

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx Young Females

Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3			
1	00:29:56.050	632	Inverness Harriers AAC #1	00:10:00.45 (1)	L Macrae (U13)	00:10:07.20 (1)	K Meek (U15)	00:09:48.40 (1)	A Cairns (U17)
2	00:30:08.700	659	Team East Lothian #1	00:10:16.95 (2)	C Wright (U13)	00:10:26.80 (4)	E Sinclair (U15)	00:09:24.95 (2)	M Thomson (U17)
3	00:30:26.250	610	Giffnock North AC #1	00:10:38.50 (5)	F Scobie (U13)	00:09:48.90 (2)	F Campbell (U15)	00:09:58.85 (3)	E Dougall (U17)
4	00:30:52.150	688	Edinburgh AC #1	00:10:48.50 (11)	J Hirst (U13)	00:09:56.10 (5)	O Shepherd (U15)	00:10:07.55 (4)	K Johnson (U17)
5	00:31:02.000	605	Garscube Harriers #1	00:11:00.55 (19)	I Collingwood (U13)	00:10:40.85 (17)	E Burnett (U13)	00:09:20.60 (5)	L Brown (U17)
6	00:31:03.400	677	Corstorphine AAC #1	00:11:23.30 (27)	A Clarke (U13)	00:10:05.55 (12)	C MacPhie (U15)	00:09:34.55 (6)	O Clarke (U17)
7	00:31:06.500	628	Glasgow School of Sport #1	00:10:46.00 (7)	M Gairn (U13)	00:09:46.00 (3)	M McClelland-Brooks (U15)	00:10:34.50 (7)	K Slimon (U17)
8	00:31:09.400	692	Falkirk Victoria Harriers #1	00:10:22.70 (4)	E Christie (U13)	00:10:34.60 (6)	L Cant (U15)	00:10:12.10 (8)	C Christie (U17)
9	00:31:24.250	693	Falkirk Victoria Harriers #2	00:11:10.90 (23)	C MCGougan (U13)	00:09:59.90 (8)	C Horne (U15)	00:10:13.45 (9)	K Christie (U17)
10	00:31:31.400	685	East Kilbride AC #1	00:10:46.25 (8)	M Frew (U13)	00:10:31.10 (9)	R Docherty (U15)	00:10:14.05 (10)	A Anderson (U15)
11	00:31:39.400	689	Edinburgh AC #2	00:10:57.30 (14)	A Macaulay Orr (U17)	00:10:09.10 (7)	A Van der Merwe (U13)	00:10:33.00 (11)	J Taylor (U15)
12	00:31:41.800	603	Gala Harriers #1	00:10:59.20 (17)	K Rankine (U13)	00:10:25.95 (10)	E Gray (U15)	00:10:16.65 (12)	I Paterson (U17)
13	00:31:56.250	634	Kilbarchan AAC #1	00:12:00.30 (44)	F Milford (U13)	00:10:04.65 (24)	Z Redmond (U15)	00:09:51.30 (13)	A Teasdale (U15)
14	00:31:58.100	642	Lasswade AC	00:10:54.00 (13)	I Taylor (U13)	00:11:00.70 (23)	B Kitchin (U15)	00:10:03.40 (14)	O Meikle (U17)
15	00:32:09.500	612	Giffnock North AC #3	00:11:00.00 (18)	A Macaulay (U13)	00:10:38.15 (14)	R Walsh (U15)	00:10:31.35 (15)	E McLennan (U17)
16	00:32:13.850	611	Giffnock North AC #2	00:10:47.15 (10)	M Boothman (U13)	00:10:55.05 (18)	S Wilson (U15)	00:10:31.65 (16)	K Paul (U17)
17	00:32:34.000	613	Giffnock North AC #4	00:10:58.35 (16)	A Gallagher (U13)	00:10:38.70 (13)	L McPherson (U15)	00:10:56.95 (17)	K Donnelly (U15)
18	00:32:44.050	694	Falkirk Victoria Harriers #3	00:10:57.85 (15)	J Anderson (U13)	00:10:47.80 (21)	K Hedges (U15)	00:10:58.40 (18)	E Hendry (U17)
19	00:32:51.750	643	Law & District AAC #1	00:11:22.35 (26)	O Inglis (U13)	00:10:21.25 (19)	J Inglis (U15)	00:11:08.15 (19)	F Currie (U17)
20	00:32:54.350	672	Central AC #1	00:11:45.75 (37)	F Watkin (U13)	00:10:55.65 (34)	N McKinlay (U15)	00:10:12.95 (20)	C Kane (U17)
21	00:32:56.400	690	Edinburgh AC #3	00:11:55.45 (41)	D MacDonald (U15)	00:10:38.05 (31)	I Duncan (U13)	00:10:22.90 (21)	M McKay (U15)
22	00:32:56.650	651	Pitreavie AAC #1	00:11:48.40 (39)	N Hannell (U13)	00:10:32.70 (27)	A Baillie (U15)	00:10:35.55 (22)	M Millar (U17)
23	00:32:59.250	662	Aberdeen AAC	00:11:26.30 (30)	O Dinnes (U13)	00:10:20.20 (22)	A Farquhar (U15)	00:11:12.75 (23)	K Grant (U17)
24	00:33:06.650	653	Ross County AC	00:11:21.20 (25)	L Fraser (U13)	00:10:19.80 (16)	C Heggie (U15)	00:11:25.65 (24)	E Bell (U17)
25	00:33:12.850	633	Inverness Harriers AAC #2	00:11:24.35 (28)	L MacLean (U13)	00:10:19.65 (20)	K Burnett (U15)	00:11:28.85 (25)	M Duffy (U17)
26	00:33:18.200	678	Corstorphine AAC #2	00:12:18.15 (52)	L Shanks (U13)	00:10:39.70 (39)	E Cameron (U15)	00:10:20.35 (26)	L Doney (U17)
27	00:33:43.650	614	Giffnock North AC #5	00:11:45.75 (38)	A Phillips (U13)	00:11:16.20 (40)	E McWilliams (U15)	00:10:41.70 (27)	M Macfarlane (U15)
28	00:33:45.500	615	Giffnock North AC #6	00:11:00.55 (20)	S McNulty (U13)	00:11:42.00 (35)	I Munro (U15)	00:11:02.95 (28)	H O'Donoghue (U15)
29	00:33:47.250	616	Giffnock North AC #7	00:10:42.05 (6)	N Yates (U13)	00:11:49.45 (29)	L O'Donoghue (U15)	00:11:15.75 (29)	S McNulty (U15)
30	00:33:53.500	654	Shettleston Harriers #1	00:11:59.70 (43)	D Gildea (U13)	00:10:56.40 (37)	K Woods (U15)	00:10:57.40 (30)	I Djoudi (U17)
31	00:34:05.250	660	Team East Lothian #2	00:11:26.40 (31)	S Russell (U13)	00:10:53.80 (26)	R Stevens (U15)	00:11:45.05 (31)	J Bullen (U17)
32	00:34:10.050	667	Cambuslang Harriers #1	00:12:36.20 (60)	E Kearney (U13)	00:11:20.05 (46)	O McNicol (U15)	00:10:13.80 (33)	M Nicholl (U17)
33	00:34:10.050	680	Cumbernauld AAC	00:10:22.00 (3)	J Macleod (U13)	00:11:05.05 (11)	R Lawman (U15)	00:12:43.00 (32)	I Davidson (U17)
34	00:34:19.250	681	Dundee Hawkhill Harriers #1	00:10:53.20 (12)	Z Morgan (U13)	00:11:43.45 (32)	G Cook (U15)	00:11:42.60 (34)	I Carroll (U17)
35	00:34:33.750	657	Springburn Harriers #1	00:11:36.70 (33)	S Smith (U13)	00:11:55.00 (45)	K MacInnes (U15)	00:11:02.05 (35)	R Giffen (U17)
36	00:34:37.250	635	Kilbarchan AAC #2	00:11:52.40 (40)	M Nicholson (U13)	00:11:19.30 (44)	K Weir (U15)	00:11:25.55 (36)	P Bowers (U15)
37	00:34:38.650	695	Falkirk Victoria Harriers #4	00:11:36.80 (34)	L Kimberley (U13)	00:11:00.90 (33)	C Davies (U15)	00:12:00.95 (37)	C Forgie (U15)
38	00:34:40.000	629	Glasgow School of Sport #2	00:11:10.10 (22)	E Gillespie (U13)	00:11:15.90 (28)	C McGeachy (U15)	00:12:14.00 (38)	A McLean (U15)
39	00:34:47.650	601	Fife AC #1	00:12:16.30 (51)	I Jarrett (U13)	00:10:47.60 (41)	K Sandilands (U15)	00:11:43.75 (39)	R Russell (U17)
40	00:34:56.100	650	Perth Straththay Harriers	00:12:26.15 (57)	I Ryan (U13)	00:11:49.00 (51)	L Ward (U15)	00:10:40.95 (40)	E Hearn (U15)

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Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3	
41	00:35:01.200	686	East Kilbride AC #2	00:11:39.30 (35) K Lindsay (U13)	00:10:53.40 (30) A Andrew (U15)	00:12:28.50 (41) K Pew (U15)	
42	00:35:05.950	673	Central AC #2	00:12:55.10 (67) N Caldwell (U13)	00:11:08.30 (47) C Gibb (U15)	00:11:02.55 (42) S Roy (U17)	
43	00:35:15.200	683	Dundee Hawkhill Harriers #3	00:11:42.05 (36) J Kidd (U13)	00:11:14.15 (38) Z Kidd (U15)	00:12:19.00 (43) I Passway (U15)	
44	00:35:18.400	606	Garscube Harriers #2	00:12:25.70 (56) E Fox (U13)	00:12:14.50 (56) S Dick (U13)	00:10:38.20 (44) B Trainer (U17)	
45	00:35:20.400	682	Dundee Hawkhill Harriers #2	00:11:05.95 (21) S De Villiers (U13)	00:11:49.40 (36) I Nicoll (U15)	00:12:25.05 (45) S Graham (U17)	
46	00:35:33.750	645	Law & District AAC #3	00:12:48.20 (64) S Nelson (U13)	00:11:26.65 (50) I Cameron (U13)	00:11:18.90 (46) Y Faulds (U17)	
47	00:35:43.450	663	Ayr Seaforth AC #1	00:12:50.05 (66) J Byers (U13)	00:11:22.55 (49) I Hubbard (U15)	00:11:30.85 (47) I Hubbard (U17)	
48	00:35:49.250	696	Falkirk Victoria Harriers #5	00:12:23.65 (54) R Donaldson (U13)	00:12:45.05 (59) E Donaldson (U15)	00:10:40.55 (48) S Kane (U15)	
49	00:36:06.800	607	Garscube Harriers #3	00:13:24.35 (69) O FREER (U13)	00:12:07.75 (62) A Henderson (U15)	00:10:34.70 (49) A Patel (U17)	
50	00:36:30.400	617	Giffnock North AC #8	00:12:03.15 (48) R Costello (U13)	00:12:21.30 (55) M Barr (U15)	00:12:05.95 (50) E Stewart (U15)	
51	00:36:46.900	639	Kilmarnock H&AC #1	00:12:47.55 (63) M Carruthers (U13)	00:12:42.70 (61) M Ballantyne (U15)	00:11:16.65 (51) E Anderson (U17)	
52	00:36:58.050	691	Edinburgh AC #4	00:13:26.10 (70) O Kelly (U13)	00:12:28.40 (65) M Kidd (U17)	00:11:03.55 (52) L Scott (U13)	
53	00:37:04.150	674	Central AC #3	00:13:36.05 (71) M Beaton (U13)	00:11:34.05 (60) L Brown (U15)	00:11:54.05 (53) M O'Neill (U17)	
54	00:37:06.000	655	Shettleston Harriers #2	00:12:38.75 (62) K Monaghan (U13)	00:12:15.90 (57) K Burns (U15)	00:12:11.35 (54) J Grant (U17)	
55	00:37:07.450	619	Giffnock North AC #10	00:12:19.45 (53) B Adams (U13)	00:12:04.30 (54) E Campbell (U13)	00:12:43.70 (55) E Cameron (U15)	
56	00:37:14.650	608	Garscube Harriers #4	00:14:47.45 (76) A McBean (U13)	00:12:09.70 (71) A MacKay (U15)	00:10:17.50 (56) C Francis (U17)	
57	00:37:23.800	644	Law & District AAC #2	00:13:41.40 (73) L Preston (U13)	00:13:03.80 (70) H Jamieson (U13)	00:10:38.60 (57) A McCann (U15)	
58	00:37:24.250	669	Cambuslang Harriers #3	00:12:07.95 (50) E Ritchie (U13)	00:13:48.20 (66) M Scott (U15)	00:11:28.10 (58) E Ritchie (U17)	
59	00:37:33.350	636	Kilbarchan AAC #3	00:12:01.95 (46) I Miller (U13)	00:12:03.50 (48) E Burke (U15)	00:13:27.90 (59) K Laou (U17)	
60	00:37:58.150	668	Cambuslang Harriers #2	00:14:13.95 (74) M O'Brien (U13)	00:11:50.65 (67) L McGrandle (U15)	00:11:53.55 (60) E Kennedy (U17)	
61	00:38:54.800	684	Dundee Hawkhill Harriers #4	00:12:35.70 (59) S Imrie (U13)	00:14:05.80 (69) T McLardy (U15)	00:12:13.30 (61) R De Villiers (U15)	
62	00:39:06.850	687	East Kilbride AC #3	00:12:04.00 (49) C Charters (U13)	00:13:02.60 (58) E McGowan (U13)	00:14:00.25 (62) E Chapman (U15)	
63	00:41:05.400	620	Giffnock North AC #11	00:12:37.60 (61) A Ross (U13)	00:13:51.90 (68) A Campbell (U13)	00:14:35.90 (63) E Digby (U15)	
64	00:41:11.300	646	Law & District AAC #4	00:15:46.95 (77) H Wilson (U13)	00:13:19.60 (72) E Cameron (U13)	00:12:04.75 (64) A Faulds (U17)	
65	00:21:39.300	630	Inverclyde AC #1	00:11:18.45 (24) L Bremner (U13)	00:10:20.85 (15) A Beaton (U15)		
66	00:22:05.050	661	VP-Glasgow AC	00:10:46.40 (9) E Morrison (U13)	00:11:18.65 (25) A Ross (U13)		
67	00:23:06.600	679	Corstorphine AAC #3	00:12:02.35 (47) O Marshall (U13)	00:11:04.25 (42) A Mourao (U15)		
68	00:23:09.050	604	Gala Harriers #2	00:11:33.85 (32) K Brown (U13)	00:11:35.20 (43) P Lunn (U15)		
69	00:24:20.500	697	Falkirk Victoria Harriers #6	00:12:25.10 (55) A Calder (U13)	00:11:55.40 (52) L Gibson (U15)		
70	00:24:22.450	637	Kilbarchan AAC #4	00:12:35.10 (58) L McLean (U13)	00:11:47.35 (53) A Street (U15)		
71	00:25:44.550	641	Kirkintilloch Olympians	00:14:20.45 (75) S Wilson (U13)	00:11:24.10 (63) O Mahon (U15)		
72	00:25:52.100	658	Springburn Harriers #2	00:12:49.35 (65) N Wilson (U13)	00:13:02.75 (64) R Lennon (U15)		
73	00:42:00.650	618	Giffnock North AC #9	00:12:01.35 (45) E Thomson (U13)	00:29:59.30 (73) M Smith (U17)		
74	00:11:24.750	666	Banchory Stonehaven AC	00:11:24.75 (29) J Gunn (U13)			
75	00:11:56.650	631	Inverclyde AC #2	00:11:56.65 (42) G Barry (U13)			
76	00:13:20.000	640	Kilmarnock H&AC #2	00:13:20.00 (68) R McNulty (U13)			
77	00:13:37.900	621	Giffnock North AC #12	00:13:37.90 (72) E Wilkinson (U13)			

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Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3	
1	00:25:59.850	401	Giffnock North AC #1	00:08:59.00 (1) C Dick (U13)	00:08:36.25 (1) C Shennan (U15)	00:08:24.60 (1)	R Macdonald (U17)
2	00:27:01.400	426	Kilbarchan AAC #1	00:09:42.50 (7) A Street (U13)	00:08:44.55 (2) O Patton (U15)	00:08:34.35 (2)	L Lindsay (U17)
3	00:27:11.050	402	Giffnock North AC #2	00:09:53.25 (13) A Reid (U13)	00:08:55.95 (5) A Nugent (U15)	00:08:21.85 (3)	C Deverill (U17)
4	00:27:25.000	495	Gala Harriers #1	00:09:52.20 (11) A Dalglish (U13)	00:09:04.70 (8) Z Field (U15)	00:08:28.10 (4)	E Christie (U17)
5	00:27:27.150	461	Aberdeen AAC #1	00:10:23.55 (29) A Henthorn (U13)	00:08:39.90 (12) R Crawford (U15)	00:08:23.70 (5)	H McKay (U17)
6	00:27:28.800	486	Edinburgh AC #1	00:09:53.25 (12) J Daunt (U13)	00:09:09.60 (11) D Daunt (U15)	00:08:25.95 (6)	R Dewar (U17)
7	00:27:30.850	455	Team East Lothian #1	00:09:46.75 (9) J Page (U13)	00:09:04.90 (7) I Wright (U15)	00:08:39.20 (7)	A Wright (U17)
8	00:27:32.350	403	Giffnock North AC #3	00:09:53.40 (15) P Fraser (U13)	00:09:04.00 (9) O MacDonald (U15)	00:08:34.95 (8)	C Green (U17)
9	00:27:40.200	414	Harmeny AC #2	00:09:34.95 (5) D McIntyre (U13)	00:09:15.15 (6) M Holden (U15)	00:08:50.10 (9)	E Lorimer (U17)
10	00:27:43.150	413	Harmeny AC #1	00:09:45.80 (8) F Ross (U13)	00:09:14.20 (10) D McGuire (U15)	00:08:43.15 (10)	A Wallace (U17)
11	00:27:49.550	489	Falkirk Victoria Harriers #1	00:09:23.55 (4) R Taylor (U13)	00:09:03.95 (3) L Culliton (U15)	00:09:22.05 (11)	A Mckechnie (U17)
12	00:27:55.050	480	East Kilbride AC #1	00:09:09.15 (2) A Wilkinson (U13)	00:09:28.00 (4) J Connor (U15)	00:09:17.90 (12)	C Charters (U17)
13	00:27:55.650	438	Law & District AAC #1	00:09:57.55 (16) J Frood (U13)	00:09:12.90 (13) R Kellock (U15)	00:08:45.20 (13)	O Logan (U17)
14	00:27:57.550	404	Giffnock North AC #4	00:10:07.35 (19) M Macaulay (U13)	00:09:11.55 (14) J Wallace (U15)	00:08:38.65 (14)	A Robin (U17)
15	00:28:16.250	468	Cambuslang Harriers #1	00:10:03.00 (18) J McCarthy (U13)	00:09:24.45 (15) S McCarthy (U15)	00:08:48.80 (15)	L Roddis (U17)
16	00:28:24.900	458	VP-Glasgow AC #1	00:09:20.35 (3) R Laing (U13)	00:10:30.55 (20) H Ali (U15)	00:08:34.00 (16)	F Gilmour (U17)
17	00:28:34.100	492	Fife AC #1	00:10:42.20 (38) F Geary (U13)	00:09:28.65 (27) A Suttie (U15)	00:08:23.25 (17)	S Bennet (U17)
18	00:28:40.850	405	Giffnock North AC #5	00:10:17.65 (25) E Scobie (U13)	00:09:20.25 (17) C Chong (U15)	00:09:02.95 (18)	M Knak (U17)
19	00:28:47.200	453	Strathearn Harriers #1	00:10:33.10 (36) A Spurway (U13)	00:09:26.55 (22) A Grant (U15)	00:08:47.55 (19)	H Pagett (U17)
20	00:28:50.500	456	Team East Lothian #2	00:10:24.90 (30) T Gornall (U13)	00:09:48.30 (28) J Marshall (U15)	00:08:37.30 (20)	A Page (U17)
21	00:28:51.250	475	Corstorphine AAC #1	00:10:19.15 (26) T Chmielowski (U13)	00:09:27.05 (19) M Lawrie (U15)	00:09:05.05 (21)	R Williams (U17)
22	00:29:13.000	406	Giffnock North AC #6	00:10:33.80 (37) C Mitchell (U13)	00:09:42.50 (30) M Shaw (U15)	00:08:56.70 (22)	J Adams (U17)
23	00:29:19.900	487	Edinburgh AC #2	00:09:58.85 (17) D Convery (U13)	00:09:33.60 (16) L Ward (U15)	00:09:47.45 (23)	W Mansell (U17)
24	00:29:21.800	407	Giffnock North AC #7	00:10:20.10 (27) F Laskey (U13)	00:09:24.05 (18) J Mowat (U15)	00:09:37.65 (24)	J Davidson (U17)
25	00:29:24.650	498	Garscube Harriers #2	00:10:51.30 (45) E Tyler (U13)	00:09:17.10 (26) F Donaldson (U15)	00:09:16.25 (25)	H Borthwick (U17)
26	00:29:29.500	436	Lasswade AC #1	00:11:05.45 (53) R Wood (U13)	00:08:59.55 (25) R Taylor (U15)	00:09:24.50 (26)	A Scott (U17)
27	00:29:34.750	473	Central AC #1	00:11:36.55 (66) F Macgregor (U13)	00:09:42.95 (46) A Middleton (U15)	00:08:15.25 (27)	C Bell (U17)
28	00:29:38.700	496	Gala Harriers #2	00:10:25.35 (31) C Dalglish (U13)	00:09:49.95 (29) R Christie (U15)	00:09:23.40 (28)	C Rankine (U17)
29	00:29:44.750	481	East Kilbride AC #2	00:10:09.00 (21) B Baillie (U13)	00:09:52.85 (23) A Thomson (U15)	00:09:42.90 (29)	S Hosie (U17)
30	00:29:52.850	469	Cambuslang Harriers #2	00:10:56.15 (47) A McLachlan (U13)	00:09:52.65 (38) C Black (U15)	00:09:04.05 (30)	J Dow (U17)
31	00:29:59.750	447	Ross County AC #1	00:10:57.10 (48) R Schiller (U13)	00:09:05.95 (24) A Baird (U15)	00:09:56.70 (31)	R Ellen (U17)
32	00:30:00.200	463	Ayr Seaforth AC #1	00:10:26.05 (32) N Latto (U13)	00:10:03.10 (34) F McIntyre (U15)	00:09:31.05 (32)	C Scobie (U17)
33	00:30:05.400	423	Inverness Harriers AAC #1	00:10:21.40 (28) H Burnett (U13)	00:10:21.50 (37) M Miller (U15)	00:09:22.50 (33)	L Buchanan (U17)
34	00:30:21.600	482	East Kilbride AC #3	00:10:10.70 (22) R Charters (U13)	00:10:17.10 (31) J Hunter (U15)	00:09:53.80 (34)	L Thorpe (U17)
35	00:30:23.400	490	Falkirk Victoria Harriers #2	00:09:38.85 (6) H Hunter (U13)	00:10:12.30 (21) H Lamont (U15)	00:10:32.25 (35)	J Stokes (U17)
36	00:30:24.900	448	Ross County AC #2	00:10:14.65 (23) J MacGruer (U13)	00:10:14.30 (33) G Ross (U15)	00:09:55.95 (36)	N Carson (U15)
37	00:30:27.800	499	Garscube Harriers #3	00:11:10.45 (56) R Yule (U13)	00:09:55.40 (41) R Nicol (U15)	00:09:21.95 (37)	C MacDonald (U17)
38	00:30:30.300	493	Fife AC #2	00:10:54.65 (46) D Purves (U13)	00:10:56.80 (53) R Geary (U15)	00:08:38.85 (38)	R Marshall (U17)
39	00:30:35.000	415	Harmeny AC #3	00:10:43.75 (39) F Roberts (U13)	00:09:44.10 (32) K Hardie (U15)	00:10:07.15 (39)	D Alexander (U15)
40	00:30:44.200	476	Corstorphine AAC #2	00:10:31.90 (34) J Lawrie (U13)	00:10:45.10 (45) L Harrison (U15)	00:09:27.20 (40)	P Milne (U17)

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx Young Males

Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3	
41	00:30:46.950	470	Cambuslang Harriers #3	00:11:12.00 (57) E Reid (U13)	00:10:20.40 (49) L Cook (U15)	00:09:14.55 (41) F MacGregor (U17)	
42	00:31:08.950	439	Law & District AAC #2	00:11:02.85 (52) B Beverley (U13)	00:10:22.50 (48) D Simpson (U15)	00:09:43.60 (42) C Cherrie (U17)	
43	00:31:13.750	457	Team East Lothian #3	00:10:48.90 (44) B Krievs (U13)	00:09:44.30 (35) C Copp (U15)	00:10:40.55 (43) I Stevenson (U15)	
44	00:31:25.650	479	Dundee Hawkhill Harriers	00:11:09.95 (55) R Caldwell (U13)	00:11:43.45 (63) L Gibson (U13)	00:08:32.25 (44) W Lorente (U17)	
45	00:31:26.250	452	Springburn Harriers	00:09:53.25 (14) A Fraser-Moodie (U13)	00:11:02.70 (39) U Minchella (U13)	00:10:30.30 (45) A Watters (U15)	
46	00:31:28.250	408	Giffnock North AC #8	00:11:02.35 (51) J Mowat (U13)	00:10:08.15 (42) C Shiels (U15)	00:10:17.75 (46) C McAllister (U15)	
47	00:31:38.650	421	Inverclyde AC #1	00:11:33.30 (64) J Reilly (U13)	00:10:14.80 (51) L Kane (U15)	00:09:50.55 (47) K Arthur (U17)	
48	00:31:40.050	483	East Kilbride AC #4	00:10:29.65 (33) E Thorpe (U13)	00:10:29.70 (40) R McNamara (U15)	00:10:40.70 (48) D Edwards (U15)	
49	00:32:01.500	449	Shettleston Harriers #1	00:12:22.40 (73) L Millican (U13)	00:10:17.60 (59) J Reilly (U15)	00:09:21.50 (49) D Woods (U17)	
50	00:32:18.200	444	Nithsdale AC	00:11:24.45 (62) A Cirera Sola (U13)	00:10:25.30 (52) C Robertson (U15)	00:10:28.45 (50) A MacCormick (U17)	
51	00:32:29.600	409	Giffnock North AC #9	00:11:14.15 (58) Z Wright (U13)	00:11:24.20 (58) A Barr (U13)	00:09:51.25 (51) R Laskey (U15)	
52	00:32:44.600	446	Pitreavie AAC	00:10:46.15 (40) F Lees (U13)	00:11:42.55 (57) R Allan (U13)	00:10:15.90 (52) C Johnston (U17)	
53	00:32:49.100	437	Lasswade AC #2	00:12:20.35 (71) N Lawrence (U13)	00:11:01.80 (69) W Heatlie (U15)	00:09:26.95 (53) R Scott (U17)	
54	00:33:14.300	454	Strathearn Harriers #2	00:11:26.35 (63) C McBean (U13)	00:11:19.40 (62) L Chalamanda (U15)	00:10:28.55 (54) B Knox (U17)	
55	00:33:21.850	424	Inverness Harriers AAC #2	00:12:19.75 (70) M Walmsley (U13)	00:11:01.75 (68) R Stirling (U15)	00:10:00.35 (55) C MacLeod (U17)	
56	00:33:26.800	474	Central AC #2	00:11:59.55 (69) F Kingsley (U13)	00:11:04.20 (65) H Crossley (U15)	00:10:23.05 (56) S Hill (U15)	
57	00:33:30.050	419	Helensburgh AAC #1	00:11:37.00 (67) L Cameron (U13)	00:11:03.75 (60) A Ritchie (U13)	00:10:49.30 (57) W Scott (U17)	
58	00:33:34.600	443	Lothian RC	00:12:21.80 (72) J McGarry (U13)	00:11:08.30 (70) D Fletcher (U13)	00:10:04.50 (58) J Collings (U15)	
59	00:33:37.350	477	Corstorphine AAC #3	00:10:46.25 (41) H Lawrie (U13)	00:10:35.75 (47) L Andrews (U15)	00:12:15.35 (59) A Bagnall (U15)	
60	00:33:45.700	494	Fife AC #3	00:10:57.50 (49) O Geary (U13)	00:12:13.85 (67) D Armstrong (U15)	00:10:34.35 (60) A Armstrong (U17)	
61	00:34:16.250	501	Garscube Harriers #5	00:11:34.75 (65) D Cuthbertson (U13)	00:11:27.05 (64) C Hargreaves (U15)	00:11:14.45 (61) C Mathew (U15)	
62	00:34:42.850	484	East Kilbride AC #5	00:11:01.20 (50) A Rosling (U13)	00:10:57.70 (54) M McQuaid (U15)	00:12:43.95 (62) K Budd (U15)	
63	00:35:04.050	471	Cambuslang Harriers #4	00:11:15.15 (59) D Howat (U13)	00:11:54.50 (66) C Kearney (U15)	00:11:54.40 (63) D Edmonds (U17)	
64	00:20:41.100	488	Edinburgh AC #3	00:09:48.60 (10) L Sonnevile (U13)	00:10:52.50 (36) J Duncan (U15)		
65	00:21:12.600	491	Falkirk Victoria Harriers #3	00:10:14.70 (24) C McAtarsney (U13)	00:10:57.90 (43) L Flaherty (U15)		
66	00:21:14.650	464	Ayr Seaforth AC #2	00:11:21.00 (60) M Copland (U13)	00:09:53.65 (44) A Maclean (U15)		
67	00:21:35.650	416	Harmeny AC #4	00:10:32.10 (35) S Johnston (U13)	00:11:03.55 (50) S Mitrosz (U15)		
68	00:22:10.300	430	Kilbarchan AAC #5	00:11:07.70 (54) O Linton (U13)	00:11:02.60 (55) N Cairns (U15)		
69	00:22:11.150	465	Ayr Seaforth AC #3	00:11:22.55 (61) L Marshall-Watt (U13)	00:10:48.60 (56) L Brockie (U15)		
70	00:22:45.700	429	Kilbarchan AAC #4	00:11:40.40 (68) R Clark (U13)	00:11:05.30 (61) R Knights (U15)		
71	00:28:11.550	462	Aberdeen AAC #2	00:10:48.30 (42) R McAllister (U13)	00:17:23.25 (71) K Crawford (U17)		
72	00:29:07.550	497	Garscube Harriers #1	00:20:16.90 (75) R Treharne (U15)	00:08:50.65 (72) C Treharne (U17)		
73	00:30:38.450	427	Kilbarchan AAC #2	00:20:19.70 (76) A Shorts (U15)	00:10:18.75 (73) I MacPherson (U15)		
74	00:10:08.950	432	Kilbarchan AAC #7	00:10:08.95 (20) Runner 432A			
75	00:10:48.900	502	Garscube Harriers #6	00:10:48.90 (43) D Owens (U15)			
76	00:12:23.800	450	Shettleston Harriers #2	00:12:23.80 (74) S McGowan (U13)			
77	00:33:09.150	420	Helensburgh AAC #2	00:33:09.15 (77) Runner 420C			

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx SenJun Men

Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3	Leg4				
1	00:46:06.900	1	Central AC #1	00:11:32.70 (2)	H Hickey (Sen)	00:11:34.20 (1)	B MacMillan (U20)	00:11:31.15 (1)	A Butchart (Sen)	00:11:28.85 (1)	J Crowe (Sen)
2	00:47:35.900	2	Central AC #2	00:11:47.05 (5)	C Milne (Sen)	00:12:20.25 (5)	C Phillip (Sen)	00:11:50.10 (3)	L Fanottoli (Sen)	00:11:38.50 (2)	T Graham-Marr (Sen)
3	00:47:45.100	88	Inverclyde AC #1	00:12:26.00 (22)	S Fontana (Sen)	00:11:33.30 (3)	B Potrykus (Sen)	00:12:02.00 (4)	R Gray (Sen)	00:11:43.80 (3)	J Glen (Sen)
4	00:48:14.400	45	Edinburgh Univ Hare and Hounds #1	00:12:17.20 (15)	R Sparks (Sen)	00:12:08.15 (11)	A Muir (Sen)	00:12:03.35 (7)	H Henriksen (U20)	00:11:45.70 (4)	M Knowles (U20)
5	00:48:27.850	152	Aberdeen AAC #1	00:11:49.00 (6)	M Edwards (Sen)	00:12:25.05 (7)	A Odentz (Sen)	00:11:39.90 (2)	M Ferguson (Sen)	00:12:33.90 (5)	F Thomson (Sen)
6	00:48:29.350	171	Cambuslang Harriers #2	00:11:39.90 (3)	C Smith (Sen)	00:12:09.70 (2)	F Stewart (Sen)	00:12:35.50 (6)	I MacCorquodale (Sen)	00:12:04.25 (6)	J MacKinnon (Sen)
7	00:48:47.550	55	Fife AC #1	00:12:07.55 (11)	B Sandilands (U20)	00:12:00.85 (6)	T Rees (Sen)	00:12:25.65 (8)	C Morris (Sen)	00:12:13.50 (7)	L Rodgers (Sen)
8	00:49:12.400	170	Cambuslang Harriers #1	00:12:11.20 (14)	C McLew (U20)	00:11:51.05 (4)	M Christoforou (Sen)	00:11:59.60 (5)	K Harvey (Sen)	00:13:10.55 (8)	C Jardine (Sen)
9	00:49:16.950	76	Glasgow University Hares and Hounds #1	00:11:56.85 (8)	J Burns (Sen)	00:12:26.35 (10)	S Addison (Sen)	00:12:38.50 (10)	A Carey (Sen)	00:12:15.25 (9)	M Tait (Sen)
10	00:49:25.050	140	University of St. Andrews CC #1	00:11:58.90 (9)	K Hornyik (U20)	00:12:21.10 (8)	O McGuigan (U20)	00:12:26.45 (9)	K Cooper (Sen)	00:12:38.60 (10)	F Truman-Williams (U20)
11	00:49:42.800	8	Corstophine AAC #1	00:12:09.00 (12)	E Brown (Sen)	00:12:12.20 (9)	D Selman (Sen)	00:12:59.00 (11)	D Macaulay (Sen)	00:12:22.60 (11)	C McKenzie (Sen)
12	00:49:45.750	3	Central AC #3	00:12:20.10 (18)	M Sutherland (Sen)	00:12:22.60 (13)	S Holl (Sen)	00:12:51.35 (12)	J Wood (Sen)	00:12:11.70 (12)	D Colley (Sen)
13	00:50:07.300	69	Giffnock North AC #1	00:13:36.35 (58)	E Carolan (U20)	00:12:47.05 (33)	R O'Brien (U20)	00:12:16.20 (20)	C Young (Sen)	00:11:27.70 (13)	D Robinson (U20)
14	00:50:24.400	93	Inverness Harriers AAC	00:12:43.00 (27)	F MacLennan (Sen)	00:13:07.90 (24)	E Rollo (U20)	00:12:36.00 (17)	L Cairns (U20)	00:11:57.50 (14)	L Davidson (U20)
15	00:50:28.250	50	Falkirk Victoria Harriers #1	00:11:43.55 (4)	S Stirling (Sen)	00:13:13.25 (16)	E Wond (U20)	00:13:09.05 (16)	C Little (U20)	00:12:22.40 (15)	B Stevenson (Sen)
16	00:50:46.250	46	Edinburgh Univ Hare and Hounds #2	00:12:52.95 (34)	J Battershill (Sen)	00:12:56.15 (23)	O Wilkinson (U20)	00:12:42.15 (18)	B Ivandjikov (Sen)	00:12:15.00 (16)	B Shaw (Sen)
17	00:51:04.450	30	East Kilbride AC #1	00:11:50.80 (7)	D Reid (Sen)	00:13:02.55 (14)	J Clements (Sen)	00:13:07.65 (15)	D Ross (Mas)	00:13:03.45 (17)	M Lynas (Sen)
18	00:51:08.250	153	Aberdeen AAC #2	00:12:25.20 (21)	A Brown (U20)	00:12:30.90 (15)	S Griffin (U20)	00:13:03.90 (14)	B Nelson (Sen)	00:13:08.25 (18)	S Murray (Sen)
19	00:51:23.400	84	Heriot-Watt Univ AC	00:12:19.60 (17)	S Leitch (U20)	00:13:13.45 (18)	F Holman (U20)	00:13:41.45 (24)	T Lines (Sen)	00:12:08.90 (19)	F Lydon (Sen)
20	00:51:29.600	77	Glasgow University Hares and Hounds #2	00:13:00.00 (41)	D Addison (U20)	00:13:20.80 (32)	K Crawford (U20)	00:12:43.65 (22)	A Addison (Sen)	00:12:25.15 (20)	C Fordyce (U20)
21	00:52:02.700	36	East Sutherland AC	00:12:46.00 (28)	E Gollan (Sen)	00:12:50.40 (20)	F Murray (Sen)	00:13:23.15 (21)	R Gollan (Sen)	00:13:03.15 (21)	F Roach (Sen)
22	00:52:15.650	103	Lasswade AC #1	00:11:27.80 (1)	C Graham (Sen)	00:13:07.05 (12)	M Gore (Mas)	00:14:03.80 (19)	D Woods (Sen)	00:13:37.00 (22)	G Louden (Sen)
23	00:52:19.300	47	Edinburgh Univ Hare and Hounds #3	00:13:04.50 (43)	S Segger-Steveley (U20)	00:13:26.75 (35)	I Oldfield (Sen)	00:12:56.50 (26)	A Bisset (Sen)	00:12:51.55 (23)	M Rimicans (Sen)
24	00:52:35.300	182	Metro Aberdeen RC	00:12:03.15 (10)	J Kelly (Sen)	00:13:41.15 (22)	J Cruickshank (U20)	00:13:44.80 (27)	T Martin (Sen)	00:13:06.20 (24)	S Mcleod (Sen)
25	00:52:45.900	172	Cambuslang Harriers #3	00:12:54.30 (35)	Z Povey (U20)	00:12:59.10 (26)	C Reilly (Sen)	00:13:30.10 (25)	M Black (U20)	00:13:22.40 (25)	R Carr (Sen)
26	00:52:56.900	126	Shettleston Harriers #1	00:12:20.90 (19)	C McGarrity (Sen)	00:13:15.15 (19)	C Oates (Sen)	00:13:31.70 (23)	M Paxton (Sen)	00:13:49.15 (26)	A Peters (Sen)
27	00:53:05.900	38	Edinburgh AC #2	00:13:14.65 (48)	S Johnston (Mas)	00:14:17.10 (50)	M Thornton-Smith (Mas)	00:13:10.30 (37)	L Johnson (Mas)	00:12:23.85 (27)	E Cameron (Mas)
28	00:53:10.150	174	Cambuslang Harriers #5	00:13:46.05 (67)	G Pettit (Mas)	00:13:22.40 (45)	S Wylie (Mas)	00:13:33.45 (36)	J Carter (Mas)	00:12:28.25 (28)	G Robertson (Mas)
29	00:53:13.500	21	Dundee Hawkhill Harriers #1	00:12:54.50 (36)	C Earl	00:13:20.70 (29)	M Stewart	00:13:27.80 (29)	C McCormack	00:13:30.50 (29)	K Hernandez
30	00:53:26.700	37	Edinburgh AC #1	00:12:49.65 (30)	M MacDermot (Sen)	00:13:37.55 (34)	M Meres (Sen)	00:13:56.95 (32)	K Hamilton (Sen)	00:13:02.55 (30)	M Bax (Sen)
31	00:53:44.850	64	Garscube Harriers #1	00:12:17.60 (16)	F Ross-Davie (U20)	00:13:25.40 (21)	C Shields (Sen)	00:14:05.85 (30)	J Flaherty (Sen)	00:13:56.00 (31)	J Queen (Sen)
32	00:53:48.750	121	PH Racing Club #3	00:14:17.05 (84)	R Sellar (Mas)	00:12:56.00 (46)	A Davis (Mas)	00:13:36.30 (39)	P Kieran (Mas)	00:12:59.40 (32)	A Wright (Mas)
33	00:53:50.800	89	Inverclyde AC #2	00:13:06.40 (44)	D Crawford (Sen)	00:12:44.90 (25)	C Doherty (Sen)	00:14:25.10 (31)	L Hailey (U20)	00:13:34.40 (33)	J Hammerman (Mas)
34	00:54:05.700	70	Giffnock North AC #2	00:13:23.60 (53)	O Traynor (Sen)	00:13:51.85 (48)	R MacLean (Sen)	00:13:23.70 (33)	J Luc (U20)	00:13:26.55 (34)	B Wright (U20)
35	00:54:13.300	61	Gala Harriers #1	00:13:13.95 (47)	G Trewartha (Mas)	00:13:49.45 (43)	B Aitchison (Mas)	00:13:41.85 (38)	G Murdoch (Mas)	00:13:28.05 (35)	W McIntosh (Mas)
36	00:54:14.800	56	Fife AC #2	00:13:07.05 (45)	A Gudgin (Sen)	00:14:51.30 (62)	S McClung (U20)	00:13:33.15 (45)	B Kinninmonth (Sen)	00:12:43.30 (36)	R Lafferty (Sen)
37	00:54:40.550	85	Hunters Bog Trotters #1	00:14:09.05 (80)	D Wright (Mas)	00:13:28.05 (51)	R Ward (Mas)	00:13:57.10 (47)	J Brown (Mas)	00:13:06.35 (37)	D Ward (Mas)
38	00:54:42.950	141	University of St. Andrews CC #2	00:12:49.95 (31)	A Chingos (U20)	00:13:29.40 (31)	A Robinson (Sen)	00:14:20.45 (35)	S Thom (Sen)	00:14:03.15 (38)	J Harrison (Sen)
39	00:54:45.450	163	Bellahouston RR #1	00:13:51.85 (72)	B Carse (Mas)	00:14:00.95 (59)	A Jannetta (Sen)	00:13:40.80 (46)	C Ross (Mas)	00:13:11.85 (39)	A Moss (Sen)
40	00:54:54.550	119	PH Racing Club #1	00:13:43.75 (64)	D Jubb (Sen)	00:13:19.30 (42)	M McConnell (Sen)	00:14:23.95 (43)	P Waring (Sen)	00:13:27.55 (40)	A Bennet (U20)
41	00:55:05.700	105	Law & District AAC #1	00:12:58.75 (39)	K Pugh (Sen)	00:14:59.10 (61)	J McClafferty (Sen)	00:14:27.90 (57)	R Hill (Sen)	00:12:39.95 (41)	J Gillon (Sen)
42	00:55:18.150	9	Corstophine AAC #2	00:13:15.90 (49)	T Phillips Smith (U20)	00:14:40.20 (60)	B Draye (Sen)	00:13:23.10 (42)	R Gardiner (U20)	00:13:58.95 (42)	J Fullerton (Sen)
43	00:55:22.750	110	Lothian RC #1	00:13:12.80 (46)	S McIntosh (Sen)	00:14:25.95 (52)	R Kirkland (U20)	00:13:00.85 (34)	J Dack (Sen)	00:14:43.15 (43)	C Partridge (Mas)
44	00:55:31.800	109	Livingston AC	00:12:10.05 (13)	C Harris (Sen)	00:16:29.35 (69)	R Arthurs (U20)	00:12:39.20 (41)	A McGill (U20)	00:14:13.20 (44)	J Marshall (U20)
45	00:55:45.450	151	Westerlands CCC	00:13:31.00 (55)	J Bowden (Sen)	00:14:19.10 (58)	S Henderson (Mas)	00:13:57.75 (48)	N McAlinden (Sen)	00:13:57.60 (45)	B Bonnyman (Mas/50)
46	00:55:47.850	66	Garscube Harriers #3	00:15:06.30 (109)	J Murray (Mas)	00:13:26.15 (67)	G Mathew (Mas)	00:14:01.35 (60)	D Scroop (Mas)	00:13:14.05 (46)	J Coyle (Mas)
47	00:55:54.550	31	East Kilbride AC #2	00:13:45.30 (66)	J Kirwan (Sen)	00:13:57.45 (54)	V Hasrings (Sen)	00:14:34.65 (54)	G Craig (Sen)	00:13:37.15 (47)	L Kirwan (Sen)
48	00:55:56.700	156	Ayr Seaforth AC #1	00:14:49.30 (100)	N McColm (U20)	00:14:45.30 (81)	S Kirk (Mas)	00:13:03.90 (62)	K Neill (Mas)	00:13:18.20 (48)	B Robinson (Mas)
49	00:56:24.850	5	Central AC #5	00:12:29.00 (23)	S Brember (Mas)	00:14:12.95 (38)	E Jack (Mas)	00:14:48.95 (44)	C Walker (Mas/50)	00:14:53.95 (49)	D Eckersley (Mas/50)
50	00:56:28.900	123	Portobello RC #1	00:13:18.95 (51)	M Bird (Sen)	00:13:18.60 (36)	D Limmer (Sen)	00:14:39.80 (40)	A Risk (Sen)	00:15:11.55 (50)	D Worrall (Mas)

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx SenJun Men

Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3	Leg4				
51	00:56:30.800	160	Bellahouston Harriers #1	00:13:45.15 (65)	D McQuade (Sen)	00:14:00.35 (55)	D Mackintosh (Sen)	00:14:27.20 (52)	P Clawson (Sen)	00:14:18.10 (51)	B Brodie (Mas)
52	00:56:34.450	57	Fife AC #3	00:12:57.85 (38)	S Fernando (Sen)	00:13:20.25 (30)	M Sanderson (U20)	00:15:57.40 (53)	T Martin (Mas/50)	00:14:18.95 (52)	G Stanford (Sen)
53	00:56:38.100	154	Aberdeen AAC #3	00:13:34.30 (57)	M Kilbride (Sen)	00:15:15.80 (72)	F McGillivray (Sen)	00:14:10.70 (66)	A Casey (Sen)	00:13:37.30 (53)	A Ferguson (Sen)
54	00:56:50.150	100	Kirkintilloch Olympians #1	00:12:51.45 (33)	A Kirk (Sen)	00:13:52.70 (39)	K Robertson (Sen)	00:15:56.30 (63)	D Paterson (Mas/50)	00:14:09.70 (54)	D Allsop (Mas)
55	00:57:30.500	51	Falkirk Victoria Harriers #2	00:13:16.00 (50)	H Pentecost (Sen)	00:14:33.50 (57)	M Ross (Mas)	00:14:03.10 (49)	C Lamont (Mas)	00:15:37.90 (55)	E McCallum (Sen)
56	00:57:33.600	29	Dundee University AC and XC Club	00:13:04.00 (42)	T Berry (Sen)	00:14:36.85 (53)	S Haycock (Sen)	00:15:16.60 (65)	R Gray (Sen)	00:14:36.15 (56)	C LaMassa (Sen)
57	00:57:36.400	127	Shettleston Harriers #2	00:15:02.60 (107)	D Williams (Mas/50)	00:13:43.25 (71)	B McGarrity (Mas)	00:13:37.80 (56)	I Burns (Mas)	00:15:12.75 (57)	M McColl (Mas)
58	00:57:50.950	22	Dundee Hawkhill Harriers #2	00:15:42.15 (122)	R Tully (Mas/50)	00:14:05.50 (87)	B Gibson (Mas)	00:14:13.95 (70)	M Herron (Sen)	00:13:49.35 (58)	L Strachan (Mas)
59	00:57:55.200	71	Giffnock North AC #3	00:13:54.10 (74)	J Orr (Sen)	00:14:42.90 (68)	E O'Donnell (U20)	00:14:33.40 (68)	A Robertson (U20)	00:14:44.80 (59)	D Maclean (U20)
60	00:57:57.350	48	Edinburgh Univ Hare and Hounds #4	00:13:30.55 (54)	F Smith (Sen)	00:13:28.95 (40)	O Jakubowski (U20)	00:17:06.35 (71)	C Pirie (Sen)	00:13:51.50 (60)	T Russell (Sen)
61	00:57:58.850	11	Corstorphine AAC #4	00:13:40.65 (63)	A Brockie (Mas)	00:14:28.75 (64)	A Cunningham (Mas)	00:15:59.80 (72)	M Connelly (Mas/50)	00:13:49.65 (61)	R Milne (Mas)
62	00:58:29.600	137	Strathclyde Univ Harriers #3	00:14:40.90 (95)	D Stewart (U20)	00:15:06.30 (86)	T Porter (Sen)	00:14:40.80 (75)	A Ellen (U20)	00:14:01.60 (62)	R Jenkins (Sen)
63	00:58:45.300	144	VP-Glasgow AC #1	00:13:50.05 (71)	G Laing (Mas)	00:12:49.85 (37)	S Bryce (Sen)	00:15:56.35 (61)	S Kelly (Mas)	00:16:09.05 (63)	P Freer (Mas)
64	00:58:50.100	15	Cumbernauld AAC #1	00:14:49.40 (101)	P Stoddart (Mas)	00:15:27.35 (97)	R Bartley (Mas)	00:14:35.65 (80)	R Keenan (Mas)	00:13:57.70 (64)	A Cameron (Mas)
65	00:59:07.600	58	Fife AC #4	00:14:47.60 (99)	J Hall (Mas)	00:14:30.95 (79)	M MacDonald (Mas)	00:15:02.45 (73)	A Jarrett (Mas)	00:14:46.60 (65)	D Clark (Mas)
66	00:59:13.900	164	Bellahouston RR #2	00:13:56.80 (75)	I Murphy (Sen)	00:15:02.45 (75)	A Digweed (Mas)	00:15:30.85 (76)	C Allan (Sen)	00:14:43.80 (66)	S Wells (Sen)
67	00:59:20.600	65	Garscube Harriers #2	00:13:36.35 (59)	T Martin (Sen)	00:13:29.35 (44)	J Wilkes (Sen)	00:15:21.75 (58)	P Gibbons (Mas)	00:16:53.15 (67)	K Alexander (Mas)
68	00:59:26.200	16	Cumbernauld AAC #2	00:14:54.95 (104)	D Martin (Mas/50)	00:14:50.40 (85)	R McEachern (Mas/50)	00:14:49.50 (77)	D Drummond (U20)	00:14:51.35 (68)	G McPake (U20)
69	00:59:33.900	142	University of St. Andrews CC #3	00:14:40.20 (94)	J Stubbs (Sen)	00:15:19.00 (91)	D Spurling (Sen)	00:15:27.60 (83)	N McDermott (U20)	00:14:07.10 (69)	N Lightfoot (Sen)
70	00:59:35.600	62	Gala Harriers #2	00:12:22.05 (20)	D Hastie (Sen)	00:14:57.90 (49)	F Johnston (Sen)	00:15:41.60 (67)	P Henderson (Mas)	00:16:34.05 (70)	I Buckley (Sen)
71	00:59:57.750	97	Kilmarnock H&AC #1	00:12:51.00 (32)	C Ferguson (Sen)	00:14:23.60 (47)	J Nix (Sen)	00:15:16.50 (59)	C Drummond (Mas)	00:17:26.65 (71)	S McRoberts (Mas)
72	01:00:03.500	4	Central AC #4	00:14:06.05 (78)	A Irvine (Sen)	00:15:51.05 (88)	A Hume (Mas)	00:13:40.60 (69)	S Grivell (U20)	00:16:25.80 (72)	N Galbraith Cobb (Sen)
73	01:00:11.150	114	Newton Road Runners	00:15:18.30 (115)	A Drummond (Mas)	00:15:22.40 (102)	A Macdonald (Mas)	00:15:21.90 (90)	P Alexander (Sen)	00:14:08.55 (73)	C Ferguson (Sen)
74	01:01:58.450	83	Harmeny AC	00:14:04.65 (77)	P Holden (Mas)	00:15:53.30 (89)	D Alexander (Mas/50)	00:14:56.90 (81)	J Kennedy (Sen)	00:17:03.60 (74)	C Stewart (Mas)
75	01:02:06.300	112	Motherwell AC #1	00:13:37.25 (61)	P Burns (Sen)	00:16:21.70 (90)	A Main (Sen)	00:16:07.60 (91)	S Kelman (Sen)	00:15:59.75 (75)	S Dickson (Sen)
76	01:02:11.150	180	Carnegie Harriers #2	00:14:31.85 (87)	B Davie (Mas)	00:15:36.70 (94)	K Davie (Mas)	00:16:19.25 (94)	D McDonald (Mas)	00:15:43.35 (76)	B Hopkin (Mas)
77	01:02:37.250	108	Law & District AAC #4	00:13:36.95 (60)	D Muir (Mas)	00:15:14.60 (73)	R Beattie (Mas)	00:16:47.75 (86)	M Milligan (Mas/50)	00:16:57.95 (77)	M Kay (Mas)
78	01:02:42.750	87	Hunters Bog Trotters #3	00:15:57.10 (127)	M Grant (Sen)	00:16:55.00 (127)	N Thomas (Mas/50)	00:15:48.80 (110)	D Fulton (Sen)	00:14:01.85 (78)	H Jones (Sen)
79	01:02:47.750	175	Cambuslang Harriers #6	00:14:35.35 (90)	I Nicholl (Mas)	00:16:09.60 (104)	S Hunter (Mas)	00:14:49.55 (85)	K Finlayson (Mas)	00:17:13.25 (79)	I Crawford (Mas/50)
80	01:02:48.450	173	Cambuslang Harriers #4	00:13:51.90 (73)	T Carter (U20)	00:14:59.80 (74)	G Lyon (Mas)	00:16:40.35 (84)	S Gold (Mas)	00:17:16.40 (80)	S Leonard (Mas)
81	01:02:49.800	120	PH Racing Club #2	00:14:45.50 (97)	C Somerville (Sen)	00:14:28.60 (78)	M Webster (Mas)	00:17:37.70 (98)	B Stewart (Sen)	00:15:58.00 (81)	A McGowan (Mas)
82	01:03:06.550	148	West End RR #1	00:16:18.25 (135)	G Jack (Mas/50)	00:16:25.65 (125)	B Moreton (Sen)	00:16:16.15 (116)	P Gooding (Sen)	00:14:06.50 (82)	S Brown (Mas)
83	01:03:25.300	79	Greenock Glenpark Harriers #1	00:14:13.10 (82)	S Campbell (Mas)	00:13:58.60 (65)	O Reilly (Sen)	00:16:38.10 (79)	A O'Rourke (Mas/50)	00:18:35.50 (83)	F McMahon (Mas/50)
84	01:03:35.750	131	Springburn Harriers #1	00:12:59.65 (40)	Y Bahar (Sen)	00:17:34.40 (101)	A Peat (Mas)	00:15:52.95 (93)	P Wilson (Sen)	00:17:08.75 (84)	J Chambers (Sen)
85	01:03:49.500	143	University of St. Andrews CC #4	00:16:23.50 (136)	B Witkowski (Sen)	00:14:41.25 (111)	O McCartney (U20)	00:16:12.95 (102)	L Foster (U20)	00:16:31.80 (85)	D Boulton-Jones (Sen)
86	01:04:18.900	32	East Kilbride AC #3	00:15:29.55 (118)	C MacDonald (U20)	00:15:43.35 (112)	N Walker (Sen)	00:17:20.00 (109)	M Carlin (Mas)	00:15:46.00 (86)	J Edwards (Mas)
87	01:05:59.500	6	Central AC #6	00:15:37.75 (121)	D Shaw (Mas/50)	00:16:06.95 (117)	I Dunsmore (Mas/50)	00:17:50.85 (118)	C Alexander (Mas)	00:16:23.95 (87)	H Buchanan (Mas/50)
88	01:06:30.750	40	Edinburgh AC #4	00:15:49.15 (124)	M Parry (Mas)	00:15:53.00 (116)	I Craven (Mas)	00:14:49.95 (96)	P Fenn (Mas)	00:19:58.65 (88)	A MacEwen (Mas/50)
89	01:06:46.500	74	Glasgow Caledonian University	00:13:21.45 (52)	I Paton (Sen)	00:16:16.70 (83)	L Franklin (Sen)	00:18:12.30 (104)	C Brown (Sen)	00:18:56.05 (89)	L Semples (Sen)
90	01:06:52.350	113	Motherwell AC #2	00:14:58.30 (105)	A Tait (Mas)	00:18:09.20 (129)	D Hoolaghan (Mas)	00:15:17.45 (107)	M Ellis (Mas)	00:18:27.40 (90)	J Burns (Mas/50)
91	01:07:51.850	25	Dundee Road Runners #2	00:14:34.10 (88)	H Waudby-West (Sen)	00:15:52.65 (99)	B Gibson (Sen)	00:21:26.50 (124)	J McKay (Sen)	00:15:58.60 (91)	J Abas (Sen)
92	01:08:14.200	106	Law & District AAC #2	00:16:41.45 (139)	F Milligan (U20)	00:16:05.10 (126)	K Cubis (Sen)	00:17:24.30 (119)	C Butters (Sen)	00:18:03.35 (92)	J O'Leary (Mas/50)
93	01:09:34.100	10	Corstorphine AAC #3	00:14:43.70 (96)	T Rabaeijs (Sen)	00:17:37.30 (122)	J Van Den Berg (Mas/50)	00:18:22.15 (122)	S Blair (Mas/50)	00:18:50.95 (93)	D Henderson (Mas/50)
94	01:10:16.050	26	Dundee Road Runners #3	00:17:06.35 (143)	D Arthur (Mas)	00:18:11.30 (136)	M Rollo (Mas/50)	00:17:33.80 (125)	J Tierney (Mas)	00:17:24.60 (94)	D Edward (Mas)
95	01:11:33.700	149	West End RR #2	00:17:57.00 (147)	J Bell (Mas)	00:18:15.65 (140)	A Said (Mas/50)	00:17:37.30 (126)	J Oswin (Mas)	00:17:43.75 (95)	C Lee (Mas)
96	00:37:51.150	94	Kilbarchan AAC #1	00:12:37.95 (26)	C Matthews (Sen)	00:12:21.10 (17)	R Ferguson (Sen)	00:12:52.10 (13)	E McKerral (Sen)		
97	00:39:36.850	78	Glasgow University Hares and Hounds #3	00:12:34.45 (24)	P Neilson (Sen)	00:13:29.40 (28)	M McLure (U20)	00:13:33.00 (28)	H Burton (Sen)		
98	00:41:53.100	115	Perth RR #1	00:13:58.20 (76)	D Knight (Mas/50)	00:14:06.20 (63)	D Ryan (Mas/50)	00:13:48.70 (50)	S Robertson (Mas/50)		
99	00:41:56.550	17	Cumbernauld AAC #3	00:14:17.65 (85)	D Hogg (Mas/50)	00:13:30.70 (56)	S Allen (Mas/50)	00:14:08.20 (51)	P McMonagle (Mas/50)		
100	00:42:19.600	176	Cambuslang Harriers #7	00:13:48.80 (70)	R Cooper (Mas/50)	00:14:25.75 (66)	M O'Hagan (Mas/50)	00:14:05.05 (55)	C Upson (Mas/50)		

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx SenJun Men

Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3	Leg4
101	00:42:45.950	118	Perth RR #4	00:12:35.75 (25) J Waldie (Sen)	00:14:25.55 (41) M Souter (Sen)	00:15:44.65 (64) M Crawford (Mas/50)	
102	00:44:21.900	41	Edinburgh AC #5	00:14:52.25 (103) L Orr (Mas/50)	00:15:12.70 (93) A Latham (Mas/50)	00:14:16.95 (74) M Fullerton (Mas/50)	
103	00:44:36.550	53	Falkirk Victoria Harriers #4	00:14:20.60 (86) M McQuaid (Mas/50)	00:14:48.85 (77) W Grieve (Mas/50)	00:15:27.10 (78) C Johnston (Mas/50)	
104	00:45:21.650	161	Bellahouston Harriers #2	00:15:10.05 (111) C Ferguson (Sen)	00:14:23.40 (80) F Armstrong (Sen)	00:15:48.20 (82) A Carson (Sen)	
105	00:45:45.200	177	Cambuslang Harriers #8	00:15:06.40 (110) D Thom (Mas/50)	00:15:49.30 (108) D Dickson (Mas/50)	00:14:49.50 (87) F McGowan (Mas/50)	
106	00:45:51.250	136	Strathclyde Univ Harriers #2	00:15:23.70 (116) J Mcgleish (Sen)	00:15:26.80 (105) C Wallace (Sen)	00:15:00.75 (88) C Douglas (Sen)	
107	00:45:59.550	116	Perth RR #2	00:14:36.65 (91) E Torrie (Mas/50)	00:15:03.30 (84) R Glen (Mas/50)	00:16:19.60 (89) R Ward (Mas/50)	
108	00:46:17.850	179	Carnegie Harriers #1	00:14:38.30 (93) S King (Mas/50)	00:15:55.00 (100) S Adam (Mas/50)	00:15:44.55 (92) L Holland (Mas/50)	
109	00:46:27.850	165	Bellahouston RR #3	00:15:58.85 (129) J McGreevy (Sen)	00:14:52.65 (107) S Laurence (Sen)	00:15:36.35 (95) J Robinson (Sen)	
110	00:46:46.450	122	PH Racing Club #4	00:15:17.70 (114) M Mclean (Mas/50)	00:16:07.20 (114) K Hughes (Mas/50)	00:15:21.55 (97) W Beveridge (Mas/50)	
111	00:46:55.100	124	Portobello RC #2	00:15:12.15 (113) A Garvie (Mas/50)	00:16:13.65 (115) W Jarvie (Mas/50)	00:15:29.30 (99) N Park (Mas/50)	
112	00:47:03.550	145	VP-Glasgow AC #2	00:14:59.60 (106) D Thomson (Mas/50)	00:15:42.35 (103) G Craig (Mas/50)	00:16:21.60 (100) S Gardner (Mas/50)	
113	00:47:10.250	42	Edinburgh AC #6	00:14:45.65 (98) P Forbes (Mas/50)	00:15:28.50 (96) G Phillip (Mas/50)	00:16:56.10 (101) D Gowan (Mas/50)	
114	00:47:22.400	155	Airdrie Harriers	00:14:07.45 (79) M Connelly (Mas)	00:16:04.45 (95) J Daniel (Mas/50)	00:17:10.50 (103) S Purvis (Mas)	
115	00:48:07.600	20	Dumbarton AAC	00:12:55.90 (37) C Prior (Sen)	00:17:27.55 (98) W Goldie (Mas/50)	00:17:44.15 (105) J Mackenzie (Mas)	
116	00:48:14.800	166	Bellahouston RR #4	00:16:17.05 (134) F Roelofse (Mas/50)	00:16:11.70 (124) A Galbraith (Mas/50)	00:15:46.05 (106) T McParland (Mas/50)	
117	00:48:29.750	146	VP-Glasgow AC #3	00:15:55.35 (126) A Potter (Mas/50)	00:16:14.65 (120) A Law (Mas/50)	00:16:19.75 (108) C Murray (Mas/50)	
118	00:48:45.750	104	Lasswade AC #2	00:14:34.90 (89) E Hood (Sen)	00:16:21.05 (109) D Scott (Mas)	00:17:49.80 (111) D Brydon (Mas/50)	
119	00:48:46.950	68	Garscube Harriers #5	00:15:05.30 (108) R Drummond (Mas/50)	00:16:11.25 (113) A Smith (Mas/50)	00:17:30.40 (112) N Baillie (Mas/50)	
120	00:48:57.750	33	East Kilbride AC #4	00:16:07.50 (132) K Charters (Mas/50)	00:15:43.10 (118) A Mulholland (Mas/50)	00:17:07.15 (113) G Haddow (Mas/50)	
121	00:48:58.900	80	Greenock Glenpark Harriers #2	00:15:36.80 (119) G Morrison (Mas/50)	00:16:20.70 (119) C Cromar (Mas/50)	00:17:01.40 (114) D McLaughlin (Mas/50)	
122	00:48:59.750	27	Dundee Road Runners #4	00:15:57.35 (128) M Mitchell (Mas/50)	00:16:22.65 (121) J Morton (Mas/50)	00:16:39.75 (115) D Miller (Mas/50)	
123	00:49:15.000	168	Calderglen Harriers #1	00:17:07.15 (144) J Holmes (Mas/50)	00:17:19.30 (134) J Mearns (Mas/50)	00:14:48.55 (117) A Derrick (Mas/50)	
124	00:50:11.300	111	Lothian RC #2	00:16:56.15 (141) G Gilhooley (Mas/50)	00:16:02.65 (128) A Murray (Mas)	00:17:12.50 (120) J Robertson (Mas/50)	
125	00:50:36.250	12	Corstorphine AAC #5	00:14:11.20 (81) I Macleod (Mas/50)	00:14:48.95 (76) G Fletcher (Mas/50)	00:21:36.10 (121) I Johnston (Mas/50)	
126	00:51:52.900	23	Dundee Hawkhill Harriers #3	00:20:22.10 (152) K Letham	00:15:07.20 (137) A Leech	00:16:23.60 (123) G Bruce	
127	00:53:54.900	135	Strathclyde Univ Harriers #1	00:26:11.70 (153) P Mochan (U20)	00:14:16.50 (144) L Raeside (Sen)	00:13:26.70 (127) S Oliver-Jones (U20)	
128	00:54:08.800	28	Dundee Road Runners #5	00:17:45.30 (146) J Mill (Mas/50)	00:17:53.95 (139) G Whytock (Mas/50)	00:18:29.55 (128) H Kay (Mas/50)	
129	00:54:09.750	117	Perth RR #3	00:18:17.80 (148) M Dales (Mas/50)	00:16:41.60 (135) N Muir (Mas/50)	00:19:10.35 (129) A Bothwell (Mas/50)	
130	00:54:14.000	169	Calderglen Harriers #2	00:15:11.40 (112) K Farmer (Sen)	00:18:39.00 (132) G Mccinally (Mas/50)	00:20:23.60 (130) R Couper (Mas/50)	
131	00:54:20.100	125	Red Star AC	00:15:27.00 (117) D Carruthers (Sen)	00:22:15.55 (142) J McGunnigle (U20)	00:16:37.55 (131) K McGhee (U20)	
132	00:55:29.350	24	Dundee Road Runners #1	00:13:46.40 (68) M Sheridan (Sen)	00:27:02.00 (145) R Dunlop (Sen)	00:14:40.95 (132) S Roddy (Sen)	
133	00:55:43.600	98	Kilmarnock H&AC #2	00:16:00.65 (130) P Black (Mas)	00:19:37.25 (138) S Nibloe (Sen)	00:20:05.70 (133) D Steele (Sen)	
134	01:01:15.750	59	Fife AC #5	00:15:53.20 (125) P Harkins (Mas)	00:14:58.20 (106) C Sanderson (Mas)	00:30:24.35 (134) R Sandilands (Mas)	
135	01:05:12.700	181	Carnegie Harriers #3	00:15:37.10 (120) J Millar (Sen)	00:16:47.05 (123) P Simpson (Mas/50)	00:32:48.55 (135) P Woodland (Mas)	
136	01:14:29.450	7	Central AC #7	00:35:22.45 (155) C Campbell (Mas/50)	00:19:35.80 (147) C Sinclair (Mas/50)	00:19:31.20 (136) A Gall (Mas/50)	
137	00:26:02.300	133	Stirling University AC #1	00:12:46.90 (29) M Carberry (U20)	00:13:15.40 (27) J Muir (U20)		
138	00:28:40.500	43	Edinburgh AC #7	00:13:33.40 (56) I Macdonald (Sen)	00:15:07.10 (70) J Mowbray (Sen)		
139	00:29:37.500	128	Shettleston Harriers #3	00:14:51.55 (102) A Rockett Jackson (Sen)	00:14:45.95 (82) J Oates (Mas/50)		
140	00:30:03.100	86	Hunters Bog Trotters #2	00:13:37.45 (62) E Crawford (Sen)	00:16:25.65 (92) C Houston (Sen)		
141	00:31:00.800	159	Banchory Stonehaven AC	00:14:15.80 (83) S Ferguson (Sen)	00:16:45.00 (110) A Ferguson Snr (Mas/50)		
142	00:33:23.950	101	Kirkintilloch Olympians #2	00:16:13.70 (133) J Thow (Sen)	00:17:10.25 (130) C Johnston (Sen)		
143	00:33:24.350	147	VP-Glasgow AC #4	00:16:48.80 (140) D Smith (Sen)	00:16:35.55 (131) R Connolly (Mas/50)		
144	00:34:21.000	52	Falkirk Victoria Harriers #3	00:18:39.05 (149) A Mccallum (Mas/50)	00:15:41.95 (133) E Hogarth (Mas)		
145	00:36:57.350	67	Garscube Harriers #4	00:17:25.05 (145) J Boyle (Mas)	00:19:32.30 (141) P Collins (Mas/50)		
146	00:39:58.400	90	Inverclyde AC #3	00:15:43.80 (123) R Gray (Mas/50)	00:24:14.60 (143) T Tracey (Mas/50)		
147	00:51:32.850	39	Edinburgh AC #3	00:32:56.05 (154) C Creegan (Mas/50)	00:18:36.80 (146) E Stevenson (Mas/50)		
148	00:13:48.200	75	Glasgow School of Sport	00:13:48.20 (69) M Stewart (U20)			
149	00:14:37.400	72	Giffnock North AC #4	00:14:37.40 (92) D Shaw (Mas)			
150	00:16:04.000	34	East Kilbride AC #5	00:16:04.00 (131) D Thomson (Sen)			
151	00:16:31.400	157	Ayr Seaforth AC #2	00:16:31.40 (137) S McLean (Mas)			
152	00:16:34.050	63	Gala Harriers #3	00:16:34.05 (138) B Johnson (Mas/50)			
153	00:17:00.600	132	Springburn Harriers #2	00:17:00.60 (142) M Stanley (Sen)			
154	00:18:59.600	150	West End RR #3	00:18:59.60 (150) A Campbell (Mas)			
155	00:20:09.350	107	Law & District AAC #3	00:20:09.35 (151) M Hussain (Sen)			

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx M40

Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3	Leg4
1	00:53:05.900	38	Edinburgh AC #2	00:13:14.650 S Johnston (Mas)	00:14:17.100 M Thornton-Smith (Mas)	00:13:10.300 L Johnson (Mas)	00:12:23.850 E Cameron (Mas)
2	00:53:10.150	174	Cambuslang Harriers #5	00:13:46.050 G Pettit (Mas)	00:13:22.400 S Wylie (Mas)	00:13:33.450 J Carter (Mas)	00:12:28.250 G Robertson (Mas)
3	00:53:48.750	121	PH Racing Club #3	00:14:17.050 R Sellar (Mas)	00:12:56.000 A Davis (Mas)	00:13:36.300 P Kieran (Mas)	00:12:59.400 A Wright (Mas)
4	00:54:13.300	61	Gala Harriers #1	00:13:13.950 G Trewartha (Mas)	00:13:49.450 B Aitchison (Mas)	00:13:41.850 G Murdoch (Mas)	00:13:28.050 W Mcintosh (Mas)
5	00:54:40.550	85	Hunters Bog Trotters #1	00:14:09.050 D Wright (Mas)	00:13:28.050 R Ward (Mas)	00:13:57.100 J Brown (Mas)	00:13:06.350 D Ward (Mas)
6	00:55:47.850	66	Garscube Harriers #3	00:15:06.300 J Murray (Mas)	00:13:26.150 G Mathew (Mas)	00:14:01.350 D Scroop (Mas)	00:13:14.050 J Coyle (Mas)
7	00:56:24.850	5	Central AC #5	00:12:29.000 S Brember (Mas)	00:14:12.950 E Jack (Mas)	00:14:48.950 C Walker (Mas/50)	00:14:53.950 D Eckersley (Mas/50)
8	00:57:36.400	127	Shettleston Harriers #2	00:15:02.600 D Williams (Mas/50)	00:13:43.250 B McGarrity (Mas)	00:13:37.800 I Burns (Mas)	00:15:12.750 M McColl (Mas)
9	00:57:58.850	11	Corstorphine AAC #4	00:13:40.650 A Brockie (Mas)	00:14:28.750 A Cunningham (Mas)	00:15:59.800 M Connelly (Mas/50)	00:13:49.650 R Milne (Mas)
10	00:58:50.100	15	Cumbernauld AAC #1	00:14:49.400 P Stoddart (Mas)	00:15:27.350 R Bartley (Mas)	00:14:35.650 R Keenan (Mas)	00:13:57.700 A Cameron (Mas)
11	00:59:07.600	58	Fife AC #4	00:14:47.600 J Hall (Mas)	00:14:30.950 M MacDonald (Mas)	00:15:02.450 A Jarrett (Mas)	00:14:46.600 D Clark (Mas)
12	01:02:11.150	180	Carnegie Harriers #2	00:14:31.850 B Davie (Mas)	00:15:36.700 K Davie (Mas)	00:16:19.250 D Mcdonald (Mas)	00:15:43.350 B Hopkin (Mas)
13	01:02:37.250	108	Law & District AAC #4	00:13:36.950 D Muir (Mas)	00:15:14.600 R Beattie (Mas)	00:16:47.750 M Milligan (Mas/50)	00:16:57.950 M Kay (Mas)
14	01:02:47.750	175	Cambuslang Harriers #6	00:14:35.350 I Nicholl (Mas)	00:16:09.600 S Hunter (Mas)	00:14:49.550 K Finlayson (Mas)	00:17:13.250 I Crawford (Mas/50)
15	01:05:59.500	6	Central AC #6	00:15:37.750 D Shaw (Mas/50)	00:16:06.950 I Dunsmore (Mas/50)	00:17:50.850 C Alexander (Mas)	00:16:23.950 H Buchanan (Mas/50)
16	01:06:30.750	40	Edinburgh AC #4	00:15:49.150 M Parry (Mas)	00:15:53.000 I Craven (Mas)	00:14:49.950 P Fenn (Mas)	00:19:58.650 A MacEwen (Mas/50)
17	01:06:52.350	113	Motherwell AC #2	00:14:58.300 A Tait (Mas)	00:18:09.200 D Hoolaghan (Mas)	00:15:17.450 M Ellis (Mas)	00:18:27.400 J Burns (Mas/50)
18	01:10:16.050	26	Dundee Road Runners #3	00:17:06.350 D Arthur (Mas)	00:18:11.300 M Rollo (Mas/50)	00:17:33.800 J Tierney (Mas)	00:17:24.600 D Edward (Mas)
19	01:11:33.700	149	West End RR #2	00:17:57.000 J Bell (Mas)	00:18:15.650 A Said (Mas/50)	00:17:37.300 J Oswin (Mas)	00:17:43.750 C Lee (Mas)
20	00:47:22.400	155	Airdrie Harriers	00:14:07.450 M Connelly (Mas)	00:16:04.450 J Daniel (Mas/50)	00:17:10.500 S Purvis (Mas)	
21	00:50:11.300	111	Lothian RC #2	00:16:56.150 G Gilhooley (Mas/50)	00:16:02.650 A Murray (Mas)	00:17:12.500 J Robertson (Mas/50)	
22	01:01:15.750	59	Fife AC #5	00:15:53.200 P Harkins (Mas)	00:14:58.200 C Sanderson (Mas)	00:30:24.350 R Sandilands (Mas)	
23	01:14:29.450	7	Central AC #7	00:35:22.450 C Campbell (Mas/50)	00:19:35.800 C Sinclair (Mas/50)	00:19:31.200 A Gall (Mas/50)	



## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx M50

Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3
1	00:41:53.100	115	Perth RR #1	00:13:58.200 D Knight (Mas/50)	00:14:06.200 D Ryan (Mas/50)	00:13:48.700 S Robertson (Mas/50)
2	00:41:56.550	17	Cumbernauld AAC #3	00:14:17.650 D Hogg (Mas/50)	00:13:30.700 S Allen (Mas/50)	00:14:08.200 P McMonagle (Mas/50)
3	00:42:19.600	176	Cambuslang Harriers #7	00:13:48.800 R Cooper (Mas/50)	00:14:25.750 M O'Hagan (Mas/50)	00:14:05.050 C Upson (Mas/50)
4	00:44:21.900	41	Edinburgh AC #5	00:14:52.250 L Orr (Mas/50)	00:15:12.700 A Latham (Mas/50)	00:14:16.950 M Fullerton (Mas/50)
5	00:44:36.550	53	Falkirk Victoria Harriers #4	00:14:20.600 M McQuaid (Mas/50)	00:14:48.850 W Grieve (Mas/50)	00:15:27.100 C Johnston (Mas/50)
6	00:45:45.200	177	Cambuslang Harriers #8	00:15:06.400 D Thom (Mas/50)	00:15:49.300 D Dickson (Mas/50)	00:14:49.500 F McGowan (Mas/50)
7	00:45:59.550	116	Perth RR #2	00:14:36.650 E Torrie (Mas/50)	00:15:03.300 R Glen (Mas/50)	00:16:19.600 R Ward (Mas/50)
8	00:46:17.850	179	Carnegie Harriers #1	00:14:38.300 S King (Mas/50)	00:15:55.000 S Adam (Mas/50)	00:15:44.550 L Holland (Mas/50)
9	00:46:46.450	122	PH Racing Club #4	00:15:17.700 M Mclean (Mas/50)	00:16:07.200 K Hughes (Mas/50)	00:15:21.550 W Beveridge (Mas/50)
10	00:46:55.100	124	Portobello RC #2	00:15:12.150 A Garvie (Mas/50)	00:16:13.650 W Jarvie (Mas/50)	00:15:29.300 N Park (Mas/50)
11	00:47:03.550	145	VP-Glasgow AC #2	00:14:59.600 D Thomson (Mas/50)	00:15:42.350 G Craig (Mas/50)	00:16:21.600 S Gardner (Mas/50)
12	00:47:10.250	42	Edinburgh AC #6	00:14:45.650 P Forbes (Mas/50)	00:15:28.500 G Phillip (Mas/50)	00:16:56.100 D Gowan (Mas/50)
13	00:48:14.800	166	Bellahouston RR #4	00:16:17.050 F Roelofse (Mas/50)	00:16:11.700 A Galbraith (Mas/50)	00:15:46.050 T McParland (Mas/50)
14	00:48:29.750	146	VP-Glasgow AC #3	00:15:55.350 A Potter (Mas/50)	00:16:14.650 A Law (Mas/50)	00:16:19.750 C Murray (Mas/50)
15	00:48:46.950	68	Garscube Harriers #5	00:15:05.300 R Drummond (Mas/50)	00:16:11.250 A Smith (Mas/50)	00:17:30.400 N Baillie (Mas/50)
16	00:48:57.750	33	East Kilbride AC #4	00:16:07.500 K Charters (Mas/50)	00:15:43.100 A Mulholland (Mas/50)	00:17:07.150 G Haddow (Mas/50)
17	00:48:58.900	80	Greenock Glenpark Harriers #2	00:15:36.800 G Morrison (Mas/50)	00:16:20.700 C Cromar (Mas/50)	00:17:01.400 D McLaughlin (Mas/50)
18	00:48:59.750	27	Dundee Road Runners #4	00:15:57.350 M Mitchell (Mas/50)	00:16:22.650 J Morton (Mas/50)	00:16:39.750 D Miller (Mas/50)
19	00:49:15.000	168	Calderglen Harriers #1	00:17:07.150 J Holmes (Mas/50)	00:17:19.300 J Mearns (Mas/50)	00:14:48.550 A Derrick (Mas/50)
20	00:50:36.250	12	Corstorphine AAC #5	00:14:11.200 I Macleod (Mas/50)	00:14:48.950 G Fletcher (Mas/50)	00:21:36.100 I Johnston (Mas/50)
21	00:54:08.800	28	Dundee Road Runners #5	00:17:45.300 J Mill (Mas/50)	00:17:53.950 G Whytock (Mas/50)	00:18:29.550 H Kay (Mas/50)
22	00:54:09.750	117	Perth RR #3	00:18:17.800 M Dales (Mas/50)	00:16:41.600 N Muir (Mas/50)	00:19:10.350 A Bothwell (Mas/50)
23	01:14:29.450	7	Central AC #7	00:35:22.450 C Campbell (Mas/50)	00:19:35.800 C Sinclair (Mas/50)	00:19:31.200 A Gall (Mas/50)

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx SenJun Women

Scone Palace, Scone

Pos	bib	Team	Leg1	Leg2	Leg3	Leg4				
1	00:53:53.150	201 Edinburgh Univ Hare and Hounds #1	00:13:51.95 (4)	H Anderson (U20)	00:13:58.65 (3)	K Lowery (Sen)	00:13:14.65 (2)	H Page (Sen)	00:12:47.90 (1)	M Keith (U20)
2	00:55:20.550	208 Fife AC #1	00:13:22.80 (2)	J Selman (Sen)	00:13:54.30 (1)	M Crawford (Sen)	00:13:29.60 (1)	A Simpson (Sen)	00:14:33.85 (2)	S Logan (Sen)
3	00:55:49.600	225 Glasgow University Hares and Hounds #1	00:12:54.00 (1)	E Walker (Sen)	00:14:48.30 (2)	A Carr (Sen)	00:14:15.85 (3)	S Tucker (Sen)	00:13:51.45 (3)	E Wallace (Sen)
4	00:57:46.400	202 Edinburgh Univ Hare and Hounds #2	00:14:38.35 (13)	N Carr (Sen)	00:14:29.95 (6)	K Purcell (U20)	00:14:12.70 (4)	I Calvert (U20)	00:14:25.40 (4)	O Vaireille (Sen)
5	00:58:17.250	203 Edinburgh Univ Hare and Hounds #3	00:14:35.35 (10)	Runner 203A	00:14:48.95 (7)	E Johnson (U20)	00:14:43.40 (6)	A Callow (U20)	00:14:09.55 (5)	G Ledingham (U20)
6	00:58:41.650	266 VP-Glasgow AC	00:14:09.20 (5)	H Little (Sen)	00:14:37.35 (5)	P Millage (Mas)	00:15:58.55 (9)	G Binnie (Sen)	00:13:56.55 (6)	G Black (Sen)
7	00:58:44.550	234 Inverclyde AC #1	00:14:24.85 (7)	M Reid (U20)	00:15:45.55 (14)	J Lyne (Sen)	00:13:47.30 (5)	N Mulholland (Sen)	00:14:46.85 (7)	R Bushfield (Sen)
8	00:58:50.000	256 Shettleston Harriers #1	00:15:06.50 (22)	A Mason (Mas)	00:15:21.50 (16)	K Pennel (Sen)	00:14:54.20 (12)	R Joss (Sen)	00:13:27.80 (8)	F Ross (Sen)
9	00:59:14.350	204 Edinburgh Univ Hare and Hounds #4	00:15:14.80 (25)	M Sanchez Oller (U20)	00:15:31.50 (19)	A Kiltie (Sen)	00:14:15.45 (11)	G Pow (Sen)	00:14:12.60 (9)	A Goodall (U20)
10	00:59:37.600	270 Aberdeen AAC #1	00:14:51.95 (16)	Z Bates (Sen)	00:15:05.50 (11)	J Maclaren (Sen)	00:14:22.50 (7)	H Cameron (Sen)	00:15:17.65 (10)	G Whelan (Sen)
11	01:00:12.550	290 Corstorphine AAC #1	00:15:10.70 (23)	J Golder (U20)	00:14:44.35 (10)	S Collins (Sen)	00:14:44.90 (8)	K Macaulay (Sen)	00:15:32.60 (11)	L Davie (Sen)
12	01:00:30.800	303 Edinburgh AC #1	00:15:17.70 (26)	E Eadie (Sen)	00:14:12.10 (8)	B Ansell (Sen)	00:16:09.55 (13)	C Cameron (Sen)	00:14:51.45 (12)	I Scott-Pearce (Sen)
13	01:00:44.750	278 Bellahouston RR #1	00:14:19.05 (6)	C MacDonald (Sen)	00:15:59.25 (15)	C Ford (Sen)	00:15:57.00 (15)	S Dunn (Sen)	00:14:29.45 (13)	R Russell (Sen)
14	01:01:22.050	226 Glasgow University Hares and Hounds #2	00:14:36.60 (11)	A Dalglish (U20)	00:15:27.20 (13)	C Stewart (Sen)	00:15:59.40 (14)	E Baird (Sen)	00:15:18.85 (14)	L Meinecke (Sen)
15	01:01:25.450	258 Springburn Harriers	00:14:41.70 (14)	H Terrance (Sen)	00:15:19.30 (12)	R Fraser-Moodie (Mas)	00:17:13.45 (18)	N Farmer (U20)	00:14:11.00 (15)	M Sandison (Mas)
16	01:01:46.950	238 Kilmarnock H&AC #1	00:15:04.65 (20)	K McKenzie-Tait (Sen)	00:14:49.45 (9)	L Haggarty (Sen)	00:16:32.60 (16)	M McBurnie (Sen)	00:15:20.25 (16)	L Baird (Sen)
17	01:02:23.250	242 Law & District AAC #1	00:14:25.30 (8)	E McNicol (Sen)	00:16:38.35 (23)	L Graham (Sen)	00:16:00.75 (17)	R Binnie (Sen)	00:15:18.85 (17)	M Watson (Sen)
18	01:03:52.300	304 Edinburgh AC #2	00:15:43.55 (31)	N Gibson (Sen)	00:15:44.90 (24)	M Ferguson (Sen)	00:16:25.05 (23)	K Renault (Sen)	00:15:58.80 (18)	M Ke (Sen)
19	01:04:00.600	217 Garscube Harriers #4	00:14:58.30 (17)	F Wardle (Sen)	00:16:40.70 (25)	A Wood (Sen)	00:16:06.35 (21)	H Smith (Sen)	00:16:15.25 (19)	E Fitzgibbon (Sen)
20	01:04:25.400	299 Dundee University AC and XC Club	00:16:06.80 (38)	A Shaw (Sen)	00:16:38.85 (35)	H Berry (Sen)	00:16:23.80 (35)	C McDowall (U20)	00:15:15.95 (20)	C Laing (Sen)
21	01:04:46.300	296 Dundee Road Runners #1	00:16:10.05 (39)	C Newman (Sen)	00:15:50.55 (29)	A McNeilly (Mas)	00:16:46.80 (31)	F Callaghan (Sen)	00:15:58.90 (21)	R Callaghan (Sen)
22	01:04:57.500	227 Glasgow University Hares and Hounds #3	00:15:35.75 (30)	K MacLeod (U20)	00:15:22.30 (22)	T Walker (Sen)	00:16:29.30 (19)	M Padmanabhan (U20)	00:17:30.15 (22)	J Varnes (Sen)
23	01:05:07.050	235 Inverclyde AC #2	00:15:59.90 (35)	M Watson (Sen)	00:15:48.65 (27)	A Hammerman (U20)	00:17:02.30 (32)	C Hoey (Sen)	00:16:16.20 (23)	A Anderson (U20)
24	01:05:42.150	285 Cambuslang Harriers #1	00:15:32.65 (29)	J Etherington (Mas)	00:15:21.25 (20)	L Blackwood (Sen)	00:16:35.35 (20)	K O'Brien (Sen)	00:18:12.90 (24)	J McLew (Mas/50)
25	01:07:12.850	247 Lothian RC	00:16:46.55 (49)	Y Crilly (Mas/50)	00:16:40.05 (41)	A Cameron (Mas)	00:16:34.70 (37)	J Atkinson (Mas)	00:17:11.55 (25)	C McClung (U20)
26	01:07:25.200	264 University of St. Andrews CC #1	00:16:06.05 (37)	C Mancini (Sen)	00:18:08.15 (47)	K Noble (U20)	00:16:23.40 (40)	H Mack (U20)	00:16:47.60 (26)	B Winkler (U20)
27	01:07:41.750	254 PH Racing Club	00:15:05.35 (21)	K Lownie (Sen)	00:15:34.20 (17)	J Menzies (Mas)	00:17:22.00 (24)	L Lessels (Mas)	00:19:40.20 (27)	S Allan (Mas)
28	01:08:06.300	211 Gala Harriers #1	00:14:37.05 (12)	S Green (Sen)	00:16:18.40 (21)	L Macleish (Sen)	00:17:34.05 (30)	L Dalgliesh (Mas)	00:19:36.80 (28)	C Hendry (Mas)
29	01:08:32.200	259 Stirling University AC #1	00:16:25.40 (43)	P Anderson (U20)	00:16:29.65 (36)	S Young (Sen)	00:17:36.95 (38)	H McMahan (Sen)	00:18:00.20 (29)	E Boyd (Sen)
30	01:08:44.950	244 Linlithgow AC #1	00:15:47.85 (34)	M Watts (Sen)	00:18:50.30 (48)	R Murray (Sen)	00:15:58.00 (39)	L Hay (Sen)	00:18:08.80 (30)	M Cazes (Sen)
31	01:08:54.350	293 Cumbernauld AAC	00:15:03.60 (19)	A Paton (Sen)	00:16:47.30 (28)	C McLellan (Sen)	00:17:04.80 (33)	P Parker (Mas/50)	00:19:58.65 (31)	D Macpherson (Mas)
32	01:08:57.950	273 Ayr Seaforth AC #1	00:17:16.45 (58)	S Paterson (Sen)	00:16:17.10 (42)	M Hubbard (U20)	00:17:35.00 (43)	S Hubbard (Mas/50)	00:17:49.40 (32)	G Hannah (Mas/50)
33	01:10:34.750	261 Strathclyde Univ Harriers #1	00:19:25.50 (86)	E Peter (U20)	00:17:19.60 (66)	R Samphier (U20)	00:16:57.95 (51)	S Jenkins (U20)	00:16:51.70 (33)	R Cameron Coyle (U20)
34	01:11:21.400	297 Dundee Road Runners #2	00:18:45.25 (81)	J Massie (Sen)	00:17:27.30 (63)	J Dunlop (Sen)	00:17:27.60 (50)	S Lappe (Sen)	00:17:41.25 (34)	L Menzies (Mas)
35	01:13:56.550	262 Strathclyde Univ Harriers #2	00:19:44.35 (87)	M Reade (Sen)	00:19:27.75 (80)	M Ward (U20)	00:17:33.30 (65)	I Heppleston (Sen)	00:17:11.15 (35)	C Thom (Sen)
36	01:14:39.850	309 Metro Aberdeen RC	00:16:49.65 (51)	P Samphier (Sen)	00:20:25.25 (70)	A Shaffi (Mas)	00:17:23.80 (56)	I Kriauzaite (Sen)	00:20:01.15 (36)	S Knox (Mas/50)
37	01:16:47.200	305 Edinburgh AC #3	00:17:28.10 (63)	E Davies (Mas/50)	00:20:03.85 (71)	S Gallagher (Sen)	00:21:16.90 (70)	S MacAllister (Mas/50)	00:17:58.35 (37)	D Harrington (Sen)
38	01:16:50.150	287 Carnegie Harriers	00:20:50.65 (92)	K Forsyth (Sen)	00:17:34.45 (78)	A Whyte (Mas/50)	00:20:54.90 (71)	F Beattie (Sen)	00:17:30.15 (38)	J Gudgin (Mas/50)
39	01:17:29.100	268 West End RR #2	00:19:46.20 (88)	B Murrison (Mas)	00:19:16.55 (79)	E Macleod (Mas/50)	00:20:24.70 (73)	M Chadwick (Mas)	00:18:01.65 (39)	E Wright (Sen)
40	01:18:20.900	281 Bellahouston RR #4	00:18:42.10 (80)	L Wilkinson (Sen)	00:19:39.90 (77)	R Yarmahmoudi (Mas/50)	00:19:55.85 (69)	J Lindsay (Sen)	00:20:03.05 (40)	R Wilson (Mas/50)
41	00:44:59.450	231 Hunters Bog Trotters #1	00:15:23.90 (27)	E McKechanie (Mas)	00:15:18.05 (18)	C Gordon (Mas)	00:14:17.50 (10)	J Stephen (Mas)		
42	00:47:47.150	279 Bellahouston RR #2	00:16:28.50 (45)	E Campbell (Mas)	00:15:41.75 (30)	A Robin (Mas)	00:15:36.90 (22)	L Ross (Mas)		
43	00:48:06.450	219 Giffnock North AC #1	00:15:26.80 (28)	A Chong (Mas/50)	00:17:02.35 (33)	S Donnelly (Mas/50)	00:15:37.30 (25)	M McCutcheon (Mas/50)		
44	00:48:10.500	307 Edinburgh AC #5	00:16:10.55 (40)	S Ridley (Mas/50)	00:17:03.90 (38)	K Bobbie (Mas/50)	00:14:56.05 (26)	J Dunbar (Mas/50)		
45	00:48:15.050	214 Garscube Harriers #1	00:16:02.10 (36)	G Blee (Mas)	00:16:13.60 (31)	E Tomasso (Mas)	00:15:59.35 (27)	M Kelly (Mas)		
46	00:48:18.900	267 West End RR #1	00:15:47.30 (33)	A Richardson (Mas/50)	00:15:55.60 (26)	K Patel (Mas)	00:16:36.00 (28)	R Proctor (Mas)		
47	00:48:26.300	212 Gala Harriers #2	00:16:32.80 (46)	G Lunn (Mas)	00:16:11.05 (34)	P Baillie (Mas)	00:15:42.45 (29)	K Barden (Mas)		
48	00:48:56.900	306 Edinburgh AC #4	00:15:02.75 (18)	H MacCormick (Mas)	00:17:26.00 (32)	E Laverie (Mas)	00:16:28.15 (34)	I Joiner (Mas)		
49	00:49:20.300	288 Central AC #1	00:14:34.35 (9)	G Tindall (U20)	00:18:41.35 (39)	S Seal (Sen)	00:16:04.60 (36)	C Diamond (Sen)		
50	00:50:57.100	289 Central AC #2	00:16:57.85 (53)	M Williams (Mas)	00:18:10.65 (50)	J McAfee (Mas)	00:15:48.60 (41)	C Houston (Mas)		

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx SenJun Women

Scone Palace, Scone

Pos	bib	Team	Leg1	Leg2	Leg3	Leg4
51	00:51:04.400	220 Giffnock North AC #2	00:16:40.50 (48) N McBeath (Sen)	00:16:56.00 (43) N Farmer (Mas)	00:17:27.90 (42) F Vaughan (Sen)	
52	00:51:52.350	249 Newton Road Runners	00:17:00.80 (54) E Craig (Sen)	00:17:47.20 (49) J Thorburn (Mas)	00:17:04.35 (44) B Shearer (Sen)	
53	00:52:00.650	215 Garscube Harriers #2	00:17:57.50 (72) C Padmanabhan (Mas)	00:17:44.05 (56) K Scott (Mas/50)	00:16:19.10 (45) M Senior (Mas)	
54	00:52:06.750	209 Fife AC #2	00:17:27.50 (62) M Johnstone (Mas)	00:16:40.45 (46) M McLean (Mas)	00:17:58.80 (46) L Provan (Mas)	
55	00:52:59.350	239 Kilmarnock H&AC #2	00:17:44.75 (67) J Beattie (Sen)	00:17:51.65 (55) E Ballantyne (U20)	00:17:22.95 (47) A Bryden (Sen)	
56	00:53:10.700	213 Gala Harriers #3	00:17:54.80 (71) J Johnstone (Mas/50)	00:17:28.75 (52) L Dun (Mas/50)	00:17:47.15 (48) C Fortune (Mas/50)	
57	00:53:12.100	298 Dundee Road Runners #3	00:17:14.45 (57) G Sangster (Mas/50)	00:18:12.65 (54) M Taggart (Mas/50)	00:17:45.00 (49) M Gamble (Mas/50)	
58	00:54:04.750	301 East Kilbride AC #2	00:16:35.65 (47) V Thorpe (Mas)	00:16:46.60 (40) K Baillie (Mas)	00:20:42.50 (52) G Kirwan (Mas/50)	
59	00:54:13.500	245 Linlithgow AC #2	00:16:21.50 (42) L McGill (Mas)	00:19:25.05 (58) J Tannahill (Mas)	00:18:26.95 (53) C Howison (Mas)	
60	00:54:22.450	218 Garscube Harriers #5	00:17:41.75 (65) M Lovatt (Sen)	00:18:03.60 (57) C McAdam (Sen)	00:18:37.10 (54) A Rutherford (Sen)	
61	00:54:30.750	252 Perth RR #3	00:17:54.25 (70) G McGuire (Mas/50)	00:17:31.50 (53) R Younger (Mas)	00:19:05.00 (55) S Newington (Mas)	
62	00:55:01.700	210 Fife AC #3	00:18:21.45 (76) S Armstrong (Mas/50)	00:18:14.80 (65) I Bracegirdle (Mas/50)	00:18:25.45 (57) M Martin (Mas/50)	
63	00:55:15.650	221 Giffnock North AC #3	00:17:46.70 (69) C Munro (Mas)	00:20:18.75 (74) C Gourley (Mas/50)	00:17:10.20 (58) J Campbell (Mas)	
64	00:55:17.750	286 Cambuslang Harriers #2	00:17:20.70 (60) P Rodger (U20)	00:18:36.30 (61) R Wardrope (U20)	00:19:20.75 (59) S Simpson (Sen)	
65	00:55:18.650	246 Linlithgow AC #3	00:18:17.30 (75) F Wood (Mas/50)	00:19:41.05 (73) J Newton (Mas/50)	00:17:20.30 (60) C Mulholland (Mas/50)	
66	00:55:29.750	250 Perth RR #1	00:18:50.65 (82) T Ward (Mas/50)	00:19:25.25 (76) F Manson (Mas/50)	00:17:13.85 (61) F Thompson (Mas/50)	
67	00:55:33.850	300 East Kilbride AC #1	00:18:13.10 (74) O Steven (Sen)	00:18:16.35 (64) E Livingstone (U20)	00:19:04.40 (62) R Thomson (Sen)	
68	00:56:14.000	280 Bellahouston RR #3	00:19:03.50 (83) A Campbell (Mas)	00:20:12.40 (81) M Smillie (Mas)	00:16:58.10 (63) J McNeilly (Mas)	
69	00:56:33.700	207 Ferranti AAC	00:18:26.30 (77) K Kitchin (Mas)	00:18:32.75 (68) J Drewer (Mas)	00:19:34.65 (64) J Loecherbach (Mas)	
70	00:57:14.500	216 Garscube Harriers #3	00:20:45.00 (91) M Casey (Mas)	00:18:32.80 (82) D Clark (Mas)	00:17:56.70 (66) A White (Mas/50)	
71	00:57:23.900	230 Harmeny AC	00:19:12.10 (84) L Holden (Mas)	00:18:25.45 (72) N Mcguire (Mas)	00:19:46.35 (67) S Ross (Mas/50)	
72	00:57:52.250	240 Kirkintilloch Olympians	00:19:15.20 (85) M McCallum (Mas/50)	00:17:48.65 (69) A Ward (Mas)	00:20:48.40 (68) A Stewart (Mas/50)	
73	00:59:25.950	291 Corstorphine AAC #2	00:20:05.90 (90) K Mourao (Mas)	00:19:47.70 (83) M Bagnall (Mas)	00:19:32.35 (72) J Grigor (Mas/50)	
74	01:02:38.350	265 University of St. Andrews CC #2	00:23:04.75 (93) S Fraser (Sen)	00:20:26.50 (84) J Whittaker (Sen)	00:19:07.10 (74) M Gore (U20)	
75	01:06:27.150	251 Perth RR #2	00:23:15.30 (94) S Bothwell (Mas/50)	00:21:48.15 (85) R Henderson (Mas/50)	00:21:23.70 (75) C Liddell (Mas/50)	
76	00:28:27.650	241 Lasswade AC	00:13:41.60 (3) S Tait (Sen)	00:14:46.05 (4) A Smith (Sen)		
77	00:32:56.400	257 Shettleston Harriers #2	00:15:46.40 (32) H Morrison (Sen)	00:17:10.00 (37) L Somerville (Sen)		
78	00:33:42.950	277 Bellahouston Harriers	00:16:26.55 (44) Runner 277A	00:17:16.40 (44) Runner 277B		
79	00:33:54.250	232 Hunters Bog Trotters #2	00:17:42.65 (66) C Ward (Mas)	00:16:11.60 (45) C Bruce (Mas)		
80	00:35:16.050	248 Motherwell AC	00:16:14.10 (41) E Morris (Sen)	00:19:01.95 (51) P Hands (Mas/50)		
81	00:35:49.150	205 Edinburgh Univ Hare and Hounds #5	00:16:54.25 (52) E Young (U20)	00:18:54.90 (59) L Gavaghan (U20)		
82	00:35:52.150	253 Perth RR #4	00:17:26.40 (61) G Edwards (Sen)	00:18:25.75 (60) J Ramsay (Mas)		
83	00:36:04.950	284 Calderglen Harriers	00:18:04.05 (73) A Lessells (Sen)	00:18:00.90 (62) J Thomson (Mas)		
84	00:36:57.150	271 Aberdeen AAC #2	00:17:17.60 (59) V BROWN (Mas)	00:19:39.55 (67) R Watson (Sen)		
85	00:38:13.450	243 Law & District AAC #2	00:17:44.85 (68) J Beattie (Sen)	00:20:28.60 (75) V Harrison (Mas)		
86	00:14:42.850	236 Kilbarchan AAC #1	00:14:42.85 (15) L Hastie (U20)			
87	00:15:12.050	260 Stirling University AC #2	00:15:12.05 (24) J Robson (U20)			
88	00:16:48.050	292 Corstorphine AAC #3	00:16:48.05 (50) J McKay (Sen)			
89	00:17:00.850	229 Greenock Glenpark Harriers	00:17:00.85 (55) M Monk (Mas)			
90	00:17:11.400	295 Dundee Hawkhill Harriers	00:17:11.40 (56) P De Villiers (Mas)			
91	00:17:38.850	255 Portobello RC	00:17:38.85 (64) Runner 255A			
92	00:18:27.050	206 Falkirk Victoria Harriers	00:18:27.05 (78) E McCallum (Sen)			
93	00:18:28.750	272 Airdrie Harriers	00:18:28.75 (79) M Glennie (Sen)			
94	00:20:00.200	274 Ayr Seaforth AC #2	00:20:00.20 (89) R Kirk (Mas/50)			

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx W40

Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3
1	00:44:59.450	231	Hunters Bog Trotters #1	00:15:23.900 E McKeachie (Mas)	00:15:18.050 C Gordon (Mas)	00:14:17.500 J Stephen (Mas)
2	00:47:47.150	279	Bellahouston RR #2	00:16:28.500 E Campbell (Mas)	00:15:41.750 A Robin (Mas)	00:15:36.900 L Ross (Mas)
3	00:48:15.050	214	Garscube Harriers #1	00:16:02.100 G Blee (Mas)	00:16:13.600 E Tomasso (Mas)	00:15:59.350 M Kelly (Mas)
4	00:48:18.900	267	West End RR #1	00:15:47.300 A Richardson (Mas/50)	00:15:55.600 K Patel (Mas)	00:16:36.000 R Proctor (Mas)
5	00:48:26.300	212	Gala Harriers #2	00:16:32.800 G Lunn (Mas)	00:16:11.050 P Baillie (Mas)	00:15:42.450 K Barden (Mas)
6	00:48:56.900	306	Edinburgh AC #4	00:15:02.750 H MacCormick (Mas)	00:17:26.000 E Laverie (Mas)	00:16:28.150 I Joiner (Mas)
7	00:50:01.300	247	Lothian RC	00:16:46.550 Y Crilly (Mas/50)	00:16:40.050 A Cameron (Mas)	00:16:34.700 J Atkinson (Mas)
8	00:50:57.100	289	Central AC #2	00:16:57.850 M Williams (Mas)	00:18:10.650 J McAfee (Mas)	00:15:48.600 C Houston (Mas)
9	00:52:00.650	215	Garscube Harriers #2	00:17:57.500 C Padmanabhan (Mas)	00:17:44.050 K Scott (Mas/50)	00:16:19.100 M Senior (Mas)
10	00:52:06.750	209	Fife AC #2	00:17:27.500 M Johnstone (Mas)	00:16:40.450 M McLean (Mas)	00:17:58.800 L Provan (Mas)
11	00:54:04.750	301	East Kilbride AC #2	00:16:35.650 V Thorpe (Mas)	00:16:46.600 K Baillie (Mas)	00:20:42.500 G Kirwan (Mas/50)
12	00:54:13.500	245	Linlithgow AC #2	00:16:21.500 L McGill (Mas)	00:19:25.050 J Tannahill (Mas)	00:18:26.950 C Howison (Mas)
13	00:54:30.750	252	Perth RR #3	00:17:54.250 G McGuire (Mas/50)	00:17:31.500 R Younger (Mas)	00:19:05.000 S Newington (Mas)
14	00:55:15.650	221	Giffnock North AC #3	00:17:46.700 C Munro (Mas)	00:20:18.750 C Gourley (Mas/50)	00:17:10.200 J Campbell (Mas)
15	00:56:14.000	280	Bellahouston RR #3	00:19:03.500 A Campbell (Mas)	00:20:12.400 M Smillie (Mas)	00:16:58.100 J McNeilly (Mas)
16	00:56:33.700	207	Ferranti AAC	00:18:26.300 K Kitchin (Mas)	00:18:32.750 J Drewer (Mas)	00:19:34.650 J Loecherbach (Mas)
17	00:57:14.500	216	Garscube Harriers #3	00:20:45.000 M Casey (Mas)	00:18:32.800 D Clark (Mas)	00:17:56.700 A White (Mas/50)
18	00:57:23.900	230	Harmeny AC	00:19:12.100 L Holden (Mas)	00:18:25.450 N Mcguire (Mas)	00:19:46.350 S Ross (Mas/50)
19	00:57:52.250	240	Kirkintilloch Olympians	00:19:15.200 M McCallum (Mas/50)	00:17:48.650 A Ward (Mas)	00:20:48.400 A Stewart (Mas/50)
20	00:59:25.950	291	Corstorphine AAC #2	00:20:05.900 K Mourao (Mas)	00:19:47.700 M Bagnall (Mas)	00:19:32.350 J Grigor (Mas/50)
21	00:59:27.450	268	West End RR #2	00:19:46.200 B Murrison (Mas)	00:19:16.550 E Macleod (Mas/50)	00:20:24.700 M Chadwick (Mas)

## Lindsays scottishathletics National Cross Country Relay Championships

Saturday 23rd October 2021

2021 NatXCR Results Provisional.xlsx2021 NatXCR Results Provisional.xlsx W50

Scone Palace, Scone

Pos	Time	bib	Team	Leg1	Leg2	Leg3
1	00:48:06.450	219	Giffnock North AC #1	00:15:26.800 A Chong (Mas/50)	00:17:02.350 S Donnelly (Mas/50)	00:15:37.300 M McCutcheon (Mas/50)
2	00:48:10.500	307	Edinburgh AC #5	00:16:10.550 S Ridley (Mas/50)	00:17:03.900 K Dobbie (Mas/50)	00:14:56.050 J Dunbar (Mas/50)
3	00:53:10.700	213	Gala Harriers #3	00:17:54.800 J Johnstone (Mas/50)	00:17:28.750 L Dun (Mas/50)	00:17:47.150 C Fortune (Mas/50)
4	00:53:12.100	298	Dundee Road Runners #3	00:17:14.450 G Sangster (Mas/50)	00:18:12.650 M Taggart (Mas/50)	00:17:45.000 M Gamble (Mas/50)
5	00:55:01.700	210	Fife AC #3	00:18:21.450 S Armstrong (Mas/50)	00:18:14.800 I Bracegirdle (Mas/50)	00:18:25.450 M Martin (Mas/50)
6	00:55:18.650	246	Linlithgow AC #3	00:18:17.300 F Wood (Mas/50)	00:19:41.050 J Newton (Mas/50)	00:17:20.300 C Mulholland (Mas/50)
7	00:55:29.750	250	Perth RR #1	00:18:50.650 T Ward (Mas/50)	00:19:25.250 F Manson (Mas/50)	00:17:13.850 F Thompson (Mas/50)
8	01:06:27.150	251	Perth RR #2	00:23:15.300 S Bothwell (Mas/50)	00:21:48.150 R Henderson (Mas/50)	00:21:23.700 C Liddell (Mas/50)