	Angus Wright (U17)	Team East Lothian #1
19	08:44	Alasdair Wallace (U17)	Harmeny AC #1
20	08:45	Oliver Patton (U15)	Kilbarchan AAC #1
21	08:46	Oscar Logan (U17)	Law & District AAC #1
22	08:48	Harris Pagett (U17)	Strathearn Harriers #1
23	08:49	Lewis Roddis (U17)	Cambuslang Harriers #1
24	08:51	Charlie Treharne (U17)	Garscube Harriers #1
25	08:51	Ethan Lorimer (U17)	Harmeny AC #2
26	08:56	Alasdair Nugent (U15)	Giffnock North AC #2
27	08:57	Josh Adams (U17)	Giffnock North AC #6
28	08:59	Calum Dick (U13)	Giffnock North AC #1
29	09:00	Rowan Taylor (U15)	Lasswade AC #1
30	09:01	Thomas Reynolds (U15)	Aberdeen AAC #2
31	09:03	Matthew Knak (U17)	Giffnock North AC #5
32	09:04	Oliver MacDonald (U15)	Giffnock North AC #3
33	09:04	Luke Culliton (U15)	Falkirk Victoria Harriers #1
34	09:05	Jonathan Dow (U17)	Cambuslang Harriers #2
35	09:05	Zico Field (U15)	Gala Harriers #1
36	09:05	Innes Wright (U15)	Team East Lothian #1
37	09:06	Andrew Baird (U15)	Ross County AC #1
38	09:06	Ruairidh Williams (U17)	Corstorphine AAC #1
39	09:10	Angus Wilkinson (U13)	East Kilbride AC #1
40	09:10	Dylan Daunt (U15)	Edinburgh AC #1
41	09:12	Jack Wallace (U15)	Giffnock North AC #4
42	09:13	Ryan Kellock (U15)	Law & District AAC #1
43	09:15	Dan McGuire (U15)	Harmeny AC #1
44	09:15	Fearghus MacGregor (U17)	Cambuslang Harriers #3
45	09:16	Matthew Holden (U15)	Harmeny AC #2
46	09:17	Hugh Borthwick (U17)	Garscube Harriers #2
47	09:18	Fraser Donaldson (U15)	Garscube Harriers #2
48	09:18	Calum Charters (U17)	East Kilbride AC #1
49	09:21	Calan Chong (U15)	Giffnock North AC #5
50	09:21	Rhuairdh Laing (U13)	VP-Glasgow AC #1

## Lindsays scottishathletics National Cross Country Relay Championships

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YAM Lap Times

Scone Palace, Scone

Pos	Time	Athlete	Club
51	09:22	David Woods (U17)	Shettleston Harriers #1
52	09:22	Callum MacDonald (U17)	Garscube Harriers #3
53	09:23	Andrew Mckechnie (U17)	Falkirk Victoria Harriers #1
54	09:23	Lachlan Buchanan (U17)	Inverness Harriers AAC #1
55	09:24	Cameron Rankine (U17)	Gala Harriers #2
56	09:24	Ray Taylor (U13)	Falkirk Victoria Harriers #1
57	09:25	James Mowat (U15)	Giffnock North AC #7
58	09:25	Sam McCarthy (U15)	Cambuslang Harriers #1
59	09:25	Alastair Scott (U17)	Lasswade AC #1
60	09:27	Rory Scott (U17)	Lasswade AC #2
61	09:27	Andrew Grant (U15)	Strathearn Harriers #1
62	09:28	Jamie Connor (U15)	East Kilbride AC #1
63	09:28	Munro Lawrie (U15)	Corstorphine AAC #1
64	09:28	Patrick Milne (U17)	Corstorphine AAC #2
65	09:28	Rory Treharne (U15)	Garscube Harriers #1
66	09:29	Archie Suttie (U15)	Fife AC #1
67	09:32	Connor Scobie (U17)	Ayr Seaforth AC #1
68	09:34	Laurence Ward (U15)	Edinburgh AC #2
69	09:35	Daniel McIntyre (U13)	Harmeny AC #2
70	09:38	Jamie Davidson (U17)	Giffnock North AC #7
71	09:39	Hamish Hunter (U13)	Falkirk Victoria Harriers #2
72	09:43	Sam Hosie (U17)	East Kilbride AC #2
73	09:43	Aaron Middleton (U15)	Central AC #1
74	09:43	Matthew Shaw (U15)	Giffnock North AC #6
75	09:43	Alistair Street (U13)	Kilbarchan AAC #1
76	09:44	Craig Cherrie (U17)	Law & District AAC #2
77	09:45	Charlie Copp (U15)	Team East Lothian #3
78	09:45	Kieran Hardie (U15)	Harmeny AC #3
79	09:46	Fergus Ross (U13)	Harmeny AC #1
80	09:47	Jake Page (U13)	Team East Lothian #1
81	09:48	Wilbur Mansell (U17)	Edinburgh AC #2
82	09:49	Lukas Sonnevile (U13)	Edinburgh AC #3
83	09:49	John Marshall (U15)	Team East Lothian #2
84	09:50	Ross Christie (U15)	Gala Harriers #2
85	09:51	Keir Arthur (U17)	Inverclyde AC #1
86	09:52	Ruari Laskey (U15)	Giffnock North AC #9
87	09:53	Archie Dalgliesh (U13)	Gala Harriers #1
88	09:53	Aaron Thomson (U15)	East Kilbride AC #2
89	09:53	Christopher Black (U15)	Cambuslang Harriers #2
90	09:54	Alasdair Maclean (U15)	Ayr Seaforth AC #2
91	09:54	Josh Daunt (U13)	Edinburgh AC #1
92	09:54	Lewis Thorpe (U17)	East Kilbride AC #3
93	09:54	Aaron Reid (U13)	Giffnock North AC #2
94	09:54	Patrick Fraser (U13)	Giffnock North AC #3
95	09:54	Angus Fraser-Moodie (U13)	Springburn Harriers
96	09:56	Noah Carson (U15)	Ross County AC #2
97	09:56	Robert Nicol (U15)	Garscube Harriers #3
98	09:57	Ruaridh Ellen (U17)	Ross County AC #1
99	09:58	John Froom (U13)	Law & District AAC #1
100	09:59	Danny Convery (U13)	Edinburgh AC #2

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Pos	Time	Athlete	Club
101	10:01	Caleb MacLeod (U17)	Inverness Harriers AAC #2
102	10:03	Jamie McCarthy (U13)	Cambuslang Harriers #1
103	10:04	Fraser McIntyre (U15)	Ayr Seaforth AC #1
104	10:05	Jonathan Collings (U15)	Lothian RC
105	10:08	Myles Macaulay (U13)	Giffnock North AC #4
106	10:08	Dair Alexander (U15)	Harmeny AC #3
107	10:09	Cormac Shiels (U15)	Giffnock North AC #8
108	10:09	Ben Baillie (U13)	East Kilbride AC #2
109	10:09	Billy McKie (U13)	Kilbarchan AAC #2
110	10:11	Andrew Shorts (U15)	Kilbarchan AAC #2
111	10:11	Rory Charters (U13)	East Kilbride AC #3
112	10:13	Hamish Lamont (U15)	Falkirk Victoria Harriers #2
113	10:15	Cahal McAtarsney (U13)	Falkirk Victoria Harriers #3
114	10:15	Liam Kane (U15)	Inverclyde AC #1
115	10:15	Jamie MacGruer (U13)	Ross County AC #2
116	10:15	George Ross (U15)	Ross County AC #2
117	10:16	Cameron Johnston (U17)	Pitreavie AAC
118	10:18	Joseph Reilly (U15)	Shettleston Harriers #1
119	10:18	Charlie McAllister (U15)	Giffnock North AC #8
120	10:18	Ethan Scobie (U13)	Giffnock North AC #5
121	10:18	Jonathan Hunter (U15)	East Kilbride AC #3
122	10:19	Ian MacPherson (U15)	Kilbarchan AAC #2
123	10:20	Tymek Chmielowski (U13)	Corstorphine AAC #1
124	10:21	Lewis Cook (U15)	Cambuslang Harriers #3
125	10:21	Finlay Laskey (U13)	Giffnock North AC #7
126	10:22	Hugh Burnett (U13)	Inverness Harriers AAC #1
127	10:22	Michael Miller (U15)	Inverness Harriers AAC #1
128	10:23	Daniel Simpson (U15)	Law & District AAC #2
129	10:24	Scott Hill (U15)	Central AC #2
130	10:24	Alex Henthorn (U13)	Aberdeen AAC #1
131	10:25	Thomas Gornall (U13)	Team East Lothian #2
132	10:26	Cameron Robertson (U15)	Nithsdale AC
133	10:26	Charlie Dalgliesh (U13)	Gala Harriers #2
134	10:27	Nicholas Latto (U13)	Ayr Seaforth AC #1
135	10:29	Angus MacCormick (U17)	Nithsdale AC
136	10:29	Ben Knox (U17)	Strathearn Harriers #2
137	10:30	Euan Thorpe (U13)	East Kilbride AC #4
138	10:30	Ryan McNamara (U15)	East Kilbride AC #4
139	10:31	Archie Watters (U15)	Springburn Harriers
140	10:31	Haris Ali (U15)	VP-Glasgow AC #1
141	10:32	Jock Lawrie (U13)	Corstorphine AAC #2
142	10:33	Jack Stokes (U17)	Falkirk Victoria Harriers #2
143	10:33	Sam Johnston (U13)	Harmeny AC #4
144	10:34	Cameron Mitchell (U13)	Giffnock North AC #6
145	10:34	Alick Spurway (U13)	Strathearn Harriers #1
146	10:35	Andrew Armstrong (U17)	Fife AC #3
147	10:36	Lewis Andrews (U15)	Corstorphine AAC #3
148	10:41	Dylan Edwards (U15)	East Kilbride AC #4
149	10:41	Isaac Stevenson (U15)	Team East Lothian #3
150	10:43	Finch Geary (U13)	Fife AC #1

## Lindsays scottishathletics National Cross Country Relay Championships

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Pos	Time	Athlete	Club
151	10:44	Fergus Roberts (U13)	Harmeny AC #3
152	10:46	Lewis Harrison (U15)	Corstorphine AAC #2
153	10:47	Hector Lawrie (U13)	Corstorphine AAC #3
154	10:47	Frazer Lees (U13)	Pitreavie AAC
155	10:49	Ben Krievs (U13)	Team East Lothian #3
156	10:49	Reuben McAllister (U13)	Aberdeen AAC #2
157	10:49	Leo Brockie (U15)	Ayr Seaforth AC #3
158	10:49	Colin Nicol (U13)	Garscube Harriers #1
159	10:50	William Scott (U17)	Helensburgh AAC #1
160	10:52	Ethan Tyler (U13)	Garscube Harriers #2
161	10:53	Jamie Duncan (U15)	Edinburgh AC #3
162	10:55	Daniel Purves (U13)	Fife AC #2
163	10:57	Rowan Geary (U15)	Fife AC #2
164	10:57	Alistair McLachlan (U13)	Cambuslang Harriers #2
165	10:58	Matthew McQuaid (U15)	East Kilbride AC #5
166	10:58	Liam Flaherty (U15)	Falkirk Victoria Harriers #3
167	10:58	Oscar Geary (U13)	Fife AC #3
168	10:58	Rowin Schiller (U13)	Ross County AC #1
169	11:02	Ruairidh Stirling (U15)	Inverness Harriers AAC #2
170	11:02	Will Heatlie (U15)	Lasswade AC #2
171	11:02	Arran Rosling (U13)	East Kilbride AC #5
172	11:03	Joseph Mowat (U13)	Giffnock North AC #8
173	11:03	Blair Beverley (U13)	Law & District AAC #2
174	11:03	Nathan Cairns (U15)	Kilbarchan AAC #5
175	11:03	Umberto Minchella (U13)	Springburn Harriers
176	11:04	Angus Ritchie (U13)	Helensburgh AAC #1
177	11:04	Szymon Mitrosz (U15)	Harmeny AC #4
178	11:05	Henry Crossley (U15)	Central AC #2
179	11:06	Ruairidh Wood (U13)	Lasswade AC #1
180	11:06	Rhys Knights (U15)	Kilbarchan AAC #4
181	11:08	Oscar Linton (U13)	Kilbarchan AAC #5
182	11:09	Danny Fletcher (U13)	Lothian RC
183	11:10	Ruairi Caldwell (U13)	Dundee Hawkhill Harriers
184	11:11	Robbie Yule (U13)	Garscube Harriers #3
185	11:12	Euan Reid (U13)	Cambuslang Harriers #3
186	11:15	Callum Mathew (U15)	Garscube Harriers #5
187	11:15	Zac Wright (U13)	Giffnock North AC #9
188	11:16	Dylan Howat (U13)	Cambuslang Harriers #4
189	11:20	Leo Chalamanda (U15)	Strathearn Harriers #2
190	11:21	Matthew Copland (U13)	Ayr Seaforth AC #2
191	11:23	Lucan Marshall-Watt (U13)	Ayr Seaforth AC #3
192	11:25	Archie Barr (U13)	Giffnock North AC #9
193	11:25	Alister Cirera Sola (U13)	Nithsdale AC
194	11:27	Calum McBean (U13)	Strathearn Harriers #2
195	11:28	Christopher Hargreaves (U15)	Garscube Harriers #5
196	11:34	Jake Reilly (U13)	Inverclyde AC #1
197	11:35	Daniel Cuthbertson (U13)	Garscube Harriers #5
198	11:37	Lewis Cameron (U13)	Helensburgh AAC #1
199	11:37	Finley Macgregor (U13)	Central AC #1
200	11:41	Ross Clark (U13)	Kilbarchan AAC #4

## Lindsays scottishathletics National Cross Country Relay Championships

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<b>Pos</b>	<b>Time</b>	<b>Athlete</b>	<b>Club</b>
201	11:43	Ross Allan (U13)	Pitreavie AAC
202	11:44	Lewis Gibson (U13)	Dundee Hawkhill Harriers
203	11:55	Cian Kearney (U15)	Cambuslang Harriers #4
204	11:55	Dean Edmonds (U17)	Cambuslang Harriers #4
205	12:00	Fraser Kingsley (U13)	Central AC #2
206	12:14	Daniel Armstrong (U15)	Fife AC #3
207	12:16	Alasdair Bagnall (U15)	Corstorphine AAC #3
208	12:20	Marcus Walmsley (U13)	Inverness Harriers AAC #2
209	12:21	Nathan Lawrence (U13)	Lasswade AC #2
210	12:22	Jay McGarry (U13)	Lothian RC
211	12:23	Lucas Millican (U13)	Shettleston Harriers #1
212	12:24	Sam McGowan (U13)	Shettleston Harriers #2
213	12:44	Kieran Budd (U15)	East Kilbride AC #5
214	33:10	Runner 420C	Helensburgh AAC #2

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	0:53:54	Edinburgh Univ Hare and Hounds #1	13:52	(4)	Hannah Anderson (U20)	13:59	(3)	Katie Lowery (Sen)	13:15	(2)	Holly Page (Sen)	12:48	(1)	Megan Keith (U20)
2	0:55:21	Fife AC #1	13:23	(2)	Jenny Selman (Sen)	13:55	(1)	Megan Crawford (Sen)	13:30	(1)	Annabel Simpson (Sen)	14:34	(2)	Sheena Logan (Sen)
3	0:55:50	Glasgow University Hares and Hounds #1	12:54	(1)	Eloise Walker (Sen)	14:49	(2)	Aoife Carr (Sen)	14:16	(3)	Stefanie Tucker (Sen)	13:52	(3)	Erin Wallace (Sen)
4	0:57:47	Edinburgh Univ Hare and Hounds #2	14:39	(13)	Niamh Carr (Sen)	14:30	(6)	Kirsty Purcell (U20)	14:13	(4)	Isla Calvert (U20)	14:26	(4)	Olivia Varelle (Sen)
5	0:58:18	Edinburgh Univ Hare and Hounds #3	14:36	(10)	Runner 203A	14:49	(7)	Emma Johnson (U20)	14:44	(6)	Aimee Callow (U20)	14:10	(5)	Georgia Ledingham (U20)
6	0:58:42	VP-Glasgow AC	14:10	(5)	Holly Little (Sen)	14:38	(5)	Philippa Millage (Mas)	15:59	(9)	Grace Binnie (Sen)	13:57	(6)	Gillian Black (Sen)
7	0:58:45	Inverclyde AC #1	14:25	(7)	Meredith Reid (U20)	15:46	(14)	Jennifer Lyne (Sen)	13:48	(5)	Nynke Mulholland (Sen)	14:47	(7)	Rachael Bushfield (Sen)
8	0:58:50	Shettleston Harriers #1	15:07	(22)	Avril Mason (Mas)	15:22	(16)	Kathryn Pennel (Sen)	14:55	(12)	Ruth Joss (Sen)	13:28	(8)	Fionnuala Ross (Sen)
9	0:59:15	Edinburgh Univ Hare and Hounds #4	15:15	(25)	Merce Sanchez Oller (U20)	15:32	(19)	Alexandra Kiltie (Sen)	14:16	(11)	Grace Pow (Sen)	14:13	(9)	Alice Goodall (U20)
10	0:59:38	Aberdeen AAC #1	14:52	(16)	Zoe Bates (Sen)	15:06	(11)	Jade Maclaren (Sen)	14:23	(7)	Hannah Cameron (Sen)	15:18	(10)	Grace Whelan (Sen)
11	1:00:13	Corstorphine AAC #1	15:11	(23)	Josie-Wren Golder (U20)	14:45	(10)	Sophie Collins (Sen)	14:45	(8)	Kirstian Macaulay (Sen)	15:33	(11)	Leah Davie (Sen)
12	1:00:31	Edinburgh AC #1	15:18	(26)	Elaïne Eadie (Sen)	14:13	(8)	Beth Ansell (Sen)	16:10	(13)	Carolyn Cameron (Sen)	14:52	(12)	Isla Scott-Pearce (Sen)
13	1:00:45	Bellahouston RR #1	14:20	(6)	Catriona MacDonald (Sen)	16:00	(15)	Christie Ford (Sen)	15:57	(15)	Siobhann Dunn (Sen)	14:30	(13)	Rebekah Russell (Sen)
14	1:01:23	Glasgow University Hares and Hounds #2	14:37	(11)	Anna Dalgligh (U20)	15:28	(13)	Clare Stewart (Sen)	16:00	(14)	Emma Baird (Sen)	15:19	(14)	Lea Meinecke (Sen)
15	1:01:26	Springburn Harriers	14:42	(14)	Hannah Terrance (Sen)	15:20	(12)	Ruth Fraser-Moodie (Mas)	17:14	(18)	Nicola Farmer (U20)	14:11	(15)	Michelle Sandison (Mas)
16	1:01:47	Kilmarnock H&AC #1	15:05	(20)	Kara McKenzie-Tait (Sen)	14:50	(9)	Laura Haggarty (Sen)	16:33	(16)	Morgan McBurnie (Sen)	15:21	(16)	Lorna Baird (Sen)
17	1:02:24	Law & District AAC #1	14:26	(8)	Emily McNicol (Sen)	16:39	(23)	Lesley Graham (Sen)	16:01	(17)	Reagan Binnie (Sen)	15:19	(17)	Madeleine Watson (Sen)
18	1:03:53	Edinburgh AC #2	15:44	(31)	Nikki Gibson (Sen)	15:45	(24)	Mhairi Ferguson (Sen)	16:26	(23)	Katie Renault (Sen)	15:59	(18)	Min Ke (Sen)
19	1:04:01	Garscube Harriers #4	14:59	(17)	Frances Wardle (Sen)	16:41	(25)	Alison Wood (Sen)	16:07	(21)	Holly Smith (Sen)	16:16	(19)	Eilidh Fitzgibbon (Sen)
20	1:04:26	Dundee University AC and XC Club	16:07	(38)	Alex Shaw (Sen)	16:39	(35)	Hannah Berry (Sen)	16:24	(35)	Charlotte McDowall (U20)	15:16	(20)	Catriona Laing (Sen)
21	1:04:47	Dundee Road Runners #1	16:11	(39)	Charlotte Newman (Sen)	15:51	(29)	Alison McNeilly (Mas)	16:47	(31)	Fiona Callaghan (Sen)	15:59	(21)	Rachel Callaghan (Sen)
22	1:04:58	Glasgow University Hares and Hounds #3	15:36	(30)	Katherine MacLeod (U20)	15:23	(22)	Tara Walker (Sen)	16:30	(19)	Mia Padmanabhan (U20)	17:31	(22)	Jannike Varnes (Sen)
23	1:05:08	Inverclyde AC #2	16:00	(35)	Maisie Watson (Sen)	15:49	(27)	Abi Hammerman (U20)	17:03	(32)	Cara Hoey (Sen)	16:17	(23)	Aimee Claire Anderson (U20)
24	1:05:43	Cambuslang Harriers #1	15:33	(29)	Jacqueline Etherington (Mas)	15:22	(20)	Lesley Blackwood (Sen)	16:36	(20)	Kirsty O'Brien (Sen)	18:13	(24)	Jacqueline McLew (Mas/50)
25	1:07:13	Lothian RC	16:47	(49)	Yvonne Crilly (Mas/50)	16:41	(41)	Andrea Cameron (Mas)	16:35	(37)	Julie Atkinson (Mas)	17:12	(25)	Chloe McClung (U20)
26	1:07:26	University of St. Andrews CC #1	16:07	(37)	Capri Mancini (Sen)	18:09	(47)	Kirsty Noble (U20)	16:24	(40)	Heather Mack (U20)	16:48	(26)	Bea Winkler (U20)
27	1:07:42	PH Racing Club	15:06	(21)	Kristin Lownie (Sen)	15:35	(17)	Julie Menzies (Mas)	17:22	(24)	Louise Lessels (Mas)	19:41	(27)	Susan Allan (Mas)
28	1:08:07	Gala Harriers #1	14:38	(12)	Sara Green (Sen)	16:19	(21)	Lizzie Macleish (Sen)	17:35	(30)	Lisa Dalgligh (Mas)	19:37	(28)	Charlotte Hendry (Mas)
29	1:08:33	Stirling University AC #1	16:26	(43)	Poppy Anderson (U20)	16:30	(36)	Sophie Young (Sen)	17:37	(38)	Hannah McMahon (Sen)	18:01	(29)	Eilidh Boyd (Sen)
30	1:08:45	Linlithgow AC #1	15:48	(34)	Mairi Watts (Sen)	18:51	(48)	Roisin Murray (Sen)	15:58	(39)	Lynsey Hay (Sen)	18:09	(30)	Mandy Cazes (Sen)
31	1:08:55	Cumbernauld AAC	15:04	(19)	Alicia Paton (Sen)	16:48	(28)	Carla McLellan (Sen)	17:05	(33)	Pamela Parker (Mas/50)	19:59	(31)	Donna Macpherson (Mas)
32	1:08:58	Ayr Seaforth AC #1	17:17	(58)	Sarah Paterson (Sen)	16:18	(42)	Morven Hubbard (U20)	17:35	(43)	Susie Hubbard (Mas/50)	17:50	(32)	Gillian Hannah (Mas/50)
33	1:10:35	Strathclyde Univ Harriers #1	19:26	(86)	Eva Peter (U20)	17:20	(66)	Rhona Samphier (U20)	16:58	(51)	Sophie Jenkins (U20)	16:52	(33)	Roisin Cameron Coyle (U20)
34	1:11:22	Dundee Road Runners #2	18:46	(81)	Jennifer Massie (Sen)	17:28	(63)	Jane Dunlop (Sen)	17:28	(50)	Sophia Lappe (Sen)	17:42	(34)	Louise Menzies (Mas)
35	1:13:57	Strathclyde Univ Harriers #2	19:45	(87)	Molly Reade (Sen)	19:28	(80)	Mirren Ward (U20)	17:34	(65)	Isabella Heppleston (Sen)	17:12	(35)	Cara Thom (Sen)
36	1:14:40	Metro Aberdeen RC	16:50	(51)	Pippa Samphier (Sen)	20:26	(70)	Amber Shaffi (Mas)	17:24	(56)	Ilona Kriauzaite (Sen)	20:02	(36)	Sarah Knox (Mas/50)
37	1:16:48	Edinburgh AC #3	17:29	(63)	Elaine Davies (Mas/50)	20:04	(71)	Sinead Gallagher (Sen)	21:17	(70)	Sheila MacAllister (Mas/50)	17:59	(37)	Deirdre Harrington (Sen)
38	1:16:51	Carnegie Harriers	20:51	(92)	Karen Forsyth (Sen)	17:35	(78)	Alison Whyte (Mas/50)	20:55	(71)	Frances Beattie (Sen)	17:31	(38)	Joy Gudgin (Mas/50)
39	1:17:30	West End RR #2	19:47	(88)	Beth Murrison (Mas)	19:17	(79)	Elaine Macleod (Mas/50)	20:25	(73)	Madeleine Chadwick (Mas)	18:02	(39)	Emma Wright (Sen)
40	1:18:21	Bellahouston RR #4	18:43	(80)	Laura Wilkinson (Sen)	19:40	(77)	Rhoda Yarmahmoudi (Mas/50)	19:56	(69)	Joni Lindsay (Sen)	20:04	(40)	Roze Wilson (Mas/50)

Pos	Time	Team	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
	0:45:00	Hunters Bog Trotters #1	15:24	(27)	Eilis McKechnie (Mas)	15:19	(18)	Claire Gordon (Mas)	14:18	(10)	Jillian Stephen (Mas)			
	0:47:48	Bellahouston RR #2	16:29	(45)	Emer Campbell (Mas)	15:42	(30)	Ann Robin (Mas)	15:37	(22)	Louise Ross (Mas)			
	0:48:07	Giffnock North AC #1	15:27	(28)	Allie Chong (Mas/50)	17:03	(33)	Shona Donnelly (Mas/50)	15:38	(25)	Mary McCutcheon (Mas/50)			
	0:48:11	Edinburgh AC #5	16:11	(40)	Susan Ridley (Mas/50)	17:04	(38)	Karen Dobbie (Mas/50)	14:57	(26)	Janet Dunbar (Mas/50)			
	0:48:16	Garscube Harriers #1	16:03	(36)	Gillian Blee (Mas)	16:14	(31)	Emily Tomasso (Mas)	16:00	(27)	Marian Kelly (Mas)			
	0:48:19	West End RR #1	15:48	(33)	Ana Richardson (Mas/50)	15:56	(26)	Karen Patel (Mas)	16:36	(28)	Rhona Proctor (Mas)			
	0:48:27	Gala Harriers #2	16:33	(46)	Gillian Lunn (Mas)	16:12	(34)	Pamela Baillie (Mas)	15:43	(29)	Katy Barden (Mas)			
	0:48:57	Edinburgh AC #4	15:03	(18)	Hazel MacCormick (Mas)	17:26	(32)	Emma Laverie (Mas)	16:29	(34)	Isobel Joiner (Mas)			
	0:49:21	Central AC #1	14:35	(9)	Grace Tindall (U20)	18:42	(39)	Sarah Seal (Sen)	16:05	(36)	Cliona Diamond (Sen)			
	0:50:58	Central AC #2	16:58	(53)	Mandy Williams (Mas)	18:11	(50)	Julia McAfee (Mas)	15:49	(41)	Claire Houston (Mas)			
	0:51:05	Giffnock North AC #2	16:41	(48)	Nicola McBeath (Sen)	16:56	(43)	Nina Farmer (Mas)	17:28	(42)	Fiona Vaughan (Sen)			
	0:51:53	Newton Road Runners	17:01	(54)	Emma Craig (Sen)	17:48	(49)	Joanne Thorburn (Mas)	17:05	(44)	Beth Shearer (Sen)			
	0:52:01	Garscube Harriers #2	17:58	(72)	Catriona Padmanabhan (Mas)	17:45	(56)	Kathryn Scott (Mas/50)	16:20	(45)	Mary Senior (Mas)			
	0:52:07	Fife AC #2	17:28	(62)	Michelle Johnstone (Mas)	16:41	(46)	Michaela McLean (Mas)	17:59	(46)	Louise Provan (Mas)			
	0:53:00	Kilmarnock H&AC #2	17:45	(67)	Jennifer Beattie (Sen)	17:52	(55)	Eilidh Ballantyne (U20)	17:23	(47)	Amanda Bryden (Sen)			
	0:53:11	Gala Harriers #3	17:55	(71)	Julia Johnstone (Mas/50)	17:29	(52)	Lindsay Dun (Mas/50)	17:48	(48)	Carole Fortune (Mas/50)			
	0:53:13	Dundee Road Runners #3	17:15	(57)	Gillian Sangster (Mas/50)	18:13	(54)	Morag Taggart (Mas/50)	17:45	(49)	Margaret Gamble (Mas/50)			
	0:54:05	East Kilbride AC #2	16:36	(47)	Vivien Thorpe (Mas)	16:47	(40)	Kelly Baillie (Mas)	20:43	(52)	Gemma Kirwan (Mas/50)			
	0:54:14	Linlithgow AC #2	16:22	(42)	Lynne McGill (Mas)	19:26	(58)	Joyce Tannahill (Mas)	18:27	(53)	Clair Howison (Mas)			
	0:54:23	Garscube Harriers #5	17:42	(65)	Martha Lovatt (Sen)	18:04	(57)	Chloe McAdam (Sen)	18:38	(54)	Alison Rutherford (Sen)			
	0:54:31	Perth RR #3	17:55	(70)	Gillian McGuire (Mas/50)	17:32	(53)	Rhona Younger (Mas)	19:05	(55)	Samantha Newington (Mas)			
	0:55:02	Fife AC #3	18:22	(76)	Sue Armstrong (Mas/50)	18:15	(65)	Innes Bracegirdle (Mas/50)	18:26	(57)	Margaret Martin (Mas/50)			
	0:55:16	Giffnock North AC #3	17:47	(69)	Caroline Munro (Mas)	20:19	(74)	Catriona Gourley (Mas/50)	17:11	(58)	Jacqueline Campbell (Mas)			
	0:55:18	Cambuslang Harriers #2	17:21	(60)	Peggy-Nan Rodger (U20)	18:37	(61)	Rachel Wardrope (U20)	19:21	(59)	Sarah Simpson (Sen)			
	0:55:19	Linlithgow AC #3	18:18	(75)	Frances Wood (Mas/50)	19:42	(73)	Jennifer Newton (Mas/50)	17:21	(60)	Christine Mulholland (Mas/50)			
	0:55:30	Perth RR #1	18:51	(82)	Tessa Ward (Mas/50)	19:26	(76)	Fiona Manson (Mas/50)	17:14	(61)	Fabienne Antonella Thompson (Mas/50)			
	0:55:34	East Kilbride AC #1	18:14	(74)	Olivia Steven (Sen)	18:17	(64)	Emma Livingstone (U20)	19:05	(62)	Rachael Thomson (Sen)			
	0:56:14	Bellahouston RR #3	19:04	(83)	Anne Campbell (Mas)	20:13	(81)	Madeline Smillie (Mas)	16:59	(63)	Jane McNeilly (Mas)			
	0:56:34	Ferranti AAC	18:27	(77)	Kate Kitchin (Mas)	18:33	(68)	Julia Drewer (Mas)	19:35	(64)	Julia Loecherbach (Mas)			
	0:57:15	Garscube Harriers #3	20:45	(91)	Morag Casey (Mas)	18:33	(82)	Diane Clark (Mas)	17:57	(66)	Ann White (Mas/50)			
	0:57:24	Harmeny AC	19:13	(84)	Lyndsay Holden (Mas)	18:26	(72)	Nicola McGuire (Mas)	19:47	(67)	Susan Ross (Mas/50)			
	0:57:53	Kirkintilloch Olympians	19:16	(85)	Marina McCallum (Mas/50)	17:49	(69)	Ausrine Ward (Mas)	20:49	(68)	Ada Stewart (Mas/50)			
	0:59:26	Corstorphine AAC #2	20:06	(90)	Kira Mourao (Mas)	19:48	(83)	Mhairi Bagnall (Mas)	19:33	(72)	Janet Grigor (Mas/50)			
	1:02:39	University of St. Andrews CC #2	23:05	(93)	Sarah Fraser (Sen)	20:27	(84)	Jasmine Whittaker (Sen)	19:08	(74)	Megan Gore (U20)			
	1:06:28	Perth RR #2	23:16	(94)	Susan Bothwell (Mas/50)	21:49	(85)	Rhona Henderson (Mas/50)	21:24	(75)	Catriona Liddell (Mas/50)			
	0:28:28	Lasswade AC	13:42	(3)	Sarah Tait (Sen)	14:47	(4)	Amy Smith (Sen)						
	0:32:57	Shettleston Harriers #2	15:47	(32)	Holly Morrison (Sen)	17:10	(37)	Lucy Somerville (Sen)						
	0:33:43	Bellahouston Harriers	16:27	(44)	Runner 277A	17:17	(44)	Runner 277B						
	0:33:55	Hunters Bog Trotters #2	17:43	(66)	Claire Ward (Mas)	16:12	(45)	Catriona Bruce (Mas)						
	0:35:17	Motherwell AC	16:15	(41)	Emma Morris (Sen)	19:02	(51)	Phyllis Hands (Mas/50)						
	0:35:50	Edinburgh Univ Hare and Hounds #5	16:55	(52)	Eve Young (U20)	18:55	(59)	Lucy Gavaghan (U20)						
	0:35:53	Perth RR #4	17:27	(61)	Gillian Edwards (Sen)	18:26	(60)	Julie Ramsay (Mas)						
	0:36:05	Calderglen Harriers	18:05	(73)	Alison Lessells (Sen)	18:01	(62)	Julie Thomson (Mas)						
	0:36:58	Aberdeen AAC #2	17:18	(59)	VICTORIA BROWN (Mas)	19:40	(67)	Rachel Watson (Sen)						
	0:38:14	Law & District AAC #2	17:45	(68)	Jennifer Beattie (Sen)	20:29	(75)	Vicky Harrison (Mas)						
	0:14:43	Kilbarchan AAC #1	14:43	(15)	Louise Hastie (U20)									
	0:15:13	Stirling University AC #2	15:13	(24)	Jessica Robson (U20)									
	0:16:49	Corstorphine AAC #3	16:49	(50)	Jilly McKay (Sen)									
	0:17:01	Greenock Glenpark Harriers	17:01	(55)	Marian Monk (Mas)									
	0:17:12	Dundee Hawhill Harriers	17:12	(56)	Philippa De Villiers (Mas)									
	0:17:39	Portobello RC	17:39	(64)	Runner 255A									
	0:18:28	Falkirk Victoria Harriers	18:28	(78)	Eilidh McCallum (Sen)									
	0:18:29	Airdrie Harriers	18:29	(79)	Morven Glennie (Sen)									
	0:20:01	Ayr Seaforth AC #2	20:01	(89)	Ruth Kirk (Mas/50)									



## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

Female Masters

Score Palace, Score

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	0:45:01	Hunters Bog Trotters #1	15:24	(3)	Eilis McKeachie (Mas)	15:19	(1)	Claire Gordon (Mas)	14:18	(1)	Jillian Stephen (Mas)
2	0:47:48	Bellahouston RR #2	16:29	(10)	Emer Campbell (Mas)	15:42	(3)	Ann Robin (Mas)	15:37	(2)	Louise Ross (Mas)
3	0:48:17	Garscube Harriers #1	16:03	(7)	Gillian Blee (Mas)	16:14	(4)	Emily Tomasso (Mas)	16:00	(5)	Marian Kelly (Mas)
4	0:48:20	West End RR #1	15:48	(6)	Ana Richardson (Mas/50)	15:56	(2)	Karen Patel (Mas)	16:36	(6)	Rhona Proctor (Mas)
5	0:48:28	Gala Harriers #2	16:33	(11)	Gillian Lunn (Mas)	16:12	(7)	Pamela Baillie (Mas)	15:43	(7)	Katy Barden (Mas)
6	0:48:58	Edinburgh AC #4	15:03	(1)	Hazel MacCormick (Mas)	17:26	(5)	Emma Laverie (Mas)	16:29	(8)	Isobel Joiner (Mas)
7	0:50:03	Lothian RC	16:47	(13)	Yvonne Crilly (Mas/50)	16:41	(10)	Andrea Cameron (Mas)	16:35	(9)	Julie Atkinson (Mas)
8	0:50:58	Central AC #2	16:58	(14)	Mandy Williams (Mas)	18:11	(13)	Julia McAfee (Mas)	15:49	(10)	Claire Houston (Mas)
9	0:52:03	Garscube Harriers #2	17:58	(25)	Catriona Padmanabhan (Mas)	17:45	(17)	Kathryn Scott (Mas/50)	16:20	(11)	Mary Senior (Mas)
10	0:52:08	Fife AC #2	17:28	(19)	Michelle Johnstone (Mas)	16:41	(12)	Michaela McLean (Mas)	17:59	(12)	Louise Provan (Mas)
11	0:54:06	East Kilbride AC #2	16:36	(12)	Vivien Thorpe (Mas)	16:47	(9)	Kelly Baillie (Mas)	20:43	(15)	Gemma Kirwan (Mas/50)
12	0:54:15	Linlithgow AC #2	16:22	(9)	Lynne McGill (Mas)	19:26	(18)	Joyce Tannahill (Mas)	18:27	(16)	Clair Howison (Mas)
13	0:54:32	Perth RR #3	17:55	(23)	Gillian McGuire (Mas/50)	17:32	(15)	Rhona Younger (Mas)	19:05	(17)	Samantha Newington (Mas)
14	0:55:17	Giffnock North AC #3	17:47	(22)	Caroline Munro (Mas)	20:19	(24)	Catriona Gourley (Mas/50)	17:11	(19)	Jacqueline Campbell (Mas)
15	0:56:16	Bellahouston RR #3	19:04	(30)	Anne Campbell (Mas)	20:13	(27)	Madeline Smillie (Mas)	16:59	(22)	Jane McNeilly (Mas)
16	0:56:35	Ferranti AAC	18:27	(28)	Kate Kitchin (Mas)	18:33	(20)	Julia Drewer (Mas)	19:35	(23)	Julia Loecherbach (Mas)
17	0:57:15	Garscube Harriers #3	20:45	(36)	Morag Casey (Mas)	18:33	(28)	Diane Clark (Mas)	17:57	(24)	Ann White (Mas/50)
18	0:57:26	Harmeny AC	19:13	(31)	Lyndsay Holden (Mas)	18:26	(22)	Nicola Mcguire (Mas)	19:47	(25)	Susan Ross (Mas/50)
19	0:57:54	Kirkintilloch Olympians	19:16	(32)	Marina McCallum (Mas/50)	17:49	(21)	Ausrine Ward (Mas)	20:49	(26)	Ada Stewart (Mas/50)
20	0:59:27	Corstorphine AAC #2	20:06	(35)	Kira Mourao (Mas)	19:48	(29)	Mhairi Bagnall (Mas)	19:33	(27)	Janet Grigor (Mas/50)
21	0:59:29	West End RR #2	19:47	(33)	Beth Murrison (Mas)	19:17	(26)	Elaine Macleod (Mas/50)	20:25	(28)	Madeleine Chadwick (Mas)
22	1:07:43	PH Racing Club	30:40	(40)	Julie Menzies (Mas)	17:22	(31)	Louise Lessels (Mas)	19:41	(30)	Susan Allan (Mas)

## Lindsays scottishathletics National Cross Country Relay Championships

## Female M50

Scone Palace, Scone

Saturday 23rd October 2021

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	0:48:08	Giffnock North AC #1	15:27	(1)	Allie Chong (Mas/50)	17:03	(1)	Shona Donnelly (Mas/50)	15:38	(1)	Mary McCutcheon (Mas/50)
2	0:48:12	Edinburgh AC #5	16:11	(3)	Susan Ridley (Mas/50)	17:04	(2)	Karen Dobbie (Mas/50)	14:57	(2)	Janet Dunbar (Mas/50)
3	0:53:12	Gala Harriers #3	17:55	(8)	Julia Johnstone (Mas/50)	17:29	(3)	Lindsay Dun (Mas/50)	17:48	(3)	Carole Fortune (Mas/50)
4	0:53:13	Dundee Road Runners #3	17:15	(5)	Gillian Sangster (Mas/50)	18:13	(4)	Morag Taggart (Mas/50)	17:45	(4)	Margaret Gamble (Mas/50)
5	0:55:03	Fife AC #3	18:22	(10)	Sue Armstrong (Mas/50)	18:15	(5)	Innes Bracegirdle (Mas/50)	18:26	(5)	Margaret Martin (Mas/50)
6	0:55:21	Linlithgow AC #3	18:18	(9)	Frances Wood (Mas/50)	19:42	(6)	Jennifer Newton (Mas/50)	17:21	(6)	Christine Mulholland (Mas/50)
7	0:55:31	Perth RR #1	18:51	(11)	Tessa Ward (Mas/50)	19:26	(7)	Fiona Manson (Mas/50)	17:14	(7)	Fabienne Antonella Thompson (Mas/50)
8	1:06:29	Perth RR #2	23:16	(14)	Susan Bothwell (Mas/50)	21:49	(8)	Rhona Henderson (Mas/50)	21:24	(8)	Catriona Liddell (Mas/50)

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

Female Fastest Laps

Scone Palace, Scone

Pos	Time	Athlete	Club
1	12:48	Megan Keith (U20)	Edinburgh Univ Hare and Hounds #1
2	12:54	Eloise Walker (Sen)	Glasgow University Hares and Hounds #1
3	13:15	Holly Page (Sen)	Edinburgh Univ Hare and Hounds #1
4	13:23	Jenny Selman (Sen)	Fife AC #1
5	13:28	Fionnuala Ross (Sen)	Shettleston Harriers #1
6	13:30	Annabel Simpson (Sen)	Fife AC #1
7	13:42	Sarah Tait (Sen)	Lasswade AC
8	13:48	Nynke Mulholland (Sen)	Inverclyde AC #1
9	13:52	Erin Wallace (Sen)	Glasgow University Hares and Hounds #1
10	13:52	Hannah Anderson (U20)	Edinburgh Univ Hare and Hounds #1
11	13:55	Megan Crawford (Sen)	Fife AC #1
12	13:57	Gillian Black (Sen)	VP-Glasgow AC
13	13:59	Katie Lowery (Sen)	Edinburgh Univ Hare and Hounds #1
14	14:10	Georgia Ledingham (U20)	Edinburgh Univ Hare and Hounds #3
15	14:10	Holly Little (Sen)	VP-Glasgow AC
16	14:11	Michelle Sandison (Mas)	Springburn Harriers
17	14:13	Alice Goodall (U20)	Edinburgh Univ Hare and Hounds #4
18	14:13	Isla Calvert (U20)	Edinburgh Univ Hare and Hounds #2
19	14:13	Beth Ansell (Sen)	Edinburgh AC #1
20	14:16	Grace Pow (Sen)	Edinburgh Univ Hare and Hounds #4
21	14:16	Stefanie Tucker (Sen)	Glasgow University Hares and Hounds #1
22	14:18	Jillian Stephen (Mas)	Hunters Bog Trotters #1
23	14:20	Catriona MacDonald (Sen)	Bellahouston RR #1
24	14:23	Hannah Cameron (Sen)	Aberdeen AAC #1
25	14:25	Meredith Reid (U20)	Inverclyde AC #1
26	14:26	Emily McNicol (Sen)	Law & District AAC #1
27	14:26	Olivia Vareille (Sen)	Edinburgh Univ Hare and Hounds #2
28	14:30	Kirsty Purcell (U20)	Edinburgh Univ Hare and Hounds #2
29	14:30	Rebekah Russell (Sen)	Bellahouston RR #1
30	14:34	Sheena Logan (Sen)	Fife AC #1
31	14:35	Grace Tindall (U20)	Central AC #1
32	14:36	Runner 203A	Edinburgh Univ Hare and Hounds #3
33	14:37	Anna Dalglish (U20)	Glasgow University Hares and Hounds #2
34	14:38	Sara Green (Sen)	Gala Harriers #1
35	14:38	Philippa Millage (Mas)	VP-Glasgow AC
36	14:39	Niamh Carr (Sen)	Edinburgh Univ Hare and Hounds #2
37	14:42	Hannah Terrance (Sen)	Springburn Harriers
38	14:43	Louise Hastie (U20)	Kilbarchan AAC #1
39	14:44	Aimee Callow (U20)	Edinburgh Univ Hare and Hounds #3
40	14:45	Sophie Collins (Sen)	Corstorphine AAC #1
41	14:45	Kirstian Macaulay (Sen)	Corstorphine AAC #1
42	14:47	Amy Smith (Sen)	Lasswade AC
43	14:47	Rachael Bushfield (Sen)	Inverclyde AC #1
44	14:49	Aoife Carr (Sen)	Glasgow University Hares and Hounds #1
45	14:49	Emma Johnson (U20)	Edinburgh Univ Hare and Hounds #3
46	14:50	Laura Haggarty (Sen)	Kilmarnock H&AC #1
47	14:52	Isla Scott-Pearce (Sen)	Edinburgh AC #1
48	14:52	Zoe Bates (Sen)	Aberdeen AAC #1
49	14:55	Ruth Joss (Sen)	Shettleston Harriers #1
50	14:57	Janet Dunbar (Mas/50)	Edinburgh AC #5

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

Female Fastest Laps

Scone Palace, Scone

Pos	Time	Athlete	Club
51	14:59	Frances Wardle (Sen)	Garscube Harriers #4
52	15:03	Hazel MacCormick (Mas)	Edinburgh AC #4
53	15:04	Alicia Paton (Sen)	Cumbernauld AAC
54	15:05	Kara McKenzie-Tait (Sen)	Kilmarnock H&AC #1
55	15:06	Kristin Lownie (Sen)	PH Racing Club
56	15:06	Jade Maclaren (Sen)	Aberdeen AAC #1
57	15:07	Avril Mason (Mas)	Shettleston Harriers #1
58	15:11	Josie-Wren Golder (U20)	Corstorphine AAC #1
59	15:13	Jessica Robson (U20)	Stirling University AC #2
60	15:15	Merce Sanchez Oller (U20)	Edinburgh Univ Hare and Hounds #4
61	15:16	Catriona Laing (Sen)	Dundee University AC and XC Club
62	15:18	Elaine Eadie (Sen)	Edinburgh AC #1
63	15:18	Grace Whelan (Sen)	Aberdeen AAC #1
64	15:19	Madeleine Watson (Sen)	Law & District AAC #1
65	15:19	Claire Gordon (Mas)	Hunters Bog Trotters #1
66	15:19	Lea Meinecke (Sen)	Glasgow University Hares and Hounds #2
67	15:20	Ruth Fraser-Moodie (Mas)	Springburn Harriers
68	15:21	Lorna Baird (Sen)	Kilmarnock H&AC #1
69	15:22	Kathryn Pannel (Sen)	Shettleston Harriers #1
70	15:22	Lesley Blackwood (Sen)	Cambuslang Harriers #1
71	15:23	Tara Walker (Sen)	Glasgow University Hares and Hounds #3
72	15:24	Eilis McKeachie (Mas)	Hunters Bog Trotters #1
73	15:27	Allie Chong (Mas/50)	Giffnock North AC #1
74	15:28	Clare Stewart (Sen)	Glasgow University Hares and Hounds #2
75	15:32	Alexandra Kiltie (Sen)	Edinburgh Univ Hare and Hounds #4
76	15:33	Jacqueline Etherington (Mas)	Cambuslang Harriers #1
77	15:33	Leah Davie (Sen)	Corstorphine AAC #1
78	15:35	Julie Menzies (Mas)	PH Racing Club
79	15:36	Katherine MacLeod (U20)	Glasgow University Hares and Hounds #3
80	15:37	Louise Ross (Mas)	Bellahouston RR #2
81	15:38	Mary McCutcheon (Mas/50)	Giffnock North AC #1
82	15:42	Ann Robin (Mas)	Bellahouston RR #2
83	15:43	Katy Barden (Mas)	Gala Harriers #2
84	15:44	Nikki Gibson (Sen)	Edinburgh AC #2
85	15:45	Mhairi Ferguson (Sen)	Edinburgh AC #2
86	15:46	Jennifer Lyne (Sen)	Inverclyde AC #1
87	15:47	Holly Morrison (Sen)	Shettleston Harriers #2
88	15:48	Mairi Watts (Sen)	Linlithgow AC #1
89	15:48	Ana Richardson (Mas/50)	West End RR #1
90	15:49	Abi Hammerman (U20)	Inverclyde AC #2
91	15:49	Claire Houston (Mas)	Central AC #2
92	15:51	Alison McNeilly (Mas)	Dundee Road Runners #1
93	15:56	Karen Patel (Mas)	West End RR #1
94	15:57	Siobhann Dunn (Sen)	Bellahouston RR #1
95	15:58	Lynsey Hay (Sen)	Linlithgow AC #1
96	15:59	Rachel Callaghan (Sen)	Dundee Road Runners #1
97	15:59	Min Ke (Sen)	Edinburgh AC #2
98	15:59	Grace Binnie (Sen)	VP-Glasgow AC
99	16:00	Christie Ford (Sen)	Bellahouston RR #1
100	16:00	Maisie Watson (Sen)	Inverclyde AC #2

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

Female Fastest Laps

Scone Palace, Scone

Pos	Time	Athlete	Club
101	16:00	Emma Baird (Sen)	Glasgow University Hares and Hounds #2
102	16:00	Marian Kelly (Mas)	Garscube Harriers #1
103	16:01	Reagan Binnie (Sen)	Law & District AAC #1
104	16:03	Gillian Blee (Mas)	Garscube Harriers #1
105	16:05	Cliona Diamond (Sen)	Central AC #1
106	16:07	Alex Shaw (Sen)	Dundee University AC and XC Club
107	16:07	Holly Smith (Sen)	Garscube Harriers #4
108	16:07	Capri Mancini (Sen)	University of St. Andrews CC #1
109	16:10	Carolyn Cameron (Sen)	Edinburgh AC #1
110	16:11	Susan Ridley (Mas/50)	Edinburgh AC #5
111	16:11	Charlotte Newman (Sen)	Dundee Road Runners #1
112	16:12	Pamela Baillie (Mas)	Gala Harriers #2
113	16:12	Catriona Bruce (Mas)	Hunters Bog Trotters #2
114	16:14	Emily Tomasso (Mas)	Garscube Harriers #1
115	16:15	Emma Morris (Sen)	Motherwell AC
116	16:16	Eilidh Fitzgibbon (Sen)	Garscube Harriers #4
117	16:17	Aimee Claire Anderson (U20)	Inverclyde AC #2
118	16:18	Morven Hubbard (U20)	Ayr Seaforth AC #1
119	16:19	Lizzie Macleish (Sen)	Gala Harriers #1
120	16:20	Mary Senior (Mas)	Garscube Harriers #2
121	16:22	Lynne McGill (Mas)	Linlithgow AC #2
122	16:24	Charlotte McDowall (U20)	Dundee University AC and XC Club
123	16:24	Heather Mack (U20)	University of St. Andrews CC #1
124	16:26	Katie Renault (Sen)	Edinburgh AC #2
125	16:26	Poppy Anderson (U20)	Stirling University AC #1
126	16:27	Runner 277A	Bellahouston Harriers
127	16:29	Emer Campbell (Mas)	Bellahouston RR #2
128	16:29	Isobel Joiner (Mas)	Edinburgh AC #4
129	16:30	Sophie Young (Sen)	Stirling University AC #1
130	16:30	Mia Padmanabhan (U20)	Glasgow University Hares and Hounds #3
131	16:33	Morgan McBurnie (Sen)	Kilmarnock H&AC #1
132	16:33	Gillian Lunn (Mas)	Gala Harriers #2
133	16:35	Julie Atkinson (Mas)	Lothian RC
134	16:36	Vivien Thorpe (Mas)	East Kilbride AC #2
135	16:36	Kirsty O'Brien (Sen)	Cambuslang Harriers #1
136	16:36	Rhona Proctor (Mas)	West End RR #1
137	16:39	Hannah Berry (Sen)	Dundee University AC and XC Club
138	16:39	Lesley Graham (Sen)	Law & District AAC #1
139	16:41	Alison Wood (Sen)	Garscube Harriers #4
140	16:41	Nicola McBeath (Sen)	Giffnock North AC #2
141	16:41	Andrea Cameron (Mas)	Lothian RC
142	16:41	Michaela McLean (Mas)	Fife AC #2
143	16:47	Kelly Baillie (Mas)	East Kilbride AC #2
144	16:47	Fiona Callaghan (Sen)	Dundee Road Runners #1
145	16:47	Yvonne Crilly (Mas/50)	Lothian RC
146	16:48	Carla McClellan (Sen)	Cumbernauld AAC
147	16:48	Bea Winkler (U20)	University of St. Andrews CC #1
148	16:49	Jilly McKay (Sen)	Corstorphine AAC #3
149	16:50	Pippa Samphier (Sen)	Metro Aberdeen RC
150	16:52	Roisin Cameron Coyle (U20)	Strathclyde Univ Harriers #1

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

Female Fastest Laps

Scone Palace, Scone

Pos	Time	Athlete	Club
151	16:55	Eve Young (U20)	Edinburgh Univ Hare and Hounds #5
152	16:56	Nina Farmer (Mas)	Giffnock North AC #2
153	16:58	Sophie Jenkins (U20)	Strathclyde Univ Harriers #1
154	16:58	Mandy Williams (Mas)	Central AC #2
155	16:59	Jane McNeilly (Mas)	Bellahouston RR #3
156	17:01	Emma Craig (Sen)	Newton Road Runners
157	17:01	Marian Monk (Mas)	Greenock Glenpark Harriers
158	17:03	Cara Hoey (Sen)	Inverclyde AC #2
159	17:03	Shona Donnelly (Mas/50)	Giffnock North AC #1
160	17:04	Karen Dobbie (Mas/50)	Edinburgh AC #5
161	17:05	Pamela Parker (Mas/50)	Cumbernauld AAC
162	17:05	Beth Shearer (Sen)	Newton Road Runners
163	17:10	Lucy Somerville (Sen)	Shettleston Harriers #2
164	17:11	Jacqueline Campbell (Mas)	Giffnock North AC #3
165	17:12	Cara Thom (Sen)	Strathclyde Univ Harriers #2
166	17:12	Chloe McClung (U20)	Lothian RC
167	17:12	Philippa De Villiers (Mas)	Dundee Hawkhill Harriers
168	17:14	Fabienne Antonella Thompson (Mas/50)	Perth RR #1
169	17:14	Nicola Farmer (U20)	Springburn Harriers
170	17:15	Gillian Sangster (Mas/50)	Dundee Road Runners #3
171	17:17	Runner 277B	Bellahouston Harriers
172	17:17	Sarah Paterson (Sen)	Ayr Seaforth AC #1
173	17:18	VICTORIA BROWN (Mas)	Aberdeen AAC #2
174	17:20	Rhona Samphier (U20)	Strathclyde Univ Harriers #1
175	17:21	Christine Mulholland (Mas/50)	Linlithgow AC #3
176	17:21	Peggy-Nan Rodger (U20)	Cambuslang Harriers #2
177	17:22	Louise Lessels (Mas)	PH Racing Club
178	17:23	Amanda Bryden (Sen)	Kilmarnock H&AC #2
179	17:24	Ilona Kriauzaitė (Sen)	Metro Aberdeen RC
180	17:26	Emma Laverie (Mas)	Edinburgh AC #4
181	17:27	Gillian Edwards (Sen)	Perth RR #4
182	17:28	Fiona Vaughan (Sen)	Giffnock North AC #2
183	17:28	Michelle Johnstone (Mas)	Fife AC #2
184	17:28	Jane Dunlop (Sen)	Dundee Road Runners #2
185	17:28	Sophia Lappe (Sen)	Dundee Road Runners #2
186	17:29	Elaine Davies (Mas/50)	Edinburgh AC #3
187	17:29	Lindsay Dun (Mas/50)	Gala Harriers #3
188	17:31	Jannike Varnes (Sen)	Glasgow University Hares and Hounds #3
189	17:31	Joy Gudgin (Mas/50)	Carnegie Harriers
190	17:32	Rhona Younger (Mas)	Perth RR #3
191	17:34	Isabella Heppleston (Sen)	Strathclyde Univ Harriers #2
192	17:35	Alison Whyte (Mas/50)	Carnegie Harriers
193	17:35	Susie Hubbard (Mas/50)	Ayr Seaforth AC #1
194	17:35	Lisa Dalglish (Mas)	Gala Harriers #1
195	17:37	Hannah McMahan (Sen)	Stirling University AC #1
196	17:39	Runner 255A	Portobello RC
197	17:42	Martha Lovatt (Sen)	Garscube Harriers #5
198	17:42	Louise Menzies (Mas)	Dundee Road Runners #2
199	17:43	Claire Ward (Mas)	Hunters Bog Trotters #2
200	17:45	Jennifer Beattie (Sen)	Kilmarnock H&AC #2

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

Female Fastest Laps

Scone Palace, Scone

Pos	Time	Athlete	Club
201	17:45	Kathryn Scott (Mas/50)	Garscube Harriers #2
202	17:45	Jennifer Beattie (Sen)	Law & District AAC #2
203	17:45	Margaret Gamble (Mas/50)	Dundee Road Runners #3
204	17:47	Caroline Munro (Mas)	Giffnock North AC #3
205	17:48	Carole Fortune (Mas/50)	Gala Harriers #3
206	17:48	Joanne Thorburn (Mas)	Newton Road Runners
207	17:49	Ausrine Ward (Mas)	Kirkintilloch Olympians
208	17:50	Gillian Hannah (Mas/50)	Ayr Seaforth AC #1
209	17:52	Eilidh Ballantyne (U20)	Kilmarnock H&AC #2
210	17:55	Gillian McGuire (Mas/50)	Perth RR #3
211	17:55	Julia Johnstone (Mas/50)	Gala Harriers #3
212	17:57	Ann White (Mas/50)	Garscube Harriers #3
213	17:58	Catriona Padmanabhan (Mas)	Garscube Harriers #2
214	17:59	Louise Provan (Mas)	Fife AC #2
215	17:59	Deirdre Harrington (Sen)	Edinburgh AC #3
216	18:01	Julie Thomson (Mas)	Calderglen Harriers
217	18:01	Eilidh Boyd (Sen)	Stirling University AC #1
218	18:02	Emma Wright (Sen)	West End RR #2
219	18:04	Chloe McAdam (Sen)	Garscube Harriers #5
220	18:05	Alison Lessells (Sen)	Calderglen Harriers
221	18:09	Kirsty Noble (U20)	University of St. Andrews CC #1
222	18:09	Mandy Cazes (Sen)	Linlithgow AC #1
223	18:11	Julia McAfee (Mas)	Central AC #2
224	18:13	Jacqueline McLew (Mas/50)	Cambuslang Harriers #1
225	18:13	Morag Taggart (Mas/50)	Dundee Road Runners #3
226	18:14	Olivia Steven (Sen)	East Kilbride AC #1
227	18:15	Innes Bracegirdle (Mas/50)	Fife AC #3
228	18:17	Emma Livingstone (U20)	East Kilbride AC #1
229	18:18	Frances Wood (Mas/50)	Linlithgow AC #3
230	18:22	Sue Armstrong (Mas/50)	Fife AC #3
231	18:26	Margaret Martin (Mas/50)	Fife AC #3
232	18:26	Julie Ramsay (Mas)	Perth RR #4
233	18:26	Nicola McGuire (Mas)	Harmeny AC
234	18:27	Clair Howison (Mas)	Linlithgow AC #2
235	18:27	Kate Kitchin (Mas)	Ferranti AAC
236	18:28	Eilidh McCallum (Sen)	Falkirk Victoria Harriers
237	18:29	Morven Glennie (Sen)	Airdrie Harriers
238	18:33	Julia Drewer (Mas)	Ferranti AAC
239	18:33	Diane Clark (Mas)	Garscube Harriers #3
240	18:37	Rachel Wardrope (U20)	Cambuslang Harriers #2
241	18:38	Alison Rutherford (Sen)	Garscube Harriers #5
242	18:42	Sarah Seal (Sen)	Central AC #1
243	18:43	Laura Wilkinson (Sen)	Bellahouston RR #4
244	18:46	Jennifer Massie (Sen)	Dundee Road Runners #2
245	18:51	Roisin Murray (Sen)	Linlithgow AC #1
246	18:51	Tessa Ward (Mas/50)	Perth RR #1
247	18:55	Lucy Gavaghan (U20)	Edinburgh Univ Hare and Hounds #5
248	19:02	Phyllis Hands (Mas/50)	Motherwell AC
249	19:04	Anne Campbell (Mas)	Bellahouston RR #3
250	19:05	Rachael Thomson (Sen)	East Kilbride AC #1

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

Female Fastest Laps

Scone Palace, Scone

Pos	Time	Athlete	Club
251	19:05	Samantha Newington (Mas)	Perth RR #3
252	19:08	Megan Gore (U20)	University of St. Andrews CC #2
253	19:13	Lyndsay Holden (Mas)	Harmeny AC
254	19:16	Marina McCallum (Mas/50)	Kirkintilloch Olympians
255	19:17	Elaine Macleod (Mas/50)	West End RR #2
256	19:21	Sarah Simpson (Sen)	Cambuslang Harriers #2
257	19:26	Eva Peter (U20)	Strathclyde Univ Harriers #1
258	19:26	Fiona Manson (Mas/50)	Perth RR #1
259	19:26	Joyce Tannahill (Mas)	Linlithgow AC #2
260	19:28	Mirren Ward (U20)	Strathclyde Univ Harriers #2
261	19:33	Janet Grigor (Mas/50)	Corstorphine AAC #2
262	19:35	Julia Loecherbach (Mas)	Ferranti AAC
263	19:37	Charlotte Hendry (Mas)	Gala Harriers #1
264	19:40	Rhoda Yarmahmoudi (Mas/50)	Bellahouston RR #4
265	19:40	Rachel Watson (Sen)	Aberdeen AAC #2
266	19:41	Susan Allan (Mas)	PH Racing Club
267	19:42	Jennifer Newton (Mas/50)	Linlithgow AC #3
268	19:45	Molly Reade (Sen)	Strathclyde Univ Harriers #2
269	19:47	Susan Ross (Mas/50)	Harmeny AC
270	19:47	Beth Murrison (Mas)	West End RR #2
271	19:48	Mhairi Bagnall (Mas)	Corstorphine AAC #2
272	19:56	Joni Lindsay (Sen)	Bellahouston RR #4
273	19:59	Donna Macpherson (Mas)	Cumbernauld AAC
274	20:01	Ruth Kirk (Mas/50)	Ayr Seaforth AC #2
275	20:02	Sarah Knox (Mas/50)	Metro Aberdeen RC
276	20:04	Roz Wilson (Mas/50)	Bellahouston RR #4
277	20:04	Sinead Gallagher (Sen)	Edinburgh AC #3
278	20:06	Kira Mourao (Mas)	Corstorphine AAC #2
279	20:13	Madeline Smillie (Mas)	Bellahouston RR #3
280	20:19	Catriona Gourley (Mas/50)	Giffnock North AC #3
281	20:25	Madeleine Chadwick (Mas)	West End RR #2
282	20:26	Amber Shaffi (Mas)	Metro Aberdeen RC
283	20:27	Jasmine Whittaker (Sen)	University of St. Andrews CC #2
284	20:29	Vicky Harrison (Mas)	Law & District AAC #2
285	20:43	Gemma Kirwan (Mas/50)	East Kilbride AC #2
286	20:45	Morag Casey (Mas)	Garscube Harriers #3
287	20:49	Ada Stewart (Mas/50)	Kirkintilloch Olympians
288	20:51	Karen Forsyth (Sen)	Carnegie Harriers
289	20:55	Frances Beattie (Sen)	Carnegie Harriers
290	21:17	Sheila MacAllister (Mas/50)	Edinburgh AC #3
291	21:24	Catriona Liddell (Mas/50)	Perth RR #2
292	21:49	Rhona Henderson (Mas/50)	Perth RR #2
293	23:05	Sarah Fraser (Sen)	University of St. Andrews CC #2
294	23:16	Susan Bothwell (Mas/50)	Perth RR #2



Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	0:46:07	Central AC #1	11:33	(2)	Hamish Hickey (Sen)	11:35	(1)	Ben MacMillan (U20)	11:32	(1)	Andrew Butchart (Sen)	11:29	(1)	Jamie Crowe (Sen)
2	0:47:36	Central AC #2	11:48	(5)	Cameron Milne (Sen)	12:21	(5)	Calum Phillip (Sen)	11:51	(3)	Luca Fanottoli (Sen)	11:39	(2)	Tom Graham-Marr (Sen)
3	0:47:46	Inverclyde AC #1	12:26	(21)	Sean Fontana (Sen)	11:34	(3)	Ben Potrykus (Sen)	12:02	(4)	Ross Gray (Sen)	11:44	(3)	Jonathan Glen (Sen)
4	0:48:15	Edinburgh Univ Hare and Hounds #1	12:18	(15)	Robert Sparks (Sen)	12:09	(11)	Alex Muir (Sen)	12:04	(7)	Harry Henriksen (U20)	11:46	(4)	Matt Knowles (U20)
5	0:48:28	Aberdeen AAC #1	11:49	(6)	Myles Edwards (Sen)	12:26	(7)	Aaron Odentz (Sen)	11:40	(2)	Michael Ferguson (Sen)	12:34	(5)	Fearghas Thomson (Sen)
6	0:48:30	Cambuslang Harriers #2	11:40	(3)	Cameron Smith (Sen)	12:10	(2)	Fraser Stewart (Sen)	12:36	(6)	Iain MacCorquodale (Sen)	12:05	(6)	Jamie MacKinnon (Sen)
7	0:48:48	Fife AC #1	12:08	(11)	Ben Sandilands (U20)	12:01	(6)	Tristan Rees (Sen)	12:26	(8)	Craig Morris (Sen)	12:14	(7)	Lewis Rodgers (Sen)
8	0:49:13	Cambuslang Harriers #1	12:12	(14)	Christopher McLew (U20)	11:52	(4)	Michael Christoforou (Sen)	12:00	(5)	Kevan Harvey (Sen)	13:11	(8)	Craig Jardine (Sen)
9	0:49:17	Glasgow University Hares and Hounds #1	11:57	(8)	Jamie Burns (Sen)	12:27	(10)	Stephen Addison (Sen)	12:39	(10)	Andrew Carey (Sen)	12:16	(9)	Magnus Tait (Sen)
10	0:49:26	University of St. Andrews CC #1	11:59	(9)	Kristof Hornyik (U20)	12:22	(8)	Oisan McGuigan (U20)	12:27	(9)	Kieran Cooper (Sen)	12:39	(10)	Freddie Truman-Williams (U20)
11	0:49:43	Corstorphine AAC #1	12:09	(12)	Ewan Brown (Sen)	12:13	(9)	Dougie Selman (Sen)	12:59	(11)	Donald Macaulay (Sen)	12:23	(11)	Calum McKenzie (Sen)
12	0:49:46	Central AC #3	12:21	(18)	Matthew Sutherland (Sen)	12:23	(13)	Sandy Holl (Sen)	12:52	(12)	Josh Wood (Sen)	12:12	(12)	Dale Colley (Sen)
13	0:50:08	Giffnock North AC #1	13:37	(58)	Ethan Carolan (U20)	12:48	(33)	Ross O'Brien (U20)	12:17	(20)	Calum Young (Sen)	11:28	(13)	Duncan Robinson (U20)
14	0:50:25	Inverness Harriers AAC	12:43	(27)	Finlay MacLennan (Sen)	13:08	(24)	Euan Rollo (U20)	12:36	(17)	Lucas Cairns (U20)	11:58	(14)	Luke Davidson (U20)
15	0:50:29	Falkirk Victoria Harriers #1	11:44	(4)	Scott Stirling (Sen)	13:14	(16)	Euan Wond (U20)	13:10	(16)	Calum Little (U20)	12:23	(15)	Ben Stevenson (Sen)
16	0:50:47	Edinburgh Univ Hare and Hounds #2	12:53	(34)	Joe Battershill (Sen)	12:57	(23)	Owen Wilkinson (U20)	12:43	(18)	Boyan Ivandjikov (Sen)	12:15	(16)	Ben Shaw (Sen)
17	0:51:05	East Kilbride AC #1	11:51	(7)	Daryl Reid (Sen)	13:03	(14)	Jamie Clements (Sen)	13:08	(15)	David Ross (Mas)	13:04	(17)	Martin Lynas (Sen)
18	0:51:09	Aberdeen AAC #2	12:26	(22)	Adam Brown (U20)	12:31	(15)	Samuel Griffin (U20)	13:04	(14)	Ben Nelson (Sen)	13:09	(18)	Steven Murray (Sen)
19	0:51:24	Heriot-Watt Univ AC	12:20	(17)	Samuel Leitch (U20)	13:14	(18)	Fraser Holman (U20)	13:42	(24)	Tom Lines (Sen)	12:09	(19)	Finn Lydon (Sen)
20	0:51:30	Glasgow University Hares and Hounds #2	13:00	(40)	David Addison (U20)	13:21	(32)	Keir Crawford (U20)	12:44	(22)	Anthony Addison (Sen)	12:26	(20)	Cameron Fordyce (U20)
21	0:52:03	East Sutherland AC	12:46	(28)	Eoghann Gollan (Sen)	12:51	(20)	Finlay Murray (Sen)	13:24	(21)	Ruairidh Gollan (Sen)	13:06	(21)	Fraser Roach (Sen)
22	0:52:16	Lasswade AC #1	11:28	(1)	Christian Graham (Sen)	13:08	(12)	Martin Gore (Mas)	14:04	(19)	David Woods (Sen)	13:37	(22)	Greg Louden (Sen)
23	0:52:20	Edinburgh Univ Hare and Hounds #3	13:05	(43)	Sebastian Segger-Staveley (U20)	13:27	(35)	Ifan Gruff Oldfield (Sen)	12:57	(26)	Alasdair Bisset (Sen)	12:52	(23)	Michael Rimicans (Sen)
24	0:52:36	Metro Aberdeen RC	12:04	(10)	Jason Kelly (Sen)	13:42	(22)	Jordan Cruickshank (U20)	13:45	(27)	Tom Martin (Sen)	13:07	(24)	Scott Mcleod (Sen)
25	0:52:46	Cambuslang Harriers #3	12:55	(35)	Zak Povey (U20)	13:00	(26)	Colin Reilly (Sen)	13:31	(25)	Michael Black (U20)	13:23	(25)	Richard Carr (Sen)
26	0:52:57	Shettleston Harriers #1	12:21	(19)	Christopher McGarrity (Sen)	13:16	(19)	Calum Oates (Sen)	13:32	(23)	Michael Paxton (Sen)	13:50	(26)	Adam Peters (Sen)
27	0:53:06	Edinburgh AC #2	13:15	(48)	Stuart Johnson (Mas)	14:18	(51)	Mark Thornton-Smith (Mas)	13:11	(37)	Leon Johnson (Mas)	12:24	(27)	Ewan Cameron (Mas)
28	0:53:11	Cambuslang Harriers #5	13:47	(67)	George Pettit (Mas)	13:23	(45)	Stephen Wylie (Mas)	13:34	(36)	Justin Carter (Mas)	12:29	(28)	Gordon Robertson (Mas)
29	0:53:14	Dundee Hawkhill Harriers #1	12:55	(36)	C Earl	13:21	(29)	M Stewart	13:28	(29)	C McCormack	13:31	(29)	K Hernandez
30	0:53:27	Edinburgh AC #1	12:50	(30)	Mark MacDermot (Sen)	13:38	(34)	Max Meres (Sen)	13:57	(32)	Kevin Hamilton (Sen)	13:03	(30)	Myles Bax (Sen)
31	0:53:45	Garscube Harriers #1	12:18	(16)	Finlay Ross-Davie (U20)	13:26	(21)	Craig Shields (Sen)	14:06	(30)	Jamie Flaherty (Sen)	13:56	(31)	Jordan Queen (Sen)
32	0:53:49	PH Racing Club #3	14:18	(84)	Robert Sellar (Mas)	12:56	(46)	Andrew Davis (Mas)	13:37	(40)	Paul Kieran (Mas)	13:00	(32)	Andrew Wright (Mas)
33	0:53:51	Inverclyde AC #2	13:07	(44)	Dylan Crawford (Sen)	12:45	(25)	Colin Doherty (Sen)	14:26	(31)	Lewis Hainey (U20)	13:35	(33)	Jon Hammerman (Mas)
34	0:54:06	Giffnock North AC #2	13:24	(53)	Oliver Traynor (Sen)	13:52	(48)	Ruairidh MacLean (Sen)	13:24	(34)	Jacob Luc (U20)	13:27	(34)	Blayne Wright (U20)
35	0:54:14	Gala Harriers #1	13:14	(47)	Gary Trewartha (Mas)	13:50	(43)	Brian Aitchison (Mas)	13:42	(39)	Graeme Murdoch (Mas)	13:29	(35)	Wayne McIntosh (Mas)
36	0:54:15	Fife AC #2	13:08	(45)	Alistair Gudgin (Sen)	14:52	(63)	Scott McClung (U20)	13:34	(46)	Ben Kinninmonth (Sen)	12:44	(36)	Ryan Lafferty (Sen)
37	0:54:41	Hunters Bog Trotters #1	14:10	(80)	David Wright (Mas)	13:29	(53)	Ray Ward (Mas)	13:58	(48)	Jamie Brown (Mas)	13:07	(37)	Dave Ward (Mas)
38	0:54:43	University of St. Andrews CC #2	12:50	(31)	Andrew Chingos (U20)	13:30	(31)	Alex Robinson (Sen)	14:21	(35)	Samuel Thom (Sen)	14:04	(38)	Jake Harrison (Sen)
39	0:54:46	Bellahouston RR #1	13:52	(72)	Bruce Carse (Mas)	14:01	(60)	Anthony Lucio Jannetta (Sen)	13:41	(47)	Craig Ross (Mas)	13:12	(39)	Alan Moss (Sen)
40	0:54:55	PH Racing Club #1	13:44	(64)	Darren Jubb (Sen)	13:20	(42)	Michael McConnell (Sen)	14:24	(44)	Philip Waring (Sen)	13:28	(40)	Aaron Bennet (U20)
41	0:55:06	Law & District AAC #1	12:59	(39)	Kieran Pugh (Sen)	15:00	(62)	James McClafferty (Sen)	14:28	(58)	Ross Hill (Sen)	12:40	(41)	James Gillon (Sen)
42	0:55:19	Corstorphine AAC #2	13:16	(49)	Theo Phillips Smith (U20)	14:41	(61)	Ben Draye (Sen)	13:24	(43)	Ritchie Gardiner (U20)	13:59	(42)	Jack Fullerton (Sen)
43	0:55:23	Lothian RC #1	13:13	(46)	Sam McIntosh (Sen)	14:26	(52)	Ryan Kirkland (U20)	13:01	(33)	Joshua Dack (Sen)	14:44	(43)	Colin Partridge (Mas)
44	0:55:30	Dundee Road Runners #1	13:49	(68)	Angus Rodney (Sen)	13:44	(50)	Marcus Sheridan (Sen)	13:13	(38)	Robbie Dunlop (Sen)	14:41	(44)	Shea Roddy (Sen)
45	0:55:32	Livingston AC	12:11	(13)	Andrew McGill (U20)	16:30	(70)	Richard Arthurs (U20)	12:40	(42)	Cameron Harris (Sen)	14:14	(45)	Jonathan Marshall (U20)
46	0:55:46	Westerlands CCC	13:31	(54)	James Bowden (Sen)	14:20	(59)	Scott Henderson (Mas)	13:58	(49)	Niall McAlinden (Sen)	13:58	(46)	Brian Bonnyman (Mas/50)
47	0:55:48	Garscube Harriers #3	15:07	(109)	John Murray (Mas)	13:27	(68)	Garry Mathew (Mas)	14:02	(61)	Daniel Scroop (Mas)	13:15	(47)	John Coyle (Mas)
48	0:55:55	East Kilbride AC #2	13:46	(65)	Jack Kirwan (Sen)	13:58	(55)	Vincent Hasrings (Sen)	14:35	(55)	Gary Craig (Sen)	13:38	(48)	Luke Kirwan (Sen)
49	0:55:57	Ayr Seaforth AC #1	14:50	(100)	Nathan McColm (U20)	14:46	(82)	Simon Kirk (Mas)	13:04	(63)	Kenneth Neill (Mas)	13:19	(49)	Brian Robinson (Mas)
50	0:56:25	Central AC #5	12:29	(23)	Scott Brember (Mas)	14:13	(38)	Ewan Jack (Mas)	14:49	(45)	Craig Walker (Mas/50)	14:54	(50)	David Eckersley (Mas/50)

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
51	0:56:29	Portobello RC #1	13:19	(51)	Matt Bird (Sen)	13:19	(36)	David Limmer (Sen)	14:40	(41)	Alan Risk (Sen)	15:12	(51)	David Worrall (Mas)
52	0:56:31	Bellahouston Harriers #1	13:46	(66)	Darren McQuade (Sen)	14:01	(56)	David Mackintosh (Sen)	14:28	(53)	Paul Clawson (Sen)	14:19	(52)	Brent Brodie (Mas)
53	0:56:35	Fife AC #3	12:58	(38)	Sam Fernando (Sen)	13:21	(30)	Michael Sanderson (U20)	15:58	(54)	Tony Martin (Mas/50)	14:19	(53)	Gordon Stanford (Sen)
54	0:56:39	Aberdeen AAC #3	13:35	(57)	Michael Kilbride (Sen)	15:16	(73)	Fraser McGillivray (Sen)	14:11	(67)	Andrew Casey (Sen)	13:38	(54)	Andrew John Ferguson (Sen)
55	0:56:51	Kirkintilloch Olympians #1	12:52	(33)	Andrew Kirk (Sen)	13:53	(39)	Kenny Robertson (Sen)	15:57	(64)	Drew Paterson (Mas/50)	14:10	(55)	David Allsop (Mas)
56	0:57:31	Falkirk Victoria Harriers #2	13:16	(50)	Harris Pentecost (Sen)	14:34	(58)	Michael Ross (Mas)	14:04	(50)	Colin Lamont (Mas)	15:38	(56)	Euan McCallum (Sen)
57	0:57:34	Dundee University AC and XC Club	13:04	(42)	Thomas Berry (Sen)	14:37	(54)	Sean Haycock (Sen)	15:17	(66)	Ross Gray (Sen)	14:37	(57)	Charlie LaMassa (Sen)
58	0:57:37	Shettleston Harriers #2	15:03	(107)	Denis Williams (Mas/50)	13:44	(72)	Brian McGarrity (Mas)	13:38	(57)	Iain Burns (Mas)	15:13	(58)	Mark McCol (Mas)
59	0:57:51	Dundee Hawkhill Harriers #2	15:43	(122)	Raymond Tully (Mas/50)	14:06	(88)	Billy Gibson (Mas)	14:14	(71)	Mike Herron (Sen)	13:50	(59)	Lee Strachan (Mas)
60	0:57:56	Giffnock North AC #3	13:55	(74)	Jordan Orr (Sen)	14:43	(69)	Eoghan O'Donnell (U20)	14:34	(69)	Andrew Robertson (U20)	14:45	(60)	Donald Maclean (U20)
61	0:57:58	Edinburgh Univ Hare and Hounds #4	13:31	(55)	Fraser Smith (Sen)	13:29	(40)	Otto Jakubowski (U20)	17:07	(72)	Corey Pirie (Sen)	13:52	(61)	Todd Russell (Sen)
62	0:57:59	Corstorphine AAC #4	13:41	(63)	Alastair Brockie (Mas)	14:29	(65)	Alan Cunningham (Mas)	16:00	(73)	Michael Connelly (Mas/50)	13:50	(62)	Ross Milne (Mas)
63	0:58:30	Strathclyde Univ Harriers #3	14:41	(94)	Daniel Stewart (U20)	15:07	(87)	Tom Porter (Sen)	14:41	(76)	Alex Ellen (U20)	14:02	(63)	Robert Jenkins (Sen)
64	0:58:46	VP-Glasgow AC #1	13:51	(71)	Graeme Laing (Mas)	12:50	(37)	Steven Bryce (Sen)	15:57	(62)	Stuart Kelly (Mas)	16:10	(64)	Peter Freer (Mas)
65	0:58:51	Cumbernauld AAC #1	14:50	(101)	Paul Stoddart (Mas)	15:28	(98)	Robert Bartley (Mas)	14:36	(81)	Robert Keenan (Mas)	13:58	(65)	Allan Cameron (Mas)
66	0:59:08	Fife AC #4	14:48	(99)	James Hall (Mas)	14:31	(80)	Mike MacDonald (Mas)	15:03	(74)	Alex Jarrett (Mas)	14:47	(66)	Dave Clark (Mas)
67	0:59:14	Bellahouston RR #2	13:57	(75)	Iain Murphy (Sen)	15:03	(76)	Alan Digweed (Mas)	15:31	(77)	Chris Allan (Sen)	14:44	(67)	Simon Wells (Sen)
68	0:59:21	Garscube Harriers #2	13:37	(59)	Timothy Martin (Sen)	13:30	(44)	James Wilkes (Sen)	15:22	(59)	Patrick Gibbons (Mas)	16:54	(68)	Kristan Alexander (Mas)
69	0:59:27	Cumbernauld AAC #2	14:55	(104)	Derek Martin (Mas/50)	14:51	(86)	Ross McEachern (Mas/50)	14:50	(78)	Dylan Drummond (U20)	14:52	(69)	Gary McPake (U20)
70	0:59:34	University of St. Andrews CC #3	14:41	(95)	John Stubbs (Sen)	15:19	(92)	Dominic Spurling (Sen)	15:28	(84)	Noah McDermott (U20)	14:08	(70)	Nick Lightfoot (Sen)
71	0:59:36	Gala Harriers #2	12:23	(20)	Darrell Hastie (Sen)	14:58	(49)	Fergus Johnston (Sen)	15:42	(68)	Paul Henderson (Mas)	16:35	(71)	Iain Buckley (Sen)
72	0:59:58	Kilmarnock H&AC #1	12:51	(32)	Craig Ferguson (Sen)	14:24	(47)	Jamie Nix (Sen)	15:17	(60)	Connell Drummond (Mas)	17:27	(72)	Stewart McRoberts (Mas)
73	1:00:04	Central AC #4	14:07	(78)	Andrew Irvine (Sen)	15:52	(89)	Alan Hume (Mas)	13:41	(70)	Sam Grivell (U20)	16:26	(73)	Neil Galbraith Cobb (Sen)
74	1:00:12	Newton Road Runners	15:19	(115)	Alastair Drummond (Mas)	15:23	(103)	Alistair Macdonald (Mas)	15:22	(91)	Peter Alexander (Sen)	14:09	(74)	Callum Ferguson (Sen)
75	1:01:59	Harmony AC	14:05	(77)	Philip Holden (Mas)	15:54	(90)	David Alexander (Mas/50)	14:57	(82)	Jonathan Kennedy (Sen)	17:04	(75)	Craig Stewart (Mas)
76	1:02:07	Motherwell AC #1	13:38	(61)	Paul Burns (Sen)	16:22	(91)	Alan Main (Sen)	16:08	(92)	Scott Kelman (Sen)	16:00	(76)	Scott Dickson (Sen)
77	1:02:12	Carnegie Harriers #2	14:32	(87)	Barry Davie (Mas)	15:37	(95)	Kevin Davie (Mas)	16:20	(95)	Derek McDonald (Mas)	15:44	(77)	Ben Hopkin (Mas)
78	1:02:38	Law & District AAC #4	13:37	(60)	Darran Muir (Mas)	15:15	(74)	Richard Beattie (Mas)	16:48	(87)	Mark Milligan (Mas/50)	16:58	(78)	Martin Kay (Mas)
79	1:02:43	Hunters Bog Trotters #3	15:58	(127)	Michael Grant (Sen)	16:55	(128)	Neil Thomas (Mas/50)	15:49	(111)	David Fulton (Sen)	14:02	(79)	Huw Jones (Sen)
80	1:02:48	Cambuslang Harriers #6	14:36	(90)	Iain Nicholl (Mas)	16:10	(105)	Scott Hunter (Mas)	14:50	(86)	Kenny Finlayson (Mas)	17:14	(80)	Iain Crawford (Mas/50)
81	1:02:49	Cambuslang Harriers #4	13:52	(73)	Theo Carter (U20)	15:00	(75)	Gary Lyon (Mas)	16:41	(85)	Simon Gold (Mas)	17:17	(81)	Stephen Leonard (Mas)
82	1:02:50	PH Racing Club #2	14:46	(97)	Colin Somerville (Sen)	14:29	(79)	Mark Webster (Mas)	17:38	(99)	Billy Stewart (Sen)	15:58	(82)	Alan McGowan (Mas)
83	1:03:07	West End RR #1	16:19	(136)	Graeme Jack (Mas/50)	16:26	(126)	Byron Moreton (Sen)	16:17	(117)	Paul Gooding (Sen)	14:07	(83)	Stephen Brown (Mas)
84	1:03:26	Greenock Glenpark Harriers #1	14:14	(82)	Steven Campbell (Mas)	13:59	(66)	Oliver Reilly (Sen)	16:39	(80)	Alan O'Rourke (Mas/50)	18:36	(84)	Frank McMahon (Mas/50)
85	1:03:36	Springburn Harriers #1	13:00	(41)	Yacoub Bahar (Sen)	17:35	(102)	Alistair Peat (Mas)	15:53	(94)	Paul Wilson (Sen)	17:09	(85)	Joe Chambers (Sen)
86	1:03:50	University of St. Andrews CC #4	16:24	(137)	Bartosz Witkowski (Sen)	14:42	(112)	Owen McCartney (U20)	16:13	(103)	Louis Foster (U20)	16:32	(86)	Daniel Boulton-Jones (Sen)
87	1:04:19	East Kilbride AC #3	15:30	(118)	Cameron MacDonald (U20)	15:44	(113)	Niall Walker (Sen)	17:20	(110)	Michael Carlin (Mas)	15:46	(87)	John Edwards (Mas)
88	1:06:00	Central AC #6	15:38	(120)	Donald Shaw (Mas/50)	16:07	(118)	Iain Dunsmore (Mas/50)	17:51	(119)	Colin Alexander (Mas)	16:24	(88)	Hugh Buchanan (Mas/50)
89	1:06:31	Edinburgh AC #4	15:50	(124)	Malcolm Parry (Mas)	15:53	(117)	Iain Craven (Mas)	14:50	(97)	Patrick Fenn (Mas)	19:59	(89)	Alex MacEwen (Mas/50)
90	1:06:47	Glasgow Caledonian University	13:22	(52)	Iain Paton (Sen)	16:17	(84)	Luke Franklin (Sen)	18:13	(105)	Calum Brown (Sen)	18:57	(90)	Lewis Semple (Sen)
91	1:06:53	Motherwell AC #2	14:59	(105)	Alan Tait (Mas)	18:10	(131)	David Hoolaghan (Mas)	15:18	(108)	Mark Ellis (Mas)	18:28	(91)	John Burns (Mas/50)
92	1:07:52	Dundee Road Runners #2	14:35	(88)	Hector Waudby-West (Sen)	15:53	(100)	Benjamin Gibson (Sen)	21:27	(126)	Josh McKay (Sen)	15:59	(92)	Jamal Abas (Sen)
93	1:08:15	Law & District AAC #2	16:42	(140)	Finn Milligan (U20)	16:06	(127)	Kieran Cubis (Sen)	17:25	(121)	Conor Butters (Sen)	18:04	(93)	John O'Leary (Mas/50)
94	1:09:35	Corstorphine AAC #3	14:44	(96)	Tristan Rabaeijs (Sen)	17:38	(123)	Jan-Bert Van Den Berg (Mas/50)	18:23	(123)	Steven Blair (Mas/50)	18:51	(94)	David Henderson (Mas/50)
95	1:10:17	Dundee Road Runners #3	17:07	(144)	Derek Arthur (Mas)	18:12	(138)	Martin Rollo (Mas/50)	17:34	(127)	John Tierney (Mas)	17:25	(95)	Duncan Edward (Mas)
96	1:11:34	West End RR #2	17:57	(148)	Jonathan Bell (Mas)	18:16	(142)	Alham Said (Mas/50)	17:38	(128)	Jamie Oswin (Mas)	17:44	(96)	Chris Lee (Mas)

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
	0:37:52	Kilbarchan AAC #1	12:38	(26)	Callum Matthews (Sen)	12:22	(17)	Robbie Ferguson (Sen)	12:53	(13)	Ewan McKerral (Sen)			
	0:39:37	Glasgow University Hares and Hounds #3	12:35	(24)	Philip Neilson (Sen)	13:30	(28)	Malcolm McLure (U20)	13:33	(28)	Henry Burton (Sen)			
	0:41:54	Perth RR #1	13:59	(76)	David Knight (Mas/50)	14:07	(64)	Duncan Ryan (Mas/50)	13:49	(51)	Stuart Robertson (Mas/50)			
	0:41:57	Cumbernauld AAC #3	14:18	(85)	David Hogg (Mas/50)	13:31	(57)	Stephen Allen (Mas/50)	14:09	(52)	Paul McMonagle (Mas/50)			
	0:42:20	Cambuslang Harriers #7	13:49	(69)	Richard Cooper (Mas/50)	14:26	(67)	Michael O'Hagan (Mas/50)	14:06	(56)	Chris Upson (Mas/50)			
	0:42:46	Perth RR #4	12:36	(25)	James Waldie (Sen)	14:26	(41)	Michael Souter (Sen)	15:45	(65)	Mark Crawford (Mas/50)			
	0:44:22	Edinburgh AC #5	14:53	(103)	Lewis Orr (Mas/50)	15:13	(94)	Andrew Latham (Mas/50)	14:17	(75)	Michael Fullerton (Mas/50)			
	0:44:37	Falkirk Victoria Harriers #4	14:21	(86)	Michael McQuaid (Mas/50)	14:49	(78)	Wallace Grieve (Mas/50)	15:28	(79)	Craig Johnston (Mas/50)			
	0:45:22	Bellahouston Harriers #2	15:11	(111)	Calum Ferguson (Sen)	14:24	(81)	Fraser Armstrong (Sen)	15:49	(83)	Anthony Carson (Sen)			
	0:45:46	Cambuslang Harriers #8	15:07	(110)	David Thom (Mas/50)	15:50	(109)	Des Dickson (Mas/50)	14:50	(88)	Frank McGowan (Mas/50)			
	0:45:52	Strathclyde Univ Harriers #2	15:24	(116)	Jack Mcgleish (Sen)	15:27	(106)	Cameron Wallace (Sen)	15:01	(89)	Cameron Douglas (Sen)			
	0:46:00	Perth RR #2	14:37	(91)	Eddie Torrie (Mas/50)	15:04	(85)	Ronnie Glen (Mas/50)	16:20	(90)	Richard Ward (Mas/50)			
	0:46:18	Carnegie Harriers #1	14:39	(93)	Steven King (Mas/50)	15:55	(101)	Steve Adam (Mas/50)	15:45	(93)	Lee Holland (Mas/50)			
	0:46:28	Bellahouston RR #3	15:59	(129)	James McGreevy (Sen)	14:53	(107)	Stuart Laurence (Sen)	15:37	(96)	Jamie Robinson (Sen)			
	0:46:47	PH Racing Club #4	15:18	(114)	Mark Mclean (Mas/50)	16:08	(115)	Kevin Hughes (Mas/50)	15:22	(98)	Wright Beveridge (Mas/50)			
	0:46:56	Portobello RC #2	15:13	(113)	Alex Garvie (Mas/50)	16:14	(116)	William Jarvie (Mas/50)	15:30	(100)	Neil Park (Mas/50)			
	0:47:04	VP-Glasgow AC #2	15:00	(106)	Duncan Thomson (Mas/50)	15:43	(104)	Gerard Craig (Mas/50)	16:22	(101)	Sandy Gardner (Mas/50)			
	0:47:11	Edinburgh AC #6	14:46	(98)	Paul Forbes (Mas/50)	15:29	(97)	Gavin Phillip (Mas/50)	16:57	(102)	Dougie Gowan (Mas/50)			
	0:47:23	Airdrie Harriers	14:08	(79)	Mark Connelly (Mas)	16:05	(96)	Jean-Yves Daniel (Mas/50)	17:11	(104)	Stephen Purvis (Mas)			
	0:48:08	Dumbarton AAC	12:56	(37)	Craig Prior (Sen)	17:28	(99)	William Goldie (Mas/50)	17:45	(106)	John Mackenzie (Mas)			
	0:48:15	Bellahouston RR #4	16:18	(135)	Frans Roelofse (Mas/50)	16:12	(125)	Allon Galbraith (Mas/50)	15:47	(107)	Tony McParland (Mas/50)			
	0:48:30	VP-Glasgow AC #3	15:56	(126)	Alex Potter (Mas/50)	16:15	(121)	Andrew Law (Mas/50)	16:20	(109)	Charlie Murray (Mas/50)			
	0:48:46	Lasswade AC #2	14:35	(89)	Euan Hood (Sen)	16:22	(110)	David Scott (Mas)	17:50	(112)	Derrick Brydon (Mas/50)			
	0:48:47	Garscube Harriers #5	15:06	(108)	Robbie Drummond (Mas/50)	16:12	(114)	Athole Smith (Mas/50)	17:31	(113)	Norman Baillie (Mas/50)			
	0:48:59	Greenock Glenpark Harriers #2	15:37	(119)	Gavin Morrison (Mas/50)	16:21	(120)	Campbell Cromar (Mas/50)	17:02	(114)	Daniel McLaughlin (Mas/50)			
	0:48:58	East Kilbride AC #4	16:08	(132)	Keith Charters (Mas/50)	15:44	(119)	Arthur Mulholland (Mas/50)	17:08	(115)	Graeme Haddow (Mas/50)			
	0:49:00	Dundee Road Runners #4	15:58	(128)	Michael Mitchell (Mas/50)	16:23	(122)	Jim Morton (Mas/50)	16:40	(116)	David Miller (Mas/50)			
	0:49:15	Calderglen Harriers #1	17:08	(145)	Jim Holmes (Mas/50)	17:20	(136)	Jim Mearns (Mas/50)	14:49	(118)	Alan Derrick (Mas/50)			
	0:50:12	Lothian RC #2	16:57	(142)	George Gilhoolley (Mas/50)	16:03	(130)	Alastair Murray (Mas)	17:13	(120)	John Robertson (Mas/50)			
	0:50:37	Corstorphine AAC #5	14:12	(81)	Iain Macleod (Mas/50)	14:49	(77)	Graeme Fletcher (Mas/50)	21:37	(122)	Ian Johnston (Mas/50)			
	0:51:33	Edinburgh AC #3	16:12	(133)	Paul McBrien (Mas/50)	16:45	(129)	Chris Creegan (Mas/50)	18:37	(124)	Eric Stevenson (Mas/50)			
	0:51:53	Dundee Hawhill Harriers #3	20:23	(153)	K Latham	15:08	(139)	A Leech	16:24	(125)	G Bruce			
	0:53:55	Strathclyde Univ Harriers #1	26:12	(154)	Patrick Mochan (U20)	14:17	(146)	Liam Raeside (Sen)	13:27	(129)	Struan Oliver-Jones (U20)			
	0:54:09	Dundee Road Runners #5	17:46	(147)	John Mill (Mas/50)	17:54	(141)	Grant Whytock (Mas/50)	18:30	(130)	Harry Kay (Mas/50)			
	0:54:10	Perth RR #3	18:18	(149)	Mike Dales (Mas/50)	16:42	(137)	Neil Muir (Mas/50)	19:11	(131)	Alan Bothwell (Mas/50)			
	0:54:14	Calderglen Harriers #2	15:12	(112)	Kevin Farmer (Sen)	18:39	(134)	Gordon McNally (Mas/50)	20:24	(132)	Russell Couper (Mas/50)			
	0:54:21	Red Star AC	15:27	(117)	Darren Carruthers (Sen)	22:16	(144)	James McGunnigle (U20)	16:38	(133)	Kieran McGhee (U20)			
	0:55:44	Kilmarnock H&AC #2	16:01	(130)	Paul Black (Mas)	19:38	(140)	Stuart Nibloe (Sen)	20:06	(134)	Douglas Steele (Sen)			
	1:01:16	Fife AC #5	15:54	(125)	Paul Harkins (Mas)	14:59	(108)	Colin Sanderson (Mas)	30:25	(135)	Rory Sandilands (Mas)			
	1:05:13	Carnegie Harriers #3	15:38	(121)	Jonathan Millar (Sen)	16:48	(124)	Peter Simpson (Mas/50)	32:49	(136)	Paul Woodland (Mas)			
	1:14:30	Central AC #7	35:23	(155)	Cameron Campbell (Mas/50)	19:36	(147)	Colin Sinclair (Mas/50)	19:32	(137)	Allan Gall (Mas/50)			
	0:26:03	Stirling University AC #1	12:47	(29)	Mark Carberry (U20)	13:16	(27)	Jack Muir (U20)						
	0:28:41	Edinburgh AC #7	13:34	(56)	Iain Macdonald (Sen)	15:08	(71)	John Mowbray (Sen)						
	0:29:38	Shettleston Harriers #3	14:52	(102)	Andrew Rockett Jackson (Sen)	14:46	(83)	John Oates (Mas/50)						
	0:30:04	Hunters Bog Trotters #2	13:38	(62)	Ewan Crawford (Sen)	16:26	(93)	Charles Houston (Sen)						
	0:31:01	Banchory Stonehaven AC	14:16	(83)	Stuart Ferguson (Sen)	16:45	(111)	Andrew Ferguson Snr (Mas/50)						
	0:33:25	VP-Glasgow AC #4	16:49	(141)	Daniel Smith (Sen)	16:36	(132)	Ralph Connolly (Mas/50)						
	0:33:24	Kirkintilloch Olympians #2	16:14	(134)	John Thow (Sen)	17:11	(133)	Craig Johnston (Sen)						
	0:34:21	Falkirk Victoria Harriers #3	18:40	(150)	Alastair Mccallum (Mas/50)	15:42	(135)	Euan Hogarth (Mas)						
	0:36:58	Garscube Harriers #4	17:26	(146)	James Boyle (Mas)	19:33	(143)	Paul Collins (Mas/50)						
	0:39:59	Inverclyde AC #3	15:44	(123)	Robert Gray (Mas/50)	24:15	(145)	Tom Tracey (Mas/50)						
	0:13:49	Glasgow School of Sport	13:49	(70)	Matthew Stewart (U20)									
	0:14:38	Giffnock North AC #4	14:38	(92)	David Shaw (Mas)									
	0:16:04	East Kilbride AC #5	16:04	(131)	David Thomson (Sen)									
	0:16:32	Ayr Seaforth AC #2	16:32	(138)	Stuart McLean (Mas)									
	0:16:35	Gala Harriers #3	16:35	(139)	Bob Johnson (Mas/50)									
	0:17:01	Springburn Harriers #2	17:01	(143)	Matt Stanley (Sen)									
	0:19:00	West End RR #3	19:00	(151)	Allen Campbell (Mas)									
	0:20:10	Law & District AAC #3	20:10	(152)	Moazzam Hussain (Sen)									

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	0:53:06	Edinburgh AC #2	13:15	(3)	Stuart Johnston (Mas)	14:18	(5)	Mark Thornton-Smith (Mas)	13:11	(2)	Leon Johnson (Mas)	12:24	(1)	Ewan Cameron (Mas)
2	0:53:10	Cambuslang Harriers #5	13:47	(6)	George Pettit (Mas)	13:23	(3)	Stephen Wylie (Mas)	13:34	(1)	Justin Carter (Mas)	12:29	(2)	Gordon Robertson (Mas)
3	0:53:49	PH Racing Club #3	14:18	(16)	Robert Sellar (Mas)	12:56	(4)	Andrew Davis (Mas)	13:37	(4)	Paul Kieran (Mas)	13:00	(3)	Andrew Wright (Mas)
4	0:54:13	Gala Harriers #1	13:14	(2)	Gary Trewartha (Mas)	13:50	(2)	Brian Aitchison (Mas)	13:42	(3)	Graeme Murdoch (Mas)	13:29	(4)	Wayne Mcintosh (Mas)
5	0:54:41	Hunters Bog Trotters #1	14:10	(13)	David Wright (Mas)	13:29	(6)	Ray Ward (Mas)	13:58	(6)	Jamie Brown (Mas)	13:07	(5)	Dave Ward (Mas)
6	0:55:48	Garscube Harriers #3	15:07	(33)	John Murray (Mas)	13:27	(11)	Garry Mathew (Mas)	14:02	(11)	Daniel Scroop (Mas)	13:15	(6)	John Coyle (Mas)
7	0:56:25	Central AC #5	12:29	(1)	Scott Brember (Mas)	14:13	(1)	Ewan Jack (Mas)	14:49	(5)	Craig Walker (Mas/50)	14:54	(7)	David Eckersley (Mas/50)
8	0:57:36	Shettleston Harriers #2	15:03	(31)	Denis Williams (Mas/50)	13:44	(12)	Brian McGarrity (Mas)	13:38	(10)	Iain Burns (Mas)	15:13	(8)	Mark McColl (Mas)
9	0:57:59	Corstorphine AAC #4	13:41	(5)	Alastair Brockie (Mas)	14:29	(9)	Alan Cunningham (Mas)	16:00	(12)	Michael Connelly (Mas/50)	13:50	(9)	Ross Milne (Mas)
10	0:58:50	Cumbernauld AAC #1	14:50	(26)	Paul Stoddart (Mas)	15:28	(25)	Robert Bartley (Mas)	14:36	(16)	Robert Keenan (Mas)	13:58	(10)	Allan Cameron (Mas)
11	0:59:08	Fife AC #4	14:48	(25)	James Hall (Mas)	14:31	(16)	Mike MacDonald (Mas)	15:03	(13)	Alex Jarrett (Mas)	14:47	(11)	Dave Clark (Mas)
12	1:02:11	Carnegie Harriers #2	14:32	(19)	Barry Davie (Mas)	15:37	(22)	Kevin Davie (Mas)	16:20	(22)	Derek McDonald (Mas)	15:44	(12)	Ben Hopkin (Mas)
13	1:02:37	Law & District AAC #4	13:37	(4)	Darran Muir (Mas)	15:15	(13)	Richard Beattie (Mas)	16:48	(18)	Mark Milligan (Mas/50)	16:58	(13)	Martin Kay (Mas)
14	1:02:48	Cambuslang Harriers #6	14:36	(20)	Iain Nicholl (Mas)	16:10	(29)	Scott Hunter (Mas)	14:50	(17)	Kenny Finlayson (Mas)	17:14	(14)	Iain Crawford (Mas/50)
15	1:06:00	Central AC #6	15:38	(39)	Donald Shaw (Mas/50)	16:07	(36)	Iain Dunsmore (Mas/50)	17:51	(37)	Colin Alexander (Mas)	16:24	(15)	Hugh Buchanan (Mas/50)
16	1:06:31	Edinburgh AC #4	15:50	(42)	Malcolm Parry (Mas)	15:53	(35)	Iain Craven (Mas)	14:50	(23)	Patrick Fenn (Mas)	19:59	(16)	Alex MacEwen (Mas/50)
17	1:06:52	Motherwell AC #2	14:59	(29)	Alan Tait (Mas)	18:10	(44)	David Hoolaghan (Mas)	15:18	(30)	Mark Ellis (Mas)	18:28	(17)	John Burns (Mas/50)
18	1:10:16	Dundee Road Runners #3	17:07	(54)	Derek Arthur (Mas)	18:12	(48)	Martin Rollo (Mas/50)	17:34	(41)	John Tierney (Mas)	17:25	(18)	Duncan Edward (Mas)
19	1:11:34	West End RR #2	17:57	(58)	Jonathan Bell (Mas)	18:16	(50)	Alham Said (Mas/50)	17:38	(42)	Jamie Oswin (Mas)	17:44	(19)	Chris Lee (Mas)

## Lindsays scottishathletics National Cross Country Relay Championships

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Male M50

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Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	0:41:53	Perth RR #1	13:59	(2)	David Knight (Mas/50)	14:07	(2)	Duncan Ryan (Mas/50)	13:49	(1)	Stuart Robertson (Mas/50)
2	0:41:57	Cumbernauld AAC #3	14:18	(4)	David Hogg (Mas/50)	13:31	(1)	Stephen Allen (Mas/50)	14:09	(2)	Paul McMonagle (Mas/50)
3	0:42:20	Cambuslang Harriers #7	13:49	(1)	Richard Cooper (Mas/50)	14:26	(3)	Michael O'Hagan (Mas/50)	14:06	(3)	Chris Upson (Mas/50)
4	0:44:22	Edinburgh AC #5	14:53	(9)	Lewis Orr (Mas/50)	15:13	(8)	Andrew Latham (Mas/50)	14:17	(4)	Michael Fullerton (Mas/50)
5	0:44:37	Falkirk Victoria Harriers #4	14:21	(5)	Michael McQuaid (Mas/50)	14:49	(5)	Wallace Grieve (Mas/50)	15:28	(5)	Craig Johnston (Mas/50)
6	0:45:45	Cambuslang Harriers #8	15:07	(14)	David Thom (Mas/50)	15:50	(12)	Des Dickson (Mas/50)	14:50	(6)	Frank McGowan (Mas/50)
7	0:46:00	Perth RR #2	14:37	(6)	Eddie Torrie (Mas/50)	15:04	(6)	Ronnie Glen (Mas/50)	16:20	(7)	Richard Ward (Mas/50)
8	0:46:18	Carnegie Harriers #1	14:39	(7)	Steven King (Mas/50)	15:55	(10)	Steve Adam (Mas/50)	15:45	(8)	Lee Holland (Mas/50)
9	0:46:46	PH Racing Club #4	15:18	(16)	Mark Mclean (Mas/50)	16:08	(14)	Kevin Hughes (Mas/50)	15:22	(9)	Wright Beveridge (Mas/50)
10	0:46:55	Portobello RC #2	15:13	(15)	Alex Garvie (Mas/50)	16:14	(15)	William Jarvie (Mas/50)	15:30	(10)	Neil Park (Mas/50)
11	0:47:04	VP-Glasgow AC #2	15:00	(11)	Duncan Thomson (Mas/50)	15:43	(11)	Gerard Craig (Mas/50)	16:22	(11)	Sandy Gardner (Mas/50)
12	0:47:10	Edinburgh AC #6	14:46	(8)	Paul Forbes (Mas/50)	15:29	(9)	Gavin Phillip (Mas/50)	16:57	(12)	Dougie Gowan (Mas/50)
13	0:48:15	Bellahouston RR #4	16:18	(25)	Frans Roelofse (Mas/50)	16:12	(21)	Allon Galbraith (Mas/50)	15:47	(13)	Tony McParland (Mas/50)
14	0:48:30	VP-Glasgow AC #3	15:56	(21)	Alex Potter (Mas/50)	16:15	(19)	Andrew Law (Mas/50)	16:20	(14)	Charlie Murray (Mas/50)
15	0:48:47	Garscube Harriers #5	15:06	(13)	Robbie Drummond (Mas/50)	16:12	(13)	Athole Smith (Mas/50)	17:31	(15)	Norman Baillie (Mas/50)
16	0:48:58	East Kilbride AC #4	16:08	(23)	Keith Charters (Mas/50)	15:44	(17)	Arthur Mulholland (Mas/50)	17:08	(16)	Graeme Haddow (Mas/50)
17	0:48:59	Greenock Glenpark Harriers #2	15:37	(17)	Gavin Morrison (Mas/50)	16:21	(18)	Campbell Cromar (Mas/50)	17:02	(17)	Daniel McLaughlin (Mas/50)
18	0:49:00	Dundee Road Runners #4	15:58	(22)	Michael Mitchell (Mas/50)	16:23	(20)	Jim Morton (Mas/50)	16:40	(18)	David Miller (Mas/50)
19	0:49:15	Calderglen Harriers #1	17:08	(29)	Jim Holmes (Mas/50)	17:20	(23)	Jim Mearns (Mas/50)	14:49	(19)	Alan Derrick (Mas/50)
20	0:50:36	Corstorphine AAC #5	14:12	(3)	Iain Macleod (Mas/50)	14:49	(4)	Graeme Fletcher (Mas/50)	21:37	(20)	Ian Johnston (Mas/50)
21	0:51:33	Edinburgh AC #3	16:12	(24)	Paul McBrien (Mas/50)	16:45	(22)	Chris Creegan (Mas/50)	18:37	(21)	Eric Stevenson (Mas/50)
22	0:54:09	Dundee Road Runners #5	17:46	(30)	John Mill (Mas/50)	17:54	(25)	Grant Whytock (Mas/50)	18:30	(22)	Harry Kay (Mas/50)
23	0:54:10	Perth RR #3	18:18	(31)	Mike Dales (Mas/50)	16:42	(24)	Neil Muir (Mas/50)	19:11	(23)	Alan Bothwell (Mas/50)
24	1:06:00	Central AC #6	15:38	(18)	Donald Shaw (Mas/50)	16:07	(16)	Iain Dunsmore (Mas/50)	34:15	(24)	Hugh Buchanan (Mas/50)
25	1:09:34	Corstorphine AAC #3	32:21	(38)	Jan-Bert Van Den Berg (Mas/50)	18:23	(28)	Steven Blair (Mas/50)	18:51	(25)	David Henderson (Mas/50)
26	1:14:29	Central AC #7	35:23	(44)	Cameron Campbell (Mas/50)	19:36	(30)	Colin Sinclair (Mas/50)	19:32	(26)	Allan Gall (Mas/50)

## Lindsays scottishathletics National Cross Country Relay Championships

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Male Fastest Laps

Scone Palace, Scone

Pos	Time	Athlete	Club
1	11:28	Duncan Robinson (U20)	Giffnock North AC #1
2	11:28	Christian Graham (Sen)	Lasswade AC #1
3	11:29	Jamie Crowe (Sen)	Central AC #1
4	11:32	Andrew Butchart (Sen)	Central AC #1
5	11:33	Hamish Hickey (Sen)	Central AC #1
6	11:34	Ben Potrykus (Sen)	Inverclyde AC #1
7	11:35	Ben MacMillan (U20)	Central AC #1
8	11:39	Tom Graham-Marr (Sen)	Central AC #2
9	11:40	Michael Ferguson (Sen)	Aberdeen AAC #1
10	11:40	Cameron Smith (Sen)	Cambuslang Harriers #2
11	11:44	Scott Stirling (Sen)	Falkirk Victoria Harriers #1
12	11:44	Jonathan Glen (Sen)	Inverclyde AC #1
13	11:46	Matt Knowles (U20)	Edinburgh Univ Hare and Hounds #1
14	11:48	Cameron Milne (Sen)	Central AC #2
15	11:49	Myles Edwards (Sen)	Aberdeen AAC #1
16	11:51	Luca Fanottoli (Sen)	Central AC #2
17	11:51	Daryl Reid (Sen)	East Kilbride AC #1
18	11:52	Michael Christoforou (Sen)	Cambuslang Harriers #1
19	11:57	Jamie Burns (Sen)	Glasgow University Hares and Hounds #1
20	11:58	Luke Davidson (U20)	Inverness Harriers AAC
21	11:59	Kristof Hornyik (U20)	University of St. Andrews CC #1
22	12:00	Kevan Harvey (Sen)	Cambuslang Harriers #1
23	12:01	Tristan Rees (Sen)	Fife AC #1
24	12:02	Ross Gray (Sen)	Inverclyde AC #1
25	12:04	Jason Kelly (Sen)	Metro Aberdeen RC
26	12:04	Harry Henriksen (U20)	Edinburgh Univ Hare and Hounds #1
27	12:05	Jamie MacKinnon (Sen)	Cambuslang Harriers #2
28	12:08	Ben Sandilands (U20)	Fife AC #1
29	12:09	Alex Muir (Sen)	Edinburgh Univ Hare and Hounds #1
30	12:09	Ewan Brown (Sen)	Corstorphine AAC #1
31	12:09	Finn Lydon (Sen)	Heriot-Watt Univ AC
32	12:10	Fraser Stewart (Sen)	Cambuslang Harriers #2
33	12:11	Andrew McGill (U20)	Livingston AC
34	12:12	Christopher McLew (U20)	Cambuslang Harriers #1
35	12:12	Dale Colley (Sen)	Central AC #3
36	12:13	Dougie Selman (Sen)	Corstorphine AAC #1
37	12:14	Lewis Rodgers (Sen)	Fife AC #1
38	12:15	Ben Shaw (Sen)	Edinburgh Univ Hare and Hounds #2
39	12:16	Magnus Tait (Sen)	Glasgow University Hares and Hounds #1
40	12:17	Calum Young (Sen)	Giffnock North AC #1
41	12:18	Finlay Ross-Davie (U20)	Garscube Harriers #1
42	12:18	Robert Sparks (Sen)	Edinburgh Univ Hare and Hounds #1
43	12:20	Samuel Leitch (U20)	Heriot-Watt Univ AC
44	12:21	Christopher McGarrity (Sen)	Shettleston Harriers #1
45	12:21	Matthew Sutherland (Sen)	Central AC #3
46	12:21	Calum Phillip (Sen)	Central AC #2
47	12:22	Oisan McGuigan (U20)	University of St. Andrews CC #1
48	12:22	Robbie Ferguson (Sen)	Kilbarchan AAC #1
49	12:23	Sandy Holl (Sen)	Central AC #3
50	12:23	Calum McKenzie (Sen)	Corstorphine AAC #1

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51	12:23	Darrell Hastie (Sen)	Gala Harriers #2
52	12:23	Ben Stevenson (Sen)	Falkirk Victoria Harriers #1
53	12:24	Ewan Cameron (Mas)	Edinburgh AC #2
54	12:26	Craig Morris (Sen)	Fife AC #1
55	12:26	Aaron Odentz (Sen)	Aberdeen AAC #1
56	12:26	Adam Brown (U20)	Aberdeen AAC #2
57	12:26	Sean Fontana (Sen)	Inverclyde AC #1
58	12:26	Cameron Fordyce (U20)	Glasgow University Hares and Hounds #2
59	12:27	Stephen Addison (Sen)	Glasgow University Hares and Hounds #1
60	12:27	Kieran Cooper (Sen)	University of St. Andrews CC #1
61	12:29	Gordon Robertson (Mas)	Cambuslang Harriers #5
62	12:29	Scott Brember (Mas)	Central AC #5
63	12:31	Samuel Griffin (U20)	Aberdeen AAC #2
64	12:34	Fearghas Thomson (Sen)	Aberdeen AAC #1
65	12:35	Philip Neilson (Sen)	Glasgow University Hares and Hounds #3
66	12:36	Lucas Cairns (U20)	Inverness Harriers AAC
67	12:36	James Waldie (Sen)	Perth RR #4
68	12:36	Iain MacCorquodale (Sen)	Cambuslang Harriers #2
69	12:38	Callum Matthews (Sen)	Kilbarchan AAC #1
70	12:39	Andrew Carey (Sen)	Glasgow University Hares and Hounds #1
71	12:39	Freddie Truman-Williams (U20)	University of St. Andrews CC #1
72	12:40	James Gillon (Sen)	Law & District AAC #1
73	12:40	Cameron Harris (Sen)	Livingston AC
74	12:43	Finlay MacLennan (Sen)	Inverness Harriers AAC
75	12:43	Boyan Ivandjikov (Sen)	Edinburgh Univ Hare and Hounds #2
76	12:44	Ryan Lafferty (Sen)	Fife AC #2
77	12:44	Anthony Addison (Sen)	Glasgow University Hares and Hounds #2
78	12:45	Colin Doherty (Sen)	Inverclyde AC #2
79	12:46	Eoghann Gollan (Sen)	East Sutherland AC
80	12:47	Mark Carberry (U20)	Stirling University AC #1
81	12:48	Ross O'brien (U20)	Giffnock North AC #1
82	12:50	Mark MacDermot (Sen)	Edinburgh AC #1
83	12:50	Andrew Chingos (U20)	University of St. Andrews CC #2
84	12:50	Steven Bryce (Sen)	VP-Glasgow AC #1
85	12:51	Craig Ferguson (Sen)	Kilmarnock H&AC #1
86	12:51	Finlay Murray (Sen)	East Sutherland AC
87	12:52	Michael Rimicans (Sen)	Edinburgh Univ Hare and Hounds #3
88	12:52	Josh Wood (Sen)	Central AC #3
89	12:52	Andrew Kirk (Sen)	Kirkintilloch Olympians #1
90	12:53	Ewan McKerral (Sen)	Kilbarchan AAC #1
91	12:53	Joe Battershill (Sen)	Edinburgh Univ Hare and Hounds #2
92	12:55	C Earl	Dundee Hawkhill Harriers #1
93	12:55	Zak Povey (U20)	Cambuslang Harriers #3
94	12:56	Craig Prior (Sen)	Dumbarton AAC
95	12:56	Andrew Davis (Mas)	PH Racing Club #3
96	12:57	Owen Wilkinson (U20)	Edinburgh Univ Hare and Hounds #2
97	12:57	Alasdair Bisset (Sen)	Edinburgh Univ Hare and Hounds #3
98	12:58	Sam Fernando (Sen)	Fife AC #3
99	12:59	Donald Macaulay (Sen)	Corstorphine AAC #1
100	12:59	Kieran Pugh (Sen)	Law & District AAC #1

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101	13:00	David Addison (U20)	Glasgow University Hares and Hounds #2
102	13:00	Andrew Wright (Mas)	PH Racing Club #3
103	13:00	Yacoub Bahar (Sen)	Springburn Harriers #1
104	13:00	Colin Reilly (Sen)	Cambuslang Harriers #3
105	13:01	Joshua Dack (Sen)	Lothian RC #1
106	13:03	Myles Bax (Sen)	Edinburgh AC #1
107	13:03	Jamie Clements (Sen)	East Kilbride AC #1
108	13:04	Thomas Berry (Sen)	Dundee University AC and XC Club
109	13:04	Martin Lynas (Sen)	East Kilbride AC #1
110	13:04	Fraser Roach (Sen)	East Sutherland AC
111	13:04	Ben Nelson (Sen)	Aberdeen AAC #2
112	13:04	Kenneth Neill (Mas)	Ayr Seaforth AC #1
113	13:05	Sebastian Segger-Steveley (U20)	Edinburgh Univ Hare and Hounds #3
114	13:07	Scott Mcleod (Sen)	Metro Aberdeen RC
115	13:07	Dylan Crawford (Sen)	Inverclyde AC #2
116	13:07	Dave Ward (Mas)	Hunters Bog Trotters #1
117	13:08	Euan Rollo (U20)	Inverness Harriers AAC
118	13:08	Martin Gore (Mas)	Lasswade AC #1
119	13:08	Alistair Gudgin (Sen)	Fife AC #2
120	13:08	David Ross (Mas)	East Kilbride AC #1
121	13:09	Steven Murray (Sen)	Aberdeen AAC #2
122	13:10	Calum Little (U20)	Falkirk Victoria Harriers #1
123	13:11	Leon Johnson (Mas)	Edinburgh AC #2
124	13:11	Craig Jardine (Sen)	Cambuslang Harriers #1
125	13:12	Alan Moss (Sen)	Bellahouston RR #1
126	13:13	Sam McIntosh (Sen)	Lothian RC #1
127	13:14	Fraser Holman (U20)	Heriot-Watt Univ AC
128	13:14	Euan Wond (U20)	Falkirk Victoria Harriers #1
129	13:14	Gary Trewartha (Mas)	Gala Harriers #1
130	13:15	John Coyle (Mas)	Garscube Harriers #3
131	13:15	Stuart Johnston (Mas)	Edinburgh AC #2
132	13:16	Harris Pentecost (Sen)	Falkirk Victoria Harriers #2
133	13:16	Theo Phillips Smith (U20)	Corstorphine AAC #2
134	13:16	Jack Muir (U20)	Stirling University AC #1
135	13:16	Calum Oates (Sen)	Shettleston Harriers #1
136	13:19	Matt Bird (Sen)	Portobello RC #1
137	13:19	David Limmer (Sen)	Portobello RC #1
138	13:19	Brian Robinson (Mas)	Ayr Seaforth AC #1
139	13:20	Michael McConnell (Sen)	PH Racing Club #1
140	13:21	Keir Crawford (U20)	Glasgow University Hares and Hounds #2
141	13:21	M Stewart	Dundee Hawkhill Harriers #1
142	13:21	Michael Sanderson (U20)	Fife AC #3
143	13:22	Iain Paton (Sen)	Glasgow Caledonian University
144	13:23	Richard Carr (Sen)	Cambuslang Harriers #3
145	13:23	Stephen Wylie (Mas)	Cambuslang Harriers #5
146	13:24	Ritchie Gardiner (U20)	Corstorphine AAC #2
147	13:24	Ruairidh Gollan (Sen)	East Sutherland AC
148	13:24	Oliver Traynor (Sen)	Giffnock North AC #2
149	13:24	Jacob Luc (U20)	Giffnock North AC #2
150	13:26	Craig Shields (Sen)	Garscube Harriers #1



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151	13:27	Garry Mathew (Mas)	Garscube Harriers #3
152	13:27	Ifan Gruff Oldfield (Sen)	Edinburgh Univ Hare and Hounds #3
153	13:27	Blayne Wright (U20)	Giffnock North AC #2
154	13:27	Struan Oliver-Jones (U20)	Strathclyde Univ Harriers #1
155	13:28	Aaron Bennet (U20)	PH Racing Club #1
156	13:28	C McCormack	Dundee Hawkhill Harriers #1
157	13:29	Otto Jakubowski (U20)	Edinburgh Univ Hare and Hounds #4
158	13:29	Wayne Mcintosh (Mas)	Gala Harriers #1
159	13:29	Ray Ward (Mas)	Hunters Bog Trotters #1
160	13:30	Malcolm McLure (U20)	Glasgow University Hares and Hounds #3
161	13:30	Alex Robinson (Sen)	University of St. Andrews CC #2
162	13:30	James Wilkes (Sen)	Garscube Harriers #2
163	13:31	Fraser Smith (Sen)	Edinburgh Univ Hare and Hounds #4
164	13:31	K Hernandez	Dundee Hawkhill Harriers #1
165	13:31	Stephen Allen (Mas/50)	Cumbernauld AAC #3
166	13:31	Michael Black (U20)	Cambuslang Harriers #3
167	13:31	James Bowden (Sen)	Westerlands CCC
168	13:32	Michael Paxton (Sen)	Shettleston Harriers #1
169	13:33	Henry Burton (Sen)	Glasgow University Hares and Hounds #3
170	13:34	Justin Carter (Mas)	Cambuslang Harriers #5
171	13:34	Ben Kinninmonth (Sen)	Fife AC #2
172	13:34	Iain Macdonald (Sen)	Edinburgh AC #7
173	13:35	Michael Kilbride (Sen)	Aberdeen AAC #3
174	13:35	Jon Hammerman (Mas)	Inverclyde AC #2
175	13:37	Darran Muir (Mas)	Law & District AAC #4
176	13:37	Greg Loudon (Sen)	Lasswade AC #1
177	13:37	Paul Kieran (Mas)	PH Racing Club #3
178	13:37	Timothy Martin (Sen)	Garscube Harriers #2
179	13:37	Ethan Carolan (U20)	Giffnock North AC #1
180	13:38	Max Meres (Sen)	Edinburgh AC #1
181	13:38	Luke Kirwan (Sen)	East Kilbride AC #2
182	13:38	Andrew John Ferguson (Sen)	Aberdeen AAC #3
183	13:38	Iain Burns (Mas)	Shettleston Harriers #2
184	13:38	Paul Burns (Sen)	Motherwell AC #1
185	13:38	Ewan Crawford (Sen)	Hunters Bog Trotters #2
186	13:41	Craig Ross (Mas)	Bellahouston RR #1
187	13:41	Alastair Brockie (Mas)	Corstorphine AAC #4
188	13:41	Sam Grivell (U20)	Central AC #4
189	13:42	Graeme Murdoch (Mas)	Gala Harriers #1
190	13:42	Tom Lines (Sen)	Heriot-Watt Univ AC
191	13:42	Jordan Cruickshank (U20)	Metro Aberdeen RC
192	13:44	Brian McGarrity (Mas)	Shettleston Harriers #2
193	13:44	Darren Jubb (Sen)	PH Racing Club #1
194	13:44	Marcus Sheridan (Sen)	Dundee Road Runners #1
195	13:45	Tom Martin (Sen)	Metro Aberdeen RC
196	13:46	Jack Kirwan (Sen)	East Kilbride AC #2
197	13:46	Darren McQuade (Sen)	Bellahouston Harriers #1
198	13:47	George Pettit (Mas)	Cambuslang Harriers #5
199	13:49	Angus Rodney (Sen)	Dundee Road Runners #1
200	13:49	Richard Cooper (Mas/50)	Cambuslang Harriers #7

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Male Fastest Laps

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201	13:49	Stuart Robertson (Mas/50)	Perth RR #1
202	13:49	Matthew Stewart (U20)	Glasgow School of Sport
203	13:50	Adam Peters (Sen)	Shettleston Harriers #1
204	13:50	Ross Milne (Mas)	Corstorphine AAC #4
205	13:50	Lee Strachan (Mas)	Dundee Hawkhill Harriers #2
206	13:50	Brian Aitchison (Mas)	Gala Harriers #1
207	13:51	Graeme Laing (Mas)	VP-Glasgow AC #1
208	13:52	Ruairidh MacLean (Sen)	Giffnock North AC #2
209	13:52	Todd Russell (Sen)	Edinburgh Univ Hare and Hounds #4
210	13:52	Theo Carter (U20)	Cambuslang Harriers #4
211	13:52	Bruce Carse (Mas)	Bellahouston RR #1
212	13:53	Kenny Robertson (Sen)	Kirkintilloch Olympians #1
213	13:55	Jordan Orr (Sen)	Giffnock North AC #3
214	13:56	Jordan Queen (Sen)	Garscube Harriers #1
215	13:57	Kevin Hamilton (Sen)	Edinburgh AC #1
216	13:57	Iain Murphy (Sen)	Bellahouston RR #2
217	13:58	Allan Cameron (Mas)	Cumbernauld AAC #1
218	13:58	Vincent Hasrings (Sen)	East Kilbride AC #2
219	13:58	Jamie Brown (Mas)	Hunters Bog Trotters #1
220	13:58	Niall McAlinden (Sen)	Westerlands CCC
221	13:58	Brian Bonnyman (Mas/50)	Westerlands CCC
222	13:59	Oliver Reilly (Sen)	Greenock Glenpark Harriers #1
223	13:59	David Knight (Mas/50)	Perth RR #1
224	13:59	Jack Fullerton (Sen)	Corstorphine AAC #2
225	14:01	Anthony Lucio Jannetta (Sen)	Bellahouston RR #1
226	14:01	David Mackintosh (Sen)	Bellahouston Harriers #1
227	14:02	Daniel Scroop (Mas)	Garscube Harriers #3
228	14:02	Huw Jones (Sen)	Hunters Bog Trotters #3
229	14:02	Robert Jenkins (Sen)	Strathclyde Univ Harriers #3
230	14:04	Jake Harrison (Sen)	University of St. Andrews CC #2
231	14:04	David Woods (Sen)	Lasswade AC #1
232	14:04	Colin Lamont (Mas)	Falkirk Victoria Harriers #2
233	14:05	Philip Holden (Mas)	Harmeny AC
234	14:06	Jamie Flaherty (Sen)	Garscube Harriers #1
235	14:06	Billy Gibson (Mas)	Dundee Hawkhill Harriers #2
236	14:06	Chris Upson (Mas/50)	Cambuslang Harriers #7
237	14:07	Andrew Irvine (Sen)	Central AC #4
238	14:07	Duncan Ryan (Mas/50)	Perth RR #1
239	14:07	Stephen Brown (Mas)	West End RR #1
240	14:08	Nick Lightfoot (Sen)	University of St. Andrews CC #3
241	14:08	Mark Connelly (Mas)	Airdrie Harriers
242	14:09	Paul McMonagle (Mas/50)	Cumbernauld AAC #3
243	14:09	Callum Ferguson (Sen)	Newton Road Runners
244	14:10	David Allsop (Mas)	Kirkintilloch Olympians #1
245	14:10	David Wright (Mas)	Hunters Bog Trotters #1
246	14:11	Andrew Casey (Sen)	Aberdeen AAC #3
247	14:12	Iain Macleod (Mas/50)	Corstorphine AAC #5
248	14:13	Ewan Jack (Mas)	Central AC #5
249	14:14	Mike Herron (Sen)	Dundee Hawkhill Harriers #2
250	14:14	Steven Campbell (Mas)	Greenock Glenpark Harriers #1

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251	14:14	Jonathan Marshall (U20)	Livingston AC
252	14:16	Stuart Ferguson (Sen)	Banchory Stonehaven AC
253	14:17	Michael Fullerton (Mas/50)	Edinburgh AC #5
254	14:17	Liam Raeside (Sen)	Strathclyde Univ Harriers #1
255	14:18	Robert Sellar (Mas)	PH Racing Club #3
256	14:18	Mark Thornton-Smith (Mas)	Edinburgh AC #2
257	14:18	David Hogg (Mas/50)	Cumbernauld AAC #3
258	14:19	Gordon Stanford (Sen)	Fife AC #3
259	14:19	Brent Brodie (Mas)	Bellahouston Harriers #1
260	14:20	Scott Henderson (Mas)	Westerlands CCC
261	14:21	Samuel Thom (Sen)	University of St. Andrews CC #2
262	14:21	Michael McQuaid (Mas/50)	Falkirk Victoria Harriers #4
263	14:24	Fraser Armstrong (Sen)	Bellahouston Harriers #2
264	14:24	Philip Waring (Sen)	PH Racing Club #1
265	14:24	Jamie Nix (Sen)	Kilmarnock H&AC #1
266	14:26	Lewis Hainey (U20)	Inverclyde AC #2
267	14:26	Michael Souter (Sen)	Perth RR #4
268	14:26	Ryan Kirkland (U20)	Lothian RC #1
269	14:26	Michael O'Hagan (Mas/50)	Cambuslang Harriers #7
270	14:28	Paul Clawson (Sen)	Bellahouston Harriers #1
271	14:28	Ross Hill (Sen)	Law & District AAC #1
272	14:29	Mark Webster (Mas)	PH Racing Club #2
273	14:29	Alan Cunningham (Mas)	Corstorphine AAC #4
274	14:31	Mike MacDonald (Mas)	Fife AC #4
275	14:32	Barry Davie (Mas)	Carnegie Harriers #2
276	14:34	Michael Ross (Mas)	Falkirk Victoria Harriers #2
277	14:34	Andrew Robertson (U20)	Giffnock North AC #3
278	14:35	Euan Hood (Sen)	Lasswade AC #2
279	14:35	Hector Waudby-West (Sen)	Dundee Road Runners #2
280	14:35	Gary Craig (Sen)	East Kilbride AC #2
281	14:36	Robert Keenan (Mas)	Cumbernauld AAC #1
282	14:36	Iain Nicholl (Mas)	Cambuslang Harriers #6
283	14:37	Sean Haycock (Sen)	Dundee University AC and XC Club
284	14:37	Charlie LaMassa (Sen)	Dundee University AC and XC Club
285	14:37	Eddie Torrie (Mas/50)	Perth RR #2
286	14:38	David Shaw (Mas)	Giffnock North AC #4
287	14:39	Steven King (Mas/50)	Carnegie Harriers #1
288	14:40	Alan Risk (Sen)	Portobello RC #1
289	14:41	John Stubbs (Sen)	University of St. Andrews CC #3
290	14:41	Alex Ellen (U20)	Strathclyde Univ Harriers #3
291	14:41	Daniel Stewart (U20)	Strathclyde Univ Harriers #3
292	14:41	Ben Draye (Sen)	Corstorphine AAC #2
293	14:41	Shea Roddy (Sen)	Dundee Road Runners #1
294	14:42	Owen McCartney (U20)	University of St. Andrews CC #4
295	14:43	Eoghan O'Donnell (U20)	Giffnock North AC #3
296	14:44	Colin Partridge (Mas)	Lothian RC #1
297	14:44	Tristan Rabaeijs (Sen)	Corstorphine AAC #3
298	14:44	Simon Wells (Sen)	Bellahouston RR #2
299	14:45	Donald Maclean (U20)	Giffnock North AC #3
300	14:46	Colin Somerville (Sen)	PH Racing Club #2

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301	14:46	John Oates (Mas/50)	Shettleston Harriers #3
302	14:46	Simon Kirk (Mas)	Ayr Seaforth AC #1
303	14:46	Paul Forbes (Mas/50)	Edinburgh AC #6
304	14:47	Dave Clark (Mas)	Fife AC #4
305	14:48	James Hall (Mas)	Fife AC #4
306	14:49	Wallace Grieve (Mas/50)	Falkirk Victoria Harriers #4
307	14:49	Alan Derrick (Mas/50)	Calderglen Harriers #1
308	14:49	Graeme Fletcher (Mas/50)	Corstorphine AAC #5
309	14:49	Craig Walker (Mas/50)	Central AC #5
310	14:50	Frank McGowan (Mas/50)	Cambuslang Harriers #8
311	14:50	Dylan Drummond (U20)	Cumbernauld AAC #2
312	14:50	Paul Stoddart (Mas)	Cumbernauld AAC #1
313	14:50	Kenny Finlayson (Mas)	Cambuslang Harriers #6
314	14:50	Nathan McColm (U20)	Ayr Seaforth AC #1
315	14:50	Patrick Fenn (Mas)	Edinburgh AC #4
316	14:51	Ross McEachern (Mas/50)	Cumbernauld AAC #2
317	14:52	Gary McPake (U20)	Cumbernauld AAC #2
318	14:52	Scott McClung (U20)	Fife AC #2
319	14:52	Andrew Rockett Jackson (Sen)	Shettleston Harriers #3
320	14:53	Lewis Orr (Mas/50)	Edinburgh AC #5
321	14:53	Stuart Laurence (Sen)	Bellahouston RR #3
322	14:54	David Eckersley (Mas/50)	Central AC #5
323	14:55	Derek Martin (Mas/50)	Cumbernauld AAC #2
324	14:57	Jonathan Kennedy (Sen)	Harmeny AC
325	14:58	Fergus Johnston (Sen)	Gala Harriers #2
326	14:59	Colin Sanderson (Mas)	Fife AC #5
327	14:59	Alan Tait (Mas)	Motherwell AC #2
328	15:00	James McClafferty (Sen)	Law & District AAC #1
329	15:00	Duncan Thomson (Mas/50)	VP-Glasgow AC #2
330	15:00	Gary Lyon (Mas)	Cambuslang Harriers #4
331	15:01	Cameron Douglas (Sen)	Strathclyde Univ Harriers #2
332	15:03	Denis Williams (Mas/50)	Shettleston Harriers #2
333	15:03	Alan Digweed (Mas)	Bellahouston RR #2
334	15:03	Alex Jarrett (Mas)	Fife AC #4
335	15:04	Ronnie Glen (Mas/50)	Perth RR #2
336	15:06	Robbie Drummond (Mas/50)	Garscube Harriers #5
337	15:07	John Murray (Mas)	Garscube Harriers #3
338	15:07	David Thom (Mas/50)	Cambuslang Harriers #8
339	15:07	Tom Porter (Sen)	Strathclyde Univ Harriers #3
340	15:08	John Mowbray (Sen)	Edinburgh AC #7
341	15:08	A Leech	Dundee Hawkhill Harriers #3
342	15:11	Calum Ferguson (Sen)	Bellahouston Harriers #2
343	15:12	Kevin Farmer (Sen)	Calderglen Harriers #2
344	15:12	David Worrall (Mas)	Portobello RC #1
345	15:13	Alex Garvie (Mas/50)	Portobello RC #2
346	15:13	Mark McColl (Mas)	Shettleston Harriers #2
347	15:13	Andrew Latham (Mas/50)	Edinburgh AC #5
348	15:15	Richard Beattie (Mas)	Law & District AAC #4
349	15:16	Fraser McGillivray (Sen)	Aberdeen AAC #3
350	15:17	Ross Gray (Sen)	Dundee University AC and XC Club

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351	15:17	Connell Drummond (Mas)	Kilmarnock H&AC #1
352	15:18	Mark Ellis (Mas)	Motherwell AC #2
353	15:18	Mark Mclean (Mas/50)	PH Racing Club #4
354	15:19	Dominic Spurling (Sen)	University of St. Andrews CC #3
355	15:19	Alastair Drummond (Mas)	Newton Road Runners
356	15:22	Peter Alexander (Sen)	Newton Road Runners
357	15:22	Wright Beveridge (Mas/50)	PH Racing Club #4
358	15:22	Patrick Gibbons (Mas)	Garscube Harriers #2
359	15:23	Alistair Macdonald (Mas)	Newton Road Runners
360	15:24	Jack Mcgleish (Sen)	Strathclyde Univ Harriers #2
361	15:27	Cameron Wallace (Sen)	Strathclyde Univ Harriers #2
362	15:27	Darren Carruthers (Sen)	Red Star AC
363	15:28	Noah McDermott (U20)	University of St. Andrews CC #3
364	15:28	Craig Johnston (Mas/50)	Falkirk Victoria Harriers #4
365	15:28	Robert Bartley (Mas)	Cumbernauld AAC #1
366	15:29	Gavin Phillip (Mas/50)	Edinburgh AC #6
367	15:30	Cameron MacDonald (U20)	East Kilbride AC #3
368	15:30	Neil Park (Mas/50)	Portobello RC #2
369	15:31	Chris Allan (Sen)	Bellahouston RR #2
370	15:37	Jamie Robinson (Sen)	Bellahouston RR #3
371	15:37	Kevin Davie (Mas)	Carnegie Harriers #2
372	15:37	Gavin Morrison (Mas/50)	Greenock Glenpark Harriers #2
373	15:38	Jonathan Millar (Sen)	Carnegie Harriers #3
374	15:38	Donald Shaw (Mas/50)	Central AC #6
375	15:38	Euan McCallum (Sen)	Falkirk Victoria Harriers #2
376	15:42	Euan Hogarth (Mas)	Falkirk Victoria Harriers #3
377	15:42	Paul Henderson (Mas)	Gala Harriers #2
378	15:43	Raymond Tully (Mas/50)	Dundee Hawkhill Harriers #2
379	15:43	Gerard Craig (Mas/50)	VP-Glasgow AC #2
380	15:44	Robert Gray (Mas/50)	Inverclyde AC #3
381	15:44	Ben Hopkin (Mas)	Carnegie Harriers #2
382	15:44	Niall Walker (Sen)	East Kilbride AC #3
383	15:44	Arthur Mulholland (Mas/50)	East Kilbride AC #4
384	15:45	Lee Holland (Mas/50)	Carnegie Harriers #1
385	15:45	Mark Crawford (Mas/50)	Perth RR #4
386	15:46	John Edwards (Mas)	East Kilbride AC #3
387	15:47	Tony McParland (Mas/50)	Bellahouston RR #4
388	15:49	Anthony Carson (Sen)	Bellahouston Harriers #2
389	15:49	David Fulton (Sen)	Hunters Bog Trotters #3
390	15:50	Des Dickson (Mas/50)	Cambuslang Harriers #8
391	15:50	Malcolm Parry (Mas)	Edinburgh AC #4
392	15:52	Alan Hume (Mas)	Central AC #4
393	15:53	Iain Craven (Mas)	Edinburgh AC #4
394	15:53	Benjamin Gibson (Sen)	Dundee Road Runners #2
395	15:53	Paul Wilson (Sen)	Springburn Harriers #1
396	15:54	David Alexander (Mas/50)	Harmeny AC
397	15:54	Paul Harkins (Mas)	Fife AC #5
398	15:55	Steve Adam (Mas/50)	Carnegie Harriers #1
399	15:56	Alex Potter (Mas/50)	VP-Glasgow AC #3
400	15:57	Stuart Kelly (Mas)	VP-Glasgow AC #1

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401	15:57	Drew Paterson (Mas/50)	Kirkintilloch Olympians #1
402	15:58	Michael Grant (Sen)	Hunters Bog Trotters #3
403	15:58	Alan McGowan (Mas)	PH Racing Club #2
404	15:58	Tony Martin (Mas/50)	Fife AC #3
405	15:58	Michael Mitchell (Mas/50)	Dundee Road Runners #4
406	15:59	Jamal Abas (Sen)	Dundee Road Runners #2
407	15:59	James McGreevy (Sen)	Bellahouston RR #3
408	16:00	Michael Connelly (Mas/50)	Corstorphine AAC #4
409	16:00	Scott Dickson (Sen)	Motherwell AC #1
410	16:01	Paul Black (Mas)	Kilmarnock H&AC #2
411	16:03	Alastair Murray (Mas)	Lothian RC #2
412	16:04	David Thomson (Sen)	East Kilbride AC #5
413	16:05	Jean-Yves Daniel (Mas/50)	Airdrie Harriers
414	16:06	Kieran Cubis (Sen)	Law & District AAC #2
415	16:07	Iain Dunsmore (Mas/50)	Central AC #6
416	16:08	Keith Charters (Mas/50)	East Kilbride AC #4
417	16:08	Scott Kelman (Sen)	Motherwell AC #1
418	16:08	Kevin Hughes (Mas/50)	PH Racing Club #4
419	16:10	Peter Freer (Mas)	VP-Glasgow AC #1
420	16:10	Scott Hunter (Mas)	Cambuslang Harriers #6
421	16:12	Allon Galbraith (Mas/50)	Bellahouston RR #4
422	16:12	Paul McBrien (Mas/50)	Edinburgh AC #3
423	16:12	Athole Smith (Mas/50)	Garscube Harriers #5
424	16:13	Louis Foster (U20)	University of St. Andrews CC #4
425	16:14	William Jarvie (Mas/50)	Portobello RC #2
426	16:14	John Thow (Sen)	Kirkintilloch Olympians #2
427	16:15	Andrew Law (Mas/50)	VP-Glasgow AC #3
428	16:17	Paul Gooding (Sen)	West End RR #1
429	16:17	Luke Franklin (Sen)	Glasgow Caledonian University
430	16:18	Frans Roelofse (Mas/50)	Bellahouston RR #4
431	16:19	Graeme Jack (Mas/50)	West End RR #1
432	16:20	Charlie Murray (Mas/50)	VP-Glasgow AC #3
433	16:20	Richard Ward (Mas/50)	Perth RR #2
434	16:20	Derek McDonald (Mas)	Carnegie Harriers #2
435	16:21	Campbell Cromar (Mas/50)	Greenock Glenpark Harriers #2
436	16:22	Alan Main (Sen)	Motherwell AC #1
437	16:22	David Scott (Mas)	Lasswade AC #2
438	16:22	Sandy Gardner (Mas/50)	VP-Glasgow AC #2
439	16:23	Jim Morton (Mas/50)	Dundee Road Runners #4
440	16:24	G Bruce	Dundee Hawkhill Harriers #3
441	16:24	Hugh Buchanan (Mas/50)	Central AC #6
442	16:24	Bartosz Witkowski (Sen)	University of St. Andrews CC #4
443	16:26	Byron Moreton (Sen)	West End RR #1
444	16:26	Charles Houston (Sen)	Hunters Bog Trotters #2
445	16:26	Neil Galbraith Cobb (Sen)	Central AC #4
446	16:30	Richard Arthurs (U20)	Livingston AC
447	16:32	Daniel Boulton-Jones (Sen)	University of St. Andrews CC #4
448	16:32	Stuart McLean (Mas)	Ayr Seaforth AC #2
449	16:35	Iain Buckley (Sen)	Gala Harriers #2
450	16:35	Bob Johnson (Mas/50)	Gala Harriers #3

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451	16:36	Ralph Connolly (Mas/50)	VP-Glasgow AC #4
452	16:38	Kieran McGhee (U20)	Red Star AC
453	16:39	Alan O'Rourke (Mas/50)	Greenock Glenpark Harriers #1
454	16:40	David Miller (Mas/50)	Dundee Road Runners #4
455	16:41	Simon Gold (Mas)	Cambuslang Harriers #4
456	16:42	Finn Milligan (U20)	Law & District AAC #2
457	16:42	Neil Muir (Mas/50)	Perth RR #3
458	16:45	Andrew Ferguson Snr (Mas/50)	Banchory Stonehaven AC
459	16:45	Chris Creegan (Mas/50)	Edinburgh AC #3
460	16:48	Peter Simpson (Mas/50)	Carnegie Harriers #3
461	16:48	Mark Milligan (Mas/50)	Law & District AAC #4
462	16:49	Daniel Smith (Sen)	VP-Glasgow AC #4
463	16:54	Kristan Alexander (Mas)	Garscube Harriers #2
464	16:55	Neil Thomas (Mas/50)	Hunters Bog Trotters #3
465	16:57	George Gilhooley (Mas/50)	Lothian RC #2
466	16:57	Dougie Gowan (Mas/50)	Edinburgh AC #6
467	16:58	Martin Kay (Mas)	Law & District AAC #4
468	17:01	Matt Stanley (Sen)	Springburn Harriers #2
469	17:02	Daniel McLaughlin (Mas/50)	Greenock Glenpark Harriers #2
470	17:04	Craig Stewart (Mas)	Harmeny AC
471	17:07	Derek Arthur (Mas)	Dundee Road Runners #3
472	17:07	Corey Pirie (Sen)	Edinburgh Univ Hare and Hounds #4
473	17:08	Graeme Haddow (Mas/50)	East Kilbride AC #4
474	17:08	Jim Holmes (Mas/50)	Calderglen Harriers #1
475	17:09	Joe Chambers (Sen)	Springburn Harriers #1
476	17:11	Craig Johnston (Sen)	Kirkintilloch Olympians #2
477	17:11	Stephen Purvis (Mas)	Airdrie Harriers
478	17:13	John Robertson (Mas/50)	Lothian RC #2
479	17:14	Iain Crawford (Mas/50)	Cambuslang Harriers #6
480	17:17	Stephen Leonard (Mas)	Cambuslang Harriers #4
481	17:20	Jim Mearns (Mas/50)	Calderglen Harriers #1
482	17:20	Michael Carlin (Mas)	East Kilbride AC #3
483	17:25	Duncan Edward (Mas)	Dundee Road Runners #3
484	17:25	Conor Butters (Sen)	Law & District AAC #2
485	17:26	James Boyle (Mas)	Garscube Harriers #4
486	17:27	Stewart McRoberts (Mas)	Kilmarnock H&AC #1
487	17:28	William Goldie (Mas/50)	Dumbarton AAC
488	17:31	Norman Baillie (Mas/50)	Garscube Harriers #5
489	17:34	John Tierney (Mas)	Dundee Road Runners #3
490	17:35	Alistair Peat (Mas)	Springburn Harriers #1
491	17:38	Jamie Oswin (Mas)	West End RR #2
492	17:38	Billy Stewart (Sen)	PH Racing Club #2
493	17:38	Jan-Bert Van Den Berg (Mas/50)	Corstorphine AAC #3
494	17:44	Chris Lee (Mas)	West End RR #2
495	17:45	John Mackenzie (Mas)	Dumbarton AAC
496	17:46	John Mill (Mas/50)	Dundee Road Runners #5
497	17:50	Derrick Brydon (Mas/50)	Lasswade AC #2
498	17:51	Colin Alexander (Mas)	Central AC #6
499	17:54	Grant Whytock (Mas/50)	Dundee Road Runners #5
500	17:57	Jonathan Bell (Mas)	West End RR #2

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501	18:04	John O'Leary (Mas/50)	Law & District AAC #2
502	18:10	David Hoolaghan (Mas)	Motherwell AC #2
503	18:12	Martin Rollo (Mas/50)	Dundee Road Runners #3
504	18:13	Calum Brown (Sen)	Glasgow Caledonian University
505	18:16	Alham Said (Mas/50)	West End RR #2
506	18:18	Mike Dales (Mas/50)	Perth RR #3
507	18:23	Steven Blair (Mas/50)	Corstorphine AAC #3
508	18:28	John Burns (Mas/50)	Motherwell AC #2
509	18:30	Harry Kay (Mas/50)	Dundee Road Runners #5
510	18:36	Frank McMahan (Mas/50)	Greenock Glenpark Harriers #1
511	18:37	Eric Stevenson (Mas/50)	Edinburgh AC #3
512	18:39	Gordon McNally (Mas/50)	Calderglen Harriers #2
513	18:40	Alastair McCallum (Mas/50)	Falkirk Victoria Harriers #3
514	18:51	David Henderson (Mas/50)	Corstorphine AAC #3
515	18:57	Lewis Semple (Sen)	Glasgow Caledonian University
516	19:00	Allen Campbell (Mas)	West End RR #3
517	19:11	Alan Bothwell (Mas/50)	Perth RR #3
518	19:32	Allan Gall (Mas/50)	Central AC #7
519	19:33	Paul Collins (Mas/50)	Garscube Harriers #4
520	19:36	Colin Sinclair (Mas/50)	Central AC #7
521	19:38	Stuart Nibloe (Sen)	Kilmarnock H&AC #2
522	19:59	Alex MacEwen (Mas/50)	Edinburgh AC #4
523	20:06	Douglas Steele (Sen)	Kilmarnock H&AC #2
524	20:10	Moazzam Hussain (Sen)	Law & District AAC #3
525	20:23	K Letham	Dundee Hawkhill Harriers #3
526	20:24	Russell Couper (Mas/50)	Calderglen Harriers #2
527	21:27	Josh McKay (Sen)	Dundee Road Runners #2
528	21:37	Ian Johnston (Mas/50)	Corstorphine AAC #5
529	22:16	James McGunnigle (U20)	Red Star AC
530	24:15	Tom Tracey (Mas/50)	Inverclyde AC #3
531	26:12	Patrick Mochan (U20)	Strathclyde Univ Harriers #1
532	27:02	Robbie Dunlop (Sen)	Dundee Road Runners #1
533	30:25	Rory Sandilands (Mas)	Fife AC #5
534	32:49	Paul Woodland (Mas)	Carnegie Harriers #3
535	35:23	Cameron Campbell (Mas/50)	Central AC #7