

Table 1

Event	Position	Name		Age Group	Club	
400mH	4	William	Hodi	U20M	Nairn AAAC	58.53
	5	Tom	Palmer	U17M	Elgin AAC	NTG
Event	Position	Name		Age Group	Club	
300mH	4	Stroma	Fraser	U17W	Inverness	47.12
	5	Catriona	Scott	U17W	VP Glasgow	47.46
	6	Emily	Bell	U17W	Ross County	56.99
Event	Position	Name		Age Group	Club	
800m	1	Logan	Neale	U11B	Inverness Harriers	2:43.81
	2	Níamh	Doorley	U11G	Inverness Harriers	2:44.20
	3	Lexie	Macrae	U11G	Inverness Harriers	2:50.03
	4	Archie	MacPherson	U11B	Inverness Harriers	2:53.22
	5	Grace	Watt	U11G	Inverness Harriers	3:03.52
	6	Ruairidh	Main	U11B	Inverness Harriers	3:05.06
	7	Emma	Macmillan	U11G	Inverness Harriers	3:05.07
	8	Hannah	Mackay	U11G	Inverness Harriers	3:11.79
	9	Matthew	McManus	U11B	Inverness Harriers	3:16.43
	10	Megan	Matheson	U11G	Inverness Harriers	3:21.13
Event	Position	Name		Age Group	Club	
800m	1	Jordan	Cruickshank	U20M	Metro Aberdeen	2.17.99
Event	Position	Name		Age Group	Club	
800m	1	Andrew	Baird	U15B	Ross County	2.16.85
	2	Travis	Macpherson	U15B	Inverness Harriers	2.19.22
	3	Holly	Ovens	U15G	Fife AC	2.23.09
	4	Lois	Macrae	U13G	Inverness Harriers	2.27.71
	5	Isla	Burns	U13G	Inverness Harriers	2.36.60
	6	Lexi	Maclean	U13G	Inverness Harriers	2.44.49
Event	Position	Name		Age Group	Club	
800m	1	Jack	Henderson	U13B	Inverness Harriers	2.44.72
	2	Rory	Donaldson	U13B	Inverness Harriers	2.46.22
	3	Gemma	Forgie	U13G	Elgin AAC	2.50.34
	4	Evie	Collins	U15G	Elgin AAC	2.52.21
	5	Angus	Davies	U13B	Lochaber	2.52.24
	6	Aoibhe	Doorley	U13G	Inverness Harriers	2.53.18
	7	Hannah	McManus	U13G	Inverness Harriers	3.06.22
	8	Rebecca	Dean	U13G	Inverness Harriers	3.08.18
	9	Isla	Mackay	U13G	Inverness Harriers	3.17.62
Event	Position	Name		Age Group	Club	
200m	1	Archie	MacPherson	U11B	Inverness Harriers	33.39
	2	Emma	Macmillan	U11G	Inverness Harriers	34.00
	3	Lexie	Macrae	U11G	Inverness Harriers	34.07
	4	India	Hanton	U11G	Inverness Harriers	34.50
	5	Amber	Gorman	U11G	Inverness Harriers	35.77
	6	Amelie	Henderson	U11G	Inverness Harriers	36.13

Event	Position	Name		Age Group	Club	
200m		1 Sam	Donaldson	U11B	Inverness Harriers	31.93
		2 Amber	Nimmons	U11G	Inverness Harriers	32.87
		3 Faith	Cameron	U11G	Inverness Harriers	33.20
		4 Grace	Watt	U11G	Inverness Harriers	34.83
		5 Ruairidh	Main	U11B	Inverness Harriers	34.97
		6 Freya	Lonnen	U11G	Inverness Harriers	37.02
Event	Position	Name		Age Group	Club	
200m		1 Charlotte	D'Arcy	U15G	Banchory & Stonehaven	26.59
		2 Alexander	Hendry	U15B	Elgin AAC	26.92
		3 Abi	Coltherd	U15G	Orkney	27.10
		4 Holly	Whittaker	U13G	Elgin AAC	27.16
		5 Kiera	Whittingham	U15G	Inverness Harriers	27.78
		6 Lauren	Abbott	U15G	Elgin AAC	27.96
		7 Ava	Cruickshank	U15G	Elgin AAC	28.67
Event	Position	Name		Age Group	Club	
200m		1 Ava	Hanton	U15G	Inverness Harriers	30.83
		2 Keira	McGroarty	U13G	Inverness Harriers	31.85
		3 Ruby	Ferguson	U13G	Elgin AAC	32.13
		4 Eilidh	Rutherford	U13G	Moray Road Runners	33.63
		5 Olivia	Cooper	U13G	Inverness Harriers	33.66
		6 Rosie	Conroy	U13G	Inverness Harriers	33.66
		7 Hayley	Curran	U13G	Nairn AAAC	37.65
Event	Position	Name		Age Group	Club	
200m		1 Jack	Henderson	U13B	Inverness Harriers	29.95
		2 Lexi	Maclean	U13G	Inverness Harriers	31.00
		3 Maddison	MacMillan	U13G	Lochaber	31.19
		4 Maeve	Sandilands	U13G	Inverness Harriers	32.38
		5 Georgia	Antliff	U13G	Inverness Harriers	32.79
		6 Rosanna	Mustarde	U13G	Inverness Harriers	32.92
		7 Ewan	Ross	U13B	Nairn AAAC	33.20
		8 Hannah	McManus	U13G	Inverness Harriers	33.58
Event	Position	Name		Age Group	Club	
200m		1 Murray	Taylor	U13B	Inverness Harriers	29.38
		2 Ailsa	Main	U15G	Inverness Harriers	30.21
		3 Louis	Shannon	U13B	Inverness Harriers	30.91
		4 Faye	Garth	U13G	Inverness Harriers	31.23
		5 Lauren	MacLean	U13G	Inverness Harriers	31.64
Event	Position	Name		Age Group	Club	
200m		1 Lucas	Davidson	U13B	Inverness Harriers	26.57
		2 Lexi	Grant	U15G	Elgin AAC	28.59
		3 Ruairidh	Mackenzie-Copp	U15B	Elgin AAC	29.11
		4 Lucy	Adamson	U15G	Inverness Harriers	29.39
		5 Lois	Macrae	U13G	Inverness Harriers	29.58
		6 Fraser	Owen	U20M	Inverness Harriers	30.12
		7 Melanie	Nicoll	U20W	Inverness Harriers	30.39

Event	Position	Name		Age Group	Club	
200m		1 Emma	Pedrana	SenW	Inverness Harriers	25.67
		2 Tamsin	Fowlie	U17W	Elgin AAC	25.83
		3 Andrew	Whittaker	V45M	Elgin AAC	26.00
		4 Andrew	Lumsden	U15B	Elgin AAC	26.56
		5 Stan	Walker	V50M	Aberdeen AAC	26.69
		6 Amy	Mustarde	U17W	Inverness Harriers	27.72
		7 Megan	McKay	U20W	Elgin AAC	NTG
Event	Position	Name		Age Group	Club	
200m		1 Scott	Fraser	SenM	Inverness Harriers	23.34
		2 Scott	Hamilton	SenM	Elgin AAC	24.57
		3 Ryan	Curran	U17M	Nairn AAAC	24.71
		4 Jack	Dinsdale	U20M	Inverness Harriers	25.55
Event	Position	Name		Age Group	Club	
70mH		1 Holly	Whittaker	U13G	Elgin AAC	11.88
		2 Gemma	Forgie	U13G	Elgin AAC	14.96
		3 Keira	McGroarty	U13G	Inverness Harriers	16.55
		4 Eilidh	Boyd	U13G	Elgin AAC	16.91
		5 Aoibhe	Doorley	U13G	Inverness Harriers	17.19
		6 Georgia	Antliff	U13G	Inverness Harriers	17.55
Event	Position	Name		Age Group	Club	
75mH		1 Lexi	Grant	U15G	Elgin AAC	12.92
		2 Ellie	McGee	U15G	Aberdeen AAC	13.45
Event	Position	Name		Age Group	Club	
80mH		1 Stroma	Fraser	U17W	Inverness Harriers	12.27
		2 Brooke	Lewis	U17W	Elgin AAC	14.14
Event	Position	Name		Age Group	Club	
100mH		1 Tom	Palmer	U17M	Elgin AAC	17.29
Event	Position	Name		Age Group	Club	
300m		1 Tamsin	Fowlie	U17W	Elgin AAC	41.37
		2 Charlotte	D'Arcy	U15G	Banchory & Stonehaven	42.50
		3 Andrew	Lumsden	U15B	Elgin AAC	42.57
		4 Abbie	Harrison	U17W	Inverness Harriers	43.11
		5 Holly	Ovens	U15G	Fife AC	44.40
		6 Lauren	Abbott	U15G	Elgin AAC	45.13
		7 Kiera	Whittingham	U15G	Inverness Harriers	45.52
		8 Evie	Collins	U15G	Elgin AAC	52.46
Event	Position	Name		Age Group	Club	
400m		1 Duncan	MacDonald	U20M	Inverness Harriers	54.60
		2 Ewen	Bradley	SenM	Ross County	55.36
		3 Scott	Perry	U20M	Elgin AAC	56.25
Event	Position	Name		Age Group	Club	
400mH		4 Tom	Palmer	U17M	Elgin AAC	1.09.58
		William	Hodi	U20M	Nairn A	57.34

Event	Position	Name		Age Group	Club	
300mH		4 Stroma	Fraser	U17W	Inverness Harriers	47.07
		5 Catriona	Scott	U17W	Inverness Harriers	48.56
Event	Position	Name		Age Group	Club	
1500m		1 Jordan	Cruickshank	U20M	Montrose	4.30.62
		2 Grace	MacDonald	U17W	Inverness Harriers	4.57.63
		3 Ellyn	Smith	U20W	Moray Road Runners	5.12.18
		4 Emily	Bell	U17W	Ross County	5.28.95
		5 Morag	Lynch	U17W	Ross County	5.41.59
Event	Position	Name		Age Group	Club	
1500m		1 Calum	Duffy	U13B	Ross County	5:12.08
		2 Jessica	Gunn	U13G	Banchory & Stonehaven	DNS
		3 Iona	Scott	U15G	Inverness Harriers	5.58.32
		4 Rosie	Conroy	U13G	Inverness Harriers	5.46.57
		5 Ben	MacLeod	U15B	Inverness Harriers	5.17.97
Event	Position	Name		Age Group	Club	
100m		1 Sam	Donaldson	U11B	Inverness Harriers	15.75
		2 Faith	Cameron	U11G	Inverness Harriers	15.92
		3 Catriona	Rutter	U11G	Inverness Harriers	16.20
		4 Esmee	Wilson	U11G	Inverness Harriers	16.35
		5 Ruairidh	Main	U11B	Inverness Harriers	16.43
		6 Grace	Watt	U11G	Inverness Harriers	16.43
Event	Position	Name		Age Group	Club	
100m		1 Amber	Gorman	U11G	Inverness Harriers	16.30
		2 Emma	Macmillan	U11G	Inverness Harriers	16.45
		3 Níamh	Doorley	U11G	Inverness Harriers	16.79
		4 Freya	Lonnen	U11G	Inverness Harriers	17.19
		5 Hannah	Mackay	U11G	Inverness Harriers	18.57
		6 Lachlan	Main	U11B	Nairn AAAC	18.99
Event	Position	Name		Age Group	Club	
100m		1 Amber	Nimmons	U11G	Inverness Harriers	15.68
		2 India	Hanton	U11G	Inverness Harriers	16.62
		3 Amelie	Henderson	U11G	Inverness Harriers	17.32
		4 Matthew	McManus	U11B	Inverness Harriers	18.13
		5 Logan	Neale	U11B	Inverness Harriers	15.74
		6 Megan	Matheson	U11G	Inverness Harriers	18.92
Event	Position	Name		Age Group	Club	
100m		1 Andrew	Lumsden	U15B	Elgin AAC	13.48
		2 Lexi	Grant	U15G	Elgin AAC	13.72
		3 Lauren	Abbott	U15G	Elgin AAC	13.87
		4 Ava	Cruickshank	U15G	Elgin AAC	14.02
		5 Emma	Jones	U17W	Elgin AAC	14.04
		6 Brooke	Lewis	U17W	Elgin AAC	14.06
		7 Alison	McGee	V50W	Peterhead	18.53

Event	Position	Name		Age Group	Club	
100m	1	Evie Mitchell		U15G	Inverness Harriers	15.26
	2	Ewan Ross		U13B	Nairn AAAC	15.56
	3	Aoibhe Doorley		U13G	Inverness Harriers	16.32
	4	Isla Mackay		U13G	Inverness Harriers	16.32
	5	Rachael Scott		U13G	Inverness Harriers	17.20
	6	Tia Coy		U15G	Elgin AAC	17.29
	7	Hayley Curran		U13G	Nairn AAAC	18.09
Event	Position	Name		Age Group	Club	
100m	1	Ruby Ferguson		U13G	Elgin AAC	15.14
	2	Rebecca Dean		U13G	Inverness Harriers	16.05
	3	Olivia Cooper		U13G	Inverness Harriers	16.23
	4	Sophie Nelson		U13G	Elgin AAC	16.39
Event	Position	Name		Age Group	Club	
100m	1	Faye Garth		U13G	Inverness Harriers	14.97
	2	Lucy Beastall		U13G	Inverness Harriers	15.24
	3	Keira McGroarty		U13G	Inverness Harriers	15.30
	4	Maeve Sandilands		U13G	Inverness Harriers	15.47
	5	Rosanna Mustarde		U13G	Inverness Harriers	15.60
Event	Position	Name		Age Group	Club	
100m	1	Daniel Finnigan		U13B	Inverness Harriers	14.52
	2	Fraser Owen		U20M	Inverness Harriers	14.74
	3	Evie Lonnen		U15G	Inverness Harriers	14.78
	4	Filip Smedra		U13B	Inverness Harriers	14.84
	5	Maddison MacMillan		U13G	Lochaber	14.98
	6	Erin Grant		U15G	Elgin AAC	15.06
	7	Lauren MacLean		U13G	Inverness Harriers	15.26
	8	Islay Rutter		U15G	Inverness Harriers	14.22
Event	Position	Name		Age Group	Club	
100m	1	Lucas Davidson		U13B	Inverness Harriers	13.19
	2	Ruaridh Mackenzie-Copp		U15B	Elgin AAC	14.19
	3	Lucy Adamson		U15G	Inverness Harriers	14.19
	4	Murray Taylor		U13B	Inverness Harriers	14.44
	5	Ailsa Main		U15G	Inverness Harriers	14.73
	6	Isla Burns		U13G	Inverness Harriers	14.88
Event	Position	Name		Age Group	Club	
100m	1	Stan Walker		V50M	Aberdeen AAC	12.74
	2	Abbie Harrison		U17W	Inverness Harriers	13.07
	3	Alexander Hendry		U15B	Elgin AAC	13.36
	4	Amy Mustarde		U17W	Inverness Harriers	13.42
	5	Abi Coltherd		U15G	Orkney	13.78
	6	Melanie Nicoll		U20W	Inverness Harriers	14.64
	7	Scarlett Whittaker		U17W	Elgin AAC	14.98
Event	Position	Name		Age Group	Club	
100m	1	Angus Davren		SenM	Inverness Harriers	11.18
	2	Kyle Wilkinson		U20M	Elgin AAC	11.27

		3	Scott	Fraser	SenM	Inverness Harriers	11.44
		4	Robin	Snedden	U20M	Inverness Harriers	11.57
		5	William	Hodi	U20M	Nairn AAAC	11.8
		6	Aaron	Kerr	U17M	Inverness Harriers	11.92
Event	Position		Name		Age Group	Club	
100m		1	Ryan	Curran	U17M	Nairn AAAC	12.05
		2	Ewen	Bradley	SenM	Ross County	12.12
			Scott	Hamilton	SenM	Elgin AAC	12.15
		3	Sean	Radabaugh	U17M	Inverness Harriers	12.27
		5	Jack	Dinsdale	U20M	Inverness Harriers	12.47
		6	Emma	Pedrana	SenW	Inverness Harriers	12.48
		7	Tamsin	Fowlie	U17W	Elgin AAC	12.74
		8	Andrew	Whittaker	V45M	Elgin AAC	12.74
Event	Position		Name		Age Group	Club	
70mH/75mH		1					
		2					
		3	Holly	Whittaker	U13G	Elgin AAC	11.73
		4	Gemma	Forgie	U13G	Elgin AAC	14.97
		5					
		6					
		7	Lexi	Grant	U15G	Elgin AAC	12.86
		8					
Event	Position		Name		Age Group	Club	
80mH/100mH		1	Stroma	Fraser	U17W	Inverness Harriers	12.41
		2	Catriona	Scott	U17W	Inverness Harriers	12.71
		7	Tom	Palmer	U17M	Elgin AAC	17.78
		8					
Event	Position		Name		Age Group	Club	
4x100m		1			U11G	Inverness Harriers	64.64
		2			U11G	Inverness Harriers	64.68
		3			U11G	Inverness Harriers	67.55
		4			U11B	Inverness Harriers	68.88
Event	Position		Name	Club	Age Group	Performance	
4x100m		1			U13B	Inverness Harriers	57.92
		2			U13G	Inverness Harriers	59.32
		3			U13G	Elgin AAC	59.87
		4			U13G	Inverness Harriers	61.86
		5			U13G	Inverness Harriers	62.04
		6			U13G	Inverness Harriers	66.33
		7			U13G	Inverness Harriers	67.80
Event	Position		Name	Club	Age Group	Performance	
4x100m		1			U15G	Elgin AAC	55.62
		2			U15G	Inverness Harriers	56.92
		3			U15G	Inverness Harriers	59.83
Event	Position		Name	Club	Age Group	Performance	

4x100m	1			SenM	Elgin AAC	51.29
	2			U17W	Inverness Harriers	52.62
	3			U17W	Elgin AAC	55.62
Event	Position	Name	Club	Age Group	Performance	
Long Jump		Sam	Donaldson	U11B	Inverness Harriers	3.46
		Amber	Nimmons	U11G	Inverness Harriers	3.10
		Matthew	McManus	U11B	Inverness Harriers	3.09
		Níamh	Doorley	U11G	Inverness Harriers	3.00
		Catriona	Rutter	U11G	Inverness Harriers	2.86
		Freya	Lonnen	U11G	Inverness Harriers	2.69
		Amber	Gorman	U11G	Inverness Harriers	2.58
		India	Hanton	U11G	Inverness Harriers	2.49
		Faith	Cameron	U11G	Inverness Harriers	2.21
		Hannah	Mackay	U11G	Inverness Harriers	2.21
		Lachlan	Main	U11B	Nairn AAAC	2.01
Event	Position	Name	Club	Age Group	Performance	
Long Jump		Aaron	Kerr	U17M	Inverness Harriers	5.00
		Andrew	Whittaker	V45M	Elgin AAC	4.84
		Emma	Jones	U17W	Elgin AAC	4.51
		Travis	Macpherson	U15B	Inverness Harriers	4.45
		Murray	Taylor	U13B	Inverness Harriers	4.18
		Louis	Shannon	U13B	Inverness Harriers	3.98
		Angus	Davies	U13B	Lochaber	3.94
		Filip	Smedra	U13B	Inverness Harriers	3.67
		Ruaridh	Mackenzie-Copp	U15B	Elgin AAC	3.54
		Ewan	Ross	U13B	Nairn	3.30
		Eilidh	Rutherford	U13G	Moray Road Runners	3.12
Event	Position	Name	Club	Age Group	Performance	
Long Jump		Holly	Whittaker	U13G	Elgin AAC	4.48
		Gemma	Forgie	U13G	Elgin AAC	3.97
		Hannah	McManus	U13G	Inverness Harriers	3.63
		Maddison	MacMillan	U13G	Lochaber	3.45
		Lauren	MacLean	U13G	Inverness Harriers	3.34
		Eilidh	Boyd	U13G	Elgin AAC	3.30
		Rachael	Scott	U13G	Inverness Harriers	3.22
		Maeve	Sandilands	U13G	Inverness Harriers	3.18
		Lexi	Maclean	U13G	Inverness Harriers	2.81
		Sophie	Nelson	U13G	Elgin AAC	2.71
		Faye	Garth	U13G	Inverness Harriers	2.45
Event	Position	Name	Club	Age Group	Performance	
Long Jump		Islay	Rutter	U15G	Inverness Harriers	4.04
		Georgia	Grant	U15G	Elgin AAC	3.88
		Erin	Grant	U15G	Elgin AAC	3.73
		Evie	Lonnen	U15G	Inverness Harriers	3.70
		Iona	Scott	U15G	Inverness Harriers	3.63
		Eve	Mitchell	U15G	Inverness Harriers	3.61
		Ava	Cruickshank	U15G	Elgin AAC	3.61
		Lucy	Adamson	U15G	Inverness Harriers	3.40
		Kiera	Whittingham	U15G	Inverness Harriers	NM

Event	Position	Name	Club	Age Group	Performance	
Shot Putt		Olivia	Cooper	U13G	Inverness Harriers	5.75
		Georgia	Antliff	U13G	Inverness Harriers	5.61
		Eilidh	Boyd	U13G	Elgin AAC	5.38
		Rebecca	Dean	U13G	Inverness Harriers	4.95
		Hayley	Curran	U13G	Nairn AAAC	4.22
		Isla	Mackay	U13G	Inverness Harriers	3.44
Event	Position	Name	Club	Age Group	Performance	
Shot Putt		Sean	Radabaugh	U17M	Inverness Harriers	8.28
		Femke	Waite	U15G	Inverness Harriers	8.24
		Tia	Coy	U15G	Elgin AAC	6.71
		Daniel	Finnigan	U13B	Inverness Harriers	6.09
		Ryan	Curran	U17M	Nairn AAAC	5.6
		Islay	Rutter	U15G	Inverness Harriers	5.58
		Alison	McGee	V50W (3kg)	Peterhead	5.55
		Lucas	Davidson	U13B	Inverness Harriers	4.94
		Catriona	Rutter	U11G	Inverness Harriers	4.45
		Lachlan	Main	U11B	Nairn AAAC	2.46
Event	Position	Name	Club	Age Group	Performance	
Discus		Alister	MacKay	U20M	Inverness Harriers	36.84
		Femke	Waite	U15G	Inverness Harriers	21.46
		Ellie	McGee	U15G	Aberdeen AAC	18.19
		Alison	McGee	V50W	Peterhead	13.90
Event	Position	Name	Club	Age Group	Performance	
Javelin		Kyle	Wilkinson	U20M	Elgin AAC	30.05
		Femke	Waite	U15G	Inverness Harriers	17.61
		Tia	Coy	U15G	Elgin AAC	12.95
Event	Position	Name	Club	Age Group	Performance	
Hammer		Sean	Radabaugh	U17M	Inverness Harriers	30.77