

**Spring Invitational Throws Meeting  
OnX Linwood - Saturday 10 April 2021**

<b>F1- Shot Putt - Start Time 12:30pm</b>					
<b>Name</b>	<b>Age Group</b>	<b>Weight</b>	<b>PB</b>	<b>Club</b>	<b>Distance</b>
Meghan Porterfield	U17W	3kg	14.00m	VPCOG	<b>14.45m</b>
Andrew Murphy	SenM	7.26kg	14.11m	Kilbarchan AAC	<b>14.15m</b>
Scott Brindley	U20M	6kg	11.17m	North Ayrshire AC	<b>12.16m</b>
Murray Fotheringham	U20M	6kg	10.74m	Giffnock North	<b>10.96m</b>
Scott Hopper	U17M	5kg	12.70m	Central AC	<b>10.59m</b>
Katie Burr	U17W	4kg		VPCOG	<b>9.83m</b>
<b>F2- Hammer Throw - Start Time 1:30pm</b>					
<b>Name</b>	<b>Age Group</b>	<b>Weight</b>	<b>PB</b>	<b>Club</b>	<b>Distance</b>
Chris Bennett	SenM	7.26kg	76.45m	Shaftesbury Barnet	<b>75.69m</b>
Ciaran Wright	SenM	7.26kg	67.33m	Woodford Green Essex Lad	<b>66.29m</b>
Kirsty Costello	U20W	4kg	56.89m	Kilbarchan AAC	<b>58.14m</b>
<b>F3 - Javelin Throw - Start Time 2:30pm</b>					
<b>Name</b>	<b>Age Group</b>	<b>Weight</b>	<b>PB</b>	<b>Club</b>	<b>Distance</b>
Scott Hopper	U17M	700g	56.21m	Central AC	<b>50.67m</b>
Andrew Murphy	SenM	800g	53.42m	Kilbarchan AAC	<b>47.12m</b>
Scott Brindley	U20m	800g	34.20m	North Ayrshire AC	<b>40.63m</b>
Murray Fotheringham	U20M	800g	36.61m	Giffnock North	<b>40.18m</b>
Katie Burr	U20W	600g		VPCOG	<b>39.77m</b>