

Saturday 18th January

Emirates Arena, Glasgow

Event 1 Men 60 m H M40 SM/U20

Best: 8.65 12/01/2019 Robbie Farquhar U20, Aberdeen			
Name	Age	Team	Finals

Heat 1

1	Peter Irving	V35	Jersey Spartans AC	8.62
2	Adam Hoole	U20	Team East Lothian	8.64

Event 2 Men 60 m H M50 U17M

Best: 8.42 12/01/2019 Reuben Nairne U17, Giffnock N			
Name	Age	Team	Finals

1	Ross Morgan	U17	VP-Glasgow AC	8.40
2	Cameron Forbes	U17	Edinburgh AC	8.74
3	Kyle Skene	U17	Montrose & D	9.50
4	Mark Davidson	V50	Aberdeen AAC	9.53

Event 3 Women 60 m H SW/U20

Best: 8.81 13/01/2018 Jade Nimmo SW, Sale Harrier			
Wom: 8.81 13/01/2018 Jade Nimmo, Sale Harriers			
Name	Age	Team	Finals

1	Katie Purves	Sen	Edinburgh AC	8.68
2	Holly McArthur	Sen	Edinburgh AC	8.84
3	Jane Davidson	U20	Aberdeen AAC	8.95
4	Erin Campbell	Sen	Giffnock North AC	9.00
5	Silvia Canfranc-Astete	S	VP-Glasgow AC	9.37
6	Bethany Mcandrew	Sen	Pitreavie AAC	9.59

Heat 2

1	Briagha Cook	U20	Central AC	9.34
2	Anna Forbes	Sen	VP-Glasgow AC	9.66
3	Erin Williams	U20	Aberdeen AAC	9.92
4	Ana Nadais	U20	VP-Glasgow AC	10.32
5	Lynn Harvey	U20	Pitreavie AAC	10.82
6	Mairi Weir	U20	Elgin AAC	11.65

Event 4 Boys 60 m H U15B

Best: 9.19 13/01/2018 Ben Chatham U15, Glasgow Scho			
Name	Age	Team	Finals

Heat 1

1	Branden Dunlop	U15	Ayr Seaforth AC	9.51
2	Ben Heron	U15	North Ayrshire AC	9.83
3	Vharish Rajakumar	U15	Edinburgh AC	9.91

Event 5 Women 60 m H U17W

Best: 8.89 14/01/2017 Jade Henry, VP-Glasgow A			
Wom: 9.05			
Name	Age	Team	Finals

1	Coirilidh Cook	U17	Central AC	9.23
2	Ella Creamer	U17	Banchory Sto	9.31
3	Rachel Hewitson	U17	VP-Glasgow AC	9.44
4	Catriona Scott	U17	VP-Glasgow AC	9.62
5	Amy Kennedy	U17	Cumbernauld AAC	10.09

Heat 2

1	Katherine Fowler	U17	Central AC	9.65
2	Chloe Storey	U17	Elgin AAC	10.07
3	Brooke Lewis	U17	Elgin AAC	11.01
4	Hannah Kelly	U17	East Kilbride AC	12.11

Event 6 Mixed 60 m H U15G/U13B

Best: 9.57 12/01/2019 Rebecca Grieve U15, Pitreavie			
Name	Age	Team	Finals
Heat 1			
1 Darcie Black U15		W Dunfermline	9.53
2 Lucy Carr U15		W VP-Glasgow AC	9.76
3 Stroma Fraser U15		W Inverness Ha	9.82
4 Codie McHolm U15		W Larkhall YMC	9.85
5 Nell McGregor U15		W North Ayrshire AC	9.94
6 Riona Doherty U15		W Finn Valley AC	9.99
7 Katie Irving U15		W Carlisle Aspatria	10.04
Heat 2			
1 Emily Watson U15		W Giffnock North AC	10.24
2 Zoe Loughrey U15		W VP-Glasgow AC	10.37
3 Holly Gordon U15		W Pitreavie AAC	10.69
4 Luc Macleod U13		M Banchory Sto	10.74
5 Kirstin Penman U15		W Dunfermline	10.78
6 Ellie McGee U15		W Aberdeen AAC	11.48
Heat 3			
1 Millie Baker U15		W Ayr Seaforth AC	10.51
2 Madeline McGregor U15		W North Ayrshire AC	10.77
3 Arran Batchelor U13		M Edinburgh AC	11.31
4 Darren Hamilton-Hall U13		M Montrose & D	11.89
5 Jamie Connor U13		M Central AC	11.90
6 Robert Hunter U13		M Inverclyde AC	11.99

Event 7 Girls 60 m H U13G

Best: 9.76 13/01/2018 Mya McMahan U13, Dunfermline			
Wom: 9.76 13/01/2018 Mya McMahan, Dunfermline			
Name	Age	Team	Finals
Heat 1			
1 Victoria Anestik U13		Falkirk Vict	10.38
2 Ava Mitchell U13		VP-Glasgow AC	10.57
3 Holly Whittaker U13		Elgin AAC	10.91
4 Aleshia O'Connor U13		VP-Glasgow AC	11.10
5 Lillia Clarke U13		Elgin AAC	11.80
6 Jenna McNab U13		East Kilbride AC	12.05
Heat 2			
1 Amy Jenkinson U13		Dunfermline	10.73
2 Abigail Kennedy U13		Kilmarnock H&AC	10.74
3 Lucy Bell U13		Carlisle Aspatria	11.20
4 Ava Cruickshank U13		Elgin AAC	12.61
5 Loren Stewart U13		Central AC	12.89

Event 8 Mixed 60 m 1-3 Band A

Best: 6.77 14/01/2017 Allan Hamilton, Sale Harrier			
Name	Age	Team	Finals

Heat 1				
1	Alec Thomas	Sen	M Kilbarchan AAC	6.96
2	Fraser Angus	Sen	M Giffnock North AC	6.99
3	Robbie Farquhar	U20	M Aberdeen AAC	7.03
4	Stephen Dunlop	Sen	M Kilbarchan AAC	7.08
5	Tyler Johnson	Sen	M Jersey Spartans AC	7.20
6	Rohan Green	Sen	M Edinburgh AC	7.26
7	Euan Stewart	Sen	M Glasgow Univ	7.30

Heat 2				
1	Jamie Stevenson	U20	M VP-Glasgow AC	7.13
2	Max Leslie	U20	M Edinburgh AC	7.29
3	Alan Robertson	V40	M Motherwell AC	7.32
4	Brodie Young	U20	M Airdrie Harriers	7.33
5	Stephen Ross	Sen	M Motherwell AC	7.39
6	Cole Milne	U20	M Corstorphine AAC	7.43
7	Andy Moses	Sen	M Giffnock North AC	7.44
8	Lewis Goodall	U20	M Team East Lothian	7.53

Event 9 Mixed 60 m 4-6 Band B

Best: 7.31 14/01/2017 Kieran Kivlin, Edinburgh AC			
Wom: 7.54 12/01/2019 Hayley Mills, Notts AC			
Name	Age	Team	Finals

Heat 1				
1	Ben McGuire	Sen	M Pitreavie AAC	7.30
2	Rory Voss	U17	M Dunfermline	7.32
3	Bailey Gallagher	U17	M Airdrie Harriers	7.41
4	Ross Freck	Sen	M Aberdeen AAC	7.53
5	Murray Blair	U20	M Lasswade AC	7.54
6	Scott Tindle	U20	M Tweed Leader	7.55
7	David Agnew	V40	M Dunfermline	7.62
8	Billy Corrigan	U20	M North West K	7.68

Heat 2				
1	Scott McCluckie	Sen	M Greenock Gle	7.53
2	Rohin Oneill	U20	M Hamilton & D	7.58
3	Euan Cunningham	U15	M Falkirk Vict	7.62
4	Alyson Bell	U17	W Giffnock North AC	7.68
5	Katie Purves	Sen	W Edinburgh AC	7.83
6	Joshua Cutinha	U20	M Stirling Uni	8.04

Heat 3				
1	Dean Patterson	U15	M Glasgow Scho	7.41
2	Ethan Muirhead	U17	M Worthing & D	7.44
3	Ethan Craven	U17	M Worthing & D	7.48
4	Connor McNally	U17	M Glasgow Scho	7.78
5	Mark Davidson	V50	M Aberdeen AAC	7.90
5	Kevin Craven	V50	M Worthing & D	7.90

Event 10 Mixed 60 m 7-9 Band C

Best: 7.35 13/01/2018 Scott Wylie, Giffnock Nor
 Wom: 7.87 13/01/2018 Stacey Downie, Edinburgh AC

Name	Age Team	Finals
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Heat 1

1	Mateo Hughes U17	M Edinburgh AC	7.60
2	James Bell U15	M Carlisle Aspatria	7.64
3	Cameron Forbes U17	M Edinburgh AC	7.76
4	Luke Johnston U17	M VP-Glasgow AC	7.77
5	Andrea Goodman Sen	W Dundee Hawk	7.85
6	Jane Davidson U20	W Aberdeen AAC	7.98

Heat 2

1	Rebecca Grieve U17	W Pitreavie AAC	7.85
2	Angelica Mayer U15	W Giffnock North AC	7.95
3	James Park Sen	M Teviotdale Harriers	7.97
4	David Rae V45	M Teviotdale Harriers	8.02
5	Tamsin Fowlie U17	W Aberdeen AAC	8.11
6	Eve Denholm U20	W Giffnock North AC	8.17
7	Gary Leek V55	M Edinburgh AC	8.26

Heat 3

1	Charlie Gaskin U15	M Kilmarnock H&AC	7.89
2	Lorne Kerr Sen	W Kilmarnock H&AC	8.05
3	Josh Craik U20	M Elgin AAC	8.07
4	Eilidh De Klerk Sen	W Dundee Hawk	8.13
5	Finlay Marchant U17	M Central AC	8.15
6	Lucy Fraser U17	W Perth Strath	8.18
7	Rachel Hewitson U17	W VP-Glasgow AC	8.34

Event 11 Mixed 60 m 10-12 Band D

Best: 7.66 14/01/2017 Finlay Waugh, Annan & Dist
 Wom: 8.06 12/01/2019 Jane Davidson, Aberdeen AAC

Name	Age Team	Finals
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Heat 1

1	Erin Campbell Sen	W Giffnock North AC	7.97
2	Sophie Wallwork U17	W Pitreavie AAC	8.03
3	Jamie O'Connor U17	M VP-Glasgow AC	8.08
4	Aidan Cunning U17	M Giffnock North AC	8.16
5	Jake Mitchell U17	M Annan and Di	8.19
6	Colin Black V35	M Giffnock North AC	8.23
7	Kirsten Bowie U17	W Livingston AC	8.39

Heat 2

1	Cameron Martin U17	M Law & District AAC	7.88
2	Freya Cowan U20	W Giffnock North AC	8.07
3	Rachel Callan U20	W Giffnock North AC	8.15
4	Sophie Evans U17	W Law & District AAC	8.28
5	Adrienne Rennie Sen	W VP-Glasgow AC	8.34
6	Grace Young U15	W Cumbernauld AAC	8.34

Heat 3

1	Liam Daly U17	M Inverness Ha	7.74
2	Alexandra Burns Sen	W Edinburgh AC	8.24
3	Holly Ann Shearer Sen	W VP-Glasgow AC	8.26
4	Brooke Dunlop U17	W Kilmarnock H&AC	8.41
5	Shane Majekodunmi U15	M Lasswade AC	8.47
6	Grace Dunlop U15	W Ayr Seaforth AC	8.58
7	Lara Bardelli Sen	W Glasgow Univ	8.70

Event 12 Mixed 60 m 13-15 Band E

Best: 7.66 14/01/2017 Sean McGraw, VP-Glasgow A

Wom: 8.20 13/01/2018 Ellie O'Hara, Edinburgh AC

Name	Age	Team	Finals
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Heat 1

1 Euan Blackwood U15	M	Law & District AAC	8.23
2 Erin Ramsay U15	W	Ayr Seaforth AC	8.25
3 Libby White U15	W	Ayr Seaforth AC	8.33
4 Emily Rooney U17	W	Glasgow Scho	8.40
5 Samantha Turnbull U20	W	Tweed Leader	8.62
6 Katie Clark U17	W	Dundee Hawk	8.71
7 Meabh Rouse U15	W	Tullamore Harriers	9.87

Heat 2

1 Aidan McGarrigle U15	M	Inverclyde AC	8.02
2 Madison Murdoch U15	W	Glasgow Scho	8.17
3 Samantha Dagg U17	W	Tweed Leader	8.41
4 Erin Williams U20	W	Aberdeen AAC	8.45
5 Mia Downie U20	W	Lasswade AC	8.50
6 Rachel Carr U20	W	Carlisle Aspatria	8.53
7 Zoe Mitchell U17	W	Annan and Di	8.78

Heat 3

1 Rhys Hogg U17	M	Larkhall YMC	8.23
2 Sofia Vidak U17	W	Falkirk Vict	8.24
3 Elizabeth Thompson U20	W	Central AC	8.62
4 Nina Cessford V35	W	Tweed Leader	8.63
5 Natasha Turnbull U20	W	Tweed Leader	8.68
6 Graeme Breslin V55	M	Corstorphine AAC	8.70
7 Brooke Lewis U17	W	Elgin AAC	8.97

Event 13 Mixed 60 m 16-18 Band F

Best: 8.16 12/01/2019 Rachel Hewitson U17, VP-Glasg

Wom: 8.16 12/01/2019 Rachel Hewitson, VP Glasgow A

Name	Age	Team	Finals
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Heat 1

1 Charlie Farndon U15	M	Strathearn Harriers	8.11
2 Sam McGarva U15	M	Inverclyde AC	8.40
3 Logan Kerr U15	M	Tweed Leader	8.50
4 Jade Gray U15	W	Law & District AAC	8.61
5 Kaitlyn Clark U15	W	Larkhall YMC	8.63
6 Ria Conacher U15	W	Dundee Hawk	8.69
7 Eilidh Hunter U15	W	Giffnock North AC	8.69
8 Lara Storrie U17	W	VP-Glasgow AC	8.80

Heat 2

1 Charlie Rae U17	M	Teviotdale Harriers	8.18
2 Hazel Will U15	W	Dundee Hawk	8.60
3 Emma Clark U13	W	Larkhall YMC	8.62
4 Laura Buchan U17	W	Team East Lothian	8.62
5 Ben Heron U15	M	North Ayrshire AC	8.66
6 Jonathan Hooper U13	M	Glasgow Scho	8.68
7 Jasmine Tickner Sen	W	Corstorphine AAC	8.80

Heat 3

1 Alex Waugh U15	M	Giffnock North AC	8.28
2 Sophie Thomas U13	W	Dunfermline	8.69
3 Freya Stokes U15	W	Carlisle Aspatria	8.77
4 Lexi Grant U13	W	Elgin AAC	8.88
5 Niamh McGarva U17	W	Inverclyde AC	9.04
6 Lucas Powditch U13	M	Elgin AAC	9.06
7 Erin Turnbull U20	W	Pitreavie AAC	9.30

Event 14 Mixed 60 m 19-21 Band G

Best: 8.37 14/01/2017 Mia Downie, Lasswade AAC
 Wom: 8.52 13/01/2018 Brogan Beattie, Tweed Leader

Name	Age Team	Finals
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Heat 1

1 Nathan Scott U13	M Ayr Seaforth AC	8.50
2 William Bailey U17	M Motherwell AC	8.76
3 Emily Williams U13	W Giffnock North AC	8.77
4 Skye Moulson U17	W Giffnock North AC	8.80
5 Leah Mooney U17	W Larkhall YMC	8.99
6 Holly Whittaker U13	W Elgin AAC	9.00
7 Alannah Snowden U13	W Livingston AC	9.02
8 Niamh Gaffney U15	W North Ayrshire AC	9.03

Heat 2

1 Tehillah Ikechukwu Okonk	W Law & District AAC	8.16
2 Owen Murphy U13	M Law & District AAC	8.42
3 Nell McGregor U15	W North Ayrshire AC	8.81
4 Erin Fraser U13	W Montrose & D	8.92
5 Joanne McCauley V45	W Newry AC	8.98
6 Rebekah Rose U20	W Perth Strath	9.12
7 Sophie Swan U15	W Teviotdale Harriers	9.17
8 Susannah Kay U15	W Law & District AAC	9.38

Heat 3

1 Tiana Greenshields U15	W Hamilton & D	9.01
2 Orla Brown U15	W Hamilton & D	9.03
3 Elaine Forbes V45	W Edinburgh AC	9.24
4 Eilidh Veitch U15	W Giffnock North AC	9.27
5 Emma Ablett U13	W Ayr Seaforth AC	9.33
6 Tyler Kelly U13	W East Kilbride AC	9.40
7 Elizabeth Kay U15	W Law & District AAC	9.58

Event 15 Mixed 60 m 22-24 Band H

Best: 8.34 13/01/2018 Edward Docherty, Inverclyde A
 Wom: 8.89 12/01/2019 Holly Gordon, Pitreavie AC

Name	Age Team	Finals
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Heat 1

1 Luke Dawson U17	M Carlisle Aspatria	8.18
2 Zoe Wilson U15	W Glasgow Scho	8.59
3 Zoe Loughrey U15	W VP-Glasgow AC	8.96
4 Molly Maxwell U15	W Stewartry AC	9.08
5 Amy Jenkinson U13	W Dunfermline	9.26
6 Fiona Jordan V50	W Clydesdale Harriers	9.35
7 Rhianna Scott U15	W Teviotdale Harriers	9.35

Heat 2

1 Sophie Ferguson U15	W Giffnock North AC	8.80
2 Kyle Weir U15	M Larkhall YMC	9.04
3 Leya Gardiner U13	W Ayr Seaforth AC	9.29
4 Kyle Muirhead U13	M North Ayrshire AC	9.52
5 Lillia Clarke U13	W Elgin AAC	9.54
6 Greig Roberts U15	M Hamilton & D	9.56
7 Erin Mcauley U13	W Larkhall YMC	9.64

Heat 3

1 Kate Seenan U15	W Giffnock North AC	8.96
2 Mia Sokoluk U15	W Livingston AC	9.25
3 Kirsten Shanks U15	W Larkhall YMC	9.28
4 Ben Hammerman U13	M Inverclyde AC	9.48
5 Lucy Robertson U15	W Motherwell AC	9.57
6 Jessica Young U13	W Cumbernauld AAC	9.71

Event 16 Mixed 60 m 25-27 Band I

Best: 7.33 13/01/2018 Paul Costelloe, To Be Confir
 Wom: 8.57 12/01/2019 Imogen LEwis, Lasswade AAC

Name	Age	Team	Finals
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Heat 1

1	Madeleine Mackenzie	U13	W Giffnock North AC	8.63
2	Aaron Watt	U15	M VP-Glasgow AC	8.74
3	Maisie Ling	U13	W Giffnock North AC	9.20
4	Emma Philbin	U13	W Teviotdale Harriers	9.77
5	Rachael Watt	U13	W VP-Glasgow AC	10.12
6	Calum MacPhee	U15	M Hamilton & D	10.18
7	Maddi Patterson	U15	W Teviotdale Harriers	10.31
8	Eva Gray	U13	W Hamilton & D	10.68

Heat 2

1	Geordan Davis	U17	M Glasgow Scho	7.36
2	Liam Duggan	U17	M Giffnock North AC	7.90
3	Tathagata Majumdar	U17	M Giffnock North AC	7.95
4	Lewis Scott	U15	M Perth Strath	8.09
5	Jake Glass	U17	M Law & District AAC	8.44
6	Aaron Glendinning	U15	M Gala Harriers	8.79
7	Martin Rolfe	U13	M Giffnock North AC	9.08
8	Michelle Adakomola	U13	W Giffnock North AC	9.63

Event 17 Mixed 60 m 28-30 Band J

Best: 7.64 14/01/2017 Amir Al Idrus, Edinburgh Un
 Wom: 8.53 13/01/2018 Chelsea Olumba, Lucan Harrier

Name	Age	Team	Finals
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Heat 1

1	Matthew Ireland	U17	M Glasgow Scho	8.08
2	Rosie Watson	U17	W Law & District AAC	8.64
3	Beth McGuigan	U20	W Glasgow Scho	8.84
4	Charlotte D'Arcy	U15	W Banchory Sto	9.03
5	Lucy McCormack	U17	W Law & District AAC	9.21
6	Erin McCOrgray	U17	W Kilbarchan AAC	9.33

Heat 2

1	Branden Dunlop	U15	M Ayr Seaforth AC	7.54
2	Helen Adakomola	U13	W Giffnock North AC	8.71
3	Ethan Nicolson	U13	M Banchory Sto	9.19
4	Caitlin McGeachy	U13	W Giffnock North AC	9.19
5	Craig Tindle	U13	M Unattached	9.32
6	Emma Kearney	U13	W Hamilton & D	9.67
7	Erin Horler	U13	W Falkirk Vict	9.81

Event 18 Mixed 800 m 1-3 Band A

Best: 1:50.22 14/01/2017 Jake Wightman, Edinburgh AC
 Wom: 2:03.06 12/01/2019 Jemma Reekie, Kilbarchan AA

Name	Age Team	Finals
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Heat 1

1 Ewan Dyer Sen	M Pitreavie AAC	1:53.37
2 Cameron Steven Sen	M Lasswade AC	1:54.48
3 Michael Ferguson Sen	M Aberdeen AAC	1:56.14
4 Lewis Watt U17	M Aberdeen AAC	1:56.47
5 Adam Hay U20	M Inverclyde AC	1:57.01
6 Aidan Brady U20	M Livingston AC	1:58.11

Heat 2

1 Luke Davidson U20	M Inverness Ha	1:58.33
2 Nikolai Gajic Sen	M Giffnock North AC	1:58.41
3 Fabian Despinoy U20	M Edinburgh AC	1:58.78
4 Robbie Kennedy Sen	M Lothian RC	1:59.16
5 Gary McPake U20	M Glasgow Scho	2:00.89
6 Ronan Hyland U20	M Tullamore Harriers	2:03.45
7 Fraser Morris U20	M Livingston AC	2:03.67

Heat 3

1 Mark Holliman Sen	M North Ayrshire AC	1:59.70
2 Adam Scott Sen	M Fife AC	2:01.19
3 Kai Crawford U17	M Aberdeen AAC	2:01.39
4 Oscar Logan U17	M Law & District AAC	2:01.41
5 Colin Welsh V35	M Teviotdale Harriers	2:02.39
6 Ruairidh Campbell Sen	M Tweed Leader	2:05.95

Event 19 Mixed 800 m 4-6 Band B

Best: 2:00.86 13/01/2018 Colin Welsh, Gala Harrier
 Wom: 2:14.38 13/01/2018 Kerry MacAngus, Kilbarchan

Name	Age Team	Finals
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Heat 1

1 Andrew Brown V40	M Dunbar RC	2:01.38
2 Alexander Bell Sen	M Manx Harriers	2:03.31
3 Euan Wond U20	M Falkirk Vict	2:05.48
4 Thomas Smith Sen	M Bellahouston	2:06.92
5 Mhairi Hendry Sen	W VP-Glasgow AC	2:07.34
6 Muir Gillespie U17	M Edinburgh AC	2:09.16
7 Jake Speirs U17	M VP-Glasgow AC	2:10.36
8 Katie Johnson U17	W Edinburgh AC	2:12.15

Heat 2

1 Hugh Shields U17	M Giffnock North AC	2:08.30
2 Euan McCallum Sen	M Falkirk Vict	2:09.69
3 Olivia Vareille Sen	W Falkirk Vict	2:12.99
4 Dean Hill U15	M Larkhall YMC	2:13.94
5 Kyle Macfarlane U17	M Pitreavie AAC	2:14.94
6 Ava O'Connor U17	W Tullamore Harriers	2:15.84
7 Rhys Crawford U15	M Aberdeen AAC	2:16.26
8 Nuala McCheyne U20	W Aberdeen AAC	2:29.65

Event 20 Mixed 800 m 7-9 Band C

Best: 2:11.15 13/01/2018 Lewis Mitchell, Giffnock No

Wom: 2:16.67 13/01/2018 Sarah Doyle

Name	Age Team	Finals
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Heat 1

1 Paul McMonagle V50	M Cumbernauld AAC	2:16.92
2 Calum Ferguson Sen	M Bellahouston	2:17.27
3 Paul Forbes V60	M Edinburgh AC	2:18.84
4 Kieran Fulton U15	M Moorfoot Runners	2:19.47
5 Robbie Anderson U20	M Team East Lothian	2:20.69
6 Graeme Gemmell V55	M Bellahouston	2:21.56
7 Mhairi Arnott U17	W Corstorphine AAC	2:23.77

Heat 2

1 Owen McWilliams Sen	M Irvine RC	2:17.76
2 Ethan Polson U15	M Ayr Seaforth AC	2:18.72
3 Samuel Bryan U17	M East Sutherland AC	2:20.38
4 Colin Wylie V45	M Giffnock North AC	2:21.24
5 Sam Hosie U15	M East Kilbride AC	2:21.87
6 Emily McNicol Sen	W Law & District AAC	2:21.93

Heat 3

1 Josh Scott U15	M Glasgow Scho	2:19.40
2 Amy Kirkpatrick U17	W VP-Glasgow AC	2:23.39
3 Daniel Martin U15	M Giffnock North AC	2:23.55
4 Ruby Stueven U17	W Tullamore Harriers	2:24.95
5 Aimee Anderson U20	W Glasgow Scho	2:29.47
6 Meadow McCauley U20	W Newry AC	2:37.18

Event 21 Mixed 800 m 10-12 Band D

Best: 2:21.80 14/01/2017 Frankie Quail, Kirkintilloch

Wom: 2:29.01 12/01/2019 Sarah Davenport, Tweed Lead

Name	Age Team	Finals
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Heat 1

1 Connor Scobie U15	M Ayr Seaforth AC	2:25.19
2 Allen Marr V60	M PH Racing Club	2:26.83
3 Joey Leach U20	W Motherwell AC	2:27.59
4 Aaron Glendinning U15	M Gala Harriers	2:27.73
5 Abi Hammerman U17	W Inverclyde AC	2:28.01
6 Emma Brus U20	W Tweed Leader	2:30.91
-- Peter McGuigan U13	M Larkhall YMC	DQ DQ R163.5

Heat 2

1 Jay Stewart U17	M Edinburgh AC	2:23.56
2 Keir Arthur U15	M Inverclyde AC	2:23.97
3 Emma Johnson U17	W Corstorphine AAC	2:26.91
4 Ross Christie U13	M Gala Harriers	2:27.74
5 Christina Whitelaw Colli	W Larkhall YMC	2:29.13
6 Roisin Cameron Coyle U17	W VP-Glasgow AC	2:33.59
7 Emma McMillan U15	W Ayr Seaforth AC	2:34.74

Heat 3

1 Lewis Thorpe U15	M East Kilbride AC	2:28.88
2 Erin Lee U15	W Perth Strath	2:29.10
3 Lewis Davidson U13	M Giffnock North AC	2:34.17
4 Meabh Rouse U15	W Tullamore Harriers	2:37.28
5 Andrew Anderson V55	M Dunbar RC	2:37.36
6 Cormac Shiels U15	M Giffnock North AC	2:37.92
7 Emily Cunningham U15	W Tullamore Harriers	2:39.14
8 Aisling Cotter U15	W Tullamore Harriers	2:56.50

Event 22 Mixed 800 m 13-15 Band E

Best: 2:23.75 12/01/2019 Rebecca Grieve U15, Pitreav

Wom: 2:23.75 12/01/2019 Rebecca Grieve, Pitreavie A

Name	Age Team	Finals
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Heat 1

1	Ethan Nicolson U13	M Banchory Sto	2:32.16
2	Kevin Wood V55	M Tweed Leader	2:36.23
3	Sian Corrigan U17	W Tullamore Harriers	2:37.22
4	Ingrid Imrie U17	W Garscube Harriers	2:38.53
5	Jane Maher U15	W Tullamore Harriers	2:38.70
6	Maia Helm U17	W Dunfermline	2:44.61
7	Georgia Wood U17	W Tweed Leader	2:57.20

Heat 2

1	Naomi Howlieson U17	W Central AC	2:34.69
2	David Owens U17	M Tullamore Harriers	2:36.15
3	Caitlin Cameron Coyle U2	W VP-Glasgow AC	2:38.16
4	Erin Downie U15	W VP-Glasgow AC	2:39.24
5	Nicole Richie	W Annan and Di	2:43.08
6	Taylor More U15	W Airdrie Harriers	2:50.25

Heat 3

1	Fionn Leeson U15	M Maryhill Harriers	2:41.44
2	Isla Marwick U15	W Inverness Ha	2:46.36
3	Charlotte Clark U15	W Kilbarchan AAC	2:47.62
4	Amy Robertson U13	W Larkhall YMC	2:48.00
5	Murray Gillespie U13	M Edinburgh AC	2:50.35

Event 23 Mixed 800 m 16-18 Band F

Best: 2:30.45 12/01/2019 Annabelle Murray U17, Tweed

Wom: 2:30.45 12/01/2019 Annabelle Murray, Tweed Lea

Name	Age Team	Finals
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Heat 1

1	Clodagh Doran U17	W Newry AC	2:45.25
2	Carrie Charters U13	W East Kilbride AC	2:51.42
3	Imelda Lambe U17	W Tullamore Harriers	2:51.93
4	Isla Donnelly U13	W VP-Glasgow AC	2:53.72
5	Alex McGuinness U13	W Banchory Sto	2:55.20
6	Hannah Cameron U13	W Banchory Sto	2:55.35
7	Rory Charters U13	M East Kilbride AC	2:57.44
8	Lauren McNair U13	W Motherwell AC	2:59.89

Heat 2

1	Ben Baillie U13	M East Kilbride AC	2:42.52
2	Euan Thorpe U13	M East Kilbride AC	2:43.39
3	Sarah McNulty U13	W Giffnock North AC	2:44.93
4	Zac Stirling U13	M Maryhill Harriers	2:46.09
5	Finn Johnston U15	M Glasgow Scho	2:47.72
6	Callum Williams U13	M Maryhill Harriers	3:10.28
7	Louie Savage U13	M Maryhill Harriers	3:10.92
8	Nicholas Jolly U13	M Hamilton & D	3:12.63

Event 24 Mixed 400 m 1-3 Band A

Best: 47.62 12/01/2019 Owen Smith Sen, Cardiff AAC			
Name	Age	Team	Finals
Heat 1			
1 Krishawn Aiken Sen	M	Kilbarchan AAC	48.52
2 Columba Blango Sen	M	Shaftesbury	49.00
3 Billy Doyle U20	M	Pitreavie AAC	49.07
4 James McIntosh U20	M	Aberdeen AAC	49.75
5 Scott Hannaway U20	M	Greenock Gle	49.95
6 Connor Henderson Sen	M	Kilbarchan AAC	50.78

Heat 2			
1 Donald Macleod Sen	M	Stornoway Ru	51.19
2 Gavin Stephens V40	M	Worthing & D	51.76
3 Euan Hood Sen	M	Lasswade AC	52.11
4 Robbie Shaw Sen	M	Aberdeen AAC	52.26
5 Peter Scott U17	M	Fife AC	52.76
6 James McClafferty Sen	M	Law & District AAC	53.25

Event 25 Mixed 400 m 4-6 Band B

Best: 51.22 13/01/2018 Kieran Fraser, Shetland AAC			
Wom: 53.00 13/01/2018 Eilidh Doyle, Pitreavie AAC			
Name	Age	Team	Finals
Heat 1			
1 Callum Letham Sen	M	Dundee Hawk	51.60
2 Ben Knowles U20	M	Pitreavie AAC	51.91
3 Lewis Hainey U17	M	Inverclyde AC	51.94
4 Lewis Thomson U17	M	Perth Strath	52.91
5 Owen Doyle Sen	M	Cumbernauld AAC	56.98

Heat 2			
1 Ewan Purves U17	M	Edinburgh AC	51.81
2 Thomas Carter Sen	M	Aberdeen AAC	52.03
3 Cameron Keelan U20	M	Pitreavie AAC	54.09
4 Wesley Stoner Sen	M	Worthing & D	54.34
5 Kieran Halliday Sen	M	Central AC	55.09

Heat 3			
1 Reuben Macintyre U17	M	Cumbernauld AAC	52.49
2 Ruairidh Campbell Sen	M	Tweed Leader	53.96
3 Kyle Potts Sen	M	Teviotdale Harriers	54.33
4 Andrew Baldwin Sen	M	Aberdeen AAC	54.46
5 Colin Welsh V35	M	Teviotdale Harriers	55.77

Event 26 Mixed 400 m 7-9 Band C

Best: 52.84 14/01/2017 Fergus Rule, Aberdeen AAC			
Wom: 57.23 12/01/2019 Holly McArthur, Edinburgh AC			
Name	Age	Team	Finals
Heat 1			
1 Neil Hutchison Sen	M	Giffnock North AC	53.46
2 William Hodi U17	M	Nairn Area AAC	54.24
3 Mark Magee Sen	M	Greenock Gle	54.33
4 Alexander Thomson T38 U20	M	Whitemoss AAC	54.57
5 Dean Murdoch U20	M	Elgin AAC	57.33

Heat 2			
1 Daniel Boyle U17	M	Whitemoss AAC	54.81
2 Mike Tarnawsky V45	M	Dundee Hawk	57.17
3 Ben McCahill U17	M	Giffnock North AC	57.73
4 Katie Foss U20	W	Giffnock North AC	57.80
5 Calum Mitchell Sen	M	Fife AC	58.06

Heat 3			
1 Rory Voss U17	M	Dunfermline	56.06
2 Paul Allan V45	M	Pitreavie AAC	57.93
3 Iona McDonald U20	W	Livingston AC	61.34
4 Gemma Bruce U20	W	Ayr Seaforth AC	62.63

Event 27 Mixed 400 m 10-12 Band D

Best: 52.90 14/01/2017 Billy Doyle, Pitreavie AA

Wom: 58.55 12/01/2019 Emily Craig, Edinburgh AC

Name	Age	Team	Finals
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Heat 1

1 Leah Keisler	U20	W Law & District AAC	57.29
2 Josh Craik	U20	M Elgin AAC	59.79
3 Ella Duane	U20	W Naas AC	61.29
4 Paul Forbes	V60	M Edinburgh AC	62.28

Heat 2

1 Colin Wylie	V45	M Giffnock North AC	60.85
2 Annabelle Murray	U20	W Tweed Leader	61.86
3 Graeme Gemmell	V55	M Bellahouston	62.48
4 Aislynn Crichton	U20	W Fife AC	62.80

Heat 3

1 Finn Milligan	U20	M Law & District AAC	62.62
2 Graeme Breslin	V55	M Corstorphine AAC	63.38
3 Danielle Lockie	U20	W Tweed Leader	63.74
4 Ellie Wilson	Sen	W Glasgow Univ	64.34

Event 28 Mixed 400 m 13-15 Band E

Best: 53.27 13/01/2018 Paul Costelloe, To Be Confir

Wom: 61.10 13/01/2018 Freya Menzies, Giffnock North

Name	Age	Team	Finals
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Heat 1

1 Jai Patterson	U20	M Teviotdale Harriers	58.65
2 Paul McMonagle	V50	M Cumbernauld AAC	65.32
3 Caris Brus	U20	W Tweed Leader	67.60
4 Bethany Alexander	Sen	W Stirling Uni	72.71

Heat 2

1 Joanne McCauley	V45	W Newry AC	68.27
2 Zuzanna Szafranska	U20	W Kilbarchan AAC	69.05
3 Jennifer Beattie	V35	W Kilmarnock H&AC	70.21
4 Mairi Weir	U20	W Elgin AAC	70.42

Heat 3

1 Blair McAuley	U17	M Larkhall YMC	60.52
2 Beth Aitken	U20	W Pitreavie AAC	62.64
3 Allen Marr	V60	M PH Racing Club	66.96
4 Christopher Paisley	U17	M Pitreavie AAC	69.10
5 Anna Fegan	U20	W Newry City Runners	70.30

Event 29 Mixed 300 m 1-3 Band A

Best: 39.24 12/01/2019 Fergus MacGilp U15, Pitreavie

Wom: 40.32 13/01/2018 Emily Miller, VP Glasgow AC

Name	Age Team	Finals
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Heat 1

1	Rebecca Grieve U17	W Pitreavie AAC	40.17
2	Sophie Wallwork U17	W Pitreavie AAC	41.50
3	Silver Nwabuzor U17	W Glasgow Scho	41.75
4	Layla Zuill U17	W Fife AC	43.10
5	Lucy Fraser U17	W Perth Strath	43.42
6	Caroline MacConnell U17	W Giffnock North AC	43.49

Heat 2

1	Grace Brennan U17	W Team East Lothian	42.52
2	Alexandra Cathie U17	W Whitemoss AAC	44.43
3	Nicola Farmer U17	W Springburn Harriers	45.02
4	Abbie Harrison U17	W Inverness Ha	45.06
5	Tilly Wilson-Machin U17	W Nithsdale AC	46.23

Heat 3

1	Stroma Fraser U15	W Inverness Ha	44.45
2	Brogan Beattie U17	W Tweed Leader	44.86
3	Kaitlyn Auton U17	W Gateshead Harriers	46.02
4	Ella McGregor U17	W Giffnock North AC	46.57
5	Isla Raeburn U17	W Kilmarnock H&AC	47.41

Event 30 Mixed 300 m 4-6 Band B

Best: 42.06 14/01/2017 Marc Mulgrew, Ayr Seaforth

Wom: 42.92 13/01/2018 Lottie Jeffrey, Flakirk Victo

Name	Age Team	Finals
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Heat 1

1	Andrew Mckechnie U15	M Falkirk Vict	42.63
2	Erin Purcell U17	W Stewartry AC	45.75
3	Eilidh Henderson U17	W Elgin AAC	46.50
4	Olivia Boyle U15	W Whitemoss AAC	46.92
5	Taylor Fitchet U17	W Dundee Hawk	47.60

Heat 2

1	Niamh Gaffney U15	W North Ayrshire AC	46.53
2	Erin Cameron U17	W Livingston AC	46.69
3	Taylor McNamara U17	W East Kilbride AC	47.56
4	Chloe Storey U17	W Elgin AAC	47.94
5	Alisha Greenshields U17	W Hamilton & D	48.39

Heat 3

1	Hannah Murray U17	W Finn Valley AC	43.69
2	Elyssia Sykes U17	W Hamilton & D	46.44
3	Hannah Kelly U17	W East Kilbride AC	48.33
4	Megan McKay U17	W Moray RR	49.37
5	Lucy Cree U15	W Giffnock North AC	51.36

Event 31 Mixed 300 m 7-9 Band C

Best: 40.66 12/01/2019 James Bell U15, Carlisle Asp
 Wom: 42.55 12/01/2019 Evie Greig, VP Glasgow AC

Name	Age	Team	Finals
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Heat 1

1 Euan O'Brien U15		M Giffnock North AC	39.35
2 Katherine Fowler U17		W Central AC	42.02
3 Sofia Vidak U17		W Falkirk Vict	42.21
4 Codie McHolm U15		W Larkhall YMC	42.78
5 Beth Bushell U17		W VP-Glasgow AC	44.61

Heat 2

1 Holly Ovens U15		W Fife AC	44.18
2 Logan Kerr U15		M Tweed Leader	44.68
3 Grace McWhinnie U15		W Tweed Leader	45.41
4 Emily Fawkes U15		W Falkirk Vict	49.40

Heat 3

1 Oliver Morrison U15		M Dunfermline	43.77
2 Mia Sokoluk U15		W Livingston AC	49.28
3 Mia Forrest U15		W Cumbernauld AAC	49.36
4 Neve Elliott U15		W Hamilton & D	49.91

Event 32 Mixed 1500 m 1-3 Band A

Best: 3:45.04 12/01/2019 Sol Sweeney Sen, Perth Strath

Name	Age	Team	Finals
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Heat 1

1 Ben Greenwood Sen		M Perth Strath	3:50.84
2 James Donald Sen		M Dundee Hawk	3:56.97
3 Ben Sandilands U20		M Fife AC	4:02.40
4 Luke Davidson U20		M Inverness Ha	4:03.38
5 Nikolai Gajic Sen		M Giffnock North AC	4:03.73
6 Lewis Ross Sen		M Strathclyde	4:10.31
7 Ross Whitelaw U20		M Glasgow Scho	4:12.15
8 Ronan Hyland U20		M Tullamore Harriers	4:23.55

Heat 2

1 Richard Carr Sen		M Cambuslang Harriers	4:15.40
2 Thomas Ross U20		M Corstorphine AAC	4:16.37
3 Ross Dewar U17		M Edinburgh AC	4:23.36
4 Ryan Donald U20		M Dundee Hawk	4:25.60
5 Cian Law U20		M Tullamore Harriers	4:33.98
6 Alasdair McMonagle U20		M Cumbernauld AAC	4:42.80

Heat 3

1 Alexander Bell Sen		M Manx Harriers	4:24.34
2 Luke Duffy U17		M Tullamore Harriers	4:29.64
3 James Grant U17		M Perth Strath	4:29.96
4 Lukas Harber U17		M Worthing & D	4:31.19
5 Michael Rimicans Sen		M Irvine RC	4:37.35
6 Jamie Nix Sen		M Kilmarnock H&AC	4:39.32

Event 33 Mixed 1500 m 4-6 Band B

Best: 4:18.12 14/01/2017 Patrick Bowman, VP-Glasgow

Wom: 4:26.85 12/01/2019 Kerry MacAngus, Kilbarchan

Name	Age Team	Finals
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Heat 1

1 Jonathan Kennedy Sen	M Law & District AAC	4:33.11
2 Finlay Ross-Davie U17	M Garscube Harriers	4:33.83
3 Jenny Bannerman Sen	W Inverness Ha	4:38.62
4 Andrew Kaar Sen	M S&S	4:39.24
5 Ben Johnston U17	M Pitreavie AAC	4:40.65
6 John McCaffrey Sen	M Newry AC	4:48.87
7 Matthew Stewart U17	M Glasgow Scho	5:03.26

Heat 2

1 Charlotte Clare U20	W Moorfoot Runners	4:37.90
2 Chris Upson V55	M Cambuslang Harriers	4:40.17
3 Calum Charters U15	M East Kilbride AC	4:42.18
4 Gregor Smith U15	M Kirkintilloch	4:46.33
5 Hughie Mackin Sen	M Newry AC	4:47.74
6 Meredith Reid U17	W Glasgow Scho	4:48.53
7 John Thomson V60	M Fife AC	4:57.88

Heat 3

1 Cameron Oliver U17	M Kirkby Milers AC	4:38.27
2 Mark Gallacher V45	M Motherwell AC	4:40.40
3 Rory Clark Sen	M Maryhill Harriers	4:41.58
4 Jordan Latimer Sen	M Sunderland H	4:49.80
5 Alicia Paton Sen	W Cumbernauld AAC	4:54.50
6 Lesley Bell V45	W Garscube Harriers	4:55.01
7 Sean Casey V50	M Cumbernauld AAC	5:01.82
8 Oliver MacDonald U15	M Giffnock North AC	5:12.15

Event 34 Mixed 1500 m 7-9 Band C

Best: 4:34.63 14/01/2017 Ben Sandilands, Fife AC

Wom: 4:57.88 13/01/2018 Louise Hastie, Kilbarchan A

Name	Age Team	Finals
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Heat 1

1 Jonathan Cameron U17	M Inverclyde AC	4:50.79
2 Gavin Crilly V35	M Newry AC	4:53.44
3 Ruby Stueven U17	W Tullamore Harriers	4:54.77
4 Millie McClelland-Brooks	W Glasgow Scho	4:56.43
5 Crawford Smith U15	M Kirkintilloch	5:00.07
6 Amiya Patel U15	W Garscube Harriers	5:05.48
7 Mitchell Scott U15	M Giffnock North AC	5:10.55
8 Ryan McNamara U13	M East Kilbride AC	5:11.05
9 Adele Street U15	W Kilbarchan AAC	5:19.14

Heat 2

1 Freya Campbell U13	W Giffnock North AC	5:04.21
2 Andrew Grant U13	M Strathearn Harriers	5:05.34
3 Matthew Fox U13	M Shettleston	5:10.14
4 Ruby McGill U17	W Greenock Gle	5:17.53
5 Jonathan Hunter U15	M East Kilbride AC	5:17.80
6 Lydia Buckley U20	W Tullamore Harriers	5:18.40
7 Libby Sutherland U20	W Kilbarchan AAC	5:25.33
8 Niamh McKinlay U13	W Central AC	5:25.64
9 Gracie Linton U15	W Moorfoot Runners	5:27.14

Heat 3

1 Zara Redmond U13	W Kilbarchan AAC	5:14.16
2 Julie Wilson V50	W Inverness Ha	5:20.20
3 Catherine Ferry V45	W Edinburgh AC	5:26.02
4 Fiona Currie U15	W Law & District AAC	5:31.74
5 Dylan Edwards U13	M East Kilbride AC	5:34.67
6 Jamie Connor U13	M Central AC	5:39.26
7 Abbie Little U15	W Moorfoot Runners	5:42.17
8 Anna Fegan U20	W Newry City Runners	6:13.08

Event 35 Mixed 1500 m 10-12 Band D

Best: 4:18.48 12/01/2019 Colin Welsh M35, Teviotdale

Wom: 4:59.84 12/01/2019 Esther Dickson, Newry AC

Name	Age Team	Finals
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Heat 1

1	Shaun Wiseman U17	M Greenock Gle	4:48.56
2	David Docherty U15	M Greenock Gle	5:13.95
3	Abbie Tosh U17	W Greenock Gle	5:48.19
4	Jessica Donnelly U13	W VP-Glasgow AC	5:50.88
5	Ryan Agnew U13	M Elgin AAC	5:55.16
6	Sophie McGinty U13	W Greenock Gle	6:04.43
7	Maria McCabe U13	W Greenock Gle	6:06.61
8	Francesca McKay U17	W Greenock Gle	6:27.60

Heat 2

1	Robert Nicol U15	M Garscube Harriers	5:15.58
2	Chloe Hill U15	W Larkhall YMC	5:22.39
3	Ava Beaton U15	W Greenock Gle	5:22.68
4	Hannah Todd U15	W Law & District AAC	5:41.18
5	Aaron Scott U13	M Larkhall YMC	5:48.53
6	Ruari Trainer U13	M Greenock Gle	6:00.21
7	Lucan Marshall-Watt U13	M Ayr Seaforth AC	6:08.33
8	Sophie Campbell U15	W Greenock Gle	6:15.94

Heat 3

1	James Alexander U13	M Garscube Harriers	4:55.20
2	Ewan Docherty U13	M Inverclyde AC	5:25.60
3	Aaron Harkins U13	M Inverclyde AC	5:26.74
4	Leo Beaton U13	M Greenock Gle	5:30.16
5	Douglas Campbell U13	M Greenock Gle	5:30.90
6	Euan Johnson U13	M Greenock Gle	5:31.72
7	Erin McEleny U13	W Greenock Gle	5:44.16
8	Summer Taggart U13	W Greenock Gle	5:56.56

Event 36 Mixed 200 m 1-3 Band A

Best: 21.56 14/01/2017 Grant Plenderleith, Falkirk V

Name	Age Team	Finals
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Heat 1

1	Krishawn Aiken Sen	M Kilbarchan AAC	21.79
2	Lewis Bell Sen	M Dundee Hawk	22.45
3	Tyler Johnson Sen	M Jersey Spartans AC	22.64
4	Max Leslie U20	M Edinburgh AC	22.90

Heat 2

1	James McIntosh U20	M Aberdeen AAC	22.25
2	Scott Hannaway U20	M Greenock Gle	22.74
3	Gavin Stephens V40	M Worthing & D	22.89
4	Murray Blair U20	M Lasswade AC	23.48

Heat 3

1	Brodie Young U20	M Airdrie Harriers	22.76
2	Josh McKeown U20	M Gateshead Harriers	22.80
3	Ewan McArthur Sen	M VP-Glasgow AC	23.44

Saturday 18th January

Emirates Arena, Glasgow

Event 37 Mixed 200 m 4-6 Band B

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Best:		22.46	12/01/2019 Finlay Waugh U17, Giffnock No
Name	Age	Team	Finals
=====			
Heat 1			
1	Robbie Shaw	Sen M Aberdeen AAC	23.21
2	Thomas Carter	Sen M Aberdeen AAC	23.28
3	Ross Freck	Sen M Aberdeen AAC	23.49
4	Bailey Gallagher	U17 M Airdrie Harriers	23.62
5	Lewis Goodall	U20 M Team East Lothian	23.85
6	Kieran Halliday	Sen M Central AC	24.87

Heat 2			
1	Dean Patterson	U15 M Glasgow Scho	23.34
2	Callum Letham	Sen M Dundee Hawk	23.41
3	Ross Veitch	U20 M Giffnock North AC	23.91
4	Scott McCluckie	Sen M Greenock Gle	24.10

Event 38 Mixed 200 m 7-9 Band C

=====			
Best:		23.15	14/01/2017 Ewan McArthur, VP-Glasgow A
Wom:		23.99	12/01/2019 Hayley Mills, Notts AC
Name	Age	Team	Finals
=====			
Heat 1			
1	Wesley Stoner	Sen M Worthing & D	23.87
2	Ben Knowles	U20 M Pitreavie AAC	23.91
3	Andrew Baldwin	Sen M Aberdeen AAC	24.26
4	Rohin Oneill	U20 M Hamilton & D	24.82
Heat 2			
1	Kyle Potts	Sen M Teviotdale Harriers	24.08
1	Billy Corrigan	U20 M North West K	24.08
3	James Bell	U15 M Carlisle Aspatria	24.19
4	Ewan Purves	U17 M Edinburgh AC	24.26
5	Scott Tindle	U20 M Tweed Leader	24.62
Heat 3			
1	Aidan Simpson	U20 M Dundee Hawk	23.83
2	Mateo Hughes	U17 M Edinburgh AC	24.19
3	Neil Hutchison	Sen M Giffnock North AC	24.56
4	Euan Cunningham	U15 M Falkirk Vict	24.94
5	Alyson Bell	U17 W Giffnock North AC	25.15

Event 39 Mixed 200 m 10-12 Band D

Best: 23.29 13/01/2018 Jamie Reid, Dundee Hawk
 Wom: 25.14 13/01/2018 Eilidh De Clerk, Dundee Hawk

Name	Age	Team	Finals
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Heat 1

1 Adam Hannah U17	M	VP-Glasgow AC	23.78
2 Luke Johnston U17	M	VP-Glasgow AC	24.81
3 Andrea Goodman Sen	W	Dundee Hawk	25.20
4 Holly McArthur Sen	W	Edinburgh AC	25.41
5 Mike Tarnawsky V45	M	Dundee Hawk	25.46

Heat 2

1 Mark Magee Sen	M	Greenock Gle	24.94
2 David Rae V45	M	Teviotdale Harriers	26.23
-- Malcolm Mcphail V50	M	Northern Vets	DQ 163.3A

Heat 3

1 Cameron Martin U17	M	Law & District AAC	25.34
2 Liam Daly U17	M	Inverness Ha	25.41
3 Eilidh De Clerk Sen	W	Dundee Hawk	25.89
4 Sophie Wallwork U17	W	Pitreavie AAC	25.97
5 Tamsin Fowlie U17	W	Aberdeen AAC	26.31

Event 40 Mixed 200 m 13-15 Band E

Best: 24.34 13/01/2018 Owen Doyle, Cumbernauld
 Wom: 25.85 13/01/2018 Joda Kokovworho, Aberdeen AAC

Name	Age	Team	Finals
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Heat 1

1 Charlie Gaskin U15	M	Kilmarnock H&AC	24.90
2 Lois Garland U20	W	Perth Strath	25.60
3 Eve Denholm U20	W	Giffnock North AC	26.27
4 Elizabeth Thompson U20	W	Central AC	27.38

Heat 2

1 James Park Sen	M	Teviotdale Harriers	25.93
2 Aidan Cunning U17	M	Giffnock North AC	25.99
3 Angelica Mayer U15	W	Giffnock North AC	26.14

Heat 3

1 Lorne Kerr Sen	W	Kilmarnock H&AC	26.38
2 Jamie O'Connor U17	M	VP-Glasgow AC	26.44
3 Aislynn Crichton U20	W	Fife AC	26.73
4 Lucy Fraser U17	W	Perth Strath	27.01

Event 41 Mixed 200 m 16-18 Band F

Best: 24.56 13/01/2018 Kyle Potts, Teviotdale H
 Wom: 26.29 13/01/2018 Elizabeth Thompson, Central

Name	Age	Team	Finals
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Heat 1

1 Jai Patterson U20	M	Teviotdale Harriers	25.80
2 Paul Allan V45	M	Pitreavie AAC	25.83
3 Ross Duffin U15	M	Motherwell AC	26.30
4 Sophie Evans U17	W	Law & District AAC	26.88
5 Richard Clark V40	M	Edinburgh AC	27.27

Heat 2

1 Finlay Marchant U17	M	Central AC	25.92
2 Shane Majekodunmi U15	M	Lasswade AC	25.98
3 Erin Ramsay U15	W	Ayr Seaforth AC	26.19
4 Euan Blackwood U15	M	Law & District AAC	27.00
5 Kirsten Bowie U17	W	Livingston AC	28.37

Heat 3

1 Madison Murdoch U15	W	Glasgow Scho	26.33
2 Charlie Farndon U15	M	Strathearn Harriers	26.50
3 Charlie Rae U17	M	Teviotdale Harriers	26.85
4 Libby White U15	W	Ayr Seaforth AC	26.99

Event 42 Mixed 200 m 19-21 Band G

=====			
Best:	25.46	14/01/2017	Lewis Darnbrough, Stirling Un
Wom:	26.06	13/01/2018	Rebecca Olaleye, Aberdeen AAC
Name	Age	Team	Finals
=====			
Heat 1			
1	Gavin Wilson	U20 M VP-Glasgow AC	24.08
2	Aidan McGarrigle	U15 M Inverclyde AC	25.87
3	Matthew Reid	U15 M Hamilton & D	26.74
4	Adrienne Rennie	Sen W VP-Glasgow AC	28.09
5	Kirsten McClymont	Sen W Ayr Seaforth AC	28.33
Heat 2			
1	Alexandra Burns	Sen W Edinburgh AC	26.75
2	Colin Black	V35 M Giffnock North AC	27.04
3	Hazel Will	U15 W Dundee Hawk	27.21
4	Katie Johnson	U17 W Edinburgh AC	28.00
5	Brogan Beattie	U17 W Tweed Leader	28.08
6	Ellie Wilson	Sen W Glasgow Univ	28.17
Heat 3			
1	Samantha Dagg	U17 W Tweed Leader	27.46
2	Katie Clark	U17 W Dundee Hawk	27.68
3	Grace Dunlop	U15 W Ayr Seaforth AC	27.75

Event 43 Mixed 200 m 22-24 Band H

=====			
Best:	26.38	14/01/2017	Ben Knowles, Pitreavie AA
Wom:	27.83	12/01/2019	Eilidh Macleod, Stornoway RAC
Name	Age	Team	Finals
=====			
Heat 1			
1	Rhys Hogg	U17 M Larkhall YMC	26.67
2	Catriona Scott	U17 W VP-Glasgow AC	27.68
3	Nina Cessford	V35 W Tweed Leader	28.12
4	Samantha Turnbull	U20 W Tweed Leader	28.16
5	Natasha Turnbull	U20 W Tweed Leader	28.62
Heat 2			
1	Alex Waugh	U15 M Giffnock North AC	26.66
2	Sam McGarva	U15 M Inverclyde AC	26.89
3	Luc Macleod	U13 M Banchory Sto	27.64
4	Grace Young	U15 W Cumbernauld AAC	27.95
5	Ria Conacher	U15 W Dundee Hawk	28.36
6	Graeme Breslin	V55 M Corstorphine AAC	28.68
Heat 3			
1	Zoe Wilson	U15 W Glasgow Scho	28.17
2	Madeleine Mackenzie	U13 W Giffnock North AC	28.27
3	Eilidh Hunter	U15 W Giffnock North AC	28.46
4	Emily Watson	U15 W Giffnock North AC	29.16
5	Eilidh Henderson	U17 W Elgin AAC	29.61

Event 44 Mixed 200 m 25-27 Band I

Best: 25.85 12/01/2019 Ciaran McMenemy U17, Airdrie
 Wom: 27.13 14/01/2017 Sophie Slider, Ayr Seaforth A

Name	Age Team	Finals
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Heat 1

1 Lara Storrie U17	W VP-Glasgow AC	28.97
2 Jade Gray U15	W Law & District AAC	29.08
3 Charlotte D'Arcy U15	W Banchory Sto	29.09
4 Emily Guest U15	W Central AC	29.56
5 Brooke Lewis U17	W Elgin AAC	30.07

Heat 2

1 Josh Craik U20	M Elgin AAC	26.40
2 Rosie Watson U17	W Law & District AAC	28.31
3 Owen Murphy U13	M Law & District AAC	28.33
4 Sophie Swan U15	W Teviotdale Harriers	30.56

Heat 3

1 Jonathan Hooper U13	M Glasgow Scho	28.46
2 Zander Summerhill U13	M Giffnock North AC	28.75
3 Aaron Watt U15	M VP-Glasgow AC	28.79
4 Erin Cameron U17	W Livingston AC	28.80

Event 45 Mixed 200 m 28-30 Band J

Best: 25.06 14/01/2017 Sean McGraw, VP-Glasgow A
 Wom: 28.33 12/01/2019 Niamh McIntosh, Inverclyde AC

Name	Age Team	Finals
------	----------	--------

Heat 1

1 Blair McAuley U17	M Larkhall YMC	27.05
2 Emma Clark U13	W Larkhall YMC	28.21
3 Anna Wilkie U20	W Perth Strath	29.06
4 Josie Reilly U15	W Giffnock North AC	29.45
5 Freya Stokes U15	W Carlisle Aspatria	29.83
6 Kirstin Penman U15	W Dunfermline	30.60

Heat 2

1 Tilly Wilson-Machin U17	W Nithsdale AC	28.66
2 Emily Williams U13	W Giffnock North AC	28.94
3 Leah Mooney U17	W Larkhall YMC	29.45
4 Joanne McCauley V45	W Newry AC	30.13
5 Aleshia O'Connor U13	W VP-Glasgow AC	30.18
6 Lucy McCormack U17	W Law & District AAC	30.90

Heat 3

1 Elyssia Sykes U17	W Hamilton & D	29.39
2 Robert Kiltie U13	M Giffnock North AC	29.68
3 Eilidh Veitch U15	W Giffnock North AC	30.05
4 Aimee Broomby U15	W Carlisle Aspatria	30.50
-- Eva Burns U15	W Hamilton & D	DNF

Event 46 Mixed 200 m 31-33 Band K

Best: 28.29 12/01/2019 Aidan McGarrigle U15, Invercl
 Wom: 28.29 12/01/2019 Grace Dunlop, Ayr Seaforth AA

Name	Age Team	Finals
------	----------	--------

Heat 1

1 Ramsay Blair U15	M Lasswade AC	28.26
2 Caitlin McGeachy U13	W Giffnock North AC	29.69
3 Tiana Greenshields U15	W Hamilton & D	29.82
4 Sarah Johnston U20	W Pitreavie AAC	30.08
5 Susannah Kay U15	W Law & District AAC	30.72
6 Millie Baker U15	W Ayr Seaforth AC	30.78

Heat 2

1 Hannah Kulke U15	W Hamilton & D	29.53
2 Alannah Snowden U13	W Livingston AC	30.15
3 Molly Maxwell U15	W Stewartry AC	30.25
4 Kirsten Shanks U15	W Larkhall YMC	30.62
5 Niamh McGarva U17	W Inverclyde AC	31.46

Heat 3

1 Kate Seenan U15	W Giffnock North AC	29.89
2 Erin Fraser U13	W Montrose & D	30.74
3 Lucy Bell U13	W Carlisle Aspatria	31.16
4 Sophie Thomas U13	W Dunfermline	31.37

Event 47 Mixed 200 m 34-36 Band L

Best: 27.79 12/01/2019 Darcie Black U15, Dunfermline
 Wom: 27.79 12/01/2019 Darcie Black, Dunfermline TF

Name	Age Team	Finals
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Heat 1

1 Nathan Scott U13	M Ayr Seaforth AC	28.22
2 Isla Ross U13	W Giffnock North AC	30.44
3 Emma Ablett U13	W Ayr Seaforth AC	30.72
4 Rhianna Scott U15	W Teviotdale Harriers	31.19
5 Tyler Kelly U13	W East Kilbride AC	31.48

Heat 2

1 Ava Cruickshank U13	W Elgin AAC	30.47
2 Erin McCorgray U17	W Kilbarchan AAC	31.09
3 Erin Mcauley U13	W Larkhall YMC	31.78
4 Holly Kenhard U13	W Helensburgh AAC	32.33
5 Elizabeth Kay U15	W Law & District AAC	33.18

Heat 3

1 Lexi Grant U13	W Elgin AAC	29.79
2 Maddi Patterson U15	W Teviotdale Harriers	34.28
3 Abbie Dick U13	W Hamilton & D	34.51

Event 48 Mixed 200 m 37-41 Band M

Best: 24.75 14/01/2017 Kieran Fraser, Shetland AAC
 Wom: 29.36 13/01/2018 Chloe Hill, Larkhall YMCA

Name	Age Team	Finals
------	----------	--------

Heat 1

1 Jake Glass U17	M Law & District AAC	27.59
2 Helen Adakomola U13	W Giffnock North AC	29.06
3 Martin Rolfe U13	M Giffnock North AC	29.27
4 Maisie Ling U13	W Giffnock North AC	30.15
5 Iona Dearie U15	W Glasgow Scho	30.15
6 Beth Campbell U13	W VP-Glasgow AC	31.07

Heat 2

1 Tathagata Majumdar U17	M Giffnock North AC	25.83
2 Tehillah Ikechukwu Okonk	W Law & District AAC	26.76
3 Christopher Paisley U17	M Pitreavie AAC	29.66
4 Grace Hamilton U15	W Newry AC	30.55
5 Craig Tindle U13	M Unattached	30.87

Event 49 Mixed Long Jump Pool 4

Best: 5.03m 13/01/2018 Leah Keisler, Law & Distri

Wom: 5.03m 13/01/2018 Leah Keisler, Law & District

Name Age Team Finals

Pool 1

1	Riona Doherty U15	W Finn Valley AC	4.54m
	4.54m 4.53m 4.33m		
2	Lucy Carr U15	W VP-Glasgow AC	4.40m
	4.40m 4.29m FOUL		
3	Lucy Moynihan U15	W Ayr Seaforth AC	4.39m
	4.39m 4.25m 4.25m		
4	Millie Baker U15	W Ayr Seaforth AC	4.38m
	4.38m 4.24m 4.14m		
5	Isla Raeburn U17	W Kilmarnock H&AC	4.28m
	4.28m 4.11m 4.20m		
6	Brooke Dunlop U17	W Kilmarnock H&AC	4.27m
	4.27m 4.19m 4.07m		
7	Emma Clark U13	W Larkhall YMC	4.12m
	4.12m 4.05m 3.30m		
8	Jonathan Hooper U13	M Glasgow Scho	4.08m
	FOUL 3.91m 4.08m		
9	Hannah McDermott U13	W VP-Glasgow AC	4.00m
	FOUL 3.85m 4.00m		
10	Loren Stewart U13	W Central AC	4.00m
	4.00m 3.84m 3.58m		
11	Aimee Broomby U15	W Carlisle Aspatria	3.99m
	3.99m 3.83m 3.81m		
12	Molly Maxwell U15	W Stewartry AC	3.96m
	3.92m 3.96m 3.66m		
13	Madeline Frew U15	W East Kilbride AC	3.86m
	3.86m 3.65m 3.83m		
14	Ethan Nicolson U13	M Banchory Sto	3.84m
	3.84m 3.62m 3.70m		
15	Katie Irving U15	W Carlisle Aspatria	3.45m
	FOUL 3.45m FOUL		

Saturday 18th January

Emirates Arena, Glasgow

Event 50 Mixed Triple Jump Pool 2

Best: 11.57m 12/01/2019 Nathan Griffins U17, Unattac			
Wom: 11.22m 12/01/2019 Rachel Alexander, Giffnock N			
Name	Age	Team	Finals
1 Silver Nwabuzor U17	W	Glasgow Scho	11.07m
11.07m 11.01m 10.95m			
2 Erin Hall U17	W	Team East Lothian	10.67m
10.67m 10.57m 10.51m			
3 Forbes Menzies U17	M	Glasgow Scho	10.54m
FOUL 10.54m 10.48m			
4 Ella Creamer U17	W	Banchory Sto	10.47m
10.47m FOUL 10.19m			
5 Rachel Callan U20	W	Giffnock North AC	10.44m
10.44m 10.40m 10.32m			
6 Beth Aitken U20	W	Pitreavie AAC	10.42m
FOUL 10.31m 10.42m			
7 Laura Buchan U17	W	Team East Lothian	10.32m
FOUL 10.32m FOUL			
8 Ellie Breadner U20	W	Glasgow Scho	10.16m
FOUL 10.16m FOUL			
9 Beth McGuigan U20	W	Glasgow Scho	10.14m
10.14m FOUL 10.06m			
10 Kate Harvie U15	W	Lasswade AC	10.12m
FOUL FOUL 10.12m			
11 Beth Bushell U17	W	VP-Glasgow AC	9.59m
9.59m 9.57m 9.35m			
12 Katie Clark U17	W	Dundee Hawk	9.16m
8.69m 9.16m 8.47m			
13 Sarah Gallagher U17	W	Finn Valley AC	8.97m
8.97m 8.74m 8.61m			
14 Cara Wilkinson U17	W	Finn Valley AC	8.85m
8.85m 8.77m FOUL			
-- Aimie Hendry U20	W	VP-Glasgow AC	FOUL
FOUL FOUL FOUL			

Event 51 Mixed Shot Put Pool 2

Best: 11.51m 13/01/2018 Alexander Mackay U17, Ross C			
Wom: 10.26m 13/01/2018 Amy Kennedy, Cumbernauld AAC			
Name	Age	Team	Finals
1 Shannon Gough U17	W	Law & District AAC	11.12m
11.09m 11.00m 11.12m			
2 Logan Mitchell U15	M	Kilmarnock H&AC	9.97m
9.97m 9.47m 9.74m			
3 Charlie Farndon U15	M	Strathearn Harriers	9.96m
9.94m 9.96m 9.94m			
4 Jade Gray U15	W	Law & District AAC	9.67m
9.57m 9.67m 8.23m			
5 Claire Cameron V60	W	VP-Glasgow AC	9.50m
9.50m 9.42m 9.41m			
6 Rebekah Rose U20	W	Perth Strath	8.48m
8.48m 8.16m 7.76m			
7 David Rose U17	M	Perth Strath	8.30m
7.96m 7.53m 8.30m			
8 David Noble U17	M	Perth Strath	7.07m
7.07m 5.90m 6.75m			

Event 52 Mixed Pole Vault Pool 1

Best: 5.15m 14/01/2017 Jax Thoires, VP-Glasgow A
 Wom: 3.57m 13/01/2018 Hannah Lawler, Edinburgh AC

Name	Age	Team	Finals
------	-----	------	--------

1 Dylan Thomson Sen	M	Pitreavie AAC	3.88m
3.88 4.03			
XO XXX			
2 Hannah Lawler Sen	W	Glasgow Pole Vault	3.58m
3.38 3.58 3.68			
O XXO XXX			
3 Kyle Skene U17	M	Montrose & D	3.03m
2.83 3.03 3.23			
O XXO XXX			

Event 53 Mixed Triple Jump Pool 1

Best: 15.07m 12/01/2019 Chuxx Onyia Sen, Pitreavie A
 Wom: 11.84m 12/01/2019 Carolyn Harvey, Ayr Seaforth

Name	Age	Team	Finals
------	-----	------	--------

1 Chuxx Onyia Sen	M	Pitreavie AAC	15.50m
15.50m FOUL FOUL			
2 Miraji Ahmed U20	M	Shettleston	14.77m
14.77m FOUL 14.48m			
3 Bera Ajala U20	M	Edinburgh AC	14.49m
14.49m FOUL 13.14m			
4 Nony Mordi Sen	W	Fife AC	12.69m
12.69m 12.65m 12.66m			
5 Thomas Ashley U20	M	Glasgow Scho	12.66m
12.51m 12.66m FOUL			
6 Harris Finlayson U17	M	Glasgow Scho	12.65m
12.52m 12.65m 11.12m			
7 Carolyn Harvey Sen	W	Ayr Seaforth AC	11.97m
11.93m FOUL 11.97m			
8 Adam Hannah U17	M	VP-Glasgow AC	11.95m
11.95m 11.93m 11.67m			
9 Grace Furlong Sen	W	Waterford AC	11.57m
FOUL 11.47m 11.57m			
10 Imogen Lewis U17	W	Lasswade AC	11.16m
10.68m 11.16m 10.79m			
11 Aisling MacHugh U17	W	Naas AC	10.91m
FOUL 1.08m 10.91m			
12 Lauren Callaghan U20	W	Finn Valley AC	10.89m
10.89m FOUL 10.38m			
13 Neve McGuire U20	W	Glasgow Scho	10.64m
FOUL FOUL 10.64m			
14 Morgan Findlay U20	W	Glasgow Scho	10.40m
9.67m 9.40m 10.40m			
-- Shona Ross Sen	W	Kilbarchan AAC	FOUL
FOUL FOUL FOUL			

Event 54 Mixed Shot Put Pool 1

Best: 14.83m 13/01/2018 Kyle Randalls SM, Falkirk Vi			
Wom: 13.52m 12/01/2019 Teddy Tchoudja, Shettleston			
Name	Age	Team	Finals
1 Segae Ugbe U17		M Montrose & D	13.12m
FOUL 13.05m			13.12m
2 Donovan Webster Sen		M Montrose & D	12.61m
12.42m 12.30m			12.61m
3 Ross Morgan U17		M VP-Glasgow AC	12.05m
11.74m 12.03m			12.05m
4 Jay McCarthy U17		M Shettleston	11.25m
11.25m FOUL FOUL			
5 Amy Kennedy U17		W Cumbernauld AAC	10.94m
10.91m 10.94m			10.80m
6 Teddy Tchoudja U20		W Shettleston	10.93m
FOUL 10.93m FOUL			
7 Dean Murdoch U20		M Elgin AAC	9.76m
9.76m FOUL 9.66m			
8 Anna Forbes Sen		W VP-Glasgow AC	9.11m
FOUL 9.11m 9.06m			
9 Luke Dawson U17		M Carlisle Aspatria	8.98m
8.87m 8.42m			8.98m
10 Samuel Bryan U17		M East Sutherland AC	8.74m
8.54m 8.53m			8.74m
-- Katie Burr U17		W VP-Glasgow AC	FOUL
FOUL FOUL FOUL			

Event 55 Mixed Long Jump Pool 6

Best: 5.47m 12/01/2019 Nathan Griffins U17, Unattach				
Wom: 4.62m 12/01/2019 Kate Harvie, Lasswade AAC				
Name	Age	Team	Finals	
1 Katie Cowan U17		W Giffnock North AC	4.69m	
	4.69m	4.37m	4.66m	
2 Lexi Grant U13		W Elgin AAC	3.97m	
	3.76m	3.73m	3.97m	
3 Kirstin Penman U15		W Dunfermline	3.91m	
	3.90m	3.66m	3.91m	
4 Sophie Thomas U13		W Dunfermline	3.81m	
	3.66m	3.40m	3.81m	
5 Martin Rolfe U13		M Giffnock North AC	3.77m	
	3.23m	3.47m	3.77m	
6 Victoria Anestik U13		W Falkirk Vict	3.77m	
	FOUL	FOUL	3.77m	
7 Susannah Kay U15		W Law & District AAC	3.76m	
	FOUL	FOUL	3.76m	
8 Lucy McLean U13		W Banchory Sto	3.74m	
	3.57m	3.66m	3.74m	
9 Lucy Bell U13		W Carlisle Aspatria	3.64m	
	3.64m	3.45m	3.33m	
10 Ava Cruickshank U13		W Elgin AAC	3.62m	
	3.03m	3.22m	3.62m	
11 Ryan Agnew U13		M Elgin AAC	3.54m	
	3.36m	3.54m	3.52m	
12 Noah Macleod U13		M Giffnock North AC	3.47m	
	3.44m	3.47m	3.29m	
13 Maisie Cameron U15		W Banchory Sto	3.42m	
	3.42m	3.39m	3.16m	
14 Mia Forrest U15		W Cumbernauld AAC	3.35m	
	3.27m	3.23m	3.35m	
15 Eva Gray U13		W Hamilton & D	3.14m	
	3.10m	3.14m	FOUL	
16 Alex McGuinness U13		W Banchory Sto	3.12m	
	2.69m	2.68m	3.12m	
17 Hannah Cameron U13		W Banchory Sto	3.10m	
	2.86m	3.10m	2.83m	
18 Rory Charters U13		M East Kilbride AC	2.96m	
	2.60m	2.96m	2.58m	
19 Rachael Watt U13		W VP-Glasgow AC	2.91m	
	2.91m	2.82m	2.88m	
20 Lillia Clarke U13		W Elgin AAC	2.90m	
	2.69m	2.66m	2.90m	

Event 57 Mixed Long Jump Pool 1

Best: 7.27m 14/01/2017 Allan Hamilton, Sale Harrier			
Wom: 6.17m 12/01/2019 Sarah Warnock, Edinburgh AC			
Name	Age	Team	Finals
1 Che Richards Sen	M	Edinburgh Un	7.37m
7.14m FOUL 7.37m			
2 Stephen MacKenzie U20	M	Pitreavie AAC	7.28m
7.19m 7.18m 7.28m			
3 Robbie Farquhar U20	M	Aberdeen AAC	7.08m
7.08m 7.01m 6.76m			
4 Adam Hoole U20	M	Team East Lothian	6.56m
6.55m 6.56m FOUL			
5 Rob Henderson U17	M	Edinburgh AC	6.25m
FOUL FOUL 6.25m			
6 Sarah Warnock Sen	W	Edinburgh AC	6.16m
FOUL 6.16m FOUL			
7 Ben Chatham U17	M	Glasgow Scho	6.10m
6.09m FOUL 6.10m			
8 Rory Voss U17	M	Dunfermline	5.74m
5.59m 5.74m 5.42m			
9 Alexandra Burns Sen	W	Edinburgh AC	5.66m
5.66m 5.44m 5.61m			
10 Declan Slevin U20	M	Finn Valley AC	5.51m
5.42m 5.51m 5.40m			
11 Katie Burr U17	W	VP-Glasgow AC	5.46m
5.36m 5.46m 5.06m			
12 Bethany Mcandrew Sen	W	Pitreavie AAC	5.02m
4.94m 5.02m 5.02m			
-- Grace Furlong Sen	W	Waterford AC	FOUL
FOUL FOUL FOUL			

Event 58 Mixed Shot Put Pool 3

Best: 10.34m 14/01/2017 Ross Morgan, Whitemoss AA			
Wom: 9.45m 13/01/2018 Iris Williams, Giffnock Nort			
Name	Age	Team	Finals
1 Abigail Kennedy U13	W	Kilmarnock H&AC	8.85m
8.36m 8.77m 8.85m			
2 Darcie Black U15	W	Dunfermline	8.20m
7.23m 8.08m 8.20m			
3 Katie Matheson U15	W	VP-Glasgow AC	7.94m
7.94m 7.40m 7.01m			
4 Victoria Anestik U13	W	Falkirk Vict	7.76m
7.76m 6.40m FOUL			
5 Codie McHolm U15	W	Larkhall YMC	7.57m
7.57m 7.57m 7.25m			
6 William Bailey U17	M	Motherwell AC	7.48m
7.48m 6.11m 4.87m			
7 Callum Ballantyne U20	M	Red Star AC	7.43m
6.73m 7.43m FOUL			
8 Ramsay Blair U15	M	Lasswade AC	7.30m
7.30m FOUL 7.30m			
9 Ellie McGee U15	W	Aberdeen AAC	6.68m
6.49m 6.68m 5.89m			
10 Lynn Harvey U20	W	Pitreavie AAC	6.39m
6.30m 6.39m 6.06m			
11 Kyle Muirhead U13	M	North Ayrshire AC	5.90m
5.90m 5.54m 4.77m			

Event 59 Mixed High Jump Pool 1

Best: 2.21m 13/01/2018 Allan Smith, Shaftesbury						
Wom: 1.81m 13/01/2018 Nikki Manson, Giffnock North						
Name	Age Team					Finals
1 Lewis McGuire Sen	M VP-Glasgow AC					2.13m
1.98 2.03 2.08 2.13 2.17						
O O XXO XXO XXX						
2 Marcus Morton Sen	M VP-Glasgow AC					1.98m
1.88 1.93 1.98 2.03						
O O XXO XXX						
3 Amit Kumar Sen	M East Kilbride AC					1.93m
1.78 1.83 1.88 1.93 1.98						
O O XO O XXX						
3 Ryan Woods U20	M Pitreavie AAC					1.93m
1.83 1.88 1.93 1.98						
O XO O XXX						
5 Callum Simpson U20	M Edinburgh AC					1.88m
1.73 1.78 1.83 1.88 1.93						
O O XO O XXX						
6 Gavin Wilson U20	M VP-Glasgow AC					1.88m
1.83 1.88 1.93						
O XO XXX						
6 Samuel Turnbull U17	M Pitreavie AAC					1.88m
1.78 1.83 1.88 1.93						
O O XO XXX						
8 Nikki Manson Sen	W Giffnock North AC					1.83m
1.78 1.83 1.88						
O O XXX						
9 William Hodi U17	M Nairn Area AAC					1.73m
1.63 1.68 1.73 1.78						
O O O XXX						
10 Claire McGarvey U20	W Banchory Sto					1.73m
1.53 1.58 1.63 1.68 1.73 1.78						
O O O XO O XXX						
11 Connor McNally U17	M Glasgow Scho					1.73m
1.68 1.73 1.78						
XXO O XXX						

Event 60 Mixed High Jump Pool 4

Best: 1.45m 14/01/2017 Amy Kennedy, Cumbernauld							
Wom: 1.41m 13/01/2018 Angela Kelly, Aberdeen AAC							
Name	Age	Team					Finals
1 Lynn Harvey	U20	W Pitreavie AAC					1.36m
			1.26	1.31	1.36	1.41	
			O	O	XXO	XXX	
2 Taylor More	U15	W Airdrie Harriers					1.31m
			1.16	1.21	1.26	1.31 1.36	
			O	O	XXO	XO XXX	
3 Finn McCafferty	U15	M Cumbernauld AAC					1.31m
			1.21	1.26	1.31	1.36	
			O	O	XXO	XXX	
4 Cameron Scott	U15	M Banchory Sto					1.26m
			1.06	1.11	1.16	1.21 1.26 1.31	
			O	O	O	O XXX	
5 Carrie Charters	U13	W East Kilbride AC					1.26m
			1.06	1.11	1.16	1.21 1.26 1.31	
			XXO	O	XO	O XXO XXX	
6 Rachael Watt	U13	W VP-Glasgow AC					1.21m
			1.06	1.11	1.16	1.21 1.26	
			O	O	O	O XXX	
7 Eva Carvil	U13	W Kilbarchan AAC					1.21m
			1.06	1.11	1.16	1.21 1.26	
			O	O	XO	O XXX	
7 Mark Wilkinson	U13	M Finn Valley AC					1.21m
			1.16	1.21	1.26		
			XO	O	XXX		
9 Hannah McDermott	U13	W VP-Glasgow AC					1.21m
			1.16	1.21	1.26		
			O	XO	XXX		
10 Amy Jenkinson	U13	W Dunfermline					1.21m
			1.06	1.11	1.16	1.21 1.26	
			O	O	O	XXO XXX	
11 Noah Macleod	U13	M Giffnock North AC					1.16m
			1.06	1.11	1.16	1.21	
			O	XO	O	XXX	
12 Beth Campbell	U13	W VP-Glasgow AC					1.16m
			1.06	1.11	1.16	1.21	
			O	O	XXO	XXX	
13 Edie Campbell	U13	W Giffnock North AC					1.16m
			1.06	1.11	1.16	1.21	
			O	XO	XXO	XXX	
14 Darren Hamilton-Hall	U13	M Montrose & D					1.11m
			1.06	1.11	1.16		
			O	O	XXX		

Event 61 Mixed Long Jump Pool 3

Best: 5.50m 14/01/2017 Finlay Waugh, Annan & Dist			
Wom: 5.02m 13/01/2018 Ashleigh Farr, Law & District			
Name	Age	Team	Finals
1 Cameron Martin	U17	M Law & District AAC	5.19m
	5.04m	5.19m	5.18m
2 Libby White	U15	W Ayr Seaforth AC	5.11m
	4.96m	5.11m	5.06m
3 Luke Dawson	U17	M Carlisle Aspatria	5.06m
	5.03m	5.06m	4.96m
4 Aimie Hendry	U20	W VP-Glasgow AC	5.03m
	FOUL	5.03m	4.98m
5 Laura Buchan	U17	W Team East Lothian	4.96m
	4.96m	FOUL	FOUL
6 Kaitlyn Clark	U15	W Larkhall YMC	4.91m
	4.54m	4.49m	4.91m
7 Jenna Hilditch	U15	W VP-Glasgow AC	4.90m
	FOUL	4.90m	FOUL
8 Stroma Fraser	U15	W Inverness Ha	4.75m
	FOUL	4.75m	4.31m
9 Erin Hall	U17	W Team East Lothian	4.73m
	4.73m	4.73m	FOUL
10 Holly Gordon	U15	W Pitreavie AAC	4.70m
	4.70m	4.47m	FOUL
11 Eilidh Henderson	U17	W Elgin AAC	4.48m
	4.05m	4.07m	4.48m
12 Hannah Clark	U15	W Falkirk Vict	4.38m
	4.38m	4.08m	4.29m
13 Skye Moulson	U17	W Giffnock North AC	4.38m
	4.24m	4.38m	FOUL
14 Aisling Cotter	U15	W Tullamore Harriers	4.36m
	FOUL	4.36m	4.23m
15 Anna Wilkie	U20	W Perth Strath	4.32m
	3.65m	4.17m	4.32m
16 Ross Christie	U13	M Gala Harriers	4.24m
	4.06m	4.18m	4.24m
17 Grace McWhinnie	U15	W Tweed Leader	4.13m
	4.13m	4.13m	FOUL

Event 62 Mixed Shot Put Pool 4

Best: 11.29m 14/01/2017 Daniel McFarlane, Ross Count			
Wom: 8.39m 13/01/2018 Emma Roche, Dundrum South			
Name	Age	Team	Finals
1 Lewis Thomson	U17	M Perth Strath	9.07m
	9.07m	8.53m	8.83m
2 Evie Greig	U17	W VP-Glasgow AC	7.25m
	7.08m	6.68m	7.25m
3 Zander Summerhill	U13	M Giffnock North AC	7.23m
	7.23m	6.87m	6.65m
4 Charlotte D'Arcy	U15	W Banchory Sto	6.34m
	6.16m	6.34m	6.10m
5 Rhian Mitchell	U13	M Kilmarnock H&AC	6.01m
	5.80m	6.01m	5.61m
6 Oliver Morrison	U15	M Dunfermline	5.89m
	5.41m	5.89m	FOUL
7 Jessica Young	U13	W Cumbernauld AAC	5.19m
	5.09m	5.19m	5.00m
8 Michelle Adakomola	U13	W Giffnock North AC	4.98m
	FOUL	4.84m	4.98m
9 Eva Gray	U13	W Hamilton & D	4.89m
	3.82m	4.70m	4.89m
10 Alex McGuinness	U13	W Banchory Sto	4.86m
	4.26m	4.86m	4.59m
11 Lucas Powditch	U13	M Elgin AAC	4.75m
	3.89m	4.75m	4.36m
12 Jamie Connor	U13	M Central AC	4.67m
	4.67m	3.71m	FOUL
13 Lucy McLean	U13	W Banchory Sto	4.54m
	4.54m	FOUL	4.29m
14 Cameron Scott	U15	M Banchory Sto	4.25m
	4.25m	0.33m	4.00m

Event 63 Mixed High Jump Pool 3

Best: 1.56m 14/01/2017 Jacob Carr, Pitreavie AA						
Wom: 1.54m 13/01/2018 Ellen Ranklin, Dunfermline TF						
Name	Age Team					Finals
1 Ryan Davie U15	M Giffnock North AC					1.53m
	1.28	1.33	1.38	1.43	1.48	1.53 1.58
	O	O	O	O	XO	XO XXX
2 Sarah Gallagher U17	W Finn Valley AC					1.48m
	1.33	1.38	1.43	1.48	1.53	
	O	XO	O	O	XXX	
3 Kyna Forbes U15	W Edinburgh AC					1.48m
	1.33	1.38	1.43	1.48	1.53	
	O	O	O	XO	XXX	
4 Oliver Morrison U15	M Dunfermline					1.48m
	1.33	1.38	1.43	1.48	1.53	
	O	O	XXO	XO	XXX	
5 Cara Wilkinson U17	W Finn Valley AC					1.48m
	1.33	1.38	1.43	1.48	1.53	
	O	O	XXO	XXO	XXX	
6 Luc Macleod U13	M Banchory Sto					1.43m
	1.33	1.38	1.43	1.48		
	O	P	XO	XXX		
7 Madeline McGregor U15	W North Ayrshire AC					1.43m
	1.33	1.38	1.43	1.48		
	XO	XXO	XXO	XXX		
8 Katie Irving U15	W Carlisle Aspatia					1.38m
	1.28	1.33	1.38	1.43		
	O	O	O	XXX		
9 Cara Weir U15	W Giffnock North AC					1.38m
	1.28	1.33	1.38	1.43		
	O	O	XO	XXX		
10 Ross Christie U13	M Gala Harriers					1.38m
	1.28	1.33	1.38	1.43		
	O	O	XXO	XXX		
10 Chloe Storey U17	W Elgin AAC					1.38m
	1.28	1.33	1.38	1.43		
	O	O	XXO	XXX		
12 Aimee Broomby U15	W Carlisle Aspatia					1.33m
	1.23	1.28	1.33	1.38		
	O	O	O	XXX		
13 Maisie Ling U13	W Giffnock North AC					1.33m
	1.23	1.28	1.33	1.38		
	O	O	XXO	XXX		
13 Holly Kenhard U13	W Helensburgh AAC					1.33m
	1.23	1.28	1.33	1.38		
	O	O	XXO	XXX		
15 Fiona Currie U15	W Law & District AAC					1.28m
	1.23	1.28	1.33			
	XO	O	XXX			
16 Ellie McGee U15	W Aberdeen AAC					1.28m
	1.23	1.28	1.33			
	O	XO	XXX			
17 Loren Stewart U13	W Central AC					1.28m
	1.28	1.33				
	XXO	XP				
-- Isla Ross U13	W Giffnock North AC					NH
	1.23					
	XXX					

Event 64 Mixed High Jump Pool 2

Best: 1.66m 13/01/2018 Carmen Neat, Aberdeen AAC						
Wom: 1.66m 13/01/2018 Carmen Neat, Aberdeen AAC						
Name	Age Team					Finals
1 Calum Charters U15	M East Kilbride AC					1.63m
	1.43	1.48	1.53	1.58	1.63	1.68
	O	O	O	O	XO	XXX
1 Abbey Orr U17	W VP-Glasgow AC					1.63m
	1.48	1.53	1.58	1.63	1.68	
	O	O	O	XO	XXX	
3 Daniel Martin U15	M Giffnock North AC					1.63m
	1.43	1.48	1.53	1.58	1.63	1.68
	O	O	XO	XO	XO	XXX
4 Jonathan Cameron U17	M Inverclyde AC					1.63m
	1.43	1.48	1.53	1.58	1.63	1.68
	O	XO	XO	XXO	XXO	XXX
5 Declan Slevin U20	M Finn Valley AC					1.58m
	1.48	1.53	1.58	1.63		
	O	XO	XO	XXX		
6 Heather Baird Sen	W VP-Glasgow AC					1.58m
	1.48	1.53	1.58	1.63		
	O	O	XXO	XXX		
7 Lucy Holden Sen	W Shetland AAC					1.53m
	1.48	1.53	1.58			
	O	O	XXX			
8 Evie Greig U17	W VP-Glasgow AC					1.53m
	1.38	1.43	1.48	1.53	1.58	
	O	O	O	XO	XXX	
8 Kate Harvie U15	W Lasswade AC					1.53m
	1.43	1.48	1.53	1.58		
	O	O	XO	XXX		
8 Christie McSkimming Sen	W Whitemoss AAC					1.53m
	1.43	1.48	1.53	1.58		
	O	O	XO	XXX		
8 Paige Stevens U17	W Falkirk Vict					1.53m
	1.43	1.48	1.53	1.58		
	O	O	XO	XXX		
12 Katie Burr U17	W VP-Glasgow AC					1.53m
	1.43	1.48	1.53	1.58		
	O	O	XXO	XXX		
12 Emma Thompson Sen	W VP-Glasgow AC					1.53m
	1.43	1.48	1.53	1.58		
	O	O	XXO	XXX		
14 Aine Wilkinson U20	W Finn Valley AC					1.48m
	1.38	1.43	1.48	1.53		
	O	XO	O	XXX		
14 Amy Kennedy U17	W Cumbernauld AAC					1.48m
	1.43	1.48	1.53			
	XO	O	XXX			
16 Holly Gordon U15	W Pitreavie AAC					1.48m
	1.38	1.43	1.48	1.53		
	O	O	XO	XXX		
17 Maia Helm U17	W Dunfermline					1.48m
	1.38	1.43	1.48	1.53		
	O	O	XXO	XXX		

Event 65 Mixed Long Jump Pool 2

Best: 5.89m 13/01/2018 Daniel McFarlane SM, Ross Cou
 Wom: 5.34m 12/01/2019 Leah Keisler, Law & District

Name	Age	Team	Finals
1 Stuart Bain	U20	M Shetland AAC	6.30m
			6.28m 6.14m 6.30m
2 Connor McNally	U17	M Glasgow Scho	6.09m
			FOUL 6.09m FOUL
3 William Hodi	U17	M Nairn Area AAC	6.04m
			6.04m 6.03m 5.79m
4 Adam Hannah	U17	M VP-Glasgow AC	5.98m
			5.61m 5.73m 5.98m
5 Jane Davidson	U20	W Aberdeen AAC	5.50m
			5.50m FOUL 5.30m
6 Lucy Davison	U20	W Edinburgh AC	5.35m
			5.35m 5.18m 5.33m
7 Lauren Callaghan	U20	W Finn Valley AC	5.23m
			FOUL FOUL 5.23m
8 Ally Mitchell	U17	M Kilmarnock H&AC	5.21m
			4.99m 5.11m 5.21m
9 Darcie Black	U15	W Dunfermline	5.15m
			FOUL 5.05m 5.15m
10 Aaron Kerr	U17	M Inverness Ha	4.93m
			FOUL 4.93m 4.92m
11 Erin Williams	U20	W Aberdeen AAC	4.84m
			4.84m FOUL 4.81m

Event 66 Mixed Long Jump Pool 5

Best: 4.26m 13/01/2018 Eve Tulloch U17, Elgin AAC
 Wom: 4.26m 13/01/2018 Eve Tulloch, Elgin AAC

Name	Age	Team	Finals
1 Kate Seenan	U15	W Giffnock North AC	4.60m
			4.60m 3.77m 4.14m
2 Aaron Watt	U15	M VP-Glasgow AC	4.38m
			4.15m 4.38m 4.27m
3 Erin Downie	U15	W VP-Glasgow AC	4.22m
			4.22m 4.09m 4.15m
4 Cameron Scott	U15	M Banchory Sto	4.21m
			4.21m 3.85m 3.96m
5 Darren Hamilton-Hall	U13	M Montrose & D	4.16m
			4.16m FOUL 3.99m
6 Kyle Muirhead	U13	M North Ayrshire AC	3.98m
			3.98m 3.86m 3.90m
7 Orla Brown	U15	W Hamilton & D	3.98m
			3.89m 3.98m 3.82m
8 Holly Whittaker	U13	W Elgin AAC	3.96m
			3.59m 3.86m 3.96m
9 Leya Gardiner	U13	W Ayr Seaforth AC	3.95m
			3.95m 2.91m 3.89m
10 Mia Sokoluk	U15	W Livingston AC	3.95m
			3.95m 3.78m 3.79m
11 Alannah Snowden	U13	W Livingston AC	3.94m
			3.84m 3.94m 3.32m
12 Mark Wilkinson	U13	M Finn Valley AC	3.83m
			3.37m 3.68m 3.83m
13 Ava Mitchell	U13	W VP-Glasgow AC	3.81m
			FOUL FOUL 3.81m
14 Erin Fraser	U13	W Montrose & D	3.77m
			FOUL FOUL 3.77m
15 Emily Fawkes	U15	W Falkirk Vict	3.76m
			3.66m 3.76m 3.48m
16 Elizabeth Kay	U15	W Law & District AAC	3.32m
			3.32m 3.24m 2.60m